

November 2012

Volume 5 Issue 10

4509 71st Street #907  
Lubbock, TX 79424

**WEST TEXAS RUNNING CLUB'S  
40th Annual Buffalo Wallow  
Half Marathon and 2 Mile Races**

**The Most Challenging Half-Marathon Course in Texas  
USA TRACK & FIELD Certified, TX#TX93078ETM**

**EVENT # 11 OF THE W.T.R.C. CHALLENGE SERIES**

- WHEN:** Saturday, November 10, 2012  
Register online at <http://wtrunning.com>  
Race starts at 9:00 A. M.  
**Volunteers needed**, Please call Mike Kelley @ 765-0441
- WHERE:** Buffalo Springs Lake, Church Parking Lot, Park entry fee of \$3.00 for racers is required to enter Buffalo Springs Lake, Volunteers are free.  
Seniors 65+ \$2.00
- COURSE:** Asphalt road—two mile course is out and back, flat. The half-marathon is a double loop of the lake with 3 challenging hills.
- AID STATIONS:** At 2.5, 7, 9.3 and 11.5 miles, Splits at 1 and 5 Miles
- ENTRY FEE:** WTRC Members \$5.00, Non-Members \$15.00.
- AWARDS:** A unique "Buffalo" medal will be awarded to at least the first three finishers in the age group divisions and up to 50% of each group.

**AGE DIVISIONS:**

**(Half Marathon & 2 Mile Runs)**

**MEN:** 16-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 Plus

**WOMEN:** 16-19, 20-29, 30-34, 35-39,  
40-44, 45-49, 50-54, 55-59, 60 Plus

Special ages for: 7-9 and 10-12 for 2 mile only

Ages 7-9 and 10-12 must run the two mile race (minimum age 16 to run the half marathon)  
Clydesdale and Athena group in both races.

**WTRC Officers**

President – Ron Lubowicz  
(O) 781-0231  
E-mail: ronlubo@aol.com

Internal Vice-President  
Amanda Boston  
amanda.boston@gmail.com

External Vice-President  
Terry Dalton

Secretary– Wendy Anderson  
E-mail: teachwa@yahoo.com

Treasurer - David Higgins  
(H) 785-8562 (O) 795-5823  
E-mail: d\_higgins69@hotmail.com

Past President - Mike Kelley  
(H) 765-0441 E-mail: mkelley-run@yahoo.com

**Directors**

Newsletter Director - Rose Hoeve  
(H) 829-2381, (O) 773-1856  
E-mail: rosehoeve@hotmail.com

Internal Race Director  
Randy Holloway  
(H) 794-7512, (O) 771-0329  
E-mail: randyholloway@sbcglobal.net

Race Calendar Director  
Suzan Caudle  
(H) 799-3813  
E-mail: suzieq5279407@yahoo.com

Membership Director  
Amy McAlexander  
(Cell) 806-252-2429  
E-mail: amywtrc@gmail.com

Club Historian – James Livermore  
(H) 792-5815  
E-mail: jlmore@nts-online.net

**W. T. R. C. RACES  
ARE USUALLY HELD THE 2ND  
SATURDAY OF EACH MONTH.**

The WTRC monthly business meeting is Tuesday, Nov. 06, 2012@ 7:00 p.m. at Ron Lubowicz's Office, 3309 67th Street, Lubbock, All Members are welcome.

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Red Raider Road Race, Director's Report  
October 13, 2012

There are few places more energetic than the Texas Tech campus on game day. Add to that the explosive "go-fight-win!" spirit of HOMECOMING weekend and the vast power of the 639 ENTHUSIASTIC RUNNERS who participated in the 31st Annual Red Raider Road Race and it's a wonder we didn't blow the place sky high! Lubbock resident and WTRC member Quent Bearden certainly channeled some of that awesome energy – he set a new 5K course record with a time of 16:46, breaking the previous course record that had stood for 18 years!

The annual Red Raider Road Race (RRRR) is designed as a fundraiser for the WTRC's RRRR Scholarship Program, and we were thrilled to award six scholarships to Texas Tech students this year. Our six very deserving and dedicated scholarship recipients were: MacKenzie Fletcher, Noel Murphy, Brandi Murphy, Adam Finck, Kyle Campbell, and Ijeoma Lisa Osueke. One of them likely cut the timing chip off of your shoe at the finish line (and maybe even did a celebratory victory dance with you!), and we were happy to be able to show them off.

