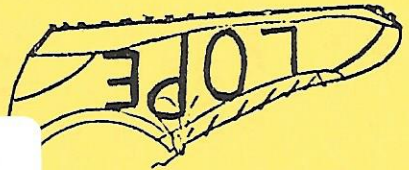


CALENDAR of EVENTS

* Denotes Monthly W.T.R.C. Race

- * JUNE 9 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE.** Levelland, Bill Roger, Race Director, 10K & 2 Mi Also Childrens 1 mile Run: See Inside Newsletter for Details
- JUNE 16 **JUNETEENTH RUN.** Mae Simmons Park 10 K and 2 Mi Runs \$6 Early, \$8 Late, Commemorative T-Shirts; Sam Hill, Race Director, 745-0996 (Entry Forms inserted in this Newsletter)
- JUNE 17 **HUB CITY TRIATHLON;** 7:30 A.M. Contact Betty Blanton at 742-3351
- JUNE 22 **NEW MOON 5000.** Mae Simmons Park, Friday Night 10 P.M. Start 5K Run and 2 Mile walk; \$8 entry, proceeds to benefit MHMR Recreation Fund; Bart Castle, Race Director (806) 793-7164
- JUNE 23 **11 FOR KIDS/BORDEN/RAINBOW BREAD MARAFUN.** Non-Competitive Run for Kids; \$1 entry, \$3 after June 19; David Rodriguez, Race Director, 747-4834 day, 765-6686 night; Entry Form inserted
- * JULY 4 **22nd ANNUAL FIRECRACKER RACES.** Brownfield, 10 and 3 Mile and 1 mile childrens Run, Coleman Park, Mark Manley Race Director (806) 299-1143
- * AUG. 11 **HOT DAM RUN, MLK Park.** 5 Mile, Gonzalo Ramirez, Race Director
- AUG. 18 **BUFFALO SPRINGS LAKE TRIATHLON;** Olympic Distances, Contact Mike Greer at 796-8213
- AUG. 18 **DIMMITT 5 K RUN.** CONTACT Roger Malone, Race Director, 607 Pine, Dimmitt, Tx, 79027 or call (806) 647-3286 or 647-2491 (after 6)
- * SEPT 8 **SHALLOWATER STAMPEDE 10K,** Also 2 Mile Run, Larry Byrd, Race Director, Details Later
- SEPT 29 **RED RAIDER ROAD RACE.** TTU
- SEPT 30 **DUKE CITY MARATHON,** Albuquerque, 5 events, Details later
- * OCT. 13 **GO FOR THE GOLD 5K,** Details Later
- OCT. 27 **ALLSUPS' ANNUAL ROADRACES.** Clovis, NM details later
- * NOV. 10 **18th Annual BUFFALO WALLOW RACES**
- * DEC. 8 **REDLINE CROSS COUNTRY RACE**

June 1990



W.T.R.C. June Race
Levelland Lope
June 9, 1990, Details inside

WEST TEXAS
Running Club
Newsletter
P.O. Box 2921
Lubbock, Texas 79408
JUNE 1990

WEST TEXAS RUNNING CLUB

OFFICERS

PRESIDENT: RON KEY

0 765-5551 H 792-9280

INTERNAL VICE-PRES

GONZALO RAMIREZ

0 742-2313 H 795-7338

EXTERNAL VICE-PRES

TRACY BAUGH

0 762-6411 X2122 H 794-8498

SECRETARY

BARBARA VITALEC

0 795-9454 H 745-9638

TREASURER

SHIRLEY WIGLEY

0 763-7061 H 797-4201

W.T.R.C. Races are usually held the Second Saturday of each Month

W.T.R.C. Official meetings are held monthly on the 2nd Tuesday, 6:30 P.M. at 3208 67th, Lubbock

These meetings are open and any member is invited to attend at any time

RED RAIDER ROAD RACE

A RACE DIRECTOR IS NEEDED FOR THIS YEARS RRRR

SEPTEMBER 29, 1990

WORK NEEDS TO START ON THIS EVENT BY JUNE 1

CALL RON KEY at 765-5551 to VOLUNTEER

SUNDAY MORNING LSD TRAINING RUNS

HAVE BEEN RESUMED AT MACKENZIE STATE PARK MEET AT THE OUTDOOR CENTER BETWEEN BROADWAY and THE SECOND STREAM CROSSING at 6 A.M. SUNDAYS

THESE RUNS MAY BE FROM 10 to 15 MILES LONG AT YOUR OWN PACE

OWN PACE

HORSESHOE BEND CANYON SPRING FROLIC RUNS



18 th ANNUAL

WEST TEXAS RUNNING CLUB MAY RACE

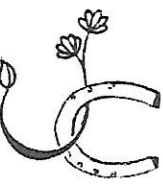
EVENT # 5 OF THE W.T.R.C. CHALLENGE SERIES

11 MILE

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD [AGE GROUP]
01	Bill Harn	35	M	1:10:51	LUBBOCK	1st 30-39
02	Robert Guajardo	47	M	1:12:57	Levelland	1st 40-49
03	David Rodriguez	39	M	1:14:25	LUBBOCK	2nd 30-39
04	Joe Martinez	44	M	1:18:50	"	2nd 40-49
05	Joe Thacker	42	M	1:19:27	ROARINGS PGS	3rd 40-49
06	David Lard	52	M	1:19:27	LUBBOCK	3rd 50-59
07	Sue Houle	28	F	1:19:47	"	1st 20-29F
08	Wes Boullion	33	M	1:20:06	"	3rd 30-39
09	John Foley	31	M	1:21:34	"	4th 30-39
10	Gary Perry	45	M	1:21:43	"	4th 40-49
11	Larry Reno	38	M	1:22:02	"	5th 30-39
12	Bill Roger	51	M	1:22:12	LEVELLAND	2nd 50-59
13	Barney Adams	37	M	1:22:16	LUBBOCK	6th 30-39
14	Al Grotz	40	M	1:22:44	"	5th 40-49
15	James Livermore	42	M	1:23:09	"	6th 40-49
16	Larry Byrd	49	M	1:24:47	SHLWATER	7th 40-49
17	Ron Key	47	M	1:24:59	LUBBOCK	8th 40-49
18	Jim Wilhelm	39	M	1:28:45	"	7th 30-39
19	Shana Pierce	22	F	1:29:02	"	2nd 20-29F
20	Ronnie Nugent	43	M	1:29:54	"	9th 40-49
21	John Stalcup	57	M	1:30:21	"	3rd 50-59
22	James Bone	50	M	1:31:47	"	4th 50-59
23	Joe Hesse	41	M	1:33:13	"	10th 40-49
24	Gary Boren	38	M	1:33:53	"	8th 30-39
25	April Stein	32	F	1:35:01	"	1st 30-39F
26	Tom Bowser	63	M	1:38:31	ABILENE	1st 60+
27	Joe Stalcup	36	M	1:40:04	LUBBOCK	9th 30-39
28	Pat Duffy	38	M	1:46:03	"	10th 30-39
29	Samantha Jones	20	F	1:46:05	"	3rd 20-29F

