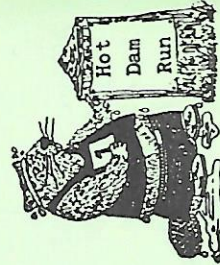


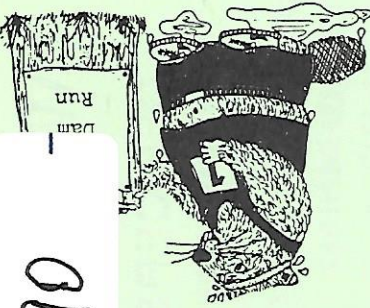
CALENDAR of EVENTS

* Denotes Monthly W.T.R.C. Race

- AUG. 4 **AUGUSTFEST FUN RUN**, Idalou, 10K and 2 Mile Run and walk, Kids 1 Mile; 8:00 A.M. \$6 Early entry, \$8 late.
Race Director: Rosie Marmolejo, day 744-5505x760, night 892-2021
- * AUG. 11 **HOT DAM RUN**, MLK Park, 5 Mile, Gonzalo Ramirez, Race Director 793-4664
- AUG. 18 **BUFFALO SPRINGS LAKE TRIATHLON**; Olympic Distances, Contact Mike Greer at 796-8213 or Sam Gentry at 767-2662
- AUG. 18 **DIMMITT 5 K RUN**, CONTACT Roger Malone, Race Director, 607 Pine, Dimmitt, Tx. 79027 or call (806) 647-3286 or 647-2491 (after 6)
- SEPT 3 (Labor Day) **CHATAQUA RUN**, Pampa
- * SEPT 8 **SHALLOWATER STAMPEDE 10K**, Also 2 Mile Run, Larry Byrd, Race Director, 832-4600 Details Later
- SEPT 15 **HIGH PLAINS BAPTIST HOSPITAL RUN/WALK**, Amarillo 10K & 2mi
- SEPT 15 **POW/MIA RACE FOR FREEDOM**, 10K & 1 mile REESE AFB
- SEPT 22 **WOMEN'S DISTANCE FESTIVAL 5K**, San Angelo, call Harriet Borger at (915) 949-8937
- SEPT 22 **MAYOR'S HALF-MARATHON**, Amarillo, 13.1 mi, 5 mi, 2 mi; contact Duane Polster (806) 378-3037
- SEPT 23 **DUKE CITY MARATHON**, Albuquerque; Marathon, Half-Marathon and 5K Runs, 20K and 5K walks (Note this is corrected date) Anyone interested in going by chartered bus from Lubbock, call Sandi Howard at 795-6981 See Page 6 of this Newsletter
- SEPT 29 **RED RAIDER ROAD RACE**, TTU, Art Rutherford Race Director 765-7620
- * OCT. 13 **GO FOR THE GOLD 5K**, Michelle Jones, Race Director, Details Later
- OCT. 13 **WOMEN'S DISTANCE FESTIVAL 5K**, Midland, call Andra Chamberlain at (915) 682-7273
- OCT. 27 **ALLSUFS' ANNUAL ROADRACES**, Clovis, NM details later
- * NOV. 10 **16th Annual BUFFALO WALLOW RACES**
- DEC 2 **WHITEROCK MARATHON**, Dallas
- * DEC. 8 **REDLINE CROSS COUNTRY RACE**



August 1990



Details inside back cover

W.T.R.C. Race August 11, 1990

AUGUST 1990

Newsletter
P.O. Box 2921
Lubbock, Texas 79408

Running Club

WEST TEXAS



WEST TEXAS RUNNING CLUB

OFFICERS DIRECTORS

- PRESIDENT :** RON KEY
 0 765-5551 H 792-9280
INTERNAL VICE-PRES
 GONZALO RAMIREZ 0 792-3291 H 792-1237
- GARY PERRY**
 0 742-2313 H 793-4664
- EXTERNAL VICE-PRES**
 TRACY BAUGH 0 747-4663 H 795-0842
- DAVID RODRIGUEZ**
 0 741-4834 H 765-6686
- SECRETARY**
 BARBARA VITALEC 0 794-7433 H 795-0286
- APRIL STEIN**
 0 795-9454 H 745-9638
- TREASURER**
 SHIRLEY WIGLEY 0 763-7061 H 797-4201

W.T.R.C. Races are usually held the Second Saturday of each Month

W.T.R.C. Official meetings are held monthly on the 2nd Tuesday, 6:30 P.M. at 3208 67th, Lubbock. These meetings are open and any member is invited to attend at any time

