

February 1982

JAMES LYERMOORE  
5707 END PLACE  
LUBBOCK TX 79416

3-8-82

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West Texas Running Club  
Route 1, Brownfield,  
Brownfield, Texas 79316



WEST TEXAS RUNNING CLUB NEWSLETTER

February 1981

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MARCH CLUB RACE

7th Annual Grass Trample

DATE: Saturday March 13, 1982  
TIME: 10:00 A.M.  
DISTANCE: 4 Miles  
LOCATION: K.N. Clapp Park, behind Hodges Community Center, 41st and University, Lubbock, Texas  
(See Map)

COURSE: Grass, Flat, Looped Course

DIVISIONS: All Club Members with established handicaps must run in the handicap race.

Non-Club Members, and Club Members without established handicaps may not run in the handicap race and must compete separately in the following divisions:

- 15 & Under
- High School
- Open
- 30 - 39
- 40 & Over
- Ladies

AWARDS: Trophies to first 12 runners across the line in the handicap race. Trophies to first three places in each division in the separate 4 mile race

ENTRY FEE: Non-Club Members - \$2.00  
Club Members - \$1.00

HANDICAP STARTING PROCEDURE: The runner present with the greatest handicap time (lowest on the list) will start first. All other runners will start individually at the elapsed time interval representing the difference between their handicap time and that of the first runner.

DON'T MISS THIS FUN EVENT!!  
FOR MORE INFORMATION CONTACT: (RACE DIRECTOR)  
DON KEPHART

5320 45th St.  
LUBBOCK, TEXAS 79414  
(HOME) 806-797-4604  
(WORK) 806-828-6563

COURSE RECORDS

Overall Record:	John Bednarski	29	Odessa	20:51	1979
15 & Under Record:	Joe Murray	15	Pampa	23:00	1979
Club Member:	Robert Schooler	13	Snyder	27:00	1977
High School Record:	Gary Jenkins	17	Lovington N. M.	22:45	1981
30-39 Record:	Jack Petty	35	Odessa	22:36	1979
Club Member:	Bobby Cunningham	39	Abernathy	23:39	1979
40-49 Record:	Bobby Cunningham	40	Abernathy	22:14	1980
50 & Over Record:	Don Sanderson	50	Tulia	25:31	1980
Ladies Record:	Caylene Caddell	26	Lubbock	28:43	1978
Club Member:	Ann Gordhamer	36	Lubbock	31:16	1981
Girls Record:	Isabel Navarro	20	Brownfield	25:02	1980
Club Member:	Donna Repman	19	Midland	26:54	1981

SCHEDULE OF EVENTS

Thursday, March 4: Peg Neppel Memorial 5K, 6:00 p.m. Contact: Athletic Attic, 5015 University Avenue, Lubbock, Texas 79412.

Saturday, March 6: Symphony 10K Run, Dallas. Contact Susan Means, 6522 Desco, Dallas, Texas 75225; (214) 739-3366.

Sunday, March 7: 15th Galveston Marathon. Contact Dennis Flowers, Athletic Attic, 6402 Broadway, Galveston, Texas 77551. Three-legged Willie Distance Classic. 13 miles, Round Rock. Contact Sharon Frete, Parks & Recreation Dept., 214 E. Main, Round Rock, Texas 78664. (512) 255-5147.

Saturday, March 13: 2 Mile Yogurt Run, Lubbock. 2:00 p.m. Contact Athletic Attic, 5015 University Avenue, Lubbock, Texas 79412. (806) 793-8348.

Sunday, March 20: Lite Beer 10K Championship, San Marcos. Contact Lite 10K Championship, 108 Meadowbrook Apts., San Marcos, Texas 78666. (512) 392-2969.

Saturday, March 27: Seventh Annual 4 Mile Grass Trample, Lubbock

Thursday, March 18: St. Patrick's Day 5 Miler 6:00 p.m. Contact Athletic Attic, 5015 University, Lubbock, Texas 79412. (806) 793-8348.

Saturday, March 20: Run for Your Health 10 + 3 Mile, Carlsbad, NM, 9:00 a.m. MDT. Contact Run for Your Health, 704 N. Hickory, Carlsbad, NM 88220. (505) 885-2309.

