

September 2012

Volume 5, Issue 8

4509 71st Street #907  
Lubbock, TX 79424

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**Race Director's Report**

What a beautiful morning for this Year's runs at the Hot Dam race. We had the opportunity to be at the site before sunrise, and yes, it was a beautiful sunrise over the water. The weather was mild, it was 65 degrees! The race went well. We were happy to see so many young men and women from the public schools cross country programs. It was also great to see lots of smiles of people enjoying the snow cones after the race.

The race went well due to the many good volunteers. Wayne and I thank everyone for your hard work. The volunteers consisted of Dr. George Jury, David Higgins, Suzan Caudle, Randy Holloway, Terry Dalton, Kim Smith, James Bone, Hortencia Deaver, Ann Hodges, Carrie & Larry Byrd, Jennifer Tavarez, Leo Simmacher, Lisa Reimer, Marty Garza, Nathan Paden & Son. Tony Aleman, Jim Thompson, Tommy Sansom, Angie Rajcic, Michaela Jansen, Wendy & Shannon Anderson and Jim & Hortencia Deaver for providing the music for the dance contest. Hope I didn't leave anyone out.

I also need to give a special thanks to all the sponsors we had; American Home Health Care of Lubbock, Oxy Health of Lubbock, Open MRI, American Home Health, Foot Tech, Hospice of the South Plains, Mountain Hideaway for providing the fruit, bagels, water, Gatorade and watermelons, also to Dr. Vanessa Loza for sponsoring the yellow bandanas.

Hope to see you next year!

P.J. Sullivan

**Directors**

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W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Tuesday, September 4, 2012 @ 7:00 p.m. at 3309 67th Street, all members are welcome.

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**Shallowater Stampede**

Saturday, September 8,  
2012

Shallowater High School

Shallowater, Texas

2 Miles & 10K

Race Starts @ 8:00 am

Race Director: Rod Burgett

(806) 548-1796



## Marathon Kids is Coming to Lubbock ISD!

Marathon Kids is coming to Lubbock elementary schools for the 2012-2013 school year. Sixteen elementary schools have signed up to participate in the Inaugural Year of Marathon Kids that will provide 6000 students with the opportunity to run/walk a marathon.

Marathon Kids is a free running/walking and nutrition program for K – 5<sup>th</sup> grade students where children run or walk a marathon (26.2 miles) over a six month period. They run in increments of ¼ - ½ mile at a time, coloring in a Marathon Kids Mileage and Food Log. They are also challenged to eat healthy fruits and veggies! Children participate in the program at school and at home, tracking their miles and healthy eating choices with the help of parents and teachers. Children are able to see their progress as they go, and are rewarded for both beginning and completing the program.

### **Kick Off Celebration:**

Participants and their families are invited to attend this free district-wide community event to get students, parents and teachers excited about participating in the Marathon Kids program. After the Opening Ceremony, the students, along with their parents and teachers run/walk their first ceremonial lap and earn Rewards for participating. The event will be Saturday, September 29, 2012 at the Coronado H.S. Willie McCool Memorial Track and Field.

**Volunteers are needed** to help make this a memorable event for the students. Volunteers are needed for Greeters, Ushers, Start Line Leaders, Finish Line Leaders, Rewards Alley – refreshment stations and rewards tables, DJ, First Aid/Lost and Found Child Tent, Decoration Crew, and Set Up/Clean Up Crew.

### **You May Participate as a Business, Merchant or Other Organization**

After completing the ceremonial lap, students will be directed to the Rewards Alley to receive their Rewards for beginning their marathon. Participating businesses, merchants and organizations will have booths (provided by participant) set up in the Rewards Alley where they will distribute their products (Rewards) to the students. Products (Rewards) may also include healthy beverages and/or snacks. All merchants must provide enough products (Rewards) for at least 6000 students. A cash contribution can be made in lieu of a product. No fundraising or selling of merchandise/services is allowed.

### **The benefits of involvement include:**

Reach a target audience of 6,000 students plus parents and teachers on one day

- No sponsorship costs will be charged to participate
- Enjoy opportunities to acquire new customers or clients at a lower cost than traditional marketing and advertising outlets
- Build employee morale and company pride
- Retain and increase customer loyalty

Align yourself with the nationally recognized and respected Marathon Kids brand

To volunteer or participate as a business, merchant, or other organization, please contact Terry Dalton at [tdalton51@hotmail.com](mailto:tdalton51@hotmail.com) or 806-777-1456.

For more information on Marathon Kids, please visit [www.marathonkids.org](http://www.marathonkids.org) or find us on Facebook! [www.facebook.com/MarathonKids!](http://www.facebook.com/MarathonKids!)

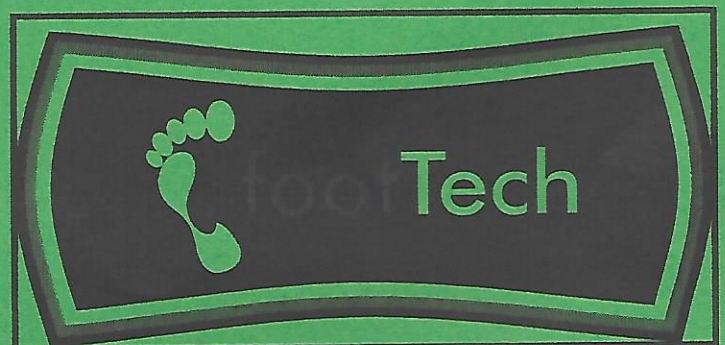


- MEDICAL MASSAGE
- LYPOSSAGE
- SPORT TRAINING

Pj Mitchell, C.C.T., I.M.T



Pager 806.721.9940



Your Lubbock home for foot Technology.

