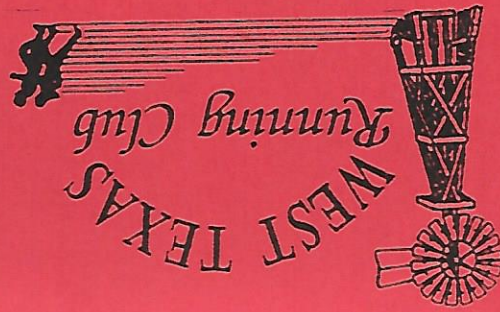


CALENDAR

- * Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT
- * JULY 4 **28th ANNUAL FIRECRACKER RUN:** Brownfield, 8am, 10 Mile and 3 Mile, Children's 1 Mile, Gayle Blackmon/Hopkins, RB, 794-3632
 - JULY 4 4th on BROADWAY 1 MILE FUN RUN: FMI, call YWCA at 792-2723
 - JULY 5 **ALIEN CHASE 10K/5K:** Roswell, 7am, FMI, 505-624-8830
 - JULY 12 **ONE HOUR RUN:** Amarillo, 7:30am, Terry Sheldon, 806-353-8902
 - JULY 26 **OLD SETTLER'S 5K:** Hico, 8:30am, Sherill Johnson, 817-796-4785
 - * AUG. 9 **HOT DAM 5 MILER:** Canyon Lake 6, Lubbock, (also 1 Mile Child-dren's Run) 8:00 am, P.J. Mitchell, Race Director, 794-0135
 - AUG. 23 **FLOYD COUNTY FAIR 5K:** Lockney, 8:30am, Mike Lass, 652-1309
 - SEPT 6 **H.O.S.T. RUN FOR RECYCLE:** Hobbs, 8am(MDT), 1 Mile, 5K & 10K, Call (505) 392-3971
 - SEPT 6 **HILLCREST ZOO TROT:** 10K/5K, Clovis, 8am, 505-769-9775
 - * SEPT 13 **SHALLOWATER STAMPEDE:** 10K and 2 Mile, 8:00 am, Shallowater High School, Dwayne Oakeley, Race Director, 799-4473
 - SEPT 20 **MAYORS HALF MARATHON:** Amarillo, 8am, FMI, 806-378-3036
 - SEPT 27 **MEMORY RUN/WALK:** Alzheimer's Benefit, BUDDY HOLLY PARK, 8am, 5K Run, FMI call Bob Bernero, 793-1667
 - SEPT 28 **DUKE CITY MARATHON:** Allbuquerque, also Half Marathon, 5K Run & 5K Walk, FMI call 505-890-1018
 - OCT 4 **RACE FOR THE CURE 5K:** Amarillo, 8am, 806-359-4673
 - * OCT. 11 **RED RAIDER ROAD RACE: 5K and 10K, 8am,** Lubbock, TTU, FMI call George Jury, 792-3291(d), 792-1237(n)
 - OCT. 18 **RED RIBBON RUN:** 5K and 1 Mile, 8:30am, BUDDY HOLLY PARK, FMI call Dwight Varnum, 742-1997 x305 (d), 798-0415 (n)
 - OCT. 25 **PUNKIN DAYS 5K:** Floydada, 9am, Julianne Cornelius, 983-2982
 - * NOV. 8 **BUFFALO WALLOW RACES:** BUFFALO SPRINGS LAKE, Half Marathon and 2 Mile, 9 am, Ronald Key, Race Director, 747-4678, 794-5833
 - * NOV. 27 **W.T.R.C. TURKEY TROT:** Lubbock, 9 am, MACKENZIE PARK, 10 Mile and 2 Mile, Details Later
 - DEC. 7 **WHITEROCK MARATHON:** Dallas, (214) 526-5318
 - * DEC. 13 **REDLINE 4 MILE CROSS COUNTRY:** MAE SIMMONS PARK, Lubbock, 10 am Marjory Stewart, Race Director, 743-2153(d), 792-1085(n)



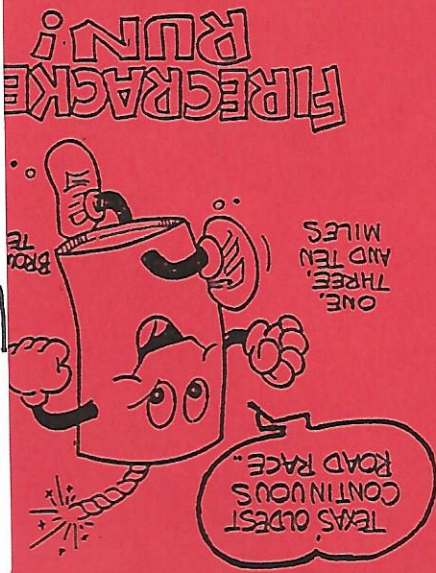
Newsletter
P.O. Box 2921
Lubbock, Texas 79408