Sunday, March 21: The Capitol 10,000, Austin. Contact Donya Andrews, Box 670, Austin, Texas 78767. (512) 445-3594.

Saturday, March 27: 5th Marathon of the Great Southwest. Contact Mike Osborn, Box 3137, Abilene, Texas 79604.

Saturday, April 3: Arlington Chili Chase, 2 Mile, 5 Mile, 1/2 Marathon. Contact Don Zetnick, 2504 W. Park Row, Arlington, Texas 76013.

Sunday, March 27: Second Annual Tall Town 10,000, Also 1 Mile and 2 Mile. Midland College. Contact R.L. Green, 4000 W. Illinois, #125, Midland, Texas 79703.

Saturday, April 3: 8th Texas Relays Marathon. Contact Marathon Director, Austin YMCA, 1100 West 1st Street, Austin, Texas 78703.

Sunday, March 27: Arrowhead Mills 20K White Rock Lake, Dallas. Limited to first 1500 entrants. Contact Gene Greer, 11317 Earlywood Dr., Dallas, Texas 75218

\* Saturday, April 10: WTRC 5 Miler, Amarillo.

Saturday, April 17: Arts Festival Half-Marathon Race, Two Mile Fun Run, 1 Mile Run (for elementary school students). Contact Bernie Hartman, 3510 29th Street, Lubbock, Texas 79410. (806) 799-4693.

Saturday, April 17: 3rd Golden Yucca Marathon, 8.6 Mile, and 3 Mile. 7:00 a.m. Contact Steve McClerry, College of the Southwest, Lovington Hwy., Hobbs, NM 82240.

Saturday, April 24: Eastern New Mexico University ROTC Fun Run. 10K + 3K. Contact Major Tommy Townsend, Box 2089, Fortales, NM 88130.

Saturday, May 1: Furr's Supermarket 10K, Lubbock. Contact Swift Foot, 3602 Slide Road, Lubbock, Texas 79414.

Saturday, May 8: 10th Annual Horseshoe Bend Canyon Spring Frollic (12 & 2 miles). Slaton, Texas.

Saturday, May 29: 5th Funfest Marathon. Contact Funfest Marathon, 1700 Polk, Amarillo, Texas 79102.

Saturday, June 5: 2nd Annual Levelland Lope, 10K, 5K and 1 Mile Run.

\* Regular WTRC Race

Saturday, March 27: LAST MINUTE ADDITIONS

Saturday, May 1: Koinonia Classic 4 miler, Lubbock Christian College, South parking lot. Registration at 7:30 a.m., race starts at 9:00 a.m. Contact Kyle Smith, 744-4038.

Saturday, May 1: 1st National Bank of Plainview and Nichols Health & Fitness Center Getaway 10K and 1.3 mile Estimated Time Fun Run. Contact Tom Seikman, Nichols Health & Fitness Center, 3017 W. 10th, Plainview, Texas 79072, (806) 296-5412.



10th ANNUAL "COTTON PATCH" RUNS  
SATURDAY, FEBRUARY 13, 1982

Person nature continued to smile on race days as pleasant conditions prevailed for the 10th Annual Brownfield bash known as the "Cotton Patch" Run. BOB JACKSON (Amherst) led forty-five competitors to the finish line in the eight mile race. Running two minutes behind was the Abernathy Flash BOBBY CUNNINGHAM whose 46:43 was good enough for second overall and first in the 40-49 Division. DANIEL FONSECA (Brownfield) continued his impressive improvement as he took third overall and first in the 30-39 Division with a 47:54. Close on his heels were JOHN CARTER (Hobbs, NM) and HERBERT PEREZ (Brownfield).

FREDDY ORTIZ (Brownfield) edged ROGER HAYNES (Lubbock) by six seconds in a time of 50:14 to take the High School and Under Division. DON WEBB of Coahoma was right behind in 50:23 as he blew away many a younger runner, took first in the 50 and Over Division and broke DON SANDERSON's division record. Fellow Coahoman SHERILL EASTERLING, who is pointing for the Boston Marathon, captured the Ladies Division in 53:36.

