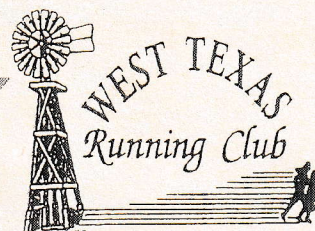




Be an Early Bird!
RENEW NOW!



January 2013

Volume 5, Issue 12

P. O. Box 2921
Lubbock, TX 79408
January 2013

Toys for Tots Cross Country Run—Race Director's Report

The final race of the West Texas Running Club's 2012 season took place on Saturday, December 8th at Mae Simmons Park – the Toys for Tots Cross Country Run. I do not recall a better day in terms of weather for this race, as it was unseasonably warm (race temperatures in the mid 50's and very little wind). Given the success of last year's inaugural 1-mile fun run for kids aged 12 and under, we decided to try it again. In 2011, we had 29 kids complete the race, this year it expanded to 48. This increase, along with the calls I received the week of the race from several of the coaches at the local elementary schools, suggests to me that this is becoming a popular event. As such, we plan to continue with it again next year. For the past two years, it has been great to see these kids run and then smile as they cross the finish line – proud of what they have just accomplished.

In the 4-mile race, we had 110 finishers with Cade Speed running a 25:23 to claim the overall men's title and Leigh Cordes running a 26:57 to claim the overall women's title. We also had two new records set. Leesa Price broke her own age group record in the 55-59 AG by 41 seconds, running 35:00 and Crystal Salazar ran 38:03 in the Athena Division. Perhaps most importantly, we had many people bring unwrapped gifts to help out the Marines' Toys for Tots campaign which I am sure helped to bring many more smiles this Holiday Season...thank you all for supporting this wonderful program!

As usual, there was no shortage of volunteers. Of course, the usual gang was there to help. Thank you to Suzan, David, Randy, George, PJ, Tony and Josie (sorry if I have forgotten anyone else here) for your help at this race and all you do at all the other races throughout the year. Thank you also to all the Marines in attendance, we appreciate your help with the race as well as your service to our country. Finally, thank you to the volunteers (Ben Boston, Gary Evans, Larry Lovato, Jack Bearden, Paul Pare, Lucas Morris, Jerry Morris, Jerry Dwyer, Quent Bearden, Marty Adcock, Brenden Anderson, Ben McClendon, Kenny Powell, James Livermore, John Clements, Cindy Salmon, Jerry Adams, Mary Iyer and Mars Bennett) who helped out and made the race a success – I greatly appreciate your assistance as well. Last but not least, thanks to all the runners who came out and participated!

I look forward to working with the club again next year, directing this wonderful event.

Lee Cohen
Race Director

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is Tuesday, January 8, 2013 @ 7:00 p.m. at , Ron's Office, 3309 67th Street, 806-781-0231. All Members are welcome.

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Loop The Lake
5 & 2 Mile Race
Saturday, January 12, 2013
Race Starts @ 10:00 A.M.
Buddy Holly Park
North University & Cesar Chavez
Race Director
David Doyle
(806) 535-5914

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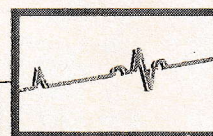
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Club Historian – James Livermore
(H) 792-5815



