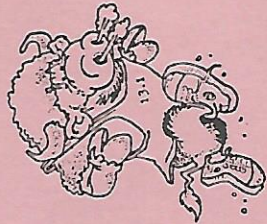


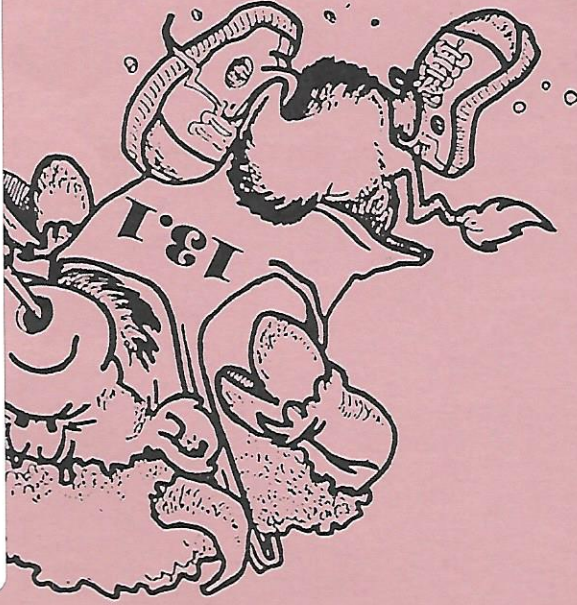
CALENDAR of EVENTS

* Denotes Monthly W.T.R.C. Race

- NOV. 3 **COOL BREEZE 10K & 2 MI.** Lubbock Parks & Recreation call Andy Cedillo at 767-2690
CANCELLED
- NOV. 3 **PALO DURO 50 MILER;** Contact Don Kesinger at (806) 355-3752
- NOV. 3 **ROARING SPRINGS 10K and 2MI. walk;** Contact Joey Thacker at 1-348-7560 ***** Rescheduled for late April or May*****
- * NOV. 10 **18th Annual BUFFALO WALLOW RACES;** George Jury, Race Director 792-3291 (7:30-10:00A.M., 1:00-5:00 P.M.) 792-1237 after 6 PM
- NOV. 11 **SAN ANTONIO MARATHON,** San Antonio, Sun, 6 A.M. TAC required, \$15 prior to Nov 4. \$25 after 512-732-1332
- NOV. 17 **ADA TURKEY TROT,** 2Mi and 4Mi ; Contact O.J. Jimenez at 791-1086 or the ADA at 794-0691
- DEC. 2 **WHITEROCK MARATHON,** Dallas Sun, 8 A.M. \$25 Preregistration Write " " P.O. Box 743335, Dallas, Tx 75374-3335 or call (214) 526-5318
- * DEC. 8 **REDLINE CROSS COUNTRY RACE;** 9 A.M. MAE SIMMONS PARK Mike Kelley, Race Director; 766-0237 day; 793-2728 night
- DEC. 15 **W.T.R.C. Fun Run and Pot luck supper** 4 P.M. Details in December Newsletter
- * JAN. 12 **MLK MEMORIAL RUN;** 9 A.M. RAFB
- JAN. 20 **HOUSTON-TENNECO MARATHON;** Houston, Sun, 8 A.M. Contact " " P.O. Box 56464, Houston, Tx 77027 or call (713) 757-2700
- * FEB. 9 **COTTON PATCH RUN**
- * MAR. 9 **PRAIRIE DOG TOWN FOUR MILER**
- * APRIL 13 **FLIGHT LINE RACES**
- APRIL 20 **RUN FOR THE ARTS**
- OCT. 19 **RED RAIDER ROAD RACE**



November 1990



18th Annual BUFFALO WALLOW RACES

W.T.R.C. November Race

Newsletter
P.O. Box 2921
Lubbock, Texas 79408

NOVEMBER 1990

Running Club

WEST TEXAS



Nov. 10, 1990: Details Inside Back Cover

WEST TEXAS RUNNING CLUB

OFFICERS

PRESIDENT : RON KEY

0 765-5551 H 792-9280

INTERNAL VICE-PRES

ART RUTHERFORD

0 765-7620 H 797-1244

EXTERNAL VICE-PRES

WES BOULLIOUN

0 765-3561 H 745-3607

SECRETARY

BARBARA VITALEC

0 795-9454 H 745-9638

TREASURER

MICHELLE JONES 0 766-0282 H 747-0102

W.T.R.C. Races are usually held the Second

Saturday of each Month

W.T.R.C. Official meetings are held monthly on the 2nd Tuesday, 7:00 P.M. at 3208 67th, Lubbock. These meetings are open and any member is invited to attend at any time

HELP WANTED

CLUB MEMBERS, SPOUSES, or FRIENDS WHO WOULD BE INTERESTED IN LEARNING ABOUT THE CLUB'S COMPUTER RACE SCORING PROGRAM CONTACT GEORGE JURY AT THE ABOVE NUMBERS

ALSO

ANYONE WHO WOULD BE INTERESTED IN HELPING TO PRODUCE THE NEWSLETTER PLEASE CONTACT GEORGE JURY, AGAIN AT THE ABOVE LISTED NUMBERS. A KNOWLEDGE OF AND ACCESS TO A COMPUTER WORD PROCESSING or DESKTOP PUBLISHING PROGRAM WOULD BE VERY HELPFUL.

WEST TEXAS RUNNING CLUB'S
"GO FOR THE GOLD" 5K RACE
EVENT # 10 of the W.T.R.C. CHALLENGE SERIES
SATURDAY, OCTOBER 13, 1990
MICHELLE JONES, RACE DIRECTOR

Saturday October 13th dawned crisp and cool with a temperature in the mid 40's and a slight wind mostly at the back of the 49 participants in this the third "RUN FOR THE GOLD" event sponsored by W.T.R.C. For the first time the "GOLD" standard was met not by one but by two club members. The first to achieve their goal was 15 year old Frank Sumpter, Jr. of Lamesa and a little less than a minute later was 54 year old George Jury of Lubbock.