QUINN SMITH (Portales, NM) outdistanced sixty-one heavy breathers in the three mile race to win handily (legily?) in 15:06. CLIFF MCCURDY (Lubbock) took second place. Third place belonged to ROBERT TIJERINA (Hobbs, NM) as he edged KARL WOLFE (Big Spring) and ERIC PACKARD (Hobbs, NM) for honors in the High School Division. ROBERT GUAJARDO (Levelland) toured the out and back in 16:48 to win the 30-39 category. A scan of the club records of the past year indicates that Robert is improving upon his already fast times with each outing. The 15 and Under Division was won by ALBERT HERNANDEZ (Hobbs, NM) in 17:14.

The trip from El Paso always brings out the competitor in NORMAN PITTEGGER. That's a lot of miles to travel in order to run for eighteen minutes and thirty-one seconds! It was good for first place in the 40 and Over Division, however. VIRGINIA CARPENTER (Lubbock) won the Girls (24 & Under) category in 22:14 while MARGIE RANC (El Paso) prevailed in the Ladies (24 & Over) Division.

Handicaps For March 13, 1982  
4 Mile Run

	Prev. Ave. Perf. Level	Feb. Race Perf. Level	New Ave. Perf. Level	4 Mile Handicap Time
1. Quinn Smith	749	-	749	20.45
2. Steve Stalling	744	-	744	20.49
3. Cliff McCurdy	727	-	727	21.03
4. Ron Shaw	643	-	643	22.20*
5. Larry Chaves	632	-	632	22.31*
6. Bobby Cunningham	655	649	629	22.34
7. John Trompeter	590	-	590	23.13
8. Lolo Mercado	585	-	585	23.19
9. Herbert Perez	576	611	576	23.26
10. Robert Guajardo	576	-	576	23.28
11. Donald Webb	-	551	551	23.55
12. Randy Johnston	540	510	538	24.10
13. Don Sanderson	497	-	497	24.58
14. Charles Davis	396	497	493	25.03
15. George Jury	490	496	490	25.07
16. Byrnie Bass	478	-	478	25.21
17. Roger Haynes	461	552	476	25.24
18. Sherrill Easterling	453	473	464	25.39
19. James Livermore	410	461	436	26.16
20. Robert Grady	407	434	423	26.33
21. Bobby Birdsong	422	-	422	26.35
22. Don Kephart	383	428	404	27.00
23. Norman Pittenger	398	-	398	27.08*
24. Jim Wilhelm	377	383	383	27.30
25. Francis Johns	377	-	377	27.39
26. Mike Kelley	362	385	377	27.39
27. Bernard Hartman	366	343	375	27.42
28. Robby Timberlake	360	347	345	28.28
29. Ann Gordhamer	313	292	317	29.13
30. John Fairbanks	297	-	297	29.46
31. Johnny Nava	244	288	258	30.56
32. Gene Adams	253	-	253	31.05
33. Arlyne Regan	174	-	174	33.46

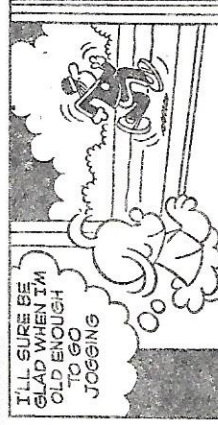
\*Must run next race to qualify for average performance level and handicap calculations

