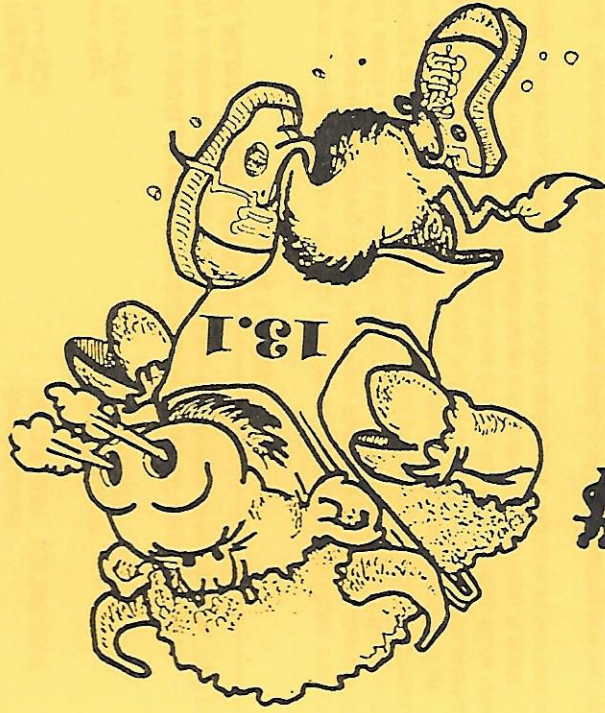


CALENDAR

- * Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT
- NOV. 3 W.T.R.C. Business Meeting, 7pm, 5517 74th, Lubbock
- * NOV. 8 **BUFFALO WALLOW RACES:** BUFFALO SPRINGS LAKE, Half Marathon and 2 Mile, 9am, Ronald Key, Race Director, 747-4678, 794-5833
- NOV. 9 **SAN ANTONIO MARATHON:** FMI call 210-246-9652
- * NOV. 27 **W.T.R.C. TURKEY TROT:** Lubbock, 9 am, MACKENZIE PARK, 10 Mile and 2 Mile, Chris Lonngren, Race Director, 796-0685 (d)
- DEC. 6 **TOYS FOR TOTS 5K:** Lubbock, 9 am, Armed Forces Reserve Center, 1 27 and Regis St., Ron Hillis, Race Director, 797-0303
- DEC. 7 **WHITEROCK MARATHON:** Dallas, (214) 526-5318
- DEC. 12 Club Winter Social: Pot Luck supper, club provides meat
Bailey's Bookstore, 4835 50th Street, 7pm
- * DEC. 13 **REDLINE 4 MILE CROSS COUNTRY:** MAE SIMMONS PARK, Lubbock, 10 am
Marjory Stewart, Race Director, 792-1085(n)
- * JAN. 10 **LOOP THE LAKE 5 MILE RUN:** BUDDY HOLLY PARK, Lubbock, 10 am
Richard Bray, Race Director, 792-2420(w), 792-2820(h)
- JAN. 18 **HOUSTON METHODIST MARATHON:** FMI call (713) 957-3453
- * FEB. 14 **COTTON PATCH RUNS:** FRENSHIP HIGH, Wolfforth, 9am, 4 & 8 Miles,
David Higgins, Race Director, 744-2626(w), 744-8328(h)
- FEB. 15 **MOTOROLA MARATHON:** Austin, FMI call (512)505-8304
- * MAR. 14 **PRAIRIE DOG TOWN RUN:** Mackenzie Park, Lubbock, 4 Miles, 9am
John Trompler, Race Director, 794-1359
- MAR. 28 **THE RACE FOR KIDS 5K:** Tentative, Details Later
- APR. 4 **MARATHON of the GREAT SW:** Abilene, FMI, call, (915) 677-8144
- * APR. 11 **FLIGHT LINE RACES:** Reese AFB, 8am, 2 Mi, 10K, Half Marathon,
Frank Goodman, Race Director, 797-3804(h), 866-4397(w)
- APR. 26 **MEDCOM MARATHON:** San Antonio, FMI, call, (210) 221-3185
- MAY 2 **SPRING SWING RUN:** Lake Ransom Canyon, 1 Mi, Kid's, 8am,
5K/10K, 8:30am, Ron Key, Race Director 747-4678(d) 794-5833(n)
- * MAY 9 **HORSESHOE BEND SPRING FROLIC:** 9am, N. of Slaton, 11, 6 and 2
Mile Races, Richard Fischenich, RD, 792-2696(w), 792-0662(n)
- MAY 23 **LONE STAR PAPER CHASE:** Amarillo, FMI call (806) 345-3451
- * JUNE 13 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE:** Levelland, 8am
10K and 2 Mile, Al Gardner, Race Director, 894-3538
- JUNE 28 **BSL TRIATHLON:**
- * JULY 4 **28th ANNUAL FIRECRACKER RUN:** Brownfield, 8am, 10 Mile and 3
Mile, Children's 1 Mile, Gayle Blackmon/Hopkins, RD, 794-3632