Willing volunteers helping to stage this race were Robert Guajardo, Mike Greer, Dennis Bell, Lupe Valderaz and Gonzalo Ramirez. Thanks a lot folks!!

PLACE	NAME	AGE	SEX	TIME	RRCA AWARD	PLACE	AGE GROUP
01	Frank Sumpter, Jr.	15	M	17:41	GOLD	1st	19&Under
02	Rodney Hendrix	24	M	17:44	Silver	1st	20-29
03	Jimmy Samarron	35	M	17:48	Silver	1st	30-39
04	Bill Harn	36	M	18:07	Silver	2nd	30-39
05	George Jury	54	M	18:25	GOLD	1st	50-59
06	Mike Chamales	45	M	18:55	Silver	1st	40-49
07	Kurt Johnson	26	M	18:59	Bronze	2nd	20-29
08	Gonzalo Ramirez	34	M	19:15	Bronze	3rd	30-39
09	Cande Olivas	28	M	19:32	Yellow	3rd	20-29
10	Peter Matthews	39	M	19:33	Bronze	4th	30-39
11	Joey Thacker	43	M	19:40	Silver	2nd	40-49
12	Gary Perry	45	M	19:57	Silver	3rd	40-49
13	Larry Reno	38	M	20:00	Bronze	5th	30-39
14	Joe Martinez	45	M	20:10	Bronze	4th	40-49
15	Tommy Parrish	33	M	20:13	Bronze	6th	30-39
16	David Doyle	32	M	20:17	Bronze	7th	30-39
17	Larry Byrd	49	M	20:19	Silver	5th	40-49
18	David Zavala	14	M	20:32	Bronze	2nd	19&Under
19	Joe Gomez	47	M	20:34	Silver	6th	40-49
20	Troy Shull	23	M	20:35	Yellow	4th	20-29
21	Rick Deaver	34	M	20:40	Bronze	8th	30-39
22	Ed Dabrowski	32	M	20:45	Yellow	9th	30-39
23	Ronnie Nugent	43	M	20:54	Bronze	7th	40-49
24	Mark Garland	36	M	21:06	Yellow	10th	30-39
25	Alan Valderaz	14	M	21:16	Bronze	3rd	19&Under
26	Bill Roger	51	M	21:29	Bronze	2nd	50-59
27	Rich Kelly	40	M	21:30	Bronze	8th	40-49
28	Clint Ramsey	52	M	21:36	Bronze	3rd	50-59
29	John Stalcup	57	M	21:52	Silver	4th	50-59
30	Shirley Wigley	36	F	22:08	Silver	1st	30-39F
31	Chris Stewart	17	M	22:29	Yellow	4th	19&Under
32	John Harper	55	M	22:35	Bronze	5th	50-59
33	David Dunwoody	35	M	22:48	Yellow	9th	40-49
34	Jon Masood	44	M	22:49	Yellow	6th	50-59
35	Jerry Wright	52	M	22:57	Bronze	7th	50-59
36	James Bone	51	M	23:13	Bronze	2nd	30-39F
37	Josie Aleman	39	F	24:00	Bronze	8th	40-49
38	Phil Hur	38	M	24:20	Yellow	2nd	30-39F
39	Don Hunt	56	M	24:51	Yellow	8th	50-59
40	Tony Aleman	41	M	24:54	Yellow	10th	40-49
41	Jan Ramirez	35	F	25:00	Bronze	3rd	30-39F
42	Samantha Jones	20	F	25:03	Yellow	1st	20-29F
43	Adam Wesley	14	M	26:29	Yellow	5th	19&Under
44	Stephen Fannin	40	M	27:18	Orange		
45	Paul Richard	34	M	28:08	Orange		
46	Connie Evans	41	F	28:14	Yellow		
47	Lonnie Hollingsworth	58	F	30:36	Orange	1st	40+ F
48	P.J. Mitchell	45	F	32:29	Orange	2nd	40+ F
49	Laurie Gomez	16	F	37:13	Orange	1st	19&UnderF