Our Knowledgeable staff will be capable of offering specialized service to all ages and foot types ranging from diabetics to athletes. Foot Tech features brand name shoes such as Brooks, Saucony, Mizuno they also offer a full range of socks and compression wear, orthotics and other foot health accessories are available. All WTRC members receive a 20% discount, please visit us at 3407 34th St next door to Caprock Cafe, phone # 806-799-1122

**HOT Dam 2012**  
**2 MILE OVERALL**  
**August 11, 2012**  
**Results By DH. WTRC**

PI Name	City	Age	Time	Pace	PI Name	City	Age	Time	Pace
1 Kadon Stabeno	Wolfforth, TX	16	11:43	5:52/M	50 Monique Garcia	Lubbock, TX	15	18:24	9:12/M
2 Daniel McGill	Wolfforth, TX	16	11:46	5:53/M	51 John Barrientos	Lubbock, TX	38	18:27	9:14/M
3 Lee Cohen	Lubbock, TX	40	12:02	6:01/M	52 Paul Gaschen	Lubbock, TX	47	18:36	9:18/M
4 Martin Montalvo	Plainview, TX	47	12:07	6:04/M	53 Gary Gressett	Lubbock, TX	65	18:37	9:19/M
5 Hunter Saddler	Lubbock, TX	16	12:27	6:14/M	54 Ronda Russell	Shallowater, TX	42	18:38	9:19/M
6 Stephen Seitz	Clovis, NM	22	13:00	6:30/M	55 Natasha Mathis	Lubbock, TX	32	18:55	9:28/M
7 Chris Ankrum	Lubbock, TX	44	14:02	7:01/M	56 Nonnie Peters	Lubbock, TX	33	19:10	9:35/M
8 Oscar Lopez	Olton, TX	34	14:04	7:02/M	57 Shannon McClendon	Lubbock, TX	40	19:17	9:39/M
9 Samuel Lane	Lubbock, TX	17	14:06	7:03/M	58 Leonard Simnacher	Levelland, TX	27	19:19	9:40/M
10 John Clements	Lubbock, TX	56	14:17	7:09/M	59 Brenden Anderson	Lubbock, TX	10	19:31	9:46/M
11 Alexander Chamales	Lubbock, TX	14	14:24	7:12/M	60 Melissa Chamales	Lubbock, TX	43	19:58	9:59/M
12 Taylor Lindstrom	Texas, TX	17	14:31	7:16/M	61 Destiny Shaffer	Lubbock, TX	15	20:02	10:01/M
13 Kristin Neff	Lubbock, TX	18	14:31	7:16/M	62 Quinn Ankrum	Lubbock, TX	41	20:03	10:02/M
14 Cole Agnew	Lubbock, TX	10	14:32	7:16/M	63 Audrey Deleon	Lubbock, TX	15	20:05	10:03/M
15 David Aguirre	Lubbock, TX	40	14:33	7:17/M	64 Todd Smith	Lubbock, TX	47	20:16	10:08/M
16 Kenny Powell	Lubbock, TX	38	14:39	7:20/M	65 Stacy Cain	Lubbock, TX	39	20:27	10:14/M
17 Sam Wyatt	Lubbock, TX	25	14:50	7:25/M	66 Russ McGuire	Lubbock, TX	35	20:36	10:18/M
18 Kim Correa	Lubbock, TX	16	14:56	7:28/M	67 Michelle Orosco	Earth, TX	37	20:46	10:23/M
19 Jose Alarcon	Muleshoe, TX	30	14:59	7:30/M	68 Jennifer Strong	Lubbock, TX	29	20:56	10:28/M
20 Jerry Morris	Lubbock, TX	61	15:02	7:31/M	69 Owen Sears	Lubbock, TX	58	21:03	10:32/M
21 Jake Speed	Wolfforth, TX	13	15:07	7:34/M	70 Sherri Rodriguez	Slaton, TX	48	21:06	10:33/M
22 David Doyle	Lubbock, TX	53	15:08	7:34/M	71 Emma Wyatt	Lubbock, TX	24	21:12	10:36/M
23 Damon West	Lubbock, TX	32	15:25	7:43/M	72 Debbie Roman	Lubbock, TX	56	21:43	10:52/M
24 Alex Hernandez	Lubbock, TX	18	15:30	7:45/M	73 Selena Thompson	Lubbock, TX	31	21:45	10:53/M
25 Logan Richardson	Lubbock, TX	15	15:32	7:46/M	74 Dayton Castro	Lubbock, TX	24	21:53	10:57/M
26 Rebecca Cooper	Lubbock, TX	31	15:33	7:47/M	75 Ralph Wolf	Lubbock, TX	75	21:56	10:58/M
27 Jaden Wells	Lubbock, TX	12	15:39	7:50/M	76 Jason Calvert	Lubbock, TX	33	21:57	10:59/M
28 Gonzalo Ramirez	Lubbock, TX	56	15:50	7:55/M	77 Mike Punzo	Lubbock, TX	38	22:53	11:27/M
29 Brooke Lindstrom	Lubbock, TX	17	16:04	8:02/M	78 Elizabet Alarcon	Muleshoe, TX	30	22:59	11:30/M
30 Fernando Rivas	Lubbock, TX	26	16:07	8:04/M	79 Keirstin Carson	Lubbock, TX	33	23:03	11:32/M
31 Hedge Martin	Lubbock, TX	37	16:09	8:05/M	80 Cathy Hudson	Wolfforth, TX	45	23:05	11:33/M
32 Kelsey Hix	Lubbock, TX	14	16:11	8:06/M	81 Craig Peterson	Hobbs, NM	55	23:07	11:34/M
33 Isaac Munoz, Jr	Lubbock, TX	36	16:13	8:07/M	82 Rick Lampe	Lubbock, TX	68	23:42	11:51/M
34 Scott Cain	Lubbock, TX	50	16:36	8:18/M	83 Gabby Waldrop	Lubbock, TX	8	23:44	11:52/M
35 Maddie Ward	Lubbock, TX	15	16:44	8:22/M	84 Paige Pierce	Plainview, TX	7	23:45	11:53/M
36 Taylor Lawrence	Lubbock, TX	14	16:58	8:29/M	85 James Pratt	Lubbock, TX	70	24:17	12:09/M
37 Valeri Gatlin	Lubbock, TX	45	17:04	8:32/M	86 Julie Randolph	Lubbock, TX	53	24:26	12:13/M
38 Sandra Torres	Lubbock, TX	44	17:05	8:33/M	87 Lisa Martell	Lubbock, TX	38	24:34	12:17/M
39 Jack Bearden	Lubbock, TX	65	17:10	8:35/M	88 Gina German	Lubbock, TX	22	24:38	12:19/M
40 Landon Lewis	Lubbock, TX	27	17:11	8:36/M	89 Ben McClendon	Lubbock, TX	9	25:38	12:49/M
41 Sharla Kinman	Lubbock, TX	44	17:13	8:37/M	90 Jill Jaquess	Lubbock, TX	34	26:09	13:05/M
42 Ed Price	Lubbock, TX	56	17:32	8:46/M	91 Ashley Nelson	Lubbock, TX	34	26:09	13:05/M
43 Kate Kitchens	Ransom Canyon, TX	14	17:36	8:48/M	92 Jeff Hagins	Lubbock, TX	45	26:47	13:24/M
44 Tatiana Martinez	Lubbock, TX	15	17:45	8:53/M	93 Bill Felton	Lubbock, TX	77	27:37	13:49/M
45 Rodney Smith	Lubbock, TX	51	17:50	8:55/M	94 Josie Aleman	Lubbock, TX	61	28:18	14:09/M
46 Ross Cohen	Lubbock, TX	9	18:00	9:00/M	95 Joann Barrientos	Lubbock, TX	38	32:38	16:19/M
47 Whitney Willborn	Lubbock, TX	16	18:11	9:06/M	96 Jan Simnacher	Levelland, TX	59	33:14	16:37/M
48 Kelsi Wilson	Lubbock, TX	16	18:12	9:06/M	97 Jaymie Newman	Lubbock, TX	15	36:11	18:06/M
49 J Edson Pinto	Lubbock, TX	51	18:14	9:07/M					

