

CALENDAR

- * APRIL 9 FLIGHT LINE RACES: Reese AFB, 9 A.M., 2 Mile, 10K, and Half-Marathon, Ken McEachern, Race Director, 792-2639
- APRIL 10 CAPITOL 10,000: Austin, 8 A.M., 1-512-445-3598
- APRIL 16 SPRING FEVER RUN: 10K & 2 Mile, BUDDY HOLLY PARK, 9:00 A.M. Benefiting IGOADA, by ASSOCIATION for WORKSITE HEALTH PROMOTION, Rachel Fauver, Race Director, 796-2382
- APRIL 16 MARATHON OF THE GREAT SOUTHWEST: Abilene, 1-915-677-8144
- APRIL 23 RACE FOR KIDS 5K: Open 5K, Memorial Circle, TTU Campus, Marjory Stewart, Race Director, 792-1085 or 742-3013
Also school age one mile and 5 x 1K Relay
- APRIL 30 ROARING SPRINGS SPLASH AND DASH: 10K & 2 Mile, 9 A.M., at Roarings Springs, TX; Joey Thacker, Race Director, 1-348-7560
- MAY 7 RUN FOR THE ARTS: Midland, 5K, Details Later
- * MAY 14 HORSESHOE BEND SPRING FROLIC: 9 A.M., North of Slaton, 11, 6, and 2 Mile races, Richard Fischenich, RD, 792-2696(d), 792-0662
- MAY 22 IT'S SO EASY DUATHLON: State Championship, David Preston, Race Director, 791-0157
- MAY 28 RUNFEST: 10K & 2 Mile, Amarillo, 8:30 A.M., 1-376-4488, 227
- * JUNE 11 BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE: Levelland, 8:00 A.M. 10K and 2 Mile, Bill Roger, Race Director, 894-7911
- JUNE 26 BUFFALO SPRINGS LAKE TRIATHLON: Details Later
- * JULY 4 25th ANNUAL FIRECRACKER RUN: Brownfield, 8:00 A.M., 10 Mile and 3 Mile, 1 Mile Childrens Run, Jim Lesser, Race Director, 746-6101 (D), 794-2474 (N)
- JULY 23 ACHILLES RUN: Details Later
- AUG. 7 PRUDE RANCH RACES: Ft. Davis, Details Later
- * AUG. 13 HOT DAM 5 MILER: Canyon Lake 6, Lubbock, 23rd and MLK BLVD. 8:00 A.M., F.J. Mitchell, Race Director, 794-0135
- * SEPT 10 SHALLOWATER STAMPEDE: 10K and 2 Mile, 8 A.M., Shallowater High School, Dwayne Oakeley, Race Director, 799-4473
- SEPT 24 RED RAIDER ROAD RACE: TTU Campus, 10K and 5K Certified, 8 A.M. David Preston, Race Director, 791-0157
- * OCT. 8 PREDICTED TIME 5K: MACKENZIE STATE PARK, 8 A.M., Michelle Jones, Race Director, 766-0237 (D) 793-2825 (N)
- * NOV. 12 BUFFALO WALLOW RACES: BUFFALO SPRINGS LAKE, Half Marathon & 2 Mile, 9 A.M., George Jury, Race Director, 792-3291, 792-1237
- NOV. 24 W.T.R.C. TURKEY TROT: GUADALUPE PARK, 1st & AVE. "P", 9 A.M., 10 MILE & 2 MILE, \$12, Ron Key, Race Director, 792-9280 (n)
- * DEC. 10 REDLINE 4 MILE CROSS COUNTRY: MAE SIMMONS PARK, Lubbock, 9 AM Mike Kelley, Race Director, 766-0237 (D) 832-4885 (N)

** ENTRY FORMS **

Entry forms to most major out of town races can be found at the RUNNER'S CORNER of CLEVELAND ATHLETICS, 4130 34th Street. Call 793-1300 to see if they have the one you need; club member, Frank Haist, will be glad to help.

April 1994



OUR SPONSORS

VINCE HUBBARD
GENERAL MANAGER



Awards, Inc.

