

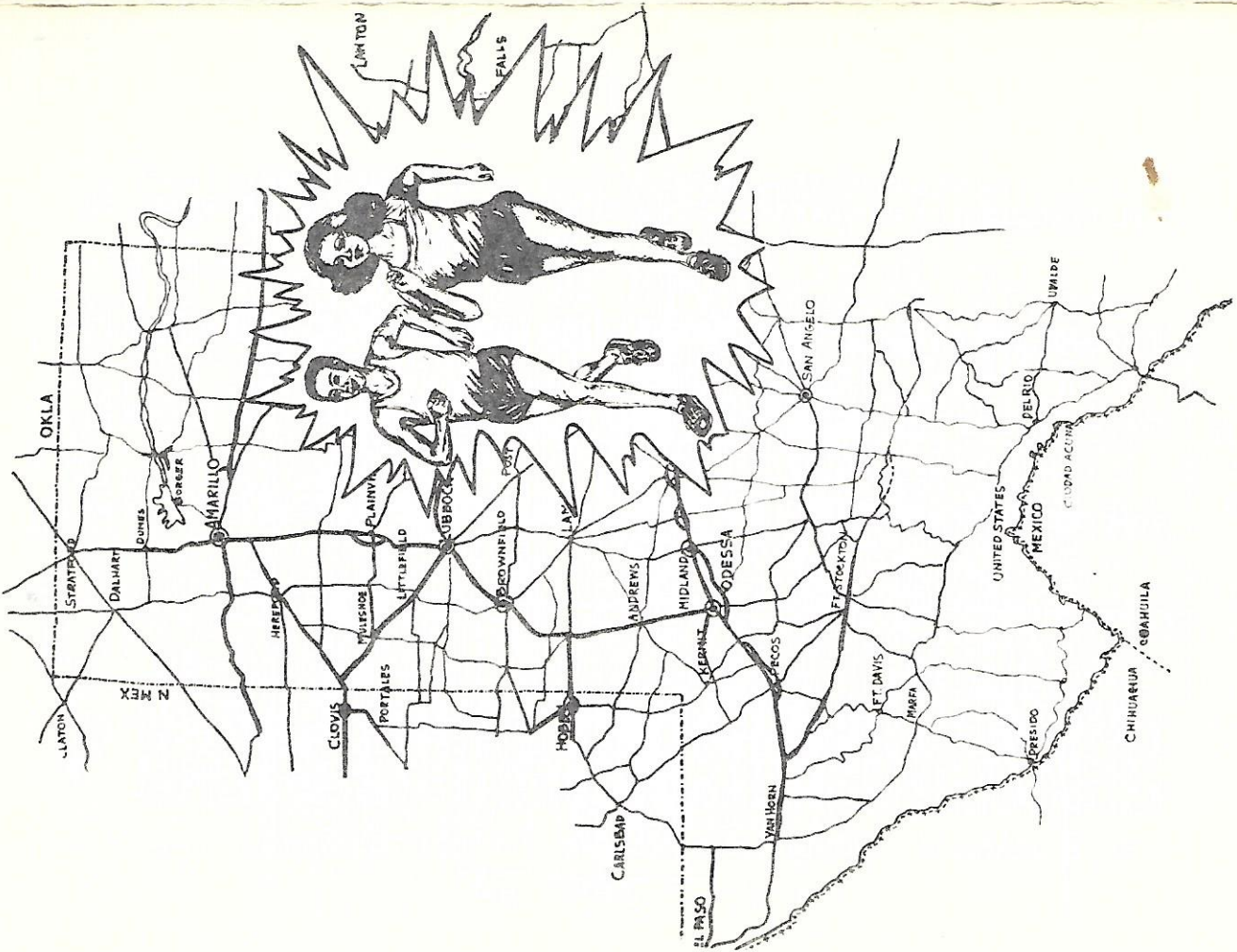
MARCH 1983

MAR 1983

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West Texas Running Club

P.O. Box 2921 Lubbock, Texas 79408



WEST TEXAS RUNNING CLUB NEWSLETTER

MARCH 1983

* * * * *

APRIL CLUB RACE

DATE: Saturday, April 9, 1983

TIME: 10:00 A.M.