8 MILE RESULTS

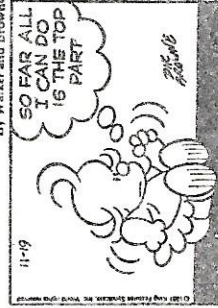
<u>NAME</u>	<u>AGE</u>	<u>CITY</u>	<u>TIME</u>	<u>MIN/MI</u>
1. BOB JACKSON	23	AMHERST	44:39	5:34.9
2. BOBBY CUNNINGHAM	42	ABERNATHY	46:43	5:50.4
3. DANIEL FONSECA	35	BROWNFIELD	47:54	5:59.3
4. JOHN CARTER	37	HOBBS, NM	48:01	6:00.1
5. HERBERT PEREZ	21	BROWNFIELD	48:07	6:00.9
6. JOE HERNANDEZ	20	LEVELLAND	48:16	6:02
7. A.L. BUSTAMANTES	33	LUBBOCK	49:40	6:12.5
8. GARY MORRIS	33	LUBBOCK	50:02	6:15.2
9. FREDDY ORTIZ	16	BROWNFIELD	50:14	6:16.7
10. ROGER HAYNES	17	LUBBOCK	50:20	6:17.5
11. DONALD WEBB	53	COAHOMA	50:23	6:17.9
12. TONY MEDINA	16	BROWNFIELD	51:24	6:25.5
13. D.J. ZELLER	26	HOBBS, NM	51:28	6:26
14. RANDY JOHNSTON	23	LUBBOCK	52:00	6:30
15. TERRY BARKER	27	LORENZO	52:32	6:34
16. CHARLES DAVIS	38	LUBBOCK	52:33	6:34.1
17. RANDALL MARSHALL	16	HOBBS, NM	53:16	6:39.5
18. SHERILL EASTERLING	32	COAHOMA	53:36	6:42
19. JAMES LIVERMORE	34	LUBBOCK	54:12	6:46.5
20. HOWARD MILLSAP	46	ODESSA	54:13	6:46.6
21. MONTY WRIGHT	17	HOBBS, NM	54:46	6:50.7
22. BOB GRADY	31	ANDREWS	55:26	6:55.7
23. DON KEPHART	29	LUBBOCK	55:42	6:57.8
24. ABEL MARTINEZ	32	BROWNWOOD	56:22	7:02.7
25. JOE GARZA	17	AMHERST	57:46	7:13.2
26. MIKE KELLEY	33	LUBBOCK	57:52	7:14
27. LOUIS FOURNET	20	MORGAN CITY, OKLAHOMA	58:05	7:15.6
28. JIM WILHELM	31	LUBBOCK	58:57	7:22.1

29. BILL TWEEDLE	20	AMARILLO	59:30	7:26.3
30. MIKE KANOSA	20	ABILENE	59:35	7:26.9
31. ROBBY TIMBERLAKE	33	LEVELLAND	59:57	7:29.6
32. BERNARD HARTMAN	48	LUBBOCK	60:11	7:31.4
33. RICK GREEN	29	MIDLAND	60:37	7:34.6
34. RICK McDONALD	33	LUBBOCK	60:45	7:35.6
35. BRUCE BLANKENSHIP	32	LUBBOCK	60:48	7:36
36. PAT LARA	19	LUBBOCK	61:09	7:38.6
37. RON HEDRICK	33	ABILENE	61:45	7:43.1
38. JOSE TREJO	20	LUBBOCK	63:10	7:53.7
39. ANN GORDHAMER	37	LUBBOCK	63:11	7:53.9
40. JOHNNY NAVA	35	SLATON	63:30	7:56.3
41. J.R. McADAMS	49	ANDREWS	64:13	8:01.6
42. WAYNE MARR	25	LUBBOCK	64:41	8:05.1
43. HUGH HAYNES	50	LUBBOCK	70:32	8:49
44. EARLENE SMITH	43	ODESSA	80:00	10:00
45. BERT SMITH	55	ODESSA	85:03	10:37.9

