

CALENDAR

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

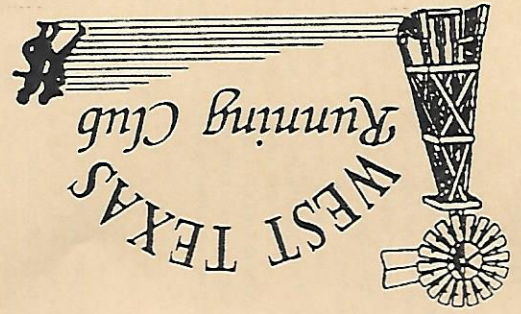
- AUG. 4 **PRUDE RANCH RACES:** Ft. Davis, Half Marathon, 10K, 5K, call Thomas Schneider in Midland at 915-520-7421
- * AUG. 10 **HOT DAM 5 MILER:** Canyon Lake 6, Lubbock, (also 1 Mile Children's Run) 8:00 am, P.J. Mitchell, Race Director, 794-0135
- WTRC Member Pancake Brunch immediately after the race, see page 7 inside for details**
- AUG. 15 **SENIOR SPORTS 5K & 10K:** MACKENZIE PARK, 6 pm, 767-2656
- AUG. 17 **HARVESTFEST 5K RUN/WALK:** Ft. Stockton, FMI (915) 336-5188
- SEPT 7 **HOT RUN FOR RECYCLE:** Hobbs, 1 Mi., 5 & 10K, (505) 392-3971
- * SEPT 14 **SHALLOW WATER STAMPEDE:** 10K and 2 Mile, 8:00 am, Shallowwater High School, Dwayne Oakeley, Race Director, 799-4473
- SEPT 21 **SUSAN G. KOMEN RACE FOR THE CURE:** TTU Campus, Coed 5K, 8:30am Chip Gilmore, 792-1000 or Kathy Gilbreath, 788-4500
- SEPT 28 **TALKING TRASH 5K & 10K:** Cancelled
- SEPT 29 **DUKE CITY MARATHON:** Albuquerque, also 5K & Half Marathon FMI, 505-890-1018 (Entry Forms available at George's)
- * OCT. 5 **RED RAIDER ROAD RACE: 5K and 10K,** 8 am, Lubbock, TTU, Randy Wolcott, Race Director, 793-8869
- OCT. 12 Alzheimer's Benefit Run, Details Later
- OCT. 19 **ALLSUP'S ROAD RACES:** Clovis, 1 Mi., 5K, 10K, Half Marathon, Bob Pitcock, 505-769-2311
- OCT. 26 **PUNKIN DAYS 5K:** Floydada, 9 am, Julianne Cornelius, 983-2982
- * NOV. 9 **BUFFALO WALLOW RACES:** BUFFALO SPRINGS LAKE, Half Marathon and 2 Mile, 9 am, George Jury, Race Director, 792-3291, 792-1237
- NOV. 28 **W.T.R.C. TURKEY TROT:** Lubbock, 9 am, MACKENZIE PARK, 10 Mile and 2 Mile, Joe Martinez, Race Director, 794-7355
- DEC. 1 **WHITEROCK MARATHON:** Dallas, (214) 526-5318
- DEC. 7 **TOYS FOR TOTS RUN:** BUDDY HOLLY PARK, 9am, 5K & 1 Mi. Fun Run, FMI, Sgt. Benavidez, 763-2853
- * DEC. 14 **REDLINE 4 MILE CROSS COUNTRY:** MAE SIMMONS PARK, Lubbock, 10 am Mike Kelley, Race Director, 798-0113
- * JAN. 11 **LOOP THE LAKE 5 MILE RUN:** BUDDY HOLLY PARK, Lubbock, 10 am
- JAN. 12 **HOUSTON METHODIST MARATHON:**
- * FEB. 8 **COTTON PATCH RUNS:** FRENSHIP HIGH, Wolfforth, 9am, 4 & 8 Miles,

August 1996

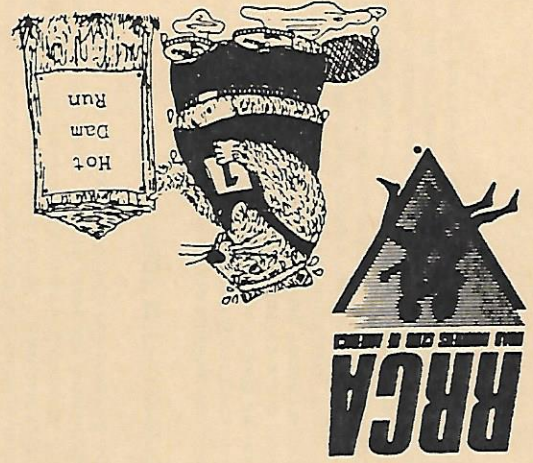
USA Track & Field Certified
8 A.M., August 10, 1996
Details Inside Back Cover