**HOT Dam 2012**  
**5 MILE OVERALL**  
**August 11, 2012**  
**Results By DH. WTRC**

PI Name	City	Age	Time	Pace	PI Name	City	Age	Time	Pace
1 Quent Bearden	Lubbock, TX	37	27:37	5:31/M	62 Steve German	Lubbock, TX	55	44:26	8:53/M
2 Larry Lovato	Lubbock, TX	26	29:55	5:59/M	63 Jody Dennis	Shallowater, TX	35	45:13	9:03/M
3 Joe Osterkamp	Muleshoe, TX	34	30:31	6:06/M	64 Erica Freeman	Shallowater, TX	34	45:13	9:03/M
4 Bradley Whitworth	Lubbock, TX	26	30:39	6:08/M	65 Mandy Poklikuha	Lubbock, TX	34	45:20	9:04/M
5 Mahmud Alkul	Lubbock, TX	16	31:25	6:17/M	66 Susanne Moore	Lubbock, TX	38	46:04	9:13/M
6 David Rogowski	Lubbock, TX	44	31:58	6:24/M	67 Cathy Paden	Slaton, TX	42	46:13	9:15/M
7 Nicholas Reeves	Lubbock, TX	33	32:09	6:26/M	68 Ron Lubowicz	Lubbock, TX	69	46:20	9:16/M
8 Jason Fellers	Lubbock, TX	32	32:36	6:31/M	69 Coleman Williams	Lubbock, TX	26	46:27	9:17/M
9 Aaron Kelly	Lubbock, TX	29	32:53	6:35/M	70 Sean Anzaldua	Lubbock, TX	27	46:46	9:21/M
10 Dillon Vanwinkle	Lubbock, TX	18	32:57	6:35/M	71 Jerry Adams	Lubbock, TX	36	46:52	9:22/M
11 Gideon Simiyu	Lubbock, TX	16	32:58	6:36/M	72 Crystal Salazar	Lubbock, TX	33	47:01	9:24/M
12 Michael Cooks	Lubbock, TX	16	33:31	6:42/M	73 Ali Nejat	Lubbock, TX	36	47:23	9:29/M
13 Jared Lewis	Lubbock, TX	16	33:31	6:42/M	74 Ben Boston	Lubbock, TX	27	47:30	9:30/M
14 Raja Rajcic	Lubbock, TX	14	34:34	6:55/M	75 Mary Ann Rinehart	Lubbock, TX	48	47:32	9:30/M
15 Brett Peikert	Wolfforth, TX	44	34:49	6:58/M	76 Les Kinman	Lubbock, TX	47	47:47	9:33/M
16 Joshua Leyva	Lubbock, TX	33	34:56	6:59/M	77 Ernesto Cavazos	Plainview, TX	40	48:20	9:40/M
17 Iris Rivero	Lubbock, TX	37	35:05	7:01/M	78 Mike Strum	Carlsbad, NM	61	48:31	9:42/M
18 Eric Fisher	Lubbock, TX	41	35:15	7:03/M	79 Gorden Jenkins	Amarillo, TX	71	48:36	9:43/M
19 Jonathan Webster	Lubbock, TX	23	35:27	7:05/M	80 Julie Polk	Levelland, TX	47	48:40	9:44/M
20 Paul Pare	Lubbock, TX	50	35:40	7:08/M	81 Maritza Gamboa	Lubbock, TX	35	48:49	9:46/M
21 Amanda Boston	Lubbock, TX	28	35:40	7:08/M	82 Deborah Bahme	Lubbock, TX	40	49:22	9:52/M
22 Andrew Allison	Lubbock, TX	31	35:51	7:10/M	83 Brooke Hix	Lubbock, TX	32	49:29	9:54/M
23 William Bagley	Lubbock, TX	18	36:04	7:13/M	84 Gwen Lapple	Lubbock, TX	50	49:38	9:56/M
24 Curtis Norrod	Lubbock, TX	28	36:23	7:17/M	85 Michelle Garcia	Lubbock, TX	36	49:44	9:57/M
25 Geoff Lynn	Lubbock, TX	28	37:18	7:28/M	86 Christy Villalobos	Lubbock, TX	35	49:45	9:57/M
26 Shelby Pritchard	Lubbock, TX	16	37:33	7:31/M	87 Kaci Cechan	Lubbock, TX	28	49:49	9:58/M
27 Timothy Peikert	Wlofforth, TX	18	37:37	7:31/M	88 Ian Scott-Fleming	Lubbock, TX	57	50:07	10:01/M
28 Abel Reyna	Lubbock, TX	49	37:47	7:33/M	89 Lance Ward	Lubbock, TX	44	50:13	10:03/M
29 Alexander Morgan-Fleming	Lubbock, TX	16	38:17	7:39/M	90 Amy McAlexander	Lubbock, TX	31	50:15	10:03/M
30 Christopher Gaschen	Lubbock, TX	15	38:22	7:40/M	91 Heath Halford	Lubbock, TX	33	50:33	10:07/M
