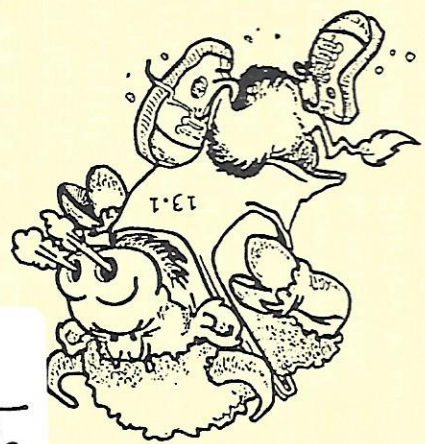


November 1989



W.T.R.C. CALENDER OF EVENTS

* DENOTES OFFICIAL W.T.R.C. RACE

- Oct. 28 **ALLSUP'S FALL ROAD RACES**, Clovis, NM * Half Marathon, 10K, 5K, and 1 Mile. Contact J.R. Jacobs at (505) 769-2311 or (505) 769-5238
- Nov. 4 **MRT/YMCA HALF-MARATHON & 2 mile Midland**; PBRR Box 10483 Midland, Tx. 79702
- Nov. 4 Dallas **WHITEROCK HALF-MARATHON**
- Nov. 4 **PALO DURO 50 MILER**, Contact Red Spicer at 806-353-3847
- * Nov. 11 **BUFFALO WALLOW Half Marathon & 2 Mile**, Buffalo Springs Lake Details in this Newsletter. Don Kephart Director, 794-4604
- Nov. 12 **SAN ANTONIO MARATHON**; 6 A.M. start, Call (512) 732-1332
- Nov. 16 Run your Butts Off Cold Turkey Fun Run, Reese AFB call 885-3207
- Nov. 18 **COOL BREEZE 10K & 2 MILE RUN**, Mae Simmons Community Center Sponsored by the Lubbock Parks and Recreation Dept. Entry fee \$ 8.00 through Nov. 13th, \$10 after Nov 14 call Todd Steelman at 762-6411 Ext 2690
- Nov. 18 **LONESTAR RUNNING CLUB TURKEY TROT**; 9:A.M. Thompson Park, Amarillo 5K \$5.00 entry fee; Contact Douglass Davis, 806-355-7921
- Nov. 19 **AUSTIN MARATHON , HALF-MARATHON & 5K** Call (512) 473-2626
- Dec. 2 **GOODFELLOWS RUN, 10K & 2 Mile**
- Dec. 3 Dallas **WHITEROCK MARATHON**, See Ron Key for entry forms
- * Dec. 9 **RED LINE CROSS COUNTRY 4 Mile Run**, Mae Simmons Park



Newsletter
P.O. Box 2921
Lubbock, Texas 79408



W.T.R.C. November Race
17th Annual Buffalo Wallow Races
Nov. 11, 1989 Details inside

OFFICERS DIRECTORS

PRESIDENT: Ron Key
 0 765-5551 H 792-9280
 INTERNAL Y.P.: Gonzalo Ramirez
 0 742-2313 H 795-7338
 EXTERNAL Y.P.: Tracy Baugh
 0 762-6411 X2122 H 794-8498
 SECRETARY: Jon Masood
 0 797-7094 H 797-1870
 TREASURER: Shirley Wigley
 0 763-7061 H 797-4201
 Barney Adams
 0 744-3333 H 793-5050
 George W. Jury
 0 792-3291 H 792-1237
 Gary Perry
 0 747-4663 H 795-0842
 David Rodriguez
 0 741-4834 H 799-1817
 Joe Stalcup
 0 794-7433 H 795-0286
 April Stein
 0 799-2500 H 747-9545

W.T.R.C. Races are usually held the 2nd Saturday of the month.

W.T.R.C. Official Meetings are held monthly on the 2nd Tuesday, 6:30 p.m. @ 3208 67th, Lubbock. These meetings are open and any member is invited to attend at any time.

KEY NOTES

Well we were off and running on a new year with the October board meeting of the West Texas Running Club. A fine slate of officers was elected to fill the various positions on the board and I feel the membership of the club can expect good things to happen this year in the running community.

I would like to take this time to say thanks to the membership of the club for allowing me the privilege of serving as your president for another term. The past two years as your president has been both rewarding and challenging. A lot of fellow runners have put a lot of effort into the club to move it in a positive direction, but more help is needed. On the inside cover of the newsletter is a list of the directors. If you are interested in working in a portfolio, give the director a call and see how you can help out. The various directors and portfolios are: 1) Barney Adams--Membership, 2) George Jury--Newsletter, 3) Gary Perry--External Races, 4) David Rodriguez--Internal Races, 5) Joe Stalcup--Equipment, and 6) April Stein--Race calendar. It's easy to see there is a wide variety of opportunity available for everyone interested in helping out.

Tracy Baugh, our external vice president, has agreed to be our representative to the Road Runners Club of America. The concept is that the Road Runners Club of America has a lot of programs that can benefit our local club. She will become familiar with these programs and then implement them into our local club. I believe we can all benefit from this and I appreciate Tracy's willingness to tackle this challenge along with her duties as external vice president.

Hope to see you On The Run,
 Ron Key

Track coach announces \$250 donation

Texas Tech track coach Corky Oglesby accepted a \$250 donation Tuesday from the West Texas Running Club of Lubbock.

Gonzalo Ramirez, internal vice president of the Lubbock club, presented the check to Oglesby at Tech's R.P. "Bob" Fuller Track. Oglesby said he plans to put the money in the team's equipment and travel budget.

"The money is extra money we had in our service fund," said Ramirez. "We want them to use it at their discretion."

The West Texas Running Club is a non-profit organization that raises

WANTED: USED SHOES & USED T-SHIRTS

We are still accepting running shoes and good used T-Shirts to be given to those less fortunate than ourselves. In the past year we have sent over 50 pair of shoes and 90 Tees to Guayaniilla, Puerto Rico; Ocampo, Guadalupe, Juarez, and Cozumel, Mexico. We have even distributed some of the items here in town. Please make sure the donated items are clean and in good shape. Bring these items to any WTRC sanctioned race or call Gonzalo Ramirez at 795-7338 (after 5pm). A special thanks to all those who have helped in the past. I have personally seen many smiles because of the generosity of the WTRC membership.

