

CALENDAR

- * Indicates WTRC Monthly Race and CHALLENGE SERIES EVENT
- JULY 3 **FREEDOM RUN; 5K, Lamesa; \$12, FMI, Ida Sumpter 489-7901**
- JULY 3 **LUNAR LOPE; 10 P.M., TTU REC Center, 1 & 3 Miles, 742-3351**
- JULY 4 **MIDLAND MILE; 8 A.M., Midland College, FMI, Berry Simpson, 1-915-689-0646**
- * JULY 10 **24th ANNUAL FIRECRACKER RUN; 10 Mile and 3 Mile, 1 Mile Kid's run. 8 A.M., Brownfield, Jim Leser, Race Director, 746-6101 (D) 794-2474 (N)**
- JULY 17 **CELEBRATE SEAGRAVES RUN; 10K & 3 Mi., Jim Pillow, 546-3227**
- JULY 17 **LAS FIESTAS de AMARILLO 5K/1MILE; FMI, Delia Cruz, 1-373-8059**
- JULY 24 **L.S.R.C. ONE HOUR RUN; FMI, Doug Kelley, 355-9440**
- JULY 25 **COMANCHE TRAILS TRIATHLON; Big Spring, Mike Greer, 796-8213**
- JULY 31 **GREG BLACK MEMORIAL RUN; Hereford, Weldon Knabe, 364-6990**
- * AUG. 14 **HOT DAM RUN; 5 MILE, 8 A.M., Canyon Lake 6, Lubbock (23rd & Quirt), Ron Key, Race Director 747-4678 or 792-9280**
- AUG. 15 **IT'S SO EASY DUATHLON; Details later**
- AUG. 18-21 **WT SENIOR SPORTS CLASSIC;(Age 50+) Track events Friday P.M. 5K and 10K road races Sat. A.M., Cycling and other events also**
- * SEPT 11 **SHALLOWATER STAMPEDE; 10K and 2 Mile, 8 A.M., SHALLOWATER HIGH SCHOOL, Larry Byrd, Race Director, 832-4600**
- SEPT 12 **DUKE CITY MARATHON; Details Later**
- SEPT 18 **HAYOR'S HALF-MARATHON; Amarillo, Sandy Lynch, 378-4289**
- SEPT 25 **SUSAN KOMEN RACE FOR THE CURE; Amarillo, Details later**
- * OCT. 9 **PREDICTED TIME 5K; MACKENZIE STATE PARK, 8 A.M., Michelle Jones, Race Director, 766-0282 (D) 793-2825 (N)**
- OCT. 16 **RED RAIDER ROAD RACE; TTU CAMPUS, 10K & 5K, Certified Courses Details Later**
- * NOV. 13 **BUFFALO WALLOW RACES; BUFFALO SPRINGS LAKE, Half-Marathon & 2 Mile, 9 A.M., George Jury, Race Director, 792-3291, 792-1237**
- NOV. 25 **1st ANNUAL W.T.R.C. TURKEY TROT; Details Later**
- DEC. 4 **JINGLE BELL RUN; Details later**
- * DEC. 11 **REDLINE 4 MILE CROSS COUNTRY; MAE SIMMONS PARK, Lubbock, 9 AM Mike Kelley, Race Director, 766-0237 (D) 832-4885 (N)**

JULY 1993

FIRECRACKER RUN



TWENTY FOURTH ANNUAL FIRECRACKER RUNS

Saturday, July 10, 1993
 Registration: 7:00 am - 7:45 am
 Races Start: Children's 1 mile; 7:40 am
 3 and 10 mile; 8:00 am

Terry County Park, Brownfield, Texas
 From Lubbock on HWY. 62, go to the last stoplight, turn left on Buckley St. to Old Lamesa Rd., turn right just past the swimming pool.