- MEDICAL MASSAGE
- LYPOSSAGE
- SPORT TRAINING



Pj Mitchell, C.C.T., I.M.T

Pager 806.721.9940

**WTRC Toys For Tots CC 4 MILE OVERALL
December 08, 2012**

Place	Name	Age	TIME	PACE	City	State	Place	Name	Age	TIME	PACE	City	State
1	Cade Speed	16	25:23	6:21/M	Wolfforth	TX	73	Lance Ward	45	39:19	9:50/M	Lubbock	TX
2	Joe Osterkamp	34	25:38	6:25/M	Muleshoe	TX	74	Kate Kitchens	15	39:30	9:53/M	Ransom Canyon	TX
3	Josiah Baker	17	26:20	6:35/M	Lubbock	TX	75	Gorden Jenkins	72	39:44	9:56/M	Amarillo	TX
4	Kadon Stabeno	17	26:54	6:44/M	Wolfforth	TX	76	Ram Iyer	43	39:51	9:58/M	Lubbock	TX
5	Leigh Cordes	34	26:57	6:44/M	Lubbock	TX	77	Sandra Torres	45	40:26	10:07/M	Lubbock	TX
6	Walker Adams	15	27:58	7:00/M	Wall	TX	78	Ashley Williams	27	40:46	10:12/M	Lubbock	TX
7	Martin Montalvo	47	28:23	7:06/M	Plainview	TX	79	Robbie Vittitow	29	40:52	10:13/M	Lubbock	TX
8	John Collins	30	28:47	7:12/M	Lubbock	TX	80	Fred Constancio	60	41:11	10:18/M	Lubbock	TX
9	Sarah DeLosSantos	23	28:58	7:15/M	Lubbock	TX	81	Gwen Lappley	50	41:56	10:29/M	Lubbock	TX
10	Andrew Allison	31	28:58	7:15/M	Lubbock	TX	82	Heather Williams	47	41:57	10:29/M	Lubbock	TX
11	Doyen Brinker	51	29:00	7:15/M	Lubbock	TX	83	Mike Strum	61	42:35	10:39/M	Carlsbad	NM
12	Nicole Gilinsky	36	29:10	7:18/M	Lubbock	TX	84	Cheryl Weber	59	42:37	10:39/M	Lubbock	TX
13	Andy Malone	25	29:54	7:29/M	Wolfforth	TX	85	Bill Felton	78	42:55	10:44/M	Lubbock	TX
14	Kaitlyn Henderson	18	30:34	7:39/M	Lubbock	TX	86	Corinne Wright	47	42:56	10:44/M	Lubbock	TX
15	Vincent Surace	47	31:04	7:46/M	Amarillo	TX	87	Tnsha MacKey	32	42:59	10:45/M	Wolfforth	TX
16	Mark Woodfin	50	31:07	7:47/M	Lubbock	TX	88	Brooke Hix	32	43:09	10:47/M	Lubbock	TX
17	Daniel Hall	37	31:09	7:47/M	Lubbock	TX	89	Tracy Hix	50	43:09	10:47/M	Lubbock	TX
18	Craig Cox	38	31:13	7:48/M	Lubbock	TX	90	Stacy Cain	40	43:11	10:48/M	Lubbock	TX
19	Tammy Moriearty	39	31:16	7:49/M	Lubbock	TX	91	Craig Peterson	55	44:03	11:01/M	Hobbs	NM
20	Shannon Anderson	41	31:30	7:53/M	Lubbock	TX	92	Jim Harris	70	44:18	11:05/M	Hobbs	NM
21	Riki Sampson	10	31:32	7:53/M	Lubbock	TX	93	Gene Adams	54	45:03	11:16/M	Wall	TX
22	Jon Harwood	38	31:33	7:53/M	Lubbock	TX	94	John Pitman	43	45:06	11:17/M	Lubbock	TX
23	Michaela Jansen	39	31:41	7:55/M	Lubbock	TX	95	Kyla Daniel	16	45:27	11:22/M	Lubbock	TX
24	Mike Humphrey	46	31:44	7:56/M	Lubbock	TX	96	Theresa Daniel	45	45:27	11:22/M	Lubbock	TX
25	Cliff Lewallen	48	31:59	8:00/M	Lubbock	TX	97	Emma Wyatt	24	45:41	11:25/M	Lubbock	TX
26	Nathan Paden	44	32:03	8:01/M	Slaton	TX	98	Jay Dulin	38	45:45	11:26/M	Shallowater	TX
27	Megan Taylor	16	32:05	8:01/M	Lubbock	TX	99	Ann Hodges	55	46:50	11:43/M	Wolfforth	TX
28	Chelsey Knight	23	32:13	8:03/M	Lubbock	TX	100	Sylvia Miller	49	47:15	11:49/M	Lubbock	TX