31 Mont McClendon	Lubbock, TX	40	38:35	7:43/M	92 Gail Faries	Lebbock, TX	52	50:46	10:09/M
32 Megan Taylor	Lubbock, TX	16	38:40	7:44/M	93 Pam Gaschen	Lubbock, TX	47	50:58	10:12/M
33 Ronnie Adams	Lubbock, TX	37	39:14	7:51/M	94 Shawna Wilson	Shallowater, TX	45	51:29	10:18/M
34 Bryan Timpe	Lubbock, TX	44	39:28	7:54/M	95 Meagan Paris	Levelland, TX	19	51:53	10:23/M
35 Yidong Chen	Lubbock, TX	21	39:45	7:57/M	96 Erin Dulin	Shallowater, TX	34	52:11	10:26/M
36 Jonna Byars	Lubbock, TX	38	39:55	7:59/M	97 Stella Luera	Olton, TX	54	52:31	10:30/M
37 Chris Blazek	Wolfforth, TX	36	40:22	8:04/M	98 Zakri Redding	Lubbock, TX	23	52:53	10:35/M
38 Adam Puckett	Lubbock, TX	41	40:30	8:06/M	99 Ashley Alexander	Lubbock, TX	28	53:11	10:38/M
39 Gary Evans	Lubbock, TX	32	40:32	8:06/M	100 Rachel Behrens	Lubbock, TX	36	53:44	10:45/M
40 Corby White	Farwell, TX	34	40:34	8:07/M	101 April Covington	Lubbock, TX	28	53:50	10:46/M
41 Tyler Trammel	Lubbock, TX	33	40:44	8:09/M	102 Hilary Halford	Lubbock, TX	36	54:37	10:55/M
42 Clint Cechan	Lubbock, TX	28	40:44	8:09/M	103 Marty Adcock	Anton, TX	52	54:57	10:59/M
43 Whitney Smith	Lubbock, TX	17	41:24	8:17/M	104 Teresa Tone	Lubbock, TX	45	55:35	11:07/M
44 Leesa Price	Lubbock, TX	56	41:34	8:19/M	105 Mike Tone	Lubbock, TX	47	55:36	11:07/M
45 Johnny Haynes	Levelland, TX	23	41:46	8:21/M	106 James Livermore	Lubbock, TX	65	55:42	11:08/M
46 Jessica McGill	Wolfforth, TX	15	42:00	8:24/M	107 Christopher Gscheidle	Wolfforth, TX	29	55:45	11:09/M
47 Grace McGill	Wolfforth, TX	18	42:01	8:24/M	108 Chris Bolinger	Lubbock, TX	34	56:12	11:14/M
48 Tom Fallgren	Lubbock, TX	49	42:02	8:24/M	109 Byron Campbell	Lubbock, TX	29	56:13	11:15/M
49 Damon Provence	Sudan, TX	61	42:33	8:31/M	110 Becky Gomez	Lubbock, TX	39	57:00	11:24/M
50 Lindsay Grannan	Lubbock, TX	28	42:41	8:32/M	111 Laura Lappe	Lubbock, TX	46	58:21	11:40/M
51 Nathan Ortiz	Lubbock, TX	23	42:53	8:35/M	112 Etta Mayer	Lubbock, TX	63	58:33	11:43/M
52 Anthony Garza	Lubbock, TX	33	42:55	8:35/M	113 Sarah Gaxiola	Lubbock, TX	60	58:39	11:44/M
53 Keith Whitworth	Lubbock, TX	55	42:56	8:35/M	114 Camille Osterkamp	Muleshoe, TX	34	58:45	11:45/M
54 Brent Adcock	Anton, TX	49	42:57	8:35/M	115 Jay Dulin	Shallowater, TX	38	59:06	11:49/M
55 Jim Deaver	Lubbock, TX	54	43:01	8:36/M	116 Shanna Faries	Lubbock, TX	27	1:02:28	12:30/M
56 Emmanuel Ramirez	Lubbock, TX	29	43:05	8:37/M	117 Chad Taska	Lubbock, TX	26	1:04:50	12:58/M
57 Jaimie Davis	Muleshoe, TX	26	43:23	8:41/M	118 Lory Taska	Lubbock, TX	25	1:04:50	12:58/M
58 Norma Garcia	Lubbock, TX	43	43:28	8:42/M	119 Jessie Aguilar Redding	Garland, TX	51	1:05:33	13:07/M
59 Debbie Gelber	Lubbock, TX	43	43:49	8:46/M	120 Mike Kelley	Lubbock, TX	63	1:06:04	13:13/M
60 Sam Wall	Slaton, TX	63	43:54	8:47/M	121 Gabriela Saldana	Lubbock, TX	48	1:16:00	15:12/M
61 Ronnie Prigg	Lubbock, TX	61	44:20	8:52/M	122 Elizabeth Flores	Lubbock, TX	36	1:20:39	16:08/M