5 miles



Newsletter
P.O. Box 2921
Lubbock, Texas 79408
AUGUST 1996



WEST TEXAS RUNNING CLUB

OFFICERS

President - Jim Leser
(H) 794-2474 (O) 746-6101

Internal Vice-President - Marjory Stewart
(H) 792-1085 (O) 743-2153

External Vice-President - Jon Omdahl
(H) 794-7823 (O) 766-0600

Secretary - Bill Harn
(H) 784-0806 (O) 742-3908

Treasurer - David Higgins
(H) 744-8328 (O) 744-2626

Past President - Ron Key
(H) 794-5833 (O) 794-3300

DIRECTORS

Bob Bernero
(H) 793-1667 (O) 742-3310

George Jury
(H) 792-1237 (O) 792-3291

David Lightner
(H) 793-3484

Dwayne Oakeley
(H) 799-4473

Brent Tidwell
(H) 795-9537

Mark Waggon
(H) 691-0365 (O) 792-1014

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.

The WTRC monthly business meeting are held on the 1st Thursday of the month, 7:00 p.m. at 6517 74th Street. All members are welcome.

27th ANNUAL FIRECRACKER RACE REVIEW

It was another great day for road races in Brownfield this past 4th of July. There were lots of folks from out of town with 164 runners finishing one of the three races. This just missed the record of 168 established in 1988. Three new age group records were set as P.J. Mitchell established a new record in the 3 mile for females 50 or older. Don Sanderson broke John Stalcup's 1993 60 plus age group time set in 1993. I ran the 10 mile for the first time and broke the 45-49 age group record by 3 1/2 minutes set in 1980 by Frank Wright from New Orleans. Jim Wilhelm ran his 16th straight Firecracker 10 mile!

The many volunteers made this race successful. George Jury took over director duties the day of the race to let me try to break my age group record before turning 50. Many thanks George! The other volunteers included: Pat Jury, Jean Leser, Gayle Blackmon, Joe and Eva Martinez, Mike Flores, Bill Harn, Tony Aleman, John Stalcup and the Lowe family. P.J. Mitchell again opened her store with the help of James Bone. We also appreciate the Brownfield Chamber of Commerce. They provided six "Redcoats" and Redskirts" plus two of their children to assist at water stops and in serving post race refreshments. Refreshments included canned soft drinks and Bell ice cream. Hope everyone had a good time! Thanks for coming!
Jim Leser

1996 BUFFALO SPRINGS LAKE TRIATHLON

We used a lot of volunteers (41) to fulfill our agreement with Mike Greer to man the aide stations on the 13.1 mile run of this year's triathlon. Participation was up to over 700 triathletes, making it a busy time for all that helped. I coordinated the water stops through the use of cellular phones and 2-way radios, ferrying around water, ice and other aide station supplies where needed. There were 7 aide stations, each with a team captain. These captains included: Bob Bernero, Mike Flores, Weldon Kolb, P.J. Mitchell, Dwayne Oakeley, Joe Martinez and George Jury at the turnaround. These team captains helped me recruit their aide station volunteers. Most aide stations had 5 volunteers with some as many as nine. Due to lack of space I will only list our club member volunteers but want to thank all for a job well done! We received many compliments. Volunteers included: David Higgins, James Bone, Chris Strathman, Mark Waggon, Vicki Fischenich, Johnny Scott, Michele Jones, Rhonda Kauk, Frank Goodman, Gayle Blackmon, Helen Esquivel, Ken McEachern, John Omdahl and James Livermore. David Preston came over and helped later after finishing his duties on the bike course. Both Dennis Bell and Kevin Lair assisted on other segments of the triathlon course.
Jim Leser