6 MILE

01	Jimmy Samarron	35	M	38:38	LEVELLAND	1st 30-39
02	Kevin Fisher	33	M	39:35	LUBBOCK	2nd 30-39
03	Gonzalo Ramirez	34	M	41:54	"	3rd 30-39
04	Tommy Parrish	33	M	42:23	"	4th 30-39
05	Randy Bonds	37	M	42:58	"	5th 30-39
06	Ellis McCasland	30	M	43:49	"	6th 30-39
07	Weidon Kolb	34	M	44:02	"	7th 30-39
08	Nasario Hernandez	23	M	46:04	"	1st 20-29
09	Dan Fossoy	31	M	46:48	"	8th 30-39
10	Bobby Lugo	31	M	46:49	"	9th 30-39
11	Otto Spitz	33	M	46:58	"	10th 30-39
12	Chris Scott	25	M	47:19	"	2nd 20-29
13	Bob Whiddon	50	M	47:33	EDMOND OK	1st 50-59
14	Shirley Wigley	36	F	47:58	LUBBOCK	1st 30-39F
15	Kenny Maines	35	M	49:11	"	"
16	Tony Aleman	40	M	49:55	"	1st 40-49
17	Roberta Thompson	36	F	52:41	"	2nd 30-39F
18	Mickey Davis	33	M	53:50	"	"
19	Tom Jones	50	M	54:53	"	2nd 50-59
20	Juan Ramirez	35	F	58:28	"	3rd 30-39F
21	Lacy Hernandez	27	F	1:00:41	"	1st 20-29F
22	Connie Evans	41	F	1:01:39	"	1st 40+ F
23	Bob Smith	70	M	1:01:40	"	1st 60+



HORSESHOE BEND CANYON SPRING FROLIC RUNS

18 th ANNUAL



WEST TEXAS RUNNING CLUB MAY RACE
EVENT # 5 OF THE W.T.R.C. CHALLENGE SERIES

2 MILE

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD	[AGE GROUP]
01	Mike Chamales	44	M	11:58	LUBBOCK	1st	40-49
02	David Doyle	31	M	12:13	"	1st	30-39
03	Alan Valderaz	14	M	12:27	"	1st	<19
04	Cande Olivias	28	M	12:33	"	1st	20-29
05	Joe Gomez	46	M	12:40	"	1st	40-49
06	John Rodriguez	13	M	12:56	"	2nd	<19
07	Ed Dabrowski	32	M	13:08	LEWELLAND	2nd	30-39
08	Sonny Guffey	29	M	13:22	LUBBOCK	1st	20-29
09	Luis Perez	26	M	13:34	"	2nd	20-29
10	David Dunwoody	34	M	13:39	"	3rd	30-39
11	Wenzen Chuang	24	M	14:09	"	3rd	20-29
12	Kathy Wilson	26	F	14:26	"	1st	20-29F
13	Roger Haynes	25	M	14:37	"	4th	20-29
14	Josie Aleman	38	F	15:07	"	1st	30-39F
15	Mike Kelley	41	M	15:35	"	2nd	40-49
16	John Scott	47	M	15:46	"	3rd	40-49
17	Kathi Haynes	25	F	16:22	"	2nd	20-29F
18	Michael Doll	11	M	16:46	"	3rd	<19
19	P.J. Mitchell	45	F	17:52	"	1st	40+ F
20	Lauria Gomez	15	F	18:12	"	1st	<19 F
21	Precille Vonn	22	M	18:48	"	5th	20-29
22	Cecil Salazar	20	M	18:49	"	6th	20-29
23	Linda Chamales	45	F	19:28	"	2nd	40+ F
24	Michelle Jones	32	F	20:43	"	2nd	30-39F
25	Adam Hernandez	9	M	22:47	"	4th	<19
26	Andy Hernandez	11	M	25:18	"	5th	<19
27	Patty Ochoa	30	F	36:15	"	3rd	30-39F
28	Dianne Thurman	24	F	41:47	"	3rd	20-29F
29	Tanya Pollard	20	F	42:09	"	4th	20-29F
30	Jill Merritt	24	F	42:09	"	5th	20-29F

May 12, 1990 brought about the most perfect weather for this 18th Annual Horseshoe Bend Spring Frolic. 1989's dense fog and previous years strong winds and either extreme temperatures were quickly forgotten. A total of 82 runners/walkers participated. A new feature was the presence of a much appreciated Porta-Can! The course was slightly altered in order to have the 11 milers finish at the same line where they started. Unfortunately a few racers missed the approximately .2 mile extension at the Midway intersection. However, no finish positions would have been affected and there was no record setting efforts as far as is known now. Exceptional efforts noted by the editor was a fine 12:27 two mile by 14 year old Alan Valderaz and rapidly improving Samantha Jones effort in the 11 mile. Also noticed was the first race for Joe Gomez's daughter Lauria with a fine 2 mile time. Also it is worth noting the return of race director, Hugh Haynes son Roger to a club event.

Many thanks are due Race Director, Hugh Haynes and his helpers as listed below:
Joe and Sally Post; John and Doris Stalcup; Mike Kelley; Gonzalo Ramirez; Carolle Mullan; Helen Young; Bobbi Snodgrass; Vic and Beth Magnus; Eric Haynes; Greg Pratas; Roger and Kathi Haynes; and Wenzel Chuang.

Editor's Note:
I would like to complete the course records listing for this event but have been unable to locate the 1985 and 1986 results which would have been reported in the June Newsletter of those years. Anyone who could provide that information please contact George Jurey at 792-1237 after 6 P.M. Also, anyone who might be interested in being a club historian, please respond also !!!!!!!