29	Sam Wyatt	26	32:20	8:05/M	Lubbock	TX	101	Mike Kelley	63	47:43	11:56/M	Lubbock	TX
30	Jeffrey Williams	28	32:31	8:08/M	Lubbock	TX	102	Debbie Roman	57	48:41	12:10/M	Lubbock	TX
31	Justin Brown	25	32:32	8:08/M	Lubbock	TX	103	Naomi Howard	26	49:45	12:26/M	Lubbock	TX
32	Adam Puckett	41	32:50	8:13/M	Lubbock	TX	104	Ronald Key	69	49:46	12:27/M	Lubbock	TX
33	Damon West	32	33:03	8:16/M	Lubbock	TX	105	Amber Glass	38	49:47	12:27/M	Lubbock	TX
34	Kathleen Adams	11	33:11	8:18/M	Wall	TX	106	Mike Malone	55	50:16	12:34/M	Wolfforth	TX
35	Laura Sefcik	31	33:13	8:18/M	Lubbock	TX	107	Leif Ellingson	27	50:52	12:43/M	Lubbock	TX
36	Ronnie Adams	37	33:20	8:20/M	Lubbock	TX	108	Heather Devore	31	52:18	13:05/M	Lubbock	TX
37	Keefe Gallagher	17	33:29	8:22/M	Lubbock	TX	109	Gabriela Saldana	49	52:44	13:11/M	Lubbock	TX
38	Claudia Ramos	27	33:49	8:27/M	Lubbock	TX	110	Rick Lampe	68	55:31	13:53/M	Lubbock	TX
39	Jennifer Haddock	31	34:29	8:37/M	Lubbock	TX							
40	Scott Cain	50	34:34	8:39/M	Lubbock	TX							
41	Christine Steen	33	34:35	8:39/M	Lubbock	TX							
42	Jaden Wells	12	34:38	8:40/M	Lubbock	TX							
43	Fred Weber	61	34:53	8:43/M	Lubbock	TX							
44	Brandi Bostwick	35	34:54	8:44/M	Lubbock	TX							
45	Mont McClendon	40	34:58	8:45/M	Lubbock	TX							
46	David Aguirre	41	34:59	8:45/M	Lubbock	TX							
47	Leesa Price	56	35:00	8:45/M	Lubbock	TX							
48	Brian Lindsey	42	35:16	8:49/M	Lubbock	TX							
49	Gonzalo Ramirez	56	35:36	8:54/M	Lubbock	TX							
50	Holly Snodgrass	42	35:55	8:59/M	Lubbock	TX							
51	Damon Provence	61	36:03	9:01/M	Sudan	TX							
52	Wayne Sullivan	62	36:09	9:02/M	Lubbock	TX							
53	Cody Brockman	31	36:11	9:03/M	Lubbock	TX							
54	Randy Mulsow	56	36:33	9:08/M	Lubbock	TX							
55	Norma Garcia	43	36:35	9:09/M	Lubbock	TX							
56	Cathy Paden	42	36:40	9:10/M	Slaton	TX							
57	Debbie Gelber	44	36:58	9:15/M	Lubbock	TX							
58	Manitza Gamboa	35	37:03	9:16/M	Lubbock	TX							
59	Chris Hall	16	37:08	9:17/M	Lubbock	TX							
60	Chris Boutwell	38	37:20	9:20/M	Lubbock	TX							
61	Les Kinman	47	37:27	9:22/M	Lubbock	TX							
62	Brent Adcock	49	37:35	9:24/M	Anton	TX							
63	Ashley Speciale	25	37:38	9:25/M	Lubbock	TX							
64	Phillip Placencia	34	37:40	9:25/M	Lubbock	TX							
65	Bradley Miller	47	37:55	9:29/M	Lubbock	TX							
66	Valeri Gatlin	46	38:00	9:30/M	Lubbock	TX							
67	Crystal Salazar	33	38:03	9:31/M	Lubbock	TX							
68	Sam Wall	63	38:17	9:34/M	Slaton	TX							
69	Jim Deaver	55	38:24	9:36/M	Lubbock	TX							
70	Susan Everett	35	38:28	9:37/M	Lubbock	TX							
71	Sharla Kinman	44	38:53	9:43/M	Lubbock	TX							
72	Troy Pratt	46	38:54	9:44/M	Lubbock	TX							