FIRECRACKER RUN TEN MILE OVERALL RESULTS

PLACE	NAME	TOWN	AG	S	DIV	TIME	PACE	Perf
1	BOB JACKSON	HOBBS, NM	37	M	1	M3539	57:08	802
2	ANDREW SMITH	LUBBOCK	24	M	1	M2029	58:37	782
3	STEVEN SPOONMORE	PLAINVIEW	18	M	1	M1619	1:00:09	6:01
4	VICTOR RUDOLPH	MIDLAND	34	M	1	M3034	1:01:38	744
5	LOLO MERCADO	EL PASO	36	M	2	M3539	1:02:43	731
6	BRETT PEIKERT	LUBBOCK	28	M	2	M2029	1:03:27	722
7	HAWK HARRIS	HOBBS, NM	19	M	2	M1619	1:03:55	6:24
8	JIM LESER	LUBBOCK	49	M	1	M4549	1:05:06	704
9	IVAN DEANDA	LOVINGTON, NM	39	M	3	M3539	1:07:11	682
10	MARK TEMPLE	LUBBOCK	33	M	2	M3034	1:09:02	664
11	ALEX STEWART	LUBBOCK	46	M	2	M4549	1:09:20	656
12	BOB TRENCHARD	LUBBOCK	50	M	1	M5054	1:09:49	656
13	CARRI RUSTAD	IRAAN	25	F	1	F2029	1:09:53	656
14	RANDY WOLCOTT	LUBBOCK	40	M	1	M4044	1:11:44	7:10
15	GARY RYON	MIDLAND	40	M	2	M4044	1:12:19	7:14
16	CHRIS THOMAS	LUBBOCK	17	M	3	M1619	1:13:10	7:19
17	AL GARDNER	LEVELLAND	40	M	3	M4044	1:13:13	7:19
18	KEN JERNIGAN	SUNDOWN	44	M	4	M4044	1:13:52	7:23
19	JOHN TROMPLER	LUBBOCK	48	M	3	M4549	1:14:23	7:26
20	RICHARD FISCHENICH	LUBBOCK	49	M	4	M4549	1:14:50	7:29
21	CARLOS PEREZ	BROWNFIELD	20	M	4	M2029	1:15:08	7:31
22	DWIGHT VARNUM	LUBBOCK	38	M	4	M3539	1:15:52	7:35
23	DUANE FRICHTL	URBANA, IL	39	M	5	M3539	1:16:42	7:40
24	FRANK GOODMAN	LUBBOCK	49	M	5	M4549	1:16:59	7:42
25	SYLVIA LEE	IRAAN	38	F	1	F3539	1:17:02	7:42
26	MARK GARLAND	LUBBOCK	42	M	5	M4044	1:17:22	7:44
27	DAVID LIGHTNER	LUBBOCK	46	M	6	M4549	1:17:45	7:47
28	ROBERT LEPARD	MULESHOE	38	M	6	M3539	1:17:53	7:47
29	EDDIE LOPEZ	MIDLAND	59	M	1	M5559	1:18:54	7:53
30	DAVID HIGGINS	LUBBOCK	43	M	6	M4044	1:19:12	7:55
31	CHRIS WHICKER	IRAAN	47	M	7	M4549	1:19:34	7:57
32	CARI FAVER	MULESHOE	17	F	1	F1619	1:19:46	7:59
33	KAY LEPARD	MULESHOE	37	F	2	F3539	1:20:24	8:02
34	ROBBIE TIMBERLAKE	LEVELLAND	48	M	8	M4549	1:21:28	8:09
35	DWAYNE OAKELEY	LUBBOCK	39	M	7	M3539	1:22:01	8:12
36	HERBERT PEREZ	BROWNFIELD	36	M	8	M3539	1:22:38	8:16
37	PAUL LEE	IRAAN	30	M	3	M3034	1:22:44	8:16
38	RONNIE NUGENT	LUBBOCK	49	M	9	M4549	1:23:09	8:19
39	CHUCK JOHNSON	LUBBOCK	38	M	9	M3539	1:23:31	8:21
40	SYDNEY MORRIS	LUBBOCK	25	F	2	F2029	1:25:14	8:31
41	DAVID FAVER	MULESHOE	41	M	7	M4044	1:25:54	8:35
42	RON HILLIS	LUBBOCK	52	M	2	M5054	1:25:59	8:36
43	SHAWN BEAN	LUBBOCK	34	M	4	M3034	1:26:27	8:39
44	BILL ROGER	LEVELLAND	57	M	2	M5559	1:26:39	8:40
45	LARRY BYRD	SHALLOWATER	55	M	3	M5559	1:26:39	8:40
46	KEN MCEACHERN	LUBBOCK	55	M	4	M5559	1:27:16	8:44
47	DAN MANNING	FT. WORTH	38	M	10	M3539	1:27:37	8:46
48	MICKEY DAVIS	LUBBOCK	39	M	11	M3539	1:27:38	8:46
49	RICHARD BRAY	LUBBOCK	52	M	3	M5054	1:27:56	8:48
50	MARK WAGNON	LUBBOCK	41	M	8	M4044	1:29:11	8:55
51	RHONDA EIMERS	MIDLAND	37	F	3	F3539	1:29:48	8:59
52	MIKE GREER	LUBBOCK	57	M	5	M5559	1:30:01	9:00
53	KELLY VELA	LUBBOCK	30	F	1	F3034	1:30:12	9:01
54	BOB BERNERO	LUBBOCK	54	M	4	M5054	1:30:28	9:03
55	RON KEY	LUBBOCK	52	M	5	M5054	1:32:44	9:16
56	CHRISTIE HODGE	LUBBOCK	26	F	3	F2029	1:35:08	9:31
57	MARTY MANUEL	WELLINGTON	23	M	4	M2029	1:35:36	9:34
58	ANDRES SUSTIC	ODESSA	44	M	9	M4044	1:36:51	9:41
59	JAMES LIVERMORE	LUBBOCK	49	M	10	M4549	1:39:37	9:58
60	ADAM ANDREWS	LUBBOCK	42	M	10	M4044	1:48:05	10:49
61	MARSHA BENNETT	LUBBOCK	32	F	2	F3034	1:48:26	10:51
62	JIM WILHELM	LUBBOCK	45	M	11	M4549	1:53:06	11:19

