

July 2009



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## Members News

Leigh Daniel, TTU's first individual NCAA champion and Monterey HS graduate, who the WTRC helped support in her olympic aspirations, with her fiancé, Nick Cordes, is one of four couples in the running for a fancy wedding to be awarded by the NBC "TODAY" show. There was an article in the June 4, 2009 Lubbock Avalanche Journal.

Leigh and Nick are both coaches at Ashland University in Ohio. They were in Lubbock on June 18th, after making the first cut on Wednesday the 17th to be in the final three. They were interviewed on channel 11. People can vote for them by going to the kcbd.com website. You can read about the details by going to:

<http://today.msnbc.msn.com/id/31063909>

Brett and Heather Hart's daughter, Emma was born premature on January 21, 2009 after a very difficult pregnancy. They are all doing fine now.

Tim and Yvonne Key became parents of a baby girl on May 21, 2009

Chris and Liz Lonngren's oldest son, Bobby recently graduated from Lubbock Christian HS where he played baseball and was named to the TAPPS all state baseball team.

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Tuesday, August 4, 2009 @ 7:00 p.m. at 3309 67th Street, all members are welcome.

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#### Inserts

### 40th Annual Firecracker Runs

Saturday, July 4th, 2009

Terry County Park,  
Brownfield, Texas

Children's 1 Mile starts @  
7:40am,

3 & 10 Mile Race Starts @  
8:00 am

Race Director: Jim Harris,  
(575)392-8945 (O)  
(575) 370-4034 (C)

Sponsor: Brownfield Chamber  
of Commerce



Had a great day for a race. The weather was great at 38 degrees and a bit of moisture falling. Not really but it was a typical June day and not real hot unless you were running. Had a great turn out and lots of good runners and volunteers. They were Wendy Anderson, Jon Bruegel, Jon Martin Bruegel, David Doyle, Edwin Young, David Higgins, Tony Aleman, Shannon Anderson, Treavor Dalton, Ron Lubowicz, Tami Miller, Myrian Guardiola, Susan Caudle, Wayne Sullivan, South Plains College and Reagan Wright. A special thanks to the girls from girls town and their sponsor, George Jury and Randy Holloway. George and Randy done a splendid job with all their help to this race director. See you next year for an other cool and great race. Bill Roger Race Director Bobby Birdsong Levelland Lope

### PARTLY POLITICAL

#### This involves the welfare of MacKenzie Park

Most of you know about the controversy concerning the Lubbock city council's decision to place the new animal shelter in MacKenzie Park at the old location of an abandoned swimming pool and associated buildings which are just east of the main entrance to the park off Interstate 27. I am speaking to this from two points of view.

First of all, from an animal welfare advocate, this is a very poor location for the animal shelter, because it is not near enough to the center of the population to encourage potential animal adoptions, and is only less than a mile from the old facility.

Second of all, from the park users' standpoint, such as our running club events, and other recreational uses, the increased traffic that the animal shelter would bring would greatly disturb the quietness and serenity that the park has now. Even our early morning events, such as the Turkey Trot and the Prairie Dog Run would be impacted by the presence of that facility.

Those of you who are Lubbock residents should let the Mayor and your city council person know of your concerns about this.

George W. Jury

Four West Texas Running Club members ran the inaugural San Diego Rock N' Roll Marathon relay on Sunday May 31, 2009. The team, made up of Amanda Boston, Lee Cohen, Jerry Dwyer and Tara Loan finished fourth overall (out of 346 teams) and second (out of 196 teams) in the mixed division. The relay segments were approximately 6 miles (Amanda Boston), 7 miles (Lee Cohen), 8 miles (Jerry Dwyer), and 5 miles (Tara Loan).