HI AND LOIS



By Walker and Browne



Courtesy Elvin Mathis, Abilene



3 MILE RESULTS

<u>NAME</u>	<u>AGE</u>	<u>CITY</u>	<u>TIME</u>	<u>MIN/MI</u>	<u>MEADOW</u>	<u>MEADOW</u>
1. QUINN SMITH	22	PORTALES, NM	15:06	5:02	17	19:30 6:30
2. CLIFF MCCURDY	27	LUBBOCK	15:40	5:13.3	26	19:32 6:30.7
3. ROBERT TIJERINA	16	HOBBS, NM	15:58	5:19.3	24	19:36 6:32
4. KARL WOLFE	17	BIG SPRING	16:07	5:22.3	15	19:37 6:32.3
5. ERIK PACKARD	17	HOBBS	16:28	5:29.3	24	19:42 6:34
6. LARRY CHAVEZ	22	PORTALES	16:32	5:30.7	29	20:04 6:41.3
7. JAY SANCHEZ	16	AMHERST	16:43	5:34.3	30	20:15 6:45
8. ROBERT GUJARDO	39	LEVELLAND	16:48	5:36	12	20:16 6:45.3
9. WADE MILLER	16	HOBBS	16:53	5:37.7	31	20:27 6:49
10. DANNY LUCCIO	18	LAMESA	16:56	5:38.7	38	MIDLAND 20:33 6:51
11. SAL DUARTE	16	HOBBS, NM	17:03	5:41	34	ASERNATHY 20:38 6:52.7
12. STAN LEECH	21	BROWNFIELD	17:06	5:42	15	BROWNFIELD 20:45 6:55
13. SHANE CUMMINGHAM	19	ABERNATHY	17:10	5:43.3	22	LOVINGTON 21:11 7:03.7
14. EDDIE ELIZARD	17	BROWNFIELD	17:14	5:44.7	17	LUBBOCK 22:00 7:20
15. ALBERT HERNANDEZ	14	HOBBS, NM	17:14	5:44.7	17	LUBBOCK 22:14 7:24.7
16. TIM GREEN	16	LUBBOCK	17:28	5:49.3	15	DIMMITT 22:15 7:25
17. DAN GAIREY	16	LUBBOCK	17:32	5:50.7	15	BROWNFIELD 22:32 7:30.7
18. JIM HAYNES	35	MULESHOE	17:44	5:54.7	19	DIMMITT 22:42 7:34
19. DOMINGO CASTRO	22	LAMESA	18:00	6:00	13	DIMMITT 22:43 7:34.3
20. STEVE McCLEERY	32	HOBBS, NM	18:04	6:01.3	40	EL PASO 22:44 7:34.7
21. LOUIS SALAS	17	BROWNFIELD	18:09	6:03	25	BROWNFIELD 23:11 7:43.7
22. DONALD BAILEY	17	LUBBOCK	18:26	6:08.7	36	DIMMITT 24:02 8:00.7
23. NORMAN PITTINGER	44	EL PASO	18:31	6:10.3	18	DEXTER, NM 25:38 8:32.7
24. BRAD BRANTLEY	17	AMHERST	18:30	6:12.7	25	AMARILLO 26:15 8:45
25. BOBBY RICHARDSON	35	DUMAS	18:49	6:16.3	22	HOBBS, NM 26:39 8:53
26. ROGER MALONE	41	DIMMITT	19:02	6:20.7	20	LUBBOCK 27:14 9:04.7
27. JOSE AGUAYO	25	LAMESA	19:05	6:21.7	20	LUBBOCK 27:14 9:04.7
28. BOBBY BIRDSONG	41	LEVELLAND	19:06	6:22	21	LUBBOCK 28:09 9:23
29. DAVID SELLS	15	LUBBOCK	19:14	6:24.7	17	HOBBS, NM 29:47 9:55.7
30. AVELINO GARCIA	16	MEADOW	19:14	6:24.7		
31. LLOYD ESCAMILLA	15	MEADOW	19:18	6:26		
32. RAFAEL GALAVIZ	16	AMHERST	19:18	6:26		

8 MILE AWARDS

<u>OPEN</u>	<u>HIGH SCHOOL</u>	<u>30-39</u>	<u>NAME</u>	<u>PREDICTED TIME</u>	<u>ACTUAL</u>	<u>DIFFERENCE</u>
1. Bob Jackson	1. Freddy Ortiz	1. Dan Fonseca	1. Jim Wilhelm	64:12	58:57	-5:15
2. Herbert Perez	2. Roger Haynes	2. John Carter	2. Terry Barker	57:20	52:32	-4:48
3. Joe Hernandez	3. Tony Medina	3. A.L. Bustamante	3. Roger Haynes	54:13	50:20	-3:53
4. D.J. Zeller	4. Randall Marshall	4. Gary Morris	4. Johnny Nava	66:24	63:30	-2:54
5. Randy Johnston		5. Charles Davis	5. James Livermore	56:40	54:12	-2:28
6. Terry Barker		6. James Livermore	6. Don Kephart	57:48	55:42	-2:06
			7. Bob Grady	56:47	55:26	-1:21
			8. Herbert Perez	49:22	48:07	-1:15
			9. Mike Kelley	59:06	57:52	-1:14
			10. Sherill Easterling	54:33	53:36	- :57
			11. Charles Davis	52:58	52:33	- :25
			12. Bobby Cunningham	46:28	46:43	+ :15
			13. Randy Johnston	50:48	52:00	+1:12
			14. Ann Gordhamer	61:56	63:11	+1:15
			15. Bernard Hartman	57:49	60:11	+2:22