FIRECRACKER THREE MILE OVERALL RESULTS

W.T.R.C.C. 1996 CHALLENGE SERIES
STANDINGS AFTER 7 EVENTS

PLACE	NAME	TOWN	AG	S	DIV	DIV	TIME	PACE	Perf
1	ALAN PIETRUSKI	LUBBOCK	24	M	1	M2029	16:00	5:20	791
2	TREY JERNIGAN	SUNDOWN	18	M	1	M1619	16:47	5:36	754
3	TIM GREEN	LUBBOCK	31	M	1	M3034	17:06	5:42	740
4	FRANK SUMPTER	LAMESA	42	M	1	M4044	17:11	5:44	737
5	HUGO LIRE	BROWNFIELD	15	M	1	M1315	17:31	5:50	723
6	THOMAS GARCIA	BROWNFIELD	16	M	2	M1619	18:16	6:05	693
7	ROLAND DIAZ	PLAINVIEW	17	M	3	M1619	18:31	6:10	683
8	JOHN HAWRONSKY	BROWNFIELD	43	M	2	M4044	18:42	6:14	677
9	DAVID PRESTON	LUBBOCK	30	M	2	M3034	18:47	6:16	674
10	JIMMY SAMARRON	LEVELLAND	41	M	3	M4044	19:09	6:23	661
11	HEATH RIBORDY	LUBBOCK	17	M	4	M1619	19:18	6:26	656
12	TRAVIS PEREZ	BROWNFIELD	15	M	2	M1315	19:22	6:27	653
13	SCOT HAYWARD	LUBBOCK	32	M	3	M3034	19:37	6:32	645
14	ROBERT GUJARDO	LEVELLAND	53	M	1	M5054	19:37	6:32	645
15	GREG KITTEN	PLAIN, KS	44	M	4	M4044	19:43	6:34	642
16	TONY RAMOS	LUBBOCK	20	M	2	M2029	19:58	6:39	634
17	DAVID NOLES	LEVELLAND	35	M	1	M3539	20:03	6:41	631
18	BRYAN WILLIAMS	LUBBOCK	17	M	5	M1619	20:09	6:43	628
19	MAGARIN MARTINEZ	BROWNFIELD	17	M	6	M1619	20:14	6:45	625
20	JUAN MENDEZ	BROWNFIELD	18	M	8	M1619	20:17	6:46	624
21	PEDRO CERDA	PLAINVIEW	16	M	8	M1619	20:22	6:47	621
22	SEBASTIAN RAMOS	LUBBOCK	17	M	9	M1619	20:50	6:57	607
23	TARA JERNIGAN	SUNDOWN	15	F	1	F1315	20:54	6:58	606
24	KRISTIN KITTEN	PLAIN, KS	15	F	2	F1315	21:02	7:01	602
25	TOMMY PARRISH	LUBBOCK	39	M	2	M3539	21:14	7:05	596
26	JOSEPH THOMAS	LUBBOCK	15	M	3	M1315	21:23	7:08	592
27	STEVE TAYLOR	MEADOW	41	M	5	M4044	21:27	7:09	590
28	DAN TINNEY	LUBBOCK	24	M	3	M2029	21:28	7:09	590
29	DON SANDERSON	TULIA	66	M	1	M6099	21:29	7:10	589
30	LESLEY VARDY	WOLFFORTH	18	F	1	F1619	21:39	7:13	585
31	ARMANDO PEREYDA	PLAINVIEW	16	M	10	M1619	21:47	7:16	581
32	JOHN McILVEEN	BROWNFIELD	23	M	4	M2029	21:59	7:20	576
33	DAVID GREGORY	LUBBOCK	45	M	1	M4549	22:16	7:25	568
34	TIM DODD	LUBBOCK	37	M	3	M3539	22:17	7:26	568
35	ROBERT FORTNEY	LUBBOCK	42	M	6	M4044	22:20	7:27	567
36	RAYMOND MENDEZ	PLAINVIEW	13	M	4	M1315	22:22	7:27	566
37	JIM HARRIS	HOBBES, NM	53	M	2	M5054	22:27	7:29	564
38	ED DABROWSKI	EARTH,	38	M	4	M3539	22:34	7:31	561
39	ALLEN VICARS	ABINGDON, VA	31	M	4	M3034	22:48	7:36	555
40	ALAN BUSTER	LUBBOCK	34	M	5	M3034	22:59	7:40	551
41	DAVID MENDEZ	PLAINVIEW	13	M	5	M1315	22:59	7:40	551
42	SKINNY HERNANDEZ	BROWNFIELD	15	F	3	F1315	23:12	7:44	546
43	JACLYN MORIN	BROWNFIELD	17	F	2	F1619	23:37	7:52	536
44	JEREMY HINOJOSA	PLAINVIEW	14	M	6	M1315	23:40	7:53	535
45	ANDY NOVIAN	BROWNFIELD	18	M	11	M1619	23:54	7:58	530
46	P J MITCHELL	LUBBOCK	50	F	1	F5099	24:15	8:05	522
47	JAMES EIMERS	MIDLAND	13	M	7	M1315	24:38	8:13	514
48	DENNIS EIMERS	MIDLAND	43	M	7	M4044	24:38	8:13	514
49	CHRIS TREVINO	LUBBOCK	14	M	8	M1315	24:41	8:14	513
50	CRAIG CORNETT	BROWNFIELD	38	M	5	M3539	24:42	8:14	512
51	PAUL THOMAS	LUBBOCK	15	M	9	M1315	24:51	8:17	509
52	LIANA GUJARDO	LEVELLAND	26	F	1	F2029	25:32	8:31	496
53	MIKE KELLEY	LUBBOCK	47	M	2	M4549	25:35	8:32	495
54	CASSENDR RIVAS	LEVELLAND	23	F	2	F2029	25:42	8:34	492
55	RENEE WEST	BROWNFIELD	27	F	3	F2029	25:43	8:34	492
56	ASHLEE GARDNER	BROWNFIELD	19	F	3	F1619	25:49	8:36	490
57	CHRIS FREI	BROWNFIELD	38	M	6	M3539	25:53	8:38	489
58	BETTY JOHNSON	LUBBOCK	37	F	1	F3539	26:29	8:50	478
59	TODD GROSS	LUBBOCK	26	M	5	M2029	26:33	8:52	476
60	LESLIE GUJARDO	LEVELLAND	24	F	4	F2029	26:41	8:54	474