5 RUN FOR THE ARTS

15 K RUN, APRIL 28, 1990

OVERALL WINNERS 15K (MALE) MEN

NAME	AGE	SEX	EVENT	HR	MIN	SEC	NAME	AGE	SEX	EVENT	HR	MIN	SEC		
1 Green, Tim	20-24	M	15K	549	0	50	13	1 Hertzner, Joe	40-44	M	15K	543	1	3	23
2 Mercado, Lolo	30-34	M	15K	539	0	53	51	2 Thacher, Joey	40-44	M	15K	568	1	3	47
3 Mercado, Vince	20-24	M	15K	525	0	56	55	3 Astlen, Lynda	40-44	M	15K	450	1	6	37
4 Maghella, Mark	25-29	M	15K	520	0	57	18	4 Stephens, Herb	40-44	M	15K	542	1	6	39
5 Beltran, Gabriel	35-39	M	15K	536	0	58	11	5 Elliott, Lynn	40-44	M	15K	460	1	6	55
6 Megeloch, Jerry	35-39	M	15K	524	0	58	12	6 Goodaan, Frank	40-44	M	15K	512	1	6	59
7 Stromberg, William	20-24	M	15K	491	0	58	13	7 Srocz, Al	40-44	M	15K	559	1	7	6
8 Schaidt, Gary	50-54	M	15K	494	0	58	36	8 Wilkerson, Hal	40-44	M	15K	496	1	7	55
9 Guajardo, Robert	45-49	M	15K	469	0	58	53	9 Vitalone, James	40-44	M	15K	503	1	9	43
10 Hais, Tom	35-39	M	15K	504	0	59	21	10 Livermore, James	40-44	M	15K	570	1	12	37
AGE GROUP WINNERS 15K (MALE)															
1 McManis, Jerry	15-19	M	15K	515	1	1	34	01 Slater, Mitch	40-44	M	15K	472	1	19	33
2 Hernandez, Frank	15-19	M	15K	516	1	2	46	02 Messer, J.H.	40-44	M	15K	455	1	24	3
3 Miller, Chris	15-19	M	15K	495	1	3	34	03 Cor, Alan	40-44	M	15K	480	1	27	3
1 Hernandez, Mesario	20-24	M	15K	471	1	9	32	04 Jordan, Walter	40-44	M	15K	552	1	5	41
2 McCallum, Eric	20-24	M	15K	535	1	25	15.4	1 Bobo, Mike	45-49	M	15K	506	1	16	10
3 O'Neill, John	20-24	M	15K	537	1	25	15.7	2 Lorry, Tom	45-49	M	15K	547	1	16	31
4 Raines, Russ	20-24	M	15K	487	1	25	16.3	3 Bell, Jerry	45-49	M	15K	547	1	16	31
5 Brown, Peter	20-24	M	15K	533	1	25	19	1 Hyatt, Miles	50-54	M	15K	477	1	5	5
6 Manlen, John	20-24	M	15K	508	1	25	20	2 Bone, James	50-54	M	15K	452	1	12	17
7 Durbin, Phillip	20-24	M	15K	459	1	38	55	1 Casler, Travis	55+	M	15K	500	1	12	26
1 Johnson, Kurt	25-29	M	15K	560	1	4	36	2 Brilli, Johnny	55+	M	15K	493	1	18	38
2 Gallagher, Bill	25-29	M	15K	541	1	8	4	3 Hayes, Hugh	55+	M	15K	470	1	19	7
3 Blum, Scott	25-29	M	15K	451	1	8	6	4 Hunt, Donald	55+	M	15K	476	1	24	55
4 Redvelski, Kea	25-29	M	15K	528	1	9	56	5 Smith, Bob	55+	M	15K	522	1	32	19
5 Reazter, Abe	25-29	M	15K	553	1	10	19	WOMEN							
6 Poljeaus, Mark	25-29	M	15K	518	1	10	10	OVERALL WINNERS 15K (FEMALE)							
7 Dalton, Larry	25-29	M	15K	457	1	17	10	1 McGuire, Jennifer	15-19	F	15K	532	1	12	3
8 Brunet, Moriah	25-29	M	15K	527	1	18	46	2 Castro, Ananda	15-19	F	15K	565	1	12	10
9 Scott, Chris	25-29	M	15K	489	1	18	52	1 Jones, Samantha	20-24	F	15K	545	1	22	23
1 Fisher, Kevin	30-34	M	15K	562	1	0	12	1 Doby, Kathleen	25-29	F	15K	566	1	13	46
2 Aguirre, Epi	30-34	M	15K	548	1	1	48	2 Igo, Susan	25-29	F	15K	478	1	23	33
3 Lara, Luce	30-34	M	15K	555	1	4	10	3 Hernandez, Lucy	25-29	F	15K	554	1	36	54
4 Doby, David	30-34	M	15K	567	1	5	50	1 Stein, April Joe	30-34	F	15K	517	1	14	0.3
5 Richey, Barry	30-34	M	15K	488	1	5	54	2 Duran, Poppie	30-34	F	15K	501	1	24	3
6 Foley, John	30-34	M	15K	507	1	6	18	3 Moore, Sara	30-34	F	15K	484	1	26	44
7 Sailey, Michel	30-34	M	15K	509	1	8	15	1 Kaut, Rhonda	35-39	F	15K	481	1	13	1
8 Spitz, Otto	30-34	M	15K	524	1	10	18	2 Wigley, Shirley	35-39	F	15K	486	1	17	16
9 Donoody, David	30-34	M	15K	501	1	10	20	3 Thompson, Roberta	35-39	F	15K	513	1	18	29
10 Luna, Andy	30-34	M	15K	511	1	11	46	4 Curry, Tony	35-39	F	15K	557	1	24	56
11 Montano, Daniel	30-34	M	15K	563	1	14	55	1 Vilalet, Barbara	40-44	F	15K	502	1	22	35
12 Fossey, Daniel	30-34	M	15K	463	1	15	3	9							
13 Achler, Randy	30-34	M	15K	531	1	19	52								
14 Gayton, John	30-34	M	15K	465	1	20	33								
15 Davis, Mickey	30-34	M	15K	456	1	22	32								
16 White, Robin	30-34	M	15K	499	1	25	16								
17 Garcia, Jorge	30-34	M	15K	464	1	38	56								
1 Rodriguez, David	35-39	M	15K	540	0	59	33								
2 Moreno, Rodolfo	35-39	M	15K	514	1	0	51								
3 Adams, Barry	35-39	M	15K	546	1	4	55.9								
4 Buchberry, Rick	35-39	M	15K	454	1	6	23								
5 Juey, James	35-39	M	15K	479	1	7	11								
6 Bonds, Randy	35-39	M	15K	558	1	7	18								
7 Borea, Gary	35-39	M	15K	453	1	11	54								
8 Duffey, Patrick	35-39	M	15K	569	1	18	24								
9 Mur, Phil	35-39	M	15K	561	1	21	59								
10 Hopkins, William	35-39	M	15K	474	1	22	16								
11 Kiefer, Patrick	35-39	M	15K	521	1	22	36								
12 McGuire, Randy	35-39	M	15K	530	1	24	2								
13 Currey, Barry	35-39	M	15K	556	1	25	15								

RUN FOR THE ARTS

2 MILE RUN APRIL 28, 1990 MEN

OVERALL WINNERS 2 MILE RUN (MEN)