- November 1997 -



Newsletter
P.O. Box 2921
Lubbock, Texas 79408
NOVEMBER 1997



25th ANNUAL BUFFALO WALLOW RACES
Buffalo Springs Lake, Lubbock TX
9am, Saturday November 8, 1997

Details Inside Back Cover

WEST TEXAS RUNNING CLUB

OFFICERS

President - Jim Leser
(H) 794-2474 (O) 746-6101

Internal Vice-President - Marjory Stewart
(H) 792-1085 (O) 743-2153

External Vice-President - Jon Omdahl
(H) 794-7823 (O) 766-0600

Secretary - Gayle Blackmon-Hopkins
(H) 794-3632

Treasurer - David Higgins
(H) 744-8328 (O) 744-2626

Past President - Ron Key
(H) 794-5833 (O) 747-4678

DIRECTORS

Bob Bernero
(H) 793-1667

George Jury
(H) 792-1237 (O) 792-3291

Frank Goodman
(H) 797-3804 (O) 866-4397

Dwayne Oakeley
(H) 799-4473

Brent Tidwell
(H) 795-0391 (O) 795-9537

Mark Wagnon
(H) 791-0365 (O) 792-1014

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.
The WTRC monthly business meeting is held on the 1st Monday of the month, 7:00 p.m. at 5517 74th Street. All members are welcome.

Leser's Lines

I have several items to briefly discuss with you. First, there is a real need to have more club members able to run the computer during races. Right now there are only six or seven that can register and time events with this equipment and only two (George Jury and Ron Key) that have enough knowledge to program races and trouble shoot problems. This puts too much of a burden on too few people. Please call and volunteer to learn this program and help us.

The Buffalo Wallow Races are rapidly approaching. Notice that this is the 25th anniversary of this event, the second 25 year old event we will have celebrated. Fire Cracker Runs was the first. This race has never had a T-shirt but will have a nice one for this year. A great souvenir! And supplies are limited. Please come out and participate. Make sure you promote this race to others.

You will notice that Southwestern Bell Yellow Pages (Swbyp's) is supporting our two club races in November. They are providing enough financial support for us to offer T-shirts at these races. Make sure you thank these folks every time you can. They, like all our sponsors make things happen for our club.

P.J. Mitchell is heading up a committee to put on a December social. Make sure you mark your calendars for Friday, December 12th. This is the night before the Red Line Race. The location will be at Bailey's Bookstore with a potluck dinner. The WTRC Board has agreed to pay for and provide all the meat. I would expect that P.J. will have some fun activities planned for us. More details will follow. This social is not in place of the January social where club Board members are elected and the challenge series awards are presented. More information will follow on this event as well.

WTRC LSD Training Runs

Saturdays at 7:00 a.m. and Sundays: 1st group at 6:00 a.m., 2nd group at 6:30 a.m.; meeting at the Outdoor Center parking lot in MacKenzie Park
For more information call Ron Key at 794-3300 (D) or 794-5833 (N)

