

March 1982

James Livermore
5707 2nd Place
Lubbock, TX 79416

MARCH 82

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4-6-82

WEST TEXAS RUNNING CLUB NEWSLETTER

MARCH 1982

* * * * *

APRIL CLUB RACE

DATE: Saturday, April 10, 1982
 TIME: 10:00 A.M.
 DISTANCE: 5 Miles and 2 Miles
 LOCATION: Wallace Blvd. near High Plains Baptist Hospital, one mile north of I-40W and Coulter Road, Amarillo, Texas (See Map).
 COURSE: Asphalt Roads
 DIVISIONS AND AWARDS:

	5 MILE	2 MILE	MEDALS TO:
Open	First 6	Boys 13-15	*Minimum of 3
30-39	First 6	Boys 12 & Under	Minimum of 3
40-49	First 6	Girls 13-15	Minimum of 3
50 & Over	First 3	Girls 12 & Under	Minimum of 3
Girl's (24 & Under)	First 3	* More medals will be awarded in each division, up to a maximum of 6, if the number of entries warrants it.	
Ladies (25 & Over)	First 3		

NOTE THAT THE 2 MILE IS LIMITED TO YOUNGER RUNNERS AND ALL AWARDS ARE MEDALS

ENTRY FEE: Non-Club Members \$2.00
 Club Members 1.00

RACE DIRECTOR: (Contact for more information)

BOB DUNBAR
 6526 Fulton
 Amarillo, Texas 79109
 PHONE: (Home) 806/353-2725
 (Work) 806/378-3675

-----COURSE RECORDS-----

Overall Record:	CLIFF MCCURDY	25	Lubbock	26:34	1979
15 & Under Record:	David Stanz	14	Lubbock	29:29	1979
Club Member:	Jay Whitten	8	Canyon	41:58	1979
30-39 Record:	Jack Petty	33	Rosenburg	26:53	1977
Club Member:					
40-49 Record:	Bobby Cunningham	41	Abernathy	27:21	1981
50 & Over Record:	Don Sanderson	50	Tulia	32:01	1980
Girl's Record:	Beverly Watkins	24	Amarillo	33:33	1980
Club Member:					
Ladies Record:	Mary Lou BaClan	27	Amarillo	37:53	1981
Club Member:	Sarah Lamont	32	Lubbock	42:30	1979

SCHEDULE OF EVENTS

Saturday, April 3: Second Annual Tall Town 10,000. Also 1 mile and 2 mile. Midland College. Contact: R. L. GREEN, 4000 W. Illinois, #125, Midland, TX 79703.

Saturday, April 3: 8th Texas Relays Marathon. Contact: Marathon Director, Austin YMCA, 1100 West 1st St., Austin, TX 78703

Saturday, April 3: Arrowhead Mills 20K White Rock Lake, Dallas. Limited to first 1500 entrants. Contact: GENE GREER, 11317 Earlywood Dr., Dallas, TX 75218

Sunday, April 4: Greater Dillsburg Pickle Chase, 5 mile and 1 mile. Contact: GDPC, Box 326, Dillsburg, PA. 17019.

*Saturday, April 10: WTRC 5 Miler, Amarillo.

Saturday, April 17: Arts Festival Half-Marathon Race, 2 Mile Fun Run, 1 Mile Run (for elementary students). Contact: Bernie Hartman, 3510-29th, Lubbock, TX 79410. (806)-799-4693

Saturday, April 17: 3rd Golden Yucca Marathon, 8.6 mile & 3 mile. 7 A.M. Contact: STEVE McCLEERY, College of the Southwest, Lovington Hwy, Hobbs, NM 82240

Saturday, April 24: Eastern New Mexico University ROTC Fun Run, 10K & 3K. Contact: MAJOR TOMMY TOWNSEND, Box 2089, Portales, NM. 88130.

Saturday, April 24: Coors Light 10K & 2 Mile Fun Run. Contact: RONNIE MORRISON, Box 1408, Borger, TX 79007 (806)-273-6453.

Saturday, April 24: 9th Annual Fiesta Mission 10K. San Antonio. Contact: San Antonio Road Runners, Box 12474, San Antonio, TX 78212.

Saturday, April 24: 10K & 3 mile Sap Run. Vermont. Contact: SAL DeMAIO, Chamber of Commerce, St. Johnsbury, Vermont. 05819.

Saturday, May 1: Furry's Supermarket 10K, Lubbock. Contact: Swift Foot, 3602 Slide Road, Lubbock, TX 79414.