NAME	AGE	SEX	EVENT	#	OVERALL	NAME	AGE	SEX	EVENT	#	OVERALL				
1 Williams, Mike	25-29	M	2mi	261	0	10	29	1 McCasland, Ellis	30-34	M	2mi	167	0	12	18
2 Hernandez, Eloy	25-29	M	2mi	281	0	10	44	2 Cannon, Jackie	30-34	M	2mi	217	0	12	35
3 Lubowicz, Ron	45-49	M	2mi	273	0	11	26	3 Oateley, Dwayne	30-34	M	2mi	134	0	12	36
4 Beas, Mark	35-39	M	2mi	102	0	11	37	4 Tidwell, Brent	30-34	M	2mi	249	0	13	4
5 Verd, Rob	15-19	M	2mi	266	0	11	48	5 Seal, Ron	30-34	M	2mi	145	0	14	15.3
6 Doyle, David	30-34	M	2mi	155	0	11	56	6 Reid, Gary	30-34	M	2mi	140	0	14	15.5
7 Lair, Kevin	25-29	M	2mi	157	0	12	0	7 Coakley, George	30-34	M	2mi	234	0	14	19
8 Jurr, George	50-54	M	2mi	172	0	12	1	8 Bonilla, Daniel	30-34	M	2mi	197	0	15	4
9 Ray, Ricky	20-24	M	2mi	231	0	12	11	9 Johnson, Chuck	30-34	M	2mi	219	0	15	13.4
10 Castillo, Jaime	35-39	M	2mi	106	0	12	14	10 Deas, Richard	30-34	M	2mi	200	0	15	13.4
1 Valdez, Alan	14-	M	2mi	264	0	12	21	11 Roney, John	30-34	M	2mi	198	0	15	37
2 Rodriguez, Gilbert	14-	M	2mi	221	0	12	25	12 Jones, Derald	30-34	M	2mi	285	0	120	
3 Sechrist, Matt	14-	M	2mi	171	0	12	29.6	13 McConnell, Donald	30-34	M	2mi	201	0	131	
4 Rodriguez, John	14-	M	2mi	243	0	12	45	1 Combs, J. Craig	35-39	M	2mi	267	0	12	29.2
5 Edwards, Allan	14-	M	2mi	162	0	12	51	2 Kullit, Tom	35-39	M	2mi	230	0	12	4
6 Erwin, Miles	14-	M	2mi	250	0	13	17	3 Aguirre, Daniel	35-39	M	2mi	208	0	13	1
7 Rees, Tony	14-	M	2mi	159	0	13	36.3	4 Doherty, Henry	35-39	M	2mi	274	0	13	3
8 Piron, Charles	14-	M	2mi	207	0	14	8	5 Cardenas, Luis	35-39	M	2mi	200	0	14	2
9 Luerz, Chris	14-	M	2mi	262	0	14	11	6 Brizuela, Eddie	35-39	M	2mi	241	0	14	3
10 Schwartz, Daniel	14-	M	2mi	228	0	14	26	7 Kerhart, Don	35-39	M	2mi	276	0	15	13
11 Russell, Tyson	14-	M	2mi	244	0	14	36	8 Rios, Juan	35-39	M	2mi	238	0	16	
12 Westley, Ben	14-	M	2mi	158	0	15	9	9 Phillips, Loren	35-39	M	2mi	177	0	16	
13 Hanchaca, Raul, Jr.	14-	M	2mi	214	0	16	35	10 Rendell, Rolja	35-39	M	2mi	233	0	106	
14 Doll, Michael	14-	M	2mi	219	0	16	59	11 Falkenburg, Bill	35-39	M	2mi	278	0	111	
15 Walker, Austin	14-	M	2mi	252	0	17	0	12 Nelson, David	35-39	M	2mi	194	0	112	
16 Ranc, Clay	14-	M	2mi	275	103			13 Canagar, Daniel	35-39	M	2mi	112	125		
17 Hanchaca, Woody	14-	M	2mi	215	129			14 Ourlin, Jimmy	35-39	M	2mi	112	125		
1 Sechrist, Kyle	15-19	M	2mi	170	0	12	26	1 Hebb, Johnny	40-44	M	2mi	220	0	13	
2 Parchan, Jeremy	15-19	M	2mi	237	0	13	28	2 Blevins, Robert	40-44	M	2mi	254	0	13	9
3 Russell, Kyle	15-19	M	2mi	245	0	13	51	3 Bodensteiner, Gary	40-44	M	2mi	104	0	14	4
4 Esquivel, Stephen	15-19	M	2mi	168	0	13	53	4 Bell, Jim	40-44	M	2mi	174	0	14	
5 Gaytan, Danny	15-19	M	2mi	271	0	14	37.1	5 Borzales, J. J.	40-44	M	2mi	202	0	14	
6 Hernandez, Phillip	15-19	M	2mi	224	0	15	43	6 Allean, Tony	40-44	M	2mi	177	0	15	
1 Mittanc, Donald	20-24	M	2mi	282	0	14	4.8	7 Rishart, Paul	40-44	M	2mi	239	0	16	
2 Perry, James	20-24	M	2mi	137	0	14	22	1 Neal, Tom	45-49	M	2mi	187	0	13	
3 Reid, Jay	20-24	M	2mi	269	0	14	31	2 Garcia, Ruben	45-49	M	2mi	258	0	14	
4 Gutierrez, Alfonso	20-24	M	2mi	192	0	15	50.2	3 Knaff, David	45-49	M	2mi	127	0	14	
5 Votta, Precille	20-24	M	2mi	208	116			4 Scott, Johnny	45-49	M	2mi	144	0	15	
1 Shanon, Nathan	25-29	M	2mi	287	0	12	28	5 Esquivel, Roy	45-49	M	2mi	169	123		
2 Aguilar, Thomas	25-29	M	2mi	154	0	12	36.8	1 Worrd, Thomas	50-54	M	2mi	164	0	14	
3 Bonnett, David	25-29	M	2mi	238	0	12	43	1 Stalcup, John	55+	M	2mi	148	0	15	
4 Guffee, Sonny	25-29	M	2mi	119	0	13	6	2 Kuhn, Cecil	55+	M	2mi	256	0	15	
5 Sturgess, Tim	25-29	M	2mi	218	0	13	19	3 Hollingsworth, Lonnie	55+	M	2mi	272	108		
6 Pina, Javier	25-29	M	2mi	210	0	13	35								
7 Gilbreath, Eric	25-29	M	2mi	236	0	14	3								
8 Tapp, Byron	25-29	M	2mi	149	0	14	4.3								
9 Hernandez, Rudy	25-29	M	2mi	175	0	14	17.6								
10 Machaca, Raul, Sr.	25-29	M	2mi	213	0	15	39								
11 Wells, Scott	25-29	M	2mi	150	0	15	46								

RUN FOR THE ARTS

2 MILE RUN APRIL 28, 1990 WOMEN

OVERALL WINNERS 2 MILE RUN (WOMEN)