OFFICER NOMINATIONS

FINAL NOMINATIONS FOR OFFICERS AND DIRECTORS WILL BE MADE AT THE REGULAR V.T.R.C. MEETING AUGUST 14, 1990 AT THE ADDRESS GIVEN ABOVE. BALLOTS WILL BE MAILED IN THE SEPT NEWSLETTER

CHALLENGE SERIES

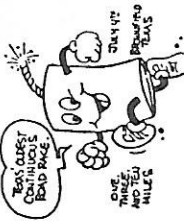
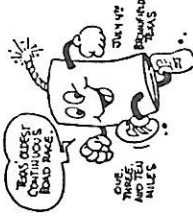
REMEMBER THAT TO REMAIN ELLIGIBLE FOR CHALLENGE SERIES AWARDS, PARTICIPANTS MUST HAVE TO AGREED TO SERVE AS A NON-RUNNING VOLUNTEER AT ONE OF THE REMAINING MONTHLY V.T.R.C. RACES IF YOU HAVE NOT ALLREADY

DONE SO

WEST TEXAS RUNNING CLUB

FIRECRACKER RUN!

TEXAS' OLDEST CONTINUOUS ROAD RACE.



The 22nd Annual FIRECRACKER RUN was highlighted by a record breaking performance by SOUTH PLAINS COLLEGE athlete Jorge Pacheco who broke Dan Clark's overall record set in 1974 by 10 seconds with a time of 52:34. The slightly altered course (with more hills) was enjoyed by all in spite of the warm temperatures.

Attendance this year approached the record 1988 figures (total of 150) with 128 total.

Returning for this years event for the first time since 1978 were early WTRC supporters, Alan & Harriet Borger and Roger Anderson of San Angelo. They are very active in their own club, THE SAN ANGELO ROAD LIZARDS. Making the farthest trip was Bob McGuire of England, a transplanted West Texan.

Kudos to Race Director Mark Manley who conducted a quality affair in spite of equipment mal-function and supply shortages. Many thanks also to Theresa Manley and Kids, April Stein, Joe Martinez, and George and Pat Jury. Brownfield Chamber of Commerce president, Bob Cannon came to assist and helped Joe at the 4/6 mile water stop then snapped photos at the award ceremony. Alonzo Mendoza stepped in to help in the finish chute as did John Stalcup and David Rodriguez. A good amount of TV coverage was given by Channel 13 (KLBB). Extending their own personal FIRECRACKER records for attendance were James Livermore with his 12th straight appearance, and Jim Wilhelm who made this his 10th consecutive 10 mile finish. Congratulations to them and also to James' daughter, Meredith who ran her first club race as a 6 year old!

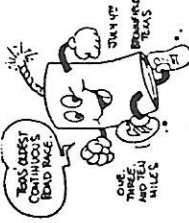
Many Thanks are due to the Brownfield Chamber of Commerce and to John Hasselmeier of the BROWNFIELD NEWS for his help in promoting and covering the race as well as his past reporting. John is leaving Brownfield to take a new position.

Nineteen enthusiastic children ran in the 1 mile "KIDS" Run with the winner being 9 year old Travis Perez, with a time of 6:50. Regrettably the timer malfunctioned and no other times were recorded. Travis is the son of Herbert and Elizabeth (Holguin) Perez who were high-schoolers in Brownfield when I first began running in WTRC races in 1979. Both parents frequently finished high in their respective divisions back then so Travis comes by his physical abilities naturally. Travis ran the SCHLOTZSKIS "BUN RUN" 10K back on March 31, 1990 in a time of 50:25, pretty good for an 8 year old, eh!

BOYS		CHILDRENS 1 MILE RUN GIRLS	
GRADE	AGE	GRADE	AGE
Travis Perez	4	1	8
Carlos Vasquez	5	2	10
Justin Delacruz	4	3	6
Josue Delac	5	4	10
Chris Mendez	5	5	10
Jarod Masood	5	6	10
Adam Stalcup	1	7	4
Sean Valderaz	1	8	5
Seth Dockery	6	9	4
York Yarbrough	1	11	4
Robert Ruddick	6	12	3
Jonathon Read	3	8	4
Ross Williamson	1	6	3
		9	3

FIRECRACKER RUN!

TEXAS' OLDEST CONTINUOUS ROAD RACE.