28th ANNUAL FIRECRACKER RUNS

Friday, July 4th, 1997
Late registration: 7:00-7:45 am
Races Start: Children's 1 mile - 7:40 am
3 & 10 mile - 8:00 am

Terry County Park, Brownfield, Texas
From Lubbock on Hwy. 62, go to the last
stoplight, turn left on Buckley St. To Old Lamesa Rd.,

July 1997



WEST TEXAS RUNNING CLUB

OFFICERS

President - Jim Leser
(H) 794-2474 (O) 746-6101

Internal Vice-President - Marjory Stewart
(H) 792-1085 (O) 743-2153

External Vice-President - Jon Omdahl
(H) 794-7823 (O) 766-0600

Secretary - Gayle Blackmon-Hopkins
(H) 794-3632

Treasurer - David Higgins
(H) 744-8328 (O) 744-2626

Past President - Ron Key
(H) 794-5833 (O) 747-4678

DIRECTORS

Bob Bernero
(H) 793-1667

George Jury
(H) 792-1237 (O) 792-3291

Frank Goodman
(H) 797-3804 (O) 866-4397

Dwayne Oakeley
(H) 799-4473

Brent Tidwell
(H) 795-0391 (O) 795-9537

Mark Wagnon
(H) 791-0365 (O) 792-1014

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.
The WTRC monthly business meeting is held on the 1st Monday of the month, 7:00 p.m. at 5517 74th Street. All members are welcome.

Leser's Lines

Having just returned from Europe and The Powerman long distance duathlon world championship in Switzerland, and finding my life terribly busy playing catch-up at work and at home, I have elected to pirate the essence of an article that appeared in the latest issue of the magazine, *Bicycling*. It asked the question: Do we train to race, or race to train?

When we race, we put our money on the table, go through our pre-race rituals with accompanying anxiety, toe the starting line and then put ourselves through an ordeal that ends only after we cross the finish line. How can so much pain be so much fun? One reason, and perhaps the best is that it puts a purpose behind our training. We wouldn't run as much, or perform as well without a goal in front of us. The elite runners train to race. They train to win or at least place high in the rankings. We on the other hand, realize that we will never go to the Olympics or run a 2.12 marathon. No matter how hard we try, no matter how much sweat goes into training, our genetics conspire to prevent us from achieving these lofty goals targeted by the elite's.

We may never win the race or the big prize, we are still happy to cross that line, exhausted, but pleased with our performance. We run with the realization that we have something special, the ability and motivation to push ourselves beyond the neighborhood, beyond that first mile, perhaps to run a 5K or even a marathon. We run because it makes us feel good and races provide a measure by which we can rate our training efforts. But most of all, races provide a venue for runners of all abilities to come together and share in an activity we all have come to love. *Jim Leser*

WTRC HOTLINE - (806) 792-3293 FOR LOCAL RUNNING EVENT UPDATES

BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE 2 Mile and 10K Road Races Levelland, Texas June 14, 1997 8:00 A.M.

PLACE	NAME	TOWN	ST	DIV	RESULTS	PLACE	AG	S	TIME	PACE
1	BOB JACKSON	HOBBS	NM	1	M3539	38	M		34:57	5:38
2	JIMMY SAMARRON	LEVELLAND	TX	1	M4044	42	M		40:02	6:27
3	IVAN DEANDA	LOVINGTON	TX	2	M3539	39	M		40:36	6:33
4	CHRIS LONNGREN	LUBBOCK	TX	3	M3539	38	M		42:00	6:46
5	JOHN TROMPLER	LUBBOCK	TX	1	M4549	49	M		42:08	6:47
6	RANDY WOLCOTT	LUBBOCK	TX	2	M4044	41	M		42:28	6:51
7	TOM WEST	LUBBOCK	TX	4	M3539	39	M		43:36	7:02
8	ROBERT GUAJARDO	LEVELLAND	TX	1	M5054	54	M		45:15	7:18
9	DAMON RICHARDS	LUBBOCK	TX	3	M4044	44	M		45:50	7:23
10	FRANK GOODMAN	LUBBOCK	TX	2	M5054	50	M		46:24	7:29
11	RUSSEL MARTIN	LUBBOCK	TX	5	M3539	39	M		47:06	7:35
12	CHUCK JOHNSON	SHALLOWATER	TX	6	M3539	39	M		48:22	7:48
13	SHIRLEY WIGLEY	LUBBOCK	TX	1	F4044	43	F		48:52	7:52
14	DAVID ELDER	LUBBOCK	TX	4	M4044	43	M		48:56	7:53
15	RICHARD BRAY	LUBBOCK	TX	3	M5054	53	M		49:05	7:54
16	DARREL PHILLIPS	LUBBOCK	TX	2	M4549	48	M		49:22	7:57
17	STEVE WOHLRAB	LUBBOCK	TX	5	M4044	41	M		49:25	7:58
18	SHAWN BEAN	LUBBOCK	TX	7	M3539	35	M		49:34	7:59
19	JAMES LIVERMORE	LUBBOCK	TX	4	M5054	50	M		49:41	8:00
20	MIKE LASS	LOCKNEY	TX	1	M3034	34	M		50:33	8:09
21	RON NUGENT	LUBBOCK	TX	5	M5054	50	M		52:25	8:27
22	JOHN STALCUP	LUBBOCK	TX	1	M6099	63	M		52:33	8:28
23	RON KEY	LUBBOCK	TX	6	M5054	53	M		53:18	8:35
24	MIKE KELLEY	LUBBOCK	TX	3	M4549	48	M		53:51	8:41
25	BOB BERNERO	LUBBOCK	TX	1	M5559	55	M		57:36	9:17
26	LARRY BURELSMITH	LUBBOCK	TX	4	M4549	47	M		58:18	9:24
27	ETA MAYER	LUBBOCK	TX	1	F4549	47	F		59:28	9:35
28	FRANK EARNEY	LUBBOCK	TX	5	M4549	48	M		59:58	9:40
29	RUSTY LADD	LUBBOCK	TX	6	M4044	44	M		1:02:20	10:03
30	ADAM ANDREWS	LUBBOCK	TX	7	M4044	43	M		1:04:19	10:22
31	MARSHA BENNETT	LUBBOCK	TX	1	F3034	33	F		1:07:51	10:56
32	MICHELLE JONES	LUBBOCK	TX	1	F3539	39	F		1:17:05	12:25

