

CALENDAR

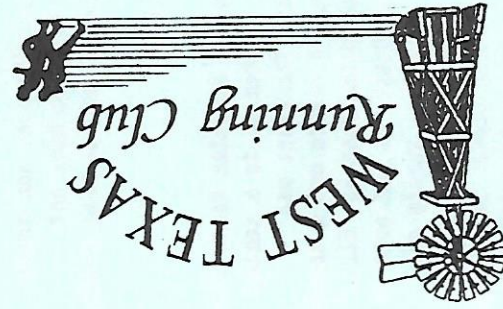
* Indicates WTRC Monthly Race and CHALLENGE SERIES EVENT

- JAN. 1 **NEW YEAR'S DAY FUN RUN**; 7 A.M., MACKENZIE STATE PARK party house, Ron Key, 747-4678 or 792-9280
- * JAN. 16 **LOOP THE LAKE 5 MILLER**; Canyon Lake One Gazebo, (BUDDY HOLLY PARK), Lubbock; 10 A.M., Joe Post, Race Director, 747-2820
- JAN. 24 **HOUSTON-TENNECO MARATHON**, Entry forms available at 4808 50th
- * FEB. 13 **COTTON PATCH RUN**; 9 A.M., FRENSHIP HIGH SCHOOL, Wolfforth, 8 and 4 Miles, Dennis Bell, Race Director, 741-0122
- FEB. 27 **COWTOWN MARATHON**, Fort Worth, Entry Forms will be at 4808 50th after Dec. 20th
- MAR. 6 **4th ANNUAL LCU MASTERS INDOOR TRACK MEET**
For information, call Steve Ireland at 792-6430
- MAR. 7 **MOTOROLA/AUSTIN MARATHON**; Austin, (512) 472-3272
- * MAR. 13 **PRAIRIE DOG TOWN FOUR MILLER**; MACKENZIE STATE PARK, Lubbock, 9 A.M., Jim Wilhelm, Race Director, 794-8421
- MAR. 28 **CAPITOL 10,000**; Austin
- MAR. 28 **MARATHON OF THE GREAT SOUTHWEST**; Abilene
- APR. 3 **RUN FOR THE ARTS**; Questionable Status
- * APR. 10 **FLIGHT LINE RACES**; 9 A.M., REESE AFB, Lubbock; Half-Marathon, 10K, and 2 Mile; Ronnie Nugent, Race Director, 793-1735, after 1 P.M.
- * MAY 8 **HORSESHOE BEND SPRING FROLIC**; 9 A.M., North of Slaton; 11, 6, and 2 Mile races, Carlos Vigil, Race Director, 767-2665 (D) or 762-1243 (N)
- * JUNE 12 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE**; 8 A.M., 10K & 2 Mi., Bill Roger, Race Director, 894-7911
- * JULY 10 **24th ANNUAL FIRECRACKER RUN**; 10 Mile and 3 Mile, 1 Mile children's run. 8:00 A.M., Brownfield
- * AUG. 14 **HOT DAM RUN**; 5 MILE, 8:00 A.M., Canyon Lake 6, Lubbock (23rd & Quirt), Ron Key, Race Director 747-4678 or 792-9280

January 1993



Season Greetings
and
Best Wishes for a
Happy, Prosperous and fit
New Year.



Newsletter
P.O. Box 2921
Lubbock, Texas 79408
JANUARY 1993



JANUARY W.T.R.C. RACE
"LOOP THE LAKE 5 MILE RUN"
BUDDY HOLLY PARK
January 16, 1993
See Page 11 for Details

WEST TEXAS RUNNING CLUB

OFFICERS DIRECTORS

PRESIDENT : RON KEY DENNIS BELL
 0 747-4678 H 792-9280 0 H 741-0122

INTERNAL VICE-PRES
CARLOS VIGIL GEORGE W. JURY
 0 767-2665 H 762-1243 0 792-3291 H 792-1237

EXTERNAL VICE-PRES
AL GROTZ JAMES BONE
 0 792-6015 H 792-2248 0 747-2448 H 792-8390

SECRETARY
THERESA MAREZ DAVID RODRIGUEZ
 0 765-2925 H 1-298-2075 0 741-4834 H 745-6927

TREASURER
MICHELLE JONES JOE MARTINEZ
 0 766-0282 H 793-2825 H 794-7355

MIKE KELLEY
 0 766-0237 H 832-4885

W.T.R.C. Races are usually held the Second Saturday of each Month

W.T.R.C. Official meetings are held monthly on the 2nd Tuesday, 7:00 P.M. at 3208 67th, Lubbock. These meetings are open and any member is invited to attend at any time

WHITE ROCK MARATHON RESULTS

At least two of our members, Jerry Wright and Chuck Johnson, ran their first marathon at Dallas Dec. 5, 1992. At "press time" we have not received the official results, so we'll have complete results next month.