- Saturday, May 1:
1st National Bank of Plainview & Nichols Health & Fitness Center Getaway 10K & 1.3 mile Estimated Time Run. Contact: TOM SEIKWAN, NHFC, 3017 W. 10th, Plainview, TX 79072. (806)296-5412.
- Saturday, May 1:
Panhandle Women's 5 mile Championship & 2 mile Open Fun Run. Amarillo. Contact: JOHN DIXON, 816 Van Buren, Amarillo, TX 79101.
- Saturday, May 2:
German Fun Run, 15K & 5K, Muenster. Contact: German Fun Run, Box 119, Muenster, TX 76252.
- *Saturday, May 8:
10th Annual Horseshoe Bend Canyon Spring Frolic (12 & 2 miles). Slaton.
- Saturday, May 16:
Bay to Breakers 7.63 mile. Contact: LEN WALLACH, San Francisco Examiner, Box 3100, San Francisco, CA 94119 (415)-777-7770.
- Wednesday, May 26:
San Antonio Triathlon (2.4 mi swim, .5 mi bike, 26.2 mi run) Contact: WILLIAM SMITH, 563 E. Craig, San Antonio, TX 78212.
- Saturday, May 29:
5th Funfest Marathon. Contact: Funfest Marathon, 1700 Polk, Amarillo, Texas 79102.
- Saturday, May 29:
14th Annual Roadrunner Marathon, Gage, OK. Contact: Roadrunner Marathon, Box 4, Gage, OK 73843
- *Saturday, June 5:
3rd Annual LevelLand Lope, 10K, 5K & 1 mile Run.
- Saturday, June 26:
2nd Annual Big Country Marathon, 1/2 Marathon & 5 miler. Van Horn (120 miles east of El Paso) Contact: Bobby Jones, Chamber of Commerce, Box 762, Van Horn, TX 79855. (915)-283-2043.
- *Saturday, July 3:
14th Annual Firecracker 10 & 3 mile runs. Brownfield, TX

* Regular WTRC Race

7th Annual Grass Trampoline
Saturday, March 13, 1982 - 10:AM

A breezy 54th greeted 69 runners at Lubbock's Clapp Park for the 7th Annual Grass Trampoline.

KIP LEYBA led the four mile non-handicap runners in a time of 20:39. With Kip at the 1 mile marker in a time of 5:03, was eventual second place finisher JOHN BANCORTH. JOHN DIXON ran the 4 miles in 22 minutes flat and finished 3rd overall. DANIEL FONSECA's time of 23:20 was sufficient for his second consecutive first place finish in the 30-39 Division. Not far behind, in second place in the division, was JOHN BEDNARSKI in 23:46. Third place in the 30-39 Division was earned by MIKE MOULTON, a biology graduate student at Texas Tech. Mike's time in his first racing attempt was 27:13.

The 40 and Over Division was closely contested by three constantly improving runners. HOWARD MILLSAP was first in 25:25, with ROGER MALONE second in 26:18 and TOMMY TOWNSEND third with a 26:45. ROGER MALONE of Bimmitt, was also first in his family finishing ahead of 12 year old GREG and 13 year old TAMMY. That situation may change over time.

The first female finisher was MICHELLE MATTICKS of Lubbock in a fine time of 27:50. JAN TAYLOR, at 28:10 was second and TRACY WRIGHT captured third place in 30:03.

The 4 mile handicap runners watched the 4 milers start and then waited for their time to run. EL PRESIDENTE and first starter, GENE ADAMS, threw down the gauntlet to all who followed. The first starter had "age, experience, cunning and deceit can defeat youth and talent" on the back of his shirt. He was right, winning with a fine elapsed time of 27:01. JOHNNY MAVA of Slaton, finished second in 29:42.

Flying in from El Paso and taking a cab to the starting line, NORMAN PITTENGER was third in 26:01. Driving to Lubbock and flying around the course (or so it seemed to all he passed) was 4th place finisher HERBERT PEREZ in 22:48.

Many thanks are due to race director, DON KEPHART and his crew of volunteers, including SUSAN MCCURDY, DEL ALONZO, CHERI LIVERMORE, JOHN MCCURDY, BRENDA KEPHART, JAMES LIVERMORE, TERRY BARKER and little BRANDON ROSS KEPHART for his cooperation during the whole thing!