WEST TEXAS RUNNING CLUB

OFFICERS

PRESIDENT: RON KEY
 O 747-4678 H 792-9280
INTERNAL VICE-PRES
 CARLOS VIGIL
 O 767-2665 H 762-1243
EXTERNAL VICE-PRES
 AL GROTZ
 O 792-6015 H 792-2248
SECRETARY
 THERESA MAREZ
 O 765-2925 H 1-298-2075
TREASURER
 MICHELLE JONES
 O 766-0282 H 793-2825

DIRECTORS

DENNIS BELL
 H 741-0122
 GEORGE W. JURY
 O 792-3291 H 792-1237
 JAMES BONE
 O 747-2448 H 792-8390
 DAVID RODRIGUEZ
 O 741-4834 H 745-6927
 JOE MARTINEZ
 H 794-7355
 MIKE KELLEY
 O 766-0237 H 832-4885

W.T.R.C. RACES ARE USUALLY HELD THE SECOND SATURDAY OF EACH MONTH

W.T.R.C. Official meetings are held monthly on the second Tuesday, 7 P.M., at 3208 67th, Lubbock, Texas. These meetings are open and any member is invited to attend at any time.

OUR SPONSORS

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 Lubbock, Texas 79493-6100

BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE
 June 12, 1993

10K OVERALL RESULTS

| PLACE NAME | DIV | DIV | AG | S | LO | PACE |
|--------------------|-----|-------|----|---|-------|------|
| 1 DAVID SUMRELL | 1 | M3034 | 30 | M | 32:05 | 5:10 |
| 2 BRETT PEIKERT | 1 | M2029 | 25 | M | 32:15 | 5:12 |
| 3 CHRIS TRUITT | 1 | M0119 | 18 | M | 32:35 | 5:15 |
| 4 LOLO MERCADO | 2 | M3034 | 33 | M | 32:56 | 5:18 |
| 5 MARJORY STEWART | 1 | F3034 | 34 | F | 33:12 | 5:21 |
| 6 JEFFREY JURY | 3 | M3034 | 32 | M | 33:26 | 5:23 |
| 7 JIM LESER | 1 | M4549 | 46 | M | 34:16 | 5:31 |
| 8 LAWRENCE NELSON | 2 | M2029 | 21 | M | 36:06 | 5:49 |
| 9 CARLOS VIGIL | 1 | M4044 | 44 | M | 36:20 | 5:51 |
| 10 ROBERT GUAJARDO | 1 | M5054 | 50 | M | 36:26 | 5:52 |
| 11 TOM WEIS | 2 | M4044 | 41 | M | 36:57 | 5:57 |
| 12 JOE POST | 3 | M4044 | 44 | M | 37:01 | 5:58 |
| 13 DENNIS BELL | 4 | M3034 | 32 | M | 37:35 | 6:03 |
| 14 RICHARD SANCHEZ | 3 | M2029 | 25 | M | 37:42 | 6:04 |
| 15 LARRY RENO | 4 | M4044 | 41 | M | 38:35 | 6:13 |
| 16 JIM DEEVER | 1 | M3539 | 35 | M | 38:35 | 6:13 |
| 17 RANDY ALLEN | 2 | M4549 | 46 | M | 40:01 | 6:27 |
| 18 ABLE MARINTEZ | 5 | M4044 | 43 | M | 40:11 | 6:28 |
| 19 JIM PILLOW | 6 | M4044 | 43 | M | 40:34 | 6:32 |
| 20 MARTIN HARMS | 1 | M5559 | 55 | M | 41:03 | 6:37 |
| 21 KARIN BONNER | 1 | F0119 | 15 | F | 41:20 | 6:39 |
| 22 FRANK COOKE | 2 | M3539 | 36 | M | 41:51 | 6:44 |
| 23 JIM WILHELM | 7 | M4044 | 42 | M | 42:32 | 6:51 |
| 24 DENISE BRAY | 2 | F3034 | 31 | F | 42:46 | 6:53 |
| 25 BOB BERNERO | 2 | M5054 | 51 | M | 42:49 | 6:54 |
| 26 AL GARDNER | 3 | M3539 | 36 | M | 43:14 | 6:58 |
| 27 DAVID KNAPP | 3 | M5054 | 52 | M | 43:33 | 7:01 |
| 28 JOHN MORROW | 4 | M5054 | 54 | M | 43:42 | 7:02 |
| 29 MIKE KELLEY | 8 | M4044 | 44 | M | 44:08 | 7:06 |
| 30 DAVID LIGHTNER | 9 | M4044 | 43 | M | 44:16 | 7:08 |
| 31 P J MITCHELL | 1 | F4599 | 47 | F | 45:19 | 7:18 |
| 32 JON OMDAHL | 3 | M4549 | 47 | M | 45:23 | 7:18 |
| 33 DAN FOSSOY | 5 | M3034 | 34 | M | 46:40 | 7:31 |
| 34 JAMES BONE | 5 | M5054 | 53 | M | 47:32 | 7:39 |
| 35 SHIRLEY WIGLEY | 1 | F3539 | 39 | F | 49:41 | 8:00 |
| 36 BRUCE LOKEY | 2 | M5559 | 56 | M | 51:59 | 8:22 |
| 37 HUGH HAYNES | 1 | M6099 | 61 | M | 52:55 | 8:31 |
| 38 BRENDA CAMPBELL | 3 | F3034 | 34 | F | 53:28 | 8:36 |
| 39 ADAM ANDREWS | 4 | M3539 | 39 | M | 56:04 | 9:02 |
| 40 MICHELLE JONES | 2 | F3539 | 35 | F | 58:15 | 9:23 |
| 41 MICHAEL JONES | 10 | M4044 | 43 | M | 58:16 | 9:23 |