The temperature on race day was a cool, 60 degrees with light wind and overcast skies - close to perfect but a little humid. Amanda ran the first leg, clocking 6:56 pace, a PR for that distance, and handed off in 10th place. Lee ran the second leg, clocking 6:50 pace on the hilly section of the course and handed off the baton in approximately 6th place. Jerry ran 6:29 pace for his leg, passing the 3 hour pace group in the process. Tara was the anchor leg, clocking 6:49 pace, her PR at this distance, and crossed the finish line in 2:57:32.

This was a good performance for Lubbock running. The top two teams overall were elite male teams who ran under 2:20:00 (2:13:31 & 2:19:21). The third overall team and the first mixed division team finished in 2:48:16 and was made up of 19-24 year old runners from a community college team in Arizona.

The finish can be viewed at <http://www.rnrmarathon.com/elite/webcast/sd/archive.html> Type in bib number 32077 and see the celebratory finish.

George and Pat Jury's yard is one of several to be on the annual Master Gardners "Waterwise/xeriscape" tour to be held July 25th



### W.T.R.C. 2009 Challenge Series Standings After 6 Events (Male)

YTD TOTALS						YTD TOTALS					
	AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL
<b>0 - 12 MALE</b>						<b>40-44 MEN</b>					
Walker Adams	11	39	10	4		Todd Smith	44	16	29.9	4	*
Jake Brownfield	11	29	6	3		Troy Pratt	42	15	6	3	
Evan Gallameau	9	15	6	3		Ignacio Vasquez	41	13	10.2	2	
Dakota Hernandez	9	7	4	2		Noe Valles	42	11	8.2	2	
Julian Hall	9	4	2	1		Daniel Gonzales	43	10	2	1	
Nick Hoeve	11	3	8.2	2	*	David Pyle	43	9	9	2	*
William Pyle	7	0	5	1	*	James Layman	42	8	2	1	
David Pyle	9	0	5	1	*						
Joshua Hoeve	10	0	6.2	1	*	<b>45-49 MEN</b>					
<b>13-15 MEN</b>						Joe Frank Martin	49	47	10	5	
Lucas Samarron	15	38	10	4		Jim Higgins	48	36	17.2	4	
Kendall Higgins	15	32	18.7	6	*	Paul Pare	47	36	25.1	4	
Austin Martin	14	13	4	2		Brent Lowery	47	34	28.4	4	
Joshua Brownfield	12	10	4	2		Jerry Dwyer	49	30	24.7	3	
Edgar Martinez	13	9	2	1		Richard Shaw	47	25	16.2	3	
<b>16-19 MEN</b>						J. Edson Pinto	47	22	18.9	3	
Lucas Morris	17	64	14	6		Ray Major	48	19	9	2	
Jon David Bruegel	17	49	36.1	6	*	Ronald Trollinger	49	17	6	2	
Nathan Conroy	17	26	8	3		Gabriel Martinez	47	9	2	1	
K.T. Manis	16	20	11.2	2		Adam Barron	46	8	8.7	1	
Matthew Rodriguez	16	18	12.2	2		Duane Jones	48	5	6.2	1	
