

CALENDAR

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- AUG. 2 **PRUDE RANCH RACES:** Fort Davis, Half Marathon, 10K, 5K
FMI Call Alan Steel, (915)550-9063
- AUG. 3 **W.T.R.C. Business Meeting,** 7pm, 5517 74th, Lubbock
- * AUG. 8 **HOT DAM 5 MILER:** Canyon Lake 6, Lubbock, (also 1 Mile Child-
dren's Run) 8:00 am, P.J. Mitchell, Race Director, 785-5748
- AUG 8 **GREG BLACK 10K/2Mi:** Hereford, 8am, call (806)364-6990
- AUG. 15 **SENIOR SPORTS 5K & 10K:** Cancelled
- * SEPT 12 **SHALLOWATER STAMPEDE:** 10K and 2 Mile, 8:00 am, Shallowater
High School, Dwayne Oakeley, Race Director, 799-4473
- SEPT 12 **FLOYD COUNTY FAIR 5K:** Lockney, 8:30am, Mike Lass, 652-1309
- SEPT 19 **HOT RUN FOR RECYCLE:** Hobbs, 1 Mi., 5 & 10K, (505) 392-3971
- SEPT 26 **RACE FOR THE CURE 5K:** TTU Campus, Betsy Jones, 797-6471
- SEPT 27 **DUKE CITY MARATHON:** Albuquerque, (505)880-1414, 26.2, 13.1, 5K
- * OCT. 10 **RED RAIDER ROAD RACE: 5K and 10K,** 8 am, Lubbock, TTU, Rusty
Ladd, Race Director, 784-0793
- OCT. 17 **RED RIBBON RUN:** Details Later
- OCT. 31 **PUNKIN DAYS 5K:** Floydada, 9am, Julianne Cornelius, 983-2982
- NOV. 7 **TOYS FOR TOTS 5K:** Lubbock, 9am, Armed Forces Reserve Center
1 27 and Regis St., Ron Hillis, Race Director, 797-0303
- NOV. 8 **SAN ANTONIO MARATHON:** FMI; Call (210) 246-9652
- * NOV. 14 **BUFFALO WALLOW RACES:** BUFFALO SPRINGS LAKE, Half Marathon and
2 Mi., 9 am, G.W. Jury, Race Director, 792-3291(d), 792-1237(n)
- * NOV. 26 **W.T.R.C. TURKEY TROT:** Lubbock, 9 am, MACKENZIE PARK, 10 Mile
and 2 Mile, Chris Lonngren, Race Director, 796-0685
- * DEC. 12 **REDLINE 4 MILE CROSS COUNTRY:** MAE SIMMONS PARK, Lubbock, 10 am
Marjory Stewart, Race Director, 743-2153(d), 792-1085(n)
- DEC. 13 **WHITEROCK MARATHON:** Dallas, (214) 526-5318 (Corrected Date)

August 1998

USA Track & Field Certified
8 A.M., August 8, 1998
Details Inside Back Cover

5 miles



PRCA
AUGUST 1998

WEST TEXAS Running Club

Newsletter Editor
5212 44th Street
Lubbock, Texas 79414

Hot Dam Run

WEST TEXAS RUNNING CLUB

OFFICERS

President - Jim Leser
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(e-mail) jilwi@aol.com or
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DIRECTORS

Newsletter Director - George Jury
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External Race Director - Chris Lonngren
(H) 791-1774

Internal Vice-President - Tim Key
(H) 796-1824

External Vice-President - Jon Omdahl
(H) 794-7823 (O) 766-0600

Secretary - Gayle Blackmon-Hopkins
(H) 794-3632

Treasurer - David Higgins
(H) 744-8328 (O) 744-2626

Equipment Director - Jimmie Key
(H) 795-7637

Race Calendar Director - Dwayne Oakeley
(H) 799-4473

Membership Director - John Trompler
(H) 794-1359

Internal Race Director - Vacant

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.

The WTRC monthly business meeting is on Monday, August 3, 7:00 p.m. at 5517 74th Street. All members are welcome.

Leser's Lines

Another successful Buffalo Triathlon has been put to bed until next year. Marti and Mike Greer and troops are to be commended for doing such a great job. Congratulations to all of you that competed in this event. The half Ironman distance was again very challenging because of the hot temperatures during the run part of the event. Our club again was responsible for manning the seven aid stations which dispensed cups of water and Race Day sports drink, PowerBars, ice, bananas, wet towels, Vaseline and medical supplies where needed to approximately 900 participants going through twice. Sometimes the difference between finishing and a DNF was the aid we provided. All volunteers are to be commended for the long hours they worked in the hot weather. As coordinator of the run course aid stations, I couldn't have done it without you. The 4th Corps and the rotary Club also provided assistance at many of the water stops. T-shirts were provided to all volunteers. If you did not receive yours, please contact me.

