

August 1980

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LUBBOCK, TX 79409

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West Texas Running Club
Route 1, Brownfield,
Brownfield, Texas 79316



WEST TEXAS RUNNING CLUB NEWSLETTER

August 1980

 SEPTEMBER CLUB RACE

DATE: Saturday, September 13, 1980
 TIME: 9:00 AM

DISTANCE: 6 Miles and 3 Miles
 LOCATION: Floyd Swin Park, W. 10th & County Road (See Map)
 DIVISIONS AND AWARDS:

5 MILE	3 MILE	Trophies to
Open	Open	6
High School & Under	15 & Under	6
30-39	High School & Under	6
40-49	30-39	3
50 & Over	40 & Over	3
Ladies	Girls (24 & Under)	3
	Ladies (25 & Over)	6

COURSE: Flat, grass, one mile loop
 ENTRY FEE: Club Members \$1.00
 Non-Club Members \$2.00

RACE DIRECTOR: (Contact for more information)
 Tom Bowser
 815 W. Murphy
 Odessa, Texas 79761
 Phone: home (915) 337-5418
 work (915) 337-5521

COURSE RECORDS

6 MILE			
Overall Record:	John Kebiro	Abilene Christian Univ.	29:48 1977
Club Member:	John Bednarski	Odessa	30:12 1978
30-39:	Dennis Williams	Albuquerque	30:57 1977
Club Member:	Bobby Cunningham	Abernathy	33:06 1979
40-49:	Bob Dunbar	Amarillo	34:52 1978
50 & Over:	Will Samples	Dallas	39:58 1977
Club Member (Tie)	Swoose Alexander	McCamey	40:04 1978
Ladies:	Tom Bowser	Odessa	40:04 1979
	Sherrill Easterling	Coahoma	39:04 1979

COURSE RECORDS (Cont'd)

3 MILE

Overall Record:	Larry Sims,	South Plains College	14:24 1977
Club Members:	Cliff McCurdy,	Lubbock	14:33 1978
30-39:	Jack Petty,	Odessa	15:12 1979
40 & Over:	Jasper Peoples	Dumas	18:15 1975
Girls Record:	M. ndee Mayfield,	Lubbock	18:42 1979
Club Members:	Carol Tylka	Odessa	20:54 1978
Ladies Record:	Reenie Smith	Odessa	21:58 1977
Club Members:	Johnnie Peoples,	Odessa	23:32 1975
15 & Under:	Danny Lopez	?	17:32 1979

SCHEDULE OF EVENTS

1. Saturday September 6: Lake Relays, White Rock Lake in Dallas, 8:00 AM, Gerald Lancaster, (214) 297-9497.
- * 2. Saturday September 13: Odessa 3, 6 Mile, 9:00 AM, Floyd Swin Park, Tom Bowser, 815 W. Murphy, Odessa, TX 79761, phone: (915) 337-5418 (home); (915) 337-5521 (work).
3. Saturday September 13: Tortoise and Hare 10K, 8:30 AM, Goodfellow Recreation Camp, Lake Worth, San Angelo, Texas. Contact Clyde Wilson, 407 S. Monroe, San Angelo, 76901.
4. Saturday September 27: Texins Striders Equinox Run, 15k and 5k, 9:00 AM, Contact The Jogger, 5434 E. Rockingbird Lane #213, Dallas, TX 75214, Phone (214) 826-8260.
5. Saturday September 27: Bayfest Marathon, Half-Marathon and 4 Mile, Corpus Christi, 7:00 AM, Contact Corpus Christi Roadrunners, P.O. Box 3042, Corpus Christi, TX 78404.
6. Saturday September 27: 10 KM run for United Cerebral Palsy, Midland Park Mall, Midland, TX, 10:00 AM, Contact Pam Leach (915) 694-1663.
7. Saturday September 27: Leggs YWCA Women's 10K, White Rock Lake, 9:30 AM, Call Central Y.W.C.A. (214) 827-5600.
8. Saturday October 4: 6th Annual Allsup's Clovis Marathon, Half Marathon and 10K, Clovis High School, Clovis NM, 7:00 AM, Contact Clovis Track Club, 3201 Wallace, Clovis, NM 88101
- *9. Saturday October 18: 9 Mile & 2 Mile, 9:00 AM, Coleman Park, Howardfield, TX

7:15

10. Saturday October 18: The Amarillo National Bank 10K Classic, Contact Amarillo National Bank, Attn: Vicki Ball, Box 1611, Amarillo, Texas 79181

11. Saturday November 1: Dallas White Rock Half Marathon, 9:00 AM, Race Directors Price Stone and Karen Austin, (214) 696-2740.