**W.T.R.C. 2012 CHALLENGE SERIES  
STANDINGS AFTER 8 EVENTS**

YTD TOTALS						FEMALE						YTD TOTALS					
7 - 9 FEMALE						30 - 34 FEMALE						45 - 49 FEMALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Paige Pierce	7	35	14	6	*	Ginny McMinn	32	62	49.2	7		Dee Knapp	46	38	33.2	5	*
Gabby Waldrop	8	10	2	1		Angie Sonnenberg	33	49	45.2	5		Julie Polk	47	35	18.2	4	
McKenzie Dulin	9	8	4	3		Nonnie Peters	33	45	10	5		Mars Bennett	49	33	28.7	4	
Kayleb Byrd	10	8	2	1		Brooke Hix	32	38	19.2	5		Theresa Daniel	45	30	19	4	
Laci Stewart	9	7	2	1		Mandy Pokiliuha	34	35	41.5	5		Valeri Galin	45	30	9	3	
Lauren Banta	9	6	2	1		Erin Dulin	33	33	23.3	5		Teresa Tone	45	28	16	4	
Laura Byars	9	3	4	3		Christine Steen	33	31	8	3		Laura Lappe	46	24	20.3	4	*
Julianne Reeves	8	0	1	1		Amy McAlexander	31	30	34.9	5		Heather Williams	46	11	14.3	2	
						Laura Sefcik	30	29	28.3	4	*	Cynthia Sorrensen	48	10	14.7	2	*
10 - 12 FEMALE						YTD TOTALS						YTD TOTALS					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Jubilee Cotton	12	20	5	2		Erica Freeman	24	22	19.3	3		Tommie Gressett	50	9	7	2	*
Brylie Corelis	12	20	4	2		Analisa Cardenas	34	21	6	3		Andi Giberson	47	8	9	2	*
Kyden Corelis	10	19	4	2		Sonia Rodriguez	32	18	19.3	2		Pam Gaschen	47	8	5	1	
Dalliah Ureste	10	14	4	2		Rachael Miller	32	18	9	2		Artie Corelis	46	0	4	1	*
Cynthia Coronado	11	9	3	2		Jennifer Haddock	31	17	13	2							
Rachel Starr	10	8	2	1		Camille Osterkamp	34	17	9	3		50 - 54 FEMALE					
Emily Munoz	11	3	1	1		Lara Rinehart	33	15	15.3	2		AGE	PTS	MILES	EVT	VOL	
Sheridan Wood	11	0	5	1	*	Jeni Nichols	33	14	4	2		Gwen Lapple	50	57	55.2	7	*
Lindsey Larremore	10	0	1	1		Jennifer Farris	33	13	13.7	2		Julie Randolph	53	37	13	5	*
Jesslyn Mortensen	10	0	1	1		Christi Hart	34	12	4	2		Marty Adcock	52	36	23	4	
						Jill Jaquess	34	11	8	2		Carolyn Emre	52	35	11	4	
13 - 15 FEMALE						YTD TOTALS						YTD TOTALS					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Maddie Ward	15	37	16.7	5	*	Amy Hancock	30	10	8.2	2		Mary Branscome	52	10	9.3	1	
Kelsey Hix	14	29	6	3		Ushio Kawai	31	10	2	1		Debbie Aguirre	51	10	3	1	
Victoria Coronado	16	17	4	2		Jana Redwine	32	9	5	1		Kammy Philbrick	51	10	2	1	
Destiny Shaffer	15	12	4	2		Keirstin Carson	33	9	4	2		55 - 59 FEMALE					
Allyson Martin	15	10	4	1		Ellen Johnson	32	9	2	1		AGE	PTS	MILES	EVT	VOL	
Kayla Martin	15	9	2	1		Jessica Smith	32	8	5	2		Ann Hodges	55	65	59.2	8	*
Kate Kitchens	14	7	2	1		Carrie Badillo	35	7	5	1		Debbie Roman	57	57	13	6	
						Lindsey Ring	30	6	10	1		Cheryl Weber	59	40	8	4	
16 - 19 FEMALE						YTD TOTALS						YTD TOTALS					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Journee Cotton	17	50	40.5	5		Amy Swan	30	5	11	1		Leesa Price	56	30	19.3	3	
Lindsey Lawalton	18	19	8	2		Lisa Reimer	34	5	8	2	*	Sarah Gaxiola	60	26	27	4	*
Jessica McGill	15	10	5	1		Melinda Olivarez	34	5	2	1		Jan Simnacher	59	25	16	4	*
Megan Taylor	16	9	5	1		Danette Mortensen	31	3	2	1		Young Moore	56	19	9	2	
Mackenzie Martindale	19	9	2	1		Carric Timmons	32	2	14.3	2		Teresa Munoz	58	9	3	1	
Kyla Daniel	16	8	2	1		Amy Rider	31	1	9.3	1		Suzan Caudle	59	0	57.5	7	**
						Heather Clark	30	1	5	1		60 - 99 FEMALE					