The Senior Sports Classic will be held in Lubbock on August 13-15. Because of scheduling conflicts, there will be no 5K or 10K events. These will be back in the 1999. It was decided not to have the races if they could only be scheduled in the afternoon heat. The track events, swimming and bike time trials will still be held. If you still want to qualify to go to the state meet in Temple, all you need to do is provide a comparable distance time and age group placing from a race in the last year to the organizers and they will see that you get in. If you have any questions, please call me.

This summer has been very hot. Please be careful and hydrate. Just the other day I rode my bike for 2 hours followed by a run of 30 minutes with the temperature hovering around 100. In spite of drinking 5 1/4 pints of fluid, I still had a deficit of 48 ounces. *Jim Leser*

WTRC LSD Training Runs Saturdays at 8:00 a.m. and Sundays: 6:00 a.m.; meeting at the Outdoor Center parking lot in MacKenzie Park For more information call Bob Bernero at 793-1667 (N)

WTRC HOTLINE - (806) 792-3293 FOR LOCAL RUNNING EVENT UPDATE

"TEXAS' Oldest Continuous Road Race"
THE FIRECRACKER RUN
Three Mile and Ten Mile Road Races
Brownfield, Texas July 4, 1998

10 MILE OVERALL RESULTS

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1	BOB JACKSON	HOBBS	NM	39	M	1	M3539	59:41	5:58
2	MIGUEL LIRA	BROWNFIELD	TX	17	M	1	M1619	1:01:11	6:07
3	QUENT BEARDON	LUBBOCK	TX	23	M	1	M2029	1:02:22	6:14
4	TONY KEELY	GR CAYMAN ISLE	31	M	1	M3034	1:02:29	6:15	
5	TIM KEY	LUBBOCK	TX	30	M	2	M3034	1:04:27	6:27
6	LOLO MERCADO	EL PASO	TX	38	M	2	M3539	1:05:23	6:32
7	JIM LESER	LUBBOCK	TX	51	M	1	M5054	1:07:58	6:48
8	SCOTT FINNELL	AMARILLO	TX	42	M	1	M4044	1:10:14	7:01
9	BOBBY SAIN	LUBBOCK	TX	16	M	2	M1619	1:11:29	7:09
10	BOB TRENCHARD	KERMIT	TX	52	M	2	M5054	1:15:03	7:30
11	CULLEN SHAW	LUBBOCK	TX	16	M	3	M1619	1:15:45	7:35
12	VERNON SEXTON	LUBBOCK	TX	16	M	4	M1619	1:16:24	7:38
13	MICHAEL RODRIGUEZ	LUBBOCK	TX	40	M	2	M4044	1:16:38	7:40
14	RANDY WOLCOTT	LUBBOCK	TX	42	M	3	M4044	1:17:27	7:45
15	ADAM BARRON	WOLFFORTH	TX	35	M	3	M3539	1:17:52	7:47
16	JEFF ANGLIN	LUBBOCK	TX	24	M	2	M2029	1:20:17	8:02
17	MELISSA MCCULLOUGH	BIG SPRING	TX	32	F	1	F3034	1:20:44	8:04
18	WADE WILSON	LUBBOCK	TX	39	M	4	M3539	1:21:48	8:11
19	MIKE DAILEY	LUBBOCK	TX	46	M	1	M4549	1:21:59	8:12
20	CHRISTINA ATZBACH	BROWNFIELD	TX	16	F	1	F1619	1:22:42	8:16
21	DAN ADAMS	WHITEFACE	TX	40	M	4	M4044	1:23:03	8:18
22	JAMES LIVERMORE	LUBBOCK	TX	51	M	3	M5054	1:25:26	8:33
23	JUDY LAWLEY	LUBBOCK	TX	33	F	2	F3034	1:26:04	8:36
24	GREG HOGAN	PLANO	TX	39	M	5	M3539	1:27:24	8:44
25	JIMMY WACHTER	HOBBS	NM	46	M	2	M4549	1:27:29	8:45
26	SHIRLEY WIGLEY	LUBBOCK	TX	44	F	1	F4044	1:28:00	8:48
27	SARA SOLLOWAY	LUBBOCK	TX	29	F	1	F2029	1:29:29	8:57
28	DAN TINNEY	LUBBOCK	TX	26	M	3	M2029	1:29:29	8:57
29	MELANIE MCVEY	LEVELLAND	TX	36	F	1	F3539	1:31:26	9:09
30	JENNIFER COHEN	LUBBOCK	TX	28	F	2	F2029	1:31:43	9:10
31	JIMMIE KEY	LUBBOCK	TX	60	M	1	M6099	1:31:45	9:11
32	RICHARD BRAY	LUBBOCK	TX	54	M	4	M5054	1:33:15	9:20
33	BRANDY TEMPLE	LUBBOCK	TX	26	F	3	F2029	1:34:28	9:27
34	G. LOREN PHILLIPS	LUBBOCK	TX	44	M	5	M4044	1:34:35	9:34
35	ETTA MAYER	LUBBOCK	TX	49	F	1	F4549	1:35:59	9:36
36	DWAYNE OAKELEY	LUBBOCK	TX	41	M	6	M4044	1:36:13	9:37
37	MICKEY DAVIS	LUBBOCK	TX	41	M	7	M4044	1:36:57	9:42
38	MARSHA BENNETT	LUBBOCK	TX	34	F	3	F3034	1:37:47	9:47
39	MIKE GREER	LUBBOCK	TX	59	M	1	M5559	1:41:43	10:10
40	JIM WILHELM	LUBBOCK	TX	47	M	3	M4549	1:45:12	10:31
41	JAMES FAIRCHILD	ODESSA	TX	41	M	8	M4044	1:49:51	10:59
42	FRANK EARNEY	LUBBOCK	TX	49	M	4	M4549	2:01:04	12:06
43	KENNETH PARNER	LEVELLAND	TX	35	M	6	M3539	2:02:44	12:16
44	MARTI GREER	LUBBOCK	TX	39	F	2	F3539	2:02:44	12:16