* 12. Saturday November 15: 9th Annual Buffalo Springs Lake 13 Mile & 2 Mile Runs. 10:00 AM, Lubbock, TX

13. Saturday November 22: Davis Mountain Marathon, 9:00 AM, Contact John R. Prude, Prude Ranch, Box 1431, Ft. Davis, TX 79734.

14. Saturday December 6: Dallas White Rock Marathon, 9:00 AM, Race Director James Thruston, (214) 826-8260.

5 MILE RUN
Saturday, August 9, 1980
9:00 AM, Coleman Park, Brownfield, TX
Temp. 77° F. Humidity 53% Wind from South at 9 MPH

Quinn Smith of Lovington, NM led eighty-four participants in the ninth annual tour of Brownfield's Coleman Park and environs. His 26:49 for the 5 miles, while not threatening Dennis Williams 1975 standard of 25:31, provided a healthy draft for three other open division runners--Bert Torres, Cliff McCurdy, and Willie McCool (the club's and Lubbock's representative at the U. S. Naval Academy).

Bobby Cunningham (Abernathy) continued his winning and record-shattering ways with a 27:47. He broke Tom Mayfield's record for the 40-49 division set last year by forty-seven seconds! Don Sanderson (Tulia) blasted Don Webb's 50 & Over division standard with an excellent time of 31:41. And Mindee Mayfield (Lubbock) established a new girls 24 & under division mark with a fine 33:51.

5 MILE RACE RESULTS

Age	Cit.	Time
20	Lovington	26:49
22	Lubbock	27:14
26	Lubbock	27:20
19	Lubbock	27:28
40	Abernathy	27:47
18	Lubbock	28:09

7.	Brian Sexton	18	Hobbs, NM	28:36	5:43.2
8.	Gary Jenkins	16	Lovington	28:52	5:46.4
9.	Mike Sparks	28	Lubbock	29:02	5:48.4
10.	Benny De La Cruz	17	Hobbs, NM	29:42	5:56.4
11.	Herbert Perez	19	Brownfield	29:45	5:57.0
12.	Jim McFadden	41	Tulsa, Okla.	29:50	5:58.0
13.	Tom Cavazos	15	Lubbock	30:09	6:01.8
14.	Ron Shew	29	Lubbock	30:23	6:04.6
15.	Joe Longoria	29	Plainview	30:23	6:04.6
16.	Joe Hernandez	18	Levelland	30:46	6:09.2
17.	Richard Kleinhaus	31	Midland	30:49	6:09.8
18.	Willon Sanchez	19	Meadow	31:04	6:12.8
19.	Bernie Wall	31	Odessa	31:09	6:13.8
20.	Bobby Richardson	34	Dumas	31:17	6:15.4
21.	Jeff Stewart	36	Amarillo	31:22	6:16.4
22.	David Gonzales	18	Lovington	31:26	6:17.2
23.	Rick Ricketts	32	Midland	31:26	6:17.2
24.	Dan Pennock	24	Odessa	31:37	6:19.4
*25.	Don Sanderson	50	Tulia	31:41	6:20.2
26.	Eddie Chavarria	16	Hobbs	31:50	6:22.0
27.	Leo Karlin	43	Borger	31:53	6:22.6
28.	Pat Escamilla	17	Meadow	31:55	6:23.0
29.	Bob Giffin	35	Lubbock	32:10	6:26.0
30.	Mike Soto	19	Lubbock	32:14	6:26.8
31.	Joe Ramirez	17	Hobbs	32:16	6:27.2
32.	Karl Wolfe	16	Big Spring	32:19	6:27.8
33.	Daniel Fonseca	33	Brownfield	32:23	6:28.6