DISTANCE: 5 miles

LOCATION: Wallace Blvd. near High Plains Hospital, one mile north of I-40W and Coulter Road, Amarillo, TX (see map)

COURSE: Asphalt Roads

DIVISIONS & AWARDS:

TROPHIES TO:

15 & Under: First 6
Open: First 6
30-39: First 6
40-49: First 6
50 & Over: First 3
Girls (24 & Under): First 4
Ladies (25 & Over): First 4

ENTRY FEE: Non-club members: \$2.00
Club Members: \$1.00

RACE DIRECTOR: (For more information, contact)

Corky Fritch c/o Fritch Insurance Agency
2710 Civic Circle
Amarillo, Texas 79109
Phone: (806) 352-2401

COURSE RECORDS

Overall Record: Cliff McCurdy 28 Canadian 26:10 1982
15 & Under Record: David Stanz 14 Lubbock 29:29 1979
30-39 Record: Jack Petty 33 Rosenberg 26:53 1977
40-49 Record: Bobby Cunningham 42 Abernathy 26:40 1982
50 & Over Record: Don Sanderson 50 Tulia 32:01 1980
Girl's Record: Tammy Gilmore 10 Amarillo 32:49 1982
Ladies Record: Mary Lou Batlan 27 Amarillo 37:53 1981

1983 Run For The Arts

SATURDAY, APRIL 16, 1983

1 MILE
ELEMENTARY
RACE



2 MILE
FUN RUN

HALF MARATHON - 13.1 MILES

SCHEDULE OF EVENTS

Saturday, March 10	Weight-Age Handicap 5K, 9:AM, McAllister Park. Groupings made by sum of age & weight. Contact: San Antonio Road Runners Box 12474, San Antonio, TX 78212.	Sunday, April 24	4th Annual Andrews Running & Jogging Club 10K & 2 mile. 2:P.M. JWV Racquetball Club on Seminole Hwy. Contact: Jim Lewis, Rt 1, Box 2305, Andrews, TX 79714. (915)523-4173.
Saturday, April 9	Austin Sportsfest Marathon (Formerly Texas Relays Marathon). Also marathon & 1/2 marathon, 7:30A.M. Contact Marathon Director, Austin YWCA, 1100 West First, Austin, TX 78703 (512)476-6705.	Saturday, April 30	4th Annual Rocky Mountain Oyster 10K Foot-race. 9:A.M., Highland Range on O.C. Fisher Lake, San Angelo; Contact: Rocky Mtn World Championship Oyster Fry & 10K Run, 420 N. Van Buren, San Angelo, TX 76901.
Saturday, April 9	Texas Triathlon Two (1K Swim, 10K Run, 30K Bike) Texas A&M Univ. 6:30A.M., \$14 entry. Closed after 900 applicants or march 18. Contact: Anne Bell (713)693-6552 or Thomas Weis (713)845-7826.	Sunday, May 1	8th Annual German Fun Run, 15K & 5K, Muenster. 2:P.M. 3500 Participants in 1982. Contact: German Fun Run, Box 119, Muenster, TX 76252.
*Saturday, April 9	5 Mile Run, Amarillo. Contact: Corky Fritch, (806)55-4615 (home) or (352-2401) office.	Saturday, May 7	Tulia 10K & 2 Mile Fun Run (2mi is both race & predicted time) Olympic finish on H.S. track. 9:A.M. Contact: Omicron Study Club, Regina Emmitt, 1026 N.W. 10th St., Tulia, TX 79088. (806)995-2296.
April 9th & 12th	Lions Club Journey for Sight. Details to follow.	Saturday, May 7	4th Pecos Valley Stampede Marathon, also 1/2marathon, 10K. Contact: Margot Purdy, YNCA, 202 S. Sunset, Roswell, NM 88201.
Saturday, April 9	Marathon of the Great Southwest, 7-AM. Contact: Mike Osborn, box 3137, Abilene, TX 79604.	*Saturday, May 14	11th Annual Horseshoe Bend Canyon Spring Frolic, 12 & 2 miles, Slaton, Texas 79364.
Saturday, April 16	2nd Annual Run for the Arts, Amarathon, 2 mile, 1 mile (for elementary school students), 8 AM. Lubbock Civic Center, more details to follow.	Saturday, May 21	3rd Annual Spring High 10K. Lubbock. Sponsored by Lubbock Council on Alcoholism. Details to follow.
Saturday, April 16	Blue Bell Ice Cream 10K, 8:30 AM, Brenham. Contact: Brenham Athletic Assoc., Box 2025, Brenham, TX 77833.	Saturday, May 21	Big Brothers-Big Sisters 8K Road Race & 1 Mile Fun Run. Amarillo Medical Complex, 9:A.M. Contact: John Farrell, Box 14, 1015 West 8th, Suite 2, Amarillo, TX 79105. (806)373-8181.
Monday, April 18	87th Boston Marathon, Contact: Boston Athletic Assoc., 150 Causeway St., Boston, MA. 02114.	Saturday, May 28	6th Funfest Marathon, Also 1/2marathon. 7:A.M. Contact: Funfest Marathon, 1700 Polk St., Amarillo, TX 79102.
Saturday, April 23	2nd Annual Run for you Health, 10 & 3 miles 9:AM, Carlsbad. Contact: Tom Tooke, New Mexico State Univ. at Carlsbad, 1500 University Drive, Carlsbad, NM 88220. (505)885-8821.	*Saturday, June 4	4th Annual Levelledand Lope, 10K & 5K. Levelledand, TX. NOTE DATE CHANGE!!! Details to follow.
Saturday, April 23	Tail Town 10,000, Midland. Contact: Midland RRC, Box 10483, Midland, TX 79702 or call Race Director Steve Coil (915)362-2504 or 366-7651	Sunday, June 5	Avon Marathon Championship, Los Angeles, Open to women only. Contact: Avon Running Circuit, 9 West 57th St., New York, NY 10019.