<b>20-24 MEN</b>						Edwin Young	45	0	26.2	4	*
Ben Boston	24	31	22.4	4		<b>50 - 54 MEN</b>					
Jon Keith	20	29	13.2	3		Epi Aguirre	50	39	23.9	4	
<b>25-29 MEN</b>						Randy Holloway	52	32	49.1	6	*
Brandon Berkshire	25	29	32.4	5	*	Jackie Cannon	53	30	8	3	
Andrew Huff	27	28	23.7	4		Randy Bunyard	51	30	26.2	4	
Stephen Romero	28	28	10.2	3		Gene Adams	51	30	25.9	4	
Andres Pedroza	27	27	17.7	3		Nate Wilson	53	28	15.2	3	
Jarred Hurst	29	11	11	1		David Doyle	50	28	14.2	4	*
Jason Fellers	29	10	6.2	1		Jimmy Samarron	54	18	6	2	
John Griffin	27	8	20	3	*	Gonzalo Ramirez	52	15	10.7	2	
Aaron Self	28	8	4	1		Terry Dalton	54	12	17.7	3	*
David Fraga	29	7	6.2	1		Greg Hogan	50	10	11	1	
Tony Moreno	29	6	6.2	1		Bob Jackson	50	10	6.2	1	
Jason Hancock	27	3	14.9	2	*	Wade Wilson	50	9	8.7	1	
<b>30-34 MEN</b>						<b>55 -59 MEN</b>					
Chad Wilcox	33	46	15	5		Richard Gale	59	43	37.1	5	
Chris Gallameau	33	35	17.2	4		Lawrence Schovanec	56	40	19.7	4	
Joey Hernandez	32	30	17.7	3		James Wallace	59	37	25.2	5	
Bryan Duncan	31	26	25.9	3		Fred Weber	57	36	10	4	
Wesley Scholz	32	23	25.9	3		David Weaver	57	35	34.9	5	*
Chris Truitt	33	20	4	2		Lorenzo Padilla	55	35	8	4	
Daniel Hall	33	13	12.2	2		Dan Hilario	58	29	31.4	5	*
<b>35-39 MEN</b>						Ken Spain	55	25	15.2	3	
Lee Cohen	36	51	32.7	6	*	Tom Weis	57	20	17.2	2	
Shannon Aderson	37	49	31.4	6	*	Antonio Roman	56	17	4	2	
Jay Williams	39	48	39.1	6		Larry Burelsmith	59	10	2	1	
Marin Hernandez	38	34	12	4		David Higgins	55	8	45.6	6	**
Eddy Morelock	37	29	17.7	3		Jimmy Clark	56	0	10	1	**
Mont McClendon	37	29	20.2	4		Tony Aleman	59	0	41.1	6	*
Kirk Pittman	36	17	15	2		Jim Wilhelm	57	0	5	1	*
Chirs Toelle	35	15	17.2	2		Jerry Morris	58	0	8.7	1	*
Tyge Payne	37	14	14.9	2		Wayne Sullivan	58	0	30.1	5	*
Greg Milford	39	11	9	2		<b>60-64 MEN</b>					
Alan Williams	36	8	11	1		Mike Kelley	60	51	36.1	6	
Chris Milford	35	0	9	2	*	Rick Lampe	64	46	21.2	5	
Jon Bruegel	38	0	26.1	4	*	Douglass Sanford	60	19	9	2	
<b>40-44 MEN</b>						James Livermore	61	17	11.2	2	
Martin Montalvo	44	47	37.1	5		Ron Nugent	62	10	7	2	*
Cody Miller	43	32	32.4	5	*	Michael McDonald	60	8	6.2	1	
Heath Pennell	41	32	32.4	5	*	<b>65-69 MEN</b>					
David Rogowski	41	29	19.9	3		Gorden Jenkins	68	48	27.4	5	
Rod Burgett	44	29	41.1	6	*	Jim Harris	66	30	6	3	
Tim Key	41	19	11	2		Ron Lubowicz	65	30	32.4	5	*
Ricky Martinez	41	17	12.2	2		Larry Byrd	65	0	34.9	5	*