= 18th consecutive year to have run the ten miles!
Congratulations, Jim!!!!

+ = New Member

Editor's Note:

In researching past attendance records, I discovered that of the 124 three and 10 milers who ran in 1993, 7 also ran in 1998! Nine others who ran that year are still members. I had to miss that year to attend a meeting in Corpus Christi. I ran my first club races in 1979 so this year was my 20th year for FIRECRACKER RUNS. I missed only 3 races and served as a volunteer 7 times. James Livermore has missed the event only once in 20 years.

THE FIRECRACKER RUN

3 MILE OVERALL RESULTS

PLACE NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1 GLEN POKLIKUHA	LUBBOCK	TX	27	M	1	M2029	17:41	5:54
2 HAWK HARRIS	HOBBS	NM	21	M	2	M2029	17:46	5:55
3 TREY TRENCHARD	KERRIT	TX	15	M	1	M1315	18:10	6:03
4 AL GARDNER	LEVELLAND	TX	42	M	1	M4044	18:29	6:10
5 ROBERT GUAJARDO	LEVELLAND	TX	55	M	1	M5559	19:13	6:24
6 TARA JERNIGAN	BAIRD	TX	17	F	1	F1619	19:47	6:36
7 HOPE JIMENEZ	LAMESA	TX	14	F	1	F1315	20:03	6:41
8 JEFFREY JURY	AMARILLO	TX	37	M	1	M3539	20:05	6:42
9 HARLAN PAKSONS	KERRIT	TX	15	M	2	M1315	20:12	6:44
10 RICHARD FISCHENICH	LUBBOCK	TX	51	M	1	M5054	21:00	7:00
11 RAYMOND MENDEZ	BROWNFIELD	TX	15	M	3	M1315	21:03	7:01
12 JAY PADDACK	FORT COLLINS	CO	16	M	1	M1619	21:13	7:04
13 AMANDA SHOES	JAYTON	TX	16	F	2	F1619	21:14	7:05
14 JIM HARRIS	HOBBS	NM	55	M	2	M5559	21:15	7:05
15 DAVID HIGGINS	LUBBOCK	TX	45	M	1	M4549	21:30	7:10
16 JOHN THOMAS	LUBBOCK	TX	17	M	2	M1619	21:57	7:19
17 CHRIS THOMAS	LUBBOCK	TX	19	M	3	M1619	21:57	7:19
18 RONNIE PRIGG	LUBBOCK	TX	47	M	2	M4549	22:01	7:20
19 DAVID MENDEZ	BROWNFIELD	TX	15	M	4	M1315	22:04	7:21
20 HERBERT PEREZ	BROWNFIELD	TX	37	M	2	M3539	22:16	7:25
21 DAVID LIGHTNER	LUBBOCK	TX	48	M	3	M4549	22:21	7:27
22 LUIS CARDENAS	LUBBOCK	TX	46	M	4	M4549	23:11	7:44
23 MARY LOU JIMENEZ	LAMESA	TX	16	F	3	F1619	23:25	7:48
24 BOB BROSELOW	LUBBOCK	TX	57	M	3	M5559	23:28	7:49
25 PAT COOKE	LUBBOCK	TX	42	M	2	M4044	23:37	7:52
26 PAUL THOMAS	LUBBOCK	TX	17	M	4	M1619	23:38	7:53
27 RICHARD VERRONE	LUBBOCK	TX	30	M	1	M3034	23:39	7:53
28 CARLOS QUINTEROS	LUBBOCK	TX	44	M	3	M4044	23:44	7:55
29 CHRIS FREI	BROWNFIELD	TX	40	M	4	M4044	23:55	7:58
30 ANDREA YBARRA	SUNDOWN	TX	13	F	2	F1315	23:59	8:00
31 RALPH WOLF	ABERNATHY	TX	61	M	1	M6099	24:24	8:08
32 MARGARITA JIMENEZ	LAMESA	TX	9	F	1	F0112	25:03	8:21
33 JAMES BONE	LUBBOCK	TX	58	M	4	M5559	25:03	8:21
34 CRAIG CORNETT	BROWNFIELD	TX	40	M	5	M4044	25:21	8:27
35 BOB BERNERO	LUBBOCK	TX	56	M	5	M5559	25:39	8:33
36 JOE CAVAZOS	BROWNFIELD	TX	15	M	5	M1315	25:40	8:33
37 RON HILLIS	LUBBOCK	TX	54	M	2	M5054	25:43	8:34
38 BLAKE MANKIN	DALLAS	TX	8	M	1	M0112	25:46	8:35
39 SHAE BEARDON	LUBBOCK	TX	21	F	1	F2029	26:02	8:41
40 SHANDRA PLUMMER	LUBBOCK	TX	25	F	2	F2029	26:03	8:41
41 JEFF WISE	BROWNFIELD	TX	35	M	3	M3539	26:54	8:58
42 TAMPA JERNIGAN	BAIRD	TX	7	F	2	F0112	27:04	9:01
43 KEN JERNIGAN	BAIRD	TX	46	M	5	M4549	27:05	9:02
44 VICKI FISCHENICH	LUBBOCK	TX	32	F	1	F3034	27:17	9:06
45 KAREN JACKSON	HOBBS	NM	41	F	1	F4044	27:23	9:08
46 ADAM ANDREWS	LUBBOCK	TX	44	M	6	M4044	27:51	9:17
47 DWIGHT MANKIN	DALLAS	TX	36	M	4	M3539	27:54	9:18
48 GREYSON HOLT	BROWNFIELD	TX	9	M	2	M0112	28:03	9:21
49 GARY SHIPP	LUBBOCK	TX	39	M	5	M3539	28:04	9:21
50 PAM HILLIS	LUBBOCK	TX	44	F	2	F4044	28:21	9:27
51 BILL HOPKINS	LUBBOCK	TX	45	M	6	M4549	28:49	9:36
52 MICHAEL PADDACK	FORT COLLINS	CO	50	M	3	M5054	29:13	9:44
53 SHAWNA THOMAS	LUBBOCK	TX	13	F	3	F1315	30:07	10:02
54 LAURA PADDACK	FORT COLLINS	CO	18	F	4	F1619	30:28	10:09
55 BARBARA PADDACK	FORT COLLINS	CO	50	F	1	F5099	30:28	10:09
56 KEVIN MARTINEZ	LUBBOCK	TX	15	M	6	M1315	30:53	10:18
57 JOSIE ALEMAN	LUBBOCK	TX	47	F	1	F4549	31:00	10:20
58 BO MINNIS	LUBBOCK	TX	56	M	6	M5559	31:16	10:25
59 KENNETH KINZENBAW	LUBBOCK	TX	10	M	3	M0112	32:17	10:46
60 KYLE KING	BROWNFIELD	TX	46	M	7	M4549	32:31	10:50
61 DON HUNT	LUBBOCK	TX	64	M	2	M6099	34:51	11:37
62 FAY HEADLEY	LUBBOCK	TX	42	F	3	F4044	41:25	13:48