STANDINGS AFTER 6 EVENTS

Table with columns: PTS., MILES, EVT., Name, and MILES. It lists participants in two columns, separated by a vertical line, with their respective scores and event numbers.

** = RACE DIRECTORS * = VOLUNTEER

BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE

June 12, 1993

2 MILE OVERALL RESULTS

Table with columns: PLACE NAME, DIV, DIV, AG, S, 2, PACE. Lists race results for the 2-mile overall event, including names, divisions, ages, and paces.

LOPE VOLUNTEERS

Race Director, Bill Roger recruited his whole family to help again this year. These included, wife, Sally, daughters Teresa and Mandy (and her husband, Ed Robinson), as well as other club spouses, Carrie Byrd and Ida Sumpter.

- Club members earning their 6.2 miles in the challenge series include: Tony Aleman, Ron Key, Ken McEachern, Larry Byrd, Ken Jennigan, Joe Martinez, Theresa Marez, Ron Nugent, Robert Guajardo

THE MOONLIGHT 5K RUN
June 4, 1993
OVERALL RESULTS

| PLACE NAME | DIV | DIV | AG | S | 5K | PACE |
|------------------------|-----|-------|----|---|-------|------|
| 1 CHRIS TRUITT | 1 | M0119 | 18 | M | 16:56 | 5:27 |
| 2 JAY TRUITT | 2 | M0119 | 15 | M | 17:39 | 5:41 |
| 3 FRANK SUMPTER, SR. | 1 | M3539 | 39 | M | 17:47 | 5:43 |
| 4 MICHAEL ZARAZUA | 3 | M0119 | 18 | M | 17:59 | 5:47 |
| 5 JURY JEFFREY | 1 | M3034 | 32 | M | 18:02 | 5:48 |
| 6 DANNY RODRIGUEZ | 1 | M2029 | 20 | M | 18:04 | 5:49 |
| 7 JIM LESER | 1 | M4549 | 46 | M | 18:17 | 5:53 |
| 8 TOM NISBEIT | 1 | M4044 | 43 | M | 18:26 | 5:56 |
| 9 TREV JERNIGAN | 4 | M0119 | 15 | M | 18:28 | 5:57 |
| 10 DENNIS BELL | 2 | M3034 | 32 | M | 18:48 | 6:03 |
| 11 ART CARRASCO | 2 | M2029 | 25 | M | 18:55 | 6:05 |
| 12 RONNIE RODRIGUEZ | 3 | M2029 | 21 | M | 18:58 | 6:06 |
| 13 KEN JERNIGAN | 2 | M4044 | 41 | M | 19:04 | 6:08 |
| 14 LAWRENCE NELSON | 4 | M2029 | 21 | M | 19:14 | 6:11 |
| 15 CARLOS VIGIL | 3 | M4044 | 44 | M | 19:49 | 6:23 |
| 16 LARRY RENO | 4 | M4044 | 41 | M | 19:50 | 6:23 |
| 17 JOSE AGUAYO | 2 | M3539 | 37 | M | 20:07 | 6:28 |
| 18 LARRY BYRD | 1 | M5054 | 52 | M | 20:08 | 6:29 |
| 19 JIM DEEVER | 3 | M3539 | 35 | M | 20:15 | 6:31 |
| 20 JOE POST | 5 | M4044 | 44 | M | 20:20 | 6:33 |
| 21 JODY BEAULIEU | 1 | F2029 | 20 | F | 20:23 | 6:34 |
| 22 PAUL ESPINOSA | 5 | M0119 | 17 | M | 20:35 | 6:38 |
| 23 ANTHONY ODEN | 6 | M0119 | 17 | M | 20:36 | 6:38 |
