

# CALENDAR

\* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- DEC. 5 Monthly WTRC Business Meeting, 5517 74th St.
- DEC. 7 TOYS FOR TOTS RUN: I-27 and Regis St., 9am, 5K & 1 Mi. Fun Run, FMI, Sgt. Benavidez, 763-2853
- \* DEC. 14 REDLINE 4 MILE CROSS COUNTRY: MAE SIMMONS PARK, Lubbock, 10 am Marjory Stewart, Race Director, 792-1085
- DEC. 19 AWARDS DESSERT SOCIAL, 7:30pm, 4607 16th, Lubbock (catered)
- \* JAN. 11 LOOP THE LAKE 5 MILE RUN: BUDDY HOLLY PARK, Lubbock, 10 am Richard Bray, Race Director, 792-2420(w), 792-2820(h)
- JAN. 12 HOUSTON METHODIST MARATHON: (713) 864-9305
- \* FEB. 8 COTTON PATCH RUNS: FRENSHIP HIGH, Wolfforth, 9am, 4 & 8 Miles, David Higgins, Race Director, 744-2626(w), 744-8328
- FEB. 16 MOTOROLA AUSTIN MARATHON: SASE to Box 684587, Austin TX 778768
- FEB. 22 COWTOWN MARATHON & 10K: (817) 735-2033
- \* MAR. 8 PRAIRIE DOG TOWN RUN: MACKENZIE PARK, Lubbock, 4 Miles, 9am, Chuck Johnson, Race Director, 743-5700(w), 797-0381(h)
- APR. 6 CAPITOL 10,000: Austin, FMI, call 1-512-445-3598
- \* APR. 12 FLIGHT LINE RACES: REESE AFB, 8am, 2 Mile, 10K, and Half Marathon, Frank Goodman, R. Director, 797-3804(h), 866-4397(w)
- APR. 13 MARATHON OF GREAT SW: Abilene, Box 3137, Abilene, TX 79604
- APR. 19 THE RACE FOR KIDS: Details Later
- MAY 3 SPRING SWING RUN: Lake Ransom Canyon, 1 Mi. Kid's, 8am, 5K & 10K, 8:30am, Ron Key, Race Director 794-5833
- \* MAY 10 HORSESHOE BEND SPRING FROLIC: 8am, N. of Slaton, 11, 6 and 2 Mile Races, Richard Fischenich, RD, 792-2696(w), 792-0662(n)
- MAY 17 DASH AGAINST DRUGS: Location and details later
- \* JUNE 14 BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE: Levelland, 8am 10K and 2 Mile, Al Gardner, Race Director, 804-2599

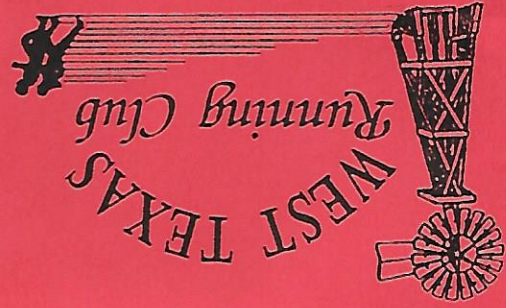
December 1990

Season's Greetings  
from  
The Officers and Directors  
of the  
West Texas Running Club

West Texas Running Club



Newsletter  
P.O. Box 2921  
Lubbock, Texas 79408  
DECEMBER 1996



December W.T.R.C. RACE  
RED LINE CROSS COUNTRY 4 MILE  
10am, Saturday December 14, 1996  
Details Inside back Cover

# WEST TEXAS RUNNING CLUB

## OFFICERS

President - Jim Leser  
(H) 794-2474 (O) 746-6101

Internal Vice-President - Marjory Stewart  
(H) 792-1085 (O) 743-2153

External Vice-President - Jon Omdahl  
(H) 794-7823 (O) 766-0600

Secretary - Gayle Blackmon-Hopkins  
(H) 794-3632

Treasurer - David Higgins  
(H) 744-8928 (O) 744-2626

Past President - Ron Key  
(H) 794-5833 (O) 794-3300

## DIRECTORS

Bob Bernero  
(H) 793-1667 (O) 742-3310

George Jury  
(H) 792-1237 (O) 792-3291

David Lightner  
(H) 793-3484

Dwayne Oakeley  
(H) 799-4473

Brent Tidwell  
(H) 795-9537

Mark Wagnon  
(H) 791-0365 (O) 792-1014

## W.T.R.C. AWARDS ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.

The WTRC monthly business meeting is held on the 1st Thursday of the month, 7:00 p.m. at 5517 74th Street. All members are welcome.