4 Mile Results
Overall Standings Based on Time

NAME	AGE	CITY	TIME	Min/Mile				
1. Kip Leyba	26	Lubbock	20:39	5:09.8				
2. John Bamforth	21	Portales, NM	21:12	5:18				
3. Cliff McCurdy	28	Lubbock	21:20	5:20				
4. Bobby Cunningham Larry Chavez	42 22	Abernathy Portales, NM	21:41 21:41	5:25.2 5:25.2				
6. John Dixon	26	Amarillo	22:00	5:30				
7. Randy Whitney	22	Portales, NM	22:07	5:31.7				
8. Herbert Perez	21	Brownfield	22:28	5:37				
9. Dan Fonseca	36	Brownfield	23:20	5:50				
10. Stan Leech	21	Brownfield	23:21	5:50.3				
11. John Bednarski	32	Odessa	23:46	5:56.5				
12. Mike Cagle	15	Lubbock	24:14	6:03.5				
13. Rod Jackson	14	Lubbock	24:26	6:06.5				
14. Terry Barker	27	Lorenzo	24:48	6:12				
15. Randy Johnston	23	Lubbock	25:09	6:17.3				
16. Shane Cunningham Don Sanderson	19 52	Abernathy Tulia	25:19 25:19	6:19.7 6:19.7				
18. Howard Millsap	46	Odessa	25:25	6:21.2				
19. Norman Pittenger Ed Dabrowski	45 24	El Paso Leveland	26:01 26:01	6:30.2 6:30.2				
21. James Livermore	34	Lubbock	26:02	6:30.5				
22. Roger Malone	41	Dimmitt	26:18	6:34.5				
23. John Link	22	Portales, NM	26:32	6:38				
24. Bobby Birdsong	41	Leveland	26:36	6:39				
25. Mike Kelley	33	Lubbock	26:42	6:40.5				
26. Tommy Townsend	41	Portales, NM	26:45	6:41.3				
27. Rodney Fisher Eugene Rios	15 29	Lubbock Lubbock	26:53 26:53	6:43.2 6:43.2				
29. James Tigner	42	Lubbock	26:59	6:44.7				
30. Gene Adams	47	Brownfield	27:01	6:45.2				
31. Rudy Hernandez	20	Lubbock	27:03	6:45.8				
32. Mike Moulton	31	Lubbock	27:13	6:48.2				
33. Jose Trejo	20	Lubbock	27:26	6:51.5				
34. Jim Maddux	28	Lubbock	27:28	6:52				
35. Francis Johns	47	Midland	27:31	6:52.7				
36. Joe Thacker	34	Roaring Springs	27:36	6:54				
37. Douglas Davis	24	Great Falls, Mont.	27:37	6:54.2				
38. Dan Penrock	26	Odessa	27:44	6:56				
39. Michelle Matticks	24	Lubbock	27:50	6:57.5				
40. Kevin Taylor	26	Lubbock	27:51	6:57.8				
41. Jan Taylor	25	Lubbock	28:10	7:02.5				
42. Hugh Smith	34	Abernathy	28:19	7:04.7				
43. Greg Anderle	31	Lubbock	28:26	7:06.5				
44. Don Grimes	30	Lubbock	28:57	7:14.3				
45. Frank Hernandez	44	Lubbock	29:06	7:16.5				
46. Frank Barrow Jim Wilhelm	37 31	Tahoka Lubbock	29:13 29:13	7:18.2 7:18.2				
48. Tom Bowser	55	Odessa	29:14	7:18.5				
49. Greg Malone	12	Dimmitt	29:17	7:19.2				
50. Terry Baugh	19	Lubbock	29:33	7:23.3				
51. Johnny Nava	35	Slaton	29:42	7:25.5				
52. Tracy Wright	20	Lubbock	30:05	7:31.2				
53. Ellis Joseph	44	Reese AFB	30:50	7:42.5				
54. Roy Arrington	33	Cllovis, NM	31:12	7:48				
55. Ann Gordhamer	37	Lubbock	32:07	8:01.7				
56. Pete Vonjess	21	Portales, NM	32:12	8:03				
57. Doug Davis	28	Lubbock	32:20	8:05				
58. Rudy Ramirez	20	Slaton	33:12	8:18				
59. Berry Simpson	26	Brownfield	33:16	8:19				
60. Hugh Haynes	50	Lubbock	33:59	8:29.7				
61. Ladd Roberts Monte Jodson	28 45	Tahoka Tahoka	34:27 34:27	8:36.8 8:36.8				
63. Amy Fletcher	21	Portales, NM	35:58	8:59.5				
64. Lynn Bowie	29	Lubbock	37:00	9:15				
65. John Owens	40+	Seagraves	37:05	9:16.2				
66. Rudy Stites Robert Stites	37 29	Lubbock Lubbock	37:33 37:33	9:23.3 9:23.3				
68. Jimmy Frederick Tammy Malone	34 13	Lubbock Dimmitt	43:32 DNF	10:53				

Division Award Winners

OPEN DIVISION:

- 1ST - KIP LEYBA
- 2ND - JOHN BAMFORTH
- 3RD - JOHN DIXON

15 & UNDER:

- MIKE CAGLE
- ROD JACKSON
- RODNEY FISHER

30-39:

- DAN FONSECA
- JOHN BEDARSKI
- MIKE MOULTON

40 & OVER:

- 1ST - HOWARD MILLSAP
- 2ND - ROGER MALONE
- 3RD - TOMMY THOMSEN

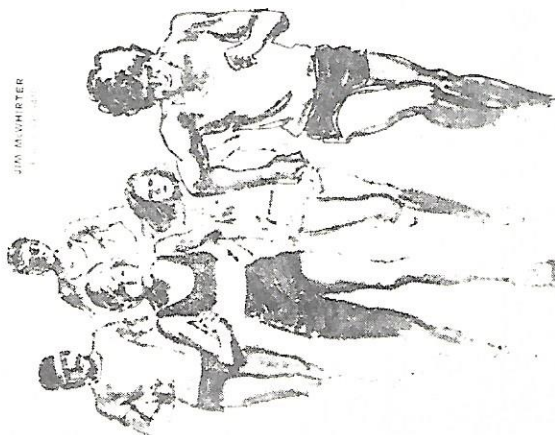
LADIES:

- MICHELLE MATTICKS
- JAN TAYLOR
- TRACY WRIGHT

*****SPECIAL THANKS TO JAMES MORRIS AND THE LUBBOCK ATHLETIC ATTIC FOR ELECTRONIC FINISH LINE TIMING AND OTHER RACE EQUIPMENT.*****

the
SWIFT FOOT

JIM MORTIMER
LUBBOCK, TEXAS 79424



Put Some
Profit in your
Jog!

NIKE * ADIDAS
NEW BALANCE * TIGER
ETONIC * DOLPHIN
FRANK SHORTER

"RUNNING IN YOUR DIRECTION"

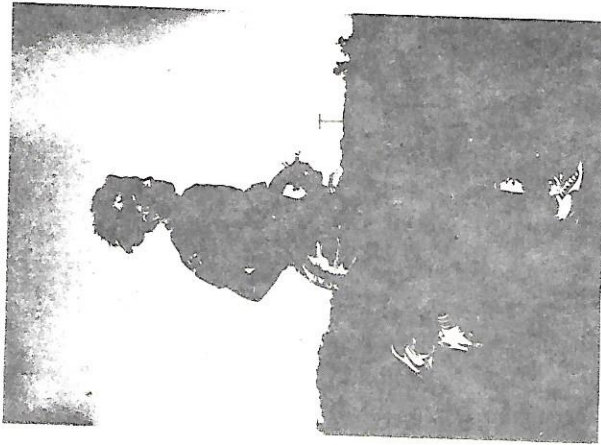
EXPLANATION OF THE HANDICAP CALCULATION

The Gardner-Furdy tables in COMPUTERIZED RUNNING TRAINING PROGRAMS assign a specific point value to a specific performance. For example, a 38:11 six mile is worth 510 points whereas a 35:36 six mile is worth 600 points. The point values for each distance range from zero to 1,000 (the world record at that distance.)

This system provides a means of comparing performances. Five miles in 29 minutes is equivalent to 10 miles run in 1:01:10, since both performances are at 610 level.

These tables provide the basis for West Texas Running Club handicaps. Only the longer distances at WTRC monthly races are calculated. The last 3 races within the past 12 months are used to calculate an average point level. The time listed at that point level is the handicap or predicted time for the next month's race.

FEATURED RUNNER OF THE MONTH - KARL WOLFE - SEE NEXT PAGE



THE WINNERS CIRCLE
FEATURED RUNNER OF THE MONTH

NAME: Karl Wolfe AGE: 17 HEIGHT: 5' 7" WEIGHT: 118
OCCUPATION: Senior at Big Spring High School

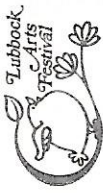
Karl began his athletic career as a swimmer. He continued to swim for four years until midway through his freshman year. He then followed in his older brother's footsteps and took up running. On the freshman track team, he turned in good times of 5:10 and 12:31 for the mile and 2 mile. His sophomore year saw his times drop to 4:56 and 10:57. In Karl's junior year he got into a consistent training routine. He showed marked improvement with times of 4:42, 10:04, and 16:04 (3 Miles). He also tacked on a notable 5 mile in 26:37.

This fall, Karl had a strong regular season highlighted by a 15:30 5,000 meter. But bad luck occurred at district where he was tripped by other runners and did not place high enough to advance to regionals. He is now training for this spring's track season.

Help and advice have come from Robert Schooler and his current high school coach in setting up his training schedule. A typical week would be along these lines:

Sunday - 8 to 10 miles at 6:30 to 7:00 pace
Monday - 10 miles at 6:30 pace
Tuesday - 6 x 880 in 2:20. 3 miles in 18 minutes
Wednesday - 6 miles at 6:30 pace
Thursday - 10 x 220 in 28 to 30
Friday - 6 miles at 6:30 pace
Saturday - Race or long distance run

Karl seems to be on a good program and his times should continue to improve. The WIRC wishes him luck this spring in track.