| 24 CLINT MILLER | 5 | M2029 | 20 | M | 20:48 | 6:42 |
| 25 JODIE RHONE | 4 | M3539 | 37 | M | 20:54 | 6:44 |
| 26 DAVID RODRIGUEZ | 6 | M4044 | 42 | M | 21:03 | 6:47 |
| 27 JIM WALKER | 2 | M4549 | 46 | M | 21:05 | 6:47 |
| 28 BILL ROGER | 2 | M5054 | 54 | M | 21:17 | 6:51 |
| 29 RICK SYPERT | 5 | M3539 | 37 | M | 21:19 | 6:52 |
| 30 MICKEY WELLBORN | 3 | M4549 | 45 | M | 21:22 | 6:53 |
| 31 RANDY ALLEN | 4 | M4549 | 46 | M | 21:24 | 6:53 |
| 32 JIM PILLOW | 7 | M4044 | 43 | M | 21:25 | 6:54 |
| 33 DWAYNE OAKELEY | 6 | M3539 | 36 | M | 21:33 | 6:56 |
| 34 JOE MARTINEZ | 5 | M4549 | 47 | M | 21:49 | 7:01 |
| 35 PETER DOTRAY | 3 | M3034 | 30 | M | 21:59 | 7:05 |
| 36 BOB BERNERO | 3 | M5054 | 51 | M | 22:33 | 7:15 |
| 37 CHUCK JOHNSON | 7 | M3539 | 35 | M | 22:39 | 7:17 |
| 38 WENDELL WARMAN-ADAM | 8 | M4044 | 43 | M | 22:46 | 7:20 |
| 39 DAVID LIGHTNER | 9 | M4044 | 43 | M | 23:07 | 7:26 |
| 40 MIKE KELLEY | 10 | M4044 | 44 | M | 23:21 | 7:31 |

THE MOONLIGHT 5K RUN
June 4, 1993
OVERALL RESULTS

| PLACE NAME | DIV | DIV | AG | S | 5K | PACE |
|--------------------|-----|-------|----|---|-------|-------|
| 41 JOHN MORROW | 4 | M5054 | 54 | M | 23:29 | 7:34 |
| 42 DAVID KNAFF | 5 | M5054 | 52 | M | 23:40 | 7:37 |
| 43 TRAVIS CASLER | 1 | M6099 | 60 | M | 23:57 | 7:43 |
| 44 JUAN GARCIA | 6 | M2029 | 20 | M | 24:03 | 7:44 |
| 45 JON OMDAHL | 6 | M4549 | 47 | M | 24:24 | 7:51 |
| 46 CHARLES PENTURF | 8 | M3539 | 37 | M | 24:26 | 7:52 |
| 47 TOM JONES | 6 | M5054 | 54 | M | 24:31 | 7:53 |
| 48 JAMES BONE | 7 | M5054 | 53 | M | 24:52 | 8:00 |
| 49 JOROND CASLER | 2 | F2029 | 23 | F | 25:13 | 8:07 |
| 50 GLENN COCHRAN | 9 | M3539 | 35 | M | 25:47 | 8:18 |
| 51 BERNICE NELSON | 1 | F0119 | 15 | F | 26:04 | 8:23 |
| 52 BRENDA MARTINEZ | 3 | F2029 | 26 | F | 27:01 | 8:42 |
| 53 BRENDA CAMPBELL | 1 | F3034 | 34 | F | 27:32 | 8:52 |
| 54 BRIAN CARPENTER | 4 | M3034 | 33 | M | 27:33 | 8:52 |
| 55 CHERIE BANKEN | 2 | F3034 | 32 | F | 28:00 | 9:01 |
| 56 CONNIE EVANS | 1 | F4044 | 44 | F | 29:23 | 9:27 |
| 57 KAREN RHONE | 3 | F3034 | 33 | F | 29:37 | 9:32 |
| 58 ADAM ANDREWS | 10 | M3539 | 39 | M | 30:18 | 9:45 |
| 59 RHONDA AKKERMAN | 4 | F2029 | 25 | F | 31:37 | 10:11 |
| 60 CAYCE COOK | 2 | F0119 | 19 | F | 31:42 | 10:12 |
| 61 JOHNNY MARTINEZ | 11 | M3539 | 37 | M | 40:35 | 13:04 |