*Denotes regular monthly club race.

8th Annual Grass Trample

4 Mile Run

Mackenzie State Park, Lubbock, Texas
12 March 1983

Fifty seven runners lined up for the 8th Annual Grass Trample 4 Mile on March 12, 1983. In spite of its name, this years race was run entirely on pavement at Lubbock's Mackenzie State Park. Although several runners remarked that they ran into a headwind at all times, the National Weather Service recorded the following at 10:00 A.M. on race day:

Temperature 54°
Winds SSW @ 13
Humidity 47%

Bob Jackson (Portales) didn't give the weather a second thought as he cruised to another WTRC Club race victory, covering the hilly 4 miles in 20:53, finishing first overall and first in the Open Division.

Not far behind was Abernathy's Bobby Cunningham finishing second overall and winning the 40 and Over Division in 21:58.

Bob Hough (Lamesa) took honors in the 30-39 Division, with a fine time of 23:09. Bob finished fifth overall.

Robert Jackson (Lubbock) ran to an easy victory in the 15 & Under group with a 24:07.

The Ladies Division was dominated by Lubbock's Linda Burgess who ran a 31:40. Jackie Davis (Slaton) and Jam Ramirez (Lubbock) battled to the wire for second and third with times of 33:43.6 and 33:44.3 respectively.

Saturday, June 18

Hillcrest Medical Center Triathlon, Tulsa. Limited to 300. 1K Swim, 40K Bike, 10K Run. Contact: Kim Elliot, Director/Exercise Physiologist. (918)584-1351, ext. 1626.

*Monday, July 4th

15th Annual Firecracker 10 & 3 Mile, Brownfield, Texas.

Sunday, August 14

Davis Mountain Marathon, Marathon, 6 mile, 3 mile & 1 mile Races. Contact: Prude Ranch, Box 1431, Ft Davis, TX 79734.

