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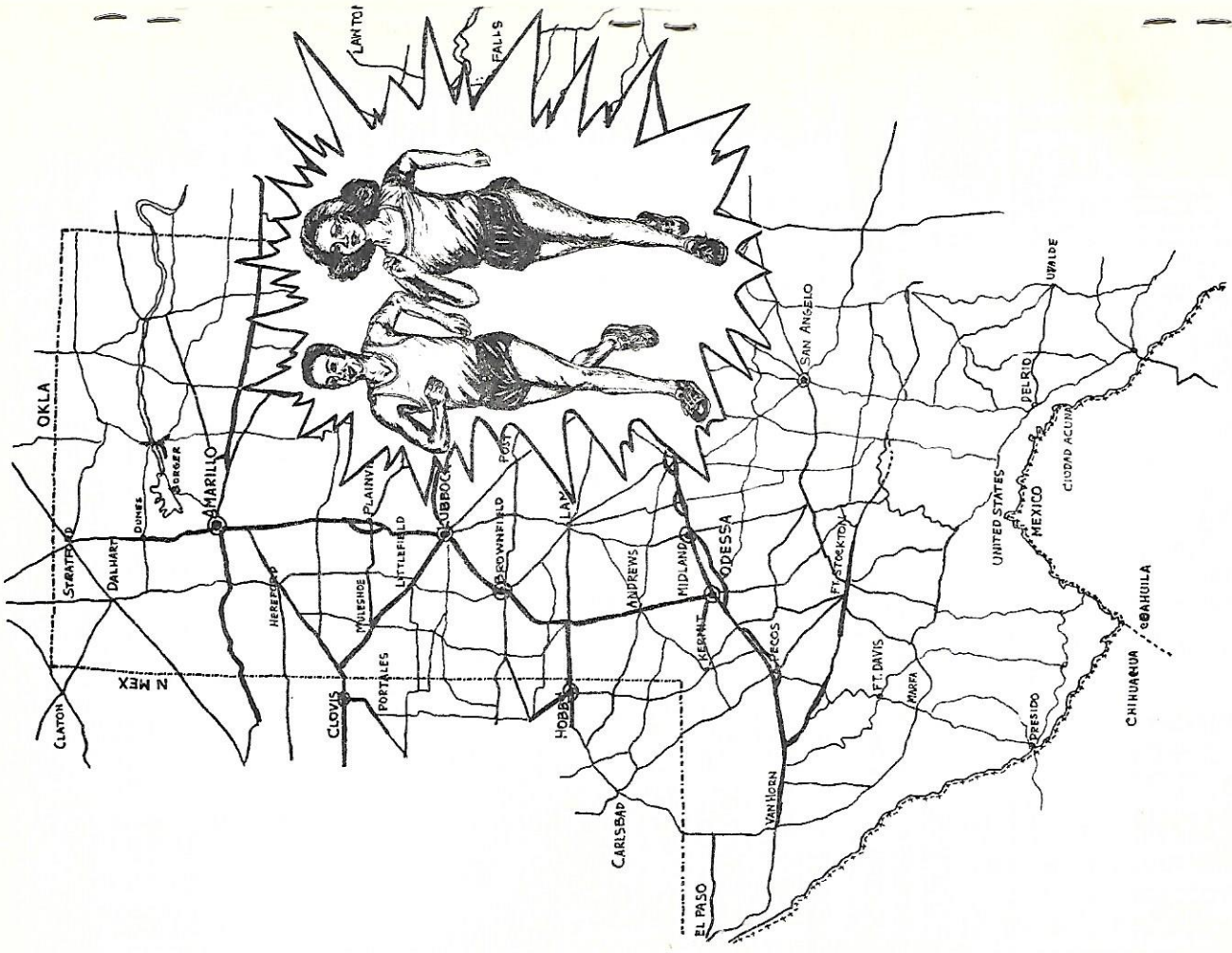
Southwestern Club of West

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Nov 79

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West Texas Running Club
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WEST TEXAS RUNNING CLUB NEWSLETTER

NOVEMBER 1979

December Club Race

DISTANCE: 7 Mile and 2 Mile Runs
DATE: Saturday, December 8, 1979
TIME: 10:00 AM
LOCATION: Base of Wink Hill, Highland Range Park, North Concho Lake, San Angelo, Texas (See Map)

<u>7 Mile</u>	<u>Divisions</u>	<u>Trophies</u>	<u>2 Mile</u>	<u>Trophies</u>
Open	Open	First 4	Open	First 4
30-39	High School & under	First 4	High School & under	First 4
40-49	30 & Over	First 4	30 & Over	First 4
50 & Over	Girls (24 & Under)	First 3	Girls (24 & Under)	First 3
Ladies	Ladies (25 & Over)	First 3	Ladies (25 & Over)	First 3