34. Sal Duarte	15	Hobbs	33:11	6:38.2	61. Lynn Pfeifer	41	Carlsbad	38:21	7:40.2
35. Charles Davis	36	Lubbock	33:28	6:41.6	62. Sid Hutchinson	27	Columbia, S.C.	38:28	7:41.6
*36. Midee Mayfield	17	Lubbock	33:51	6:46.2	63. John Alexander	64	Carlsbad	38:33	7:42.6
37. Robert Suajardo	37	Levelland	33:56	6:47.2	64. Rick Green	28	Midland	38:50	7:46.0
38. John Rhyne	15	Levelland	33:59	6:47.8	65. Jerry Hewett	38	Seminole	38:53	7:46.6
39. Alonzo Mendoza, Jr.	22	Levelland	34:19	6:51.8	66. Juan Salazar	14	Hobbs	38:55	7:47.0
40. Howard Millsap	44	Odessa	34:21	6:52.2	67. Jeff Matthews	15	Hobbs	39:13	7:50.6
41. Tom Bowser	53	Odessa	34:40	6:56.0	68. Buddy Wise	50	Lubbock	39:17	7:51.4
42. Bernard Hartman	46	Lubbock	34:01	7:02.0	69. Bob Schultz	38	Lubbock	39:17	7:51.4
43. Don Kephart	28	Lubbock	35:03	7:06.0	70. Dale Tervooren	36	Midland	40:26	8:05.2
44. Mike Kelley	31	Lubbock	35:34	7:06.8	71. Ed Vernon	50	Snyder	40:37	8:07.4
45. Wade Miller	15	Hobbs	35:40	7:08.0	72. Steve Warren	18	Lamesa	43:03	8:36.6
46. Robby Birdsong	39	Levelland	35:51	7:10.2	73. Berry Simpson	24	Brownfield	43:16	8:39.2
47. Monty Wright	15	Hobbs	36:03	7:13.6	74. Arlyn Regan	44	Odessa	43:55	8:47.0
48. Troy Hardy	14	Hobbs	36:18	7:15.5	75. Ray Billings	27	Lubbock	44:24	8:52.8
49. Mike Walthall	33	Odessa	36:28	7:17.5	76. Monte Williams	27	Lubbock	44:25	8:53.2
50. Ray Lamont	34	Lubbock	37:02	7:24.4	77. Herbert Hicks	47	Seminole	44:45	8:57.0
51. Chuck Chamberlin	33	Midland	37:13	7:26.5	78. Barbara Frankhouser	39	Lubbock	46:02	9:12.4
52. Lee Frey	14	Amarillo	37:16	7:27.2	79. Terry Northup	39	Plainview	47:07	9:25.4
53. James Livermore	33	Lubbock	37:24	7:28.8	80. Danny Pfeifer	12	Carlsbad	55:39	11:19.8
54. Robert Gorsline	38	Lamesa	37:34	7:30.8	81. Harry Howell	44	O'Donnell	61:45	12:21.0
55. Kevin Black	14	Hobbs	37:39	7:31.8	82. Gene Adams	45	Brownfield	DNF	---
56. Don Grimes	28	Lubbock	37:42	7:32.4	83. Brad Prickett	28	Carlsbad	DNF	---
57. Richard Templeton	27	Big Spring	37:49	7:33.8	84. Mike Northup	14	Plainview	DNF	---
58. Scott Yarbrough	18	Levelland	37:53	7:34.6					
59. Frank Barker	37	Levelland	38:05	7:37.0					
60. Bob Pfeifer	14	Carlsbad	38:09	7:37.8					

*New Age Group or Divisional Record

5 MILE TROPHY WINNERS

<u>15 & Under Division</u>	<u>High School Division</u>	<u>Open Division</u>
1. Tom Cavazos	1. Roger Robles	1. Quinn Smith
2. Sal Duarte	2. Brian Sexton	2. Bert Torres
3. John Rhyne	3. Gary Jenkins	3. Cliff McCurdy
4. Wade Miller	4. Benny De La Cruz	4. Willie McCool
5. Monty Wright	5. Joe Hernandez	5. Mike Sparks
6. Troy Hardy	6. David Gonzales	6. Herbert Perez