WANTED: UNWANTED TROPHIES

Are you tired of dusting your trophies? Is your spouse threatening to put them in the attic or garage? Put those unwanted trophies to good use. By donating your trophies to the club, you help defray some of the costs on financing WTRC races. Also, they can be used with our smaller benefit runs - there more of the proceeds can go toward the organization we are helping. Thanks go to George Jury, Joe Post, Bill Roger, Ron Key, Jan Ramirez, and others to be mentioned later, for donating their trophies. These may be brought to any WTRC sanctioned race or call G. Ramirez.

TAG TEAM TWO MILE RELAY

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD	AGE GROUP
01	Mark Manley	29	M	10:42	WHITHARRAL	1st	20-29
02	Mike Williams	26	M	10:57	CLARENDON	2nd	20-29
03	David Rodriguez	39	M	11:35	LUBBOCK	1st	30-39
04	George Jury	53	M	11:37	"	1st	50-59
05	Robert Guajardo	46	M	11:38	LEVELLAND	1st	40-49
06	Larry Reno	37	M	11:55	LUBBOCK	2nd	30-39
07	David Doyle	31	M	11:58	WOLFFORTH	3rd	30-39
08	David Lard	52	M	12:06	LUBBOCK	2nd	50-59
09	Joe Post	40	M	12:14	"	2nd	40-49
10	Otto Spitz	32	M	12:23	"	4th	30-39
11	Luis Cardenas	37	M	12:31	"	5th	30-39
12	Joe Martinez	44	M	12:36	"	3rd	40-49
13	Larry Byrd	48	M	12:39	SHALLOWTR	4th	40-49
14	Bill Roger	50	M	12:43	LEVELLAND	3rd	50-59
15	Gary Perry	44	M	12:51	LUBBOCK	5th	40-49
16	Ron Key	46	M	13:02	"	6th	40-49
17	Wes Boullioun	32	M	13:06	"	6th	30-39
18	Brady Ray	38	M	13:22	"	7th	30-39
19	Ronnie Nugent	42	M	13:32	"	7th	40-49
20	Terry Baugh	27	M	13:55	"	3rd	20-29
21	Shirley Wigley	35	F	13:56	"	1st	30-39 F
22	Jon Masood	43	M	13:57	"	8th	40-49
23	Jack Shropshire	53	M	13:58	"	4th	50-59
24	Josie Aleman	38	F	14:07	"	2nd	30-39 F
25	Robert Salazar	37	M	14:19	"	8th	30-39
26	Tony Aleman	40	M	14:20	"	9th	40-49
27	Tracy Baugh	27	F	14:37	"	1st	20-29 F
28	Frank Hernandez	51	M	15:10	"	5th	50-59
29	James Bone	50	M	15:39	"	6th	50-59
30	Lowell Anderson	31	M	15:57	"	9th	30-39

Team Results

Team	Time	Team	Time
(1) Larry Reno David Doyle Gary Perry	36.44	(6) George Jury Terry Baugh Josie Aleman	39.39
(2) David Rodriguez Otto Spitz Ron Key	37.00	(7) Robert Guajardo Jon Masood Tony Aleman	39.55
(3) David Lard Luis Cardenas Bill Roger	37.20	(8) Joe Martinez Brady Ray Robert Salazar	40.17
(4) Joe Post Larry Byrd Wes Boullioun	37.59	(9) Mark Manley Tracy Baugh James Bone	40.58
(5) Mike Williams Shirley Wigley Jack Shropshire	38.51	(10) Ronnie Nugent Frank Hernandez Lowell Anderson	44.39



CHALLENGE SERIES STANDINGS THROUGH TEN EVENTS

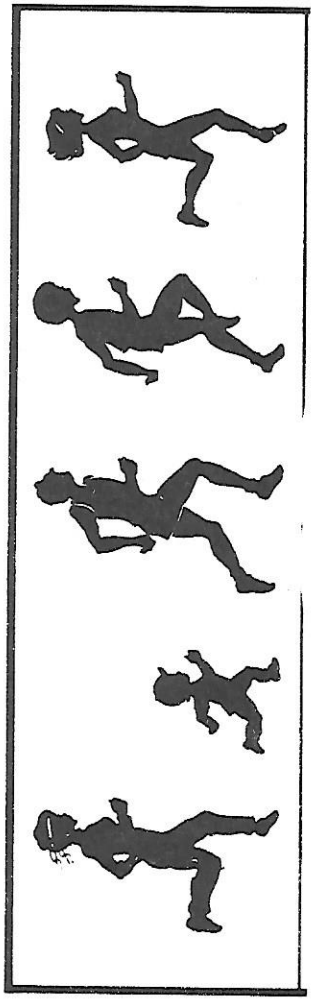
WOMENS OPEN		MENS OPEN		POINTS		
1	Sue Houle	80	1	Mike Williams	86	
2	Josie Aleman	65	2	Mark Manley	61	
3	Shirley Wigley	57	3	Terry Baugh	32	
4	Tracy Baugh	44	4	David Miller	21	
5	April Stein	38	MENS 50 PLUS			
6	Helen Esquivel	37	1	Frank Hernandez	58	
7	Ann Davis	31	2	David Lard	36	
8	Jan Ramirez	31	3	Charles Hensarling	32	
9	Theresa Marez	30	4	Francis Johns	28	
10	Barbara Vitalec	20	5	John Stalcup	25	
11	Tammy Aleman	19	6	Hugh Haynes	9	
12	Rosalie Anderson	6	MEN 40-49			
MEN 30-39						
1	David Rodriguez	75	1	Joe Post	85	
2	Larry Reno	68	2	Jim Haynes	75	
3	Gonzalo Ramirez	51	3	Robert Guajardo	73	
4	David Doyle	46	4	Bill Roger	47	
5	Otto Spitz	44	5	Gary Perry	44	
6	Al Grotz	35	6	Ron Key	37	
7	Barney Adams	32	7	Kelly Baggett	29	
8	Wes Boullioun	28	8	Ronnie Nugent	25	
9	Bill Harn	26	9	James Livermore	23	
10	Brady Ray	24	10	Larry Byrd	20	
11	Tony Aleman	14	11	Jon Masood	18	
12	James Ivey	14	12	Mike Kelley	9	
13	Jim Wilhelm	8	13	Don Lewis	8	
14	Luis Cardenas	6	14	Loyd Senn	6	
15	Ron Seal	6	WOMENS MILEAGE LEADERS			
16	Don Kephart	5	MILES			
MENS MILEAGE LEADERS						
1	Joe Post	76.7	1	Ann Davis	65.5	
2	Ronnie Nugent	75.8	2	Shirley Wigley	65.5	
3	Mark Manley	75.5	3	Sue Houle	62.8	
4	Gary Perry	71.7	4	April Stein	45.4	
5	Brady Ray	71.7	5	Tracy Baugh	44.4	
6	Jon Masood	67.5	6	Theresa Marez	35.4	
7	Ron Key	67.3	7	Jan Ramirez	31.6	
8	Larry Reno	64.8	8	Josie Aleman	31.0	
9	Bill Roger	64.8	WOMENS PARTICIPATION LEADERS			
10	Robert Guajardo	60.8	MILES			
MENS PARTICIPATION LEADERS						
Jon Masood	Josie Aleman	WOMENS PARTICIPATION LEADERS				
Ronnie Nugent	Ann Davis	MILES				
Gary Perry	Sue Houle	POINTS				
Joe Post	Shirley Wigley	EVENTS				
Brady Ray	ALL TIED AT 9	EVENTS				
Larry Reno	10 EVENTS	EVENTS				
Otto Spitz	ALL TIED AT 9	EVENTS				