20 - 24 FEMALE						YTD TOTALS						YTD TOTALS					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Kelly Harkey	24	35	13	4		Michelle Stephens	33	1	2	1		Etta Mayer	63	77	59.2	8	
Stephanie Higgins	23	23	24.7	3								Josie Ateman	61	68	17	7	
Jessica Lanham	24	15	15.3	2		Tammy Moriarty	38	70	46.9	7		PJ Sullivan	66	30	64.2	8	**
Amy Martin	23	11	2	1		Iris Rivero	37	62	41	6		Carol Schempp	63	10	2	1	
Jessie Jones	24	10	4	1		Jonna Byars	38	54	42	6		Sue Houser	60	9	4	1	
Emma Wyatt	24	10	2	1		Stacy Cain	39	48	10	5		Carol Felton	69	8	3	1	
Makenzie Schwartner	20	9	2	1		Marcarmen Solis	39	40	20.2	5		Mary Harris	67	0	10	1	*
Tori Mahan	24	8	5	1		Jody Dennis	35	26	20.5	3		Pat Jury	72	0	10	1	*
Nicole Garza	24	7	5	1		Bonnie Bowman	37	25	11	3		ATHENA age graded					
Ameé Ayers	23	6	9.3	1		Broke Rushing	36	21	22.2	4	*	AGE	PTS	MILES	EVT	VOL	
Elizabeth Williams	24	6	2	1		Elizabeth Hadzic	39	15	12.2	2		Gabriela Saldana	48	35	30.2	5	*
Kasey Roberts	25	1	9.3	1		Malinda Colwell	39	14	13	2		Crystal Salazar	33	33	39.3	6	*
Ijeoma Osueke	21	0	13.3	2	*	Ann Marie Hernandez	39	13	4	2		Kim Smith	50	30	14	5	*
						Stacie Bonner	37	9	2	1		Teresa Jourden	28	28	20.2	3	
25 - 29 FEMALE						YTD TOTALS						YTD TOTALS					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Amanda Boston	28	70	54.2	7		Chanda White	39	7	8.7	1		Kristi Starr	41	20	15.3	2	
Angela DeCicco	26	42	28.3	5		Christy Hennigan	36	5	9.3	1		Melanie Ruegg	21	17	4	2	
Allison Forsberg	29	41	28.3	4		Colleen Elbe	37	5	2	1		Aoi Saito	24	10	2	1	
Kaci Cechan	26	27	23	4		Rachel Behrens	36	4	5	1		Beth Hinojosa	32	10	2	1	
April Covington	28	25	20.2	4		Susan Everett	35	4	4	1		Jill Stewart	36	9	2	1	
Alexis Roberts	27	19	30.3	3		Jennifer Tavarez	36	0	5	1	*	Kristina Keyton	34	7	2	1	
Shanna Faries	27	18	21.2	5		Michaela Jansen	39	0	5	1	*	Lidia Curry	53	7	2	1	
Claudia Ramos	27	18	21	2		40 - 44 FEMALE						YTD TOTALS					
Laura Romerc	25	9	8.7	1		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Ashley Williams	27	9	3	1		Wendy Anderson	42	59	40.3	8	*	Shem Patterson	44	6	2	1	
Ashley Williams	27	9	3	1		Debbie Gelber	43	59	39.2	7	*	Leigh Ann Striping	33	5	2	1	
Cameron Burns	28	9	2	1		Sharla Kinman	44	58	38.9	7		Patricia Schempp	37	3	2	1	
Lacey Wilcox	27	8	6	1		Ronda Russell	42	38	10	5		** = RACE DIRECTOR * = VOLUNTEER					
Amanda Williams	26	8	3	1		Cathy Paden	42	34	25.9	4							
Amanda Williams	26	8	3	1		Shannon McClendon	40	31	10	4							
Tiffany Au	25	8	2	1		Sandra Torres	44	29	11	4	*						
Amanda Hinojosa	27	7	6	2		Holly Snodgrass	42	26	22.9	4							
Staci Erickson	29	5	4	1		Christie Hodge	42	22	17.9	3							
Vanessa Aguirre	28	0	10	1	*	Jennifer Adling	41	19	18.2	4							
						Jennifer Foster	44	18	19.5	3							
						Amy Hoffpaur	40	16	14.3	2							
						Wendy Oglesby	40	16	10.7	2							
						Aimeé Ruel	40	13	13.3	2							
						Susan Lewallen	44	13	7	3							
						Melissa Chamales	43	13	5	2							
						Jennifer Snead	42	10	10	1							
						Darla Gleaves	40	10	4	1							
						Deborah Bahme	40	7	5	1							
						Lee Handlin	43	6	3	1							
						Jamie Ward	42	5	12	2	*						
						Kimberly Perry	42	5	9.3	1							
						Quinn Ankrum	41	5	2	1							
						Shannon Grissom	45	4	5	1							
						Hollye Martinez	44	2	2	1							
						Wendy Moats	44	0	2	1							