W.T.R.C. AWARDS AND CHRISTMAS PARTY

Membership Director, Joe Martinez, wife Eva and daughter Norma along with Carlos Vigil, P.J. Mitchell and James Bone, treated us to a really super get together at the MACKENZIE Outdoor Center. The place was decorated and tables set ready for the party goers. A pinata was a special treat for the many youngsters in attendance and entertainment by "Elvis" and an appearance by Santa made the evening a real treat. We had over 60 members and guests plus an uncountable number of children. Nearly all award winners were present to get their prizes. Also to be thanked is P.J. Mitchell who obtained many really nice door prize gifts. James Bone also provided some of the gifts. The traditional Mexican food pot luck dinner was a belly buster!

WEST TEXAS RUNNING CLUB RED LINE FOUR MILE December 12, 1992 OVERALL RESULTS

PLACE	NAME	AGE	S	DIV	DIV	4M	PACE
1	PAUL LISTON	25	M	1	M2029	22:24	5:36
2	FRANK SUMPTER, JR	18	M	1	M0119	22:31	5:38
3	LOLA MERCADO	32	M	1	M3034	24:18	6:05
4	BRETT PEIKERT	25	M	2	M2029	24:47	6:12
5	JEFFREY JURY	32	M	2	M3034	24:48	6:12
6	MARK MORRIS	34	M	3	M3034	25:53	6:28
7	BILL RICE	35	M	1	M3539	25:54	6:29
8	KEN JERNIGAN	41	M	1	M4044	26:01	6:30
9	JIM LESER	46	M	1	M4549	26:04	6:31
10	TOM NISBETT	43	M	2	M4044	26:32	6:38
11	DAVID RODRIGUEZ	42	M	3	M4044	26:39	6:40
12	BOB RUSSELL	51	M	1	M5054	27:15	6:49
13	BOBBY MORA	25	M	3	M2029	27:38	6:55
14	GONZALO RAMIREZ	36	M	2	M3539	28:00	7:00
15	MARLIN HAMILTON	37	M	3	M3539	28:09	7:02
16	CARLOS VIGIL	44	M	4	M4044	28:25	7:06
17	DWAYNE OAKELEY	36	M	4	M3539	28:29	7:07
18	DENNIS BELL	32	M	4	M3034	28:48	7:12
19	JOSE AGUAYO	36	M	5	M3539	29:02	7:16
20	FRANCIS JARDINE	36	M	6	M3539	29:29	7:22
21	JAMES LIVERMORE	45	M	2	M4549	29:45	7:26
22	JOE MARTINEZ	47	M	3	M4549	29:50	7:28
23	GROTZ AL	43	M	5	M4044	29:59	7:30
24	HAL WILKERSON	47	M	4	M4549	30:08	7:32
25	CARLOS MORENO	15	M	2	M0119	30:15	7:34
26	RODOLFO MORENO	40	M	6	M4044	30:18	7:35
27	BILL ROGER	53	M	2	M5054	30:34	7:39
28	KARIN BONNER	15	F	1	F0119	30:37	7:39
29	BOB BERNERO	50	M	3	M5054	31:19	7:50
30	BOB LEMMON	42	M	7	M4044	31:25	7:51
31	RONNIE NUGENT	46	M	5	M4549	31:38	7:55
32	KENNY MAINES	38	M	7	M3539	31:51	7:58
33	KEVIN COX	29	M	4	M2029	32:18	8:05
34	ERIC WILSON	21	M	5	M2029	32:19	8:05
35	RON SEAL	36	M	8	M3539	32:31	8:08
36	JOY STOTTS	14	F	2	F0119	32:33	8:08
37	MATT BONNER	15	M	3	M0119	32:34	8:09
38	JON OMDAHL	46	M	6	M4549	33:05	8:16
39	ERNEST CAMP	48	M	7	M4549	33:07	8:17
40	JOHN STALCUP	59	M	1	M5559	33:08	8:17