**WEST TEXAS RUNNING CLUB'S
19th Annual Loop The Lake
EVENT # 1 OF THE W.T.R.C. CHALLENGE SERIES**

WHEN: Saturday, January 12, 2013
Register online at <http://wtrunning.com>
Race starts at 10:00 A. M.

WHERE: Buddy Holly Recreation Area, West of North University & on Cesar Chavez

COURSE: Rolling 5 Mile and 2 Mile on Pavement and Concrete Walkways. WTRC Rules Do Not Permit Pets, Skates, Strollers, or Bicycles

ENTRY FEE: WTRC Members \$5.00, Non-Members \$15.00, No Race Day Registration!

AWARDS: Medals will be awarded to at least the first three finishers in each age group division and up to 50% of each group — 5 Maximum
On-line registration expires at 6pm, Thursday before the race.

AGE DIVISIONS:

MEN: 13-15, 16-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 Plus

WOMEN: 13-15, 16-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 Plus

"Special age division for 2 mile: 7-12 male and female"
(must be at least 13 to run the 5 Mile)

Clydesdale and Athena division in both races.



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 be capable of offering
 specialized service to all ages
 and foot types ranging from
 diabetics to athletes.

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 Saucony, Mizuno they also
 offer a full range of socks and
 compression wear, orthotics
 and other foot health accesso-
 ries are available. All WTRC
 members receive a 20% dis-
 count, please visit us at 3407
 34th St next door to Caprock
 Cafe, phone # 806-799-1122



WTRC TOYS FOR TOTS 2012 - 1 Mile Overall Results

Place	Name	Gender	Age	Time
1	Aidan Pantoya	M	10	6:19
2	Carli Bostwick	F	9	6:32
3	Corbin Bostwick	M	12	6:36
4	Joseph Pantoya	M	10	6:38
5	Chris Soto	M	8	6:39
6	Adrian Lara	M	9	6:43
7	Andrew Spallholz	M	9	6:44
8	Kaegan Kitchens	F	12	6:51
9	Xavier Soto	M	11	7:05
10	Max Giles	M	11	7:11
11	Ross Cohen	M	9	7:15
12	Koen Piepkorn	M	8	7:17
13	Zachary Anger	M	10	7:29
14	Brett Harris	M	10	7:32
15	Kasen Kitchens	M	8	8:08
16	Katie Sauder	F	9	8:21
17	Matthew Haynie	M	9	8:39
18	Lasaro Landin	M	8	8:41
19	Cayden West	M	7	8:42
20	Wyatt Mandrell	M	8	9:07
21	Katelyn DeVore	F	8	9:11
22	Ashton Bloedel	M	8	9:15
23	Zakary Elvers	M	8	9:20
24	Katherine Hall	F	7	9:21
25	Jacob Byars	M	6	9:23
26	Jon Weston Boutwell	M	7	9:27
27	Alexandra Slothower	F	8	9:29
28	Madelyn DeVore	F	5	9:33
29	Timothy Johnson	M	10	9:35
30	Tanner Pratt	M	9	9:45
31	Laura Byers	F	9	9:58
32	Arriana Johnson-Gipson	F	10	9:59
33	Alicia Chavez	F	10	10:00
34	Charli Anger	F	7	10:05
35	Tia Pratt	F	9	10:06
36	Jaden Potts	M	10	10:07
37	Aries Glass	F	5	10:19
38	Eli Paden	M	5	10:35
39	Tessa Fumagalli	F	5	10:45
40	Madison Dumond	F	9	11:05
41	Payton Hinojosa	F	8	11:22
42	Avery West	F	5	11:57
43	Kadence Moyers	F	4	12:06
44	Rachel Cohen	F	6	12:08
45	Elleigh Haynie	F	4	12:10
46	Audrey Gurrero	F	8	12:26
47	Nickolas Williams	M	5	12:31
48	Taylor Craft	M	6	12:35

*The WTRC Annual Social
 will be held at the
 Science Spectrum
 Exhibit Hall
 (2579 South Loop 289)*

