

September 1983

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# West Texas Running Club

P.O. Box 2921 Lubbock, Texas 79408



WEST TEXAS RUNNING CLUB NEWSLETTER

September 1983

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October Club Race

# 2nd Annual RED RAIDER ROAD RACE

**DATE:** Saturday, October 15, 1983  
**STARTING TIME:** 8:30 a.m.  
**CHECK IN:** Friday, October 14, 10 a.m. - 8 p.m.  
 Saturday, October 15, 7:30 a.m. - 8:30 a.m.  
 West Lobby, TT University Center

**START:** Boston Ave. (Tech campus) - between the Tech Library and the Univ. Center.  
**FINISH:** R.P. Fuller Track, Tech Campus

**REGISTRATION:** \$6.00 - Prior to October 1. Minimum donation to Tech Loyalty Fund. (A gift of \$25.00 will entitle entrant to membership in Ex-Students Association.) \$7.50 - After October 1.

**AID STATIONS:** At 2 and 4 mile points and at the finish line.  
**SPLIT TIMES:** At every mile mark  
**AWARDS:** Olympic-style medals to first 5 finishers; men - 19 & under and 20-29; women - 19 & under; 20-29 30-39 and 40-49. Medallions to first 3 finishers in the remaining classes

**AWARD PRESENTATIONS:**  
 October 15 at 12:00 noon in the University Center, Courtyard, Tech Campus.

**RESULTS:** Complete results booklet mailed to each participant.

**ORGANIZATIONS:** Sparklets, Pepsi-Cola Texas Tech Army ROTC, West Texas Running Club.



**2nd Annual RED RAIDER ROAD RACE**  
 10 KILOMETER (6.2 MILE) RUN  
 HOMECOMING... OCTOBER 15, 1983

RED RAIDER ROAD RACE 10K

Miller HIGH LIFE

Peppers RESTAURANT AND BAR

Star SPIRIT

First National Bank

# RED RAIDER ROAD RACE

BENEFITTING THE TEXAS TECH ACADEMIC SCHOLARSHIP FUND

Run the Texas Tech campus and Homecoming Parade route as part of Tech's annual fall classic! Race will be locally televised on Channel 28! Runners, other than the leaders will be running alongside the Homecoming Parade.

## 1982 RACE RESULTS

### MEN

- 19 & Under-Karl Wolfe, Lubbock, 34:50.4
- 20-29-Bob Jackson, Portales, NM, 31:46.4
- 30-34-Stephen Stallings, Stanton, 33:20.3
- 35-39-Corky Fritch, Amarillo, 34:54.7
- 40-44-Bobby Cunningham, Abertamy, 34:52.4
- 45-49-Jack Shropshire, Lubbock, 38:57.0
- 50-54-Red Spicer, Amarillo, 41:54.6
- 55 & over-Thomas Bowser, Odessa, 42:26.2

### WOMEN

- 19 & Under-Veronica Cavazos, Lubbock, 38:48.9
- 20-29-Donna Burge-Roark, Houston, 37:53.8
- 30-39-Cindy Street, Houston, 42:16.7
- 40-49-Donna Densford, Lubbock, 52:19.5



SCHEDULE OF EVENTS

- Saturday, October 8  
 5th Annual Amarillo National Bank 10K Classic & 2 mile Fun Run. 10K Starts 9:00 A.M. 2 Mile at 8:30. 10 age groups for men & women in 10K, 9 for both in 2 mile. Fast, accurate course. CONTACT: Amarillo National Bank, Box 1611, ATTN: Ann Alexander, Amarillo, TX 79181.
- \*Saturday, October 15  
 2nd Annual Red Raider 10K Roadrace -WTRC Event! See more information this newsletter.
- Saturday, November 5  
 5th Annual Golden Yucca Marathon, Hobbs, NM. 8:00A.M. CONTACT: Steve McCleery, College of the Southwest, Lovington Hwy, Hobbs, NM 88240 (505)392-6561, EXT 51.
- Sunday, November 13  
 9th Las Colonias de San Antonio Marathon. 7:00A.M. 1087 finishers in 1982. CONTACT: Lawrence Balza, Westside Branch YMCA, 2900 Ruiz, Box 37170, San Antonio, TX 78237. (512)433-6391.
- \*Saturday, November 12  
 11th Annual Buffalo Wallow, Marathon & 2 mile ~~NEW COURSE~~ ~~FOR MORE INFO~~ ~~CALL 7-4454~~  
 14th Dallas White Rock Marathon, 9:00 A.M. NEW COURSE. CONTACT: DWRM, Phidippides Running Store, 8822 N. Central Expwy, Dallas, TX 75231 (214)361-6493.
- January 15, 1984  
 Houston-Tenneco Marathon, Houston, Texas. Details to follow.
- February 25, 1984  
 Cowtown Marathon, Ft. Worth, Texas. Details to follow.