**W.T.R.C. 2009 Challenge Series  
Standings After 6 Events (Female)**

Continue Males						YTD TOTALS					
70-99 MEN	AGE	PTS	MILES	EVT	VOL	30-34 FEMALE	AGE	PTS	MILES	EVT	VOL
Bill Felton	74	60	28.4	6		Mandy Poklikuha	31	40	8	4	
Bill Roger	70	38	31.1	6	**	Susan Wilcox	31	29	27.4	5	*
Ralph Wolf	72	37	25.4	5	*	Brooke Pittman	31	20	10.2	2	
Mike Greer	69	10	19	2	**	Iris Rivero	33	10	5	1	
George Jury	72	0	41.1	6	*	Lela Hughes	33	10	8.7	1	
<b>CLYDESDALE - Age Graded</b>						Jennifer Payne	31	9	6.2	1	
Craig Peterson	52	52	23.2	6		Courtney Fakhreddine	32	8	8.7	1	
Milt Brownfield	51	40	16.7	5	*	Erica Weitman	30	5	6.2	1	
Ferrell Martin	43	40	27.4	4		<b>35-39 FEMALE</b>					
Shaun Fant	41	33	26.2	4		Malinda Colwell	35	47	12	5	
Larry Boskas	47	27	6	3		Tammy Moriearty	35	40	12	4	
Brandon Hughes	35	15	10.2	2		Meggan Bailey	35	31	10	4	
Anthony Catherall	24	12	9	2		Susan Duncan	36	28	25.9	3	
Damon Provence	58	10	2	1		Wendy Anderson	38	26	37.4	4	
Isacc Munoz, Sr.	53	9	4	1		Traci Payne	36	15	13.7	2	
Jim Beck	48	5	4	1		Michaela Jansen	36	10	5	1	
Warner Alexander	48	0	5	1	*	Mindy Harlien	35	7	2	1	
						LouAnna Arterburn	39	6	5	1	
<b>YTD TOTALS</b>						<b>40-44 FEMALE</b>					
<b>0 - 12 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Jill Haukos	44	46	29.9	5	
Catherine Cannon	9	39	8	4		Angie Hines	43	40	12	4	
Cherokee Hernandez	11	33	10	4		Lee Handlin	40	38	16.2	4	
Kathleen Adams	8	20	6	2		Laura Lappe	43	19	6	2	
Kayelin Fant	11	15	4	2		Hollye Martinez	41	18	8	2	
Alexis Cortez	12	8	8.2	2	*	Laura Adams	41	9	2	1	
Karsen Harlien	8	6	2	1		Rose Hoeve	41	8	23.4	2	**
<b>13-15 FEMALE</b>						Karen Pyle	40	0	5	1	*
Turner Adams	14	44	14	4		<b>45-49 FEMALE</b>					
Lindsey Smith	14	29	29.9	4	*	Marsha Bennett	45	54	36.9	6	
Guadalupe Martinez	15	10	2	1		Kammy Philbrick	48	30	10	3	
<b>16-19 FEMALE</b>						Tami Miller	49	20	10.2	3	*
Colleen Adams	16	42	21.9	4		Kathy Brownfield	46	16	4	2	
Taylor Maeker	18	28	18.4	3		Melanie McVey	47	10	5	1	
Becky Rogers	18	27	18.4	3		Mary Branscome	49	10	11	1	
Amanda Morris	17	27	6	3		Irma Valles	46	10	2	1	
Katie Haukos	18	15	4	2	*	Penne Richards	45	9	2	1	
Kyra Sloan	16	10	2	1		Lorenda Spain	49	9	4	1	
Allison Pyle	16	10	4	2	*	Brenda Campbell	49	8	2	1	
Hannah Layman	16	8	2	1		Debbie Wilson	49	0	19.9	3	*
<b>20-24 FEMALE</b>						<b>50-54 FEMALE</b>					
Amy Martin	20	39	8	4		Debbie Roman	53	29	6	3	
Taylor Huckaby	22	26	6	3		Glenna Beyer	50	20	4	2	
Ashley Keffler	23	19	6	2		Barbara Slaton	50	20	11.2	2	
Taber Black	24	10	2	1		Christy Hurst	52	18	10	2	*
Nicole McNew	20	8	2	1		Leesa Price	52	0	4	1	*
<b>25-29 FEMALE</b>						Marti Greer	50	0	4	1	*
Amanda Boston	25	48	41.1	6	*	<b>55-59 FEMALE</b>					
Amy McAlexander	28	34	17	4		Josie Aleman	58	48	19	6	*
Jennifer Haddock	28	22	23.4	3		Sara Gaxiola	56	46	36.1	5	
B.J. Carile	27	20	24.7	3		Cheryl Weber	56	40	18.2	4	
Tara Loan	26	20	9	2		Susan Caudle	56	37	22.9	6	*
Christina Truitt	29	20	4	2		Madeleine Taylor	57	27	16.7	3	
Ledah Welch	26	18	13.7	2		<b>60-99 FEMALE</b>					
Stephanie Webb	25	16	9	2		P. J. Mitchell	63	50	41.1	6	*
Briseida Ramos	25	10	5	1		Etta Mayer	60	38	21.4	4	
Kori Truby	28	9	16	2		<b>ATHENA - Age Graded</b>					
Alice Fraga	26	5	6.2	1		Amy Hancock	26	50	32.1	56	*
Dana Boltz	25	4	6.2	1		Nikki Roa	24	10	2	1	
Ashley Catherall	25	2	5	1		Ginger Hall	32	10	17.2	2	*
Heather Barron	28	0	8.7	1	*	Andi Gibberson	43	9	2	1	
						Donna Dean	52	0	8.7	1	*
						Elizabeth Linder	52	0	16	2	*