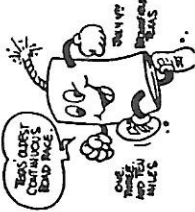
10 Mile Results

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD [AGE GROUP]
01	Jorge Pacheco	22	M	52:34 *	"	1st 20-29
02	Lolo Mercado	30	M	1:00:24	"	1st 30-39
03	Bill Harn	37	M	1:08:05	"	2nd 30-39
04	Robert Guajardo	45	M	1:09:45	"	1st 40-49
05	Jimmy Samarron	35	M	1:10:21	"	3rd 30-39
06	Brian Kay	28	M	1:11:46	"	2nd 20-29
07	Cande Olivias	28	M	1:12:41	"	3rd 20-29
08	Carlos Vigil	41	M	1:12:59	"	2nd 40-49
09	Joey Thacker	42	M	1:13:20	"	3rd 40-49
10	Dennis Bell	29	M	1:13:36	"	4th 20-29
11	Larry Reno	38	M	1:13:44	"	4th 30-39
12	Michael Smiley	34	M	1:13:50	"	5th 30-39
13	Robby Timberlake	42	M	1:14:20	"	4th 40-49
14	Lynn Elliot	42	M	1:14:31	"	5th 40-49
15	Bill Roger	51	M	1:15:53	"	1st 50-59
16	Frank Goodman	43	M	1:16:32	"	6th 40-49
17	Chris Miller	16	M	1:17:10	"	1st 19&Under
18	Shana Pierce	22	F	1:17:51	"	1st 20-29F
19	Ron Key	46	M	1:18:00	"	7th 40-49
20	Roger Anderson	52	M	1:18:12	"	2nd 50-59
21	James Livermore	43	M	1:18:17	"	9th 40-49
22	Rick Buckberry	38	M	1:21:08	"	6th 30-39
23	John Foley	31	M	1:21:50	"	7th 30-39
24	Clint Ramsey	52	M	1:22:03	"	3rd 50-59
25	Jon Masood	44	M	1:22:18	"	9th 40-49
26	April Stein	32	F	1:22:31	"	1st 30-39F
27	Jim Wilhelm	39	M	1:22:38	"	8th 30-39
28	Alan Borger	54	M	1:24:15	"	4th 50-59
29	Shirley Wigley	36	F	1:24:35	"	2nd 30-39F
30	John Morrow	51	M	1:25:50	"	5th 50-59
31	Roger Greene	45	M	1:26:11	"	10th 40-49
32	Jerry Bell	47	M	1:27:32	"	9th 30-39
33	Mickey Davis	31	M	1:27:46	"	9th 30-39
34	Hugh Haynes	58	M	1:27:50	"	6th 50-59
35	Joe Hesse	41	M	1:27:58	"	6th 40-49
36	James Bone	51	M	1:28:09	"	7th 50-59
37	Pat Duffey	38	M	1:28:13	"	10th 30-39
38	Tom Jones	51	M	1:28:39	"	8th 50-59
39	Mike Doss	43	M	1:30:12	"	8th 40-49
40	Tony Aleman	41	M	1:30:16	"	8th 30-39
41	Cecil Salazar	27	M	1:36:04	"	5th 20-29
42	Don Hunt	55	M	1:38:33	"	5th 50-59
43	Connie Evans	41	F	1:44:28	"	9th 40-49F
44	Lucy Hernandez	28	F	1:46:26	"	1st 20-29F
45	Mike Rogers	37	M	1:48:49	"	2nd 30-39

WEST TEXAS RUNNING CLUB

FIRECRACKER RUN!

TEXAS' OLDEST CONTINUOUS ROAD RACE.



FIRECRACKER RUN!