TWO MILE OVERALL RESULTS

PLACE	NAME	TOWN	ST	DIV	RESULTS	PLACE	AG	S	TIME	PACE
1	JAY TRUITT	LOVINGTON	NM	1	M1619	19	M		10:10	5:05
2	MIGUEL LIRA	BROWNFIELD	TX	2	M1619	16	M		10:26	5:13
3	TRAVIS PEREZ	LUBBOCK	TX	1	M1315	15	M		10:57	5:29
4	RENE GONZALEZ	LEVELLAND	TX	1	M3034	32	M		11:52	5:56
5	MICHAEL BOX	HOBBS	NM	2	M1315	15	M		12:00	6:00
6	LACI JACKSON	HOBBS	NM	1	F1315	15	F		12:30	6:15
7	GEORGE ANDERSON	BROWNFIELD	TX	2	M3034	33	M		12:32	6:16
8	JIM HARRIS	HOBBS	NM	1	M5054	54	M		13:41	6:51
9	CHRIS TREVINO	LUBBOCK	TX	3	M1315	15	M		13:53	6:57
10	MATT LADD	LUBBOCK	TX	3	M1619	16	M		13:54	6:57
11	FEDERICO GAMBOA	LUBBOCK	TX	4	M1315	15	M		14:23	7:12
12	JUNIOR MENDOZA	LEVELLAND	TX	1	M3539	39	M		14:54	7:27
13	CODY LASS	LOCKNEY	TX	1	M1012	12	M		14:55	7:28
14	JAMES BONE	LUBBOCK	TX	1	M5559	57	M		15:41	7:51
15	MELANIE MCVEY	LEVELLAND	TX	1	F3539	35	F		15:49	7:55
16	MARITZA GAMBOA	LUBBOCK	TX	1	F2029	20	F		16:46	8:23
17	JOSIE ALEMAN	LUBBOCK	TX	1	F4549	46	F		18:37	9:19
18	CARLOS LOZOYA	LUBBOCK	TX	1	M0109	6	M		26:49	13:25

+ = New Member
(Race report on page 8)