(See Race Report and children's one mile results on page 7)

W.R.T.C. 1998 CHALLENGE SERIES
STANDING AFTER 7 EVENTS

MALE		YTD TOTALS		YTD TOTALS		EVENTS		EVENTS	
PTS	MILES	PTS	MILES	PTS	MILES	PTS	MILES	PTS	MILES
60	22	60	22	58	51.1	7	45 - 49 MALE	58	51.1
55	15	20	15	55	53.3	4	Mike Daily	55	53.3
45	4	9	4	45	57.3	2	David Higgins	45	57.3
29	4	9	4	29	11	1	Frank Earney	29	11
27	17	29	17	27	38.1	3	Ronnie Prigg	27	38.1
20	11	26	11	20	37.1	3	Larry Burelsmith	20	37.1
15	6	10	6	15	14.2	2	Mike Kelley	15	14.2
10	4	6	4	10	8	1	Rich Titus	6	8
6	5	6	5	8	24.1	1	Ken Jernigan	6	24.1
37	13	37	13	8	13	4	Joe Post	8	13
27	21.2	27	21.2	8	14	3	Bill Platt	8	14
20	7	20	7	5	3	2	Damon Richards	5	3
19	6	19	6	4	49.3	2	Fred Weber	4	49.3
7	5	7	5	0		1	Jim Wilhelm	0	
45	33.2	45	33.2	60	47.4	6*	50 - 54 MALE	60	47.4
21	17	21	17	48	62.3	3	Jim Leser	48	62.3
19	8	19	8	47	49.3	2	Richard Bray	47	49.3
18	15	18	15	47	38.3	2	James Livermore	47	38.3
9	6.2	9	6.2	29	50.2	2	Richard Fisichenich	29	50.2
7	5	7	5	20	51.1	1	John Trompler	20	51.1
5	13.1	5	13.1	19	35.2	1	Ronnie Nugent	19	35.2
4	4	4	4	16	24.1	1	Frank Goodman	16	24.1
49	51.1	49	51.1	9	4	1	John Omdahl	9	4
44	37.2	44	37.2	6	4	1	Joey Thacker	6	4
20	12.2	20	12.2	6	4	1	Ron Hillis	6	4
19	22.1	19	22.1	6	11	1	Rick Lampe	6	11
15	13	15	13	0		6*	Ron Key	0	
10	4	10	4	29	29	3*	Joe Martinez	29	29
8	13.1	8	13.1	50	25.4	2	55 - 59 MALE	50	25.4
0	8	0	8	49	20	2	Robert Guajardo	49	20
47	39.3	47	39.3	48	28.2	3*	Jim Harris	48	28.2
40	37.3	40	37.3	42	25.4	2	James Bone	42	25.4
23	17	23	17	41	45.3	1	Robert Broselow	41	45.3
19	11.2	19	11.2	37	53.3	1*	Bob Bernero	37	53.3
14	21	14	21	30	30.4	1	Bill Roger	30	30.4
6	6	6	6	25	27.1	5	Bo Minnis	25	27.1
9	4	9	4	17	10.2	4	Mike Greer	17	10.2
9	6.2	9	6.2	16	53.3	3	Bill Oates	16	53.3
55	44.2	55	44.2	8	2	6*	Larry Byrd	8	2
50	40.6	50	40.6	0		6*	Jerry Wright	0	
33	38.2	33	38.2	40	38	5*	60 - 69 MALE	40	38
30	30.1	30	30.1	30	20.1	4*	Jimmie Key	30	20.1
30	24	30	24	18	20.1	3*	Ralph Wolf	18	20.1
26	16.2	26	16.2	0	57.3	7*	John Staicup	0	57.3
21	32.1	21	32.1	0	11	1*	George Jury	0	11
20	8	20	8	0			Hugh Haynes	0	
19	4	19	4	0			** = RACE DIRECTOR	0	
16	28.1	16	28.1	0			* = VOLUNTEER	0	
15	7	15	7	0				0	
14	34	14	34	0				0	
10	9	10	9	0				0	
6	10	6	10	0				0	
0	57.3	0	57.3	0				0	
0	6.2	0	6.2	0				0	

CHALLENGE SERIES STATS

Please check your figures and if something is incorrect, please call George Jury at 792-3291 (d) or 792-1237 (n)

W.R.T.C. 1998 CHALLENGE SERIES
STANDING AFTER 7 EVENTS

FEMALE

YTD TOTALS		YTD TOTALS		YTD TOTALS	
PTS	MILES	EVENTS	PTS	MILES	EVENTS
0 - 12 FEMALE					