3 Mile Results

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD [AGE GROUP]
01	Carlos Ybarra	27	M	16:23	"	1st 20-29
02	Milt Brownfield	32	M	17:55	"	1st 30-39
03	Rene Alvarado	17	M	17:59	"	1st 16-19
04	David Rodriguez	39	M	18:09	"	2nd 30-39
05	Mike Chamales	45	M	18:11	"	1st 40-49
06	Teddy Soliz	16	M	18:29	"	2nd 16-19
07	Trey Jernigan	12	M	18:59	"	1st 15& under
08	Bill Ashley	31	M	19:07	"	3rd 30-39
09	David Doyle	31	M	19:08	"	4th 30-39
10	Dan Fonseca	43	M	19:14	"	2nd 40-49
11	Ken Jernigan	38	M	19:29	"	5th 30-39
12	Saul Hernandez	22	M	19:39	"	2nd 20-29
13	David Muniz	20	M	19:41	"	3rd 20-29
14	Juan Delao	30	M	19:54	"	6th 30-39
15	Ed Dabrowski	32	M	19:55	"	7th 30-39
16	Marty Manuel	17	M	19:58	"	3rd 16-19
17	Scott Yarborough	28	M	20:31	"	4th 20-29
18	Alan Valderaz	14	M	20:34	"	2nd 15& under
19	Dwayne Oakley	33	M	20:42	"	8th 30-39
20	Art Tarango	17	M	20:47	"	4th 16-19
21	Rick Deaver	34	M	20:51	"	4th 30-39
22	Sonny Guffee	29	M	20:55	"	9th 20-29
23	Jess Smith	29	M	20:55	"	5th 20-29
24	Tommy Parrish	41	M	21:00	"	4th 40-49
25	Scott Kinghorn	33	M	21:02	"	10th 30-39
26	Kim Williamson	15	M	21:30	"	3rd 15& Under
27	David Knaff	36	M	21:36	"	11th 30-39
28	Chris Scott	49	M	21:41	"	4th 40-49
29	John Stalcup	26	M	21:47	"	6th 20-29
30	Matt McGuire	57	M	21:55	"	1st 50-59
31	George Thatcher	17	M	22:01	"	5th 16-19
32	Mike Read	57	M	22:10	"	2nd 50-59
33	Kathy Wilson	26	F	22:25	"	7th 20-29F
34	William Dodd	27	M	22:34	"	1st 20-29F
35	Helen Esquivel	22	M	22:35	"	8th 20-29
36	John Snider	40	M	22:46	"	2nd 40-49
37	Bob McGuire	59	M	22:55	"	5th 40-49
38	Mike Kelley	41	M	23:23	"	3rd 50-59
39	Josie Aleman	39	F	23:47	"	6th 40-49
40	Ted Johnston	47	M	24:07	"	1st 30-39F
41	John Scott	39	M	24:10	"	12th 30-39
42	Calvin Kirby	47	M	24:10	"	7th 40-49
43	Chet Snider	15	M	24:13	"	4th 15& Under
44	Kyle King	14	M	24:16	"	4th 15& Under
45	Jerry Magallanes	38	M	24:48	"	5th 30-39
46	Guadalupe Valderez	11	M	24:54	"	13th 30-39
47	David Roden	33	M	25:05	"	6th 15& Under
48	Law Domasig	21	M	25:26	"	14th 20-29
49	Harrlett Borger	33	M	25:41	"	9th 20-29
50	Lisa Burkette	53	F	25:45	"	15th 30-39
51	Paul Rinehart	22	M	26:28	"	1st 40& OverF
52	Rose Valderaz	41	F	26:49	"	3rd 20-29F
53	Clifford Allred	33	F	27:07	"	8th 40-49
54	P. J. Mitchell	36	M	27:20	"	2nd 30-39F
55	Beth Yarborough	45	F	27:33	"	16th 30-39
56	Lonnle Hollingsworth	28	F	27:35	"	2nd 40& OverF
57	Clive Kinghorn	58	M	27:45	"	4th 20-29
58	Lloyd Senn	52	M	27:51	"	4th 50-59
59	Glen Johnston	50	M	28:15	"	5th 50-59
60	Carollee Mullan	15	M	29:26	"	6th 50-59
61	Michelle Jones	58	F	29:36	"	7th 15& Under
62	Galabriela Saldana	32	F	30:03	"	3rd 40& OverF
63	Mary Baiza	26	F	31:31	"	3rd 30-39F
64	Joni Bell	46	F	32:35	"	5th 20-29
		30	F	36:12	"	4th 40& OverF



ROAD RACE EXCURSION

**Albuquerque Journal
DUKE CITY
MARATHON**

Sunday, September 23

- Marathon • Half Marathon •
- 20K Event (Walkers Only) • 5K Event •
- Family Fitness Festival, Sept. 22 & 23

For registration information write: Duke City Marathon, P.O. Box 14903, Albuquerque, NM 87191; or call (505) 291-8250.

Plans are being made for the 2nd Annual W.T.R.C excursion to the "DUKE CITY MARATHON" in Albuquerque on Sunday Sept. 23, 1990. It so happens that TTU will play the UNM Lobos on Sat. aft. Sept. 22nd so the bus will be scheduled to leave Lubbock on Sept. 22 at 8 A.M.

putting us in Albuquerque for a 4 P.M. kickoff. A block of rooms have been reserved at the DOUBLE TREE MOTEL which is near the race headquarters at a rate of \$49.95 with up to 4 people per room. Bus fare will be \$30 per person and football tickets for those desiring them are \$11. Departure for home on Sunday Sept. 23rd after the marathon awards will be at 4 P.M.