NAME	AGE	SEX	EVENT	#	OVERALL	NAME	AGE	SEX	EVENT	#	OVERALL				
1 Hightower, Hollye	20-24	F	2mi	216	0	12	31	1 Russell, Geri	35-39	F	2mi	163	0	13	59
2 Fox, Carrie	15-19	F	2mi	116	0	12	32	2 Fuentes, Rosa	35-39	F	2mi	184	0	15	49
3 Schmidt, Kay	30-34	F	2mi	166	0	13	36.8	3 Schwach, Karen	35-39	F	2mi	182	0	16	38
4 Smalley, Christine	15-19	F	2mi	165	0	13	41	4 Henderson, Karen	35-39	F	2mi	246	133		
5 Alkhan, Josie	35-39	F	2mi	176	0	13	45	5 Ramirez, Janie	35-39	F	2mi	139	139		
AGE GROUP WINNERS 2 MILE RUN (WOMEN)								1 Harez, Theresa	40-44	F	2mi	173	0	15	50
1 Gonzales, Mercedes	14-	F	2mi	203	0	14	23	2 Evans, Connie	40-44	F	2mi	247	107		
2 Henderson, Beth	14-	F	2mi	259	136			3 Jones, Patricia	40-44	F	2mi	286	109		
1 Carroll, Rhonda	15-19	F	2mi	263	0	15	10	4 Ohndahl, Becky	40-44	F	2mi	135	127		
2 Havran, Ginger	15-19	F	2mi	121	110			5 Sitter, Mary	40-44	F	2mi	146	142		
3 Alkhan, Imany	15-19	F	2mi	178	126			6 Honeycutt, Man	40-44	F	2mi	123	?		
4 Mull, Christiane	15-19	F	2mi	132	?			1 Mitchell, P. J.	45-49	F	2mi	131	0	16	3.8
1 Hull, Vanessa	20-24	F	2mi	283	0	15	57	1 Bingham, Charlotte	50-54	F	2mi	253	128		
2 Duran, Donna	20-24	F	2mi	235	0	16	1								
3 Deant, Amy	20-24	F	2mi	179	0	16	23								
4 Hernandez, Diana	20-24	F	2mi	270	101										
5 Green, Dawn	20-24	F	2mi	251	105										
6 Cruz, Linda	20-24	F	2mi	109	124										
7 Solis, Anna Marie	20-24	F	2mi	147	132										
8 Brito, Michelle	20-24	F	2mi	103	135										
9 Johnson, Melissa	20-24	F	2mi	124	145										
1 Wilson, Kathy	25-29	F	2mi	152	0	14	25								
2 Lehr, Nancy	25-29	F	2mi	284	0	15	15								
3 Aguirre, Juaniia	25-29	F	2mi	101	0	16	9								
4 Mail, Amy	25-29	F	2mi	188	102										
5 Lefelar, Laura	25-29	F	2mi	128	104										
6 Richards, Laura	25-29	F	2mi	142	114										
7 Blodgett, Lynn	25-29	F	2mi	257	118										
8 Kearby, Donna	25-29	F	2mi	212	119										
9 Stevens, Jenni	25-29	F	2mi	191	121										
10 Everett, Cindy	25-29	F	2mi	105	122										
11 Chavez, Mickie	25-29	F	2mi	107	130										
12 Frazier, Terri	25-29	F	2mi	117	138										
13 Montgomery, Denise	25-29	F	2mi	195	144										
1 White, Dolores	30-34	F	2mi	151	0	15	30								
2 Salley, Mia	30-34	F	2mi	260	0	16	33								
3 Cobos, Christina	30-34	F	2mi	108	113										
4 Valdez, Rose	30-34	F	2mi	265	117										
5 Baler, Kathy	30-34	F	2mi	268	134										
6 Harris, Nikki	30-34	F	2mi	280	137										
7 Scales, Doris	30-34	F	2mi	185	140										
8 Owens, Lori	30-34	F	2mi	184	141										
9 Mino, Vi	30-34	F	2mi	133	143										

MEN'S 2 Mile Walk

OVERALL WINNERS 2 MILE WALK (MEN)

NAME	AGE	SEX	EVENT	#	OVERALL	NAME	AGE	SEX	EVENT	#	OVERALL
1 Johns, Francis	55+	M	Walk	710	1						
2 Bson, Ken	35-39	M	Walk	737	2						
3 Becton, Ute	45-49	M	Walk	736	3						
4 Amos, Orrel	35-39	M	Walk	599	12						
5 Hodges, Charles	55+	M	Walk	690	20						

AGE GROUP WINNERS 2 MILE WALK (MEN)

NAME	AGE	SEX	EVENT	#	OVERALL	NAME	AGE	SEX	EVENT	#	OVERALL
1 Williams, James	14-	M	Walk	684	92						
1 Garza, Johnny	20-24	M	Walk	617	43						
2 Williams, Greg	20-24	M	Walk	719	74						
1 Hayes, Jianny	25-29	M	Walk	711	68						
1 Berjanga, Dan	30-34	M	Walk	604	97						
1 Freeman, Edward	35-39	M	Walk	745	37						
2 Conniff, Tony	35-39	M	Walk	746	84						
1 Benton, Mike	40-44	M	Walk	747	86						
1 Fristoe, Claude	45-49	M	Walk	752	33						
2 Bentley, Gary	45-49	M	Walk	725	48						
3 Mahoney, Ralph	45-49	M	Walk	632	70						
4 Jaes, Ron	45-49	M	Walk	627	76						
5 Elliott, Gordon	45-49	M	Walk	716	117						
1 Horne, Frank	55+	M	Walk	700	59						
2 Leftwich, Jack	55+	M	Walk	687	103						