<u>30-39 Division</u>	<u>40-49 Division</u>
1. Richard Kleinhaus	1. Bobby Cunningham
2. Bernie Wall	2. Jim McFadden
3. Bobby Richardson	3. Leo Karlin
4. Jeff Stewart	4. Howard Millsap
5. Rick Ricketts	5. Bernard Hartman
6. Bob Giffin	6. Lynn Pfeiffer

<u>Boys 20 & Under</u>	<u>Girls 24 & Under</u>	<u>Ladies 25 & Over</u>
1. Don Sanderson	1. Mindee Tavfield	1. Arlyne Ragan
2. Tom Bowser		2. Barbara Frankhouser
3. John Alexander		

<u>HANDICAP RESULTS 5 MILE RUN</u>			
Race Time	Handicap Time	Difference	
1. Don Kephart	35:03	37:32	-2:29
2. James Livermore	37:24	39 7	-2:23
3. Bobby Cunningham	27:47	29:31	-1:44
4. Alonzo Mendoza	34:19	35:56	-1:37
5. Herbert Perez	29:45	30:54	-1:09
6. Leo Karlin	31:53	32:57	-1:04
7. Ron Shew	30:23	31:22	- 1:59
Buddy Wise	39:17	40:02	- 1:45
tie) 8. Bob Schultz	39:17	40:02	- 1:45

9. Arlyne Ragan	43:55	44:36	- 1:41
10. H. Bernard Hartman	35:01	35:31	- 1:30
11. Mike Sparks	29:02	29:31	- 1:29
12. Don Sanderson	31:41	32:03	- 1:22
13. Scott Yarbrough	37:53	38:12	- 1:19
14. Tom Bowser	34:40	34:49	- 1:09
15. Frank Barker	38:05	38:03	+ 1:02
16. Howard Millsap	34:21	34:16	+ 1:05
17. Jeff Stewart	31:22	30:59	+ 1:23
18. Ed Vernon	40:37	40:11	+ 1:26
19. Cliff McCurdy	27:20	26:53	+ 1:27
20. Ray Lamont	37:02	36:30	+ 1:32
21. Bob Giffin	32:10	31:22	+ 1:48
22. Joe Longoria	31:27	30:23	+1:04
23. Bobby Birdsong	35:31	34:26	+1:05
24. Bobby Richardson	31:17	29:17	+2:00
25. Karl Wolfe	32:19	30:09	+2:10
26. Robert Gorsline	37:34	34:01	+3:33

RESULTS OF BALLOTING

A total of 51 ballots were received in the voting on the various alternatives presented in the July newsletter. The results were as follows:

	Vote Total
Alternative No. 3	28
Alternative No. 2	12
Alternative No. 1	6
Alternative No. 6	2
Alternative No. 4	2
Alternative No. 5	1
Alternative No. 7	0

The ballots will be retained for a period of 3 months for the inspection of anyone who is interested. If you would like to audit the ballots, you have only to so indicate.

Frank Clevenger of Abilene, has very generously agreed to put the handicaps calculations on a computer at no cost to the club. This would be an acceptable way out of the dilemma regarding the handicaps.

Frank estimates that it could take as long as 3 months to get the program written and debugged and have all of the historical data entered. In the meantime, beginning with the September race, there will be no handicaps trophy awarded until the computer program is ready, since the vote was better than 2 to 1 in favor of dropping the handicaps. In the intervening time, between now and the time that the program is ready, none of your performances will be "lost." For example, if the program is ready in November, your performance in the August, September, and October races will be included in the handicaps calculation, even though there may not have been handicaps calculated for those races.

Also, if the program is written to include calculations for Improvement, Most Effective Runner, etc., your performance in the intervening races will still count towards these awards and will not be "lost."

If, for some reason, the program does not become operational, we will have to reassess the situation at that time, but will definitely be guided by results of the balloting.

"THE WINNERS CIRCLE"

Featured Runner of the Month

NAME: Cliff McCurdy AGE: 26 HEIGHT: 5' 9" WEIGHT: 130 LBS

OCCUPATION: Teacher, coach, sprinkler repairman

This month's featured runner is one of the top runners in the club. Despite being an "elite" runner, you would probably have to threaten him with 24 hours of uninterrupted Howard Cosell to get him to tell you anything about his accomplishments. Cliff is very modest and unassuming and is willing to help other runners with their problems, regardless of their performance level.