WTRC HOTLINE - (806) 792-3293 FOR LOCAL RUNNING EVENT UPDATES

MEMORY WALK/RUNS ALZHEIMER'S ASSOCIATION Lubbock, Texas

September 27, 1997

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1	HAFFIS BANIRE	LUBBOCK	TX	25	M	1	M2029	36:23	5:52
2	CHRIS THOMAS	LUBBOCK	TX	18	M	1	M1619	38:23	6:11
3	MICHAEL BREDEMEIER	LUBBOCK	TX	19	M	2	M1619	38:31	6:13
4	CHAD MCCUTCHEEN	LUBBOCK	TX	21	M	2	M2029	40:02	6:27
5	GEORGE ANDERSON	BROWNFIELD	TX	34	M	1	M3034	40:26	6:31
6	JOHN TROMPLER	LUBBOCK	TX	50	M	1	M5054	41:20	6:40
7	AUGUSTINE GARCIA	LUBBOCK	TX	19	M	3	M1619	41:37	6:42
8	JARROD UPTON	LUBBOCK	TX	18	M	4	M1619	42:42	6:53
9	AL GARDNER	LEVELLAND	TX	41	M	1	M4044	43:25	7:00
10	DWIGHT VARNUM	LUBBOCK	TX	38	M	1	M3539	44:29	7:10
11	NICK HIGHT	LUBBOCK	TX	25	M	3	M2029	45:18	7:18
12	DAVID PAULK	LUBBOCK	TX	30	M	2	M3034	46:28	7:29
13	DWAYNE OAKELEY	LUBBOCK	TX	41	M	2	M4044	46:32	7:30
14	JEFF ANGLER	LUBBOCK	TX	44	M	4	M2029	47:21	7:38
15	DAMON RICHARDS	LUBBOCK	TX	44	M	3	M3034	49:17	7:57
16	STEVE MAXNER	LUBBOCK	TX	31	M	3	M3034	50:47	8:11
17	RICHARD VERRONE	LUBBOCK	TX	30	M	4	M3034	50:48	8:11
18	HAO NGO	LUBBOCK	TX	24	F	1	F2029	52:13	8:25
19	JOHN STALCUP	LUBBOCK	TX	64	M	1	M6099	52:32	8:28
20	JAMES BONE	LUBBOCK	TX	58	M	1	M5559	52:52	8:31
21	MELANIE McVEY	LEVELLAND	TX	36	F	1	F3539	52:57	8:32
22	SONIA AGUIRRE	LUBBOCK	TX	32	F	1	F3034	53:06	8:33
23	PETER FLORES	LUBBOCK	TX	33	M	5	M3034	55:21	8:55
24	JIM WILHELM	LUBBOCK	TX	46	M	1	M4549	55:50	9:00
25	MIKE KELLEY	LUBBOCK	TX	48	M	2	M4549	57:07	9:12
26	CURRIE HOOT	LUBBOCK	TX	23	F	2	F2029	1:01:28	9:54
27	JESSICA ALVAREZ	LUBBOCK	TX	23	F	3	F2029	1:02:15	10:02
28	ALICIA WIDNER	LUBBOCK	TX	23	F	4	F2029	1:02:16	10:02
29	ROBERT EARNEY	LUBBOCK	TX	48	M	3	M4549	1:03:13	10:11
30	DON LUCAS	LUBBOCK	TX	43	M	4	M4044	1:21:07	13:04

2 MILE OVERALL RESULTS

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1	HOPE JIMENEZ	LAMESA	TX	13	F	1	F1315	13:54	6:57
2	STEVEN DALLAS	LUBBOCK	TX	38	M	1	M3539	15:22	7:41
3	KENNETH KINZENBAW	LUBBOCK	TX	9	M	1	M0112	15:30	7:45
4	SHAWNA THOMAS	LUBBOCK	TX	13	F	2	F1315	15:33	7:47
5	LARRY BURELSMITH	LUBBOCK	TX	48	M	1	M4549	15:53	7:57
6	BRITTA SWANSON	LUBBOCK	TX	25	F	1	F2029	15:56	7:58
7	JASON SOKUP	LUBBOCK	TX	21	M	1	M2029	16:15	8:08
8	ASHLEY NORTON	CLYDE	TX	10	F	1	F0112	16:24	8:12
9	BILL HOPKINS	LUBBOCK	TX	44	M	1	M4044	17:52	8:56
10	MARGARITA JIMENEZ	LAMESA	TX	8	F	2	F0112	18:14	9:07
11	KAREN FREED	LUBBOCK	TX	39	F	1	F3539	19:33	9:47
12	BERKELLEY WILLIAMS	LUBBOCK	TX	23	F	2	F2029	20:23	10:12
13	DORIS STALCUP	LUBBOCK	TX	62	F	1	F5099	23:29	11:45
14	GILBERT AUVEUNG	LUBBOCK	TX	40	M	2	M4044	23:43	11:52