SEPTEMBER CLUB RACE  
 3rd Annual Bill Easterling Memorial  
 9 & 2 Mile Runs  
 Coahoma, Texas  
 Saturday, September 10, 1983

Overcast skies and a generous southwesterly breeze fanned the spirits of the 98 entrants gathered for the 3rd running of the Bill Easterling Memorial 9 and 2 mile runs.

Several course records were set in the 2 mile event which saw 61 participants from throughout the area. The overall winner as well as the Open Division champ was Quinn Smith (Lovington) whose time of 9:56 set a new standard for that division. Quinn's 38 second victory over Karl Wolfe (Big Spring) certainly indicates a strong fall/winter racing season for this WTRC member. James Marrow's 11:47 set the pace and the record in the High School & Under Division. Both the Girls and Ladies Divisions showed course records set this day, with Mary Beth Tollison (Stanton, 13:29) pacing the former and Josie Aleman (Lubbock, 15:16) the latter. Dennis Smiley (Big Spring, 12:26) garnered the victory in the 30-39 while Keith Wiseman (Big Spring, 12:57) took 40 & Over Division honors.

While no course records fell in the 9 mile run, Kirk Thaxton (Abilene, 52:22) gave his all in taking home the overall winner medal and the Open Division championship. Scott McCaskill also of Abilene pushed Kirk the whole route before settling for the second place ribbon. The 30-39 group was led by Apolinar Molina (Colorado City, 55:42) while Robert Fuller (Big Spring, 59:47) showed the way in the 40-49. Warren Thaxton's effort in the 50 & Over category gave the Abilene resident rights to top spot while Coahoma native and chief race director Sherill Easterling took the Ladies trophy with a fine 62:14 effort.

Sherill and her group of volunteers should take pride in their efforts in hosting a quality racing event. Your support and enthusiasm was appreciated by all who participated. THANKS, SHERILL & GROUP!!!

9 Mile Results

NAME	AGE	CITY	TIME	PACE
1. Kirk Thaxton	22	Abilene	52:22	5:49.1
2. Scott McCaskill	24	Abilene	52:46	:51.8
3. Apollinar Molina	33	Colorado City	55:42	6:11.3
4. Ed Levesque	34	Colorado City	56:29	:16.6
5. Robert Fuller	43	Big Spring	59:47	:38.6
6. Paul Harper	46	Lubbock	59:04	:40.4
7. Clay Strange	36	Colorado City	1:00:13	:41.4
8. Joe Post	34	Lubbock	1:00:55	:46.1
9. Gonzalo Ramirez	27	Lubbock	1:01:15	:48.3
10. Rick Hefelman	37	Mineral Wells	1:01:27	:49.7
11. Don Kephart	31	Lubbock	1:01:47	:51.9
12. John Price	28	Lubbock	1:01:56	:52.9
13. Henry Jordan	30	Lubbock	1:02:08	:54.2
14. Sherill Easterling	33	Coahoma	1:02:14	:54.9
15. Jim Fischer	32	Lubbock	1:02:30	:56.7
16. Richard Levesque	36	Colorado City	1:03:24	7:02.7
17. Cande Olivias	21	Levelland	1:04:10	:07.8
18. Rick Franklin	28	Lubbock	1:04:12	:08.0
19. William Sparkman	36	Lubbock	1:05:32	:16.9
20. Francis Johns	49	Midland	1:06:23	:22.6
21. Robby Timberlake	35	Levelland	1:06:57	:26.3
22. Ron Leatherman	48	Big Spring	1:07:51	:32.3
23. Jim Wilhelm	32	Lubbock	1:08:38	:37.6
24. Todd Parker	27	Abilene	1:09:02	:40.2
25. Warren Thaxton	52	Abilene	1:09:30	:43.3
26. Mike Jacobs	35	Lubbock	1:12:05	:00.6
27. James Livermore	36	Lubbock	1:12:18	:02.0
28. Johnny Nava	36	Slaton	1:12:40	:04.4
29. Keith McVay	33	Big Spring	1:12:53	:05.9
30. Bill Hunter	42	Big Spring	1:13:51	:12.3
31. Greg Jaklewig	25	Big Spring	1:14:23	:15.9
32. John Hartsfield	50	Lubbock	1:14:58	:19.8
33. Ronald Hirano	50	Big Spring	1:16:24	:29.3
34. Terry Proctor	35	Big Spring	1:16:42	:31.3
35. Arlyne Ragan	48	Odessa	1:19:21	:49.0
36. Tony Torres	16	Coahoma	1:21:08	9:00.
37. April Jae Stein	25	Lubbock	1:25:23	:29.2