LADIES

1. Sherill Easterling
2. Ann Gordhamer
3. Earlene Smith

50 & OVER

1. Donald Webb
2. Hugh Haynes
3. Bert Smith

3 MILE AWARDS

HIGH SCHOOL

1. Robert Tijerina
2. Karl Wolfe
3. Erik Packard
4. Jay Sanchez
5. Wade Miller
6. Danny Lucio

15 & UNDER

1. Albert Hernandez
2. David Sells
3. Lloyd Escamilla
4. Brian Brownlow
5. Greg Malone
6. Dino Garcia

40&OVER

1. Norman Pittenger
2. Roger Malone
3. Bobby Birdsong

GIRLS(24 & Under)

1. Virginia Carpenter
2. Cynthia House
3. Rita Ramos

LADIES (25&Over)

1. MARGIE RANC
2. BARBARA HEARTY

30-39

1. Robert Guajardo
2. Jim Haynes
3. Steve McCleery
4. Bobby Richardson
5. Dennis Smiley
6. Greg Anderle

ANNUAL AWARDS STANDINGS

The following are the current West Texas Running Club Annual Awards Standings. They include club races from July 1981, through February, 1982.

ATTENDANCE:

NUMBER OF RACES

MIKE KELLEY	8
DON KEPHART	8
ROBBY TIMBERLAKE	8
DOUG HALE	7
TERRY BARKER	7
BOBBY CUNNINGHAM	7
BERNARD HARTMAN	7
CLIFF McCURDY	7
BOBBY BIRDSONG	6
JAMES LIVERMORE	6

MILEAGE:

MILES RUN

1. MIKE KELLEY	84
2. TERRY BARKER	74
3. JAMES LIVERMORE	66
4. ROBBY TIMBERLAKE	62
5. DON KEPHART	61
6. ANN GORDHAMER	57
7. CLIFF McCURDY	55
8. ROBERT GRADY	54
9. BERNARD HARTMAN	52
10. BOBBY CUNNINGHAM	49

VICTORS AWARD:

1. BOBBY CUNNINGHAM	338
2. ROBERT GUJARDO	307
3. CLIFF McCURDY	296
4. QUINN SMITH	293
5. RANDY JOHNSTON	255
6. GEORGE JURY	226
7. LARRY CHAVEZ	224
8. BOBBY BIRDSONG	223
9. STEVE STALLINGS	177
ROBBY TIMBERLAKE	177

OPPONENTS DEFEATED

VICTORS AWARD, LADIES

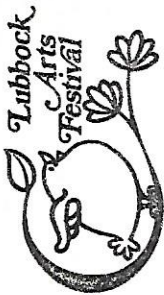
OPPONENTS DEFEATED

1. MARY ANN WHITTEN	109
2. SHERILL EASTERLING	108
3. DONNA REPMAN	98
4. ANN GORDHAMER	43
5. PAULA HARRISON	41

75 MILE CLUB:

AT THIS POINT IN THE CLUB YEAR, WITH 4 RACES AND A POSSIBLE 27 MILES REMAINING, THE RUNNERS LISTED UNDER THE MILEAGE AWARD EITHER HAVE RUN, OR HAVE A CHANCE TO RUN, 75 MILES IN CLUB RACES THIS YEAR. IF ACCOMPLISHED, THIS WOULD QUALIFY THEM FOR THE 75 MILE CLUB.





LUBBOCK RUN FOR THE ARTS

The West Texas Running Club will coordinate three running events on Saturday, April 17, 1982 at 8:00 a.m. as part of Lubbock's fourth annual "Celebration of the Arts". About 75,000 persons are expected to attend the three day festival of visual arts, performing arts, culinary arts and displays by area humanities organizations at the Lubbock Civic Center.