*on
 Friday, January 18, 2013
 7:00 - 9:00 pm.*

*The entire meal will be
 catered, so just bring your
 family and/or special
 supporters and a smile!*

**LOOP THE LAKE 5 MILE & 2 MILE RUNS
 WEST TEXAS RUNNING CLUB'S ANNUAL JANUARY RACE
 FIVE MILE EVENT RECORDS (Since 1992)**

MEN				
DIV	NAME	TOWN	AGE	TIME YEAR
6-12	Walker Adams	San Angelo	10	36:10 2008
13-15	K.T. Manis	Hobbs, NM	15	29:05 2009
16-19	Julian Florez	Hobbs, NM	17	27:25 2010
20-24	Brandon Birdsong	Alamosa, CO	22	25:32 * 2011*
25-29	Jackson Makene	Lebanon, IL	26	26:45 1998
30-34	Nick Cordes	Lubbock	31	25:52 2011
35-39	Quent Bearden	Lubbock	35	28:04 2011
40-44	Bob Jackson	Hobbs, NM	40	27:37 1999
45-49	Bob Jackson	Hobbs, NM	46	30:17 2005
50-54	Bob Jackson	Hobbs, NM	50	29:04 2010
55-59	George W. Jury	Lubbock	55	30:58 1992
60-64	Don Sanderson	Tulia	64	34:46 1994
65-69	Don Sanderson	Tulia	65	34:40 1995
70+	Don Sanderson	Tulia	70	39:33 2000
	Clydes Farrell Martin	Lubbock	36	33:11 2003

WOMEN				
DIV	NAME	TOWN	AGE	TIME YEAR
6-12	Colleen Adams	San Angelo	11	36:59 2005
13-15	Colleen Adams	Wall, Tx	15	34:07 2009
16-19	Tara Jemigan	Hawley	16	34:48 1998
20-24	Julie Wall	Lubbock	21	34:42 2004
25-29	Briseida Ramos	Lubbock	27	33:49 2011
30-34	Marjory Stewart	Lubbock	34	31:15 1993
35-39	Marjory Stewart	Lubbock	35	30:40 * 1994*
40-44	Marjory Stewart	Lubbock	41	33:56 2000
45-49	Melanie McVey	Sundown	47	40:49 2009
50-54	Madonne Miner	Lubbock	51	38:33 2004
55-59	Sherill Easterling	Snyder	55	40:39 2005
60+	Deb Hendley	Lubbock	60	44:15 2010
	Athena Kristi Starr	Lubbock	40	43:01 2011

* OVERALL COURSE RECORDS
 Note: ages 6-12 are no longer eligible to participate in our longer events.
 This applies to male or female and any distance over 4 miles.

2 MILE EVENT RECORDS (Since 2008)

MEN				
DIV	NAME	TOWN	AGE	TIME YEAR
7-12	Riki Sampson	Lubbock	9	13:32 2012
13-15	Joseph Flotte	Hobbs, NM	15	11:19 2011
16-19	Lucas Morris	Lubbock	16	11:36 2009
20-24	Dunte Hector	Lubbock	22	12:38 2012
25-29	Blake Bednarz	Lubbock	26	11:07 2011
30-34	Gabriel Olivarez	Lubbock	34	14:29 2011
35-39	Quent Bearden	Lubbock	36	10:40 * 2012*
40-44	Juan Herrera	Levelland	41	14:16 2012
45-49	Abel Reyna	Lubbock	47	14:43 2011
50-54	Jackie Cannon	Amarillo	52	13:07 2008
55-59	Jackie Cannon	Amarillo	55	13:15 2011
60-64	Fred Weber	Lubbock	60	16:10 2012
65-69	Jim Harris	Hobbs, NM	66	18:30 2009
70+	David Lard	Amarillo	74	17:33 2011
	Clydes Milt Brownfield	Lubbock	52	15:42 2010