**WEST TEXAS RUNNING CLUB
1990 CHALLENGE SERIES STANDINGS
AFTER 10 EVENTS**

30 - 39 MALE		40 - 49 MALE		EVT.		PTS.		MILES	
JIM SAMARRON	86	42.3	9*	ROBERT GUAJARDO	10*	90	65.9	10*	10*
BILL HARN	76	58.6	8*	JOE MARTINEZ	9*	73	65.9	9*	9*
DAVID DOYLE	61	41.1	10**	JOE THACKER	9	64	60.8	9	9
GONZALO RAMIREZ	58	43.5	8**	MIKE CHAMALES	6	59	17.1	6	6
LARRY RENO	54	68.6	10*	CARLOS VIGIL	6*	45	40.3	6*	6*
ED DABROWSKI	51	33.1	10*	GARY PERRY	7*	42	50.8	7*	7*
DAVID RODRIGUEZ	44	30.0	6*	TONY ALEMAN	10	31	63.8	10	10
WES BOULLION	35	40.4	6	PAUL RINEHART	5	29	16.2	5	5
DAVID DUNWOODY	33	38.7	9*	JOE A.GOMEZ	4	29	12.1	4	4
TOMMY PARRISH	30	16.4	5	FRANK GOODMAN	5	27	38.3	4	5
MILT BROWNFIELD	27	15.1	3	AL GROTZ	4	28	28.4	4	4
KEN JERNIGAN	23	22.2	4	LARRY BYRD	6*	26	47.6	6*	6*
JAMES IVEY	22	23.1	3	RON KEY	7**	23	62.8	7**	7**
JIM WILHELM	19	40.3	4	RONNIE NUGENT	8**	22	71.9	8**	8**
LOLO MERCADO	19	23.1	2	JAMES LIVERMORE	6	21	46.4	6	6
BARNEY ADAMS	18	24.0	3	MIKE KELLEY	5*	19	30.5	5*	5*
RANDY BONDS	17	18.4	3	DAVID KNAFF	2	16	5.0	2	2
JOHN FOLEY	15	26.0	3	JON MASOOD	5	13	30.5	5	5
DWAYNE OAKLEY	15	13.2	3	MIKE NELSON	2	12	8.0	2	2
PHIL HUR	13	35.7	7	TOM BROWN	1	8	2.0	1	1
BOBBY LUGO	12	22.4	4	GARY BODENSTEINER	1	7	2.0	1	1
RICK DEAVER	12	35.6	6	BILL VITALEC	3*	6	25.4	3*	3*
JOE STALCUP	12	30.3	3	R.M. BRADY	4	4	31.3	4	4
OTTO SPITZ	11	20.2	3*	WALTER JORDEN	1	3	6.2	1	1
RON SEAL	10	8.0	3						
RICK BUCKBERRY	10	23.1	2	0 - 19 FEMALE	EVT.	PTS.	MILES	EVT.	EVT.
P.T. DUFFEY	8	41.2	6	TARA JERNIGAN	3*	20	9.0	3*	3*
MARK HOLCOMB	8	2.0	1						
GARY BOREN	7	24.1	2	0 - 19 MALE	EVT.	PTS.	MILES	EVT.	EVT.
DAVID MILLER	7	14.2	1*	TREY JERNIGAN	6*	48	22.2	6*	6*
RODOLFO MORENO	5	8.0	1	ALAN VALDERZ	6*	38	17.1	6*	6*
RAUL RICHARD	5	13.1	4	JAY WINFREY	4	30	13.0	4	4
DAN FOSSOY	3	6.0	1	JOHN RODRIGUEZ	3*	26	9.0	3*	3*
DAVID SKELTON	3	6.0	2	MIKE DOLL	2	13	4.0	2	2
MICKY DAVIS	2	26.2	4	CHARLES PYRON	1	10	4.0	1	1
ROGER MARKS	0	9.0	2	JERRY MCGINNIS	1	09	6.2	1	1
LUIS CARDENAS	0	8.0	1*	ADAM HERNANDEZ	1	07	2.0	1	1
				ANDY HERNANDEZ	1	06	2.0	1	1
				20 - 29 FEMALE	EVT.	PTS.	MILES	EVT.	EVT.
CANDE OLIVAS	43	23.1	5*	SUE HOULE	6	60	48.5	6	6
MARK MANLEY	36	52.3	5*	SAMANTHA JONES	6	56	43.4	6	6
NASARIO HERNANDEZ	31	24.6	4	KATHY WILSON	4	40	12.0	4	4
SONNY GUFFEY	19	10.0	3	SHANA PIERCE	3	29	27.2	3	3
WILLIAM STROMBERG	8	13.1	1	HELEN ESQUIVEL	3*	28	24.1	3*	3*
CHRIS ENGBRETSON	7	4.0	1	LUCY HERNANDEZ	3	28	22.2	3	3
TERRY BAUGH	7	15.1	2*	TRACY BAUGH	4*	19	32.2	4*	4*
				JODYNE VERNLUND	1	9	6.2	1	1
				30 - 39 FEMALE	EVT.	PTS.	MILES	EVT.	EVT.
BILL ROGER	76	85.2	10**	JOSIE ALEMAN	10*	88	29.1	10*	10*
JOHN STALCUP	68	43.2	8*	SHIRLEY WIGLEY	9**	57	65.6	9**	9**
JAMES BONE	61	72.8	10*	JAN RAMIREZ	7*	43	28.1	7*	7*
TOM JONES	58	58.8	8	MICHELLE JONES	6*	25	23.4	6*	6*
BOB SMITH	25	18.4	3	APRIL STEIN	5*	50	45.4	5*	5*
FRANK HERNANDEZ	23	10.0	3*	SUSAN HOLCOMB	1	9	6.2	1	1
RALPH WILLIAMS	19	10.2	2	GERI RUSSELL	1	8	4.0	1	1
LONNIE HOLLINGSWORTH	14	10.1	3						
BOB WHIDDON	10	6.0	1	40 - + FEMALE	EVT.	PTS.	MILES	EVT.	EVT.
TOM BOWSER	10	11.0	1	CONNIE EVANS	9	87	52.9	9	9
MIKE GREER	9	11.1	2	P.J. MITCHELL	7	57	32.1	7	7
DALE GREEN	7	13.1	1	ROSIE MARMOLEJO	3	28	9.0	3	3
				BARBARA VITALEC	3*	10	25.4	3*	3*
				SANDI HOWARD	1*	0	6.2	1*	1*
				DORIS STALCUP	3*	0	20.0	3*	3*

** = RACE DIRECTORS
* = HAVE / OR WILL VOLUNTEER

**RED RAIDER ROAD RACE
SEPTEMBER 29, 1990**

Race Results

**Benefiting the Texas Tech/
West Texas Running Club
Academic Scholarship Fund**

The 1990 RED RAIDER ROAD RACE was a great success. thanks to a great bunch of willing volunteers who put in a lot of hours collectively. Most comments from participants have also been very favorable. Thanks to some generous contributors we had some nice prizes and giveaways. The first 100 to pick up their race packets received a water bottle and the first 40 across the finish line in each race earned a cotton T-Shirt from the POWER BURST Company. In order for a race such as this to be a success and contribute to the scholarship fund we must have willing and generous sponsors such as METHODIST HOSPITAL; CARDINALS; and FIRST NATIONAL BANK. Many thanks are due them! Individuals who deserve special mention are as follows:

From the Student Rec Center: Tom Weis for Pre-Race help and Ralph Kleinsmith for race day help
Registration: Pat Judy in charge with the help of:
Doris Stalcup, Sandi Howard, Jon Masood, Gary Perry, Sue Perry, James Bone, Terry Baugh, Tracy Baugh, and 3 students. Britta, Michael and Darcy
Course Manager: Jeffrey Jury

Water Stops: Orlene Stroud and Bernie Gradels
Scout troupe 157 (who also were corner marshalls)
Race Leader: Marlin Hamilton

Split Timers: Jeffrey Jury, Jon Masood, and Don Lewis
Finish Line: George Jury

Chronomix operator: Sam Gentry
Compiler: Gary Perry
Chute manager: Tracy Baugh with Sue Perry, Elizabeth Perez, and Ethyl Lewis
Race Announcer: Joe Stalcup with Helen Esquivel & Michelle Jones
Select time Recorder: Pat Jury

Of course there are several who pitched in to help at the last minute who deserve commendation that we'll just have to say thanks to without special mention of names.

Race Committee: Art Rutherford; Tracy Baugh; Gary Perry and George Jury

RED RAIDER ROAD RACE
SEPTEMBER 29 1990

*** OFFICIAL RESULTS ***

Table with columns: NO. NAME, TIME (HH:MM:SS), PACE (MH:SS), FINISH POSITION (ALL H F), RACE, SEX & AGE GROUP, POS SEX AGE GRP. Includes names like Schroger, Stambaugh, Hendrix, Rodney, Sa, Joao, Moreno, Levesque, Ed, Chahaes, Michael, Barrentine, John, Fuentes, Halcolh, Vardy, James, Bolton, David, etc.

RED RAIDER ROAD RACE
SEPTEMBER 29 1990

*** OFFICIAL RESULTS ***

Table with columns: NO. NAME, TIME (HH:MM:SS), PACE (MH:SS), FINISH POSITION (ALL H F), RACE, SEX & AGE GROUP, POS SEX AGE GRP. Includes names like Wright, Jerry, Alehan, Josie, Hargrove, Dwayne, Kittan, Crystal, Evans, Richard, Heatherly, Jeannette, Jennings, Dennis, Reid, Jay, Schmeers, Dale, Collins, Richard, Day, Rick, Gandy, Ernie, Davis, Charles, Kolbe, Van, Kurie, Cecil, Roberson, Brenda, Iverson, Bob, Hildebrand, John, Moffett, Steve, Hardesty, Ed, Alehan, Tony, Escudero, Ivonne, Ramirez, Jan, Bugg, David, Schield, Sabrina, Fuentes, Rosa, Hensarling, Charles, Duran, Donna, Baugh, Terry, Powers, Rebecca, Keene, David, Terrell, James, Weibel, Robert, Lefellar, Laura, Harp, Allen, Rinehart, Paul, Mc Inroe, Frank, Jackson, Charles, Cornin, Edward, Taylor, Glenn, Hayfield, Stan, Berlingeri, Connie, Fillingim, Casie, Wood, Billy, Humphrey, Sandra, Shippey, Patti, Kissko, Patti, Garcia, Rafael, Richard, Paul, Blackmon, Gayle, Greig, Terrell, Thompson, Joyce, Thompson, Phillip, Stites, Robert.