\*\* = Race Director  
\* = Volunteer

Help your club and reward yourself, too

# JOIN OUR "INSIDERS RUNNING CLUB" SUBSCRIPTION PROGRAM

Inside Texas Running has offered to help promote our club membership and events. All they require is some minor support from our members via subscribing to the magazine. And here's the kicker – they are cutting the annual subscription price in half – \$8.00 for 1 year; \$15.00 for 2 years – for this special promotion.



*In return, your club benefits by having:*

- A monthly listing in their club directory; both in the magazine and on their website (*participating clubs only*).
- Free calendar listings of all our club-events, every month throughout the year.

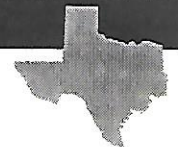
What a terrific way to promote new memberships as well as advertising our events to non-members in our general area. It could also increase our cash flow.

To qualify for the half price subscription offer – your order must be placed through your club. See order coupon below.

**RUNNING TEXAS FOR OVER 31 YEARS**



## INSIDER RUNNING CLUB SUBSCRIPTION FORM



### CLUB INFO:

Club Name \_\_\_\_\_

Authorized Club Representative Signature \_\_\_\_\_

### SUBSCRIBER INFO:

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

(Website password will be e-mailed to this address)

TERM:  1 year - \$8.00  2 year - \$15.00

PAYMENT: **Make payable to our club**

Check/Money Order

Credit Card (fill in credit card information below)

### CREDIT CARD PAYMENT:

AMEX  VISA  MASTERCARD  DISCOVER

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Happy Birthday

J. Edson Pinto	48	on (07-02)
Lee Cohen	37	on (07-02)
Maria Lopez-Strong	51	on (07-05)
Rob Littlefield	09	on (07-06)
Luke Samarron	16	on (07-06)
Shawna Spera	33	on (07-06)
Joey Hernandez	33	on (07-06)
Robert Duran	17	on (07-07)
Sonia Rodriguez	29	on (07-07)
Jordan Lowrey	18	on (07-09)
Joshua Hoeve	11	on (07-13)
Andi Giberson	44	on (07-15)
Duane Jones	49	on (07-15)
Nicie Pratt	36	on (07-16)
Ignacio Vasquez	42	on (07-16)
Dwayne Oakley	53	on (07-18)
Dan Hilario	59	on (07-20)
Leigh Anne Kock	27	on (07-21)
Natalie Steadman	42	on (07-21)
Jason Robison	15	on (07-22)
Jason Hancock	28	on (07-23)
Carrie Badillo	32	on (07-25)
Ledah Welch	27	on (07-26)
Sarah Gaxiola	57	on (07-29)
David Higgins	57	on (07-29)
Ed Price	53	on (07-29)