WEST TEXAS RUNNING CLUB
RED LINE FOUR MILE
December 12, 1992
OVERALL RESULTS

PLACE NAME	AGE	S	DIV	DIV	4M	PACE
41 KAMI BROCK	14	F	3	F0119	33:17	8:19
42 TONY ALEMAN	43	M	8	M4044	33:19	8:20
43 BENTLEY GWYN	48	M	8	M4549	33:40	8:25
44 JOSIE ALEMAN	41	F	1	F4044	33:47	8:27
45 SANDY BAILEY	40	F	2	F4044	34:11	8:33
46 P.J. MITCHELL	48	F	1	F4599	34:25	8:36
47 SHIRLEY WIGLEY	39	F	1	F3539	35:24	8:51
48 HELEN ESQUIVEL	24	F	1	F2029	36:25	9:06
49 JOHN SCOTT	49	M	9	M4549	36:39	9:10
50 BRENDA MARTINEZ	25	F	2	F2029	37:43	9:26
51 JAN RAMIREZ	37	F	2	F3539	42:23	10:36

WEST TEXAS RUNNING CLUB'S 7th ANNUAL
REDLINE 4 MILE CROSS COUNTRY RACE

Saturday December 12, 1992
Race Director's Report

Squeezed between successive weekends of sleet and snow, the 1992 Redline pleased runners with warm, dry weather (45), the best in several years. Fiftyone fanatics tackled the hills for a fast-paced race at Mae Simmons Park.

First overall, with the second fastest time ever for the Redline was Paul Liston, registering a 22:24. Paul kept a steady, tough 5:36 pace to outlast Frank Sumpter, Jr. (22:31), still fresh from 4th place in the State 4A cross country meet. Third place went to Lolo Mercado (nice to see you back at the races, Lolo!). The highlight photo-finish this year saw Brett Peikert (2:53 at White Rock Marathon the previous Saturday) outlean Jeffrey Jury (3:04 at White Rock) for 4th overall.

All the divisions were very competitive this year. It was a pleasure to see junior high and high school runners competing. Welcome Karin and Matt Bonner to the club, students recently moved from Austin. Twenty percent of the competitors this year were female.

Special thanks to volunteers David Skelton, Sarah Stevenson, Trey and Tara Jernigan, Frank and Eloy Hernandez, David Davis, Chuck Johnson, Frank Sumpter, Sr., Ron Key and Theresa Marez. Enjoy the winter running weather, and we'll see you at next year's Redline.
Mike Keiley