ELEMENTARY STUDENTS

1 MILE RUN FOR THE ARTS

EVENT: ONE-MILE RACE FOR ELEMENTARY SCHOOL CHILDREN

DATE: SATURDAY, APRIL 17, 1992 at 8 a.m.

CHECK-IN: FRIDAY, APRIL 16, 10 a.m. - 8 p.m.

AWARD CEREMONY: 10 a.m., APRIL 17.

COURSE: One loop of the Civic Center, asphalt and concrete roadway, flat.

DIVISIONS: BOYS - 1st Grade - 6th Grade

GIRLS - 1st Grade - 6th Grade

AWARDS: Olympic-style medallions to the first three finishers in each grade. A total of thirty-six medallions will be awarded. There will be three team trophies for boys and for girls. The school with the most participants will receive an attendance award.

T-SHIRTS: Free "Run for the Arts" T-shirts will go to the first 200 to preregister.

REGISTRATION: The entry fee is \$3. Early registration by mail is preferred. Two dollars of this fee will be divided between the U.S. Olympic Training Center and the West Texas Running Club. Late registration will be available at the Civic Center Field, April 16, from 10 a.m. - 8 p.m., and on Saturday at 7 a.m. Race packets for preregistered runners may be picked up then.

SPONSORS: United Supermarkets and The Swift Post. Race directed and organized by the West Texas Running Club; route aid by the Phi Epsilon Kappa physical education fraternity and Citizens Radio Crime Control Association; refreshments by Hygeia Bottled Water and Pepsi-Cola Bottling Co.



the
SWIFT FOOT

REGISTRATION FORM

MAIL TO: LUBBOCK ARTS FESTIVAL

P.O. BOX 561

LUBBOCK, TX 79408

\$3 Checks Payable to LUBBOCK ARTS FESTIVAL

NAME: Last First Middle

ADDRESS: St. City State ZIP

I certify that I have decided to participate in this event with full knowledge that being physically fit and sufficiently trained are necessary to prevent injury to myself. In consideration of the acceptance of my entry, I for myself, my heirs, devisees, executors, administrators, assigns, hereby waive, release and discharge any and all claims against the Lubbock Arts Festival, United Supermarkets, Citizens Radio Crime Control Association, the City of Lubbock, Phi Epsilon Kappa, West Texas Running Club, Civic Lubbock and the Lubbock Arts Festival, West Texas Running Club, Phi Epsilon Kappa, Citizens Radio Crime Control Association, or their employees, representatives, or successors arising out of my participation in this event.

Signature: _____

Date: _____

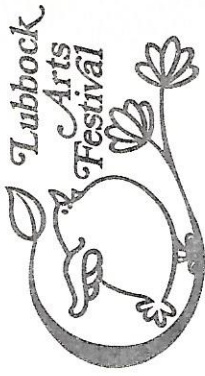
Signature of Parent or Guardian: _____

AGE (on April 17): _____ SCHOOL: _____

GRADE: _____

BOY _____ GIRL _____

T-SHIRT SIZE: SM MD LG XLARG



HALF-MARATHON (13.1 MILES)

RUN FOR THE ARTS

DATE: SATURDAY, APRIL 17, 1982 at 8 a.m.
 CHECK-IN: FRIDAY, APRIL 16, 10 a.m. - 8 p.m. AWARD CEREMONY: 10 a.m., APRIL 17

COURSE: Begin at the Civic Center, down Broadway to the Texas Tech campus, and inside loop of the campus, back down Broadway to loop through Mackenzie State Park, and return to the Civic Center via Broadway. A very light, fast course with hills in the park.

DIVISIONS: MEN: 19 and under; 20-29; 30-39; 40-49; 50-59; 60 and over.
 WOMEN: 24 and under; 25 and over.

AWARDS: Olympic-style medallions to the first five finishers in each division for men and women (to first three in 60 and over division). First 100 registrants to receive "Run for the Arts" tank-top shirts.

REGISTRATION: The entry fee is \$5. \$4 will be divided between the U.S. Olympic Training Center and the West Texas Running Club. Late registration will be available at the Civic Center on Friday, April 16 from 10 a.m. - 8 p.m., and Saturday at 7 a.m. Race packets will be available then. Early mail registration is very much preferred.

RACE RESULTS: Will be mailed to each participant. There will be a 1-mile race for elementary children and a 2-mile fun run. So get the whole family to run in a race!

SPONSORS: KILL-FN Radio, Nautilus Fitness Center, and West Texas Savings and Loan Association. Race organized by the West Texas Running Club, route aid by Phi Epsilon Kappa physical education fraternity and Citizens Radio Crime Control Association; refreshments by Hygeia Bottled Water Co. and Pepsi-Cola Bottling.