RUN FOR THE ARTS

CORPORATE TEAM CHALLENGE TWO MILE RUN

APRIL 28, 1990

1990 RUN FOR THE ARTS FINAL FINISHING RESULTS 4-29-1990

NAME	AGE	SEX	EVENT	#	HR	MIN	SEC	NOTES
CFCI - 1 Bernhart, Jim	30-34	M	C-1	400	0	N/A	CRUM & FORSTER COMMERCIAL INSURANCE	
CFCI - 1 Leona, Sheila	25-29	F	C-1	401	0	25	53	TEAR: CAUALITIES
CFCI - 1 Mueller, Ken	25-29	M	C-1	402	0	13	9.9	WINNER: MOST TEAMS AWARD
CFCI - 1 Russell, Theresa	25-29	F	C-1	403	0	25	52	TOTAL TIME: N/A
CFCI - 1 Ward, Gary	20-25	M	C-1	404	0	N/A		
CFCI - 2 Cano, Luis	25-29	M	C-2	405	0	27	12	CRUM & FORSTER COMMERCIAL INSURANCE
CFCI - 2 Eising, Laura	30-34	F	C-2	406	0	27	13	TEAR: SLURS
CFCI - 2 Logan, Bruce	35-39	M	C-2	407	0	25	7	WINNER: MOST TEAMS AWARD
CFCI - 2 Reed, Caroline	20-24	F	C-2	408	0	27	45	TOTAL TIME: 2 HR 15 MIN 1 SEC
CFCI - 2 Wilson, Cindy	25-29	F	C-2	409	0	27	44	
CA ASSC Adams, Mark	20-24	M	C-3	410	0	12	16.6	CARDIOLOGY ASSOCIATES
CA ASSC Garza, Johnny	20-24	M	C-3	411	0	19	53	
CA ASSC Latta, James	35-39	M	C-3	412	0	13	26.7	WINNER: 2nd ALL MALE DIV.
CA ASSC Rogers, Randall	25-29	M	C-3	413	0	19	42	TOTAL TIME: 1 HR 23 MIN 9.3 MIN
CA ASSC Wells, Guy, M.D.	35-39	M	C-3	414	0	17	51	
U.S.P.S Estrada, Ronnie	20-24	M	C-4	415	0	16	34	UNITED STATES POSTAL SERVICE
U.S.P.S Flores, Eric	25-29	M	C-4	416	0	13	45	
U.S.P.S Horden, Rhonda	35-39	F	C-4	417	0	19	29	WINNER: 2nd MALE/FEMALE DIV.
U.S.P.S Ramirez, Juan	25-29	M	C-4	418	0	13	38	TOTAL TIME: 1 HR 20 MIN 53 SEC
U.S.P.S Walton, Carolyn	15-19	F	C-4	419	0	17	27	
DAIRY 0 Anthony, Alton	25-29	M	C-5	420	0	22	9	DAIRY QUEEN
DAIRY 0 Castillo, Belia	30-34	F	C-5	421	0	18	21	
DAIRY 0 Gonzales, Alma	15-19	F	C-5	422	0	23	21	WINNER: 4th MALE/FEMALE DIV.
DAIRY 0 Goya, Rubito	20-24	M	C-5	423	0	22	8	TOTAL TIME: 1 HR 49 MIN 17 SEC
DAIRY 0 Leves, Joseph	15-19	M	C-5	424	0	23	18	
S.P.S. Conwright, James	35-39	M	C-6	425	0	12	16.1	SOUTHWESTERN PUBLIC SERVICE
S.P.S. Elder, David	35-39	M	C-6	426	0	13	45.7	
S.P.S. Coursey, Scott	25-29	M	C-6	427	0	13	29.8	WINNER: 1st ALL MALE DIV.
S.P.S. Jaide, Ben	30-34	M	C-6	428	0	13	25	WINNER: OLDEST COMBINED AGE
S.P.S. Graham, Hal	30-34	M	C-6	429	0	19	41	TOTAL TIME: 1 HR 12 MIN 37.5
MH HOSP Pierce, Shana	20-24	F	C-7	430	0	13	20	METHODIST HOSPITAL
MH HOSP Parrish, Tony	30-34	M	C-7	431	0	12	3	TEAR: A-TEAM
MH HOSP O'Heall, Bryan	30-34	M	C-7	432	0	12	56.8	WINNER: 1st MALE/FEMALE DIV.
MH HOSP Phipps, Barbara	30-34	F	C-7	433	0	13	30.9	TOTAL TIME: 1 HR 5 MIN 12.7 SEC
MH HOSP Ezeal, Jenny	30-34	F	C-7	434	0	13	22	
A.P.O. Rodriguez, Mauro	30-34	M	C-8	435	0	18	22	ADULT PROBATION OFFICE
A.P.O. Pargas, Paula	25-29	F	C-8	436	0	18	18	
A.P.O. Padilla, Marc	40-44	M	C-8	437	0	23	57	WINNER: 3rd MALE/FEMALE DIV.
A.P.O. Chapa, Rachel	25-29	F	C-8	438	0	22	53	TOTAL TIME: 1 HR 42 MIN 5 SEC
A.P.O. Craft, Sandy	30-34	F	C-8	439	0	18	35	
413th Foley, Frank	25-29	M	C-9	440	1	0	25	413th CIVIL AFFAIRS COMPANY
413th Deblia, Thomas	35-39	M	C-9	441	1	14	45	WINNER: 3rd ALL MALE DIV.
413th Gonzales, Juan	25-29	M	C-9	442	0	13	26	WINNER: MOST CREATIVE COSTURES
413th Smith, Charles	40-44	M	C-9	443	0	13	52	WINNER: TRAVELED FARTHEST
413th Lyle, Steve	30-34	M	C-9	444	1	14	0.8	TOTAL TIME: 3 HR 4 MIN 28.8 SEC

RUN FOR THE ARTS

2 MILE WALK APRIL 28, 1990

WOMEN

OVERALL WINNERS 2 MILE WALK (WOMEN)

NAME	AGE	SEX	EVENT	#	OVERALL	NAME	AGE	SEX	EVENT	#	OVERALL
1 Leatherwood, Diane	25-29	F	Walk	705	4	1 Patterson, Donna	35-39	F	Walk	641	14
2 Grey, Pepper	25-29	F	Walk	683	5	2 Gonzales, Patricia	35-39	F	Walk	764	18
3 Davila, Vicky	20-24	F	Walk	733	6	3 Kline, Tonya	35-39	F	Walk	680	19
4 Berube, Tracy	20-24	F	Walk	671	7	4 Sullivan, Nancy	35-39	F	Walk	706	22
5 Shannon, Collette	25-29	F	Walk	651	8	5 Bourland, Claudia	35-39	F	Walk	742	23
						6 Laabruet, Kathy	35-39	F	Walk	693	28
						7 Hesse, Kathleen	35-39	F	Walk	675	34
						8 Wright, Nancy	35-39	F	Walk	662	55
						9 Riggan, Gay	35-39	F	Walk	743	60
						10 Wilson, Patsy	35-39	F	Walk	713	62
						11 George, Addie	35-39	F	Walk	619	64
						12 Mahaffey, Becky	35-39	F	Walk	631	73
						13 Munoz, Dolores	35-39	F	Walk	698	75
						14 Van Gundy, Peggy	35-39	F	Walk	678	78
						15 McReynolds, Nancy	35-39	F	Walk	703	82
						16 Garrison, Debra	35-39	F	Walk	748	85
						17 Speer, Donna	35-39	F	Walk	688	95
						18 Wld, Nancy	35-39	F	Walk	660	96
						19 Fossey, Gayle	35-39	F	Walk	614	101
						20 Cardenas, Rosemary	35-39	F	Walk	756	102
						21 Moore, Deana	35-39	F	Walk	707	104
						22 Morehouse, Beverly	35-39	F	Walk	637	111
						23 Rendon, Estelita	35-39	F	Walk	691	114
						24 Fisher, Teresa	35-39	F	Walk	715	115
						25 Ochoa, Patty	35-39	F	Walk	722	116
						26 McBride, Gladys	35-39	F	Walk	738	123
						27 Webb, Pat	35-39	F	Walk	670	126
						1 Jordan, Sandy	40-44	F	Walk	629	15
						2 Godman, Teri	40-44	F	Walk	727	16
						3 Edwards, Kristi	40-44	F	Walk	676	17
						4 Roberson, Shirley	40-44	F	Walk	724	31
						5 Fristoe, Carol	40-44	F	Walk	753	44
						6 Hurt, Maie	40-44	F	Walk	749	57
						7 Behke, Pat	40-44	F	Walk	667	61
						8 Boyd, Donna	40-44	F	Walk	607	63
						9 Houston, Ruby	40-44	F	Walk	624	65
						10 Hagan, Gwen	40-44	F	Walk	620	66
						11 Westner, Estilia	40-44	F	Walk	659	67
						12 Lesoya, Leonor	40-44	F	Walk	668	105
						13 Putnam, Ginny	40-44	F	Walk	643	107
						14 Hernandez, Frances	40-44	F	Walk	732	109
						1 Anderson, Charlotte	45-49	F	Walk	761	24
						2 Bentley, Marilyn	45-49	F	Walk	701	47
						3 Whibans, Darlene	45-49	F	Walk	755	49
						4 Cochran, Anne	45-49	F	Walk	666	51
						5 Wooten, Carolyn	45-49	F	Walk	661	98
						1 Stalcup, Doris	50-54	F	Walk	657	13
						2 Clark, Sylvia	50-54	F	Walk	610	40
						3 Sabath, Elsa	50-54	F	Walk	674	58
						4 Jorden, Hari	50-54	F	Walk	757	69
						5 Barron, Dixie	50-54	F	Walk	729	71
						6 Hodge, Beth	50-54	F	Walk	623	83
						7 Horne, Mina	50-54	F	Walk	694	91
						8 Pratt, Nancy	50-54	F	Walk	642	99
						9 Esquivel, Jennie	50-54	F	Walk	686	113
						10 Cox, Shirley	50-54	F	Walk	712	124
						1 Grill, Jerry	55+	F	Walk	685	10
						2 Baker, Florine	55+	F	Walk	603	41
						3 Gent, Margie	55+	F	Walk	618	50
						4 Smith, Barbara	55+	F	Walk	734	52
						5 Sherman, Joann	55+	F	Walk	652	79
						6 Thompson, Evelyn	55+	F	Walk	709	89
						7 Hanson, De A.	55+	F	Walk	677	127