THE DASH AGAINST DRUG ABUSE

THREE MILE and SIX MILE ROAD RACES
Lubbock, Texas
May 17, 1997

6 MILE OVERALL RESULTS

PLACE NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1 BRENT TIDWELL	LUBBOCK	TX	39	M	1	M3539	37:09	6:12
2 MARJORY STEWART	LUBBOCK	TX	38	F	1	F3539	40:38	6:47
3 TOM WEST	LUBBOCK	TX	39	M	2	M3539	40:51	6:49
4 BILL CARPENTER	LUBBOCK	TX	28	M	1	M2029	41:40	6:57
5 RICHARD FISCHENICH	LUBBOCK	TX	49	M	1	M4549	42:25	7:05
6 DWAYNE OAKELEY	LUBBOCK	TX	40	M	1	M4044	44:07	7:22
7 MIKE DAILEY	LUBBOCK	TX	45	M	2	M4549	44:29	7:25
8 DWIGHT VARNUM	LUBBOCK	TX	38	M	3	M3539	45:11	7:32
9 RICHARD BRAY	LUBBOCK	TX	53	M	1	M5054	45:43	7:38
10 DAVID HIGGINS	LUBBOCK	TX	44	M	2	M4044	46:11	7:42
11 RUSSELL MARTIN	SHALLOWATER	TX	39	M	4	M3539	46:36	7:46
12 STEVE NIEMAN	SHALLOWATER	TX	42	M	3	M4044	47:44	7:58
13 SHAWN BEAN	LUBBOCK	TX	35	M	5	M3539	51:22	8:34
14 SONIA AGUIRRE	LUBBOCK	TX	31	F	1	F3034	51:23	8:34
15 JOHN STALCUP	LUBBOCK	TX	64	M	1	M6099	51:25	8:35
16 JIM WILHELM	LUBBOCK	TX	46	M	3	M4549	54:07	9:02
17 KARA KEHOE	AZLE	TX	30	F	2	F3034	54:59	9:10
18 MARK KEHOE	AZLE	TX	34	M	1	M3034	54:59	9:10
19 LARRY BURELSMITH	LUBBOCK	TX	47	M	4	M4549	56:16	9:23
20 ROBERT EARNEY	LUBBOCK	TX	48	M	5	M4549	57:41	9:37
21 MARSHA BENNETT	LUBBOCK	TX	33	F	3	F3034	58:37	9:47
22 KIMBERLY WRIGHTSON	LUBBOCK	TX	32	F	4	F3034	1:05:44	10:58
23 MICHELLE JONES	LUBBOCK	TX	39	F	2	F3539	1:23:16	13:53

3 MILE OVERALL RESULTS

PLACE NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1 VINCENT SURACE	AMARILLO	TX	32	M	1	M3034	19:35	6:32
2 TIM DODD	LUBBOCK	TX	38	M	1	M3539	22:33	7:31
3 RENDI ROYAL	ABERNATHY	TX	14	F	1	F1315	23:09	7:43
4 BOB BROSELOW	LUBBOCK	TX	56	M	1	M5559	23:20	7:47
5 LARRY GALVAN	LUBBOCK	TX	23	M	1	M2029	24:12	8:04
6 JAMES BONE	LUBBOCK	TX	58	M	2	M5559	24:54	8:18
7 KATHY BLOOM	LUBBOCK	TX	48	F	1	F4549	25:35	8:32
8 DENNIS RAWLS	LUBBOCK	TX	13	M	1	M1315	25:36	8:32
9 JERRY WHITTEN	AMARILLO	TX	53	M	1	M5054	26:25	8:49
10 SHAWNA THOMAS	LUBBOCK	TX	12	F	1	F0112	27:57	9:19

VOLUNTEERS

Club members helping Jim Leser at this race were; Ron Lubowicz, Frank Goodman, Jon Omdahl, Bob Bernero, Maurine Bray and Ron Key.

Helping Bob Bernero at the Johnie Harper Run on race day were; David Higgins, Gayle Blackmon, Ronnie Nugent, Ken McEachern, James Bone, and Chris Longrenn. P.J. Mitchell did most of the pre race work, securing sponsors, door prizes, etc. (Editor's note... P.J. received neck injuries in a car accident while on vacation so has been unable to run as a result.)