W.T.R.C. 1992 CHALLENGE SERIES
FINAL STANDINGS

30 - 34 MALE		40 - 44 MALE	
PTS.	MILES	PTS.	MILES
93	96.7	12**	DAVID RODRIGUEZ
87	79.4	10**	BOB LEMMON
75	77.7	11*	KEN JERNIGAN
59	31.2	7*	CARLOS VIGIL
34	17.0	4	JOEY THACKER
20	30.1	4	JOE POST
11	14.0	3*	RODOLFO MORENO
0	5.0	1*	LARRY RENO
35 - 39 MALE			
96	36.1	11*	MIKE KELLEY
69	63.5	8*	TONY ALEMAN
61	22.0	7	JIM WILHELM
46	81.8	12*	ROBERT BLEVINS
45	74.6	10*	ROGER MITCHELL
36	66.5	8*	TOM WEIS
35	52.6	8*	DON LEWIS
34	34.3	4	PHIL HUR
25	39.2	6*	45 - 49 MALE
25	24.0	5*	HAL WILKERSON
24	9.0	3	JOE MARTINEZ
20	7.0	3	JAMES LESER
17	15.3	3	JOHN SCOTT
13	13.0	3	JAMES LIVERMORE
11	18.1	2	RONNY NUGENT
0	60.1	8*	JON MASOOD
20 - 29 MALE			
72	34.1	9	RICHARD FISCHENICH
59	49.4	8*	RON KEY
16	28.2	3*	DENNIS HUMPHREY
50 - 54 MALE			
78	90.9	11**	RON HILLIS
60	79.4	10*	JON OMDAHL
57	69.4	9*	TARA JERNIGAN
57	51.7	8*	BERNICE NELSON
53	46.7	8	AMY MORRIS
47	15.0	6*	0 - 19 MALE
39	38.0	5	FRANK SUMPTER JR.
38	75.9	9**	TREY JERNIGAN
22	17.2	3	JOHN RODRIGUEZ
18	19.0	2	SCOTT KINGHORN
0	37.4	5*	FRANK ESPINOSA
40 - 44 FEMALE			
108	73.6	12*	20 - 29 FEMALE
69	46.7	8	BRENDA MARTINEZ
37	42.3	6*	HELEN ESQUIVEL
0	13.1	1*	DEBBIE VALLES
35 - 39 FEMALE			
88	78.5	11*	ASHLEY GUM
59	29.3	8*	30 - 34 FEMALE
38	16.2	4	SUE SPITZ
60 - + MALE			
60	65.5	8*	MICHELLE JONES
36	27.2	4	MARJORY STEWART
21	15.1	3	KAY FELLOWS
45 - + FEMALE			
69	71.7	9*	P.J. MITCHELL
39	47.2	4*	EVA MARTINEZ
20	28.1	3*	SANDI HOWARD
55 - 59 MALE			
70	78.5	9**	GEORGE JURY
27	13.0	3	ART ONKEN

** = RACE DIRECTORS, * = VOLUNTEER

W.T.R.C. 1992 CHALLENGE SERIES
YEAR END AWARD WINNERS

Many thanks are due to those participating in the 1992 W.T.R.C. CHALLENGE SERIES as these are the ones primarily responsible for putting on the monthly club races for the rest of us to enjoy. There were 60 club members who volunteered for at least one race and several helped out with many races. There are also some others who donated their time and effort to the cause as well and we appreciate those spouses and friends. We especially appreciate the work of W.T.R.C. Internal Race Director, David Rodriguez whose responsibility was to keep the records and calculate the results of the events. The membership thanks you very much, David! In keeping within the rules of the CHALLENGE SERIES a participant is eligible for only one award, therefore in the awards listings those marked with an * have chosen to receive the award in a separate category. Approximately 40% of the eligible participants in each age group receive awards. The "66 Milers" receive special W.T.R.C. "66" T-Shirts.

"66 MILE CLUB"

Table with columns: Name, Points, Events, Miles. Includes sub-sections for AGE GROUP WINNERS, MALE, and FEMALE.

MILEAGE WINNERS

Table with columns: Name, Points, Events, Miles. Includes sub-sections for Men and Women.

PARTICIPATION LEADERS

Table with columns: Name, Points, Events, Miles. Includes sub-sections for Male and Female.

RUNNING FOR TIME 10K RUN

November 21, 1992 at MACKENZIE STATE PARK

Table with columns: PLACE, NAME, AGE, SEX, TIME. Lists winners for the 10K run.

5K RUN

Table with columns: PLACE, NAME, AGE, SEX, TIME. Lists winners for the 5K run.

1993 FIRECRACKER RUN
Race Director Needed

The 1993 FIRECRACKER RUN will be held Saturday, July 10th, since the 4th falls on the previous Sunday. Anyone wishing to serve as race director should contact Carlos Vigil at 767-2665 (d) or 762-1243 (n).

NEWS AND NOTES

NEW YEAR'S DAY FUN RUN

Start the New Year off with a run. Come join the fun at MACKENZIE STATE PARK at 7 A.M., Friday, January 1, 1993. We will meet at the Outdoor Center for an hour or so run through the park and then go to the KETTLE RESTAURANT at 66th and Interstate 27 for breakfast. For information, call Ron Key at 747-4678 (D) or 792-9280 after hours.