Entry Fee: Club Members \$1.00
 Non-club Members \$2.00

Course: Asphalt Roads all the way, hilly
 2 Mile - out and back
 7 Mile - looped course

For more information contact: Race Director - Tom Mayfield
 2537 T.C.U., San Angelo, TX 76901
 Phone: (915) 944-3157

COURSE RECORDS

<u>7 Mile</u>	<u>Overall Record:</u>	<u>Club Member's Record:</u>	<u>30-39 Record:</u>	<u>40-49 Record:</u>	<u>Club Member:</u>
	Desmond O'Connor	John Bednarski	Ireland	35:12	1976
		Tom Mayfield	29, Odessa	35:26	1978
		Dale Thompson	38, San Angelo	36:37	1977
		Tom Mayfield	Amarillo	39:44	1977
			40, San Angelo	39:47	1978

50 & Over Record: Swoose Alexander 58, McCamey 51:37 1977
Ladies Record: Gene Sanders 37, San Angelo 53:49 1978
Club Member: Lana Tighe 31, Odessa 51:54 1978

2 Mile

Overall Record: Dave Bauer 18, San Angelo 10:05 1976
Club Member's Record: Cliff McCurdy 24, Lubbock 10:34 1978
High School Record: Carlos Ybarra 16, Lamesa 10:53 1978
30 & Over Record: Herb McDaniel 32, Hobbs, NM 11:47 1976
Girl's Record: Carol Tylka 17, Odessa 15:05 1978
Ladies Record: Caylene Caddell 25, Lubbock 13:43 1977

SCHEDULE OF EVENTS

- *1. Saturday-December 8:** 7 Mile and 2 Mile Runs, 10:00 AM North Concho Lake, San Angelo, TX. Contact Tom Mayfield, 2537 T.C.U., San Angelo 76901, (915) 944-3157.
- 2. Saturday December 8:** Kent Waldrep 10K, 9:30 AM, Ft. Worth, TX. Contact Frank Dawson, (817) 267-3891. Write 611 Ryan Plaza Dr., Suite 1424-A, Arlington, TX 76011.
- 3. Saturday December 8:** Will Rogers Marathon, 10:00 AM, Tulsa, Okla. Contact Joe McDaniel, 1416 South Marion, Tulsa, OK 74112.
- 4. Saturday December 8:** SARRC Annual 10 Mile Run, San Antonio, TX.
- 5. Saturday December 8:** Mission Trails, 10 Mile Run, 9:00 AM, SARRC, Mission County Park, San Antonio, TX.
- 6. Saturday December 8:** Baton Rouge Marathon, Baton Rouge, LA. Write P.O. Box 1227, Baton Rouge, LA 70821.
- 7. Saturday December 15:** Lite Beer Run-A-Thon, 5000M, 10:00 AM, Hogan Park, Midland, TX. Contact Jack Petty, Rt. 4, Box 1077, Odessa, TX 79763, (915) 381-4804.
- 8. Saturday December 15:** ARC Arlington Winter Run, 9:00 AM Woodland West Rec. Center, 10K and 2 Mile fun run. Contact Don Zetnick, (817) 461-2281, Jim Beam, (817) 465-9089.
- 9. Saturday December 15:** Irving Holiday Charity Run 15K, 9:00 AM, Irving, TX. Contact Clyde DeLoach, 1205 Ichabod Ct., Irving, TX 75061, (214) 254-4703 (home), or (214) 258-3900 (business).

10. Saturday December 15: Davis Mountain Marathon, 9:00 AM, Prude Ranch, Ft. Davis, TX. Contact John Prude, Prude Ranch, Box 1431, Ft. Davis, TX 79734 (915) 426-3347.
11. Saturday December 15: GAAU 30 KM Championships, 10:00 AM, Kingwood. Contact C. Fortinberry, (713) 358-8623.
12. Tuesday January 1: New Year's Day 1, 3, 5, and 10 Mile Runs 9:30 AM, Epworth United Methodist Church, Carlsbad, NM. Banquet & Running Clinic on New Year's Eve. Write Epworth United Methodist Church, 1406 West Blodgett, Carlsbad 88220. Phone (505) 887-7501.

- *13. Saturday January 12: Palo Duro Canyon Marathon and 4 Mile Run, 10:00 AM, Contact Bob Dunbar, 6526 Fulton, Amarillo, TX 79109.
14. Saturday January 19: Houston Marathon, 8:00 AM. Contact Curry Hall, 12318 Nova Ct., Houston, TX.
- *15. Saturday February 9: 8 Mile and 3 Mile, 10:00 AM, Brownfield, TX.
16. Saturday February 23: Cowtown Marathon and 10KM Run, 9:00 AM, Ft. Worth, TX. Contact Dr. Bob Kaman, Institute for Human Fitness, Camp Bowie at Montgomery, Ft. Worth, TX 76107.