Pj Mitchell, C.C.T. LMT



- MEDICAL MASSAGE
- LYPOSSAGE
- SPORT TRAINING



Pager 806.721.9940

WEST TEXAS RUNNING CLUB'S ANNUAL  
40th Annual Firecracker Runs  
Children's 1 Mile, 3 & 10 Mile Races

EVENT # 7 OF THE W.T.R.C. CHALLENGE SERIES

**WHEN:** SATURDAY, July 04, 2009  
Register online at <http://wtrc.tripod.com> See Enclosed Mail in Form for Information On Site Registration: 7:00 to 7:40am Children's 1 Mile Starts at 7:40 A.M. 3 & 10 Mile Starts at 8:00am

**WHERE:** Terry Country Park, Brownfield, Texas, from Lubbock on Hwy. 62, go to the stoplight at Buckley St. & turn left on to Old LaMesa Rd., turn right just past the swimming pool.

**COURSE:** flat, both races out and back on city streets.

**AID STATIONS** at least every 2 miles, splits at one mile.

WTRC Rules Do Not Permit Pets, Skates, Strollers, or Bicycles

**AGE DIVISIONS, 10 Mile**

**MEN:** 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49;  
50-54; 55-59; 60-64; 65-69; 70 Plus

**WOMEN:** 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus

**MEN:** 7-12, 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49;  
50-54; 55-59; 60-64; 65-69; 70 Plus

**WOMEN:** 7-12, 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59;  
60 Plus

Clydesdale and Athena group in both races.

Children's 1 Mile run: grades pre-school through 6th, special commemorative medals for first place boy and girl overall. Finish ribbons for the remainder. Grade as of Fall, 2009.

**AWARDS:** Special and unique commemorative medallions. Awards given to the first 3 in each age group and up to 5 of the contestants in each age group as listed below. Awards will be presented at 8:05am (Kids Run), 8:35am (3 Mile), and 10am (10 Mile).

Entry Fee: W.T.R.C. Members \$10.00, Non Members \$15.00

Race day \$25.00 Everyone

RACE DIRECTOR: Jim Harris 575-392-8945 (O), 575-370-4034 (C)

E-mail: [randyholloway@sbcglobal.net](mailto:randyholloway@sbcglobal.net)

Dear Club Members,

Please keep in mind that in order to be eligible to participate in the Challenge Series one must have volunteered at least once and must have run in at least 3 races (relays will not be counted towards these three races) to be eligible for a "Points" award. If you have any questions or concerns please feel free to contact George Jury using the information listed below.

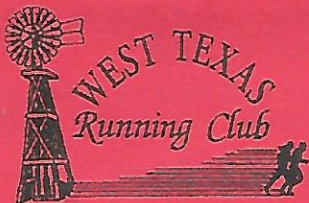
George W. Jury [rungwj@aol.com](mailto:rungwj@aol.com) 792-3291 (d) , 792-1237 (n)