Sunday, Aug 14-20

Prude Ranch Fitness & Training Camp, Davis Mountains. Contact: Prude Ranch, Box 1431 Ft Davis, TX 79734. (915)426-3347.

Saturday, August 27

1st Annual 35K Triathlon. 2 person teams. Events in order, 10K Run, 5K Canoe, 20K bike. Limited to 60 entries. Sponsored by Austin Runners Club. Contact: ARC, 5624 Tradridge Drive, Austin, TX 78731.

Monday, September 5

2nd Annual Lasher Day Run for Muscular Dystrophy. 10K & 2mile, Lubbock. Contact: Jane Pierce, Nutri-Systems Weight Loss Medical Center, 3724-20th St., Lubbock, TX 79410. (806)797-0717.

Saturday, September 10

Llano Run Triathlon. 1600 meter swim, 64 mile bike, 12.1 mile run. See below.

Sunday, September 11

Llano Run Triathlon. 800 meter swim, 32 mile bike, 6 mile run. Contact: Prude Ranch, Box 1431, Ft Davis, TX 79734. (915)426-3347.

Friday, Sept 16 thru
Sunday, Sept 18

TAC Masters National Outdoor Track & Field Championships, Mens & Womens, Rice University. Contact: James McClatchie, Box 74228, Houston, TX 77272.

*Denotes Regular WTRC Race

Also in the "down to the wire" department were Mike Kelley and Jim Wilhelm, both of Lubbock, with resepetive times of 28:18.3 and 28:18.7.

We might note that all Division winners are also course record holders, at this is a new course.

John Owens (Seagraves) took the Handicap Trophy by showing the most improvement among regular Club runners (see handicap results). John has been running with us for about a year and has obviously been working hard.

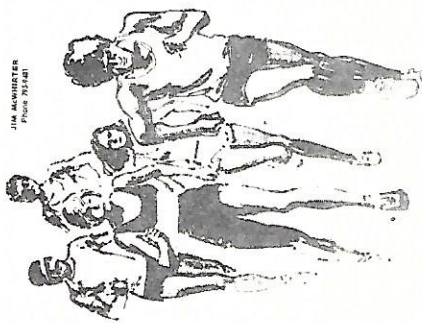
I speak for the Club in thanking the volunteers who "ran" this race. They are: Cheri Livermore, Brenda Kephart, Pat Lara, Paul Orr, Ami Davis, John & Ann Trompler, Jim Wilhelm and Kip Leyba of the Athletic Attic. We couldn't have done it without them.

Hope to see you all at the next club race, April 9th in Amarillo.

the
SWIFT FOOT

JIM WILHELM
FOOT RACER

402 5th St. - Box 84
Lubbock, Texas 79408



Put Some
Profit in your
Jog!

NIKE * ADIDAS
NEW BALANCE * TIGER
ETONIC * DOLPHIN
FRANK SHORTER
"RUNNING IN YOUR DIRECTION"

We are in need of a Race Director for the August 5 Mile Race. The race has historically been held in Brownfield but we're flexible on the distance and location. If interested, please contact