REGISTRATION FORM

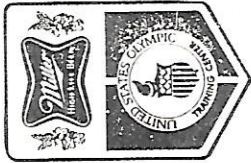
MAIL TO: LUBBOCK ARTS FESTIVAL \$5 checks payable to: LUBBOCK ARTS FESTIVAL
 P.O. BOX 561
 LUBBOCK, TX 79408

NAME: LAST FIRST M.I. CITY STATE ZIP
 ADDRESS: STREET T-SHIRT SIZE: SM MED LG XLG
 (Please print or type)

Previous best time for this distance

I certify that I have decided to participate in this event with full knowledge that being physically fit and sufficiently trained are necessary to prevent injury to myself. In consideration of the acceptance of my entry, I, for myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims against the Lubbock Arts Festival, Lubbock Cultural Affairs Council, Civic Lubbock and the City of Lubbock, Phi Epsilon Fraternity, West Texas Running Club, and the sponsors of this event, or their employees, representatives, or successors arising out of my participation in this event.

Signature: _____ Date: _____ (If under 19, Signature of parent or guardian): _____



2 - MILE FUN RUN

RUN FOR THE ARTS

DATE: SATURDAY, APRIL 17, 1982 at 8 a.m.
 CHECK-IN: FRIDAY, APRIL 16, 10 a.m. - 8 p.m. AWARD CEREMONY: 10 a.m., April 17

COURSE: Two loops of the Civic Center, asphalt and concrete roadway, flat.

DIVISIONS: MEN: under 15; 15-19; 20-29; 30-39; 40-49; 50 and over.
 WOMEN: under 25; 25 and over.

AWARDS: Olympic-style medallions to the first three finishers in each men's division. Medallions to the first five finishers in each women's division. There will be an award for 1st place in each of these special divisions: fireman, policeman, husband-wife, father-son, mother-daughter, news media man, news media woman. Also, an award to the oldest runner to finish.

T-SHIRTS: Free "Run for the Arts" T-shirts will be given to the first 125 registrants.

REGISTRATION: The entry fee is \$4. Early registration by mail is preferred. This fee will be donated to the U.S. Olympic Training Center and the West Texas Running Club. Late registration may be made at the Lubbock Civic Center on Friday, April 16 from 10 a.m. - 8 p.m., and on Saturday at 7 a.m. Race packets will be picked up then.

RACE RESULTS: Complete results will be mailed to each participant. There will also be a 1-mile race for elementary school children and a half-marathon (13.1 miles).

SPONSORS: Lubbock Beverage Company, distributors of Miller and Lite Beer. Race directed and organized by the West Texas Running Club; route aid by Phi Epsilon Kappa physical education fraternity and Citizens Radio Crime Control Association. Refreshments provided by Hygeia Bottled Water Co. and Pepsi-Cola Bottling Co.

REGISTRATION FORM - PLEASE PRINT OR TYPE

MAIL TO: LUBBOCK ARTS FESTIVAL \$4 CHECK PAYABLE TO: LUBBOCK ARTS FESTIVAL
 P.O. BOX 561
 LUBBOCK, TX 79408

NAME: LAST FIRST MIDDLE INITIAL CITY STATE ZIP
 ADDRESS: STREET T-SHIRT SIZE: SM MED LG XLG
 (Please print or type)

If applicable, mark special division: fireman policeman news media male
 news media female husband-wife father-son mother-daughter

I certify that I have decided to participate in this event with full knowledge that being physically fit and sufficiently trained are necessary to prevent injury to myself. In consideration of the acceptance of my entry, I, for myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims against the Lubbock Arts Festival, Lubbock Cultural Affairs Council, Civic Lubbock and the City of Lubbock, Phi Epsilon Fraternity, West Texas Running Club, and the sponsors of this event, or their employees, representatives, or successors arising from my participation in this event.

Signature: _____ Date: _____ (If under 19, include signature of parent or guardian): _____

Volunteers Try To Build Home For Marathon Runner's Widow

CHARLESTOWN, R. I. (AP) — Thousands went to "Tarzan" Brown's funeral and memorials still are held in his honor, but his widow is virtually forgotten living in a tiny shack with no running water.

Next week falls in this southern Rhode Island community are working to help her by building a real house for her.

Ellison Rogers Brown, a Narragansett Indian known as "Tarzan" because he mimicked Jimmy Watson's call of the ape man, was an Olympic athlete who twice won the Boston Marathon.

He said his Boston 200 medals for \$75 each to fund his family, when he died in 1938 at the age of 61. Brown was

a pauper.