AWARDS

30-39	40-49
Open Division	Robert Fuller
Kirk Thaxton	Paul Harper
Scott McCaskill	Francis Johns
Gonzalo Ramirez	Ron Leatherman
John Price	Bill Hunter
Cande Olivias	
50 & Over	Ladies
Warren Thaxton	Sherill Easterling
John Hartsfield	Arlyne Ragan
Ronald Hirano	April Jae Stein

2 Mile Results

NAME	AGE	CITY	TIME
1. Quinn Smith	23	Lovington, NM	9:56
2. Karl Wolfe	19	Big Spring	10:34
3. Jimmy Samarron	28	Levelland	11:15
4. Bill Davey	21	Big Spring	11:45
5. James Marrow	HS		11:47*
6. Mitch Mendez	HS		11:48*
7. Juan Villarreal	HS		11:54*
8. Mike Townsend	HS		12:17*
9. Dennis Smiley	32	Big Spring	12:26
10. Clem Moran	17	Coahoma	12:44
11. Steve Baldwin	39	Big Spring	12:47
12. Zeke Harklerod	HS		12:54*
13. Keith Wiseman	48	Big Spring	12:57
14. Tom Daugherty	32	Midland	13:02
15. Thane Russey	12	Big Spring	13:05
16. Billy Perez	HS		13:11*
17. Charles Jackson	HS		13:16*
18. Donnie Buchanan	30	Coahoma	13:24
19. Mary Beth Tollison	31	Stanton	13:29
20. Greg M.	18	Coahoma	13:33
21. Adriel Saldivar	18	Big Spring	13:33
22. Dub Moore	43	Big Spring	13:35
23. Lorrie Jansen	18	Stanton	13:37
24. Bob Carpenter	47	Big Spring	13:50
25. Carroll Moore	22	Big Spring	13:58
26. Melissa Page	17	Coahoma	14:07
27. John Bingham	35	Big Spring	14:07
28. Jim Moss	38	Big Spring	14:18
29. Junior Flores	HS		14:22*
30. David Foster	35	Big Spring	14:25
31. Sam Hill	33	Big Spring	14:26
32. Dawna West	18	Stanton	14:55
33. Julie Todd	16	Stanton	14:56
34. George Angerer	41	Slaton	14:57
35. Tommy Arguello	30	Big Spring	15:15
36. Angel Ramos	33	Big Spring	15:15
37. Josie Aleman	32	Lubbock	15:16
38. Mike Gentry	HS		15:23*
39. Jackie Davis	32	Slaton	15:24
40. Laura McEwen	33	Big Spring	15:50
41. Carol Davey	17	Big Spring	16:04
42. David Davis	32	Big Spring	16:07
43. Linda Davis	39	Big Spring	16:08
44. Pamela Tom	15	Stanton	16:13
45. Skip Russey	35	Big Spring	16:13
46. Tammy Williams	21	Big Spring	16:32
47. Bertina Deleon	25	Big Spring	17:02
48. Russ McEwen	34	Big Spring	17:33
49. Leslie Blair	16	Stanton	17:40
50. Robin Williams	15	Stanton	18:50



2 Mile Results (Cont'd)

51. Andy Levesque	Colorado City	19:21
52. Lori Webb	Stanton	20:01
53. George Levesque	Colorado City	20:25
54. Gay Russey	Big Spring	21:51
55. Christy Levesque	Colorado City	23:49
56. Yolanda Levesque	Colorado City	23:51
57. Chad Levesque	Colorado City	26:11
58. Unknown Runner		29:00
59. Unknown Runner		29:01
60. Unknown Runner		31:46
61. Unknown Runner		31:50