WOMEN				
DIV	NAME	TOWN	AGE	TIME YEAR
7-12	Avery McName	Lubbock	12	15:26 2011
13-15	Turner Adams	Wall, Tx	13	14:44 2009
16-19	Audrey Baeza	Hobbs, NM	18	13:27 * 2011*
20-24	Amy Martin	Lubbock	22	16:16 2012
25-29	Amanda Boston	Lubbock	25	14:03 2010
30-34	Tammy Moriearty	Wolfforth	34	16:10 2008
35-39	Tammy Moriearty	Wolfforth	35	15:47 2009
40-44	Norma Garcia	Lubbock	42	17:23 2012
45-49	Kammy Philbrick	Lubbock	48	17:41 2009
50-54	Glenna Beyer	Lubbock	51	20:11 2010
55-59	Beth Gerken	Amarillo	56	17:45 2011
60+	P.J. Mitchell	Lubbock	64	18:17 2010
	Athena Lynsey Deaton	Lubbock	26	18:57 2012

* OVERALL COURSE RECORDS

W.T.R.C. 2012 CHALLENGE SERIES

STANDINGS AFTER 13 EVENTS

FEMALE

YTD TOTALS					YTD TOTALS					YTD TOTALS							
7 - 9 FEMALE	AGE	PTS	MILES	EVT	VOL	35 - 39 FEMALE	AGE	PTS	MILES	EVT	VOL	50 - 54 FEMALE	AGE	PTS	MILES	EVT	VOL
Paige Pierce	8	55	20	9	*	Tammy Monearity	39	109	90.1	12	**	Gwen Lapple	50	99	92.2	12	*
						Jonna Byars	39	80	75	10	*	Julie Randolph	54	63	31.8	9	*
10 - 12 FEMALE	AGE	PTS	MILES	EVT	VOL	Stacy Cain	40	68	35.5	10	*	Marty Adcock	52	45	41.4	8	*
Shendan Wood	11	12	12.1	4	*	Michaela Jansen	39	38	25.1	5	*						
						Brooke Rushing	36	21	25.3	5	*	55 - 59 FEMALE	AGE	PTS	MILES	EVT	VOL
13 - 15 FEMALE	AGE	PTS	MILES	EVT	VOL							Ann Hodges	55	110	96.2	13	*
Maddie Ward	15	54	23.8	8	*	40 - 44 FEMALE	AGE	PTS	MILES	EVT	VOL	Cheryl Weber	59	79	24.2	9	*
Kelsey Hix	15	31	15.3	5	*	Debbie Gelber	44	85	70	11	*	Sarah Gaxola	60	43	39.4	6	*
						Sharla Kinman	44	77	71.7	12	*	Jan Simnacher	59	32	19.1	5	*
16 - 19 FEMALE	AGE	PTS	MILES	EVT	VOL	Wendy Anderson	42	69	69.1	12	*	Suzan Caudle	59	0	94.5	12	**
Journee' Cotton	17	80	73.5	9	*	Sandra Torres	45	62	22.1	8	*						
						Cathy Paden	42	58	52.3	8	*	60 - 99 FEMALE	AGE	PTS	MILES	EVT	VOL
25 - 29 FEMALE	AGE	PTS	MILES	EVT	VOL	Holly Snodgrass	42	54	50.2	8	*	Josie Aleman	61	105	30.1	12	*
Amanda Boston	28	70	67.9	9	*	Jamie Ward	42	10	17.1	4	*	Etta Mayer	63	96	79.1	11	*
Shanna Faries	28	18	41.1	8	*							Pj Sullivan	67	49	91	11	**
						45 - 49 FEMALE	AGE	PTS	MILES	EVT	VOL						
30 - 34 FEMALE	AGE	PTS	MILES	EVT	VOL	Valeri Gatin	46	60	46	8	*	ATHENA-age graded	AGE	PTS	MILES	EVT	VOL
Ginny McMinn	33	71	68.5	9	*	Dee Knapp	46	54	46.5	9	*	Crystal Salazar	33	69	63.2	10	*
Nonnie Peters	33	55	28.2	8	*	Mars Bennett	49	42	46.4	7	*	Gabriela Saldana	49	58	43.7	8	*
Laura Sefcik	31	49	38.5	6	*	Laura Lappe	46	24	26.5	5	*	Kim Smith	50	34	19.1	7	*
Christine Steen	33	46	31.3	6	*												
Mandy Pokirikuha	34	41	69.3	8	*	** = RACE DIRECTOR											
Amy McAlexander	32	40	74.1	9	**	* = VOLUNTEER											
Jennifer Farnis	34	15	27.4	4	*												