* = New Age Grand Records

YTD TOTALS
MILES PTSEVTWOL

15	50	5
31.4	45	6
44.2	45	6
22.2	44	5
53.4	41	7**
39.4	34	6*
40.1	24	6*
13	23	4
30.3	22	7**
75.4	19	6**
6.2	10	1
4	7	1
4	7	1
4	6	1
5	2	1
14	0	2*
5	0	1*
5	0	1*
47.3	0	6*
22	65	7
11	20	2
4	10	1
25.1	9	3*
4	8	1
43.1	43	5
28.2	36	5
50.4	37	7*
50.2	35	5**
28.4	34	4
46.3	31	6*
35.2	30	6*
47.3	28	6*
21.1	16	2
4	6	1
44.2	0	6*
43.3	50	5
4	10	1
35.4	59	7*
28.2	56	7*
42.4	43	6
15	26	4**
39	26	4**
40.3	23	4*
22	23	3
26.1	20	5*
28.1	15	3*
40.2	15	5*
22.1	10	3*
5	9	1
33	40	6*
40.2	0	5*
16	0	2*
13.1	0	1*
11	0	1*
44.2	44	6*
33.2	37	5*
46.1	33	5*
19	32	4
15	15	2
2	10	1
5	8	1
47.3	0	6*
40	45	6*
11	30	3
8	10	1
11	0	1*

YTD TOTALS
MILES PTSEVTWOL

21	29	5*
4	10	1
19	40	4
13	27	3
15	26	4*
4	19	2
20.2	50	5
40.1	44	7*
15	37	4
45.4	64	7
27	47	6*
24.4	38	5*
17	32	4
15	28	4
28	22	3
9	20	2
4	20	2
8	13	2
12	20	2
24	26	3
14.2	23	3
5	4	1
8	29	4
15	19	2
6	17	2
6.2	6	1
2	7	1
25.4	50	5
27.1	28	3
7	27	3
10.2	17	2
6	16	2
13	13	3*
4	10	1
15	10	3*
5	8	1
42.3	36	5*
28.2	37	5*
25.2	28	4*
6.2	10	2
13	10	1
4	9	1
32	10	1
4	9	1
37.2	52	7*
47.3	40	6**
63.5	38	7**
60.5	36	7**
22	30	3
28	27	4*
34	26	3
32	25	5**
12	25	4*
7	20	2
51.1	18	6*
15.2	15	3
20.2	15	3
9.2	14	2
5	6	1
6	7	1
11	7	1
17	7	1
36.3	40	5*
29.1	36	5*
18.2	26	3
13	15	2
4	9	1
5	9	1