## W. T. R. C. ANNUAL AWARDS SOCIAL

December 19, 1996

Thursday, 7:30-9:00 p.m.  
Steve and Alix Buckley's  
4607 16th, Lubbock

DESSERT WILL BE SERVED

Dress casual, and bring a "white elephant"  
(if you don't have one, do not spend over  
\$5.00 for one).

This will wind up our Shoe & Tee Shirt  
Drive--bring what you wish to donate.

Brent Tidwell, 795-0391 or 789-6537

## The 24th ANNUAL BUFFALO WALLOW RACES NOVEMBER 9, 1996 BUFFALO SPRINGS LAKE, LUBBOCK, TEXAS HALF MARATHON OVERALL RESULTS

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PAGE	Perf
1	ANDY SWITH	LUBBOCK	TX	24	M	1	M2029	1:14:50	5:43	814
2	DANNY HERNANDEZ	LUBBOCK	TX	20	M	2	M2029	1:21:55	6:15	744
3	JAMIE GOOD	LUBBOCK	TX	22	M	3	M2029	1:26:56	6:38	701
4	WAYNE LANGERHENNIG	LUBBOCK	TX	23	M	4	M2029	1:31:24	6:58	666
5	VICTOR HEREDIA	LUBBOCK	TX	28	M	5	M2029	1:31:24	6:58	666
6	STEVE RYAN	LUBBOCK	TX	32	M	1	M3034	1:32:18	7:02	660
7	JOHN TROMPLER	LUBBOCK	TX	49	M	1	M4549	1:32:23	7:03	659
8	RANDY WOLCOTT	LUBBOCK	TX	40	M	1	M4044	1:35:53	7:19	635
9	GERMAN HERNANDEZ	LUBBOCK	TX	32	M	2	M3034	1:37:17	7:25	626
10	AL GARDNER	LEVELLAND	TX	40	M	2	M4044	1:37:30	7:26	625
11	BRENT TIDWELL	LUBBOCK	TX	39	M	1	M3539	1:37:45	7:27	623
12	RICHARD FISCHENICH	LUBBOCK	TX	49	M	2	M4549	1:39:00	7:33	615
13	STEVE NIEMAN	SHALLOWATER	TX	42	M	3	M4044	1:44:32	7:58	583
14	DON SANDERSON	TULIA	TX	66	M	1	M6099	1:44:34	7:59	583
15	MARCUS O'CON	LUBBOCK	TX	25	M	6	M2029	1:44:56	8:00	581
16	DWAYNE OAKELEY	LUBBOCK	TX	40	M	4	M4044	1:45:34	8:03	577
17	LARRY BYRD	SHALLOWATER	TX	55	M	1	M5559	1:47:27	8:12	567
18	JILL WILLIAMSON	LUBBOCK	TX	32	F	1	F3034	1:48:32	8:17	561
19	CLIFFORD CLICK	AMARILLO	TX	62	M	2	M6099	1:49:47	8:22	555
20	FRANK GOODMAN	LUBBOCK	TX	50	M	1	M5054	1:50:03	8:24	554
21	DARREL PHILLIPS	LUBBOCK	TX	48	M	3	M4549	1:50:18	8:25	552
22	BILL ROGER SR.	LEVELLAND	TX	57	M	2	M5559	1:51:53	8:32	544
23	RONNIE NUGENT	LUBBOCK	TX	50	M	2	M5054	1:52:52	8:37	540
24	DAVID HIGGINS	LUBBOCK	TX	44	M	5	M4044	1:53:56	8:41	535
25	CHRISTIE HODGE	LUBBOCK	TX	26	F	1	F2029	1:58:31	9:02	514
26	JAMES LIVERMORE	LUBBOCK	TX	49	M	4	M4549	1:58:43	9:03	513
27	RONALD KEY	LUBBOCK	TX	53	M	3	M5054	2:00:21	9:11	506
28	MIKE GREER	LUBBOCK	TX	57	M	3	M5559	2:06:03	9:37	483
29	JIM WILHELM	LUBBOCK	TX	46	M	5	M4549	2:06:36	9:39	481
30	STEPHEN CREWE	LUBBOCK	TX	21	M	7	M2029	2:14:12	10:14	454
31	JOSELINE BRESTLE	BRECKENRIDGE	CO	57	F	1	F5099	2:16:09	10:23	447
32	RAYMOND BRADY	LUBBOCK	TX	53	M	4	M5054	2:16:10	10:23	447
33	MARSHA BENNETT	LUBBOCK	TX	33	F	2	F3034	2:19:21	10:38	437
34	WALLACE DEAN	AMARILLO	TX	56	M	4	M5559	2:19:40	10:39	436
35	ETTA MAYER	LUBBOCK	TX	47	F	1	F4549	2:27:17	11:14	414

### \* New Age Group Records

### RACE REPORT

Race day was almost perfect for the 24th Buffalo Wallow races. It might have even been a little too warm for the long one. It certainly was pleasant for the workers! We were down in attendance by 15 from last year when the weather was not so pleasant. Who knows why? The hot cider and cookies seemed to be appreciated by the competitors.