Cliff's past running experience has been at Coronado High School in Lubbock where his best times were 9.9 - 100 yd., 22.3 - 200 yd., and 50.0 - $\frac{1}{2}$ mile. He also ran track at George Fox College in Oregon where his best times were 1:55.3 - $\frac{1}{2}$ mile and 4:18.2 - 1 mile. Since college, Cliff has competed in WTRC events and in other West Texas road races. His best times during the last three years are: 1 mile - 4:32, 2 mile - 9:33, 3 mile - 14:33, 4 mile - 20:08, 5 mile - 25:20, 10,000 meters - 31:28, and $\frac{1}{2}$ marathon - 71:53.

His training schedule has no set pattern from November through April. He runs whatever he can get in, usually 30 to 60 miles per week. From May through October he aims at the following schedule, though he usually misses at least one day a week. Sunday - 6 miles in 39 minutes, Monday - 6 miles, Tuesday - 10 miles in 59 to 54 minutes, Wednesday - 6 miles, Thursday - 10 miles, Friday - 6 miles, Saturday - 10 miles with 15 minutes of speedwork. The speedwork consists of one of the following workouts at 5 minutes per mile pace: 15 one-minute runs, 7 two-minute runs, 5 three-minute runs, 4 four-minute runs, or 3 five-minute runs.

Given unlimited time and resources, Cliff would add a morning 6 mile run on Tuesday, Thursday, and Saturday. His reasons for running include health and a chance for friendly competition. Future goals include a sub 25 minute 5 mile and a sub 70 minute $\frac{1}{2}$ marathon.

Cliff has won the WTRC's Victor's Award (most opponents defeated) for the last three consecutive years, which is a record for this award. He also holds the record for the most opponents defeated in one year (829) which he established during 1978-79. Cliff finished first in competition for the "Most Effective Runner" Award this year, but was ineligible to receive it, since a runner is only allowed to receive one annual award per year. He also ran in 11 out of 12 races in 1979-80 and was the 1980 Funfest (Amarillo) Half-Marathon Champion.

Cliff will be the author of all future Runner of the Month features.

See Photos Next Page

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Jogger Hit by Train Near Cisco

EASTLAND (RNS) — A recent dental school graduate jogging along the Missouri-Pacific right-of-way suffered a broken leg Sunday when he was hit by a train three miles east of Cisco, a spokesman for the Eastland County Sheriff's Office said.

Dr. Larry Harris, 30, of Houston was reported in satisfactory condition in E.L. Graham Memorial Hospital in Cisco following Monday morning surgery. He apparently was walking or running along the railroad tracks three miles east of Cisco shortly after midnight Sunday.

Harris and his wife had come to Cisco to escape Hurricane Allen. Harris's wife told Deputy Sheriff Ben Sarcillo she had driven her husband to a railroad crossing about halfway between

Cisco and Eastland north of U.S. 80, and left him because he enjoys running along tracks.

The injured jogger was found by the brakeman, and was unable to be moved from the inaccessible scene for nearly two hours. Swearington said he disconnected the engine from the train and proceeded to Cisco for help.

A four-wheel drive vehicle attempted to follow the engine back to the scene, but was stopped when it encountered an impassable ravine. Swearington then went back to Cisco and pushed a flatbed car with a stretcher back to the scene.

Cisco officers with the sheriff's department aided in transporting Harris to the hospital. Harris had graduated from dental school two weeks ago.