40	16	4	68	41.4	7
13 - 15 FEMALE					
50	22	5	40	28	4
45	13	5	26	27.1	3
8	2	1	9	4	1
16 - 19 FEMALE					
20	8	2	9	14.2	2**
10	4	1	0	28	2**
10	4	1	0	11	1*
9	5	1			
20 - 29 FEMALE					
25	27.1	3	60	44.2	6
19	16.2	2	10	6	2*
18	8	2	9	4	1
8	11	1	9	3	1
6	4	1			
5	4	1			
30 - 34 FEMALE					
58	57.3	7*	59	31	7*
38	34	5**	50	41.3	5
20	10.2	2	19	15	3*
10	5	1	8	4	1
9	10	1	7	4	1

** = RACE DIRECTOR
* = VOLUNTEER



SUE SPITZ

Pictured above is former member, Sue Spitz, with Vice President Al Gore, after they had run together in the National "RACE FOR THE CURE" in Washington, DC. This was the nations largest 5K race with 51,200 participants. Sue and Otto reside in Fairfax, VA with their two children. Sue has been staying at home while Otto is working at the Pentagon. They have just recently bought their first house there. They extend an invitation to club members to visit them if they are in the area. The MARINE CORP MARATHON is held nearby.

Sue and Otto Spitz
3902 Egan Dr.
Fairfax, Va 22030
(703)293-9031

FIRECRACKER RUN
Race Director's Report

The 29th running of the Brownfield Firecracker Run was a great success. The weather blessed runners with cooler temperatures and many runners from the West Texas areas and other states participated. Twenty two young people ran the Kid's One Mile and 106 runners completed the 3 and 10 mile races. Thank you to all the volunteers who generously gave up time with their families and friends to help out at the race. I truly believe that the success of any event depends on the volunteers and I was inspired by all the phone calls I received by those who wanted to help. It made my job as race director easier and more fun! Again, thank you so much! A special thank you to Phil Hoot at HOOT'S BAGELS. Phil donated the yummy bagels for runners to munch on before and after the race. Thanks, Phil. Also, thank you to Joe Sears and Connie McQueen from the Brownfield Chamber of Commerce. Joe and Connie's partnership and support helped to make this year's race a great success. Glen Larsen from the CRTC recruited four volunteers that were a tremendous help on race day. Thank you to Vincenson Calhoun, Ernie Dean, Victor Martinez and Cody Walesiak. Finally, thank you to all the WTRC members who helped before, during and after the race: Joe and Eva Martinez, Bob Bernero, Jim and Jeanie Leser, George and Pat Jury, Delores and Jimmie Key, John Trompler, Tony Aleman, David Skelton, Bill Roger, Larry Burelsmith, Sherri, Dustin and Darin Oakeley, Larry Byrd, Scott Mayer, and Ronnie Nugent.