*WTRC Regular Monthly Run

13 Mile & 2 Mile Races - Saturday November 10, 1979
 10:00 AM Buffalo Springs Lake, Lubbock, Texas
 Temperature: 32 degrees, Humidity: 82%, Wind: 12 mph from ESE
 Conditions: Snow & fog

If it's freezing and snowing, it must be the day of the WTRC November Buffalo Lakes race. Seriously, this kind of weather is getting so routine for our November race, that if our runners woke up on race day and saw a nice day, they would probably roll over and go back to sleep. Maybe we could try a human sacrifice. Any volunteers?

In the 13 Mile, Tom Mayfield showed everyone that just because a runner moves into the 40-49 age group doesn't mean he can't still clean every one's plow. Tom showed his heels to everyone as he came home in 1:15:45, and in the process took 3:32 off of the 40-49 record. The snowflakes also didn't bother Tom Bowser, as his 1:35:50 lowered the 50 & Over age group record by 4:31.

There were a number of intentional ties in the 13 Mile as quite a few runners, who had run together a long distance in lousy conditions, felt a great degree of camaraderie with their fellow sufferers.

The 13 Mile also featured an exciting duel between Ray Lamont and Warren Brown in the last 200 yards, as they both gave it everything they had in an all out sprint. The lead changed hands a couple of times before Ray managed to nip Warren by one second.

The 2 Mile also saw a couple of exciting contests. John Bednarski and Jimmy Whitley finished in an identical time of 10:09, but John managed to step across the line first. His time was good for a new 30-39 record.

In the Ladies Division, Johnnie Peoples came on fast in the last few yards to go across the line in what looked like a dead heat with Sarah Lamont. Apparently Johnnie and Sarah agreed between themselves that Johnnie had been a little ahead.

13 MILE RESULTS

	Name	Age	Town	8 Mi. Time	Overall Time	Per Mi. Avg
* 1.	Mayfield, Tom	40	San Angelo	46:30	1:15:45	5:49.6
2.	Stallings, Steve	27	Midland	46:12	1:16:09	5:51.4
3.	McCurdy, Cliff	25	Lubbock	48:07	1:18:29	6:02.2
4.	Cunningham, Bobby	39	Abernathy	49:12	1:19:58	6:09
5.	Trompler, John	32	Lubbock	49:28	1:20:16	6:10.4
	Kitten, Greg	27	Staton	49:36	1:20:16	6:10.4
7.	Leonard, John	23	Lubbock	49:09	1:21:06	6:14.3
8.	Ramirez, Octaviano	21	Brownfield	52:44	1:23:35	6:25.7
9.	Arellano, Henry	21	Lubbock	50:11	1:24:19	6:29.1
10.	Elsweiler, John	27	Lubbock	52:18	1:25:13	6:33.3
11.	Navarro, Johnny	19	Brownfield	52:50	1:25:35	6:35.3
12.	Longoria, Joe	28	Plainview	52:54	1:26:11	6:37.7
13.	Jones, Royce	38	Clovis, NM	53:40	1:28:11	6:47
14.	Millsap, Howard	43	Odessa	54:47	1:29:11	6:51.6
15.	Wilson, Steve	25	Lubbock	55:00	1:31:07	7:00.5
16.	Miller, Sean	18	Lubbock	58:17	1:33:27	7:11.3
17.	Hamrin, Bob	44	Lubbock	56:10	1:33:41	7:12.3
18.	Borger, Alan	43	San Angelo	59:09	1:34:53	7:17.9
	Anderson, Roger	42	San Angelo	59:09	1:34:53	7:17.9

20.	Jury, George	43	Lubbock	58:14	1:35:106	7:18.9
21.	Miller, John	47	Lubbock	59:09	1:35:137	7:21.3
*22.	Bowser, Tom	52	Odessa	58:44	1:35:150	7:22.3
23.	Hartman, Bernard	45	Lubbock	59:16	1:36:154	7:27.2
24.	Mendez, Jose	28	Lubbock	58:51	1:37:119	7:29.1
25.	MacLean, Joe	34	Lubbock	61:52	1:38:112	7:33.2
26.	Coppin, Gene	46	Lubbock	60:44	1:40:106	7:42
27.	Barrow, Frank	35	Tahoka	61:05	1:40:141	7:46
28.	Stewart, Randall	26	Lubbock	61:05	1:42:122	7:52.4
29.	Golden, Doyle	38	Lubbock	62:30	1:42:145	7:54.2
30.	Haus, Earl	23	Ft. Worth	65:01	1:43:144	7:58.7
31.	Smith, Shoen	23	Lubbock	64:59	1:43:148	7:59
32.	Lemont, Rey	33	Lubbock	64:56	1:45:133	8:07.1
33.	Brown, Warren	58	Amargillo	63:50	1:45:134	8:07.2
34.	Mueller, Ed	25	Ft. Worth	65:00	1:45:153	8:08.6
35.	Greer, Mike	40	Lubbock	66:54	1:48:129	8:20.6
36.	Tyler, Ronnie	22	Lubbock	67:30	1:48:136	8:21.2
37.	Clements, John	23	Lubbock	67:58	1:48:139	8:21.4
38.	Hewitt, Jerry	37	Seminole	68:30	1:48:139	8:21.4
39.	Doyle, David	29	Lubbock	72:09	1:49:124	8:24.9
40.	Unregistered runner			68:28	1:49:128	8:25.2
41.	Domeig, Lan	23	Lubbock	72:09	1:49:129	8:25.3
42.	Daly, John	32	Lubbock	69:35	1:50:130	8:30
43.	Schultz, Bob	38	Lubbock	68:24	1:51:140	8:35.3
44.	Long, Gerald	44	Lubbock	70:41	1:53:139	8:44.5
45.	Haus, Cindy	22	Ft. Worth	68:30	1:54:109	8:46.8
46.	Vernon, Ed	49	Snyder	70:57	1:54:142	8:49.3