DESERVE QUALITY AWARDS™

International

806/792-6270
1-800-999-9503

5601 Aberdeen


Lubbock, Texas 79414 USA



WEST TEXAS
Running Club

Newsletter
P.O. Box 2921
Lubbock, Texas 79408

APRIL 1994



RRCA
RUNNING RACES AND CROSS COUNTRY

FLIGHT LINE RACES
REESE AIR FORCE BASE
9 A.M., April 9, 1994

Details Inside Back Cover

WEST TEXAS RUNNING CLUB

OFFICERS

PRESIDENT: RON KEY
O 747-4678 H 792-9280

INTERNAL VICE-PRES

JIM LESER
O 746-6101 H 794-2474

EXTERNAL VICE-PRES

AL GROTZ
O 792-6015 H 792-2248

SECRETARY

THERESA MAREZ
O 765-2925 H 1-298-2075

TREASURER

BARNEY ADAMS
O 798-2790 H 793-5058

P.J. MITCHELL
H 794-0135

GEORGE W. JURY
O 792-3291 H 792-1237

LARRY RENO
O 741-2513 H 795-6019

DAVID RODRIGUEZ
O 741-4834 H 745-6927

JOE MARTINEZ
H 794-7355

MIKE KELLEY
O 766-0237 H 832-4885

DIRECTORS

W.T.R.C. RACES ARE USUALLY HELD THE SECOND SATURDAY OF EACH MONTH

W.T.R.C. Official meetings are held monthly on the second Tuesday, 7 P.M., at 3208 67th, Lubbock, Texas. These meetings are open and any member is invited to attend at any time.

ON RACE PUBLICITY

We have had a very high percentage of membership renewals so far, but those who have not renewed may find it hard to keep informed of race dates and information. The current Lubbock Avalanche Journal sports editor is not sympathetic to amateur running, and has chosen not to even list our last two races, much less give any publicity. He also will not list more than 5 finishers in each division for the race results. We will once again provide information on this month's FLIGHT LINE RACES, but to really remain informed of the running scene, your membership in W.T.R.C. and access to the newsletter is about the only way!

The spring racing season really gets going in April with a local race every weekend except the 1st. On April 16th, a TTU group, The ASSOCIATION FOR WORKSITE HEALTH PROMOTION (AWHP) is producing a run for the learning experience and will cooperate with the LUBBOCK COUNCIL ON ALCOHOL and DRUG ABUSE (LOCADA) who will provide volunteers and will be the beneficiary of the proceeds. Marjory Stewart will direct a 5K on the TTU campus which will benefit the CHILD DEVELOPMENT RESEARCH CENTER on April 23rd, and then finishing out the month will be the 3rd Annual Roaring Springs Splash and Dash only 90 miles away in club member Joey Thacker's home town. The spring flower show will make this trip worthwhile! Entry forms for these three races are supposed to be inserted in this newsletter, but for further information, please check the calendar.