There really is not a large enough way to say THANK YOU to our many volunteers, helpers, and WTRC board members who dedicated their time and talents to making this race possible, but we would like to fervently recognize them all here! This year's amazing volunteers and helpers were (in no particular order of awesomeness): Amanda Boston (our ridiculously motivational emcee!), Etta Mayer, Jennifer Farris, Christine Steen, Laura Lappe, David Weaver, Cheryl Weber, Mike Strum, Wendy Anderson, Valeri Gatlin, Mike Kelley, Ross Cohen, Lee Cohen, Mandy Satterwhite Poklikuha, Glenn Poklikuha, Randy Holloway, PJ Sullivan, Wayne Sullivan, George Jury, Terry Dalton, David Higgins, Suzan Caudle, Ron Lubowicz, Ainsley Nelson, Susan McAlexander, David McAlexander, Sue Fletcher, Maya Robinson, and Marty Garza. Special thanks to our student volunteers from the TTUHSC National Student Speech, Language and Hearing Association (NSSLHA) who generously help us every year, and our wonderful volunteers from Accolade Home Care and Hospice, Helton Chiropractic, Double T Health Corps at TTUHSC, Talkington School For Young Women Leaders (Monica Wilson's 8th Grade Athletics/PE), and the Texas Tech Triathlon Team.

Thank you, as well, to those groups on the Texas Tech University campus that assisted with the development of this race: TTU Alumni Association, (Jim Douglass, Susan Bowen), TTU Student Rec Center (Steve Waden), TTU Police Department (Sgt. Mark Haney), TTU Outdoor Events Coordinating Committee, TTU Environmental Health and Safety, and TTU Traffic and Parking.

And finally, a HUGE "thank you!" to our esteemed sponsors for their generous support of our race and their dedication to our community: Foot Tech, Double T 104.3 (thank you for keeping us rocking all morning long, Vince!), Texas Tech University Health Sciences Center, Helton Chiropractic, Center for Orthopedic Surgery, Humdinger Equipment, Hydro-Train Outfitters, Standard Energy Services, New Home Creations, Stock Building Supply, Accolade Home Care and Hospice, Sun Adventure Sports, and Premier Sportsplex,

We're already looking forward to next year – run strong, friends!

Tammy Moriearty, Co-Race Director  
Amy McAlexander, Co-Race Director

Note: Final race results for the Red Raider Road Race can be found on line at: [www.wtrunning.com](http://www.wtrunning.com). Runners who earned medals but did not receive them at the race can pick them up from Tammy Moriearty at either of the WTRC's November races (Buffalo Wallow on November 10<sup>th</sup>; Turkey Trot on Thanksgiving Day).

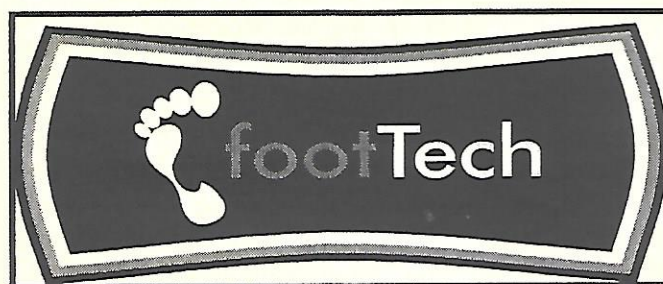


Pj Mitchell, C.C.T., I.M.T.



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Your Lubbock home for foot Technology.

Our Knowledgeable staff will be capable of offering specialized service to all ages and foot types ranging from diabetics to athletes. Foot Tech features brand name shoes such as Brooks, Saucony, Mizuno they also offer a full range of socks and compression wear, orthotics and other foot health accessories are available. All WTRC members receive a 20% discount, please visit us at 3407 34th St next door to Caprock Cafe, phone # 806-799-1122