LAST MONTH'S CROSSWORD PUZZLE

ANSWERS

| ACROSS | DOWN |
|-------------|---------------------|
| 1 Marathons | 17 R. K |
| 2 Leg | 18 For |
| 3 Run | 19 J. W. |
| 4 Split | 20 To |
| 5 E. C. | 21 Dog |
| 6 Sport | 22 P. Rs. |
| 7 L. A. | 23 Ages |
| 8 F. S. | 24 Run for the Arts |
| 9 Hot | 25 Toes the line |
| 10 ERG | 26 Ovals |
| 11 R. B. | 27 Statistics |
| 12 Holes | 28 G. J. |
| 13 Pre | 29 Club |
| 14 Is | 30 Rest |
| 15 C. C. | 31 G. S. |
| 16 Aint | 32 Lake |
| | 33 Go |
| | 34 G. A. |

W.T.R.C. OFFICER PROFILE

James Bone, Director

James, now 53 years old, was elected to the board in the fall of 1990, so is finishing up his third year of dependable service as Equipment Director. James was born in Bryson, Texas and moved to Lubbock in 1942 where he attended public schools and was in the first class to enter MONTEREY HIGH SCHOOL. After graduation he also attended LUBBOCK CHRISTIAN COLLEGE the first year it was open, and also attended TEXAS TECH UNIVERSITY. He served in the U.S. Army from 1960 to 1962, and since discharge he has been in the grocery business all his life. He is currently Produce Buyer for FLEMING, INC.

He smoked from age 18 to age 45. He started running at age 45. "Because it helps to cope with everyday problems." He is married to Elsa and has one son, three step-children and 5 grandchildren. He really enjoys his grandchildren and looks forward to seeing them all grow up.

His philosophy on running is: "No matter how fast or how slow, you're a winner every time you cross the finish line. You did it yourself, no one else, just you. I am slow, but I enjoy the races and I have dreams of beating those fast guys. Never give up!"

James tries to live by the motto "Fears, not Years, makes men old". He states that W.T.R.C. members are the best people in the world, and appreciates everyone that helps with the club.

SOUTH PLAINS COLLEGE MARATHON WINNERS!

Probably most of you saw the AJ report of the win at Chicago by SPC of the NJCAA marathon championship May 28. Four young men completed their first marathons with the first three's times counting toward the team points. Coach James Morris, co-founder of W.T.R.C. reports that this was a non budgeted trip and is looking for donations to offset the expense. The board has voted to donate \$500 to the program and will use the proceeds of the "HOT DAM RUN" to meet most of this gift. One of the last two year's SPC standouts, Phillemon Hanneck has been winning many of the national road races of late. His winning 10K times have been; 28:05 and 27:45 and 5K times were 13:27 and 13:22. Former club member Carlos Ybarra is now 30 and ran a 31:39 to finish 5th at the REDBUD CLASSIC in Oklahoma City. Another SPC alum, Martin Leodgard ran a 32:42, finishing 9th at the same race.

AT THE RACES

Marjory Stewart is rounding into shape with some fast times at the following late spring races; RUNFEST 10K, 38:45 (4th Overall), RUN IN THE SUN 8K, 30:09, a new women's record, and the TALL TOWN 10,000, 37:21 to break her existing PBRRC female 10K record.

John Stalcup won his new age division in the 2 Mile at RUNFEST in 14:39. Brett Peikert ran 2 races in Dallas Memorial Day weekend, finishing the ART FEST 10K on Saturday in 36:28 and the Memorial Day 20K in 1:17:23, and Dennis Bell joined him in the 20K with a finish of 1:30:00.

A FAREWELL

The following information has been received from Tom Jones and Connie Evans.