5

47.	Wise, Buddy	49	Lubbock	70:44	1:57:150	9:03.8
48.	Robinson, G.W.	55	Lubbock	72:00	2:01:05	9:18.8
49.	Wilson, Suzanne	26	Seminole	74:09	2:02:46	9:26.6

*New Age Group Record

DIVISION AWARD WINNERS

	Open	30-39	40-49	50 & Over	Ladies
1st	Steve Stallings	Bobby Cunningham	Tom Mayfield	Tom Bowser	Cindy Haus
2nd	Cliff McCurdy	John Trompler	Howard Millsep	Warren Brown	Suzanne Wilson
3rd	Greg Kitten	Royce Jones	Bob Hamrin	G.W. Robinson	
4th	John Leonard	Joe MacLean	Alan Berger		
5th	Octaviano Ramirez	Frank Barrow	Roger Anderson		
6th	Henry Arellano	Doyle Golden	George Jury		

2 MILE RESULTS

	Name	Age	City	Time	Per Mi. Avg
* 1.	John Bednarski	30	Odessa	10:09	5:04.5
2.	Jimmy Whitley	29	Odessa	10:09	5:04.5
3.	Pat Handren	20	Lubbock	11:35	5:48
4.	Herbert Perez	19	Brownfield	11:42	5:51
5.	Bob Giffin	34	Cotton Center	11:47	5:53.5
6.	Vance Morrison	18	Abernathy	11:53	5:56.5
7.	Shane Cunningham	17	Abernathy	11:57	5:58.5
8.	Norman Pittenger	42	El Paso	12:04	6:02
9.	Brent Tidwell	22	Lubbock	12:09	6:04.5
10.	Jasper Peoples	44	Dumas	12:16	6:08
11.	John Mitchell	25	Lubbock	12:21	6:10.5

6

12.	Isabel Navarro	21	Brownfield	12:40	6:20
13.	Robert Gorsline	38	Lamesa	12:50	6:25
14.	Bobby Birdsong	38	Levelland	13:07	6:33.5
15.	Oscar Zertuche	38	Big Spring	13:29	6:44.5
16.	Jimmy Garth	22	Lubbock	13:55	6:57.5
17.	Dennis Smiley	29	Big Spring	14:00	7:00
18.	Ralph Wolf	42	Abernathy	14:01	7:00.5
19.	Janet Mitchell	23	Lubbock	14:01	7:00.5
20.	Susan Tomlinson	22	Texas Tech	14:23	7:11.5
21.	Jimmie J. Key	42	Snyder	14:41	7:20.5
22.	James Livermore	32	Lubbock	14:55	7:27.5
23.	Johnnie Peoples	42	Dumas	15:15	7:37.5
24.	Sarah Lamont	32	Lubbock	15:15	7:37.5
25.	Roxanne Whitten	12	Canyon	15:53	7:56.5
26.	Catherine Norfleet	17	Lubbock	15:57	7:58.5
27.	Francyne Underwood	27	Lubbock	16:06	8:03
28.	Barbara Byer	22	Canyon	16:41	8:20.5
29.	Jerry James Whitten	9	Lubbock	16:42	8:21
30.	Ann Trompler	29	Lubbock	16:48	8:24
31.	Jerry Whitten	36	Canyon	16:58	8:29
32.	S. Gonzales	16	Levelland	17:53	8:56.5
33.	Mary Ann Whitten	10	Canyon	18:36	9:18
34.	James Whitten	6	Canyon	19:53	9:56.5
35.	Tinna Kennedy	12		20:00	10:00