Men's Walk Results are on Page 7

BOSTON REPORT

APRIL 16, 1990

In the 93 year history of **THE BOSTON MARATHON**, no current Olympic gold medalist had ever won the laurel wreath befitting the winner of the oldest continuous marathon in the world. Gelindo Bordin of Italy and Rosa Mota of Portugal overcame this jinx in winning their respective divisions of this years run on a very warm PATRIOTS DAY. Bordin's time of 2:08:19 was a PR and the second fastest course record. Mota's time of 2:25:24 was the 6th best womens time but she ran unchallenged from wire to wire, notching her 3rd Boston victory.

Amazing John Campbell (41) of New Zealand finished 4th overall and rewrote the masters marathon record which had stood for 16 years (Jack Foster, New Zealand: 2:11:19) with a time of 2:11:04. He came away pretty well financially also, winning a total of \$38,000. It breaks down as follows: \$13,000 for 4th place, \$10,000 for the world record, \$7,500 for the masters title, and \$7,500 for the masters course record.

WEST TEXAS RUNNING CLUB members who went commented that besides the heat, the congested start was a most disruptive factor. David Rodriguez reported taking 2 minutes to reach the starting line and a 10 minute first mile split; Ron Key, 7 minutes to the starting line and a 14 minute 1 mile split. This made it very hard to get a pace rhythm going!

WEST TEXAS RUNNING CLUB Members results

David Rodriguez	3:19:20
Wes Boullion	3:35:18
Ron Key	4:00:10
Jim Douglass	4:27:00

AT THE RACES

Mike Bieber completed the **BIG SUR MARATHON** in California April 29, 1990 in a time of 3:20. He reported that strong winds slowed everyone's times and that he missed his target goal by quite a bit.

Ron Key and Ken McEachern traveled to northern California to run the **AVENUE OF THE GIANTS MARATHON** in the SEQUOIA NATIONAL FOREST, May 6, 1990. This course is probably the most beautiful marathon route in the USA. Ron turned in a time of 3:39 while Ken declined to divulge his finish time.

CHALLENGE SERIES

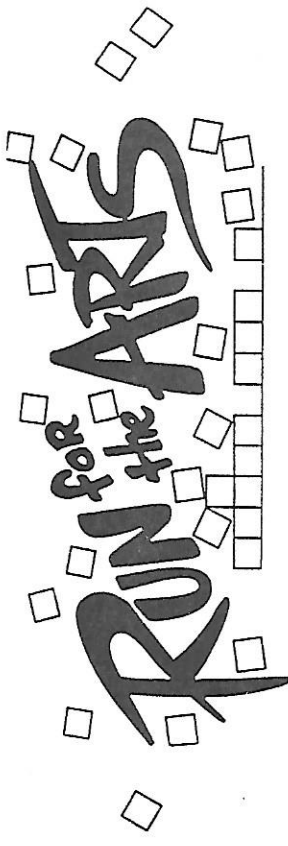
All members wishing to remain eligible for **CHALLENGE SERIES** awards must have served as a race volunteer or notify David Rodriguez of intention to serve at one of the remaining club races in this year. There is over 47 miles of races remaining after the **HORSESHOE BEND RUN** in which to qualify for the mileage award. For a copy of the rules contact George Jury or David Rodriguez at 741-4834 (day) or 765-6686 (night).

SOCCER STARS

Club members David Wigley and Bobby Lugo traveled to Denver, Colorado as members of the **COOR'S EXTRA OLD MEN'S** over 30 team to play in the men's over-30 national playoff the weekend of April 28, 1990. Congratulations are due the team for a fourth place finish!!

FLIGHT LINE KUDOS

Unintentionally, we failed to give recognition to Race Director Ronnie Nugent for the production of the **FLIGHT LINE RACES** in the last newsletter. My apologies, Ronnie and also to your volunteer assistants: Tony Aleman; Helen Esquivel; Carlos Vigil; P.J. Mitchell and Tracy Baugh. **THANKS** for your effort!!!



The West Texas Running Club presented the Ninth Annual Run For The Arts on April 28th in conjunction with the Lubbock Arts Festival. A field of approximately 1000 runners and walkers enjoyed the pleasant weather conditions and super post race festivities. The event hosted some first time activities this year including a 2 mile walk, all male and all female corporate team divisions, a post race sports massage, an orthopedic evaluation, and a drawing for tickets on Southwest Airlines.

The goal of the race committee was to provide an enjoyable run for persons of all fitness levels and to promote the benefits of exercise. We feel like we accomplished our goal by keeping the entry fees affordable and expanding the race opportunities. We were happy to host athletes from the MHMR Achilles Track Club who showed exemplary spirit of sportsmanship.