W.T.R.C. 1997 CHALLENGE SERIES
STANDINGS AFTER 6 EVENTS

MALE

Age	Male (1-12)	MILES	PTS	EVTS	VOL	Age	Male (40-44) (Cont.)	MILES	PTS	EVTS	VOL
8	Ian Stewart	14	20	3	*	42	Mark Garland	4	1	1	
11	Justin Houser	2	8	1		43	Frank Sumpster	8	0	1	*
15	Travis Perez	6	20	2			David Skelton	15	0	2	*
17	Joshua Salazar	28	1	4	*	47	Larry Burelsmith	31	4	31	4
18	Jay Truitt	7	19	2		48	Mike Kelley	25	2	31	5
17	Chris Thomas	10	16	2		49	Richard Fischernich	43	1	30	4
18	Trey Jernigan	5	10	1		45	Fred Weber	10	27	3	
17	Juan Jimenez	25	1	0	*	48	Frank Earney	18	4	23	3
29	Tim Key	15	18	2		45	Ken Jernigan	13	20	2	
28	Bill Carpenter	6	10	1		46	Mike Dailey	15	18	2	
27	Jason Johnson	4	6	1		48	Jim Wilhelm	10	10	2	*
	Brett Peikert	8	0	1	*	46	Darrell Phillips	6	2	9	1
31	Luis Nevarez	12	18	2		47	David Lightner	5	9	1	
31	Jesse Hilliard	16	27	3		48	David Mangold	4	9	1	
37	Chris Longrenn	5	0	1	*	48	Rodger Mitchell	8	6	1	
39	Tom West	47	3	6		48	Tony Aleman	47	3	0	6
39	Brent Tidwell	47	3	48	6	52	Richard Bray	52	3	42	6
38	Russel Martin	28	1	39	4	50	James Livermore	47	3	41	6
39	Chuck Johnson	19	2	30	4	54	Robert Guajardo	18	2	40	4
36	Jeffrey Jury	33	2	27	5	54	Jim Harris	13	38	4	
38	Bob Jackson	20	21	3		50	Frank Goodman	52	4	35	5
38	Dwight Varnum	10	2	20	2	50	Jim Leser	29	1	30	3
39	Ed Dabrowski	8	15	2		50	Ron Nugent	47	3	28	6
39	Ivan DeAnda	2	10	1		53	Ron Key	43	3	24	5
35	Shawn Bean	6	2	9	1	53	Ron Hillis	13	20	3	
35	Rudy Hernandez	10	2	8	2	51	Jon Omdahl	10	9	2	*
35	Todd Whalen	5	4	1		54	Johnny Scott	2	9	1	
40	Randy Wolcott	4	3	1		54	Ron Lubowicz	11	9	1	
40	Al Gardner	31	4	48	5	53	Raymond Brady	-13	1	8	1
42	David Elder	48	5	33	5	51	Joe Martnez	5	7	1	
40	Dwayne Oakeley	38	3	31	6	53	Jerry Whitten	4	5	1	
40	Mike Flores	34	2	31	5	Ken McEachern	19	3	0	2	*
44	David Higgins	24	27	4	*	57	Bill Roger	36	3	39	5
41	Glen Lowe	48	4	26	6	57	James Bone	36	2	32	6
42	Jimmy Samarron	13	21	3		54	Bob Bernero	38	3	32	6
42	Mark Wagnon	12	2	20	2	56	Wallace Dean	13	25	3	
42	Steve Nieman	15	20	2		55	Larry Byrd	31	3	19	4
43	Adam Andrews	11	18	2		59	Ralph Wolf	9	19	2	
41	Jackie Cannon	20	2	16	4	59	Jimmy Key	23	16	3	*
44	Rusty Ladd	6	16	2		55	Bo Minnis	2	10	1	
41	Weldon Kolb	23	4	15	3	56	Robert Broselow	4	8	1	
44	Damon Richards	11	9	1		58	Mike Greer	4	5	1	
42	Jim Thomas	6	2	8	1	63	John Stalcup	23	2	50	5
42	Barry Moss	2	8	1		60	George Jury	47	3	0	6
40	Mickey Davis	11	5	1			Hugh Haynes	11	0	1	*
		20	4	3	*						

*Vol **Race Dir

W.T.R.C. 1997 CHALLENGE SERIES
STANDINGS AFTER 6 EVENTS

FEMALE

Age	Name	MILES	PTS	EVTS	VOL	MILES	PTS	EVTS	VOL
Age Female (1-12)									
12	Shawna Thomas	6	19	2	2	6	7	1	1
7	Margarita Jimenez	19	18	4	*	11	0	1	*
11	Heather Cannon	2	10	1					
	Veronica Jimenez	25	1	0	3	28	40	4	4
Age Female (13-15)									
13	Hope Jimenez	21	49	5	5	19	2	39	4
14	Mary Lou Jimenez	28	1	27	5	12	19	2	2
15	Tara Jernigan	9	20	2	2	11	0	1	*
13	Krystle Lowe	9	16	2	2	40	60	6	6
14	Rendi Royal	2	10	1	1	10	28	3	3
Age Female (16-19)									
14	Cheryl Weber	44	4	4	4	11	16	3	*
44	Sue Houser	43	4	9	1	4	9	1	1
43	Pam Hillis	40	4	9	1	4	9	1	1
Age Female (20-29)									
26	Michele Croak	8	20	2	2	4	9	1	1
26	Christie Hodge	4	8	1	1	28	50	6	*
Age Female (30-34)									
33	Marsha Bennett	36	3	38	5	32	39	4	4
32	Jill Williamson	32	1	30	3	2	10	1	1
32	Kimberly Wrightson	14	2	29	3	38	3	10	5
31	Sonia Aguirre	4	10	1	1	16	0	2	*
33	Molly Santese	19	1	9	2				

*Vol. **Race Dir.

THIS N THAT

Congratulations to Mary and Dr. John Zias on the birth of a girl on June 11, 1997.

As most of you know, I have been able to run only one race in the past two years for one reason or another. The last malady I have finally overcome is a condition called fibromyalgia which has abated after a course of low dose corticosteroids thanks to my Dr., Randy Wolcott. But.... upon resumption of running I have begun having a yet undiagnosed bilateral knee pain and stiffness that precludes running, so it's biking, swimming and deep water running for me a while longer. Unfortunately I won't be biking for a while as just today, (June 24th), while riding on the wide shoulder out the Brownfield Highway, a car pulling a trailer clipped me and badly bruised and strained my left leg. I know that I am lucky it was not more serious. (GWJ)

THE FIRECRACKER RUN

You will still have plenty of time to Pre-Register, if not by mail, you can phone in to George Jury at 792-1237 before 6 pm on July 3rd. This will assure a whole lot smoother race day registration and get the race started on time. All you have to do then is pay your fee, sign the waiver and your number is already filled out and you're ready to run. At the June 23rd board meeting it was determined that the awards would be given at the following times. Children, 8:05, 3 Mile, 8:35 and 10 Mile at 10am.