Dear West Texas Running Club:

On July 10th, we will be running our last race with the club prior to moving to Tallahassee, Florida. In August, Tom will begin his duties as Associate Dean for Instruction of the School of Theatre at Florida State University. Connie is finishing her MBA at Texas Tech. She will complete her final three hours at Florida State and graduate in December. We wanted to take this opportunity to tell all of the club members how much we have enjoyed running with you during the past five years. The WTRC has been one of the major bright spots while we have been in Lubbock. We will miss all of you.

Sincerely, Tom & Connie

NOMINATING COMMITTEE

President Ron Key, has appointed Jim Leser to chair the nominating committee this year. A slate of nominees will be in the August newsletter, and the election ballots will be in the September newsletter. If you would like to serve on the board or would like to nominate someone, please give Jim a call at 746-6101 (d) or 794-2474 (n).

RED RAIDER ROAD RACE

A third sponsor has signed on for this year's event, insuring a successful race. The sponsors are: CARDINAL'S SPORTS CENTERS, METHODIST HOSPITAL and FIRST NATIONAL BANK. We certainly should thank these folks for their support. Race Director, Bill Harn, needs our support too, so if you would like to help stage the race please give Bill a call at 794-6852.

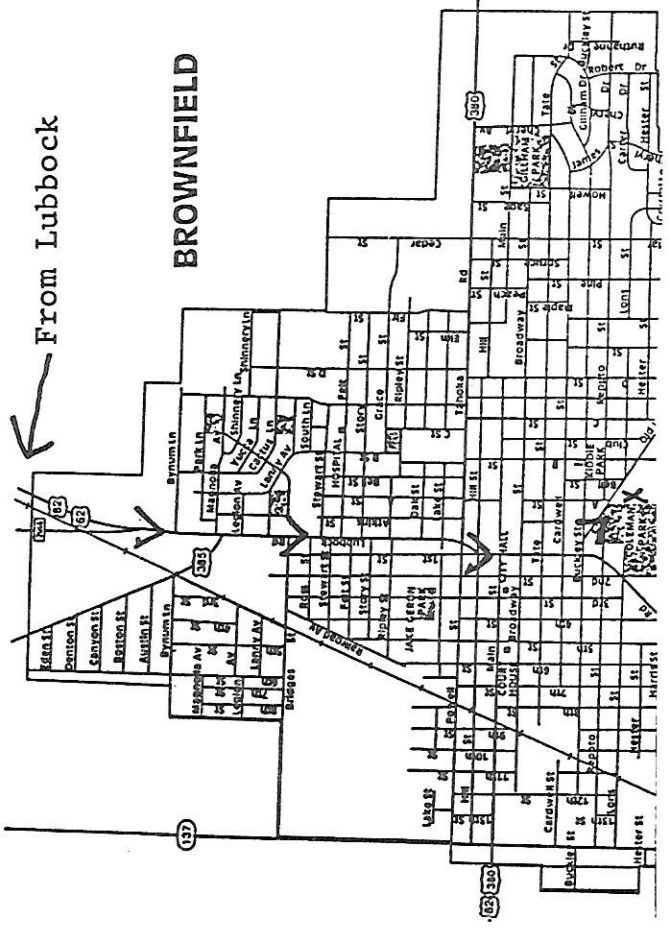
24th ANNUAL FIRECRACKER RUNS

Many have asked why this year's race is not being held on the 4th of July as it usually is. It has been a tradition of the club to not hold events on Sunday, thus the change. Race Director, Jim Leser sure needs some more help so if you can come down and help or bring a spouse or friend along to help, it would surely be appreciated. Jim needs to know who he can count on beforehand so give him a call at one of the numbers listed above. Jim and the Brownfield Chamber of Commerce are really excited about the prospects of celebrating the 25th anniversary next year.