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 RED RAIDER ROAD RACE
 SEPTEMBER 29 1990
 *** OFFICIAL RESULTS ***

9
 RED RAIDER ROAD RACE
 SEPTEMBER 29 1990
 *** OFFICIAL RESULTS ***

NO. NAME	- TIME -		PACE		FINISH POSITION		RACE	SEX & AGE GROUP POSITIONS		SEX & AGE GROUP POS SEX AGE GRP
	HH:MM:SS	MM:SS	HH:MM:SS	MM:SS	ALL	M		F	M	
0410 POPE, DAVID	00:30:08	09:41	00:30:08	09:41	121	96	5km	9	M 20 - 24	9 M 20 - 24
0459 ZOVNE, KARI	00:30:08	09:41	00:30:08	09:41	:22	26	5km	7	F 20 - 24	7 F 20 - 24
0451 COPELAND, JEFF	00:30:19	09:45	00:30:19	09:45	:23	97	5km	17	M 30 - 34	17 M 30 - 34
0424 OWENS, JOHN	00:30:30	09:48	00:30:30	09:48	:24	98	5km	2	M 60 - 999	2 M 60 - 999
0315 NEVITT, JOE	00:30:31	09:49	00:30:31	09:49	:25	99	5km	14	M 45 - 49	14 M 45 - 49
0411 ANDERSON, CHUCK	00:30:37	09:51	00:30:37	09:51	126	100	5km	4	M 50 - 54	4 M 50 - 54
0462 ESQUIVEL, ROY	00:30:40	09:52	00:30:40	09:52	127	101	5km	15	M 45 - 49	15 M 45 - 49
0391 REYES, OSCAR	00:30:42	09:52	00:30:42	09:52	:28	102	5km	13	M 35 - 39	13 M 35 - 39
0313 HULLAN, CAROLIE	00:30:44	09:53	00:30:44	09:53	129		5km	1	F 50 - 65	1 F 50 - 65
0414 DEAN, BILL	00:30:50	09:55	00:30:50	09:55	130	103	5km	5	M 50 - 54	5 M 50 - 54
0402 GREEN, HARRISON	00:30:59	09:58	00:30:59	09:58	131	104	5km	14	M 35 - 39	14 M 35 - 39
0333 HARGROVE, TINA	00:31:02	09:59	00:31:02	09:59	:32		5km	6	F 30 - 34	6 F 30 - 34
0376 STOVALL, JENNI	00:32:20	10:24	00:32:20	10:24	:33	29	5km	7	F 25 - 29	7 F 25 - 29
0441 CHAHALES, LINDA	00:32:22	10:24	00:32:22	10:24	:34	30	5km	3	F 45 - 49	3 F 45 - 49
0398 PROVENCE, ANNE	00:32:26	10:26	00:32:26	10:26	:35	31	5km	7	F 35 - 39	7 F 35 - 39
0352 GALLAGHER, DANETTE	00:32:28	10:26	00:32:28	10:26	136	32	5km	7	F 30 - 34	7 F 30 - 34
0127 DAVIS, ROSS	00:33:43	05:25	00:33:43	05:25	1		10km	1	M W/CHAIR	1 M W/CHAIR
0116 HILLARD, LARRY	00:33:44	05:25	00:33:44	05:25	2	1	10km	1	M 20 - 24	1 M 20 - 24
0446 VAN PELT, JERRY	00:33:45	10:51	00:33:45	10:51	137	105	5km	5	M 55 - 59	5 M 55 - 59
0118 GREEN, TIM	00:34:28	05:32	00:34:28	05:32	3	2	10km	1	M 25 - 29	1 M 25 - 29
0368 SCHROEDER, JULIE	00:34:59	11:15	00:34:59	11:15	138		5km	8	F 20 - 24	8 F 20 - 24
0369 WALLACE, BRIDGETT	00:35:00	11:15	00:35:00	11:15	139		5km	9	F 20 - 24	9 F 20 - 24
0120 MERRADO, LOLO	00:35:59	05:47	00:35:59	05:47	5	4	10km	1	M 30 - 34	1 M 30 - 34
0112 MORRISON, JEFF	00:36:16	05:50	00:36:16	05:50	6	5	10km	2	M 0 - 19	2 M 0 - 19
0113 GARNER, JAMES	00:36:21	05:51	00:36:21	05:51	7	6	10km	2	M 20 - 24	2 M 20 - 24
0121 MERCADO, VINCE	00:36:34	05:53	00:36:34	05:53	8	7	10km	2	M 30 - 34	2 M 30 - 34
0095 PULTE, JOHN	00:37:26	06:01	00:37:26	06:01	9	8	10km	2	M 25 - 29	2 M 25 - 29
0070 SMRELL, DAVID	00:37:31	06:02	00:37:31	06:02	9	8	10km	2	M 25 - 29	2 M 25 - 29
0403 BLODGETT, LYNN	00:38:01	12:13	00:38:01	12:13	140		5km	8	F 30 - 34	8 F 30 - 34
0330 BLODGETT, LYNN	00:38:02	12:14	00:38:02	12:14	141		5km	3	M 0 - 19	3 M 0 - 19
0043 SUMPTER JR., FRANK	00:38:02	06:07	00:38:02	06:07	10	9	10km	4	M 0 - 19	4 M 0 - 19
0166 BELTRAN, GABRIEL	00:38:11	06:08	00:38:11	06:08	11	10	10km	3	M 25 - 29	3 M 25 - 29
0061 HINGHELLA, MARK	00:38:20	06:10	00:38:20	06:10	12	11	10km	4	M 25 - 29	4 M 25 - 29
0157 STEWART, ANDREW	00:38:59	06:16	00:38:59	06:16	13	12	10km	1	M 0 - 19	1 M 0 - 19
0044 SUMPTER SR., FRANK	00:39:09	06:18	00:39:09	06:18	14	13	10km	4	M 35 - 39	4 M 35 - 39
0156 STEWART, MARJORY	00:39:15	06:19	00:39:15	06:19	15	14	10km	1	F 30 - 34	1 F 30 - 34
0002 GUJARDO, ROBERT	00:39:30	06:21	00:39:30	06:21	16	14	10km	1	M 45 - 49	1 M 45 - 49
0026 ROGERS, DOSS	00:39:44	06:23	00:39:44	06:23	17	15	10km	2	M 35 - 39	2 M 35 - 39
0051 ROHERO, ADAM	00:39:53	06:25	00:39:53	06:25	18	16	10km	2	M 45 - 49	2 M 45 - 49
0094 WILSON, BOBBY	00:39:59	06:26	00:39:59	06:26	19	17	10km	3	M 45 - 49	3 M 45 - 49
0056 HEINTSCHL, CLIFF	00:40:05	06:27	00:40:05	06:27	20	18	10km	1	M 40 - 44	1 M 40 - 44
0154 JOHNSON, KURT	00:40:07	06:27	00:40:07	06:27	21	19	10km	5	M 25 - 29	5 M 25 - 29
0160 SHULL, TROY	00:40:21	06:29	00:40:21	06:29	22	20	10km	3	M 20 - 24	3 M 20 - 24
0062 SCHMIDT, GARY	00:40:31	06:30	00:40:31	06:30	23	21	10km	1	M 50 - 54	1 M 50 - 54
0138 RAHIREZ, GONZALO	00:40:31	06:31	00:40:31	06:31	24	22	10km	3	M 30 - 34	3 M 30 - 34
0123 VIGIL, CARLOS	00:40:45	06:33	00:40:45	06:33	25	23	10km	2	M 40 - 44	2 M 40 - 44
0090 MILLER, MIKE	00:40:58	06:35	00:40:58	06:35	26	24	10km	4	M 30 - 34	4 M 30 - 34
0124 KAVANAGH, STUART	00:41:08	06:37	00:41:08	06:37	27	25	10km	5	M 30 - 34	5 M 30 - 34
0006 BROWN, PETER	00:41:09	06:37	00:41:09	06:37	28	26	10km	4	M 20 - 24	4 M 20 - 24
0098 HOULE, SUE	00:41:10	06:38	00:41:10	06:38	29	27	10km	1	F 25 - 29	1 F 25 - 29
0021 BLEVINS, ROBERT	00:41:19	06:39	00:41:19	06:39	30	27	10km	3	M 40 - 44	3 M 40 - 44
0065 BURCHFIELD, JACK	00:41:32	06:41	00:41:32	06:41	31	28	10km	6	M 30 - 34	6 M 30 - 34
0081 SUTLEY, MICHAEL	00:41:40	06:43	00:41:40	06:43	32	29	10km	3	M 35 - 39	3 M 35 - 39
0168 THACKER, JOEY	00:42:01	06:45	00:42:01	06:45	33	30	10km	4	M 40 - 44	4 M 40 - 44
0063 RUSSELL, BOB	00:42:02	06:45	00:42:02	06:45	34	31	10km	4	M 45 - 49	4 M 45 - 49
0104 FOLEY, JOHN	00:42:15	06:48	00:42:15	06:48	35	32	10km	7	M 30 - 34	7 M 30 - 34
0103 BOULLIQUON, WES	00:42:20	06:50	00:42:20	06:50	36	33	10km	5	M 30 - 34	5 M 30 - 34
0074 BARTINEZ, JOE	00:43:06	06:56	00:43:06	06:56	37	34	10km	8	M 45 - 49	8 M 45 - 49
0139 RENO, LARRY	00:43:12	06:57	00:43:12	06:57	38	35	10km	4	M 35 - 39	4 M 35 - 39
0170 HEINRICH, MARK	00:43:21	06:58	00:43:21	06:58	39	36	10km	6	M 25 - 29	6 M 25 - 29