Those who may be in contention for an award in more than one category (Mileage And Participation-1 male, 1 female overall each; Points-Top 50% each division) should decide which award they will chose to receive, as no one will be eligible for more than one award. Those qualifying for the 66 Mile Club award are still eligible for an award in another category. Any questions should be addressed to

Joe Post 745-8817
3001 S. Loop 289 # E207
Lubbock, Tx. 79423

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD [AGE GROUP]
01	Mitch Dillman	25	M	36:28	LUBBOCK	1st Overall
02	Michael Dotson	24	M	37:31	SAN ANGELO	1st 20-24
03	George W. Jury	53	M	37:59	LUBBOCK	1st 50-59
04	Jay Mone	31	M	38:13	"	1st 30-34
05	Tom Weis	37	M	38:28	"	1st 35-39
06	Bill Harr	35	M	38:30	"	2nd 35-39
07	James Ivey	34	M	39:22	"	2nd 30-34
08	Gonzalo Ramirez	33	M	40:18	"	3rd 30-34
09	William Stromberg	34	M	40:50	"	2nd 20-24
10	Berney Adams	36	M	40:57	"	3rd 35-39
11	Sue Houle	28	F	41:33	"	1st F Overall
12	Bill Roger	50	M	41:50	LEVELLAND	2nd 50-59
13	David Doby	29	M	42:10	LUBBOCK	1st 25-29
14	Lyndol Askew	43	M	42:11	TAHOKA	1st 40-44
15	Larry Reno	37	M	42:13	LUBBOCK	4th 35-39
16	Cliff Heintschel	42	M	42:22	"	2nd 40-44
17	Larry Byrd	48	M	42:43	SHALLOWTR	1st 45-49
18	Robin White	32	M	42:57	LUBBOCK	4th 30-34
19	Dwayne Oakley	33	M	43:09	"	5th 30-34
20	Joe Martinez	44	M	43:37	"	3rd 40-44
21	Rich Kelly	39	M	43:42	"	5th 35-39
22	James Livermore	42	M	43:55	"	4th 40-44
23	James Langford	18	M	44:11	"	1st 15-19
24	Mark Garland	35	M	44:21	"	6th 35-39
25	Rick Buckberry	37	M	45:01	"	7th 35-39
26	Nasario Hernandez	22	M	45:12	"	3rd 20-24
27	Was Boullfoun	32	M	45:14	"	6th 30-34
28	April Stein	31	F	45:24	"	1st F 30-34
29	Billy Marquis	30	M	45:33	FLOYDADA	7th 30-34
30	Jon Masood	43	M	45:38	LUBBOCK	5th 40-44
31	Richard Bullis	29	M	45:38.7	"	2nd 25-29
32	Sandra Grice	24	F	46:00	"	2nd F 30-34
33	Scott Blum	24	M	46:04	"	4th 20-24
34	James Bailey	29	M	46:09	"	3rd 25-29
35	Tommy Parrish	32	M	46:15	"	8th 30-34
36	Johnny Hernandez	24	M	46:16	"	5th 20-24
37	Otto Spitz	32	M	46:35	"	9th 30-34
38	Michael Smiley	39	M	46:38	"	8th 35-39
39	John Morrow	50	M	47:20	"	3rd 50-59
40	Bryan Patridge	22	M	47:24	"	6th 20-24
41	John Blackburn	30	M	47:49.5	"	10th 30-34
42	Mitch Slater	43	M	47:49.8	"	6th 40-44
43	Roger Marks	36	M	48:13	"	9th 35-39
44	John Harper	54	M	48:39	ANTON	4th 50-59
45	Melinda Wilson	45	F	48:42	LUBBOCK	1st F 15-19
46	Tom Jones	50	M	48:57	"	5th 50-59
47	Terry Buzbee	30	M	49:04	"	11th 30-34
48	Tony Allen	40	M	49:07	"	7th 40-44
49	Thomas Word	52	M	49:12	"	6th 50-59
50	John Mills	36	M	49:22	"	10th 35-39
51	David Millies	29	M	49:32	"	4th 25-29
52	Bradley Burton	30	M	50:02	"	12th 30-34
53	Tim Sturgess	25	M	50:12	"	5th 25-29
54	Ralph Williams	53	M	51:08	"	7th 50-59
55	Ron Alexander	41	M	51:15	"	8th 40-44
56	Walter Jordan	40	M	52:18	"	9th 40-44
57	Wathleen Doby	28	F	52:36	"	1st F 25-29
58	Hugh Haynes	58	M	52:52	SLATON	8th 50-59
59	David Henry	27	M	53:01	LUBBOCK	6th 25-29
60	Theresa Marez	39	F	55:48	ABERNATHY	1st F 35-39
61	Jana Parker	26	F	55:59	LUBBOCK	2nd F 25-29
62	Judy Lawley	23	F	56:00.1	"	1st F 20-24
63	Everett Timm	42	M	56:00.4	"	10th 40-44
64	Norbert Mainke	33	M	56:09	"	13th 30-34
65	Lloyd Senn	49	M	58:08	"	2nd 45-49
66	Karla Kitten	34	F	58:37	"	3rd F 30-34
67	Connie Evans	40	F	60:14	"	1st F 40-44
68	Elizabeth Hall	39	F	61:26	"	2nd F 35-39
69	Cruz Saviles	32	F	61:27	"	3rd 25-29
70	Ann Davis	27	F	65:33	"	4th F 30-34
71	Carollee Mullins	57	F	67:16	"	1st F 50-59