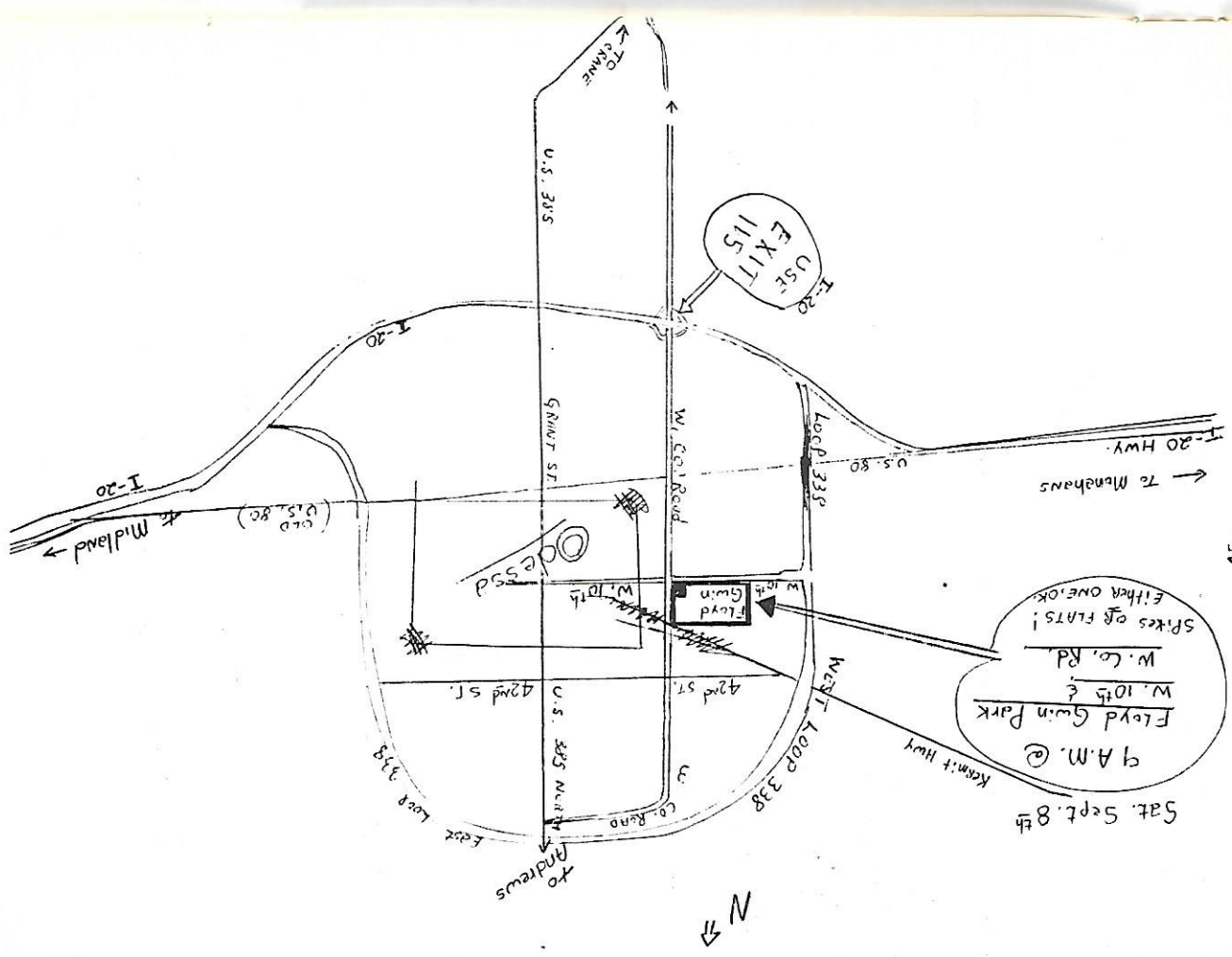
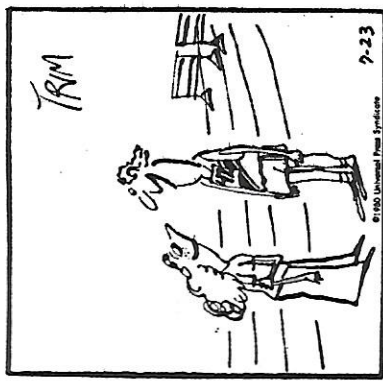
Article courtesy Ed Vernon