The race preparations began months ago and many thanks go to all who volunteered their time to help make the race was a success. With the inevitable exclusion of some volunteers, the following lists those special people who gave of themselves so others could run:

- | | | |
|-----------------------|-----------------------|-----------------------------|
| RON KEY | ART RUTHERFORD | EMMA (CARDIOLOGY ASSOC.) |
| SUE PERRY | BRADY RAY | TERRY BAUGH |
| SANDI HOWARD | SHIRLEY WIGLEY | BEN & EMILY PERRY |
| WES BOULLION/SUSAN | P.J. MITCHELL | TONY & JOSIE ALEMAN |
| BARBARA VITALEC | MIKE & TERESA GREER | SUE HOULE |
| LUIS CARDENAS | MIKE CASTLE | SPORTS MESSAGE THERAPISTS |
| JOE STALCUP | EDDIE RICHARDSON | BOY SCOUTS |
| JAN & GONZALO RAMIREZ | CHARLOTTE NUGENT | AMERICAN RED CROSS |
| JOHN & DORIS STALCUP | SCOTT & MOLLY SANTESE | |
| GEORGE & PAT JURY | SHIRLEY WILLS | |
| | | LIBERTY STATE BANK |
| | | A.E. QUEST & SONS |
| | | METHODIST HOSPITAL |
| | | ORLANDO'S |
| | | SOUTHWESTERN PUBLIC SERVICE |
| | | DR. JOE MAYES |
| | | SOUTHWEST AIRLINES |
| | | ***** |

EDITOR'S NOTE:
Tracy Baugh submitted the above report and neglected to mention two very hard working persons, herself and Co-Race Director Gary Perry. Many thanks to you two for that tremendous job!!!

It should be mentioned that the winner of the two **SOUTHWEST AIRLINES** roundtrip tickets was Precille Vonn, a member of the **ACHILLES Track Club** from MHMR. Congratulations, Precille!!!

THANKS, THANKS
AND
THANK YOU!!



TRIATHLETE NEWS

BASIC TRAINING: (BT) Beginning Training should consist of doing each event three times per week for 20-25 minutes per event, forget distance and work towards your heartbeat target zone for your age group. Do this for 4-6 weeks or until you feel you need more challenge. You will then move to (MT) Moderate Training where you will do each event three times per week for 30-35 minutes per event, going for the proper heart target zone and for 4-6 weeks. Next in order is (HT) Heavier Training and in this phase you get to do each event three times per week at 45-50 minutes per event, going for the proper heart target zone and for 4-6 weeks. Last but not least is (DYTP) Do Your Thing Phase and in this phase you strut your stuff and go to the limits that you have trained your self for in the initial phases. By the time you have reached this level you will have met other Tri Nuts and you will get new ideas for training, etc. So, BT-MT-HT-DYTP will equal finishing the Hub City Triathlon and then the Buffalo Springs Lake Triathlon. Good Luck!!

RACE RESULTS OF LOCAL TRIATHLETES:

April 29, Sprint Triathlon, Texas Tech, 350 met S, 7 mi B, 2.5mi R:
 Miles Hyman, 49 min., 1st Age Group
 Mark Garland, 50 min., 3rd Age Group
 Kurt Johnson, 50 min., 3rd Age Group
 Mike Greer, 52 min., 2nd Age Group
 May 5, Austin Triathlon, 1.5K S, 41K B, 10K R:
 Miles Hyman, 2hrs. 47 min.
 Mark Garland, 2hrs. 59 min.
 Mike Greer, 3 hrs. 14 min.
 May 5, Bottomless Lake Triathlon, 500met S, 12mi B, 3mi R:
 Kurt Johnson, 1hr. 5 min.
 Mark Garland, 1hr. 7 min.
 May 12, Waco Striders Triathlon(Changed to Run 5k, Bike 28 mi, Run 5k, because of heavy rains in area):
 Mark Garland, 2hrs. 20 min.
 Mike Greer, 2hrs. 23 min., 4th Age Group
 May 12, Gulf Coast Triathlon, Panama City, FL, 1.2 mi S, 56 mi B, 13.1 mi R(We now have a half Iron Man in our midst):
 Miles Hyman, 6 hours flat

FUTURE EVENTS TO CONSIDER:

May 27, Nemaha Ridge Triathlon, Edmond, Oklahoma, Sprint
 June 2, Tall City Triathlon, Midland, Tx, Short Course
 Milkman Triathlon, Dexter, NM, Sprint
 10, Stonebridge Triathlon, McKinney, Tx, Short Course
 17, Hub City Triathlon, Lubbock, TX, Short Course

Please advise if there are other WTRC members that are doing Triathlons, so that I can get them in the NEWS. Please call the Tri Hot Line for further information, 796-8213.

HUB CITY TRIATHLON

JUNE 17, 1990

**VOLUNTEERS ARE NEEDED TO HELP STAGE THE ANNUAL
 HUB CITY TRIATHLON at TEXAS TECH UNIVERSITY
 SUNDAY, JUNE 17, 1990**

**IF YOU CAN HELP, PLEASE CALL BETTY BLANTON at 742-3351
 A T-SHIRT IS THE USUAL REWARD FOR SUCH HELP**

BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE 11TH ANNUAL W.T.R.C. JUNE RACE EVENT # 6 of the W.T.R.C. CHALLENGE SERIES

**WHEN: SATURDAY JUNE 9, 1990
 REGISTRATION: 7:30 to 8:45 A.M.
 RACE START: CHILDRENS 1 MILE : 8:30 A.M.
 10 K and 2 MILE : 9:00 A.M.**

**WHERE: LEVELLAND HIGH SCHOOL, LEVELLAND, TX
 FROM LUBBOCK, HIWAY 114 WEST, TURN LEFT ON ALAMO
 ROAD , EAST SIDE OF LEVELLAND**

**COURSE: FLAT; 10 K , LOOP
 2 MILE OUT and BACK
 1 MILE OUT and BACK**

**ENTRY FEES: \$ 1.00 CHILDRENS RUN
 \$ 4.00 W.T.R.C. MEMBERS-- \$ 5.00 NON-MBERS**

**AWARDS: CHILDREN; 1ST PLACE MALE & FEMALE EACH GRADE
 1st through 6th GRADE ; RIBBONS TO ALL FINISHERS**

AGE DIVISIONS & AWARDS for 10 K & 2 MILE:

**MEN: 19 & UNDER; 20-29; 30-39; 40-49; 50 PLUS
 WOMEN: 19 & UNDER; 20-29; 30-39; 40 PLUS
 UNIQUE VISOR CAP AWARDS TO FIRST 3 PLACES IN AGE GROUPS**

RACE DIRECTOR: BILL ROGER, LEVELLAND; (806) 894-7911