**West Texas Running Club Event Calendar**

- Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT
- AUG 4 WTRC Board meeting: Tuesday, 7:00pm  
Ron's office, 3309-67<sup>th</sup> St, 806-632-4926
- \* JUL 4 40<sup>th</sup> ANNUAL FIRECRACKER RUN: 10MI/3MI/ELEM.1MI,  
7:40am, Terry County Pk, Brownfield, Jim Harris, 575-370-4034
- JUL 25 Fit4Fun Triathon: [www.recsports.ttu.edu](http://www.recsports.ttu.edu) Betty Blanton,  
806-742-3828.
- AUG 2 Prude Ranch Races: Ft Davis, TX,  
[www.fitnesscamp.org](http://www.fitnesscamp.org)
- \* AUG 8 HOT DAM RUNS: 5MI/2MI, 8am, Canyon Lakes #6, 22<sup>nd</sup> and  
MLK, Jr. Blvd. Etta Mayer, RD, 806-792-1471.
- \* SEP 12 SHALLOWATER STAMPEDE: 10K/2MI, 8am, Shallowater  
High School, RD: Russel Martin, 832-5615
- OCT 3 Race for the Cure: [www.komenlubbock.org](http://www.komenlubbock.org)
- OCT 3 White Buffalo Stampede: 5K/1K 8:15am, Snyder, Tx  
Sherrill Easterling, 325-574-7685, [seasterling@wtc.edu](mailto:seasterling@wtc.edu)
- \* OCT 10 RED RAIDER ROAD RACE: 10K/5K, 8am, Texas Tech  
Rec Ctr, RD: Jill Haukos, [haukos@aol.com](mailto:haukos@aol.com)
- OCT 17 M2M Marathon: [www.marathon2marathon.net](http://www.marathon2marathon.net)
- OCT 18 Denver Marathon: [www.denvermarathon.com](http://www.denvermarathon.com)
- \* NOV 14 BUFFALO WALLOW RUNS: Half Marathon/2Mi, 9am,  
Buffalo Springs Lake, RD: Mike Kelley, 765-0441
- \* NOV 26 TURKEY TROT: 12K/2Mi, 9am, MacKenzie Park-Lubb,  
Contact: Terry Dalton, 806-777-1456
- \* DEC 12 REDLINE/TOYS4TOTS CC: 4Mi, 10:00am, Mae  
Simmons Park, 2302 Oak Ave, Lubbock, RD: Irma  
Sanchez 806-783-9974 or 806-743-2347
- DEC 13 Whiterock Marathon: [www.runtherock.com](http://www.runtherock.com)

<http://wtcr.tripod.com>  
Calendar, Photos, Online registration, Membership, etc.

**WTRC Web Address:**  
<http://wtcr.tripod.com>



5 W. Lakeshore Drive  
Ransom Canyon, TX 79366



**Mike Kelley  
26A Comanche  
Lubbock, TX 79404**



## West Texas Running Club

proudly presents

# 40th ANNUAL FIRECRACKER RUNS

Saturday, July 4<sup>th</sup>, 2009

Late registration: 7:00-7:40 am

Races Start: Children's 1 mile - 7:40 am  
3 & 10 mile - 8:00 am

### Please Pre-Register

Send in form to David Higgins

3401 Alcove Ave, Lubbock 79407

Deadline for mail registration is June 30,  
or register online @ <http://wtrc.tripod.com>  
until noon, July 3<sup>rd</sup>



### Terry County Park, Brownfield, Texas

From Lubbock on Hwy. 62, go to the  
stoplight at Buckley St. & turn left on to Old Lamesa Rd.,  
turn right just past the swimming pool.

**T Shirt included**

**Entry Fees: Children's 1 mile run - \$5.00, 3 & 10 mile runs - \$10.00 for WTRC  
Members and \$15.00 for non-members. Race Day Registration \$20.00 (3 & 10 Mile)**

**Special and unique commemorative medallions. Awards given to the first 3 in each  
age group and up to 5 of the contestants in each age group as listed below.  
Awards will be presented at 8:05 am (Kids Run), 8:35 am (3 mi.), and 10 am (10 mi.).**

### Age Groups 10 Mile Run

Male; 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,  
65-69, 70+

Female; 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

### 3 Mile Run

Male; 7-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54,  
55-59, 60-64, 65-69, 70+

Female; 7-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,  
50-54, 55-59, 60+

*Clydesdale and Athena divisions age graded as above in both running events.*

Children's 1 mile run: grades pre-school through 6th, special commemorative medals for  
first place boy and girl Overall. Finish ribbons for the remainder. Grade as of Fall, 2009.

**Contact: Race Director, Jim Harris (575)392-8945 (O), (575)370-4034 (C)**

**Sponsors: Brownfield Chamber of Commerce**