**RED RAIDER ROAD RACE**  
**5K OVERALL RESULTS "October 13, 2012"**

Place	Name	City	Age	TIME	PACE	Place	Name	City	Age	TIME	PACE
1	Quent Bearden	Lubbock TX	37	16:47	5:25/M	73	Madison Hoelting	Tulia TX	16	24:26	7:53/M
2	David Boston	Lubbock TX	24	17:38	5:41/M	74	Jordan Boswell	Lubbock TX	20	24:27	7:53/M
3	Kadon Stabeno	Wolfforth TX	17	18:45	6:03/M	75	Mariza Hernandez	Tulia TX	15	24:28	7:54/M
4	Atanacio Morales	Shallowater TX	17	18:46	6:03/M	76	David Doyle	Lubbock TX	54	24:35	7:56/M
5	Avery Nunez	Plainview TX	17	18:53	6:05/M	77	Kenny Powell	Lubbock TX	38	24:36	7:56/M
6	John Corelis	Lubbock TX	47	19:01	6:08/M	78	Sammie Bustamante	Lubbock TX	38	24:39	7:57/M
7	Jesse Galan	Shallowater TX	16	19:19	6:14/M	79	Philip Moore	Lubbock TX	18	24:40	7:57/M
8	Wes Jackson	Shallowater TX	15	19:45	6:22/M	80	Bryce Turner	Tulia TX	14	24:42	7:58/M
9	Hunter Saddler	Lubbock TX	17	19:50	6:24/M	81	Gabriel Olivarez	Lubbock TX	36	24:42	7:58/M
10	Brett Peikert	Lubbock TX	45	19:54	6:25/M	82	Carrie Badillo	Lubbock TX	35	24:46	7:59/M
11	Elias Valverde	Lubbock TX	20	20:25	6:35/M	83	Robert Findley	Odessa TX	24	24:54	8:02/M
12	Carlos Subealdea	Tulia TX	14	20:28	6:36/M	84	Kolton Westbrook	Lubbock TX	13	24:55	8:02/M
13	Greg Torney	Shallowater TX	14	20:44	6:41/M	85	B.j. Klein	Nazareth TX	38	24:56	8:03/M
14	Robert Bechtel	Lubbock TX	22	20:47	6:42/M	86	Moriah Sanchez	Lubbock TX	14	24:57	8:03/M
15	Duncan Pasewark	Lubbock TX	16	21:12	6:50/M	87	Alaina Wilkes	Lubbock TX	17	24:58	8:03/M
16	Edgar Martinez	Tulia TX	15	21:21	6:53/M	88	Cristian Garcia	Lubbock TX	16	25:02	8:05/M
17	Bryan Hall	Shallowater TX	15	21:23	6:54/M	89	David Aguirre	Lubbock TX	40	25:04	8:05/M
18	Brooks Heise	Lubbock TX	38	21:27	6:55/M	90	Brooklynn Allen	Lubbock TX	15	25:12	8:08/M
19	Andres Gonzalez	Shallowater TX	15	21:28	6:55/M	91	Billy Aguilar	Odessa TX	36	25:14	8:08/M
20	Murray Maddox	Lubbock TX	42	21:28	6:55/M	92	Paul Moats	Abernathy, TX	45	25:15	8:09/M
21	Riki Sampson	Lubbock TX	10	21:46	7:01/M	93	Christopher Callendar	Lubbock TX	15	25:23	8:11/M
22	Brent Tidwell	Lubbock TX	55	21:48	7:02/M	94	Lucas Pequeno	Lubbock TX	27	25:25	8:12/M
23	Alex Carrillo	Lubbock TX	13	21:53	7:04/M	95	Jennifer Haddock	Lubbock TX	31	25:31	8:14/M
24	Vic Self	Lubbock TX	53	22:17	7:11/M	96	Brad Stewart	Lubbock TX	40	25:33	8:15/M
25	Amme Blair	Wolfforth TX	40	22:19	7:12/M	97	Katelin Heise	Lubbock TX	11	25:34	8:15/M
26	Kyle Lukert	Lubbock TX	38	22:20	7:12/M	98	Kaitlyn Martinez S	hallowater TX	16	25:41	8:17/M
27	Anselm Bradley	Lubbock TX	17	22:21	7:13/M	99	Deanna Hellman	Muenster TX	41	25:42	8:17/M
28	Jim Steen	Lubbock TX	27	22:26	7:14/M	100	Walter Rankin	Toledo TX	44	25:54	8:21/M
29	Desiree Gutierrez	Lubbock TX	17	22:35	7:17/M	101	Sarah Adams	Lubbock TX	34	25:56	8:22/M
30	Savannah Ortiz	Lubbock TX	15	22:35	7:17/M	102	Justin Brown	Tulia TX	13	26:16	8:28/M
31	Paul Darden	Sundown TX	52	22:36	7:17/M	103	Tanner Grant	Lubbock TX	11	26:20	8:30/M
32	Bryan Timpe	Lubbock TX	44	22:40	7:19/M	104	Nicholas Arrieta	San Antonio TX	25	26:20	8:30/M
33	Ryan Johnson	Wolfforth TX	27	22:41	7:19/M	105	Tim Cotton	Littfield TX	51	26:22	8:30/M
34	Ethan Walker	Lubbock TX	14	22:43	7:20/M	106	Kenzie Wolfe	Colleyville TX	17	26:22	8:30/M
35	Samuel Mitchell	Shallowater TX	14	22:44	7:20/M	107	Sarah Knowles	Lubbock TX	29	26:24	8:31/M