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Rank	Driver	Points	Improvement	Effect
1	Tom Gustin	4-12-80	5 M	30.58
2	Richard Palmer	6-11-79	5 M	31.14
3	John Deane	6-11-79	5 M	31.14
4	Lee Pennington	6-11-79	5 M	31.14
5	Dan Deane	6-11-79	5 M	31.14
6	Herbert Perry, Jr.	5-10-80	12 E	11.79
7	Lee Pennington	3-0-80	4 E	3.00
8	John Deane	3-0-80	4 E	3.00
9	Lee Pennington	3-0-80	4 E	3.00
10	John Deane	3-0-80	4 E	3.00
11	John Deane	3-0-80	4 E	3.00
12	John Deane	3-0-80	4 E	3.00
13	John Deane	3-0-80	4 E	3.00
14	John Deane	3-0-80	4 E	3.00
15	John Deane	3-0-80	4 E	3.00
16	John Deane	3-0-80	4 E	3.00
17	John Deane	3-0-80	4 E	3.00
18	John Deane	3-0-80	4 E	3.00
19	John Deane	3-0-80	4 E	3.00
20	John Deane	3-0-80	4 E	3.00
21	John Deane	3-0-80	4 E	3.00
22	John Deane	3-0-80	4 E	3.00
23	John Deane	3-0-80	4 E	3.00
24	John Deane	3-0-80	4 E	3.00
25	John Deane	3-0-80	4 E	3.00
26	John Deane	3-0-80	4 E	3.00
27	John Deane	3-0-80	4 E	3.00
28	John Deane	3-0-80	4 E	3.00
29	John Deane	3-0-80	4 E	3.00
30	John Deane	3-0-80	4 E	3.00

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1	Tom Gustin	4-12-80	5 M	30.58
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12	John Deane	3-0-80	4 E	3.00
13	John Deane	3-0-80	4 E	3.00
14	John Deane	3-0-80	4 E	3.00
15	John Deane	3-0-80	4 E	3.00
16	John Deane	3-0-80	4 E	3.00
17	John Deane	3-0-80	4 E	3.00
18	John Deane	3-0-80	4 E	3.00
19	John Deane	3-0-80	4 E	3.00
20	John Deane	3-0-80	4 E	3.00
21	John Deane	3-0-80	4 E	3.00
22	John Deane	3-0-80	4 E	3.00
23	John Deane	3-0-80	4 E	3.00
24	John Deane	3-0-80	4 E	3.00
25	John Deane	3-0-80	4 E	3.00
26	John Deane	3-0-80	4 E	3.00
27	John Deane	3-0-80	4 E	3.00
28	John Deane	3-0-80	4 E	3.00
29	John Deane	3-0-80	4 E	3.00
30	John Deane	3-0-80	4 E	3.00

Place Swift Foot
Ad Here



6TH ANNUAL ALLSUP'S MARATHON, 1/2 MARATHON AND 10K

DATE: Saturday, Oct. 4, 1980

STARTING TIME: 7 A.M. Sharp!

CHECK IN: Friday, Oct. 3, 5-8 P.M.
Holiday Inn - Clovis

START: Clovis High School
21st and Thornton

FINISH: Clovis High School (Track)
(Olympic Finish)

CLASSES: Men 1st 5:0-14, 15-29, 30-39,
40-49, 50-59, 60+ youngest
Women 1st 5:0-29, 30-39, 40+
Youngest

AWARDS: Men, Trophies 1st 5, each class
youngest 1.
Women, Trophies 1st 5, overall
3 trophies each class, youngest 1

PRESENTATION: High School Track 12: Noon

COURSE: Certified, loop, flat,
asphalt/surface

ELEVATION: 4,280 feet

WEATHER: Average temperature range
7-10 A.M. 50 -70
1979 Clear: 53 -65

AID STATIONS: Every 3 miles

SPLIT TIMES: 1, 5, 6.5, 10, 15, 20, 25

TRANSPORTATION: Provide your own-
looped course

RESULTS: Complete results mailed
to each participant

1979 RESULTS:

Overall Winners:
Marathon - Benito Arellano,
2:33:16 (Course Record)
Half Marathon - Joe Anaya,
1:12:46 (Course Record)
6 Mile - Cliff McCurdy
32:14 (Course Record)

REGISTRATION: \$5 - Please register prior to
Sept. 26th
\$7 - After Sept. 26th
T-shirts (50/100) all finishers
certificates all finishers