W.T.R.C. 2012 CHALLENGE SERIES

STANDINGS AFTER 13 EVENTS

MALE

YTD TOTALS					YTD TOTALS					YTD TOTALS							
7 - 9 MALE	AGE	PTS	MILES	EVT	VOL	40 - 44 MALE	AGE	PTS	MILES	EVT	VOL	60 - 64 MALE	AGE	PTS	MILES	EVT	VOL
Ross Cohen	9	78	26.2	12	*	Lee Cohen	40	94	72.9	12	**	Jerry Morris	61	118	32.1	13	*
Brenden Anderson	10	64	22.1	10	*	Shannon Anderson	41	90	58.1	13	*	Mike Strum	61	81	85.3	12	*
Ben McClendon	9	47	19	9	*	Mont McClendon	40	74	66.3	10	*	Fred Weber	61	77	30.4	10	*
						David Aguirre	40	69	37.3	10	*	Damon Provence	61	75	55.4	11	*
13 - 15 MALE	AGE	PTS	MILES	EVT	VOL	Bryan Timpe	44	39	41.7	7	*	Luis Cardenas	60	55	20	7	*
Abraham Montalvo	14	53	30.3	11	*	Eric Fisher	41	36	30.5	5	*	Wayne Sullivan	62	40	90	12	*
						Tommy Wood	45	12	12.1	4	*	Mike Kelley	63	33	56.4	7	**
16 - 19 MALE	AGE	PTS	MILES	EVT	VOL							Tony Aleman	63	0	91.2	12	*
Travis Knapp	17	31	34.9	5	*	45 - 49 MALE	AGE	PTS	MILES	EVT	VOL						
						Martin Montalvo	47	113	84.2	13	*	65 - 69 MALE	AGE	PTS	MILES	EVT	VOL
20 - 24 MALE	AGE	PTS	MILES	EVT	VOL	Les Kinman	47	63	74.7	12	*	Jack Bearden	65	94	28.1	11	*
Lucas Morris	20	51	32.4	6	*	Cliff Lewallen	48	53	72.3	9	*	Jim Harris	70	88	45.1	11	**
Zakri Redding	24	40	44.2	6	*	Mike Humphrey	46	37	67.3	8	*	Rick Lampe	68	83	39.2	11	*
						Cody Miller	46	36	39	6	**	James Livermore	65	69	69	10	*
25 - 29 MALE	AGE	PTS	MILES	EVT	VOL	Rod Burgett	48	20	30.7	4	**	Ron Lubowicz	69	61	65.4	9	*
Larry Lovato	26	50	30.7	6	*												
Ben Boston	28	49	60.4	8	*	50 - 54 MALE	AGE	PTS	MILES	EVT	VOL	70 - 99 MALE	AGE	PTS	MILES	EVT	VOL
						Paul Paré	50	78	75.7	10	*	Bill Felton	78	101	33.1	12	*
30 - 34 MALE	AGE	PTS	MILES	EVT	VOL	Jerry Dwyer	53	74	65.7	9	*	Gorden Jenkins	72	100	81.3	11	*
Joe Osterkamp	34	107	90	12	*	Tommy Sansom	55	66	21.1	8	*	James Pratt	71	83	29.8	11	*
Andrew Allison	31	77	95.2	13	*	Epi Aguirre	54	64	49.9	8	*	George Jury	76	0	90	12	*
Gary Evans	32	69	57.1	11	*	David Doyle	54	52	23.1	7	**						
Joshua Leyva	33	61	77	9	*	Gail Faries	53	31	27.6	6	*	CLYDESDALE - age graded	AGE	PTS	MILES	EVT	VOL
												Adam Puckett	41	104	67.4	13	*
35 - 39 MALE	AGE	PTS	MILES	EVT	VOL	55 - 59 MALE	AGE	PTS	MILES	EVT	VOL	Nathan Paden	44	83	76.6	10	*
Quent Bearden	37	132	53.2	13	*	John Clements	56	97	25.1	11	*	Jerry Adams	37	68	91.2	13	*
Kenny Powell	38	104	28.1	12	*	Fred Constancio	60	80	32.8	11	*	Craig Peterson	55	57	54.3	10	*
Ronnie Adams	37	73	82.5	11	*	Jim Thompson	58	42	41.1	6	*	Jim Deaver	55	50	66.1	8	*
						Randy Mulsow	56	33	21.3	5	*	Rodney Smith	52	46	30.9	8	*
** = RACE DIRECTOR						Randy Holloway	56	20	102.5	13	**	Lance Ward	45	40	69.7	11	*
* = VOLUNTEER						Terry Dalton	58	9	97.5	12	**	Jay Dulin	38	27	68.1	10	*
						David Higgins	60	0	104.9	13	**	Farrell Martin	46	16	20.8	4	*