*New Age Group Record

DIVISION AWARD WINNERS

<u>Open</u>	1st Jimmy Whitley	2nd Pat Handren	3rd Herbert Perez	4th Brent Tidwell
<u>High School & Under</u>	Vance Morrison	Shane Cunnigham ham	Jay Whitten	S. Gonzales
<u>30-39</u>	John Bednarski	Bob Giffin	Robert Gorsline	
<u>40 & Over</u>	Norman Pittenger	Jasper Peoples	Ralph Wolf	
<u>Girls</u>	Isabel Navarro	Janet Mitchell	Susan Tomlinson	Roxanne Whitten
<u>Ladies</u>	Johnnie Peoples	Sarah Lamont	Francyne Underwood	Ann Trompler

HANDICAPS FOR DECEMBER 8, 1979 7 MILE RUN

	Prev. Avg. Perf. Level	13 Mi or 2 MI Perf. Level	New Avg Perf. Level	7 Mile Handicap Time
1.	Bobby Richardson	777.4	----	777.4
2.	John Bednarski	794.4	703.7	761.7
3.	Jimmy Whitley	818.3	703.7	761.0
4.	Robert Schooler	753.2	----	753.2
5.	Carlos Ybarra	741.7	----	741.7
6.	Cliff McCurdy	759.0	652.0	730.4
7.	Steve Stallings	742.0	693.6	724.5
8.	Jack Petty	703.9	----	703.9
9.	Bobby Cunningham	705.9	626.9	684.5
10.	Tom Mayfield	648.9	700.9	674.7
11.	Jim Hogan	669.2	----	669.2
12.	Bob Dunbar	656.3	----	656.3
13.	John Trompler	591.3	621.9	614.6

14. Henry Arellano	none	558.25	609.7	41:40	41. Danny Kennedy	464.9	----	464.9	46:44
15. Johnny Navarro	587.8	538.6	594.9	42:07	42. Sheriff Easterling	458.6	----	458.6	46:58
16. Ron Shew	588.0	----	588.0	42:18	43. Gene Adams	455.1	----	455.1	47:21
17. Shane Cunningham	602.0	481.9	586.4	42:22	44. Tom Bowser	422.7	406.7	447.3	47:28
18. Wally Hamrin	581.6	----	581.6	42:32	45. Donald Webb	445.4	----	445.4	47:32
19. John Elsewiler	561.2	544.9	563.0	43:11	46. George Jury	439.8	415.2	438.9	47:46
20. Justin Reef	555.1	----	555.1	43:27	47. David Hilburn	420.5	----	420.5	48:31
21. Joe Stewart	540.6	----	540.6	43:58	48. Sam Richardson	417.0	----	417.0	48:40
22. Jack Shropshire	534.8	----	534.8	44:10	49. Mindee Mayfield	415.7	----	415.7	48:44
23. Rick Ricketts	534.0	----	534.0	44:12	50. Robert Gorsline	409.6	395.8		48:50
24. Joe Longoria	479.3	531.0	527.6	44:25	51. Bernard Hartman	403.5	394.3		48:58
25. Jeff Stewart	524.4	----	524.4	44:32	52. Bruce Blankenship	410.5	----	410.5	48:59
26. Terry Diveley	519.6	----	519.6	44:42	53. Gene Coppin	432.1	359.3	409.6	49:01
27. Don Sanderson	517.0	----	517.0	44:47	54. Larry Isom	408.1	----	408.1	49:05
28. Howard Millsap	509.3	489.3	516.4	44:49	55. Gene Carlisle	404.7	----	404.7	49:15
29. David Drennan	515.9	----	515.9	44:50	56. Swoose Alexander	403.6	----	403.6	49:18
30. Pee Wee Halsell	508.2	----	508.2	45:06	57. Joe Fiola	402.4	----	402.4	49:21
*31. Joe Tighe *	504.6	----	504.6	45:13	58. Ray Lamont	422.8	304.4	395.6	49:40
32. Norman Pittenger	518.4	469.8	502.4	45:18	59. Jerry Birdsong	393.6	----	393.6	49:46
33. Ford Roberson	502.2	----	502.2	45:18	60. Bobby Birdsong	345.9	370.6	376.5	50:34
34. Bob Giffin	none	499.6	497.9	45:27	61. John Mitchell	none	441.3	369.5	50:53
35. Thomas Boyle	497.5	----	497.5	45:28	62. Richard Morgan	361.4	----	361.4	51:16
36. Bob Hamrin	502.2	432.0	485.3	45:57	63. Frank Barrow	336.6	353.2	341.1	52:13
37. Tommy Slaughter	483.8	----	483.8	46:01	64. Warren Brown	361.7	304.3	340.0	52:16
38. Richard Kleinhans	481.4	----	481.4	46:08	*65. Carol Tyika *	318.2	----	318.2	53:18
39. Isabel Navarro	none	411.1	475.9	46:21	66. Mike R. Greer	327.4	277.2	311.8	53:41
40. John Yee	471.1	----	471.1	46:31	67. Steve Shropshire	311.8	----	311.8	53:41