WEST TEXAS RUNNING CLUB

PRAIRIE DOG TOWN RUN

EVENT #3 of the 1994 CHALLENGE SERIES
MACKENZIE STATE PARK, March 12, 1994

OVERALL RESULTS

PLACE	NAME	TOWN	AG	S	DIV	DIV	4M	PACE	PerF
1	MORGAN McLARTY	LUBBOCK	25	M	1	M2029	21:13	5:18	811
2	GEORGE CHAVEZ	TUCUMCARI	40	M	1	M4044	21:27	5:22	802
3	JAY TRUITT	LOVINGTON	16	M	1	M0119	22:42	5:41	758
4	JEFFREY JURY	LUBBOCK	33	M	1	M3034	23:01	5:45	748
5	JOE MENDEZ	BROWNFIELD	19	M	2	M0119	23:23	5:51	736
6	CARLOS PEREZ	BROWNFIELD	17	M	3	M0119	23:50	5:58	722
7	TREY JERNIGAN	SUNDOWN	16	M	4	M0119	24:15	6:04	710
8	J J HOLLINGSHEAD	LUBBOCK	20	M	2	M2029	24:23	6:06	706
9	PAUL WILSON	LUBBOCK	40	M	2	M4044	24:25	6:06	705
10	JIM LESER	LUBBOCK	47	M	1	M4549	24:27	6:07	704
11	FRANK SUMPTER SR	LAMESA	40	M	3	M4044	24:47	6:12	694
12	KEN JERNIGAN	SUNDOWN	42	M	4	M4044	25:00	6:15	688
13	RANDY WOLCOTT	LUBBOCK	37	M	1	M3539	25:08	6:17	685
14	LAWRENCE NELSON	LUBBOCK	21	M	3	M2029	26:07	6:32	659
15	JOHNNY GARZA	SLATON	27	M	4	M2029	26:09	6:32	658
16	MICHAEL SANDOVAL	TUCUMCARI	16	M	5	M0119	26:22	6:36	653
17	CARLOS GALLEGOS	TUCUMCARI	16	M	6	M0119	26:26	6:37	651
18	ROGER LOPEZ JR	LUBBOCK	37	M	2	M3539	26:51	6:43	641
19	DAVID KYLE	LUBBOCK	43	M	5	M4044	27:08	6:47	634
20	RICK SYPERT	LUBBOCK	38	M	3	M3539	27:15	6:49	632
21	DAVID HIGGINS	LUBBOCK	41	M	6	M4044	27:26	6:52	627
22	BILL ROGER	LUBBOCK	54	M	1	M5054	28:02	7:01	614
23	AL GARDNER	LEVELLAND	37	M	4	M3539	28:02	7:01	614
24	LARRY HOFFMAN	LUBBOCK	45	M	2	M4549	28:17	7:04	609
25	ROGER ROBLES	LUBBOCK	32	M	2	M3034	28:28	7:07	605
26	RICHARD FISCHENICH	LUBBOCK	46	M	3	M4549	28:29	7:07	604
27	FRANK GOODMAN	LITTLEFIELD	47	M	4	M4549	28:35	7:09	602
28	KEITH YAKTUS	LUBBOCK	35	M	5	M3539	28:37	7:09	601
29	KAREN HAGNER	LUBBOCK	35	F	1	F3539	28:38	7:10	601
30	TOMMY PARRISH	LUBBOCK	37	M	6	M3539	28:39	7:10	601
31	RONNIE NUGENT	LUBBOCK	47	M	5	M4549	28:56	7:14	595
32	MIKE CHAMALES	LUBBOCK	48	M	6	M4549	29:12	7:18	589
33	TARA JERNIGAN	SUNDOWN	12	F	1	F0119	29:53	7:28	576
34	MICKEY DAVIS	LUBBOCK	37	M	7	M3539	30:16	7:34	569
35	DAVID ARMSTRONG	LUBBOCK	39	M	8	M3539	30:23	7:36	566
36	RICHARD BRAY	LUBBOCK	49	M	7	M4549	30:38	7:40	562
37	TODD POST	LUBBOCK	31	M	3	M3034	30:45	7:41	560
38	SAM AYERS	LUBBOCK	31	M	4	M3034	30:55	7:44	557
39	DAVID LIGHTNER	LUBBOCK	44	M	7	M4044	30:58	7:45	556
40	DENISE BRAY	LUBBOCK	32	F	1	F3034	31:19	7:50	550
41	TERESA GREER	LUBBOCK	43	F	1	F4044	31:30	7:53	546

WEST TEXAS RUNNING CLUB
 PRAIRIE DOG TOWN RUN
 EVENT #3 of the 1994 CHALLENGE SERIES
 MACKENZIE STATE PARK, March 12, 1994

OVERALL RESULTS

PLACE NAME	TOWN	AG	S	DIV	DIV	4M	PAGE	Perf
42 KEITH REEGER	LUBBOCK	41	M	8	M4044	31:47	7:57	542
43 MARK GARLAND	LUBBOCK	40	M	9	M4044	31:56	7:59	539
44 MIKE GREER	LUBBOCK	55	M	1	M5559	32:10	8:03	535
45 BOB RUSSELL	HOBBS	52	M	2	M5054	32:19	8:05	533
46 ROBERT BERNERO	LUBBOCK	51	M	3	M5054	32:43	8:11	526
47 GREG BROWN	LUBBOCK	30	M	5	M3034	32:49	8:12	524
48 CHARLES JACKSON	LUBBOCK	37	M	9	M3539	33:11	8:18	519
49 CARLA WARDEN	MIDLAND	34	F	2	F3034	33:12	8:18	518
50 SANDY BAILEY	LUBBOCK	41	F	2	F4044	33:24	8:21	515
51 RICK BURRESCIA	LUBBOCK	40	M	10	M4044	33:31	8:23	514
52 P J MITCHELL	LUBBOCK	49	F	1	F4599	33:39	8:25	511
53 SHIRLEY WIGLEY	LUBBOCK	40	F	3	F4044	33:48	8:27	509
54 HELEN BARRON	SHALLOWATER	25	F	1	F2029	34:28	8:37	499
55 JOHNNY SCOTT	LUBBOCK	50	M	4	M5054	34:47	8:42	495
56 ADAM ANDREWS	LUBBOCK	40	M	11	M4044	35:24	8:51	486
57 JOSIE ALEMAN	LUBBOCK	42	F	4	F4044	35:56	8:59	479
58 BETTY JOHNSON	LUBBOCK	35	F	2	F3539	36:29	9:07	472
59 JAMES BONE	LUBBOCK	54	M	5	M5054	36:32	9:08	471
60 EVA MARTINEZ	LUBBOCK	49	F	2	F4599	36:42	9:11	469
61 JOE MARTINEZ	LUBBOCK	48	M	8	M4549	36:42	9:11	469
62 RODGER MITCHELL	LUBBOCK	46	M	9	M4549	37:56	9:29	454
63 BO MINNIS	LUBBOCK	52	M	6	M5054	39:10	9:48	439
64 CLAY PEARCE	PLAINVIEW	31	M	6	M3034	39:32	9:53	435
65 JENNA LONGLEY	LUBBOCK	32	F	3	F3034	49:59	12:30	344
66 JOEY LONGLEY	LUBBOCK	11	M	7	M0119	52:36	13:09	327