Sincerely,
Gayle Blackmon-Hopkins

ELEMENTARY ONE MILE RUN
JULY 4, 1998 Brownfield, Texas

PLACE NAME	AGE TOWN	ST GRADE	TIME	DIV	PLACE
1 JESSICA VILLARREAL	11 SUNDOWN	TX 6	7:43	1	
2 DANIELLE VILLARREAL	10 LEWISVILLE	TX 6	7:43	2	
3 RACHEL VILLARREAL	10 LEWISVILLE	TX 5	7:59	1	
4 LAUREN LEPARD	8 BROWNFIELD	TX 3	9:14	1	
5 ANNA MCVEY	11 LEVELLAND	TX 7	9:16	1	
6 MEREDITH WISE	8 BROWNFIELD	TX 3	9:19	2	
7 KYRA SLOAN	6 JAYTON	TX 1	9:21	1	
8 KRISTA GLEGHORN	11 TIVOLI	TX 6	9:51	3	
9 ASHLEY TORRES	10 WOLFFORTH	TX 5	10:07	2	
10 EMILY MANKIN	6 COPPELL	TX 1	10:29	2	
11 ALLISON VILLARREAL	8 LEWISVILLE	TX 3	10:52	3	
12 CHELSEA FRI	9 BROWNFIELD	TX 5	11:47	3	
13 SARA MERCADO	6 EL PASO	TX 2	13:03	1	
14 SHAYLA MASSEY	4 ARLINGTON	TX K	13:08	1	

PLACE NAME	AGE TOWN	ST GRADE	TIME	DIV	PLACE
1 JOEL SALAZAR	11 SUNDOWN	TX 7	7:25	1	
2 KENNETH KINZENBAW	10 LUBBOCK	TX 4	7:36	1	
3 ANDREW MOLENA	11 BROWNFIELD	TX 6	7:42	1	
4 NICOLUS MERCADO	10 EL PASO	TX 5	8:26	1	
5 DAVID MCVEY	6 LEVELLAND	TX 1	9:20	1	
6 DANIEL GLEGHORN	10 TIVOLI	TX 5	9:46	2	
7 AUSTIN MANKIN	5 COPPELL	TX K	10:23	1	
8 BRANDON RAMIREZ	9 LUBBOCK	TX 4	12:58	2	

BUFFALO SPRINGS LAKE TRIATHLON
CLUB MEMBERS RESULTS

Tim Key led club members with a 3rd place Age Group finish of 4:31:15, Mark Pessa was 6th in the Over 40 Clydesdales with a 6:14:09, and Jimmie Key won his age division with a 6:17:33 and qualified for "THE" IRONMAN! Complete results were not published, but other club members known to have finished the entire event were Richard Fischenich, Mike Lass and Richard Bray. Bob Jackson ran the 1st place Co-Ed team to a 5:18:26, and Richard Titus was on the 2nd place all male team which posted a 5:35:50. Completing the "SPRINT TRIATHLON" were Robby Timberlake, Kim Pearson, and former member Karen Hagner who now lives in the Metroplex.

JOHN BLACKBURN

January 27, 1959 - June 25, 1998

Several club members lost a good friend in John Blackburn when he finally succumbed to metastatic colon cancer at the young age of 39. No one was closer to him than Carlos Vigil, who delivered a touching eulogy at the memorial service. Carlos and John had made many trips to marathons all over the US. He is survived by his wife, Dr. Mary Blackburn, 4 daughters, K.D., Kristen, Kelsey, and Mary Katherine, and a son, John Kyle. I have known Mary since 1983, as she has helped in my clinic and is a very fine veterinarian. She will need a lot of prayer and support as she raises these five children.

THIS n THAT

In searching the internet for results of the USA&F championships, I found that former LCU runner, Derek Kite finished 6th in the 3,000M steeplechase in a time of 8:40.89. The winner posted 8:33.91.

Trey Jernigan has finished his first year at SOUTHWEST TEXAS STATE, and helped his team win the Southland Conference track & field title, finishing the 3,000M steeplechase 9th, in 9:49, and the 5,000M, 7th in 15:35. Both were PR's.

The Jernigan's are moving from Baird to Miles, another class 1A school where Ken will be coaching, Miles is between Ballinger and San Angelo, so they will be even farther away!

MARATHON TIMES

Marathon marks magnificent: Although there weren't any marathon times under 2:10 this past month, 1998 has produced the best ever first six month totals in history for marathons under 2:08 (6), under 2:09 (18) and under 2:10 (36). Last year when record yearly numbers for 2:07's (8), 2:08's (28) and 2:09's (55) were posted, the halfway numbers through June 30 were 4, 14, and 28 respectively.