Age Male(6-12)	8 Ian Stewart
11 Matt Vaughan	44 Ken Jernigan
Age Female(6-12)	40 Randy Wolcott
11 Hope Jimenez	40 Jimmy Samarron
6 Margarita Jimenez	43 David Higgle
8 Veronica Jimenez	41 Bill Ham
11 Shawna Thomas	40 Glen Lowe
Age Male(13-15)	42 Jackie Cannon
Age Female(13-15)	42 J Mark Wegron
13 Tara Jernigan	41 David Eker
13 Krystla Lowe	43 Keith Reeger
14 Mary Lou Jimenez	42 Adam Andrews
Age Male(16-19)	42 Mark Pesta
19 Hawk Harris	41 Steve Nisman
18 Chad Lowe	40 Waldon Kob
17 Trey Jernigan	40 Kenneth Madness
17 Mike Sanford	40 Stacy Gill
16 Juan Jimenez	43 Fred Weber
17 Chris Thomas	43 Dan Brown
17 Jly Truitt	44 Jim Witham
16 Joshua Salazar	David Hagstrom
16 Chris Zamora	41 Matt Gallegos
Age Female(16-19)	David Skelton
18 Anne Placheika	Age Female(40-44)
Age Male(20-29)	45 Joske Aleman
26 Tim Key	42 Shirley Wigley
25 Guy Campbell	43 Cheryl Weber
26 Barry Henry	40 Nancy Lowe
Age Female(20-29)	42 Pam Hubery
27 Renee West	Age Male(45-49)
24 Sydney Morris	49 Frank Goodman
28 Rose Hoove	47 Mike Kelly
23 Brandy Temple	46 James Livamore
25 Nicola Molina	48 Richard Fischbach
Age Male(30-34)	48 John Tromper
30 Tim Green	49 Ron Nugart
33 Mark Temple	49 Jim Lezer
32 Scott Hayward	46 David Lightner
30 Lus Nevarez	45 Jim Forte
34 Craig Langford	45 Bill Platt
31 Chris Dilman	45 Tony Aleman
30 Rodney Hendrix	Age Female(45-49)
30 Jesse Hillard	46 Etta Meyer
30 David Preston	45 Teresa Greer
Age Female(30-34)	Age Male(50-54)
32 Marsha Bennett	53 Robert Guajardo
30 Vicky Fischbach	53 Jim Harris
34 Janice Wolcott	54 Bob Bernero
30 Sonia Aguirre	52 Johnny Scott
30 Laura Hopper	51 Richard Bray
32 Menon Langford	51 Ron Key
32 Molly Santese	52 Ron Hillie
Age Male(35-39)	54 Bo Minna
39 Mike Flores	50 Jon Omda'n
36 Chris Longren	56 Joe Martnez
39 Al Gardner	51 Rick Lampe
39 Dwayne Oakeley	Age Female(50-99)
37 Bob Jackson	P J MRRchal
35 Jeffrey Juy	Eva Martnez
36 Ivan Da'nda	Maurice Bray
35 Chuck Johnson	Mary Harris
35 Ed Dabrowski	Adam Key
36 Brent Tibwell	Age Male(55-59)
39 Mickey Davis	55 Larry Byrd
37 Russel Martin	56 Bill Roger
38 Dwight Varnum	55 Ken McEachern
39 Tommy Parrish	55 Mike Starr
36 Charles Fitzell	56 Mike Greer
39 Scott Firoell	56 Jimmie Key
38 Tom West	56 James Bone
35 Dennis Bell	56 George Juy
Age Female(35-39)	Age Male(60-69)
37 Marjory Stewart	62 John Sklucup
36 Cindy Planco	65 Don Sanderson
37 Dahlia Hood	62 Jacques Collins
36 Debbie Forte	64 Hugh Hayes
38 Ann Davis	

FIRECRACKER THREE MILE RESULTS (From Page 4)

PLACE	NAME	AGE	SEX	TIME	AGE GROUP	PLACE
61	BRENDA CAMPBELL	37	F	27:10	9:03	466
62	MATTHEW WAGNON	10	M	27:33	9:11	459
63	CASITY KING	15	F	27:38	9:13	458
64	JENNA WOLCOTT	34	F	28:19	9:26	447
65	VICKIE FISCHENICH	30	F	28:20	9:27	447
66	PATTI DeANDA	40	F	28:34	9:31	443
67	JOSIE ALEMAN	45	F	29:19	9:46	432
68	JUNIOR BARRAZA	16	M	29:26	9:49	430
69	SUE PAYNE	29	F	30:17	10:06	418
70	MATTHEW ZHINE	23	M	30:23	10:08	417
71	SHARON FROMAN	46	F	31:28	10:29	402
72	DON HUNT	62	M	31:36	10:32	401
73	KYLE KING	44	M	32:10	10:43	393
74	BOB SIMPSON	55	M	32:14	10:45	393