PRAIRIE DOG TOWN RUN REPORT

It was a misty, cold, breezy morning that brought 65 runners out for the annual tour of Mackenzie State Park. Leading the way was Morgan McLarty with a very rapid 21:13. Not far behind was George Chavez...yes, he's 40 now! from Tucumcari, N. M., in 21:27. Rabbit-like times (unlike prairie dog times) were also recorded by Jay Truitt in 22:42 and Jeffrey Jury in 23:01. The ladies division saw Karen Hagner ease across the finish line in a quick 28:38. Runner-up was 12 year old Tara Jarnigan in 29:53, and Denise Bray ran a fine 31:19.

Many thanks to the fantastic crew who made the race possible! Accolades to: Ron Key, George Jury and David Preston (Registration/Computer Finish); Chuck Johnson, James Livermore, Tony Aleman, Lolo Mercado, and David Skelton (Course Management); Joe Martinez (for the trailer and water); Joe Post, Hugh Haynes and Larry Byrd (Finish Line); and sorry...the digital clock wasn't functioning--something about batteries.

Race directing is easy when caring, capable people volunteer to help. Congratulations to all participants!

THANKS, Jim Wilhelm

W.T.R.C. 1994 CHALLENGE SERIES
 STANDINGS AFTER THREE EVENTS

PTS.	MILES	EVT.	40 - 44 MALE	PTS.	MILES	EVT.
19	25.0	3**	JEFFREY JURY	19	25.0	3**
18	17.0	3*	LULO MERCADO	18	17.0	3*
15	8.0	2	CLAY PEARCE	15	8.0	2
14	8.0	2	GREG BROWN	14	8.0	2
10	5.0	1	DAVID SUMRELL	10	5.0	1
9	4.0	1	ROGER ROBLES	9	4.0	1
7	5.0	1	DENNIS BELL	7	5.0	1
7	4.0	1	SAM AYERS	7	4.0	1
6	5.0	1	JEFF WHITLEY	6	5.0	1
35 - 39 MALE						
29	13.0	3	RANDY WOLCOTT	29	13.0	3
26	17.0	3	ROGER LOPEZ JR.	26	17.0	3
17	12.0	2	RICK SYPERT	17	12.0	2
17	9.0	2	BILL HARN	17	9.0	2
16	13.0	3	KEITH YAKTUS	16	13.0	3
14	13.0	2	DWAYNE OAKELLEY	14	13.0	2
10	17.0	3*	CHUCK JOHNSON	10	17.0	3*
10	13.0	2	JIM DEEVER	10	13.0	2
10	5.0	1	MIKE FLORES	10	5.0	1
8	17.0	3	DAVID ARMSTRONG	8	17.0	3
8	17.0	3	MICKEY DAVIS	8	17.0	3
7	4.0	1	ROGER STARK	7	4.0	1
6	17.0	3	CHARLIE JACKSON	6	17.0	3
6	4.0	1	FRANK COOKE	6	4.0	1
5	4.0	1	TOMMY PARRISH	5	4.0	1
5	5.0	1	JEFF GOSSETT	5	5.0	1
0	5.0	1	ADAM ANDREWS	0	5.0	1
0	4.0	1*	DAVID SKELTON	0	4.0	1*
20 - 29 MALE						
23	13.0	3	LAWRENCE NELSON	23	13.0	3
22	17.0	3	JOHNNY GARZA	22	17.0	3
10	4.0	1	DAVID BLANCO	10	4.0	1
8	5.0	1	BRETT PEIKERT	8	5.0	1
0	12.0	2*	DAVID PRESTON	0	12.0	2*
50 - 54 MALE						
26	17.0	3	BILL ROGER	26	17.0	3
26	13.0	3	ROBERT RUSSELL	26	13.0	3
18	17.0	3	BOB BERNERO	18	17.0	3