JOHNNIE HARPER MEMORIAL RUNS
5 MILE & 2 MILE
MACKENZIE PARK, LUBBOCK, TEXAS

JUNE 7, 1997

5 MILE OVERALL RESULTS

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PAGE
1	TRAVIS PEREZ	BROWNFIELD	TX	15	M	1	M1315	30:18	6:04
2	CHRIS THOMAS	LUBBOCK	TX	18	M	1	M1619	32:35	6:31
3	JOHN TROMPLER	LUBBOCK	TX	49	M	1	M4549	33:19	6:40
4	TOM WEST	LUBBOCK	TX	39	M	1	M3539	33:29	6:42
5	DAVID STEADMAN	LUBBOCK	TX	28	M	1	M2029	33:33	6:43
6	DWAYNE OAKELEY	LUBBOCK	TX	40	M	1	M4044	35:30	7:06
7	MIKE DAILEY	LUBBOCK	TX	45	M	2	M4549	35:56	7:12
8	SCOTT BLUM	AUSTIN	TX	32	M	1	M3034	36:16	7:16
9	CULLEN SHAW	LUBBOCK	TX	14	M	2	M1315	36:47	7:22
10	RUSSEL MARTIN	LUBBOCK	TX	39	M	2	M3539	36:57	7:24
11	BRENT TIDWELL	LUBBOCK	TX	39	M	3	M3539	37:09	7:26
12	HEATHER STERNENBERG	CANYON	TX	26	F	1	F2029	37:42	7:33
13	BILL ROGER	LEVELLAND	TX	58	M	1	M5559	37:58	7:36
14	DAVID ELDER	LUBBOCK	TX	43	M	2	M4044	38:33	7:43
15	LARRY BYRD	SHALLOWATER	TX	56	M	2	M5559	38:51	7:47
16	BOB BROSELOW	LUBBOCK	TX	56	M	3	M5559	39:24	7:53
17	BRANDON FISHER	LUBBOCK	TX	27	M	2	M2029	40:01	8:01
18	JOHN STALCUP	LUBBOCK	TX	64	M	1	M6099	40:08	8:02
19	RON KEY	LUBBOCK	TX	53	M	1	M5054	41:09	8:14
20	SONIA C. AGUIRRE	LUBBOCK	TX	31	F	1	F3034	41:43	8:21
21	RAYMOND BRADY	LUBBOCK	TX	53	M	2	M5054	42:21	8:29
22	LARRY BURELSMITH	LUBBOCK	TX	47	M	3	M4549	46:37	9:20
23	ROBERT EARNEY	LUBBOCK	TX	48	M	4	M4549	47:38	9:32
24	SUE GIPSON	KERRYVILLE	TX	49	F	1	F4549	48:54	9:47
25	DENNIS RAWLS	LUBBOCK	TX	14	M	3	M1315	49:24	9:53
26	KEITHA WRIGHT	LUBBOCK	TX	27	F	2	F2029	49:54	9:59
27	LAURA HOPPER	LUBBOCK	TX	31	F	2	F3034	49:55	9:59
28	MICHELLE JONES	LUBBOCK	TX	39	F	1	F3539	1:04:09	12:50
29	KELLEY PHARR	LUBBOCK	TX	28	F	3	F2029	1:14:08	14:50

2 MILE OVERALL RESULTS

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PAGE
1	MIGUEL LIRA	BROWNFIELD	TX	16	M	1	M1619	11:04	5:32
2	JOSHUA SALAZAR	LAMESA	TX	17	M	2	M1619	11:29	5:45
3	MACARIO MARTINEZ	BROWNFIELD	TX	18	M	3	M1619	12:36	6:18
4	AL GARDNER	LEVELLAND	TX	40	M	1	M4044	12:57	6:29
5	HOPE JIMENEZ	LAMESA	TX	13	F	1	F1315	13:16	6:38
6	MARK ALBUS	WHITEFACE	TX	40	M	2	M4044	14:13	7:04
7	BOBBY CUNNINGHAM	ABERNATHY	TX	57	M	1	M5559	14:27	7:17
8	TIFFANY ALBUS	WHITEFACE	TX	15	F	2	F1315	15:28	7:44
9	RENDI ROYAL	ABERNATHY	TX	14	F	3	F1315	16:22	8:11
10	MARITZA GAMBOA	LUBBOCK	TX	20	F	1	F2029	17:05	8:33
11	MARGARITA JIMENEZ	LAMESA	TX	8	F	1	F0112	19:31	9:46
12	JOSIE ALEMAN	LUBBOCK	TX	46	F	1	F4549	19:40	9:50
13	TAMARA STREHLI	LUBBOCK	TX	31	F	1	F3034	21:07	10:34
14	DORIS STALCUP	LUBBOCK	TX	62	F	1	F5099	25:16	12:38
15	HAYDEN CALLAWAY	HOUSTON	TX	9	M	1	M0112	28:14	14:07
16	KENNETH KINZENBAW	LUBBOCK	TX	9	M	2	M0112	28:14	14:07
17	HAYLEY CALLAWAY	HOUSTON	TX	6	F	2	F0112	37:04	18:32
18	KELSEY FLETCHER	RANDOLPH AFB	TX	7	F	3	F0112	37:05	18:33
19	LISA POOL	LUBBOCK	TX	35	F	1	F3539	37:15	18:38