1993 CHALLENGE SERIES

A committee is studying the present Challenge Series rules to see if revision is in order. We had wonderful volunteer participation the past few years with the present program, but we want to make sure that the membership is pleased with it. Anyone who has suggestions should make them known to Carlos Vigil in writing or if you need to review the current policy you may obtain a copy from Carlos or from George Jury at 4808 50th. Carlos' address is 1919 23rd St., Lubbock, Tx 79411

W.T.R.C. OFFICER PROFILE

Carlos Vigil, Internal Vice-President Carlos was born in Laredo and is in the "40 plus" age group, (44 to be exact, editor) After high school he enlisted in the Air Force and served in Viet Nam. He attended TEXAS A & M and earned a Bachelor of Science in Landscape Architecture and a Master's degree in Urban Land Development. He has worked for DOW CHEMICAL and DUPONT CORPORATION but prefers municipal government employment. Currently he is employed with the City of Lubbock, Parks and Recreation Department as Park Development Supervisor. In this position he supervises and coordinates the planning and design of park projects and administers the budget for capital projects, grants and other private funding sources along with preparing master plans, feasibility studies, cost estimates and special reports.

Carlos has been training for runs since he was a high school long distance runner. He started competitive running in 1982 (34) and has participated in club activities since 1990 when he moved to Lubbock. He has served as secretary and now is Internal Vice-President, in which position he attends to all club races, working with race directors to stage a well organized event. He started marathons running after his association with WTRC and has run 12 marathons in the past 2 years. He accumulates up to 70 miles per week and enjoys summer running much more than winter. He runs the perimeter of TECH, MacKenzie, Mae Simmons and Canyon Lake Six Parks. His goal is to keep running as long as he is alive.

He is involved in several community organizations. He is Educational VP of Towncriers Toastmasters; March of Dimes Board Member; President of the Board of the Early Learning Centers of Lubbock; Caprock Girl Scout Board Member; a Tutor for the Adult Literacy Council and is ROAD RUNNERS CLUB of AMERICA state representative.

He says that Lubbock is his home now and believes there is no better place to live and train than Lubbock. (Editors note: Carlos is single!)

JINGLE BELL RUN FOR ARTHRITIS
TEN KILOMETER ROAD RACE
Lubbock, Texas

DEC. 5, 1992; 9:00 A.M.; SLEET, ICY ROAD, 21 DEGREES

PLACE NAME	DIV	DIV	AGE	S	10K	DEGREES	PACE
1 MARJORY STEWART	1	F3039	33	F	41:28	6:40	
2 MARK MORRIS	1	M3039	34	M	42:22	6:49	
3 RICK SYPERT	2	M3039	37	M	43:20	6:58	
4 MICHAEL SMILEY	3	M3039	37	M	46:39	7:30	
5 RANDY WOLCOTT	4	M3039	36	M	46:41	7:31	
6 DWAYNE OAKELEY	5	M3039	36	M	47:09	7:35	
7 MILES HYMAN	1	M5099	54	M	48:07	7:45	
8 MARK GARLAND	6	M3039	39	M	48:28	7:48	
9 WENDELL WARMAN-ADAMS	1	M4049	43	M	50:39	8:09	
10 STEVE LEHMANN	7	M3039	34	M	51:57	8:22	
11 KAY FELLOWS	2	F3039	34	F	52:18	8:25	
12 JON OMDAHL	2	M4049	46	M	56:35	9:06	
13 CHERYL BAUKEN	3	F3039	32	F	1:03:50	10:16	
14 STEVEN CLARK	1	M2029	23	M	1:03:54	10:17	
15 DIANE CARR	4	F3039	32	F	1:04:19	10:21	

JINGLE BELL RUN FOR ARTHRITIS
5K ROAD RACE
Lubbock, Texas

DEC. 5, 1992, 9:00 A.M.; SLEET, ICY ROAD, 21 DEGREES

PLACE NAME	DIV	DIV	AGE	S	5K	DEGREES	PACE
1 JEFF DAVIS	1	M2029	26	M	21:00	6:46	
2 JOE GOMEZ	1	M4049	49	M	22:17	7:10	
3 NONE KITTEN	2	M2029	28	M	23:37	7:36	
4 NONE GENTRY	1	M0119	19	M	23:38	7:37	
5 NONE BUJNI	3	M2029	29	M	23:59	7:43	
6 SUE SPITZ	1	F3039	31	F	24:29	7:53	
7 JOHN STALCUP	1	M5099	59	M	25:05	8:05	
8 CHERYL BENOIT	2	F3039	39	F	25:16	8:08	
9 OTTO SPITZ	1	M3039	35	M	26:24	8:30	
10 RICK LAMPE	2	M4049	48	M	28:06	9:03	
11 NONE GATZKI	4	M2029	22	M	29:36	9:32	
12 REBECCA DOWNS	1	F2029	27	F	32:54	10:36	
13 JAN MUERY	2	F2029	22	F	34:16	11:02	
14 TEDD MUERY	5	M2029	22	M	34:16	11:02	
15 PATRICK KELLY	6	M2029	29	M	36:36	11:47	
16 CATHY JURGENSEN	3	F3039	38	F	40:59	13:12	