Four new age group standards were established beginning with new club member Rebecca Graf matching the 1982 time for 20 year olds in the 2 mile. Frequent participant Sandra Humphrey, from Panhandle, became the first woman over 50 to log a time in the 2 mile and thus now is a record holder!

In the Half Marathon, Don Sanderson smashed the current record and will now hold the 65 to 69 men's record. Joselyn Brestle, a visitor from Breckenridge, Colorado, rewrote the women's 50 and over record by over 5 minutes.

THE 24th ANNUAL BUFFALO WALLOW RACES

Table with columns: PLACE, NAME, TOWN, ST, AG, S, DIV, PLACE, TIME, PACE, Perf. Lists race results for 40 participants including Eli Jah Keter, Greg Zamora, and others.

\* New Age Group Records

Thanks to a great group of volunteers we had good support for the runners. Jim Leser was again Race day director because of a trade out with the FIRECRACKER RUN which he was able to run and because it was supposed to be my turn to run my favorite race. But once again injuries prevented that. A special thanks is due my wife Pat who has missed helping out at this race only a few times since 1979. Other volunteers were; David Elder, Tony Aleman, James Bone, Glen Lowe, Joshua Salazar, and Margarita Veronica, Hope, Mary Lou, J.R. and Mrs. Jimenez, as well as David Skelton. Also thanks to Chris Longgren for the loan of the insulated containers for the cider.
George W. Jury

SAN ANTONIO MARATHON

Club runners among the 1,623 entrants on Nov. 10th, were Jon Omdahl who finished 30th with a 3:41:15, Richard Bray, 4:06:36, Chris Scott, 4:28:59 and prospectively, Sandi and Scott Yarbrough of Levelland with 4:29 and 4:54:25, respectively. P.J. Mitchell and Bob Bernero ran as a team as did Carlos Vigil and a friend.

W.T.R.C. 1996 CHALLENGE SERIES STANDINGS AFTER 11 EVENTS

Large table showing standings for 11 events. Columns include YTD MILES, TOTALS MILES, PTS, EVT, VOL. Lists names and their cumulative performance across various races.

\*Vol. = Race Dr.

Plans are complete for the annual awards social to be held Thursday, December 19th at the home of members Steve and Alix Buckley at 4607 16th St. Marjory Stewart and Mark Wagnon are planning the Challenge Series awards. New officers will be announced and outgoing officers recognized. Desert will be served. A white elephant gift exchange is planned--be prepared!

Upcoming races are the BUFFALO WALLOW Nov. 9th, TURKEY TROT Nov. 28th, the Marine Corps TOYS FOR TOTS RUN on December 7th and the REDLINE CROSS COUNTRY on Dec. 14th. No club member has committed to help with the Toys run. The other races are well organized.

In the absence of a Run for the Arts, the club desires to have a race which emphasizes elementary children's races. It was decided that the annual RACE FOR KIDS would serve as the venue with Marjory Stewart as race director and Mark Wagnon assisting. The date has been set for April 19, 1997, pending approval by ITU authorities. Members are to call Marjory if interested in helping plan or work on this expanded version of her race.

The nominating committee submitted a list for 1997 officers which included all but one current member and two new candidates for Director, Frank Goodman and Chuck Johnson.

A ballot will be inserted in each newsletter for each club member. These will be the only ones available as they will be numbered and no copies allowed.

A preliminary accounting for the RED RAIDER ROAD RACE indicated that, in addition to the two scholarships for \$2,000, approximately \$2,000 would be deposited in the endowment fund.

**LESER'S LINES**

There are a number of issues I would like to discuss with you briefly as my second term as President comes to a close. First I would like to thank all members that have helped make the club a success that it is. Included are Board members, volunteers, and yes, those of you that came out and ran in one or more of our races. Without you we have no club. I would urge you to continue your support and try to enlist the participation of others that have been reluctant or timid about becoming involved. Without new blood, the existing group of volunteers will shrink as burnout occurs. As 1996 comes to a close, we need to be evaluating this year's efforts while planning for next year. If you have any suggestions or constructive criticism, please feel free to call one of your Board members. We need your input.