TEXAS' OLDEST CONTINUOUS ROAD RACE
 SINCE 1970
 WEST TEXAS RUNNING CLUB'S ANNUAL FIRECRACKER RUNS
 BROWNFIELD, TEXAS JULY 4th

COURSE RECORDS

| | <u>10 MILE</u> | | | | YEAR |
|---------------|------------------|------------|-----|-------|------|
| | NAME | TOWN | AGE | TIME | |
| Overall | Jorge Pacheco | Levelland | 22 | 52:34 | 1990 |
| 19 & Under | Kim Wrinkle | Big Spring | 17 | 55:57 | 1975 |
| 30-39 | Bobby Cunningham | Abernathy | 39 | 57:59 | 1979 |
| 40-49 | Bobby Cunningham | Abernathy | 41 | 59:18 | 1981 |
| 50 and Over | Georgé Jury | Lubbock | 50 | 63:28 | 1987 |
| WOMEN | | | | | |
| Overall | Marjory Stewart | Lubbock | 32 | 65:30 | 1991 |
| 3 MILE | | | | | |
| MEN | | | | | |
| Overall | Dennis Williams | Lubbock | 29 | 14:23 | 1975 |
| 15 & Under | Carlos Ybarra | Lamesa | 15 | 15:58 | 1978 |
| 16-19 | Robert Schooler | Midland | 17 | 15:00 | 1980 |
| 30-39 | Steve Stallings | Stanton | 30 | 15:02 | 1982 |
| 40-49 | Bob Dunbar | Amarillo | 44 | 16:44 | 1978 |
| 50 & Over | George Jury | Lubbock | 52 | 17:45 | 1989 |
| WOMEN | | | | | |
| Overall | Isabel Navarro | Brownfield | 21 | 18:21 | 1979 |
| 30 & Over | Josie Aleman | Lubbock | 36 | 22:25 | 1988 |



West Texas Running Club
 presents

**TWENTY FOURTH ANNUAL
 FIRECRACKER RUNS**

Saturday, July 10, 1993

Registration: 7:00 am - 7:45 am
 Races Start: Children's 1 mile; 7:40 am
 3 and 10 mile; 8:00 am

Terry County Park, Brownfield, Texas
 From Lubbock on HWY. 62, go to the last
 stoplight, turn left on Buckley St. to Old Lamesa Rd.,
 turn right just past the swimming pool.

Entry Fees: Children's Run - \$1.00, 3 and 10 mile runs - \$5.00 for WTRC
 members and \$6.00 for non-members, family entry maximum of \$10.00

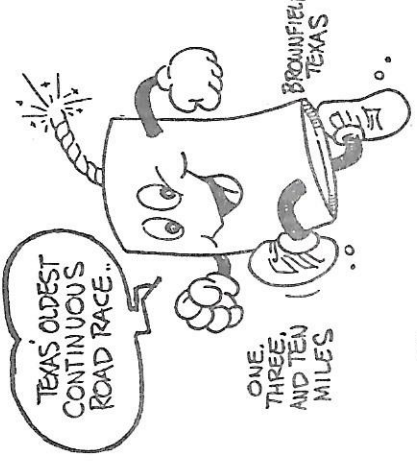
Special and Unique Commemorative Medallions. Awards to the 1st 3 in
 Each Age Group and to At Least 50 % of the Contestants.

| | <u>3 Mile Run</u> | | <u>10 Mile Run</u> | |
|--------------|-------------------|--------------|--------------------|--------------|
| | Male | Female | Male | Female |
| 15 and under | 15 and under | 15 and under | 19 and under | 19 and under |
| 16 - 19 | 16 - 19 | 16 - 19 | 20 - 29 | 20 - 29 |
| 20 - 29 | 20 - 29 | 20 - 29 | 30 - 34 | 30 - 34 |
| 30 - 34 | 30 - 34 | 30 - 34 | 35 - 39 | 35 - 39 |
| 35 - 39 | 35 - 39 | 35 - 39 | 40 - 44 | 40 - 44 |
| 40 - 44 | 40 - 44 | 40 - 44 | 45 - 49 | 45 - plus |
| 45 - 49 | 45 - 49 | 45 - plus | 50 - 54 | 55 - 59 |
| 50 - 54 | 50 - 54 | 55 - 59 | 60 - plus | |
| 55 - 59 | 60 - plus | | | |

Children's 1 mile run: Overall 1st Place Boy and Girl Receive a Commemorative Medal;
 Grades Preschool Through 7th Grade, Medal for 1st Place Boy and Girl in Each Grade,
 Finish Ribbons for the Remainder.

Award Presentations at 10:00 am. Watermelons Provided For Refreshment.

Contact: Race Director Jim Leser - (806) 746-6101(day) or (806) 794-2474(night)



**FIRECRACKER
 RUN!**