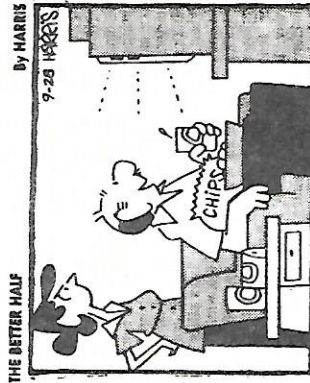
\*Separate Heat

2 Mile Awards

<u>Open Division</u>	<u>40 &amp; Over</u>
Quinn Smith	Keith Wiseman
Karl Wolfe	Dub Moore
Jimmy Samarron	Carroll Moore
Bill Davey	George Angerer
Clem Moron	

High School & Under

James Marrow	Girls (24 & Under)
Mitch Mendez	Mary Beth Tollison
Juan Villareal	Lorrie Jansen
Mike Townsend	Melissa Page
Zeke Harklerod	Dawna West



By HARRIS  
9-25 1983  
"I'm in training ... for the 1984 Olympic spectator team!"

9 Mile Comparisons

Sherill Easterling	1981	1982	1983
	64:32	60:37	72:18
Jim Fischer		70:58	62:30
Don Kephart	64:11	62:49	61:47
James Livermore	64:32	60:37	72:18
Johnny Nava		71:33	72:40
Arlyne Ragan	79:01	82:27	79:21
Robby Timberlake	65:22	69:15	66:57
Jim Wilhelm		72:51	68:38

FOOTNOTES...

SORRY, ADELAIDA!!

We mistakenly failed to credit Adelaida Montemayor with her 3rd Place Finish in the Ladies Division of the August 5 Mile Race (August 13, 1983, Mackenzie State Park).

Adelaida ran the tough course in a fine time of 42:02, and has received a trophy for her performance.

\* \* \* \* \*

The American College of Sports Medicine has position stands on the following:

- 1) Prevention of Heat Injuries During Distance Running.
- 2) Recommended Quantity and Quality of Exercise for Developing and Maintaining Fitness in Healthy Adults.
- 3) Proper and Improper Weight Loss Techniques.
- 4) Participation of the Female Athlete in Long Distance Running.

These and more are available in a booklet free for the asking. Write:

American College of Sports Medicine  
1440 Monroe Street  
Madison, Wisconsin 53706

CLUB UNIFORMS!

We will be taking orders for Club uniforms through October 31, 1983. The following items are available:

- A. MEN'S SINGLET: 100% Nylon tricot & poly cotton mesh  
 SIZES: S(34-36) M(38-40) L(42-44) XL(46-48) PRICE: \$8.00
- B. MEN'S SHORT WITH BRIEF: 100% Nylon tricot w/inner brief & pocket  
 SIZES: S(28-30) M(32-34) L(36-38) XL(40-42)  
 Order by waist size. PRICE: \$9.00
- C. LADIES' SINGLET: 100% Nylon Tricot & poly cotton mesh  
 SIZES: S(30-32) M(34-36) L(38-40) XL(42-44) PRICE: \$8.00
- D. LADIES' SHORT WITH BRIEF: 100% Nylon tricot  
 SIZES: S(24-26) M(28-30) L(32-34) XL(36-38) PRICE: \$9.00
- E. V-NECK RUNNING SHIRT:  
 SIZES: S(34-36) M(38-40) L(42-44) XL(46-48) PRICE: \$8.50

COLORES: Silver with black logo and white mesh.

If interested, please send the following information:

- Items desired
- Quantity of each item
- Size of each item

Please include a check payable to the West Texas Running Club for the total amount, plus \$1.00 per order to cover inbound freight from the supplier. When ready, uniforms can be picked up at club races. Send order and check to:

WTRC UNIFORM ATTN: Don Kephart  
 5320-45th Street  
 Lubbock, Texas 79414

Also, please enclose an address and phone number in case a question arises.

PLEASE NOTE: ALL ORDERS MUST BE RECEIVED BY OCTOBER 31, 1983.

\*\*\*\*\*IMPORTANT NOTICE\*\*\*\*\*

The West Texas Running Club recently incorporated under the name of THE WEST TEXAS RUNNING CLUB, INC., a nonprofit corporation. The initial meeting of the members of the Corporation will be held on October 18, 1983, at 5:30p.m., at the Lubbock Beverage Company, 117 East 70th, Lubbock, Texas, to review the by-laws passed by the directors at the initial meeting and to take up any other business that might come before the membership. Refreshments will be served and all members are invited to attend. If you have any questions, call DON KEPHART, 797-4604, evenings.