17	17.0	3*	LARRY BYRD	17	17.0	3*
16	17.0	3	JAMES BONE	16	17.0	3
16	13.0	3	W.G. BO MINNIS	16	13.0	3
13	13.0	2	KEN McEACHERN	13	13.0	2
10	13.0	2*	ROBERT GUJARDO	10	13.0	2*
9	5.0	1	JOE GOMEZ	9	5.0	1
7	4.0	1	JOHNNY SCOTT	7	4.0	1
7	4.0	1	RON KEY	7	4.0	1
40 - 44 FEMALE						
30	17.0	3	THERESA GREER	30	17.0	3
25	13.0	3	JOSIE ALEMAN	25	13.0	3
17	9.0	2	SHIRLEY WIGLEY	17	9.0	2
9	4.0	1	NANCY PATTON	9	4.0	1
55 - 59 MALE						
20	9.0	2	MIKE GREER	20	9.0	2
10	4.0	1	MARTIN HARMS	10	4.0	1
9	5.0	1	JOE NAYLOR	9	5.0	1
0	17.0	3*	GEORGE JURY	0	17.0	3*
45 - + FEMALE						
28	13.0	3	EVA MARTINEZ	28	13.0	3
20	17.0	3*	P.J. MITCHELL	20	17.0	3*
30 - 34 MALE						
26	17.0	3	KEN JERNIGAN	26	17.0	3
23	17.0	3	DAVID KYLE	23	17.0	3
22	13.0	2	DAVID HIGGINS	22	13.0	2
19	12.0	2	PAUL WILSON	19	12.0	2
18	13.0	3*	FRANK SUMPSTER SR	18	13.0	3*
16	17.0	3	DAVID LIGHTNER	16	17.0	3
8	8.0	2	ADAM ANDREWS	8	8.0	2
7	13.0	2*	LARRY RENO	7	13.0	2*
7	8.0	1	AL GROTZ	7	8.0	1
7	4.0	1	MICHAEL JONES	7	4.0	1
6	17.0	3	RICKY BURRESCIA	6	17.0	3
5	22.0	3**	JIM WILHELM	5	22.0	3**
5	9.0	2	MARK GARLAND	5	9.0	2
5	5.0	1	MATTHEW GALLEGOS	5	5.0	1
0	22.0	3**	JOE POST	0	22.0	3**
0	5.0	1*	DAVID RODRIGUEZ	0	5.0	1*
0	5.0	1*	TONY ALEMAN	0	5.0	1*
45 - 49 MALE						
22	17.0	3	RONNY NUGENT	22	17.0	3
20	12.0	2	JIM LESER	20	12.0	2
19	17.0	3	RICHARD BRAY	19	17.0	3
17	12.0	2	RICHARD FISCHENICH	17	12.0	2
13	12.0	2	FRANK GOODMAN	13	12.0	2
12	13.0	3	JOE MARTINEZ	12	13.0	3
10	4.0	1	RICK LAMPE	10	4.0	1
9	5.0	1	BENTLEY GWYN	9	5.0	1
8	13.0	2	ROGER MITCHELL	8	13.0	2
6	9.0	2	MIKE KELLEY	6	9.0	2
5	4.0	1	MIKE CHAMALES	5	4.0	1
4	12.0	1*	JAMES LIVERMORE	4	12.0	1*
3	13.0	2*	JON OMDAHL	3	13.0	2*
0 - 19 FEMALE						
20	8.0	2	TARA JERNIGAN	20	8.0	2
0	5.0	1*	BERNICE NELSON	0	5.0	1*
0 - 19 MALE						
29	13.0	3	JAY TRUITT	29	13.0	3
16	17.0	3*	TREY JERNIGAN	16	17.0	3*
10	5.0	1	CHRIS TRUITT	10	5.0	1
9	4.0	1	TRAVIS PEREZ	9	4.0	1
20 - 29 FEMALE						
19	8.0	2	HELEN BARRON	19	8.0	2
10	5.0	1	JACQUE KILLPATRICK	10	5.0	1
10	4.0	1	KELLY PORTER	10	4.0	1
8	4.0	1	KATE MAGRI	8	4.0	1
35 - 39 FEMALE						
20	13.0	2	MARJORY STEWART	20	13.0	2
10	9.0	2*	MICHELLE JONES	10	9.0	2*
10	4.0	1	KAREN HAGNER	10	4.0	1
9	4.0	1	BETTY JOHNSON	9	4.0	1
60 - 99 MALE						
20	13.0	2	DON SANDERSON	20	13.0	2
19	9.0	2	JOHN STALCUP	19	9.0	2
9	4.0	1	BOB SMITH	9	4.0	1
4.0	1*		HUGH HAYNES	4.0	1*	
30 - 34 FEMALE						
30	13.0	3	DENISE BRAY	30	13.0	3
18	12.0	2	JENNA LONGLEY	18	12.0	2