MORE HELP NEEDED !

Jan Ramirez has dutifully maintained our mailing label/membership list on her APPLE computer for several years. It is time that someone else took on that responsibility. If there is someone who has an APPLE/MACINTOSH Computer system and would be willing to do this service for the WEST TEXAS RUNNING CLUB for the next couple of years it would be appreciated. Our current secretary, Barbara Vitalec's computer is not compatible with the APPLE system. The file could be transferred by disc to a compatible computer system. If we cannot simply transfer the file by disc, we will have to hand enter each member on to another system one at a time.

If anyone can help please call Jan at 793-4664.

1990 CHALLENGE SERIES

There are several in contention for awards in the Challenge Series that have not agreed to help with one of the monthly races, of which there are only two left. Remember; as a volunteer you get credit for mileage(longest event) and Participation. To be eligible for awards, club members must have helped out with one of the 12 races. Year-end awards are based on points within sex/age groups; Participation(most races run in or helped with); Mileage; Overall leaders as well as a special WTRC 66 MILE T-shirt for those surpassing 66 miles in club races.

Remember, we all like to run in the races but someone has to stage the events and certainly a non-runner would be an unlikely volunteer!!!!

To help with the November 10 race call George Jury and to help with the December 8 race call Mike Kelley. Numbers are listed on calendar.

T-SHIRTS

A number of medium RED RAIDER ROAD RACE and various sizes of RUN FOR THE ARTS T-Shirts are available for sale (gifts or souvenirs?) Proceeds from these add to the profits from the races to benefit club projects. These shirts will be available at the next club races. Price is \$5.00