PLACE	NAME	AGE	SEX	TIME	CITY	AWARD [AGE GROUP]
01	Troy Walker	20	M	11:46	LUBBOCK	1st Overall
02	Jim Haynes	43	M	11:52	MULESHOE	1st 40-44
03	David Doyle	30	M	11:56	WOLFFORTH	1st 30-34
04	Craig Jackson	24	M	12:13	LUBBOCK	1st 20-24
05	Joe Gomez	45	M	12:19	"	1st 45-49
06	Luis Cardenas	37	M	12:27	"	1st 35-39
07	Kirk High	19	M	13:01	"	1st 15-19
08	Raul Rodriguez	21	M	13:02	"	2nd 20-24
09	Robert Franks	20	M	13:38	"	3rd 20-24
10	Brian Berry	19	M	13:41	"	Frat Team
11	Robert Salazar	37	M	13:45	"	2nd 35-39
12	Sam Ayers	27	M	13:48.2	"	1st 25-29
13	Frank Goodman	42	M	13:48.9	LITTLEFIELD	2nd 40-44
14	# 2559	?	M	13:50	?	?
15	Malcolm Hicks	20	M	13:51	"	Frat Team
16	Jerold Villanueva	32	M	13:52	LUBBOCK	2nd 30-34
17	John Stalcup	56	M	13:58	"	1st 50-59
18	Josie Aleman	38	F	14:05	"	1st F Overall
19	Bradley Sullivan	14	M	14:07	"	1st 14 & Under
20	Todd Mackenzie	18	M	14:13	"	Frat Team
21	Todd Baldwin	20	M	14:13.4	"	Frat Team
22	Sylvia Gonzalez	21	F	14:26	"	1st F 20-24
23	Phil Hur	38	M	14:30	"	3rd 35-39
24	George Ponciano	29	M	14:51	"	2nd 25-29
25	Steve Edwards	21	M	14:52	"	Frat Team
26	David Dussair	19	M	14:53	"	Frat Team
27	Steve Eastham	19	M	14:58	"	Frat Team
28	Ernie Gandy	36	M	15:11	"	Frat Team
29	Mickey Davis	32	M	15:12	"	4th 35-39
30	Rudy Mata	12	M	15:20	"	3rd 30-34
31	Patrick Duffy	38	M	15:20	"	2nd 14 & Under
32	Steve Keene	43	M	15:26	"	5th 35-39
33	Lowell Anderson	31	M	15:51	"	3rd 40-44
34	John Campbell	20	M	16:07	"	4th 30-34
35	Phillip Sanders	?	M	16:47	"	Frat Team
36	Pam Hewett	28	F	16:49	"	Frat Team
37	#2560	?	M	17:00	"	1st F 25-29
38	Jennifer Gattis	20	F	17:01	"	Sor Team
39	Grace Williams	29	F	17:15	"	2nd F 25-29
40	Gary Bodensteiner	40	M	17:42.2	"	4th 40-44
41	William Peek	28	M	17:42.6	"	4th 40-44
42	Sarah Fish	27	F	17:59	"	3rd 25-29
43	Christie Fryatt	20	F	19:55	"	Sor Team
44	David Hollon	8	M	21:19.5	"	3rd 14 & Under
45	Ezra Cudrusler	8	M	21:19.8	"	4th 14 & Under
46	Ryan Marks	7	M	24:47	"	5th 14 & Under
47	Milynda Walker	38	F	25:52	"	1st F 35-39
48	Joel Beakley	7	M	35:14	"	6th 14 & Under



DUKE CITY MARATHON

Many Lubbock and area athletes participated in any one of five events at the Albuquerque "DUKE CITY MARATHON", Sunday September 24, 1989. Thirty three people rode the W.T.R.C. chartered bus from Lubbock and 21 of these actually competed along with approximately 6,000 others. Included in this group were four who completed their first marathons. (Designated by + on the results list below) The ALBUQUERQUE JOURNAL gave front page coverage and a 28 page report on the events in their Monday morning paper. Included in this coverage was a half-page article about the W.T.R.C. contingent. Highlights for local runners was new W.T.R.C. member Art Samarron's 5th place overall in the Marathon and former S.P. College, Wayland Baptist College graduate, Leogard Martin's 2nd place overall in the half-marathon. Included in this report are some former area residents and some non-members of W.T.R.C. The number of finishers in each event are indicated by (). Times were kept separate by sex.

Table with columns: NAME, TIME, Age Group Overall place, NAME, TIME, Age Group Overall place. Includes sections for WOMEN (56), MEN (346), and HALF-MARATHON. Lists names like Tracy Baugh, Shirley Wigley, Al Becken, and various time results.

TEXAS TECH UNIVERSITY HOMECOMING 8TH ANNUAL RED RAIDER ROAD RACE OCTOBER 14, 1989

*** OFFICIAL RESULTS ***

Main race results table with columns: NO. NAME, - TIME - HH:MM:SS, PACE MI:SS, FINISH POSITION ALL M F, RACE, SEX & AGE GROU POS SEX AGE GR. Lists names like MC Larty, Morgan, Dill, Eric, Williams, Mike, etc.