CLUB MEMBER NEWS

Congratulations to the Todd Whaiens' of Floydada, who had a daughter born September 23, 1997.
Former members who have recently rejoined are Ron Seal of Lufkin and Joe Post of Austin. Welcome back!!!
Tim Key completed the IRONMAN TRIATHLON in 10:10:54! Congratulations!

W.T.R.C. 1997 CHALLENGE SERIES STANDINGS AFTER 10 EVENTS MALE

Age	Male (1-12)	MILES	PTS	EVTS	VOL	Age	Male (45-49)	MILES	PTS	EVTS	VOL
8	Ian Stewart	20.2	20	4	*	48	Larry Burelsmith	51.8	49	8	*
11	Justin Houser	4	16	2		46	Mike Dailey	32.4	45	5	
Age Male (13-15)						45	Ken Jernigan	21	40	4	
13	Cody Lass	8.1	14	2		48	Mike Keiley	35.2	38	6	*
Age Male (16-19)						48	Frank Earney	38.8	37	7	*
17	Joshua Salazar	31.1	37	5	*	45	Fred Weber	13.1	35	4	
17	Chris Thomas	16.1	33	4		46	Ronnie Prigg	5.1	19	2	
16	Travis Perez	16	30	3		45	Rich Titus	8.1	19	2	
18	Jay Truitt	12	29	3		48	Darrell Phillips	16.2	18	2	
18	Trey Jernigan	13	25	3		46	Jim Wilhelm	20	18	3	*
16	Matt Ladd	6.1	8	2		49	Rodger Mitchell	16.1	13	3	
17	Juan Jimenez	35.1	0	4	*	49	Tony Aleman	69.9	0	9	*
Age Male (20-29)						Age Male (50-54)					
29	Tim Key	30	28	4	*	53	Richard Bray	73.5	63	9	**
25	Nick Hight	11.2	16	2		50	Jim Lesser	53.4	60	7	*
27	Jason Johnson	10.2	14	2		50	Frank Goodman	69.8	60	8	**
Age Male (30-34)						50	James Livermore	68.5	60	9	*
34	Mike Lass	27.4	29	5		50	Richard Fischenich	70.5	56	8	**
30	Richard Verrone	14.2	21	3		54	Robert Guajardo	21.2	49	5	
31	Luis Nevarez	12	18	2		50	John Tompler	39.4	48	6	*
31	Steve Maxner	11.2	14	2		53	Ron Hillis	30.3	39	7	*
Age Male (35-39)						50	Ron Nugent	62.3	31	8	*
38	Chris Lonngren	61.6	74	9		54	Ron Key	70.7	31	9	*
39	Tom West	69.7	66	9	*	54	Ron Lubowicz	27.2	18	3	*
39	Russel Martin	35.4	61	8		53	Richard Lampe	8	9	2	
39	Chuck Johnson	43.2	35	6	**	51	Jon Omdahl	21.2	9	4	*
36	Jeffrey Jury	25	31	4		51	Joe Martinez	21.2	7	3	*
36	Shawn Bean	31.4	25	5		Ken McEachern	25.5	0	3	*	
38	Dwight Varnum	18	24	3		Age Male (55-59)					
36	Bob Jackson	10.2	20	2		58	Bill Roger	57.5	64	8	*
36	Ron Hewett	5.1	19	2		57	James Bone	56.6	59	9	*
36	Todd Whalen	14.1	17	4		55	Jim Harris	23.1	57	7	*
39	Wade Wilson	12.4	11	2		54	Bob Bernero	65.7	39	10	*
Age Male (40-44)						56	Larry Byrd	52.5	37	7	*
41	Randy Wolcott	51.8	84	9		56	Robert Broselow	15.2	27	3	
41	Al Gardner	75.9	65	9	**	56	Wallace Dean	13	25	3	
40	Brent Tidwell	36.2	57	6		55	Bo Minnis	5.1	17	2	
41	Dwayne Oakeley	67.8	47	9	**	Age Male (60-99)					
44	David Higgins	68.8	47	10	**	64	John Stalcup	34.4	59	7	*
40	Mike Flores	30.2	36	5	*	60	Ralph Wolf	14.1	39	3	
41	Jackie Cannon	16.1	36	5		60	Jimmy Key	34.2	36	5	*
42	David Elder	43.3	31	7	*	60	Thomas Word	5.1	18	2	*
42	Jimmy Samarron	14.2	29	3		66	Hugh Haynes	17.2	7	2	*
43	Frank Sumpter	18.1	28	4	*	60	George Jury	80.9	0	10	**
42	Glen Lowe	15	25	4		Age Male (60-99)					
42	Steve Nieman	13	23	3		64	John Stalcup	34.4	59	7	*
42	Mark Wagnon	15	20	2		60	Ralph Wolf	14.1	39	3	
40	Mickey Davis	29.2	18	5	*	60	Jimmy Key	34.2	36	5	*
43	Adam Andrews	31.4	16	6	*	60	Thomas Word	5.1	18	2	*
44	Rusty Ladd	35.8	15	5	*	66	Hugh Haynes	17.2	7	2	*
44	Robert Fortney	10.1	12	3		60	George Jury	80.9	0	10	**
44	Damon Richards	17.2	10	2	*	Age Male (60-99)					
41	Weldon Kob	11.2	9	2	*	64	John Stalcup	34.4	59	7	*
	David Skelton	42.4	0	6	*	60	Ralph Wolf	14.1	39	3	