** = RACE DIRECTORS . * = VOLUNTEER

NEWS AND NOTES

RED RAIDER ROAD RACE

At last the date has been set for TEXAS TECH UNIVERSITY Homecoming, which determines when the RED RAIDER ROAD RACE will be held. The date is Saturday, September 24, 1994 and the Raiders will host the SMU Mustangs. Race Director, David Preston is busy laying the groundwork for the race and will need lots of help as the event approaches. Major sponsors who have committed support are CARDINAL'S SPORTS, and FIRST NATIONAL BANK. Anyone who would like to serve as assistant race director, please call David.

CONDOLENCES

The club wishes to express our deepest sympathy to Joe and Sally Post who lost her parents in a tragic fire in February.

CONGRATULATIONS

To club member Mike Greer, who has been elected President of TRI-FED, USA.

THE CHALLENGE SERIES

Because of an increased workload and the uncertainty of his job at Texas Instruments, David Rodriguez is having to resign his office as club director and will be giving up his duties of computing the challenge series standings, which he has done for several years. Thanks to David for his many years of service to the club.

The Challenge Series currently includes some non-members; thus any who have not renewed will be dropped from the listings if they have not renewed or joined up by the April 9th race.

THANKS

To Joe Post, who did the research of past newsletters to obtain the age group records for the FLIGHT LINE RACES. And to James Livermore, who is working on the spreadsheet program for tracking club member's performance for the "MOST IMPROVED RUNNER" category. (We will try to have a listing of at least the top 10 of these each quarter)

FLIGHT LINE VOLUNTEERS STILL NEEDED

Anyone who can help with this race, April 9th, please call Ken McEachern at 792-2639.

(More on Page 7)

NEWS AND NOTES

W.T.R.C. OFFICER PROFILE

This month we feature Larry Reno, who is serving his second term as a director. Larry was born March 23, 1952, so he just turned 42 years old. He grew up in Tahoka and graduated from Tahoka High School. He attended a Technical School in Oklahoma and moved to Lubbock from Colorado Springs to work for TEXAS INSTRUMENTS in 1975. He began running "off and on" in 1977 but got more serious about it in 1985 when he learned of the W.T.R.C. races. He began running as an aid to weight loss and says that is still a prime motivation. He continues to run and race "because it's something that whatever the results, it is a personal accomplishment that no one else can take credit for". He credits WTRC members and the races for keeping him motivated. He averages 20 to 30 miles per week, logging most of the miles around the TI complex. His PR for 10K is 39:44 at age 37, Half-marathon, 1:35:40 at age 38 and has a marathon best of 3:36:04 at age 40.

His favorite local races are the RED RAIDER ROAD RACE and the BUFFALO WALLOW HALF-MARATHON. He occasionally rides a bike as cross-training.

Larry has been married to Paula for 21 years and they have 2 children, Larry, Jr. who is 17 and Amber who is 15.

Larry's hobbies include woodworking and he enjoys "fixing things around the house". He is an Electronic Technician working for TEXAS INSTRUMENTS, and recently suffered some turmoil in that TI closed the division that he worked for and he was out of a job for a while. Fortunately a position opened up in another division and he is again employed.