RED RAIDER ROADRACE
OCTOBER 14 1989

*** OFFICIAL RESULTS ***

NO. NAME	- TIME -		PACE		FINISH POSITION		RACE	SEX & AGE GRO		RACE	FINISH POSITION		RACE	SEX & AGE GRO		
	HH:MM:SS	MM:SS	MM:SS	MM:SS	ALL	M		F	POS		SEX	AGE		POS	SEX	AGE
0152 SPRUELL, GREG	00:19:04	09:32			46	40		10	M	30 - 34				6	M	30 - 34
0036 ANDERSON, CHUCK	00:19:56	09:58			47	41		6	M	45 - 49				4	M	40 - 44
0115 BULLARD, JUDY	00:20:57	10:28			48		7	3	F	25 - 29				4	M	45 - 49
0114 RINEHART, PAUL	00:21:43	10:51			49	42		4	M	40 - 44				10	km	
0123 PAPE, KEN	00:21:51	10:55			50	43		11	M	30 - 34				5	M	40 - 44
0015 SLATER, MARY	00:22:38	11:19			51		8	1	F	40 - 44				5	M	35 - 39
0051 WARNER, CINDY	00:23:06	11:33			52	9		4	F	25 - 29				6	M	25 - 29
0053 SHIPPEY, PATRICIA	00:23:07	11:33			53	10		5	F	25 - 29				5	M	45 - 49
0022 TAYLOR, GLENN	00:23:08	11:34			54	44		7	M	25 - 29				2	M	0 - 1
0039 ATES, PERI	00:25:29	12:44			55	11		3	F	0 - 19				7	M	30 - 34
0038 STOFFREGEN, KAENA	00:25:30	12:45			56	12		4	F	0 - 19				3	M	0 - 1
0125 BUTCHER, JANET	00:25:48	12:54			57	13		2	F	30 - 34				6	M	40 - 44
0934 OROPEZA, RICHARD	00:31:54	05:08			1	1		10	km					7	M	40 - 44
0932 HEREDIA, VICTOR	00:32:50	05:17			2	2		1	M	20 - 24				11	M	20 - 24
1015 SAMARRON, ART	00:33:51	05:27			3	3		2	M	20 - 24				8	M	30 - 34
0877 GREEN, TIM	00:34:03	05:28			4	4		3	M	20 - 24				8	M	40 - 44
0969 MERCADO, VINCE	00:35:20	05:42			5	5		4	M	20 - 24				7	M	35 - 39
0991 KELLY, SHERMAN	00:35:29	05:42			6	6		1	M	0 - 19				9	M	40 - 44
0921 MANLEY, MARK	00:36:05	05:48			7	7		2	M	25 - 29				12	M	20 - 24
0995 CRANFORD, KYLE	00:36:21	05:51			8	8		5	M	20 - 24				6	M	45 - 49
1014 KOEHLER, BILL	00:38:18	06:09			9	9		1	M	40 - 44				10	M	40 - 44
0949 WEIS, TOM	00:38:27	06:11			10	10		3	M	25 - 29				10	M	30 - 34
0965 LEMLER, BRAD	00:38:32	06:12			11	11		4	M	25 - 29				11	M	40 - 44
0906 GUJARDO, ROBERT	00:38:36	06:12			12	12		1	M	45 - 49				12	M	40 - 44
0828 JURY, JEFFREY	00:38:56	06:16			13	13		4	M	25 - 29				13	M	20 - 24
0850 ROGERS, DOSS	00:39:11	06:18			14	14		2	M	35 - 39				8	M	35 - 39
1027 BARTON, PAT	00:39:22	06:20			15	15		1	M	30 - 34				7	M	25 - 29
0993 SOLOWAN, GARTH	00:39:26	06:20			16	16		6	M	20 - 24				10	km	
0903 ROMERO, ADAM	00:39:31	06:21			17	17		2	M	45 - 49				13	M	40 - 44
0992 BLACKIE, TOM	00:39:57	06:25			18	18		7	M	20 - 24				14	M	40 - 44
1020 SAMARRON, JIMMY	00:40:30	06:31			19	19		2	M	30 - 34				1	F	30 - 34
0939 HARP, STEVEN	00:40:30	06:31			20	20		8	M	20 - 24				8	M	25 - 29
0981 RAMIREZ, GONZALO	00:40:47	06:32			21	21		3	M	30 - 34				10	M	30 - 34
0883 MILLER, MIKE	00:40:56	06:35			22	22		4	M	30 - 34				11	M	30 - 34
1006 WZADA, MIKE	00:41:09	06:37			23	23		3	M	35 - 39				2	F	30 - 34
0897 RENO, LARRY	00:41:33	06:41			24	24		1	M	50 - 54				10	M	25 - 29
0851 HEINTSCHEL, CLIFF	00:41:43	06:42			25	25		2	M	40 - 44				9	M	35 - 39
1005 ROGER, BILL	00:41:43	06:42			26	26		1	M	50 - 54				10	M	35 - 39
0862 DOYLE, DAVID	00:41:43	06:42			27	27		5	M	30 - 34				12	M	30 - 34
1029 GOMEZ, JOE	00:41:43	06:42			28	28		3	M	45 - 49				15	M	40 - 44
0976 EIGE, DEAN	00:42:12	06:47			29	29		4	M	50 - 54				11	M	35 - 39
0955 WILSON, STEVE	00:42:18	06:48			30	30		2	M	35 - 39				7	M	45 - 49
0980 SYNOVITZ, MARK	00:42:26	06:49			31	31		10	M	20 - 24				3	M	50 - 54
0855 DOBY, DAVID	00:42:36	06:51			32	32		5	M	25 - 29				11	M	25 - 29
1022 BYRD, TOM	00:42:36	06:51			33	33		3	M	40 - 44				1	F	20 - 24