His widow, Ethel Mae, 62, lives in the shack she and her husband built in 1947. She walks to an outdoor outhouse and hauls her water from a nearby well.

The shack, located in woods on land where some people still hunt and fish for a job of their food, is heated by a small wood stove.

Mrs. Brown lives with her daughter in the shack, virtually isolated by a community that rarely remembers the legend of the ape man.

"Two thousand people went to (Brown's funeral)," said James Quinn, a local building contractor. "They have Tarzan Brown memorials; they planted a tree in honor of Tarzan Brown. They do all these things in honor of him, but she gets nothing from it."

Brown's time of two hours 53 minutes, 51 seconds set a Boston Marathon record in 1939. He was twice a member of the U.S. Olympic Team and was voted into the American Indian Hall of Fame.

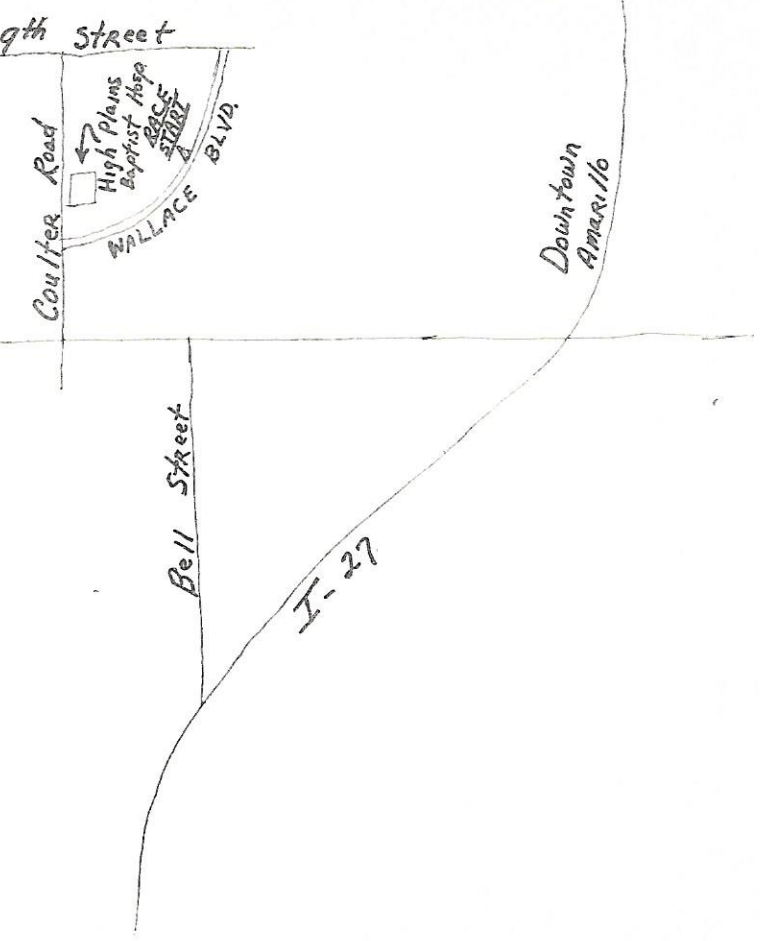
"Tarzanous was like Babe Ruth to

white people," said Harry Mars a Narragansett Indian and a building contractor. "We looked up to him. He made us proud. And we want to do something constructive in his memory."

Mrs. and Quiggly are part of the group of volunteers who want to build a house for Mrs. Brown. But their project has to stand as they seek to raise the money.

"I'm going to try and \$30,000 for the house," said Quiggly and Edward C. Quiggly, who are helping to help out.

One man dug a foundation for the house, another donated lumber for the house, and another said for cement. Quiggly said he will help in planning details of the house, but he is leaving details to the architect, architect and architect.

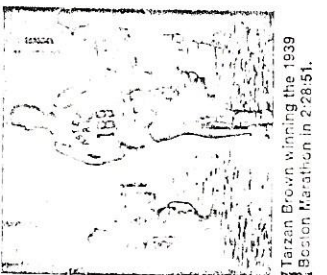


For more information on Tarzan Brown, see "The Runner", Jan. 82, p. 86.

As of January 1982, approximately \$4,000 of the estimated \$13,000 needed had been contributed. Contributions are tax deductible and should be mailed to:

Tarzan Brown Memorial House Fund
c/o First Church of God
Allens Avenue
Peace Dale, R. I. 02883

Mrs. Ethel Brown
Kings Factory Rd. R.F.D.1
Bradford, R. I. 02808



Tarzan Brown winning the 1939 Boston Marathon in 2:28:51.

New Certified Road Running Courses - Here are courses recently approved by the National Standards Committee. These courses, along with those reported in NRDC News #14, #16, #17, #18, #19, #20, #21 and #22, represent additions to the 1981 edition of the NRDC book "Certified Road Running Courses". The distance, state, city, name of race or course location, type of course, and date of final measurement are shown.