AT THE RACES

The LONESTAR PAPER CHASE had at total of 276 finishers in the 4 races, 44 in the Marathon, 70 in the half Marathon, 97 in the 10K and 65 in the 2 Mile. Three of our members were overall winners. Tim Key won the marathon in 3:07:24, Marjory Stewart won the half in 1:34:39, and Jay Truitt the 10K in 33:05. Members results were as follows: (Age Group results not known)

- Marathon
 1) Tim Key 3:07:24
 11) Tom West, 3:36:35
 14) Chris Lonngren, 3:41:34

- Half Marathon
 9) Ivan DeAnda, 1:28:04
 13) Marjory Stewart, 1:34:39
 26) Jeffrey Jury, 1:41:30
 32) David Higgins, 1:47:23
 33) Richard Bray, 1:47:24
 35) Jimmy Key, 1:49:12
 66) Wally Dean, 2:22:36

- 10K
 1) Jay Truitt, 33:05
 26) Frank Goodman, 46:08
 51) Dennis Rawls, 52:49
 73) Bob Bernero, 57:02
 85) Adam Andrews, 1:02:10

- 2 Mile
 2) Jimmy Samarron, 11:44
 16) Bobby Cunningham, 14:16
 39) Patti DeAnda, 17:04
 61) Heather Cannon, 23:47

At the STEAMBOAT SPRINGS, Co. Marathon, Richard Bray turned in a fine 4:02, especially considering the altitude. His daughters, Julie Avery and Laurie Lopez, completed the Half Marathon in 2:30 and 3:30 respectively.

40th ANNUAL ROAD RUNNERS CLUB of AMERICA Meeting

June 5th through 7th, Colorado Springs, Co.
 When I heard that the annual meeting of the RRCA was going to be in Colorado Springs, I planned for our son Brad's vacation to coincide with it so that I could plan to go. I have been to many professional society CE meetings, but wanted to see what a meeting centered around running would be like. Thanks to the club for paying my registration fee. I would hope to bring back some ideas to aid and improve our own club as well as attend the 6 hour session on the RUNSCORE computer race scoring workshop.

A more complete report has been provided to the officers and if any one wants a copy of that summary let me know. The RRCA consists of 600 member clubs representing 150,000 runners. Each of our members is also a member and the main benefits are the insurance coverage and the fine quarterly newsletter "FOOT NOTES".

LOPE REPORT

We had fair weather conditions with a stiff Southeast wind, but overall very nice for running.

Thanks to UNITED SUPERMARKETS for the bananas and oranges. Club members working the race were; George Jury, Bill Roger, Larry Byrd, Tony Aleman, P.J. Mitchell, David Higgins, Ken McEachern, and Robby Timberlake. A special thanks to Bob Bernero for bringing out the water and mile signs. Leveland folks helping me out were; Jim Walker, Brett Paxton, Jim Leggett, Bill Ritchie, Jamie Cross, Mike Milsap and my wife and children.
 Al Gardner

SCHOLARSHIP

Full details of the WTRC/TTU Scholarship are in the May newsletter. Deadline for applications is August 1st. For information or application forms, please call Ron Key or George Jury.

CHALLENGE SERIES

We have reached the halfway point of this year's series. Remember that to be eligible for year end awards a member must have volunteered or run in at least three races. Also, one cannot get both points (by running) and credit as a volunteer at a race, although extra help is always appreciated. The complete challenge rules are in the February Newsletter. If there are any questions about your status, please call Mark Wagnon at 791-0365.