## Event Records & Race Information

### SHALLOWATER STAMPEDE 10K & 2 MILE

#### EVENT RECORDS (Since 1988) USA T&F CERTIFIED, #TX07090ETM 10K

MEN				
AGE	NAME	TOWN	AGE TIME	YEAR
13-15	Frank Sumpter, Jr.	Lamesa	15 38:37	1990
16-19	Cody Turner	Shallowater	16 37:20	2000
20-24	Andy Stewart	Lubbock	21 35:02	1993
25-29	Jessie Williams	Lubbock	25 34:06	2003
30-34	Martin Leodgard	Lubbock	30 32:23	*1995
35-39	BEN TANUI	Lubbock	35 35:44	2011
40-44	Frank Sumpter	Lamesa	40 38:18	1994
45-49	Jim Leser	Lubbock	47 37:33	1994
50-54	Robert Guajardo	Levelland	51 40:47	1994
55-59	George W. Jury	Lubbock	56 39:43	1992
60-64	Don Sanderson	Tulia	64 43:29	1994
65-69	Ralph Wolf	Lubbock	67 50:24	2004
70+	Don Sanderson	Tulia	74 51:01	2004
	Clydes Farrell Martin	Lubbock	39 41:05	2005

WOMEN				
AGE	NAME	TOWN	AGE TIME	YEAR
6-12	Hope Jimenez	Lamesa	12 45:44	1996
13-15	Jade Booker	Shallowater	15 53:45	2000
16-19	Rebecca Spruell	Shallowater	17 52:48	2011
20-24	Nell Rafalovich	Lubbock	24 43:23	2004
25-29	Briseida Ramos	Lubbock	26 41:24	2009
30-34	Janda Ibbetson	Lubbock	30 42:30	2000
35-39	Marjory Stewart	Lubbock	35 37:48	*1994
40-44	Laura Baay	Amarillo	44 44:43	2007
45-49	Cynthia Sorrensen	Lubbock	48 49:08	2011
50-54	Madonne Miner	Lubbock	50 47:30	2003
55-59	Sherill Easterling	Snyder	56 52:14	2005
60+	Deb Hendly	Lubbock	61 52:40	2010
	Athena Kristi Starr	Lubbock	40 54:02	2011

Note: ages 6-12 are no longer eligible to participate in our longer events. This applies to male or female and any distance over 4 miles.

#### 2 MILE USA T&F CERTIFIED, #TX07091ETM

MEN				
AGE	NAME	TOWN	AGE TIME	YEAR
6-12	Tobias Sultan	Shallowater	12 12:46	2006
13-15	Gary Lackey	Brownfield	15 10:33	2002
16-19	Lucas Morris	Lubbock	18 10:53	2010
20-24	Morgan McClarty	Lubbock	24 9:56	*1993
25-29	Frank Haist	Lubbock	29 11:01	1993
30-34	Rene Gonzalez	Levelland	30 11:08	1997
	Ken Mayo	Midland	30 11:08	2004
35-39	Frank Sumpter	Lamesa	39 11:20	1993
40-44	Frank Sumpter	Lamesa	43 11:24	1997
45-49	Jim Leser	Lubbock	45 11:29	1992
50-54	Jackie Cannon	Amarillo	52 12:13	2008
55-59	George W. Jury	Lubbock	55 12:15	1991
60-64	Jim Harris	Hobbs, NM	60 14:25	2003
65-69	Bill Felton	Lubbock	67 16:33	2002
70+	Ralph Wolf	Lubbock	70 16:43	2007
CLYDE	Milt Brownfield	Lubbock	51 15:03	2009