In addition to a 1 MILE RUN for elementary school children and 2 MILE event for racers, runners and joggers, a major long distance road race is scheduled. The last named is a 1/2 MARATHON (13.1 MILE) which will be routed through the Texas Tech University campus and Mackenzie State Park. From initial impressions of the 1/2 MARATHON route, the course will be fast, interesting and challenging. More important, it will be accurate, well marked and policed, with splits and aid stations at appropriate intervals.

The WTRC race committee is composed of the following persons: TERRY BARKER, DOUG HALE, BERNARD HARTMAN, GEORGE JURY, MIKE KELLY, DON KEPHART, JAMES LIVERMORE AND JIM WILHELM. Working in concert with the Lubbock Arts Festival, the committee has obtained sponsorship for each of the races from local businesses to help defray expenses. In addition to T-shirts, there will be numerous awards and trophies for men, women, boys and girls in a variety of divisions. We urge all WTRC runners to spread the word, attend, and establish course records and PR's. It is our hope that these road races will become an annual event, rivaling in excellence Amarillo's Funfest. YA'LL COME!!!

WHAT: 1/2 MARATHON, 2 MILE, 1 MILE RACES  
 WHEN: SATURDAY, APRIL 17, 1982, at 8:00 A.M.  
 WHERE: LUBBOCK CIVIC CENTER  
 FOR MORE INFORMATION CONTACT: RACE DIRECTOR:  
 BERNARD HARTMAN  
 3510 - 29th St.  
 Lubbock, Texas 79410  
 (806) 742-2713 (Office)  
 (806) 799-4693 (Home)

CLIFF McCURDY reports that former club member KIM WRINKLE ran a 2:24 at the New York City Marathon, finishing one place in front of Frank Shorter.

CORRECTION

JOHNNY NAVA (Staton) completed the Palo Duro Marathon in 4:24:25 rather than 4:25:25 as reported in the results of that race.

We were glad to see that JOHN ALEXANDER (Carlsbad) renewed his WTRC Membership and would like to thank him for the extra \$5.00 donation.

"ACTIVE SPORTSWEAR FOR GUYS-GALS & LITTLE 'FALS"



JIM McWHIRTER  
 (806) Phone 794-881  
 3002 Slide Rd. - Suite B-4  
 LUBBOCK, TEXAS 79414

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- PUMA NEW BALANCE
- BROOKS ETONIC TRED-2 SAUCONY
- SUB 4 ASPEN JELENK FRANK SHORTER

THE WINNERS CIRCLE

featured runner of the Month

NAME: Gene Coppin AGE: 47 HEIGHT: 5' 10" WEIGHT: 165  
 OCCUPATION: T.S.A. Consultant in Plainview, TX  
 Gene graduated from high school in 1950. He ran high school track (800 as a junior; 100, 440, 440 relay as a senior) but then took a 23 year layoff from regular exercise. So in 1973 he decided to start getting in shape and picked the running route. Gene hasn't slowed down since, putting in a 10 K of 40:51, a half-marathon of 1:30:56, and a marathon of 3:34:24 along the way. These marks were accomplished while keeping to a moderate training load.

Generally, Gene covers 30 - 35 miles a week at 7:30 to 8 minute pace, and he runs five days per week year round. Only this past fall while preparing for White Rock did he do his weekly mileage to 47 miles. But a toe injury then held him out for six weeks. Basically, he now trains on a day to day basis, depending on what he feels like doing.

Two notable honors have come his way via running. The first was the WING 75 mile club award. The second "honor" came while out running at 11 o'clock one night. Unbeknownst to Gene, the neighborhood 7-11 store had just been robbed. Police spotted him running down the street and decided to have a question and answer session. Luckily he didn't have his ski mask on that night.

Gene plans to continue chugging along the rest of his life. Running helps to control weight and blood pressure as well as being enjoyable. "The fitness boom is the best thing to happen to our country in a long time. God created us and He expects us to take care of our bodies. What better way than through running?"