WTRC Calendar

* Indicates WTRC Monthly Race & CHALLENGE SERIES EVENT

- JAN 08 WTRC Board meeting**, Tuesday, 7:00pm
Ron's office, 3309-67th St, 806-781-0231
- * JAN 12 **LOOP THE LAKE RUNS**: 5M/2M, 10:00am, Buddy Holly Rec. area, N University, Lubbock, TX, David Doyle, RD, 806-535-5914
- JAN 18 **WTRC ANNUAL SOCIAL AND DINNER**: 7-9 at Science Spectrum, All members are invited. For more information- <http://wtrunning.com>
- JAN 20 Cocoa Women's Half: San Antonio, TX, www.cocoahalf.com
- JAN 27 Miracle Match Marathon: Waco, TX <http://miraclematchmarathon.net/>
- JAN 27 Galveston Marathon: Galveston, TX <http://www.galvestonmarathon.com/>
- * FEB 09 **PRAIRIE DOG TOWN RUNS**: 4M/2M, 9:00AM, MacKenzie Park, Cody Miller, RD, 806-773-8905
- FEB 17 Austin Marathon: Austin, TX, <http://youraustinmarathon.com/>
- FEB 22 Cowtown: Marathon, Half Marathon, Ultra Marathon, 10K/5K, <http://cowtownmarathon.org/>
- MAR 03 Alamo City Run Festival: San Antonio, TX, <http://alamocityrunfest.com/> or <https://www.facebook.com/AlamoCityRunFest>
- * MAR 09 **COTTON PATCH RUN AT TEXAS BOYS RANCH**: 14K/4M/4M RELAY/1M KIDS FUN RUN, 9:00am, Texas Boys Ranch, 4810 N CR 2800, David Higgins, RD, 806-535-7788
- MAR 23 Texas Independence Relay: 200 Miles (40 Relay Legs) Houston, TX <http://texasindependencerelay.com/>
- MAR 24 Alamo 13.1: San Antonio, TX, <http://alamo131.com/>
- APR 06 Wayland Wellness Run/Walk III: Half Marathon/10K/5K/1M, Plainview, TX <http://www.waylandwellnessrunwalk.org/>
- * APR 13 **RUN FOR THE ARTS**: 15K/2M/1MI KIDS CAFÉ FUN RUN, 1 mile Starts at 8:00am and rest starts at 8:30am.
Please be parked by 8:00 for the Safety of Kids Run!!
Suzan Caudle, RD, 806-799-3813
- * MAY 11 **HORSESHOE BEND CANYON RUNS**: 11M/6M/2M, 8:00am, N of Slaton CR3600 & E. CR7300, Randy Holloway, RD, 806-789-1547
- MAY 18 Beach to Bay Marathon Relay: Padre Island, TX, <http://www.beachtobayrelay.com>

WTRC Website: <http://wtrunning.com>
Monthly Newsletter, Calendar, Photos, Online signup & Membership



P. O. Box 2921
Lubbock, TX 79408
January 2013