The election of the 1997 Board takes place in December. Please vote by mailing in the ballot enclosed, or better yet, bring it with you when you come to our Christmas social. I want to personally thank those that made the commitment to again be directors or officers and those that agreed to run for the first time. I know it takes time, and we are all very busy, but if you want professionally conducted running events to continue in the Lubbock area and want to participate in some of these events, you need to find the time to do your share. If you can't be a race director or Board member perhaps you would be willing to serve on a committee?

**MEMBERSHIP RENEWAL**

Membership renewal forms are inserted in this newsletter. We are on the calendar year and the mailing label indicates when your membership expires. Please fill out the forms completely, including telephone numbers so that our membership chairman, Brent Tidwell, can update his data completely. Remember, use a separate form for each member.

**CONGRATULATIONS**

Marc and Dahlia Hood became parents of an 8lb. 10oz. girl born November 13, 1996.

**CROSS COUNTRY WRAP UP**

**DISTRICT MEETS:** Wendy Sullivan was the winner of the 4-3A meet as was Chris Thomas in the 3-5A meet and Mike Sanford in the 2-4A. Josh Salazar finished 3rd in 2-4A. No report on the Jernigan's district meet.

**REGIONAL:** Chris and Mike and Joshua were unable to crack the top ten and make it to state in their tough regional. Wendy Sullivan was 5th at the 3A girls meet. Travis Perez of Brownfield, son of Herbert and Elizabeth, former members, nailed down the last qualifying place as the team, coached by Herbert, finished 3rd to make it to state. His girls finished 2nd to qualify the team. In 2A, Hawley won both team crowns as Trey Jernigan was overall winner and Tara was 9th to qualify as an individual. (top 3 teams and first 10 individuals qualify for state)

**STATE:** Trey Jernigan was 2nd in 2A and Wendy Sullivan was 13th in 3A. Former member, Angela Welsh was 3rd in the 1A meet.

**AT THE RACES**

At the Allsup's races in Clovis, Oct. 19th, Hope Jimenez was the overall winner in the 10K with 44:55, which also included Laurie Lopez, 1:28:55 and Maurine Bray 1:29. In the men's 10K, Jay Truitt was 2nd with a 33:53, and Jim Leser 4th, 36:56, as he set a new age group standard by 34 seconds. Also finishing the 10K were James Bone, 58:25 and Wally Dean, 62:01. Twelve of our members ran the half marathon. P.J. Mitchell, 2:00, and Eva Martinez, 2:08:55, prepped for their trip to New York. Al Gardner led the men with a 5th place time of 1:35:37, followed by Cecilio Santana, 1:39:19, Damon Richards, 1:42:33, Larry Byrd, 1:44:20, Richard Bray, 1:46:31, Bill Roger, 1:54:12, Royce Jones, 1:55:10, Mark Bannister, Sr., 1:58:20, Bob Bernero, 1:59:37, and Rodger Mitchell, 2:08:56. In the 5K, Mary Lou Jimenez was 4th in 23:16, Patti DeAnda, 28:18, and Margarita Jimenez, 30:06. Mark Bannister, Jr. was 4th in 18:10 and Ed Dabrowski had 23:35.

Mile, Veronica Jimenez had an 8:40 and Carolle Mullan an 11:28. Tidwell ran 17:42 to finish 3rd in his age group.

**PUNKIN DAYS 5K**

PLACE	NAME	AGE	SEX	TIME	AGE GROUP	PLACE
01	Hawk Harris	19	M	17:20	1st Overall	
04	Jackie Cannon	30+	M	19:18	1st M40-49	
05	Russell Martin	40+	M	19:25	1st M30-39	
07	Bobby Cunningham	50+	M	19:39	1st M50-59	
08	Dwayne Oakeley	40+	M	19:55	3rd M40-49	
10	Hope Jimenez	12	F	20:04	1st F00-19	
11	Steve Nieman	40+	M	20:21	4th M40-49	
12	Phil Cotham	30+	M	20:30	2nd M30-39	
13	Robert Fortney	40+	M	21:03	5th M40-49	
14	J.R. Jimenez	16	M	21:28	3rd M00-19	
15	Mary Lou Jimenez	14	F	21:39	2nd F00-19	
16	Damon Richards	40+	M	21:47	6th M40-49	
18	Joey Thacker	40+	M	22:11	7th M40-49	
25	Ralph Wolf	50+	M	24:52	2nd M50-59	
30	John Stalcup	60+	M	26:16	M60+	
31	Margarita Jimenez	7	F	26:33	F00-19	
35	Veronica Jimenez	10	F	28:00	F00-19	
39	Marsha Bennett	30+	F	32:20	F30-39	
40	Dee Pena	60+	M	33:03	M60+	
42	Wallace Dean	50+	M	33:09	M50-59	