WOMEN				
AGE	NAME	TOWN	AGE TIME	YEAR
6-12	Rebecca Spruell	Shallowater	12 14:08	2006
13-15	Brittney Scaff	Shallowater	13 12:22	*2005
16-19	Sarah De los Santos	Shallowater	17 12:31	2006
20-24	Hope Jimenez	Lamesa	20 13:17	2004
25-29	Iris Rivero	Lubbock	29 14:10	2004
30-34	Iris Rivero	Lubbock	32 13:41	2007
35-39	IRIS RIVERO	LUBBOCK	36 13:28	2011
40-44	Cheryl Weber	Lubbock	41 14:04	1994
45-49	Debbie Martin	Shallowater	49 16:07	2000
50-54	Madonne Miner	Lubbock	52 16:36	2005
55-59	Estella Galvan	Brownfield	57 20:07	2000
60+	P.J. Mitchell	Lubbock	62 17:39	2008
	Athena Ashley Hairgrove	Shallowater	23 19:05	2011

\* OVERALL COURSE RECORDS

### WEST TEXAS RUNNING CLUB'S ANNUAL Shallowater Stampede, 2 Mile & 10K Races

#### EVENT # 9 OF THE W.T.R.C. CHALLENGE SERIES

**WHEN:** SATURDAY, September 8, 2012  
Register online at <http://wtrunning.com>  
Race Starts at 8:00am

**WHERE:** Shallowater High School, Shallowater, TX

**ENTRY FEE:** WTRC Members \$5.00, Non-Members \$15.00,  
**Entry fee for students 7-12 years \$5.00**  
**(2 Mile only)**

**COURSE:** Flat, out and back on asphalt.

WTRC Rules Do Not Permit Pets, Roller Blades, Strollers, or Bicycles.

### AGE DIVISIONS

**MEN:** 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49;  
50-54; 55-59; 60-64; 65-69; 70 Plus

**WOMEN:** 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49;  
50-54; 55-59; 60 Plus  
Clydesdale and Athena group in both races.

*Special Division for ages 7-12 in the 2 mile*

**AWARDS:** At least 3 "Stampede" Medallion Awards will be given in each category and up to 50 percent of each division will receive awards.

Volunteers needed; call Rod Burgett, Race Director  
(806) 548-1796

## West Texas Running Club Event Calendar

\*Indicates WTRC Monthly Race & CHALLENGE SERIES EVENT

- SEP 04 **WTRC Board meeting:** Tuesday, 7:00pm  
Ron's office, 3309-67<sup>th</sup> St, 806-781-0231
- SEP 08 **SHALLOWATER STAMPEDE:** 10K/2M, 8:00am, Shallowater, TX  
Rod Burgett, RD, 806-548-1796
- SEP 22 Rock n' Roll Marathon: Denver, CO <http://runrocknroll.competitor.com/denver>
- SEP 23 Panhandle Marathon: Lubbock <http://www.panhandlemarathon.com/index.html>
- SEP 29 Gem of the Hill County: 5K/10K, 8:00am, Mason, TX [www.active.com](http://www.active.com)
- SEP 29 5K Fun Run: Aspermont, TX, benefits Volunteer Fire Depart. Deadline to Enter 09/21/12 Info: 940-989-3197 or 940-256-0860
- OCT 06 Race for the Cure: Lubbock <http://www.komenlubbock.org/>
- OCT 06 White Buffalo Stampede: Snyder, TX [www.whitebuffalostampede.com](http://www.whitebuffalostampede.com)
- OCT 06 West Texas Cross Roads Marathon: Odessa/Midland, TX  
<http://www.crossroadsmarathon.com/race-info.html>
- \* OCT 13 **RED RAIDER ROAD RACE:** 7:30am, 5K/10K, Texas Tech Campus, Rec Center, Amy McAlexander, RD, [amvwtrc@gmail.com](mailto:amvwtrc@gmail.com), and Tammy Monearty, RD, 806-438-5483
- OCT 20 Cotton Row Run: 8:00am, 1K/5K, Main St, Kerens, TX,  
<http://www.kerens.com/phpnuke/>
- OCT 27 Ski Run Road Challenge: Ruidoso, NM  
<http://www.skirunroadchallenge.com/>
- OCT 27 Chosen Marathon: New Braunfels, TX  
<http://athleteguild.com/running/new-braunfels-tx/2012-chosen-marathon>
- OCT 27 Allstate 13.1 Marathon: Dallas, TX <http://www.131marathon.com/dallas/>
- \* NOV 10 **BUFFALO WALLOW RACES:** 9:00am, Half Marathon/2M, Buffalo Springs Lake-inside gate, Mike Kelley, RD, 806-765-0441
- NOV 17 NJCAA Half Marathon Championships: Levelland, Half Marathon, 10K/2M/1M, Contact Joe Walker, [awalker@southplainscollege.edu](mailto:awalker@southplainscollege.edu) 806-716-2209
- \* NOV 22 **WTRC TURKEY TROT:** 9:00am, 12K/2M, Broadway & Canyon Lakes RD, Terry Dalton, RD, [tdalton51@hotmail.com](mailto:tdalton51@hotmail.com)

WTRC Website: <http://wtrunning.com>  
Monthly Newsletter, Calendar, Photos, Online sign up & Membership

September 2012



4509 71st Street #907  
Lubbock, TX 79424