KEY NOTES

From our President

To the Membership of the WTRC

Over the last several years, the WTRC has worked with the Lubbock Cultural Affairs Council, a division of the Lubbock Chamber of Commerce, to stage the annual Run for the Arts. Our original agreement was that we paid the LCAC a percentage of the net profits of the run. However the 1992 agreement evolved into a paid-for-fee of \$2,500.00 for the West Texas Running Club. There were both pros and cons from the club's point of view. It lessened the dollars we normally made, but in the trade off it took the financial risk off the club. The board members felt it was in the best interest of the club to accept the fee basis for the run. After a successful 1992 run, which by the way had a lot of members up at 4:00 am the morning of the race redoing the course because heavy rains had flooded parts of the course, the LCAC decided the WTRC was overpaid for their efforts. The Council suggested the club stage the race for 1993 at a reduced fee of approximately \$1,250.00 based on the profits or loss of the run.

The Board of Directors of the WTRC at the December 8, board meeting voted to decline the reduced offer for several reasons, but primarily felt the run really over worked the club and greatly taxed its membership and that the reduced fee was not adequate for the work expended. We offered to the Lubbock Cultural Affairs Council to continue (1) under the original agreement, or (2) under the fee paid structure of \$2,500.00. They have refused our offer and we have refused their offer.

So at the December 8, 1992 board meeting, the Board of Directors voted to search out other ways to fund our club. At this time it is unclear as to whether the Run for the Arts will be staged by someone else or some other entity in the community. However, after many months of negotiations, the WTRC has ceased negotiations with the LCAC and does not plan to be active with or in support of the Run for the Arts.

We will be looking for a project or projects to replace the funds generated from the Run for the Arts. If you have any suggestions, your input is greatly appreciated.

At your service,

Ron Key
President

WEST TEXAS RUNNING CLUB'S
"LOOP THE LAKE"
5 MILE RUN

Initial event of the 1993 W.T.R.C CHALLENGE SERIES

WHEN: SATURDAY, JANUARY 16, 1993

REGISTRATION 9:00-9:45 A.M.
 RACE START AT 10:00 A.M.

WHERE: BUDDY HOLLY PARK, West end of park at gazebo, just off Loop 289 access road (Or west on Canyon Lake Road off University Ave)

COURSE: 5 Miles; 2 plus loops of CANYON LAKE 1 & 2
 Paved rolling terrain

ENTRY FEE: W.T.R.C. MEMBERS= \$ 4.00
 OTHERS = \$ 5.00

AWARDS: Custom designed 16x26 Runner's towels ("sweat rag")with WTRC "LOOP THE LAKE" Logo to the first three and up to 40% in the following Divisions (Any of the towels not awarded in the age groups, will be given away in overall finish order to those not receiving Age Group awards.)

AGE DIVISIONS:

MEN 0-19; 20-29; 30-34; 35-39; 40-44; 45-49;
 50-54; 55-59; 60 & Over
 WOMEN 0-19; 20-29; 30-34; 35-39; 40-44; 45 & Over

RACE DIRECTOR: Joe Post, 747-2820

W.T.R.C. LOGO JACKETS

To get your brightly colored TYVEK windbreaker jackets with the W.T.R.C. logo, call Joe Martinez at 794-7355. The cost on these jackets this time is \$22. Also, a deal has been made with PATTERSON'S T's to allow members to have the windmill/runners logo, 11" X 12", for a cost of \$1.59 or placed on your own clothing for an additional \$1 cost. PATTERSON'S T's is located at 4515 34th St.

Joe also has several leftover Run For The Arts T-Shirts and some of the past RED RAIDER long - Sleeved T- Shirts which he will have at the races.