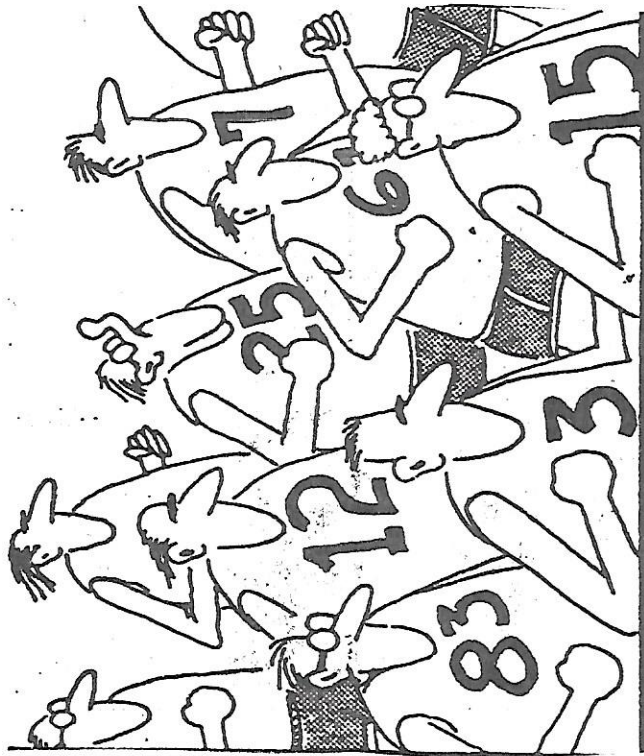
*** OFFICIAL RESULTS ***

NO. NAME	- TIME -		PAGE	FINISH POSITION		RACE	SEX & AGE GROUP POSITIONS		
	HH:MM:SS	MM:SS		ABL	M		F	POS	SEX
0143 DE LA CRUZ, HILDO	00:51:12	08:14		100	88	10km	21	M	30 - 34
0099 HUR, PHIL	00:51:33	08:17		101	89	10km	14	M	35 - 39
0052 DE LEON, LARRY	00:51:33	08:17		102	90	10km	22	M	30 - 34
0008 HAYNES, HUGH	00:52:15	08:24		103	91	10km	2	M	55 - 59
0109 JONES, SANANTHA	00:52:23	08:25		104	12	10km	3	F	20 - 24
0045 HUNT, DONALD	00:52:31	08:27		105	92	10km	3	M	55 - 59
0158 CORSON, GARY	00:52:32	08:27		106	93	10km	15	M	35 - 39
0122 BORCHELT, KENT	00:52:47	08:29		107	94	10km	13	M	25 - 29
0151 EHLERS, JENNIFER	00:53:02	08:32		108	13	10km	4	F	20 - 24
0102 MARTIN, DEBBIE	00:53:08	08:33		109	14	10km	5	F	35 - 39
0135 GREENE, ROGER	00:53:16	08:34		110	95	10km	12	M	45 - 49
0100 KIME, STEVEN	00:53:58	08:41		111	96	10km	5	H	20 - 24
0128 THOMPSON, LARRY	00:54:16	08:43		112	97	10km	23	M	30 - 34
0046 VITALEC, BARBARA	00:54:19	08:44		113	15	10km	1	F	40 - 44
0025 JORDAN, WALTER	00:54:20	08:44		114	98	10km	18	M	40 - 44
0004 HOPKINS, WILLIAM	00:54:33	08:46		115	99	10km	16	M	35 - 39
0020 JOHNSON, BETTY	00:54:34	08:46		116	16	10km	4	F	30 - 34
0058 HELLMAN, BERNICE	00:54:36	08:47		117	17	10km	1	F	50 - 65
0096 GRAVES, JIM	00:54:42	08:48		118	100	10km	2	M	60 - 999
0019 MOORE, SARA	00:55:10	08:52		119	18	10km	5	F	30 - 34
0162 HILL, DAVID	00:55:16	08:53		120	101	10km	24	M	30 - 34
0155 HARPER, TAMMY	00:55:19	08:54		121	19	10km	5	F	20 - 24
0091 PALMGREN, JAMES	00:55:21	08:54		122	102	10km	17	M	35 - 39
0133 HATCH, HINDY	00:55:22	08:54		123	20	10km	3	F	25 - 29
0137 WILSON, WADE	00:55:23	08:54		124	103	10km	25	M	30 - 34
0106 LUKE, CLIVE	00:55:25	08:55		125	104	10km	19	M	40 - 44
0022 MARCOS, JESSE	00:55:28	08:55		126	105	10km	26	M	30 - 34
0084 DUFFEY, PATRICK	00:55:53	08:59		127	106	10km	18	M	35 - 39
0053 HOWARD, SANDI	00:56:09	09:02		128	21	10km	2	F	40 - 44
0165 WILLIAMS, VAN	00:56:15	09:03		129	107	10km	14	M	25 - 29
0011 WOHACK, DAVID	00:56:22	09:04		130	108	10km	15	M	25 - 29
0075 GRIFFIN, MIKE	00:56:40	09:07		131	109	10km	16	M	25 - 29
0027 LINDSEY, PHIL	00:56:54	09:09		132	110	10km	19	M	35 - 39
0024 HAREZ, THERESA	00:57:10	09:11		133	2?	10km	3	F	40 - 44
0147 GAYLE, MIKE	00:57:52	09:18		134	111	10km	27	M	30 - 34
0142 GAYLER, KYLE	00:57:52	09:18		135	112	10km	6	M	20 - 24
0425 SALVER, SHANE	00:57:53	18:37		142	106	5km	10	H	20 - 24
0152 CURRY, MARK	00:57:53	09:18		136	113	10km	20	M	35 - 39
0172 MARHOLEJO, ROSTIE	00:57:58	09:19		137	113	10km	4	F	40 - 44
0016 PHILLIPS, LOREN	00:58:53	09:28		138	114	10km	21	M	35 - 39
0018 LOKEY, BRUCE	01:00:12	09:41		139	115	10km	4	M	50 - 54
0009 FANNIN, STEPHEN	01:00:49	09:47		140	116	10km	20	M	40 - 44
0059 HELLMAN, DAHTAN	01:01:11	09:50		141	117	10km	4	M	55 - 59
0093 NICHOLS, DIANE	01:01:40	09:55		142	24	10km	6	F	35 - 39
0034 JOHNSON, GARY	01:02:00	09:58		143	118	10km	7	M	20 - 24
0125 FRANKLIN, STACEY	01:02:21	10:01		144	25	10km	4	F	25 - 29
0117 ROBBINS, LESLIE	01:02:22	10:02		145	119	10km	17	M	25 - 29
0101 PUCKETT, RONNY	01:03:03	10:08		146	120	10km	18	M	25 - 29
0092 HALL, ELIZABETH	01:04:01	10:18		147	26	10km	5	F	40 - 44
0111 EVANS, CONNIE	01:04:41	10:24		148	27	10km	6	F	40 - 44
0076 GRIFFIN, BOB	01:06:14	10:39		149	121	10km	19	M	25 - 29
0028 ANDERSON, STACY	01:10:30	11:20		150	28	10km	5	F	25 - 29
0107 BAIZA, MARY	01:17:36	12:29		151	29	10km	1	F	45 - 49

THE LAST PAGE

Not necessarily the last one in the newsletter but the last one to try to fill up before taking to the printer! Maybe we can get the intended information for this page in the next newsletter but for the time being we'll just fill it up with whatever. If anyone has any cartoons pertaining to running or other exercise that you would like to share, let the editor know.

Information for the next newsletter must be received by the 15th of November. Hand deliver to: George W. Jury, 4808 50th St. or Mail to 5212 44th, Lubbock, TX 79414



Suddenly, only a mile into the race, Ernie gets a nose cramp.