COWTOWN MARATHON

Marjory Stewart was the women's winner this year after a heartbreaking 19 second loss last year. The win in 3:01:34 earned her a choice of trips to New York or Boston. At this time she is sending in her application to Boston. Good Luck, Marjory! Leading the local men again this year was Jeffrey Jury with a 2:49:23 which placed him 11th overall of 618 male finishers. Don Sanderson, running his first marathon in many years, won his 60-64 age division with a fine 3:32:35. Other club member's times were: Randy Wolcott, 3:11:59, Al Grotz, 3:52:04, Richard Bray, 4:00:47, Hal Wilkerson, 4:29:24, and Johnny Scott, 5:21:33. Among the more than 10,000 10K runners were James Livermore with a 48:11 and Hugh Haynes with a 57:30.

AUSTIN MOTOROLA MARATHON

This race is becoming one of the favorites of club members, but this year they had to endure high temperature as well as humidity to conquer the distance. Leading the way was Carlos Vigil, 3:12:21, Paul Wilson, 3:14:36, Randy Wolcott, 3:24:38, Al Becken, 3:30:33, (3rd Senior), Richard Fischenich, 3:36:35, Bill Roger, 3:47:01, (winner Clydesdale 50+ age Group, Ken McEachern, 3:38:21, Richard Bray, 3:55:57, Joe Martinez, 3:55:57, James Deaver, 4:09:41, Jon Omdahl, 4:11:47, P.J. Mitchell, about 4:24. James Bone finished the race, but needed a little IV fluids to combat dehydration.

FLIGHT LINE RACE SPONSOR

INTERNATIONAL AWARDS, INC.

"QUALITY PEOPLE DESERVE QUALITY AWARDS"

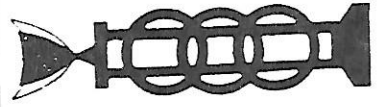
International Awards has served Lubbock and the South Plains for the past 18 years with our fine quality trophies, plaques and custom medallions.

We would like to thank WTRC members for their support throughout the years and hope for many more to come. As always, our door is open to you in helping you plan for your award needs.

Wishing you the best in 1993 on all scheduled events.

The Staff at INTERNATIONAL AWARDS

- * CUSTOM BUILT TROPHIES OF METAL OR WOOD
- * PLAQUES
- * CUSTOM & STOCK MEDALLIONS
- * Great Gift Ideas
- * In House Lazer Engraving System
- * Advertising Specialties; Custom Watches, Pens, etc.



5601 Aberdeen

806-792-5270

Lubbock, Texas 79414

800-999-9503

OUR SPONSORS

806/792-5270
1-800-999-9503

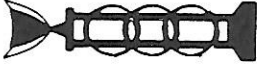
VINCE HUBBARD
GENERAL MANAGER

International

"QUALITY PEOPLE

Awards, Inc.

DESERVE QUALITY
AWARDS"



5601 Aberdeen

Lubbock, Texas 79414 USA

Members:
15% off
Everything in
the Corner

THE RUNNER'S CORNER

"Where Quality and Service Run Together"

CLEVELAND ATHLETICS



4130 34th Street • Lubbock, Texas 79410
(806) 793-1300

When it comes to travel...

Run with the best

Support the West Texas Running Club by
booking your travel through Premier Travel

Call Us Today!

797-7799
Kingsgate Center

800-6-Travel
(800-687-2835)

744-6994
Texas Tech University

Tired of the same old *runaround*?
Well maybe it's time for a change of pace.



LUBBOCK NATIONAL BANK

4811-50th • 792-1000

Member FDIC



FLIGHT LINE RACES
SINCE 1987
WEST TEXAS RUNNING CLUB'S ANNUAL APRIL RACE

COURSE RECORDS

2 MILE

MEN

AGE	NAME	TOWN	AGE	TIME	YEAR
0-15					
16-19	Brian Brashears	Lubbock	19	11:02	1989
20-29	Mike Williams	Clarendon	24	10:46	1987
30-34	Milt Brownfield	Lubbock	34	10:59	1992
35-39	Frank Sumpter, Sr.	Lamesa	39	11:26	1993
40-44	Ken Jernigan	Sundown	41	11:49	1993
45-49	Steve Ireland	Lubbock	45	11:57	1987
	Jim Leser	Lubbock	46	11:57	1993
50-54	John Harper	Anton	52	13:44	1987
55-59	John Harper	Anton	56	14:44	1991
60 +					