*Vol **Race Dir

W.T.R.C. 1997 CHALLENGE SERIES STANDINGS AFTER 10 EVENTS FEMALE

Age	Female (1-12)	MILES	PTS	EVTS	VOL	Age	Female (35-39)	MILES	PTS	EVTS	VOL
8	Margarita Jimenez	25.1	38	6	*	35	Melanie McVey	22.2	49	5	
11	Heather Cannon	7.1	25	3		38	Marjory Stewart	28	40	4	
10	Veronica Jimenez	34.3	9	5	*	35	Jenna Wolcott	28.3	36	5	*
Age Female (13-15)						39	Michelle Jones	12.2	19	2	
13	Hope Jimenez	24	59	6		37	Gayle Blackmon-Hopk	26.2	0	2	**
15	Mary Lou Jimenez	31.1	36	6	*	Age Female (40-44)					
13	Shawna Thomas	8	28	3		43	Shirley Wigley	51.6	80	8	
13	Kyrtle Lowe	12.1	26	3		44	Cheryl Weber	13.1	38	4	
Age Female (16-19)						43	Pam Hillis	10.1	26	3	
16	Tara Jernigan	17	40	4		Age Female (45-49)					
Age Female (20-29)						46	Josie Aleman	44.2	79	10	*
26	Michele Croak	8	20	2		48	Etta Mayer	53.5	69	7	
26	Christie Hodge	9	16	2		45	Sue Houser	13	25	4	*
Age Female (30-34)						Age Female (50-99)					
34	Marsha Bennett	52.5	56	7	*	52	P. J. Mitchell	67.6	20	9	**
33	Jill Williamson	42.1	40	4			Maurine Bray	16	0	2	*
31	Vickie Fischenich	28.3	30	5	*		Eva Martinez	16.2	0	2	*
32	Sonia Aguirre	15.2	30	3		Age Female (50-99)					
32	Kimberly Wrightson	14.2	29	3		52	P. J. Mitchell	67.6	20	9	**
33	Molly Santese	19.1	9	2	*	Age Female (50-99)					

*Vol **Race Dir

RED RAIDER ROAD RACE CRITIQUE

As race director I have given a pretty complete report in the results section, but frankly I am disappointed in the lack of support by club members. I was left high and dry by the pull out of the student group who usually have manned the two water stops and monitored the corners and intersections. I did not know for sure where I would put club members until race morning. We had to do without split timers in order to put folks at the most strategic areas on the course. I am also wondering why more members chose to stay at home in bed instead of coming out to support the race in some way.