FIRECRACKER ONE MILE CHILDREN'S RUN

PLACE	NAME	AGE	SEX	TIME	AGE GROUP	PLACE
01	Ben Stewart, Lubbock	10	M	6:38	1st 5th Grade	B
02	Alejandro Herrera, Lamesa	8	M	7:02	1st 3rd Grade	B
03	Lisa Kitten, Plains, KS	12	F	7:03	1st 7th Grade	G
04	Ian Stewart, Lubbock	7	M	7:24	2nd 3rd Grade	B
05	Javier Molina, Brnfield	11	M	7:29	1st 6th Grade	B
06	Landon Lepard, Brnfield	10	M	7:31	1st 4th Grade	B
07	Andrew Molina, Brnfield	9	M	7:32	2nd 4th Grade	B
08	Ben Manning, Ft. Worth	10	M	7:34	2nd 5th Grade	B
09	K. L. Hinson, Brnfield	11	M	7:37	3rd 5th Grade	B
10	Michael Waggon, Lubbock	8	M	7:42	3rd 3rd Grade	B
11	Grayson Holt, Brnfield	7	M	7:48	1st 2nd Grade	B
12	Kate Lepard, Muleshoe	7	F	7:52	1st 2nd Grade	G
13	Marc Martinez, Brnfield	12	M	8:17	1st 7th Grade	B
14	Matt Vaughan, Lubbock	11	M	8:25	2nd 7th Grade	B
15	Blake Mankin, Dallas	6	M	9:15	1st 1st Grade	B
16	O J Gutierrez, Lamesa	6	M	9:18	2nd 1st Grade	B
17	Bianca Molina, Brnfield	7	F	9:42	1st 3rd Grade	G
18	John Soto, Brnfield	10	M	10:05	4th 5th Grade	B
19	Allyssa Preston, Lubbock	8	F	10:05	2nd 3rd Grade	G
20	Stephen Kitten, Lubbock	6	M	10:14	3rd 1st Grade	B
21	Bryson Wright, Lubbock	4	M	10:16	1st Pre School	B
22	Sterling Lepard, Muleshoe	4	M	10:21	2nd Pre School	G
23	Tamra Jernigan, Sundown	5	F	10:22	1st Pre School	B
24	Lauren Lepard, Brnfield	6	F	10:43	1st 1st Grade	G
25	Logan Deanda, Lovington, NM	6	F	11:13	2nd 1st Grade	G
26	Meredith Wise, Brnfield	6	F	12:24	3rd 1st Grade	G
27	Emily Mankin, Dallas	4	F	13:21	2nd Pre School	G
28	Austin Mankin, Dallas	2	M	20:27	3rd Pre School	B

IT'S SO EASY 5K RUN Lubbock, Texas June 29, 1996

PLACE	NAME	AG	S	DIV	TOWN	ST	TIME	PACE
*	1 JAY TRUITT	18	M	1	M1619	NM	17:30	5:38
*	2 BRENT TIDWELL	38	M	1	M3539	TX	18:06	5:50
*	3 RANDY WOLCOTT	40	M	1	M4044	TX	20:08	6:29
*	4 JIM SMITH	50	M	1	M5054	OK	20:25	6:34
*	5 AL GARDNER	40	M	2	M4044	TX	21:23	6:53
*	6 DREW SPEIER	37	M	2	M3539	TX	22:24	7:13
*	7 CECILIO SANTANA	41	M	3	M4044	NM	23:17	7:30
*	8 AMY LANCASTER	22	F	1	F2024	TX	31:12	10:03
*	9 OLGA SMITH	50	F	1	F5054	OK	32:01	10:18
*	10 MATTHEW ZHINE	73	M	1	M7099	AZ	32:07	10:20

* = WTRC Members

IT'S SO EASY DUATHLON VOLUNTEERS

Helping to score the duathlon, Directed by Kevin Lair, were; George Jury, James Bone, P. J. Mitchell, Ken McEachern, Joe Martinez, Bill Harn, Tommy Parrish, Ron Thoma, Dennis Bell and Jimmy and Delores Key.

CONGRATULATIONS

Bob Jackson reported that Quinn and Mary Smith are 1st time parents of a bouncing baby boy. Quinn sent his "hellos" to the Firecracker Run.

RED RAIDER ROAD RACE

Race Director Randy Wolcott has confirmed 2 more sponsors assuring the financial success of this year's event October 5th. He still needs lots of workers to make a go of it. Those taking major roles so far are:

- Campus Use Permit, Bob Bernero
- Registration, Rhonda, in Dr. Wolcotts' office
- Student Volunteers, Bill Harn/Raymond Linville
- Course Manager, George Jury

SUSAN G. KOWEN RACE FOR THE CURE

This year's race will be coed rather than separate races as previously thought, so that will prevent some from helping in one race and running the other as many did last year. So, men, since this is mainly an emphasis on women, how about some of you who havn't volunteered much, help us manage the finish line for this expected large number of participants? Call Jon Omdahl or George Jury.

HOT DAM RUN

Early information went out which incorrectly stated the entry fees. The entry fees are the standard \$5 for club members, \$6 for non-members and \$4 for children. The latest entry form did not clarify that either and the "Executive Board" decided to make the T Shirts optional at the higher price. W.T.R.C. members can still register their whole family for the maximum \$10 with no T Shirts.