LATE REGISTRATION: Friday, Oct. 3rd, 5-8 P.M.
Holiday Inn - Clovis

MOTELS: Holiday Inn (Race Headquarters)
2700 E. Mabry Dr.
1 505 762-4491

Kings Inn
1320 Mabry Dr.
1 505 762-4486

Rodeway Inn
1616 Mabry Dr.
1 505 762-4591

Motel 6
2620 Mabry Dr
1 505 762-3186

SPONSOR: Allsup's Convenience Stores

DIRECTOR: Clovis Track Club

REGISTRATION

NOTE: No Registration Day of Race
Pre-race packet and no. may be picked up
the morning of the race from 6:00-6:45 a.m.
at Clovis High School Gym

NAME: Please Print: Last Name _____ First Name _____ M / F

ADDRESS: Street or Box No. _____ City _____ State _____ Zip _____

RESIDENCE PHONE NUMBER _____ BUSINESS PHONE NUMBER _____

SPAGHETTI SUPPER: Yes No Oct 3rd 5-8 p.m. AGE AS OF OCT 4th 1980 _____ Birthdate _____

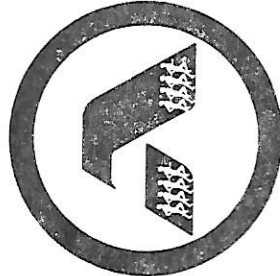
SEX: Male Female T-Shirt (50/100) to all finishers Please circle size
Size S M L XL

WILL BE RUNNING IN: Full Marathon \$5 \$7 after Sept 26
Half Marathon \$5 \$7 after Sept 26
10K \$5 \$7 after Sept 26

I realize there are risks associated with competing in this event,
and I accept full responsibility for any injury or accident to myself.
I also waive any and all claims for myself against Allsup's Con-
venience Stores, the officials and the sponsors of this event.
Cannon Air Force Base, City of Clovis, Clovis Track Club

Send separate registration form for each runner. Forms may be
machine copies but must be complete as to content.
Mail with check or money order to
GARY BRITT, 3201 Wallace, Clovis, New Mexico 88101

Signature (parent's signature if a minor)



1980 AMARILLO NATIONAL BANK 10K CLASSIC And Two-Mile Fun Run

More fun than ever! A 10,000-meter run (that's 6.2 miles) through the streets of Amarillo! Plus a Two-Mile Fun Run for all ages.

It's an event that's exciting and different. And it all starts October 18 at 10 a.m. at Amarillo National Bank's Drive-Up Plaza - 11th & Taylor

10K Classic Highlights:

- 6.2 miles through downtown Amarillo
- Compete for the 10K Classic Cup to overall winner
- 9 age group divisions
- Men 13 & under, 14-19, 20-34, 35 & over
- Women 13 & under, 14-19, 20-29, 30-39, 40-49, 50 & over
- Women: 19 and under, 20-34, 35 & over
- Awards to top 5 finishers in each division
- Shirts to all entrants
- Spills given at 1, 3 and 5 miles
- Aid station at halfway point

Registration: \$6.00
Late Registration: \$8.00, 8:30-9:30 a.m., Oct. 18, 1980

Aid look at this!

- Freeing dogs to entrants
- Exciting liquid refreshments at finish for runners
- Tri-State Bluesgrass Express Concert
- Awards Ceremony at 11:30
- Watch our hot-air balloon fly (Weather permitting)

Coordinated with assistance from Lone Star Runners Club



Mail your registration form and entry fee to:
The 10K Classic
Amarillo National Bank
P.O. Box 18101
Attn: Vickie Bell
Amarillo, Texas 79118

Amarillo National's 10K Classic

Name: Last _____ First _____ Middle _____ M / F

Address: _____ City, State, Zip _____

Age on 10/18/80: _____ Birthdate: _____

Daytime Phone Number: _____ Sex: Male _____ Female _____

Best 10K Time



Get your additional entry forms at:
Any sporting goods store, YMCA, YWCA and
Amarillo National Bank.

Signature: _____
Parent's Signature (if minor): _____
Please check:
 10K Classic Two-Mile Fun Run