Another aspect of lack of support is the failure of club members to register early, especially when you were offered the reduced entry fee to do so. If one was not certain of the ability to participate, why not register early anyway and withhold payment until packet pick up? We offer late raceday registration mainly for the convenience of out of town guests. Race day this year brought 35 people to the registration table. About 20 of these arrived at 7:25 when the cut off time was 7:30! Apparently you do not understand the pressure that is put on those few of us who are willing to serve you in operating the computer. Do you think we are paid to do this???

When the announced starting time is 8 am, I feel it is imperative that we start at that time. The only reason we can't meet that deadline is because of latecomers. If we are to continue to have a race of this magnitude, more people are going to have to make a commitment early to help the race director, so that he can divide up the responsibilities. He can't just wait until the week before the race and see who is injured or just doesn't feel like running to get a lot of the work done, although it is appreciated when folks step forward in the last week when they see they are going to be available. There were only two glitches on race day, other than the late entry problems. The first was our inability to mark the two start lines as planned because of the pre dawn dampness. We are not even allowed to use chalk on the campus streets and the tape would not have stuck to the pavement. The most annoying thing was the presence of an arrogant bandit, who had been warned that if he chose to run the course that he was to veer off the street well ahead of the finish, but instead he charged right through the finish chute. A race bandit is a thief! He steals the use of an accurately measured course, and the time of many volunteers, as well as he distracts from the true leader of the race in this case, as well as from all those who paid an entry fee. To Tim Key, I apologize for that.

OUR SPONSORS



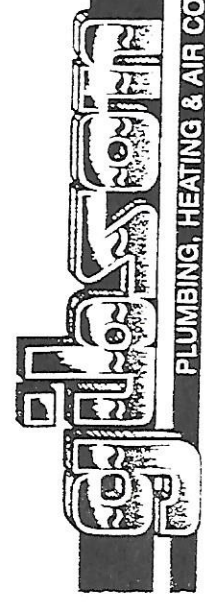
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WEST TEXAS RUNNING CLUB'S
25th ANNUAL BUFFALO WALLOW
HALF MARATHON and 2 MILE RACES

Sponsored by SWBYP's

THE MOST CHALLENGING HALF-MARATHON COURSE IN TEXAS
USA TRACK & FIELD Certified, #TX93078ETM

EVENT # 11 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, NOVEMBER 8, 1997

PRE-REGISTRATION by mail or phone prior to Nov. 7th
REGISTRATION: 8:00 to 8:45 A.M., On Site

RACE START: 9:00 A.M.

Please park in the church parking lot
for registration

WHERE: BUFFALO SPRINGS LAKE

East of Lubbock on FM 835 (50th Street) then South
on FM 835 to entry gate.

An entry fee of \$1.00 per person is required to
enter BUFFALO SPRINGS LAKE PARK

COURSE: ASPHALT ROAD ALL THE WAY; THE TWO MILE COURSE IS
OUT and BACK, FLAT

THE HALF MARATHON IS A DOUBLE LOOP OF THE LAKE
WITH 3 CHALLENGING HILLS

AID STATIONS: At 2.5, 5, 7, 9.3 and 11.5 MILES
Splits at 1 and 5 Miles

AGE DIVISIONS:

MEN: 0-19; 20-29; 30-34; 35-39; 40-44; 45-49;
50-54; 55-59; 60 Plus

WOMEN: 0-19; 20-29; 30-34; 35-39; 40-44; 45-49, 50 Plus

(Special 0-12, 13-15 & 16-19 age groups in the 2 Mile)

AWARDS: A UNIQUE "Buffalo" MEDAL WILL BE AWARDED to at least
the first three finishers in THE AGE GROUP DIVISIONS
DESCRIBED ABOVE and up to 50% of each group

Commemorative T Shirts to first 100 registrants
ENTRY FEE: W.T.R.C. MEMBERS \$8.00 (\$5 without shirt)
OTHERS \$10.00

RACE DIRECTOR: Ronald Key, 794-3300(D) 794-5833(N)

Old SWBYP's directories are to be brought for recycling