WTRC SUMMER SOCIAL

- WHAT:** "PANCAKE JAM" for WTRC Members.... Pancakes will be served along with your talent *
- WHEN:** After the HOT DAM RUN and Awards at around 9:30
- WHERE:** Mae Simmons Park Shelter, just west of MLK Blvd., south of the lake
- BRING:** Lawn Chair or blanket and a smile, everything else provided Games you would like to play or bring Musical instruments

HELP WANTED: Pancake Makers and servers

* There will be live music and a sound system available if you (or someone you know) would like to play, sing, dance or whatever. This is your event and your participation will make it fun, so give Brent Tidwell a call if you can help or have other ideas at 795-0391(h) or 795-9537(o).

TRIATHLETES

Counted among the 600 finishers of the BUFFALO SPRINGS LAKE TRIATHLON were the following WTRC members. Tim Key, Jeffrey Jury, Mark Pessa, Robby Timberlake, Richard Fischenich, Tom Bowser (Age Group winner), Stephen Buckley, Richard Bray, Mary Zias, and Alexandra Buckley. Former member, Miles Hyman was back and also completed the event. An all WTRC team of Laura Hopper, Tommy Parrish, and Bill Harn also finished the course.

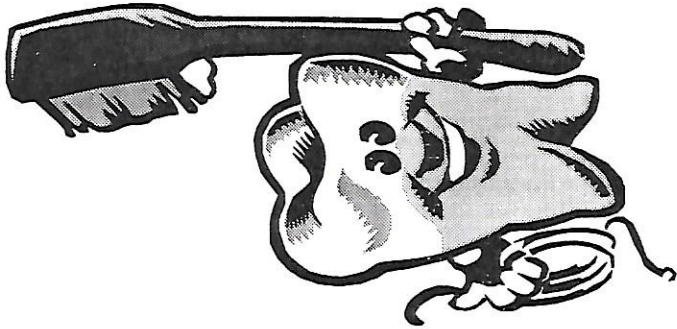
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W.T.R.C. LSD TRAINING RUNS

Are held Saturdays at 7 A.M. and
Sundays at 6 A.M., meeting at the
Outdoor Center in MACKENZIE PARK

For information, call Ron Key at
794-3300(d) or 794-5833(n)

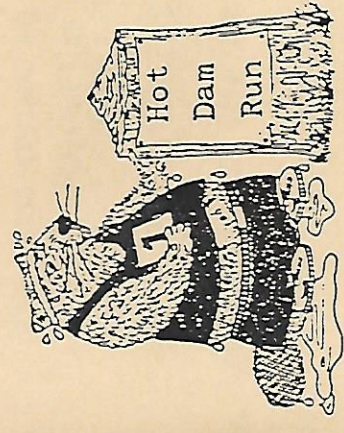
IT'S SO EASY DUATHLON
Lubbock, Texas June 29, 1996

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5 MILES

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EVENT NUMBER 8 of the WTRC CHALLENGE SERIES

WHEN: SATURDAY, AUGUST 10, 1996
PRE-REGISTRATION by mail til AUGUST 7, 1996
REGISTRATION; 7:00 A.M. to 7:45 on RACE DAY
RACE START;

5 MILE; 8 A.M.
Children's 1 Mile; 8:05 A.M.

WHERE: MARTIN LUTHER KING, JR. MEMORIAL AREA
(near waterfall on Canyon Lake 6) East of
MLK Blvd. at E. 22nd Street, LUBBOCK, TEXAS

COURSE: FIVE MILES OUT and BACK ON ASPHALT, TWO
SHORT STEEP HILLS, SEVERAL LESS FORMIDABLE
HILLS

ENTRY FEE: WTRC MEMBERS \$5; NON-MEMBERS \$6
Children \$4 (Includes T-Shirt)

AGE DIVISIONS:

MEN: 0-12; 13-15; 16-19; 20-29; 30-34;
35-39; 40-44; 45-49; 50-54; 55-59; 60+

WOMEN: 0-12; 13-15; 16-19; 20-29; 30-34;
35-39; 40-44; 45-49 and 50+

AWARDS: T SHIRTS For the First 100 Entries (With
extra fee, \$8 WTRC members, \$12 Non-Members)

Medallions will be awarded to the first three
and up to 50 percent in each of the age groups
above

RACE DIRECTOR: P. J. Mitchell at 743-2757 (d)
794-0135 (n)

OVERALL RESULTS

Table with columns: Place No., Name, City, ST, AGE, S, P, IC, Run Time, Bike Time, Split, Cum, Bike P, Cum, Run S, P, IC, Run Time, Cum. Lists race results for various participants.

OVERALL TEAM and CLYDESDALE RESULTS

Table with columns: Place No., Name, City, ST, AGE, S, P, IC, Run Time, Bike Time, Split, Cum, Bike P, Cum, Run S, P, IC, Run Time, Cum. Lists team and Clydesdale race results.