WOMEN'S MARATHON WORLD RECORD

Little Tegla Loroupe's 2:20:47 at the ROTTERDAM MARATHON broke the women's marathon world record. At the 1996 New York City Marathon, Tegla Loroupe met Ingrid Kristiansen, who said to her, "You will be the person to break my marathon world record."

Loroupe went on to run 2:22:07 at the Generale Bank Marathon Rotterdam April 1998, prompting elite race director Jos Hermens to echo the same sentiments: "You saw the woman who will better the world record in the near future." The near future is now. Running at a generally even pace through the two loop Rotterdam course April 19th, the 24 year old Kenyan finished in 2:20:47, as she sliced 19 seconds off Kristiansen's April 1985 world record of 2:21:06. Thirteen years old, no marathon world record, male or female, had stood longer.

With just over 12 Kilometers to go, it looked like Kristiansen's mark would live to see another day. Loroupe passed 30-K in 1:39:59, 41 seconds behind Kristiansen's London '85 split. However, Loroupe maintained her steady tempo, taking just 40:48 to reach the finish, making up a full minute on Kristiansen's closer.

When she passed the finish she turned to look at the clock and did a little hop for joy. "When you do something like this, you find a little more energy," she said. The first Kenyan to set a marathon world record, she also gets a \$150,000 world record bonus for her time. (Editor's note.... This accomplishment was somewhat tarnished in that 2 Kenyan men paced Tegla the whole way, providing drafting privileges!!!)

FAST TIMES

Ethiopian, Haile Gebrselassie, reclaimed world records when he ran 10,000M in 26:22.75, June 1, 1998 and 5,000M in 12:39.36 on June 13, 1998.

OUR SPONSORS

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DOZEN FREE COOKIES WITH CATERING OF \$50 OR MORE



H.O.F.F.

HOBBS ORTHOPAEDIC AND SPORTS THERAPY / FAMILY VISION CENTER/ HOBBS ORDER OF FIREFIGHTERS

Run for Recycling

Saturday, September 19, 1998

8:00 a.m. MST 1-Mile Run/1-Mile Walk

8:30 a.m. MST 10K Run and 5K Run

Ocotillo Golf Course Park

Lovington Highway • Hobbs, New Mexico

FOR ALL RUNS:

Entry Fee/Runs: \$8 before September 18, 1998 \$10 Day of the Race

Entry Fee/Walk: \$6 before September 18, 1998 \$8 Day of the Race

Registration: September 19, 1998 7:00 a.m. - 8:00 a.m.

Awards: Top 5 finishers in each division will receive an award.

Sponsors: Hobbs Orthopaedic Sport Therapy, Family Vision

Center, Hobbs Order of Firefighters,

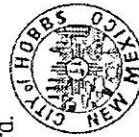
City of Hobbs Parks and Recreation Division

and New Mexico Junior College.

Double Entry: Runners will be limited to either the 5K or 10K run.

HOBBS PARKS AND RECREATION

NEW MEXICO JUNIOR COLLEGE



FUNDED IN PART BY
LODGERS TAX

THE "HOT DAM RUN" 5 MILE
WEST TEXAS RUNNING CLUB'S
ANNUAL AUGUST RACE
EVENT RECORDS (Since 1988)

MEN

AGE	NAME	TOWN	AGE	TIME	YEAR
0-12	Jay Winfrey	Sundown	11	39:43	1990
13-15	Trey Jernigan	Sundown	15	30:27	1993
16-19	Chris Truitt	Lovington	19	27:09	1994
20-29	James Bungei	Lubbock	22	24:13 *	1991
30-34	Wilson Kigen	Plainveiw	30	26:38	1988
35-39	Bob Jackson	Hobbs	37	27:20	1996
40-44	Ken Woody	Midland	40	29:47	1997
45-49	Jim Leser	Lubbock	46	29:55	1993
50-54	George W. Jury	Lubbock	53	30:18	1989
55-59	George W. Jury	Lubbock	55	31:37	1991
60-64	George W. Jury	Lubbock	60	34:00	1996
65+	Don Sanderson	Tulia	66	36:04	1996

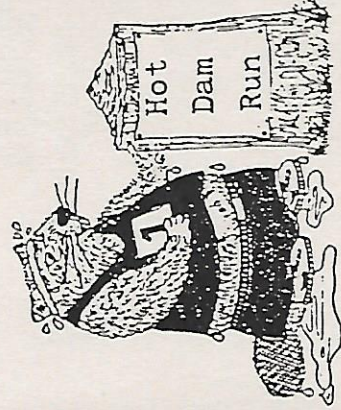
WOMEN

AGE	NAME	TOWN	AGE	TIME	YEAR
0-12	Hope Jimenez	Lamesa	12	35:58	1996
13-15	Christina Vasquez	Lubbock	15	34:37	1989
16-19	Josie Martinez	Petersburg	19	32:53	1996
20-29	Rosa Ibarra	Plainview	22	30:08 *	1993
30-34	Marjory Stewart	Lubbock	32	30:12	1991
35-39	Marjory Stewart	Lubbock	35	30:30	1994
40-44	Shirley Wigley	Lubbock	43	39:11	1997
45-49	P.J. Mitchell	Lubbock	49	41:08	1994
50+	P.J. Mitchell	Lubbock	50	40:55	1995