RED RAIDER ROADRACE
OCTOBER 14 1989

*** OFFICIAL RESULTS ***

RED RAIDERS ROADRACE
OCTOBER 14 1989

*** OFFICIAL RESULTS ***

NO. NAME	- TIME - HH:MM:SS	PACE MM:SS	FINISH POSITION		RACE	SEX & AGE GROU POSITIONS	
			ALL	M F		POS	SEX AGE GR
0850 WHITE, TODD	00:51:53	08:20	124	112	10km	16	M 25 - 29
0944 DOSS, MIKE	00:51:58	08:21	125	113	10km	22	M 40 - 44
0901 ROBINSON, BRENDA	00:52:06	08:23	126		10km	3	F 35 - 39
0951 MONACO, EDWARD	00:52:31	08:27	127	114	10km	22	M 30 - 34
0987 FANNIN, STEPHEN	00:52:32	08:27	128	115	10km	19	M 35 - 39
0952 MARTIN, LARRY	00:52:46	08:29	129	116	10km	23	M 30 - 34
1012 SOLOMON, JIM	00:52:47	08:29	130	117	10km	23	M 40 - 44
0870 JORDON, WALTER	00:53:11	08:33	131	118	10km	24	M 40 - 44
0996 REUCK, LEE	00:53:19	08:34	132	119	10km	3	M 55 - 59
0960 BOREN, GARY	00:53:20	08:34	133	120	10km	20	M 35 - 39
0920 BELL, JERRY	00:53:25	08:35	134	121	10km	10	M 45 - 49
0919 PATTERSON, TOMMY	00:53:25	08:35	135	122	10km	7	M 50 - 54
0928 CAMP, EARNEST	00:53:29	08:36	136	123	10km	25	M 40 - 44
0979 RAMIREZ, JAN	00:53:44	08:38	137	14	10km	5	F 30 - 34
0974 PARKER, JANA	00:53:47	08:39	138		10km	2	F 25 - 29
0973 TIMM, ALLEN	00:53:47	08:39	139	124	10km	26	M 40 - 44
0857 MC LAIN, ROGER	00:53:56	08:40	140	125	10km	21	M 35 - 39
0899 WILSON, WADE	00:53:56	08:40	141	126	10km	24	M 30 - 34
0866 STROOP, JAMES	00:54:01	08:41	142	127	10km	27	M 40 - 44
1031 GAYLER, MIKE	00:54:10	08:42	143	128	10km	25	M 30 - 34
1033 GAYLER, KYLE	00:54:12	08:43	144	129	10km	15	M 20 - 24
0907 MAREZ, THERESA	00:55:00	08:51	145		10km	1	F 40 - 44
1000 VITALEC, BARBARA	00:55:07	08:52	146	17	10km	2	F 40 - 44
0871 LEWIS, DON	00:55:12	08:52	147	130	10km	28	M 40 - 44
0925 BRIDGES, DOYLE	00:55:22	08:54	148	131	10km	29	M 40 - 44
0923 MCINROE, JOSEPH	00:55:26	08:54	149	132	10km	30	M 40 - 44
0955 DUFFY, PATRICK	00:55:34	08:56	150	133	10km	22	M 35 - 39
0843 HELLMAN, BERNICE	00:55:35	08:56	151	18	10km	1	F 50 - 999
1023 PULJKA, GREGG	00:55:49	08:58	152	134	10km	16	M 20 - 24
0832 BLANTON, CHARLIE	00:56:23	09:04	153	135	10km	17	M 20 - 24
0824 SMITH, DEBORA	00:56:31	09:05	154		10km	2	F 0 - 19
0830 JOHNSON, BETTY	00:56:26	09:04	155	20	10km	6	F 30 - 34
0963 MARCOS, JESSE	00:56:56	09:09	156	136	10km	26	M 30 - 34
0847 RUDNICK, GARY	00:57:21	09:13	157	137	10km	31	M 40 - 44
0845 SENN, LOYD	00:57:27	09:14	158	138	10km	11	M 45 - 49
0947 EVANS, CONNIE	00:57:44	09:17	159	21	10km	3	F 40 - 44
0902 HUMPHREY, SANDRA	00:58:02	09:20	160	22	10km	2	F 45 - 49
0915 AMOS JR., CHARLES	00:58:03	09:20	161	139	10km	18	M 20 - 24
0989 BLANCHARD, CLIFF	00:58:04	09:20	162	140	10km	32	M 40 - 44
0880 IRONS, DAN	00:58:04	09:20	163	141	10km	27	M 30 - 34
0966 HARTSFIELD, JOHN	00:58:43	09:26	164	142	10km	4	M 55 - 59
0967 STOVALL, MATTHEW	00:59:02	09:29	165	143	10km	19	M 20 - 24
0938 GRAVES, JIM	00:59:04	09:30	166	144	10km	7	M 60 - 999
0872 KITTEN, KARLA	00:59:25	09:33	167	23	10km	2	F 30 - 34
0940 WHITE, KEITH	00:59:25	09:33	168	145	10km	33	M 40 - 44

RED RAIDERS ROADRACE
OCTOBER 14 1989

*** OFFICIAL RESULTS ***

NO. NAME	- TIME - HH:MM:SS	PACE MM:SS	FINISH POSITION		RACE	SEX & AGE GROU POSITIONS	
			ALL	M F		POS	SEX AGE GR
0840 SLATER, MITCH	00:47:22	07:37	79	76	10km	16	M 40 - 44
0926 BURTON, BRADLEY	00:47:25	07:37	80	77	10km	13	M 30 - 34
1019 HARPER, JOHN	00:47:39	07:40	81	78	10km	4	M 50 - 54
0964 WILSON, MELINDA	00:47:41	07:40	82	4	10km	1	F 0 - 19
0985 SCHWEERS, DALE	00:47:41	07:40	83	79	10km	14	M 20 - 24
0896 BODENSTEINER, GARY	00:47:43	07:40	84	80	10km	17	M 40 - 44
1001 BONDS, RANDY	00:47:45	07:41	85	81	10km	12	M 35 - 39
1004 DAVIS, PATTI	00:47:46	07:41	86	5	10km	3	F 30 - 34
1021 BENOIT, CHERYL	00:48:03	07:43	87	6	10km	1	F 35 - 39
1003 CASLER, TRAVIS	00:48:11	07:45	88	82	10km	1	M 55 - 59
0833 WARREN, RANDY	00:48:12	07:45	89	83	10km	13	M 35 - 39
0852 JONES, KEN	00:48:37	07:49	90	84	10km	14	M 35 - 39
0904 SMILEY, PHIL	00:48:42	07:50	91	85	10km	14	M 30 - 34
0859 WILLIAMS, RALPH	00:48:52	07:51	92	86	10km	5	M 50 - 54
0861 HESSE, JOSEPH	00:48:58	07:52	93	87	10km	18	M 40 - 44
0927 PETERS, LANCE	00:49:09	07:54	94	88	10km	12	M 25 - 29
0894 MAINES, KENNY	00:49:10	07:54	95	89	10km	15	M 35 - 39
0848 MILLS, JOHN	00:49:11	07:54	96	90	10km	16	M 35 - 39
1028 TEAGUE, ANDREW	00:49:14	07:55	97	91	10km	4	M 0 - 19
0892 ALEMAN, TONY	00:49:15	07:55	98	92	10km	19	M 40 - 44
0911 CURRY, DANNY	00:49:20	07:56	99	93	10km	15	M 30 - 34
1018 FILLINGIM, BRUCE	00:49:31	07:58	100	94	10km	16	M 30 - 34
0853 CHRISTIAN, LARRY	00:49:40	07:59	101	95	10km	20	M 40 - 44
0961 RUSSELL, GERRI	00:49:50	08:01	102	7	10km	2	F 35 - 39
0908 MORO, THOMAS	00:50:19	08:05	103	96	10km	6	M 50 - 54
0942 DAY, TERESSA	00:50:20	08:06	104	97	10km	17	M 30 - 34
0893 LINDSAY, CLIFTON	00:50:30	08:07	105	98	10km	13	M 25 - 29
0895 PEREZ, RICK	00:50:31	08:07	106	99	10km	2	F 20 - 24
0873 KITTEN, CRYSTAL	00:50:36	08:08	107	99	10km	8	M 40 - 44
0936 BATZA, C.	00:50:39	08:09	108	100	10km	2	F 20 - 24
0942 DAY, TERESSA	00:50:41	08:09	109	101	10km	4	F 30 - 34
1017 GANDY, ERNEST	00:51:04	08:13	110	102	10km	8	M 45 - 49
0910 BRADY, RAY	00:51:13	08:14	111	103	10km	17	M 35 - 39
0856 DOBY, KATHLEEN	00:51:14	08:14	112	104	10km	9	M 40 - 44
0945 RICHARDS, JACK	00:51:30	08:17	113	105	10km	1	F 25 - 29
1024 ALEXANDER, RON	00:51:33	08:17	114	106	10km	18	M 30 - 34
0941 HINRICHS, DENISE	00:51:35	08:18	115	107	10km	21	M 30 - 34
1013 RENKEN, JO	00:51:43	08:19	116	108	10km	15	M 25 - 29
0958 KOLB, WELDON	00:51:47	08:20	117	109	10km	2	M 55 - 59
1008 GREER, ALAN	00:51:47	08:20	118	110	10km	1	M 60 - 999
1007 THOMPSON, LARRY	00:51:48	08:20	119	111	10km	18	M 35 - 39
0948 DEEVER, RICKY	00:51:48	08:20	120	112	10km	19	M 30 - 34
0930 MCCLENDON, JOHN	00:51:48	08:20	121	113	10km	14	M 25 - 29
0886 HUNT, DONALD	00:51:48	08:20	122	114	10km	20	M 30 - 34
0881 KUHN, CECIL	00:51:48	08:20	123	115	10km	2	M 55 - 59
0914 PALMGREN, JAMES	00:51:48	08:20	124	116	10km	1	M 60 - 999