36	Chris Eustace	Lubbock TX	16	22:44	7:20/M	108	Troy Pratt	Lubbock TX	46	26:24	8:31/M
37	Bray Byrd	Tulia TX	12	22:54	7:23/M	109	Isaiah Garza	Lubbock TX	20	26:33	8:34/M
38	Alyssa Johnson	Shallowater TX	16	22:54	7:23/M	110	Hedge Martin	Lubbock TX	37	26:35	8:35/M
39	Allison Maldonado	Shallowater TX	17	22:55	7:24/M	111	Jack Humphrey	Lubbock TX	16	26:37	8:35/M
40	Tyler Trammel	Lubbock TX	33	22:57	7:24/M	112	Melanie McVey	Lubbock TX	51	26:38	8:35/M
41	Jaycee Caldwell	Lubbock TX	15	23:01	7:25/M	113	Ember Reed	Tulia TX	13	26:42	8:37/M
42	Scott Reynolds	Lubbock TX	32	23:02	7:26/M	114	Zoe Salamon	Lubbock TX	13	26:42	8:37/M
43	Tommy Fletcher	Universal City	16	23:02	7:26/M	115	Monique Ortiz	Shallowater TX	16	26:44	8:37/M
44	Emily Evans	Lubbock TX	16	23:16	7:30/M	116	Jon Talley	Austin TX	31	26:48	8:39/M
45	Garrett Haley	Lubbock TX	18	23:23	7:33/M	117	Landen Marrs	Lubbock TX	26	26:50	8:39/M
46	Sam Wyatt	Lubbock TX	26	23:24	7:33/M	118	Allen Carson	Wolfforth TX	37	26:51	8:40/M
47	Timmy Peikert	Lubbock TX	18	23:26	7:34/M	119	Precious Zint	Lubbock TX	33	26:58	8:42/M
48	Jaxton Hoelting	Tulia TX	13	23:27	7:34/M	120	Cade Bingham	Lubbock TX	10	27:01	8:43/M
49	Daylen Mahannah	Tulia TX	13	23:30	7:35/M	121	Kelsey Hix	Lubbock TX	15	27:01	8:43/M
50	Stephanie Jimenez	Lubbock TX	25	23:40	7:38/M	122	Fred Weber	Lubbock TX	61	27:02	8:43/M
51	Maria Carrillo	Lubbock TX	32	23:48	7:41/M	123	Gary Milburn	Plano TX	70	27:05	8:44/M
52	Amanda Cole	Shallowater TX	18	23:49	7:41/M	124	Cathy Paden	Slaton TX	42	27:08	8:45/M
53	Nathan Ortiz	Lubbock TX	24	23:49	7:41/M	125	Brylee Clifford	Lubbock TX	10	27:10	8:46/M
54	Logan Vigil	Shallowater TX	17	23:51	7:42/M	126	Holly Clifford	Lubbock TX	35	27:10	8:46/M
55	John Clements	Lubbock TX	56	23:51	7:42/M	127	Mary Catherine	Aragon Las Vegas	49	27:14	8:47/M
56	Matthew Gomez	Tulia TX	12	23:51	7:42/M	128	David Moya	Pecos TX	9	27:15	8:47/M
57	Jaclyn Williams	Shallowater TX	15	23:59	7:44/M	129	Audra McWilliams	Ransom Canyon	41	27:15	8:47/M
58	Reymundo Montoya	Tulia TX	17	24:02	7:45/M	130	Kelsey Long	Shallowater TX	15	27:15	8:47/M
59	Tommy Sansom	Lubbock TX	55	24:03	7:45/M	131	Tracy Wilson	Lubbock TX	39	27:15	8:47/M
60	John Rasberry	Shallowater TX	15	24:03	7:45/M	132	Summer Gutierrez	Lubbock TX	16	27:16	8:48/M
61	Kelley Litsch	Lubbock TX	52	24:05	7:46/M	133	Hannah Daniel	Lubbock TX	15	27:16	8:48/M
62	Nathan Paden	Slaton TX	44	24:07	7:47/M	134	Jaycie Willer	Shallowater TX	16	27:16	8:48/M
63	Toby Brown	Tulia TX	42	24:09	7:47/M	135	Brett Berger	Lubbock TX	14	27:19	8:49/M
64	Brandon Berkshire	Lansing MI	28	24:10	7:48/M	136	Jaquen Doles	Lubbock TX	13	27:19	8:49/M
65	Jose Aiarcon	Muleshoe TX	31	24:10	7:48/M	137	Aidan Sisco	Lubbock TX	10	27:23	8:50/M
66	Lance Neffendorf	Lubbock TX	26	24:11	7:48/M	138	Ron Lubowicz	Lubbock TX	69	27:24	8:50/M
67	Corby White	Farwell TX	34	24:14	7:49/M	139	Dylan Martinez	Lubbock TX	11	27:26	8:51/M
68	Jim Higgins	Lubbock TX	51	24:16	7:50/M	140	Jason Emanuel	Lubbock TX	11	27:27	8:51/M
69	Jerry Morris	Lubbock TX	61	24:20	7:51/M	141	Destiny Gutierrez	Lubbock TX	15	27:36	8:54/M
70	Anthony Brown	Lubbock TX	14	24:21	7:51/M	142	Michelle Bingham	Lubbock TX	45	27:42	8:56/M
71	Jackie Gutierrez	Lubbock TX	17	24:21	7:51/M	143	Maddie Ward	Lubbock TX	15	27:47	8:58/M
72	Russell Carter	Lubbock TX	41	24:24	7:52/M	144	Kimberly Simpson	Lubbock TX	22	27:47	8:58/M