Don Kephart
5320-45th St.
Lubbock, Texas 79414

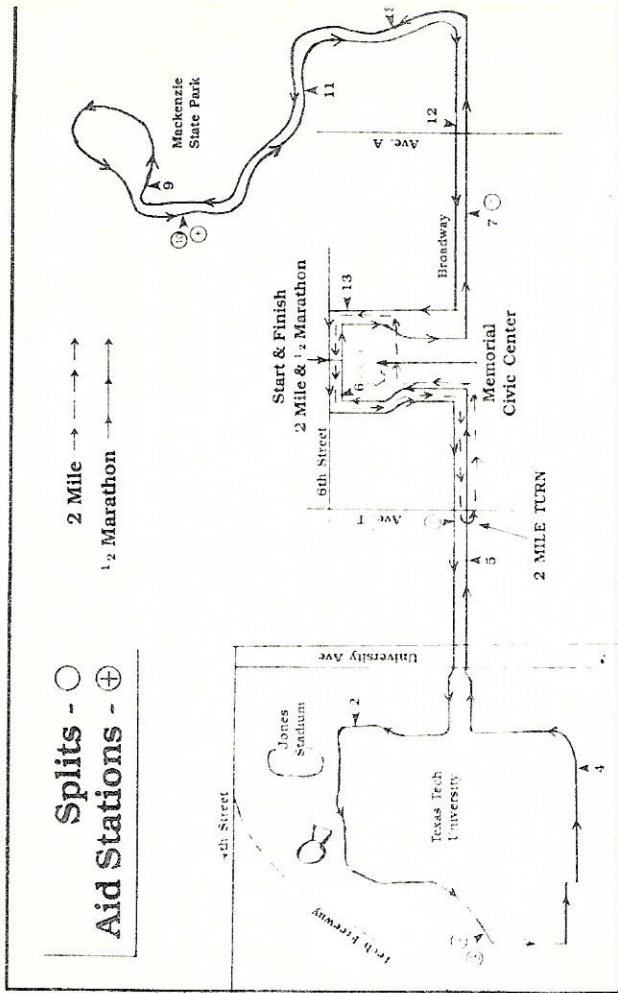
Phone: (806) 797-4604, evenings
Without a Race Director, there will be no race.

We would like to thank the following Members for giving the Club a "shot in the arm" by making donations over and above their \$5 renewals:

John Alexander	\$5
Mike Greer	\$10
Royce Jones	\$10
Johnny Nava	\$10
Buddy Wise	\$20

Again, please note our new address:

West Texas Running Club
P.O. Box 2921
Lubbock, Texas 79408



A hospitality room, hosted by Lubbock Beverage Company, will be available for adult runners Friday, April 15, 7-10 p.m. at the Holiday Inn Civic Center.

The Holiday Inn Civic Center is the headquarters hotel for the RUN FOR THE ARTS. Rooms have been set aside for runners at the rate of \$45 for a single or double room.

1982 Run For The Arts Results/Records

HALF MARATHON

- OPEN:** No. 17046 Lubbock 1:11:11
 2nd Taylor Lubbock 1:41:17
- MEN:**
 19 & under David Cobe, Tulsa 1:41:08
 20-29 Rip Leitch, Lubbock 1:11:11
 30-39 Rod Lubbock, Lubbock 1:21:22
 40-49 Howard M. Sep, Oboesa 1:29:49
 50 & over Don Sanderson, Tulsa 1:27:26
- WOMEN:**
 24 & under Lauren Woodal, Lubbock 1:56:40
 25 & over Jan Taylor, Lubbock 1:41:17

2 MILE

- OPEN:** Cliff McCurdy, Canadian 10:00
 Sharon Dietz, Lubbock 13:50
- MEN:**
 Under 15 Rod Jackson, Lubbock 11:17
 15-19 Tim Wilkins, Lubbock 11:45
 20-29 Cliff McCurdy, Canadian 10:00
 30-39 Jim Haynes, Maleshoe 11:41
 40-49 Bobby Birdson, Levelland 12:20
 50 & over Barry Williams, Lubbock 14:47
- WOMEN:**
 24 & under Sharon Dietz, Lubbock 13:50
 25 & over Pat Dolan, Lubbock 14:46

1 MILE (Elementary)

- BOYS**
 Grade
 5 Ruben Prieto, Lubbock 5:52
 6 Jimbo Balmer, Lubbock
 4 John DeLeon, Lubbock
 3 Kyle Pond, Lubbock
 2 James Whitten, Canyon
 1 Chris Welton, Lubbock
- GIRLS**
 Grade
 4 Valerie Gallegas, Lubbock 6:16
 5 Mary Ann Whitten, Canyon
 6 Cathy Nelson, Lubbock
 3 Jennifer Yee, Lubbock
 2 Jamie Casady, Lubbock
 1 Dora Pang, Lubbock