* OVERALL COURSE RECORDS

CLUB TRIATHLON VOLUNTEERS

Jim Leser will recognize all the volunteers in next months newsletter, but I would like to say thank you to the ones who helped me at the "turn-around" stop. John and Lauren Trompler, James Livermore, Joe Post, Mike Kelley and Rhonda Kauk. We had a father and son pair named Patterson from the Rotary Club who were great helpers. The son is a TTU grad and is an athletic trainer at Red Oak, so he was especially welcomed to take care of blisters etc. GWJ



WEST TEXAS RUNNING CLUB'S
11th ANNUAL "HOT DAM RUN"
5 MILES

USA TRACK & FIELD CERTIFIED
TX93059ETM

Sponsored by
Dr. Randy Wolcott
Dr. David Gregory
METHODIST HOSPITAL
MOUNTAIN HIDEAWAY

Special Contributions by: SOUTH PLAINS CYCLES,
AMERICAN STATE BANK, Cactus Theater,
GLAXCOWELLCOME,

Benefitting the Child Advocacy Research and
Education Center of Texas Tech University

WHEN: SATURDAY, AUGUST 8, 1998

PRE-REGISTRATION by mail til AUGUST 6, 1998
REGISTRATION; 7:00 A.M.to 7:45 on RACE DAY
RACE START;

5 MILE; 8 A.M.

Children's 1 Mile; 8:05 A.M.

WHERE: MARTIN LUTHER KING, JR. MEMORIAL AREA

(near waterfall on Canyon Lake 6) East of
MLK Blvd. at E. 22nd Street, LUBBOCK, TEXAS

COURSE: FIVE MILES OUT and BACK ON ASPHALT, TWO
SHORT STEEP HILLS, SEVERAL SMALLER HILLS
Pre-Registration

ENTRY FEE: WTRC MEMBERS \$8; NON-MEMBERS \$12

Race day; \$12 for everyone

T SHIRTS For the First 100 Entries

Children \$4 (Includes T-Shirt)

AGE DIVISIONS:

MEN: 0-12; 13-15; 16-19; 20-29; 30-34;
35-39; 40-44; 45-49; 50-54; 55-59; 60+

WOMEN: 0-12; 13-15; 16-19; 20-29; 30-34;
35-39; 40-44; 45-49 and 50+

AWARDS: Medallions will be awarded to the first 3
and up to 50 percent in each the age groups

RACE DIRECTOR: P.J. Mitchell at 785-5748

FREE FOOD

T-SHIRTS



5 MILE RUN
8:00AM

12 AND UNDER
1 MILE RUN
8:05 AM

Hot Cross RUN

BOYS BIKE

GIRL'S BIKE

Martin Luther King Jr. Memorial Area
(MLK Blvd. and Canyon Lakes Drive by the water fall)
Proceeds will benefit the C.A.R.E. Center
Texas Tech Health Sciences Center

FUN

DOOR PRIZES

AUGUST 8, 1998

CUT HERE AND RETURN BOTTOM PORTION ONLY

Name: _____ () M () F Age as of 8/8/98 _____

Address: _____ City: _____ State: _____ Zip: _____

Day Phone: (_____) _____ Night Phone: (_____) _____ T-Shirt Size: M L XL

EVENT: 5 Mile _____ 1 Mile _____ Athena _____ Clydesdale _____

Race Director: P.J. Mitchell, 806-785-5748 or James Bone, 792-8390

MAIL PRE-REGISTRATION MUST BE RECEIVED NO LATER THAN AUGUST 3, 1998
The first 100 registered participants will receive T-shirts.

Pre-Registration Race Fees: _____ Make checks payable to: West Texas Running Club

WTRC Members: \$8.00 Paid _____

Mail To: GEORGE JURY
5212 44TH STREET
LUBBOCK, TX 79414

Nonmembers: \$12.00 Paid _____

Children (Under 12): \$4.00 Paid _____

Donations: Paid _____ (tax deductible)

Total Paid: \$ _____

ALL RACE DAY REGISTRATIONS WILL BE \$12.00 FOR MEMBERS AND NONMEMBERS

WAIVER STATEMENT-ENTRY NOT VALID IF NOT SIGNED: In consideration of the acceptance of my entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during my participation in these events, or while I am on the premises of these events; and I hereby release and hold harmless any sponsors, promoters, or other persons, or entities associated with these events, including the West Texas Running Club, or their agents or employees, or otherwise. I attest and verify that I am physically fit and have sufficiently trained for competition in these events. For insurance purposes, baby strollers, roller blades and walkman-type radios will not be permitted. I have read the forgoing and certify my agreement by my signature below.

Signature: _____ Date: _____

Parent/Guardian Signature (if under 18 years of age): _____