To: West Texas Running Club

From: Mike Greer

Subject: Current WTRC triathlete news-

RED RAIDER ROADRACE
OCTOBER 14 1989

*** OFFICIAL RESULTS ***

NO.	NAME	- TIME -		PACE		FINISH POSITION			RACE	SEX & AGE GRO. POSITIONS		
		HH:MM:SS	MM:SS	MM:SS	MM:SS	ALL	M	F		POS	SEX	AGE
0943	LEE, BILL	01:00:32	09:44	169	146				10km	23	M	35 - 39
0860	LINDSEY, PHILLIP	01:00:32	09:44	170	147				10km	24	M	35 - 39
0889	HALL, ELIZABETH	01:01:28	09:53	171		24			10km	4	F	35 - 39
0922	STOFFREGEN, LAURA	01:01:29	09:53	172		25			10km	8	F	30 - 34
0918	HOLLINGSWORTH, LONNIE	01:01:54	09:57	173	148				10km	5	M	55 - 59
0842	HELLMAN, DAMIAN	01:02:58	10:07	174	149				10km	6	M	55 - 59
0858	DAVIS, ANN	01:04:02	10:18	175		26			10km	9	F	30 - 34
0994	ANDERSON, ROSALIE	01:06:52	10:45	176		27			10km	2	F	50 - 59
0935	BAIZA, MARY	01:10:48	11:23	177		28			10km	3	F	45 - 49

Mike Greer: Amarillo Triathlon, September 2, 3rd Place, Age Group
 Odessa Triathlon, September 16, 1st Place, Age Group
 Texas Tech Sprint Triathlon, September 17, 1st in two age groups (40 and 50) Note: No one else showed up in these age groups.
 Season finale: October 8-Kauai Loves You Triathlon, Hanalei Bay, Kauai, Hawaii, 1 mile swim, 42 mile bike, 7.2 mile run.
 April Stein: Amarillo Triathlon, September 2, 3rd place Age Group
 Odessa Triathlon, September 16, 2nd Place Age Group
 Del Rio Triathlon, September 17, (Place not known at this writing)

NOTE: If there are other members of the WTRC who are triathletes that we are not aware of please relay your race results to Mike Greer, (806) 796-8213, Lubbock and you will be included on the monthly area triathlete race results.

MARK YOUR CALENDAR: Planning has started and arrangements have been made to have an Olympic Distance (1500 meter swim, 40k bike ride, 10k run) OPEN water swim at Buffalo Springs Lake, Lubbock, Texas. The lake officials were most cooperative and eager to have the event on an annual basis and offered unlimited support. After looking over the area it is very well suited for a triathlon and will make a challenging course. Sam Gentry will be the race director and Mike Greer is the marketing director. The date is August 18, 1990, so this gives everyone time to get ready. This event will not replace the Hub City Triathlon but will offer another quality event for later in the summer. First timers for the triathlon can use the Hub City as a barometer as to where their training is and then go from there.



RED RAIDER ROAD RACE REPORT

After serving my first term as a race director, I can begin to appreciate the kind of job it is to put on an affair such as many of us experienced in Albuquerque. I am really proud of our W.T.R.C. members who gave of their time and sacrificed not running the race to help put on the 8th Annual RED RAIDER ROAD RACE. We all owe them our thanks!!!!

RON KEY, Assistant director
 JIM DOUGLASS, Promotion and Publicity
 TERRY and TRACY BAUGH, Children's Race
 GONZALO and JAN RAMIREZ and CATHERINE RODRIGUEZ
 for last minute help

TOM WEIS, Pre-race preparation
 PAT JURY, In charge of registration with the help of:
 DORIS STALCUP
 SUE PERRY
 JEFF JURY

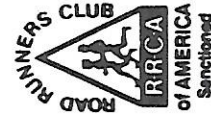
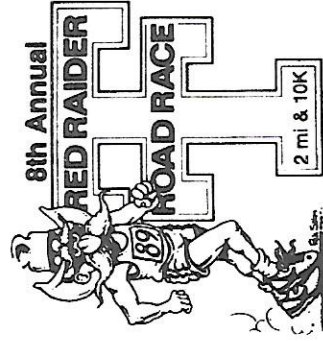
GARY PERRY
 BILL VITALEC
 JAN RAMIREZ

JEFF JURY, In charge of course marking
 JOHN and JOE STALCUP for last minute help
 GARY PERRY, In charge of finish line and back-up time recording,
 and in the "chute"

ELIZABETH PEREZ

SUE PERRY
 CATHERINE RODRIGUEZ
 WES BOULLIOUN, split timer
 BRADY RAY, split timer
 ORLENE STROUD, split timer
 GONZALO RAMIREZ, assistance in lining up student volunteers.