WTRC members and family have first priority on bus accommodations. A deposit of \$15 per person for bus fare plus the total for football tickets will be required by August 29, 1990 to Sandi Howard. The remainder will be due by Sept. 17, 1990. Reservations must be made by Aug. 13 in order to confirm the size bus that will be needed. A minimum of 40 people are needed to make the trip feasible. Please call Sandi Howard at 795-6981 as soon as possible!

WEST TEXAS RUNNING CLUB
1990 CHALLENGE SERIES STANDINGS
AFTER 7 EVENTS

30 - 39 MALE	PTS.	MILES	EVT.	40 - 49 MALE	PTS.	MILES	EVT.
JIM SAMARRON	57	32.2	6*	ROBERT GUJARDO	70	51.6	7*
BILL HARN	47	44.3	5*	JOE MARTINEZ	54	41.6	6*
DAVID DOYLE	47	31.0	7**	JOE THACKER	40	46.5	6
GONZALO RAMIREZ	45	28.4	5*	MIKE CHAMALES	30	7.0	3
DAVID RODRIGUEZ	44	25.0	5*	TONY ALEHAN	29	49.5	7*
LARRY RENO	41	54.3	7*	GARY PERRY	28	36.5	4*
ED DABROWSKI	40	23.0	7*	CARLOS VIGIL	28	29.1	4*
MILT BROWNFIELD	27	15.4	3	AL GROTZ	27	38.3	4
DAVID DUNWOODY	26	24.4	6*	FRANK GOODMAN	24	22.2	4
WES BOULLION	22	29.2	4	RON KEY	21	51.6	5**
JAMES IVEY	22	23.1	3	JOE A.GOMEZ	20	4.0	2
KEN JERNIGAN	19	17.2	3	LARRY BYRD	20	44.5	5*
LOLO MERCADO	19	23.1	2	PAUL RINEHART	20	14.2	4
RANDY BONDS	17	18.4	3	JAMES LIVERMORE	17	35.2	4
TOMMY PARRISH	17	11.0	3	MIKE KELLEY	17	24.3	4*
DWAYNE OAKLEY	15	13.2	3	DAVID KNAFF	16	5.0	2
JIM WILHELM	13	34.1	3	RONNIE NUGENT	15	57.6	5**
JOE STALCUP	12	30.3	3	MIKE NELSON	12	8.0	2
BARNEY ADAMS	12	19.0	2	JON MASOOD	11	22.4	3
PHIL HUR	11	26.4	5	TOM BROWN	8	2.0	1
JOHN FOLEY	11	21.0	2	GARY BODENSTEINER	7	2.0	1
OTTO SPITZ	11	20.2	3*	BILL VITALEC	6	19.2	2*
RON SEAL	10	8.0	3	R.M. BRADY	4	31.3	4*
RICK BUCKBERRY	10	23.1	2	WALTER JORDEN	3	6.2	1
RICK DEEVER	9	21.3	3	JOE HESSE	1	21.0	2
P.T. DUFFEY	8	41.2	6				
MARK HOLCOMB	8	2.0	1	0 - 19 FEMALE	PTS.	MILES	EVT.
GARY BOREN	7	24.1	2	TARA JERNIGAN	20	4.0	2*
BOBBY LUGO	7	16.2	3				
DAVID MILLER	7	14.2	1*	0 - 19 MALE	PTS.	MILES	EVT.
RODOLFO MORENO	5	8.0	1	TREY JERNIGAN	48	17.2	5*
RAUL RICHARDS	5	10.0	3	JAY WINFREY	24	8.0	3
DAN FOSSOY	3	6.0	1	JOHN RODRIGUEZ	19	4.0	2*
DAVID SKELTON	3	6.0	2	MIKE DOLL	13	4.0	2
MICKY DAVIS	2	26.2	4	CHARLES PYRON	10	4.0	1
LUIS CARDENAS	0	8.0	1*	JERRY MCGINNIS	09	6.2	1
HOWARD LEE	0	6.2	1	ADAM HERNANDEZ	07	2.0	1
KENNY HAINES	0	6.0	1	ANDY HERNANDEZ	06	2.0	1
ROGER MARKS	0	4.0	1	MICHAEL NUGENT	06	2.0	1
20 - 29 MALE	PTS.	MILES	EVT.	20 - 29 FEMALE	PTS.	MILES	EVT.
CANDE OLIVAS	34	20.0	4*	SUE HOULE	60	48.5	6
MARK MANLEY	30	47.3	4*	SAMANTHA JONES	46	40.3	5
NASARIO HERNANDEZ	24	18.4	3	SHANA PIERCE	29	27.2	3
SONNY GUFFEY	16	5.0	2	HELEN ESQUIVEL	28	24.1	43*
WILLIAM STROMBERG	8	13.1	1	LUCY HERNANDEZ	28	22.2	3
CHRIS ENGBRETSON	7	4.0	1	KATHY WILSON	20	5.0	2
TERRY BAUGH	7	15.1	2*	TRACY BAUGH	19	32.2	4*
				JODYNE VERNLUND	9	6.2	1
50 - + MALE	PTS.	MILES	EVT.	30 - 39 FEMALE	PTS.	MILES	EVT.
BILL ROGER	57	64.7	7**	JOSIE ALEMAN	69	19.0	7*
JAMES BONE	48	58.5	7*	APRIL STEIN	50	45.4	5*
TOM JONES	42	47.6	6	SHIRLEY WIGLEY	38	51.3	6**
JOHN STALCUP	42	33.1	5*	JAN RAMIREZ	26	18.0	4*
BOB SMITH	25	18.4	3	MICHELLE JONES	25	17.2	5*
FRANK HERNANDEZ	23	10.0	3*	SUSAN HOLCOMB	9	6.2	1
RALPH WILLIAMS	19	10.2	2	GERI RUSSELL	8	4.0	1
LONNIE HOLLINGSWORTH	12	7.0	2				
BOB WHIDDON	10	6.0	1	40 - + FEMALE	PTS.	MILES	EVT.
TOM BOWSER	10	11.0	1	CONNIE EVANS	59	38.6	6
MIKE GREER	09	8.0	1	P.-J. MITCHELL	38	24.0	5*
DALE GREEN	07	13.1	1	ROSIE MARMOLEJO	20	4.0	2
				BARBARA VITALEC	10	19.2	2*
** = RACE DIRECTORS				SANDI HOWARD	0	6.2	1*
* = HAVE / OR WILL VOLUNTEER				DORIS STALCUP	0	15.0	2*