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**TEXAS' OLDEST CONTINUOUS ROAD RACE (Since 1970)
WEST TEXAS RUNNING CLUB'S ANNUAL FIRECRACKER RUNS
BROWNFIELD, TEXAS JULY 4th**

**COURSE RECORDS
10 MILE**

	NAME	TOWN	AGE	TIME	YEAR
19 & Under	Kim Wrinkle	Big Spring	17	55:57	1975
20-29	Jorge Pacheco	Levelland	22	52:34 *	1990
30-34	Lolo Mercado	Lubbock	30	60:24	1990
35-39	Bob Jackson	Hobbs, NM	36	56:56	1995
40-44	Bobby Cunningham	Abernathy	44	58:07	1984
45-49	Jim Leser	Lubbock	49	65:06	1996
50-54	George Jury	Lubbock	50	63:28	1987
55-59	George Jury	Lubbock	55	68:54	1992
60 Plus	Don Sanderson	Tulia	63	76:30	1993

WOMEN

19 & Under	Cari Faver	Muleshoe	16	78:34	1995
20-29	Idalia Casiano	Lubbock	23	67:52	1991
30-34	Marjory Stewart	Lubbock	32	65:30 *	1991
35-39	Caylene Caddell	Lubbock	37	72:30	1989
40-44	Teresa Greer	Lubbock	44	83:06	1995
45-49	P. J. Mitchell	Lubbock	47	86:24	1993
50 Plus					

**3 MILE
MEN**

15 & Under	Carlos Ybarra	Lamesa	15	15:58	1978
16-19	Curtis Conaway	Lubbock	18	14:44	1979
20-29	Dennis Williams	Lubbock	29	14:23 *	1975
30-34	Steve Stallings	Stanton	30	15:02	1982
35-39	Quinn Smith	Grants, NM	35	15:56	1995
40-44	Bob Dunbar	Amarillo	44	16:44	1978
45-49	George Jury	Lubbock	49	17:47	1986
50-54	George Jury	Lubbock	52	17:45	1989
55-59	George Jury	Lubbock	56	19:03	1993
60-64	John Stalcup	Lubbock	60	22:57	1993
65 Plus	Don Sanderson	Tulia	66	21:29	1996

WOMEN

19 & Under	Debra Tinelli	Lubbock	18	20:10	1988
20-29	Isabel Navarro	Brownfield	21	18:21 *	1979
30-34	Isabel Torres	Brownfield	34	21:04	1992
35-39	Josie Aleman	Lubbock	36	22:25	1988
40-44	Sherrill Johnson	Hico	44	20:25	1994
45-49	Arlene Ragan	Midland	48	22:41	1984
50 Plus	P. J. Mitchell	Lubbock	50	24:15	1996

West Texas Running Club
proudly presents

**28th ANNUAL
FIRECRACKER RUNS**

Friday, July 4th, 1997

Late registration: 7:00-7:45 am

Races Start: Children's 1 mile - 7:40 am

3 & 10 mile - 8:00 am

Terry County Park, Brownfield, Texas

From Lubbock on Hwy. 62, go to the last

stoplight, turn left on Buckley St. To Old Lamesa Rd.,

turn right just past the swimming pool.

Entry Fees: Children's 1 mile run - \$1.00, 3 & 10 mile runs - \$5.00 for WTRC members and \$6.00 for non-members. WTRC family maximum registration cost is \$10.00.

Special and unique commemorative medallions. Awards given to the first 3 in each age group to at least 50% of the contestants in each age group as listed below.

3 Mile Run

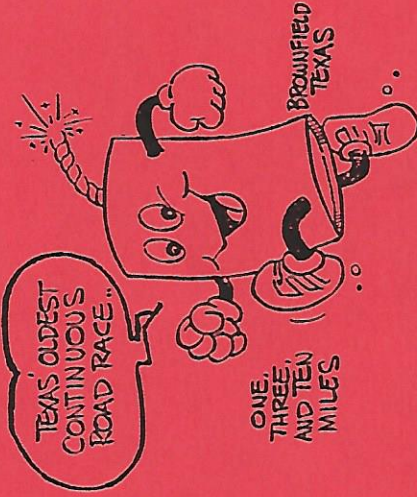
Male	Female
6-9	6-9
10-12	10-12
13-15	13-15
16-19	16-19
20-29	20-29
30-34	30-34
35-39	35-39
40-44	40-44
45-49	45-49
50-54	50-plus
55-59	
60-plus	
	Clydesdale 6-35 and 36-plus
	Athena 6-35 and 36-plus

10 Mile Run

Male	Female
13-19	13-19
20-29	20-29
30-34	30-34
35-39	35-39
40-44	40-44
45-49	45-49
50-54	50-plus
55-59	
60-plus	
	Clydesdale 13-35 and 36-plus
	Athena 13-35 and 36-plus

Children's 1 mile run: grades pre-school through 7th, special commemorative medals for first place boy and girl in each grade. Finish ribbons for the remainder. Grade as of the Fall, 1997.

Contact: Race Director Gayle Blackmon-Hopkins - (806) 794-3632 (day) or Jim Leser - (806) 746-6101 (day) or (806) 794-2474 (night) or



**FIRECRACKER
RUN!**