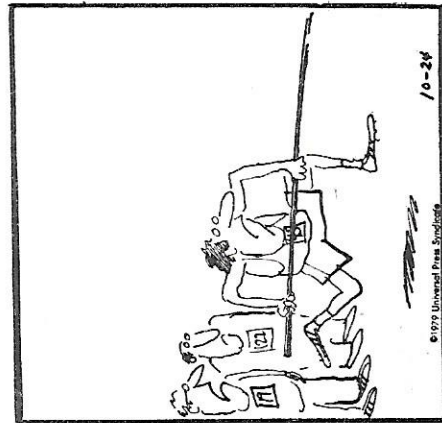
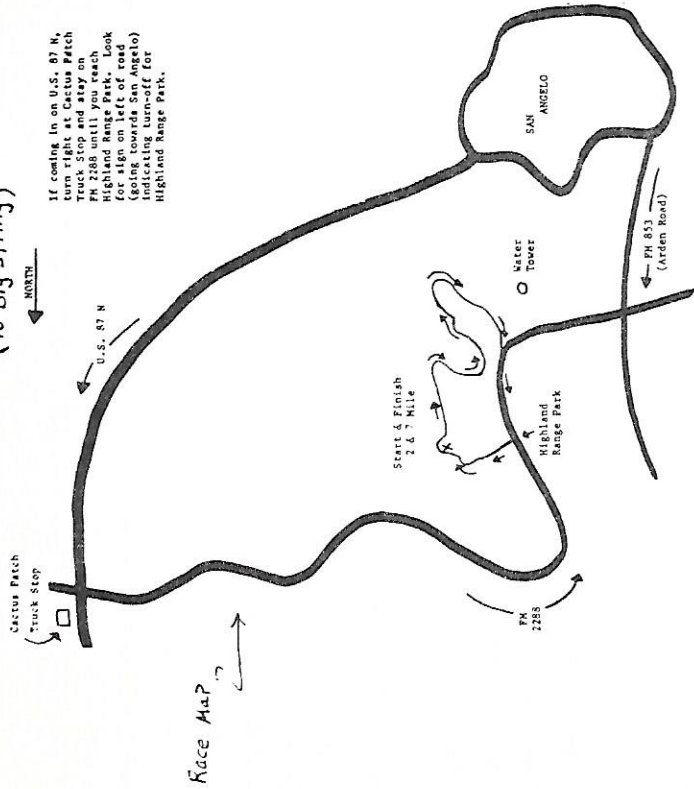
95. Tina Kennedy 14.2 below zero 6.011 76:15
 96. James Whitten zero below zero 76:53

*Must run in WTRC Race on December 8, 1979, to remain on Handicap List.

HANDICAP RESULTS - NOVEMBER 10, 1979 13 MILE RUN

Rank	Name	Handicap	Time	Actual	Difference
68.	Bill Oates	306.6	---		
69.	Doug Hale	304.5	---		
70.	Sompis Richardson	292.9	---		
71.	Baugh Lewis	291.0	---		
72.	Janet Mitchell	249.1	297.5		
73.	Ed Vernon	331.7	224.1		
74.	Buddy Wise	279.2	199.4		
75.	Bill Moore	260.9	---		
76.	John Daly	none	259.5		
77.	Bill Cagle	255.1	---		
78.	Dan Pultatie	249.9	---		
79.	Clyde Wilson *	249.8	---		
80.	Frank Taylor	244.5	---		
81.	James Livermore	217.0	233.1		
82.	Sarah Lamont	245.6	211.2		
83.	Brenda Barrett	230.1	---		
84.	Jay Whitten	300.1	126.1		
85.	Nancy Adams	215.2	---		
86.	Darlene Roos	187.2	---		
87.	Melissa Cobhart	179.8	---		
88.	Arlene Ragan	170.7	---		
89.	Jerry Whitten	130.5	112.0		
90.	Mary Ann Whitten	196.2	34.7		
91.	Roxanne Whitten	162.1	172.1		
92.	Bob Schooler	109.0	---		
93.	Cathy Roberson	101.3	---		
94.	Dianna Fayo	87.9	---		
1.	Joe Longoria	1:29:56	1:26:11	- 3:45	
2.	Tom Mayfield	1:18:40	1:15:45	- 2:55	
3.	John Trompler	1:22:10	1:20:16	- 1:54	
4.	Frank Barrow	1:42:17	1:40:41	- 1:36	
5.	Barnard Hartman	1:36:06	1:36:54	+ 0:48	
6.	John Elsweller	1:24:07	1:25:13	+ 1:06	
7.	Tom Bowser	1:34:27	1:35:50	+ 1:23	
8.	Howard Millsap	1:27:43	1:29:11	+ 1:28	
9.	George Jury	1:33:03	1:35:06	+ 2:06	
10.	Steve Stallings	1:13:36	1:16:09	+ 2:33	
11.	Johnny Navarro	1:22:23	1:25:35	+ 3:12	
12.	Bobby Cunningham	1:15:29	1:19:58	+ 4:29	
13.	Mike R. Greer	1:43:12	1:48:29	+ 5:17	
14.	Bob Hamrin	1:28:14	1:33:41	+ 5:27	
15.	Warren Brown	1:39:53	1:45:34	+ 5:41	
16.	Cliff McCurdy	1:12:44	1:18:29	+ 5:45	
17.	Gene Coppin	1:33:41	1:40:06	+ 6:25	
18.	Buddy Wise	1:48:16	1:57:50	+ 9:34	
19.	Ray Lamont	1:34:27	1:45:33	+11:06	
20.	Ed Vernon	1:42:46	1:54:42	+11:56	