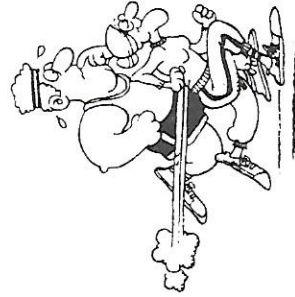
Full Moon 5000



Friday evening, June 22nd, the club along with several corporate sponsors held its first night race. Though the race director's astronomy was not very good, it was nowhere near a full moon, the event was well attended. There were 118 participants in the two events (a 5k and 2 mile walk). The focus of the event was not on times/awards but on fun and raising money for MHRM's Recreation Fund. However, congratulations are in order for Darnell Adams and Sue Houle who were the top finishers in the 5k and Jared Masood and Rita Pritchett who were the top finishers in the 2 mile.

5K				2 Mile			
Place	Name	Age	Time	Place	Name	Age	Time
01	Darnell Adams	25	17:21	01	Jared Masood	12	22:26
02	Joe Casarez	30*	17:42	02	Rita Pritchett	41	23:37
03	Mark Manley	29*	18:27	03	Teri Goodman	40	24:01
04	Brian Kay	28	18:45	04	Doris Stalcup	55*	24:57
05	David Rodriguez	39	18:59	05	Joni Bell	30*	25:46
06	Michael Chamales	45*	18:59	06	Renee Coke	41	26:23
07	Bobby Mora	22	19:01	07	Barbara Smith	67	26:45
08	Ray Garcia	19*	19:19	08	Karen Duffey	39	28:01
09	Chris Miller	16	19:20	09	Wayne Panter	67*	28:24
10	Herbert Perez	29	19:34	10	Don Keim	43*	29:30
11	Michael Smiley	34	19:35	11	Debbie Rose	31	29:31
12	Joe Martinez	44	19:35:06	12	Susan Stallings	31	29:39
13	Scott Blum	25	19:38	13	Kathy Hur	36	30:17
14	Larry Reno	38	19:41	14	Margaret Davis	35	30:29
15	Sue Houle	29	19:55	15	Jack Leftwich	62	31:34
16	Joe Gomez	46	20:01	16	Paula Burns	38	32:50
17	Ellis McCasland	30	20:09	17	April Roberts	15	34:03
18	Frank Goodman	43	20:15				
19	Tommy Parrish	33	20:20				
20	Joey Thacker	42	20:27				
21	Bill Roger	51*	20:31				
22	Rich Kelly	39	20:44				
23	Larry Byrd	49	20:54				
24	Rick Deaver	34	20:58				
25	John Rodriguez	13	21:00				
26	Hal Wilkerson	36	21:31				
27	Clay Wilkerson	36	21:31				
28	Alan Valdez	14	21:38				
29	Nasario Hernandez	24	21:39				
30	Bill Vitalec	44	21:47				
31	Otto Spitz	33	21:47:09				
32	Shanna Pierce	22*	21:48				
33	Soony Gueffee	29	21:51				
34	David Knaff	49	22:05				
35	Boonie Prigg	39	22:08				
36	John Morrow	51	22:13				
37	David Wigley	35	22:33				
38	Joann Hollie	38	22:33:07				
39	Shirley Wigley	36	22:38				
40	Ken Jones	39	22:46				