4 Mile Results

March 12, 1983		Portales, NM		Lubbock, NM	
1.	Bob Jackson	24	20:53	5:13.3	
2.	Bobby Cunningham	43	21:58	:29.5	
3.	Rodney Hendrix	16	22:10	:32.5	
4.	Lolo Mercado	22	22:30	:37.5	
5.	Bob Hough	36	23:09	:47.3	
6.	Israel Gonzales	16	23:24	:51	
7.	Robert Guajardo	40	23:28	:52	
8.	Robert Jackson	15	24:01	6:00.3	
9.	Herbert Perez	22	24:20	:05	
10	Randy Johnston	24	24:26	:06.5	
11.	Kelly Baste	16	24:48	:12	
12.	Jim Haynes	36	25:04	:16	
13.	James Livermore	35	25:15	:18.8	
14.	Gonzales Ramirez	27	25:19	:19.8	
15.	Charles Railsback	41	25:20	:20	
16.	Charles Davis	39	25:33	:23.3	
17.	Peter Durkin	30	25:46	:26.5	
18.	Ed Dabrowski	25	25:53	:28.3	
19.	Paul Harper	43	26:05	:31.3	
20.	David Jackson	28	26:22	:35.5	
21.	Bill Tweedle	21	26:44	:41	
22.	Vince Mercado	14	26:46	:41.5	
23.	Noe DeLeon	14	26:49	:42.3	
24.	David Leonnig	25	27:22	:50.5	
25.	Harlen Gilley	35	27:52	:58	
26.	Robert Miser	31	27:59	:59.8	
27.	Mike Kelley	34	28:18	7:04.5	
28.	Jim Wilhelm	32	28:19	:04.8	
29.	Joe Post	34	28:48	:12	
30.	Bernard Hartman	49	28:52	:13	
31.	Scott Johnson	23	28:58	:14.5	
32.	D.L. Swofford	37	29:05	:16.3	
33.	Don Grimes	31	29:06	:16.5	
34.	Steve Moore	16	29:09	:17.3	
35.	Gabriel Terango	15	29:13	:18.3	

March Handicap Results

Name	Handicap Time	Actual Time	Difference
*1. John Owens	37:08	35:11	-1:57
2. Robert Guajardo	24:00	23:28	- :32
3. Mike Kelly	28:47	28:18	- :29
4. Jim Wilhelm	28:42	28:19	- :23
5. Bob Smith	35:02	34:53	- :09
6. James Livermore	25:16	25:15	- :01
7. Bobby Cunningham	21:56	21:58	+ :02
8. Lolo Mercado	22:21	22:30	+ :09
9. Randy Johnston	24:08	24:26	+ :18
10. Charles Davis	24:58	25:33	+ :35
11. Bernard Hartman	28:00	28:52	+ :52
12. Jim Haynes	24:07	25:04	+ :57
13. Bobby Birdsong	27:02	30:18	+3:16

*Most Improved

FOOTNOTES...

Club members running in the 1983 BOSTON MARATHON may want to know that it is the first race that will qualify one for the 1984 Olympic Trials. The men's qualifying time is 2:19:04 (VS 2:21:54 in 1980). The women's qualifying time is 2:51:16.

* * * * *

GRANDMA'S MARATHON in Duluth, Minnesota (June 1, 1983) filled its 7,000 limit within 5 days. Over 12,000 applications were turned away.

* * * * *

The 1983 NEW YORK MARATHON has upped its entry limit to 17,000. The first 8,000 entries will be taken in order received with the remainder being drawn by a lottery later this summer.

* * * * *

Following are some major additions to our Schedule of Events:

SUNDAY, May 15

Bay to Breakers, 7.51 mile, 8.A.M.
Deadline is April 15. Contact: Bay to Breakers, 110 Fifth St., San Francisco, CA. 94103. (415)777-7770.

Saturday, June 11

Old Dominion 100 Mile, Front Royal, Virginia. Limited to 75 runners. If you have run 50 miles under 9 hours, contact: Virginia Ingram at (703)450-4132 ASAP! Course is through Shenandoah Valley.