(To Big Spring)



"THEY HAVE A LOUSY TEAM. THAT'S ONE OF THEIR HIGH JUMPERS!"

NEWS OF MEMBERS

Carol Tylka is recovering from an operation in Brookhaven Hospital in Dallas. Friends who would like to write or call her should write to room no. 338 or call (214) 247-1701. When she returns to school, you can write to her at P.O. Box 6854, NTSU, Denton, 76203.

Jack Petty did some hard running in Abilene last week. On Saturday, November 10th, at 8:00 am, Jack ran a 5KM race in 17:24, and despite running in sweats and into a 10-12 MPH wind, finished first overall. He then came back at 9:00 am and led all the way in a 5 mile race to win in 26:08.

Jack came back on the next day (Sunday) to run a PR in the 10,000 meter as he took second place overall in 31:46 (Close to 820 point level).

Received a letter from John Alexander saying hello to everyone. John has been missing from action for a long time due to continuing foot and ankle problems. John says he has been to every podiatrist he can find, but has not been able to cure the problem. He has made up his mind, he says, to just go ahead and run with pain, and says that he hopes to see everyone soon.

"ACTIVE SPORTSWEAR FOR GUYS-GALS & LITTLE PALS"



AAA ADMINISTRATOR
(805) Phone 784-641

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LURENCE, TEXAS 76184

"RUNNING GEAR"

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ADULTS USE THIS FORM

WAIVER OF RESPONSIBILITY

In consideration of my entry acceptance in the West Texas Running Club's Palo Duro Canyon Marathon and Four-Mile Run to be held on January 12, 1980, I do hereby, for myself, my heirs and executors, release and forever discharge any and all rights and claims for damages which I may have or which may accrue to me against the West Texas Running Club, the State of Texas Parks and Wildlife Department, and the State of Texas of their respective officers, agents and employees, for any and all damages which may be suffered by me in connection with my participation in said run.

Signature _____

DATE: _____

Please enter me in the Palo Duro Canyon Marathon Four Mile Run (Check one) On January 12, 1980. My entry fee and waiver of responsibility are enclosed. PLEASE PRINT ALL INFORMATION

NAME _____ AGE _____

ADDRESS _____

COMPETING IN (DIVISION) T-SHIRT SIZE _____

Make checks or money orders payable to "The West Texas Running Club" Mail entry blank with entry fee and signed waiver of responsibility to:

Bob Dunbar
6526 Fulton
Amarillo, Texas 79109

Table with 3 columns: Club Name, Club Address, and Club Phone Number. Lists clubs like Lubbock, Amarillo, Brownfield, etc.

EMERY TO PARK: The Palo Duro Canyon State Park requires a flat fee of \$1.00 per car to enter the park. This fee over and above race entry fees and goes entirely to the State as standard fee for entering the park.

RESULTS: Results will be mailed to all entrants one month after the race. The shirt to all entrants except high school & 15 & under...

EMERY TO PARK: The Palo Duro Canyon State Park requires a flat fee of \$1.00 per car to enter the park. This fee over and above race entry fees and goes entirely to the State as standard fee for entering the park.

ADULTS USE THIS FORM WAIVER OF RESPONSIBILITY In consideration of my entry acceptance in the West Texas Running Club's Palo Duro Canyon Marathon and Four-Mile Run to be held on January 12, 1980, I do hereby, for myself, my heirs and executors, release and forever discharge any and all rights and claims for damages which I may have or which may accrue to me against the West Texas Running Club, the State of Texas Parks and Wildlife Department, and the State of Texas of their respective officers, agents and employees, for any and all damages which may be suffered by me in connection with my participation in said run.

MINORS USE THIS FORM

WAIVER OF RESPONSIBILITY

In consideration of my (son's, daughter's, ward's) entry acceptance in the West Texas Running Club's Palo Duro Canyon Marathon and Four Mile Run to be held on January 12, 1980, I hereby agree to (his, her) participation and waive, release and forever discharge any and all rights and claims for damages which may accrue against the West Texas Running Club, the State of Texas Parks and Wildlife Department, the State of Texas or their respective officials, agents and employees, for any and all damages which may be suffered by my said (son, daughter, ward) in connection with (his, her) entry and participation in said run.