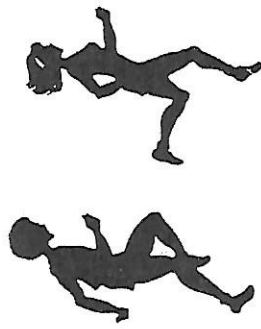
*denotes first place in age group



Full Moon 5000



5K results cont.				5K Results cont.			
Place	Name	Age	Time	Place	Name	Age	Time
41	Phil Hur	38	23:07	88	Heather Roberts	12*	28:44
42	Chris Scott	26	23:09	89	Jodi Henry	36	28:45
43	Patrick Duffey	38	23:10	90	Bob Smith	70	28:46
44	Marque Hunter	32	23:12	91	Ronnie Nugent	43	29:08
45	Helen Esquivel	22	23:14	92	Connie Evans	41	29:28
46	James Bone	50	23:15	93	Wallace Marsh	19	29:29
47	John Stalcup	57	23:16	94	Gayle Bailemon	31	30:00
48	April Stein	32	23:16:06	95	John Scott	43	30:17
49	Kathy Wilson	26	23:19	96	Rose Valdez	33	30:51
50	Jon Omdahl	44	23:24	97	P.J. Holland	34	31:33
51	Jerry Bell	47	23:27	98	Jeanny Jones	16	31:35
52	Thomas Jones	51	23:21	99	Jennifer Omdahl	18	32:06
53	John Masood	44	23:32	100	Paul Rinehart	41	32:33
54	Patrick Maille	24	23:36	101	Becky Omdahl	44	32:50
55	Terry Richardson	41	23:37				
56	Mickey Davis	33	23:43				
57	Dennis Bell	29	23:45				
58	Tony Aleman	41	24:02				
59	Cecil Salazar	28	24:10				
60	Donnie Carroll	37	24:11				
61	Josie Aleman	39	24:12				
62	Richard Rodriguez	23	24:13				
63	Melvin Houston	50	24:37				
64	Rudy Hernandez	28	24:46				
65	Samantha Jones	20	24:38				
66	Jason Mooney	28	24:56				
67	Rhonda Carroll	16*	25:14				
68	Steve Panter	17	25:16				
69	Molly Delischi	21	25:18				
70	Cesar Gellido	21	25:27				
71	Mark Padillo	42	25:28				
72	David Bugg	41	25:31				
73	Amos Charles, Jr.	21	25:38				
74	Bill Hopkins	37	25:48				
75	Nathan Bugg	13	25:53				
76	Terry Buzbee	31	25:58				
77	Johnny Ascot	47	26:04				
78	Suzie Jones	38	26:10				
79	Nancy Lehr	28	26:13				
80	Dustin Pope	14	26:25				
81	Paula Parrus	28	26:28				
82	Renee Ramspeck	22	26:37				
83	Barbara Vitalec	43*	26:43				
84	Mike Rogers	36	28:12				
85	Moses Jones	14	28:16				
86	Lucy Hernandez	28	28:21				
87	Rick Buckberry	38	28:25				



Johnny sez

Temperature is just one factor contributing to heat stress. Relative stupidity is an equally important parameter.!