WOMEN

0-15					
16-19	Mica Hood	Lubbock	18	13:30	1990
20-29	Kimara Wilson	Lubbock	22	16:14	1993
30-34	Geri Russell	Lubbock	34	13:58	1987
35-39	Josie Aleman	Lubbock	38	14:36	1990
40-44					
45 +	Eva Martinez	Lubbock	47	18:16	1992

10 K

MEN

0-19	Brad Raven	Lubbock		38:14	1988
20-29	Theo Kurgat (LCU)	Lubbock	20	33:51	1993
30-34	Milt Brownfield	Lubbock	30	39:33	1988
35-39	Jimmy Samarron	Levelland	35	38:21	1990
	Bill Harn	Lubbock	38	38:21	1993
40-44	Ronnie Nugent	Lubbock	40	41:05	1987
45-49	Robert Guajardo	Levelland	47	38:38	1990
50-54	George Jury	Lubbock	50	38:13	1987
55-59	Charles Thrasher	Tahoka	56	50:21	1987
60 +	Bob Smith	Lubbock	70	1:02:05	1990

WOMEN

0-19	Kathleen Graw	Lubbock	19	54:45	1992
20-29	Sue Houle (Spitz)	Lubbock	25	42:05	1987
30-34	Cheryl Benoit	Lubbock	33	44:01	1987
35-39	Roberta Thompson	Lubbock	36	52:03	1990
40-44	Jeanine McHaney	Lubbock	42	51:26	1987
45 +	P.J. Mitchell	Lubbock	46	55:36	1991

HALF MARATHON

MEN

0-19	Alfred Hinojosa	Lubbock	18	1:21:58	1992
20-29	Hafis Banire(LCU)	Lubbock	20	1:13:52	1992
30-34	Lolo Mercado	Lubbock	30	1:17:55	1990
35-39	Scott Brickerd	Lubbock	36	1:16:24	1989
40-44	Joe Post	Lubbock	40	1:31:53	1989
45-49	Robert Guajardo	Levelland	48	1:27:41	1991
50-54	Gary Schmidt	Alpine	53	1:25:52	1990
55-59	John Stalcup	Lubbock	56	1:54:34	1990
60 +	Hugh Haynes	Lubbock	60	1:55:29	1992

WOMEN

0-19					
20-29	Sue Houle(Spitz)	Lubbock	28	1:34:06	1990
30-34	Marjory Stewart	Lubbock	34	1:29:13	1993
35-39	Suzanne Grantham	Lubbock	38	1:45:01	1993
40-44	Barbara Vitalec	Lubbock	42	2:07:01	1990
45 +	P.J. Mitchell	Lubbock	48	1:55:02	1993

FLIGHT LINE RACES

W.T.R.C. APRIL CLUB RACE

EVENT # 4 OF THE W.T.R.C. CHALLENGE SERIES

SPONSORED BY INTERNATIONAL AWARDS

WHEN: SATURDAY, APRIL 9, 1994

REGISTRATION: 8:00 TO 8:45 A.M.

RACE START: 9 A.M.

WHERE: REESE AIR FORCE BASE
PICNIC GROUNDS

COURSE: SLIGHTLY ROLLING TERRAIN, OUT & BACK

DISTANCE: CHOICE OF THREE

2 MILE, 10K, HALF-MARATHON

ENTRY FEE: \$5 for W.T.R.C. MEMBERS

& R.A.F.B. personnel

\$6 for OTHERS

AGE DIVISIONS and AWARDS
2 Mile

Men: 0 to 15, 16-19, 20-29, 30-34, 35-39, 40-44,

45-49, 50-54, 55-59, 60 Plus

Women: 0-15, 16-19, 20-29, 30-34, 35-39, 40-44,

45 Plus

10 K and Half-Marathon

Men: 0-19, 20-29, 30-34, 35-39, 40-44, 45-49,

50-54, 55-59, 60 Plus

Women: 0-19, 20-29, 30-34, 35-39, 40-44, 45 PLUS

CUSTOM DESIGNED MEDALLION AWARDS to the First

Three in each Age Group, or 50 % Each Group

RACE DIRECTOR: Ken McEachern, 792-2639