Table with columns for distance, state, city, name of race or course location, type of course, and date of final measurement. Includes entries for 10 km, 15 km, 20 km, 30 km, 5 mi, 50 mi, 1/4 Mar, Marathon, 4 mi, and 1/2 Mar.

New Certified Road Running Courses - Here are courses recently approved by the National Standards Committee. These courses represent additions to the 1982 edition of "Certified Road Running Courses". The distance, state, city, name of race or course location, type of course, and date of final measurement are shown.

Table with columns for distance, state, city, name of race or course location, type of course, and date of final measurement. Includes entries for 10 km, 15 km, 25 km, 10 mi, 50 mi, 1/2 mar, Marathon, and 1/2 Mar.

Olympian Snell on right course

ROBERT VERNON On Running

He was, at the time, a virtual unknown. A good but not highly regarded runner from New Zealand. He had run well enough to make the finals of the 800 meters at the 1960 Olympics in Rome, but no one expected anything more of him. His was merely a name in a field bulging with impressive names.

But Peter Snell would not be in the shadows for long. He left the "name" runners behind as he sped to an Olympic record and claimed the gold medal.

Soon, the whole world knew of Peter Snell, the New Zealand runner who went on to set the middle-distance world on its ear by setting world marks in the 800 and 1,500 as well as the mile and the 1,000-yard run. His Olympic double (the 800 and 1,500) in Tokyo in 1964 made him internationally famous. Never again would Peter Snell run unnoticed, right?

Wrong.

Last Saturday, Jim Runge, director for the first McKinney Orienting Run, was tabulating the times for the 24 finishers in the foot rally. The guy with the best time was somebody named Snell, Peter-Snell.

"The Peter Snell?" Runge asked the finisher.

"Why, er, yes," the man answered. Runge almost became apoplectic.

Why, after officially retiring from competitive racing 17 years ago, had Snell decided to enter the McKinney Orienting Run?

"Well, actually, I hadn't planned to run in it," Snell said. "I was simply going to go out and watch a friend run,

but then I decided I couldn't just watch, so I entered on the last day."

While an orienteering run isn't exactly Snell's forte, it wasn't entirely new to him. He had run similar races during his youth in New Zealand.

"I started out with a compass because I had run one of these races before and had gotten dreadfully lost in a pine forest," he said. "But the course was rather easy, and after the first two check points, I just looked at the map and figured out which way was north."

It's not as if Snell had come in from New Zealand just for this race. He lives in Irving, And it's not just Peter Snell anymore. It's Dr. Peter Snell.

The good doctor recently has finished his Ph.D. in exercise physiology at Washington State and is involved in a 2-year fellowship program at Southern Medical School, where he is involved in exercise research.

"In general, a group I'm with is interested in cardio-vascular responses to certain exercises," he said. Actually, it's considerably more complicated than that, but that's the easiest way to explain it.

What is slightly more difficult to explain is why Snell, a successful businessman, would give up a comfortable lifestyle to return to school.

To be quite honest, Snell admits his career in public relations didn't challenge him and consequently didn't satisfy him. A few classes at Loughborough University in England revealed an aptitude, and ultimately a craving, for academia. In 1977, he was admitted to the doctoral degree program at WSU.

One of the reasons Snell says he pre-

fers athletic research to actual coaching has to do with tunnel vision.

"There's a problem of being too dedicated," he said. "There's too much else in life. That's what I eventually realized, that I wanted more out of life."

Of course, Snell doesn't say dedication is wrong, especially if you have definite goals set out. But he's been around that track before, and now he's more interested in everything else this world has to offer. And an orienteering run every now and then just might be what the new doctor ordered.

Speaking of the orienteering run, Snell's time for the 3-mile course was 34:15.2. The closest finisher to Snell was Karl Zuber of Garland at 38:58.2. Miki Harvey, the outstanding Masters runner, was the first female at 40:00.2, and was third overall. . . . The weather was nicer for the second try at this year's Jackson Five-O'last Saturday, and there were several potential record performers. Bob Haugh set a world record for 61-year-old men with a time of 7 hours, 33 minutes and 15 seconds. Karen Avestin ran a 7:35.33 to lower the mark for 29-year-old women. Mary Ann Miller did the same for 45-year-old women (7:38.13), and Paul Garfield in the race at 64, set an age-group record for 61-year-old men with his 9:01.16 finish. Nancy Cunningham of Conway, Ark., who ran during the bitter cold two weeks ago, also may have set a mark for 56-year-old women with her time. . . .

This Saturday, the 10K will be held 10K will be held a.m. Bill Johnson

side stuff on that

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