36. Frank Hernandez	44	Lubbock	29:21	7:20.3
37. Eugene Rios	30	Lubbock	29:58	:29.5
38. Bobby Birdsong	42	Levelland	30:18	:34.5
39. Mike Greer	44	Lubbock	30:20	:35
40. Eloy Perez	15	Lubbock	30:55	:43.8
41. Mark Coffman	21	Lubbock	30:57	:44.3
42. Gerald Long	48	Lubbock	31:00	:45
43. Ted Johnston	32	Lubbock	31:12	:48
44. Linda Burgess	24	Lubbock	31:40	:55
45. David Cummins	47	Lubbock	31:43	:55.8
46. Al Rodriguez	19	Lubbock	33:04	8:16
47. James Frame	47	Dallas	33:43	:25.8
48. Jackie Davis	32	Slaton	33:44	:26
49. Jan Ramirez	27	Lubbock	33:44	:26
50. Jan Durguee	25	Lubbock	33:45	:26.3
51. Jane Jones	43	Tatum	34:15	:33.8
52. Sam Hough	12	Lamesa	34:25	:36.3
53. Bob Smith	62	Lubbock	34:53	:43.3
54. John Owens	54	Seagraves	35:11	:47.8
55. John Baca	12	Lubbock	36:12	9:03
56. Monte Dodson	45	Lubbock	38:04	:31
57. Ken Brown	29	Lubbock	38:37	:39.3

March 4 Mile Awards

Open 30-39

Bob Jackson Bob Hough
Rodney Hendrix Jim Haynes
Lolo Mercado James Livermore

Ladies HANDICAP AWARD:

Linda Burgess John Owens
Jackie Davis
Jan Ramirez

15 & Under

Robert Jackson
Vince Mercado
Nce DeLeon

40 & Over
Bobby Cunningham
Robert Guajardo
Charles Railsback

FOOTNOTES (Continued)...

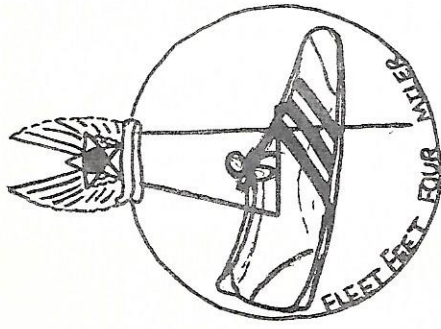
- Monday, July 4
Peachtree 10K Road Race, Atlanta, GA.
Restricted by cut-off date & entry limit.
CONTACT: Atlanta Track Club, 3097 E. Shadowlawn, Atlanta, Georgia 30305. (404) 231-9064.
- Saturday, July 30
5th Annual Maggie Valley Moonlight 5 mile, Womens 5 mile - 8:P.M., Mens 5 mile - 9:30 P.M. Limited to 750 women, 1500 men Cool night smoky Mtn Air "makes course extremely fast." Also, \$1,000 bonus for a world record.
CONTACT: MVNR, Box 186, Waynesville, NC 28786
- Sunday, August 21
Falmouth Road Race, 7.1 miles, limited to 4,000. Selected by lottery on May 10.
CONTACT: Falmouth Road Race, Box 732, Falmouth, MA. 02541.
- Saturday, September 24
10th Annual Virginia 10 Miler. Deadline for entry: April 30 or 4,000 limit. CONTACT: Marilyn Straub, Registrar, 3020 Cranehill Drive, Lynchburg, VA. 24503

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BIG BROTHERS-BIG SISTERS 8K ROAD RACE & 1 MILE FUN RUN scheduled for Saturday, May 21, 1983 has now been scheduled to start at 9:00 A.M.