Thanks, George



**SANCTIONED BY THE
 WEST TEXAS RUNNING CLUB**

NOTEWORTHY

Many may not know but one of the activities of the W.T.R.C. recently has been the donation of \$250.00 each to the track programs of our area Colleges and Universities. SOUTH PLAINS COLLEGE, WAYLAND BAPTIST COLLEGE, HUBBARD CHRISTIAN UNIVERSITY and TEXAS TECH UNIVERSITY. Some of the publicity at the presentation is shown elsewhere in this issue.

The W.T.R.C. Scholarship Fund from the proceeds of the last two RED RAIDER ROAD RACES has grown considerably enabling the funding of the first scholarship to be awarded soon.

January is membership renewal time so be watching for the December Newsletter on which the outer cover will be your membership renewal form.



RUNNING DONATION--The West Texas Running Club donated \$250 to the South Plains College Track/Cross Country team Thursday afternoon. Shown making the presentation is WTRC internal vice-president Gonzalo Ramirez (left), while SPC coach James Morris (right) accepts the donation. (Staff Photo)

BUFFALO WALLOW RACES

THE WEST TEXAS RUNNING CLUB PROUDLY PRESENTS:

THE 17TH ANNUAL BUFFALO WALLOW HALF MARATHON AND 2 MILE RACES

WHEN: SATURDAY, NOVEMBER 11TH, 1989
REGISTRATION 8:00 - 8:45 AM, ON RACE DAY
RACES START AT 9:00 AM SHARP

WHERE: AT BUFFALO SPRINGS LAKE, JUST EAST OF LUBBOCK ON FM 835. AN ENTRY FEE OF \$1.00 PER PERSON IS REQUIRED TO ENTER BUFFALO SPRINGS LAKE PARK.

COURSE: ASPHALT ROADS ALL THE WAY. THE 2 MILE COURSE IS OUT AND BACK. FLAT. THE HALF MARATHON (13.109 MILES) IS A LOOPED COURSE WITH SOME HILLS. BOTH COURSES MEASURED WITH EXTREME ACCURACY. AID STATIONS AT 3.5, 7, AND 10 MILES. SPLITS AT 1, 5, AND 10 MILES.

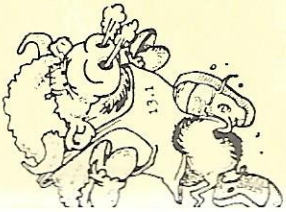
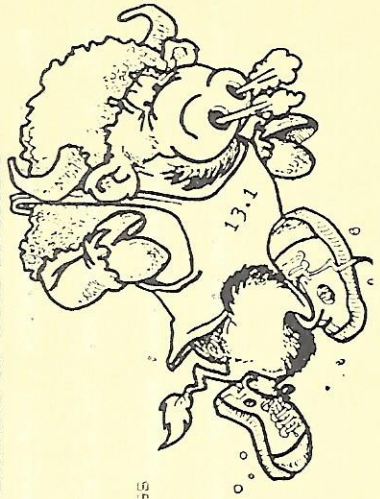
ENTRY FEE: WTRC MEMBERS...\$3.00
OTHERS.....\$4.00

DIVISIONS AND AWARDS:

HALF MARATHON	
MEN:	
OPEN	3 AWARDS
30-39	3 AWARDS
40-49	3 AWARDS
50 +	3 AWARDS
WOMEN:	
OPEN	3 AWARDS
30-39	3 AWARDS
40 +	3 AWARDS
2 MILE	
MEN:	
OPEN	3 AWARDS
30-39	3 AWARDS
40-49	3 AWARDS
50 +	3 AWARDS
WOMEN:	
OPEN	3 AWARDS
30-39	3 AWARDS
40 +	3 AWARDS

NOTE: THE NUMBER OF AWARDS IN SOME DIVISIONS MAY BE INCREASED ON RACE DAY DEPENDING ON THE NUMBER OF ENTRANTS IN THOSE DIVISIONS !!!

RACE DIRECTOR: DON KEPHART
5401 74TH STREET
LUBBOCK, TX 79424
(806) 794-4604, EVENINGS



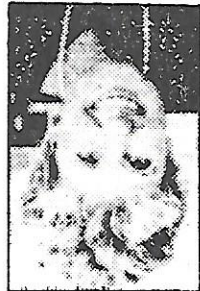
sweat all over the sheepskin seat covers in the car. They hold up every meal until they've stretched, run and stretched again. And they will unwell their purple toes, blisters and stress fractures at the drop of a split time. But they're reasonably pleasant - until they come up with an injury that keeps them from running. Then they don't want to live any more. A couple of weeks ago, I said to my incapacitated husband, "Good morning." He said, "What do you mean by a crack like that?" "Nothing. It's just your basic genetic greeting." "Easy for you to say," he said. "You're out of shape anyway." "There's no need to be insulting," I said. "I'm sorry you can't run." "Do you know how long it's going to take me to get back up to 10 miles a day?" "Three months," I said. "It's going to take me three months." "Who would look at anyone who can't run a 10K?" he sneered. "For God's sake, woman, when will it sink in that I have a pulled hamstring? I am doomed to spend another week in this house with nothing to look forward to in the mornings but reading the paper and drinking coffee. There are no dogs to nip at my calves. There is no carbon monoxide from traffic to fill my lungs. No rocks in my shoes to make my feet bleed. All I have left is my sense of humor." Divorce would be too good for him.

Incapacitated runners take frustrations out on spouse

2-B—LUBBOCK AVALANCHE-JOURNAL, Thursday, October 12, 1989

EDITOR'S NOTE: Erma Bombeck is on a book tour. This Best of Bombeck column originally was published on Nov. 4, 1984.

There are several all-encompassing categories for divorce: irreconcilable differences, incompatibility, infidelity, and cruelty and inhuman treatment. Any one of them will get you a place in the middle of a bed by yourself with no contest. Living with a runner who cannot run, however, is in a class all by itself. It's mental cruelty I wouldn't wish on my worst enemy. Runners generally don't hurt anybody. Oh sure, they wear their little gym shoes to everything from brunches to black-tie affairs. They



Erma Bombeck