**NEW YORK CITY MARATHON**

Five of our members and one other Lubbockite participated this year. Eva Martinez posted a 4:52:12 and P.J. Mitchell, Carlos Vigil and John Blackburn also finished, but Ron Key's knee wouldn't hold up so he dropped out at 16 miles (near his hotel) and Rodger Mitchell began having trouble with hypothermia and had to stop at 22 miles.

OUR SPONSORS

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Support the West Texas Running Club by booking your travel through Premier Travel



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Call CHRIS LONNGREN at 798-0685

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MENTION THIS AD FOR THE WTRC SPECIAL

DOZEN FREE COOKIES WITH CATERING OF \$50 OR MORE

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**W.T.R.C. LSD TRAINING RUNS**

Are held Saturdays at 7 A.M. and  
Sundays at 6:30 A.M., meeting at the  
Outdoor Center in MACKENZIE PARK

For information, call Ron Key at  
794-3300(d) or 794-5833(n)

**WEST TEXAS RUNNING CLUB'S  
RED LINE FOUR MILE CROSS COUNTRY RUN**

Final event of the 1996 W.T.R.C CHALLENGE SERIES

**WHEN:** SATURDAY, DECEMBER 14, 1996  
REGISTRATION 9:00-9:45 A.M.  
RACE START AT 10:00 A.M.

**WHERE:** MAE SIMMONS PARK, East 24th St. and MARTIN LUTHER KING AVE. Register in parking lot at the bottom of the hill by the football field. Enter at top of hill by the school

**COURSE:** RUGGED, HILLY, FOUR MILE CROSS COUNTRY

**ENTRY FEE:** W.T.R.C. MEMBERS= \$ 5.00  
OTHERS = \$ 6.00

**PRE REGISTRATION AVAILABLE:** To prevent waiting to sign up race day, send in form or call George at 792-3291 or 792-1237 after 6pm.

**AWARDS:** Will be given to the first Three or up to 50% of the participants in the Divisions

**DRAWING FOR NICE DOOR PRIZES:** Heart Rate Monitors and Other Goodies

**AGE DIVISIONS:**

**MEN** 0-12; 13-15; 16-19; 20-29; 30-34; 35-39;  
40-44; 45-49; 50-54; 55-59; 60 & Over

**WOMEN** 0-12; 13-15; 16-19; 20-29; 30-34;  
35-39; 40-44; 45-49; 50 and Over

**RACE DIRECTOR:** Marjory Stewart, 792-1085

\*\*\*\*\*  
**CHALLENGE SERIES FINALE**

The REDLINE RUN will be the last opportunity for W.T.R.C. Members to volunteer and remain eligible for the Challenge Series awards to be presented at the December 19th meeting, including a 100% cotton long-sleeved T-Shirt to those attaining 66 Mile Club designation. Call Marjory to volunteer at the number above. The Race Director needs to know who can be counted on at least a week in advance.

**Redline 4 Mile Cross Country**

\$5.00 WTRC members, \$6.00 non members  
Registration thru Dec 11  
Make checks payable to the West Texas Running Club  
Mail checks & entry forms to:  
Redline Race  
P. O. Box 2921  
Lubbock, Texas 79408

**Waiver - all entrants must read and sign**  
The West Texas Running Club, agents, or representatives of the same, or any volunteers shall not be responsible for, and shall be saved and held harmless by myself, from and against any and all claims and damages of every kind, for injury to for death of any person or persons and for damages to or loss of property arising out of or attributed to indirectly, to participant in the 1996 Annual Buffalo Wallow Races. This indemnity shall extend to and shall be binding on their heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death, and that proper physical training is necessary prior to such participation. Roller blades, skates, skateboards, strollers, or earphones are strongly discouraged because of the probability of increased injuries.  
This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years of age.

Signature of entrant \_\_\_\_\_  
Signature of guardian(minors) \_\_\_\_\_  
Age \_\_\_\_\_ (on race day) Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Male \_\_\_\_\_ Female \_\_\_\_\_  
Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
Phone Number \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_