FLEET FEET 4-MILER

OVER 40 PRIZES AND AWARDS
BY...AGE
...SEX
...TEAM



RACE TO TAKE PLACE AT BUDDY HOLLY PARK
OFF OF N. UNIVERSITY

*PROCEEDS TO BENEFIT SPECIAL OLYMPICS AND WORLD HUNGER *

APRIL 23, 1983
4-MILES

REGISTRATION BEGINS 8:30 AM
RACE STARTING TIME 10:00 AM

\$5.00 ENTRY FEE INDIVIDUALS
\$4.00 ENTRY FEE TEAM MEMBERS
(5 PERSON MINIMUM PER TEAM)
\$16.00 ENTRY FEE ON DAY OF RACE

SPONSORED BY:

TEXAS TECH ANGEL FLIGHT
and ARNOLD AIR SOCIETY

DONATIONS PROVIDED BY:

- *COCA-COLA
- *DR. PEPPER
- *ATHLETIC ATTIC

PRE REGISTRATION ENTRY FORM

NAME _____
ADDRESS _____
AGE 4-23-83 _____ SEX _____
TEAM NAME _____

SEND CHECKS TO: FLEET FEET 4 MILER,
AFRASC DET 020 TTU
LUBBOCK TX 79409

Waiver of claim must be signed and submitted with registration. In consideration of the acceptance of registration, the registrant shall assume full and complete responsibility for any injury or accident which may occur during my participation in this race or while I am participating in the event. I understand that I shall release the sponsors and all other persons and entities associated with this event from any and all claims for damages, injuries, or other losses, including those of sponsors or other persons or entities associated with this event or their agents or employees or otherwise.

Signature _____
RACER'S SIGNATURE IF RACE PARTICIPANT _____

APRIL HANDICAPS

	Prev. Ave.	March Race Perf. Level	New Ave. Perf. Level	5 Mile Handicap Time, Min:Sec
1. Quinn Smith	749	-	749	26:20
2. Cliff McCurdy	735	-	735	26:35
3. Bobby Cunningham	668	665	660	28:01
4. Lolo Mercado	642	633	637	28:29
5. Corky Kritch	636	-	636	28:30
6. Herbert Perez	619	643	623	28:47
7. Karl Wolf	620	-	620	28:51
8. Kip Leyba	617	-	617	28:54
9. Ron Shew	614	-	614	28:58
10. Shane Cunningham	580	-	580	29:43
11. Jimmy Samarrom	566	-	566	30:02
12. Richard Kleinians	539	-	539	30:41
13. Robert Guajardo	547	576	536	30:45
14. Randy Johnston	540	524	530	30:54
15. Jim Haynes	541	492	525	31:01
16. Don Sanderson	522	-	522	31:05
17. Donald Webb	515	-	515	31:16
18. Dana Anstey	506	-	506	31:30
19. Tom Stekman	493	-	493	31:50
20. Tom Brown	486	-	486	32:01
21. James Livermore	482	483	484	32:04
22. Norman Pittenger	473	-	473	32:21
23. Charles Davis	497	469	466	32:33
24. Terry Barker	464	-	464	32:36
25. George Jury	464	-	464	32:36
26. Vince Mercado	414	-	460	32:42
27. Howard Millisap	454	-	454	32:52
28. Dennis Smiley	449	-	449	33:01
29. Don Kephart	439	-	439	33:17
30. Billy Braxdale	436	-	436	33:23
31. Sherrill Easterling	413	-	413	34:03
32. Robert Grady	413	-	413	34:03
33. David Jackson	431	431	401	34:24
34. Robert Miser	363	363	384	34:56
35. Gene Adams	378	-	378	35:07
36. Mike Kelley	351	351	361	35:40
37. Jim Wilhelm	336	350	360	35:42
38. Tom Bowser	356	-	356	35:50
39. Bernard Hartman	363	330	354	35:54
40. Bobby Birdsong	402	279	350	36:01
41. Robby Timberlake	349	-	349	36:03
42. Francis Johns	341	-	341	36:20
43. Bruce Blankenship	338	-	338	36:26
44. Jan Taylor	328	-	328	36:46
45. Johnny Nava	301	-	301	37:44
46. Mike Greer	278	278	284	38:22
47. Lynn Bowie	250	-	250	39:41
48. Ann Gordhamer	209	-	209	41:25
49. Jackie Davis	171	175	192	42:10
50. Arlyne Ragan	141	-	171	43:09
51. Bob Smith	141	145	153	44:01
52. John Owens	91	137	115	46:00

April Club Race - Amarillo Race Site Map