Johnny Grille, Amarillo

AT THE RACES

Official Results of the 1990 FUNFEST RACES have not been received as of press time, so we are unable to report but several club members finished in the top 50 of both races. Gonzalo and Jan Ramirez ran the MAHATMA 5K RUN in Dallas May 19 with 370 other runners. Gonzalo clocked a time of 19:33 while Jan had a time of 26:56

TRIATHLETE NEWS

WOE IS ME!! We have so much news about area Triathletes in action that I do not have room to preach this month. Oh well, all you have to do is swim, bike and run and you are a Triathlete. So here goes for this month:

The hot line reported that Jeff Jury did the Drag'N-On-In Triathlon in Colorado Springs, Co. on June 24, 1990. He finished 75th overall out of 300 with times of 39min swim(1.5k), 70min bike(40k), 45min run(10k) for a total time of 2hrs37min, an excellent time. He reported that he was able to pass the real Tri freaks(on their mega bucks "Kestrals" with his 12 year old Raleigh "Gran Sport"(see, you just need the proper motor, forget the expensive bikes). Congratulations from Texas.

Other Triathletes in action:

June 23, Reese AFB Sprint, 250yd S, 8 mi B, 2 mi R
 Ronnie Nugent, 51:38 Sue Houle 42:35
 April Stein, 45:09 Robby Timberlake 41:49
 Otto Spitz, 40:39 Rick Buckberry, 44:57
 Team: Larry Bird, Angela Nugent, Craig Hancock 44:33
 June 23, Abilene Triathlon, 1K S, 25m B, 5m R
 Mike Greer, 1:53:45

July 1, President's Triathlon, 1.5K S, 40K B, 10K R
 Mark Garland, 2:40 Kurt Johnson, 2:45
 Mike Greer, 3:14

Future Events to Consider:

July 15, Farmers Branch, Tx
 July 29, Sante Fe, NM
 August 5, Houston, Tx
 August 11, Wool Capital, San Angelo
 August 18, Buffalo Springs Lake Triathlon, Lubbock*
 August 25, Amarillo Triathlon

*In my association with the Buffalo Springs Lake Triathlon I have had the opportunity to work with two really nice, professional people, who have done a lot for one of our few recreational areas on the South Plains. These two people are Sheila and Ken Martin, Ken is the General Manager of the Lake and Sheila is in charge of Public Relations. They have been most cooperative and would be very happy to answer any of your questions relative to the lake and would encourage you to make a tour of the lake. They are dedicated to safety and to the running of a first class facility. You will find, as I have, that this is not the same lake we knew some years back and it offers excellent water recreation and a perfect setting for all types of events to include, of course, the Triathlon. Please give them a call at (806) 747-3353 if you have any questions.

P.S. Remember the hotline, 796-8213, for reporting Tri activity!!

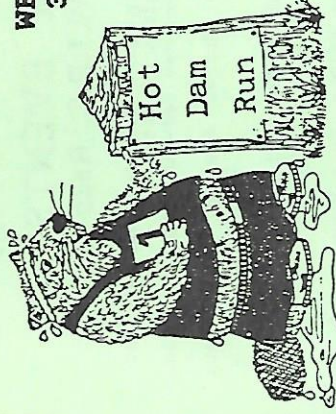
Mike Greer



WEST TEXAS RUNNING CLUB'S 3rd ANNUAL "HOT DAM RUN"

5 MILES

"PICK A TROPHY"
 FEATURE



EVENT NUMBER 8 of the WTRC CHALLENGE SERIES

WHEN: SATURDAY, AUGUST 11, 1990
 REGISTRATION: 7:15 A.M., on RACE DAY
 RACE START: 8:00 A.M.

WHERE: MARTIN LUTHER KING, JR. MEMORIAL AREA (near waterfall on Canyon Lake 6) East of Quirt Ave on E. 22nd St., LUBBOCK, TEXAS

COURSE: FIVE MILES OUT and BACK ON ASPHALT, TWO SHORT STEEP HILLS, SEVERAL LESS FORMIDABLE HILLS AND A VERY CHALLENGING FINAL 50 YARDS

ENTRY FEE: WTRC MEMBERS \$4; NON-MEMBERS \$5

AGE DIVISIONS:

MEN: 0-19; 20-29; 30-39; 40-49; 50 & OVER
 WOMEN 0-19; 20-29; 30-39; 40 & OVER
 AT LEAST 3 AWARDS WILL BE GIVEN IN EACH CATEGORY*

AWARDS: AWARD WINNERS WILL PICK THEIR OWN TROPHY DEPENDING ON THE ORDER OF FINISH. THE FIRST MALE AND FEMALE WILL HAVE THEIR CHOICE FROM OVER 40 TROPHIES. DIVISION WINNERS WILL THEN CHOOSE, FOLLOWED BY SECOND AND THIRD PLACE FINISHERS (All trophies will be awarded)

* The number of awards may be increased on race day depending on the number of entrants in those divisions.

RACE DIRECTOR: GONZALO RAMIREZ; (806) 793-4664