TRIATHLETE NEWS

JUST FOR THE FUN OF IT-Recently one of the popular Triathlon monthly magazines had an article from one of it's writers that talked about what the sport of Triathloning had become and where it might be going. His point was, and he ask the question, why does everything in life have to become so hi-tech and complicated. Why can't we just go out there and swim-bike and run "just for the fun of it"? Well I've got news for him I thought that we were having fun in our pursuits. I guess this all came to a head to me during my number 15 event of the year, the Amarillo Triathlon. This was my 50th Triathlon over the past 5 years and boy was I looking forward to this milestone in my athletic career. As we reported at 6:00 A.M. in the morning for packet pickup the weather was perfect, the water was calm, cool fresh and clear. The temperature was excellent and the bike course was a challenging layout and the run was equal in challenge and layout. As expected the event started on time and the swim was a 1000 meter in the lake, my time for this event was one of my best and I was off to the races, expecting to finish in the top three of my age group. As I started on the bike and made the first very difficult hill climb I was completely out of breath but eager to attack the course; however as I reached the top of the hill I felt that terrible feeling that any cyclist dreads with a passion, a rear flat tire and within the first mile. Remembering that a flat can be corrected with 3 minutes(that's what the video says) I worked hard to fix it, which I did, then as I started I had another flat and then after repairing 3 more holes and watching the clock click off 45 minutes I was dead meat. I had two choices I could drop out and not finish my 50th Triathlon or I could "JUST DO IT FOR FUN". Well I elected to finish and I found myself very humbled at the finish, rather than 1, 2 or 3 in my age group I was DEAD last in the entire race. Now as I look back I am glad this happened and for what it taught me, never assume anything and make sure those tubes are good before you leave the transition area. The moral to the story is---draw your own conclusions and see if it will fit in your cross training experiences.

WTRC TRIATHLETES IN ACTION:

August 25: Canadian Ironman(2.4 m S, 112 m B, 26.2 m R)
 Robby Timberlake, 12hrs 57minutes(Congrats to Robby, we have a real Ironman in our club)
 August 25: Amarillo Triathlon(1 K s, 40K B, 10K R)
 Mark Garland, 2hrs 35min.
 Mike Greer, 3hrs 36min.
 September 8: Lake Geneva (WI) Triathlon(1.5K S, 40K B, 10K R)
 Mike Greer, 2hrs 52min.
 October 6: Harder Biathlon, Abilene(52 m B, 13.1 m R)
 Mark Garland, 4hrs 55min.
 Mike Greer, 5hrs 9min.
 October 13: Red Ribbon 100 mile, Post 100 ride(Bicycle only)
 Art Rutherford-Red Ribbon 100
 Jeff Jury-Post 100(Under five hours)

FUTURE EVENTS:

October 20-USTS National Championships, Las Vegas, NV
 October 27-Thousand Trails Triathlon, Conroe, TX
 October 28-Texas Tech Sprint

NEWS and NOTES

AT THE RACES
Joe Thacker completed 65.7 miles at the twelve hour endurance run at Abilene on September 15, 1990. He finished 3rd individual overall. Congratulations

Several club members attended this years DUKE CITY MARATHON and enjoyed damp cool weather for the event. As is custom for this race's scoring, men's and women's times are kept separate for all five events. A total of 4,360 recorded finishes. In the marathon 314 men and 62 women finished with the following club members results.
MARATHON

Name	Div	Place	Time	Overall	Place
Quinn Smith	3		2:35:43	6	
Jeffrey Jury	13		3:10:28	48	
Carlos Vigil	12		3:18:22	69	
Michael Beiber	13		3:18:52	70	
Dennis Bell	23		3:29:17	110	
James Bone	11		4:00:51	226	

HALF MARATHON

1034 Men, 449 Women finishers

Hugh Haynes 13 1:55:16 781

5K RUN

704 Men, 572 Women

George Jury 2 18:59 47

CROSS-COUNTRY

Congratulations are in order for both coach Darrel Price's LCU runners and coach James Morris' South Plains College runners for their consistent winning of late and especially LCU's team victory in a meet with the University of Texas, Friday, October 12, 1990. SPC's Phillemon Hanneck was first place overall individual and Jorge Pacheco who won our FIRECRACKER 10 Mile in record time also finished high. LCU must have a very good chance of being NAIA champions this year with SPC looking hard to beat for the National Junior College laurels.

BUFFALO WALLOW RACES



WEST TEXAS RUNNING CLUB'S
18th ANNUAL BUFFALO WALLOW
HALF MARATHON and 2 MILE RACES

EVENT # 11 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, NOVEMBER 10, 1990
REGISTRATION: 8:00 to 8:45 A.M.
RACE START: 9:00 A.M.

WHERE: BUFFALO SPRINGS LAKE

East of Lubbock on FM 835 (50th Street)
An entry fee of \$1.00 per person is
required to enter BUFFALO SPRINGS LAKE
PARK

COURSE: ASPHALT ROAD ALL THE WAY; THE TWO MILE
COURSE IS OUT and BACK, FLAT
THE HALF MARATHON IS A DOUBLE LOOP OF
THE LAKE WITH 3 CHALLENGING HILLS

AID STATIONS: AT 3.5, 7, and 10 MILES
SPLITS AT 1, 5, and 10 MILES

AGE DIVISIONS:

MEN: 0-19; 20-29; 30-39; 40-49; 50 & OVER
WOMEN: 0-19; 20-29; 30-39; 40 & OVER

AWARDS: A UNIQUE COMMEMORATIVE MEDAL HAS BEEN
STRUCK AND WILL BE AWARDED AT LEAST
THREE DEEP IN THE AGE GROUP DIVISIONS
DESCRIBED ABOVE

ENTRY FEE: W.T.R.C. MEMBERS \$4.00
OTHERS \$5.00

RACE DIRECTOR: GEORGE W. JURY
Office 792-3291
Home 792-1237 after 6 P.M.