Signature

Parent or Guardian of:

Date:

Please enter me in the Palo Duro Canyon _____ Marathon
Four Mile Run _____

(check one) On January 12, 1980 My entry fee and waiver of responsibility are enclosed. PLEASE PRINT ALL INFORMATION

Name _____ AGE _____

ADDRESS _____

COMPETING IN (DIVISION) _____ T-SHIRT SIZE _____

Make checks or money orders payable to "The West Texas Running Club" Mail entry blank with entry fee and signed waiver of responsibility to:

Bob Dunbar
6526 Fulton
Amarillo, Texas 79109

MEET OFFICIALS

JACK PETTY - Meet Dir., V.Pres. West Tx Running Club, W. TX AAU-DR Chairman, Texas TC, Asst. Coach, Competes in open end Sub-Masters Meets, 1979 TFA 800 Meters Champ, 1979 AAU 1500 Meters Champ, (Sub-Masters.)
MARGARET ELLISON - Asst. Dir., Coach, Tx T.C., Coach on several U. S. National Teams, AAU Repres. Has had 2 athletes in every Olympic Trials since 1960. Coaches Men and Women very successfully.
JAMES SEGREST - Finish Judge, Odessa Coll. X-C, T&F Coach, former ACC relay world record team member, 1979 World Univ. Games Coach at Mexico City for U. S. Team, numerous honors as athlete and coach.
CORKY OGLESBY - Finish Judge - Texas Tech X-C, T&F Coach.
CAROL TYLKA - Inspector - NTSU X-C, T&F Girls age division AAU All American 1978.
VANESSA STERLING - Inspector, T.T.C. distances.
KEN HAMMONDS - Inspector, Ector High School T&F Coach, Girl Team.
HAROLD WHITLEY - Starter, Ector Co. Parks & Rec. Dept. "Recreation Dir." for several years. Serves as W. Tx Running Club official annually.
BARRY ROEDENHAVER - O.C. Athlete Dir.
DWAYD MCKELROY - Registration, WTRC official annually.
KAY MCKELROY - Registration, WTRC official annually.
JOHN MCKENZIE - NTSU T&F Coach Men & Women.
DON HOOD - Judge at Finish ACU X-C, T&F Coach. Host of past several NATA T&F Championships as Meet Director.
MIKE PALAMARCHUK - Trainer Ector H.S. Athletic Trainer, Military background, athletic competitor.
ASSISTANTS: To Clerk & Officials.
Gayle Gregg & Associates
"The Bar" Officials
Mike Cool & Assis.

5 Km RACE DIVISIONS AND AWARDS
IN EACH OF THE FOLLOWING DIVISIONS
9 - under Boys & Girls (Wear Up-Suits, Hat - 3rd Travel Bag 4th - 6th).
10 - 14 Boys: Same as above.
10 - 14 Girls: Same as above.
IN EACH OF THE FOLLOWING DIVISIONS
Warm Up-Suits to 1st - 6th, Travel Bag 7th - 10th.
18 - 24 Men (& open men's)
25 - 29 Men
40 - 44 Men
45 - 49 Men
50 - 59 Men
25 - 29 Ladies
30 - 34 Men
40 - 44 Men
45 - 49 Men
50 - 59 Men
PREDICTED TIME SENSITIVE AWARDS
High School Boys (10 Trophies with division)
High School Girls (10 Trophies with division)
1st thru 25th place (25 coming closest to their 51st thru 100th Beach Towel)
26th thru 50th Travel Bag
51st thru 100th Beach Towel
When You Enter, single write the time you see. You can "Race" or "Run" for 5,000 meters. The person coming closest to First Place, next closest is 2nd place etc. In case of a tie the winners will be determined by Lot.
* Any person having a handicap within 45 days of the meet which would change their division may opt-out for either division upon entering.

"LITE BEER RUN-A-TION"
5,000 METERS
2 SEPARATE RACES

5 mile race-division
Race 10:00 a.m.
Log 11:30 a.m.
Saturday December 15 1979
Highway Park, Midland, Texas, Club Stadium
1000 Linn Hwy. & FM 808

AWARDS
OVER 800
100 Wm. up-suits!
144 Travel Bags
50 Beach Towels
20 High School Trophies

T-Shirts to First 500 Entries.

ENTRY FEE DEADLINE, Mail \$5.00 Before Dec. 11 on Official entry form or Reproduction.
TO: Jack Petty, Meet Dir., Rt. 4, Box 1077 Odessa, Texas 79763 (915) 381-4804
(Late Entry \$7.00 after Dec. 11 up to 30 min. Prior to Race Time.)

* ALL Entry Fees to be donated to the U.S. Senior Track & Field Team!

Plenty of Lite Beer, to all Entrants
* EARLY REGISTRATION APPRECIATED!
and
SPONSOR: "THE BAR" in Midland
W WEST TEXAS RUNNING CLUB