RED RAIDER ROAD RACE  
5K OVERALL RESULTS "October 13, 2012"

RED RAIDER ROAD RACE  
5K OVERALL RESULTS "October 13, 2012"

Place	Name	City	Age	TIME	PACE	Place	Name	City	Age	TIME	PACE
145	Brenden Anderson	Lubbock TX	10	27:48	8:58/M	216	Farrell Martin	Lubbock TX	46	30:49	9:56/M
146	Brooke Harlen	Lubbock TX	13	27:49	8:58/M	217	Bryan Reynolds	Tahoka TX	43	30:50	9:57/M
147	Shannon Anderson	Lubbock TX	41	27:50	8:59/M	218	Mike Robertson	Lubbock TX	58	30:51	9:57/M
148	Megan Balko	Lubbock TX	26	27:52	8:59/M	219	Katrina Castle	Lubbock TX	27	30:53	9:58/M
149	Sarah Nelson	Austin TX	28	27:57	9:01/M	220	Avery Aboud	Lubbock TX	22	30:54	9:58/M
150	Travon Doles	Lubbock TX	13	27:59	9:02/M	221	Garrett Mohr	Lubbock TX	25	30:55	9:58/M
151	Courtney Heinrich	Shallowater	16	28:01	9:02/M	222	David Mangold	Lubbock TX	64	31:00	10:00/M
152	Lily Hernandez	Lubbock TX	14	28:02	9:03/M	223	Edward Quitevis	Lubbock TX	60	31:05	10:02/M
153	Jack Bearden	Lubbock TX	65	28:03	9:03/M	224	Pam White Miner	Tulia TX	44	31:07	10:02/M
154	Desiree Torres	Lubbock TX	15	28:06	9:04/M	225	Malcolm White	Lubbock TX	20	31:07	10:02/M
155	Christy Baugh	Lubbock TX	16	28:11	9:05/M	226	Angela Simek	Lubbock TX	35	31:16	10:05/M
156	Eliza Haley	Lubbock TX	16	28:16	9:07/M	227	Craig Peterson	Hobbs NM	55	31:18	10:06/M
157	Jaime Lopez	Wolfforth TX	40	28:17	9:07/M	228	Angela Soto	Lubbock TX	26	31:22	10:07/M
158	Abraham Montalvo	Plainview TX	14	28:21	9:09/M	229	Jill Heise	Lubbock TX	36	31:22	10:07/M
159	Bayli Bowles	Lubbock TX	15	28:22	9:09/M	230	Jaymz Zavala	Tulia TX	14	31:33	10:11/M
160	Melissa Shropshire	Lubbock TX	25	28:31	9:12/M	231	Tiffany Subealdea	Tulia TX	17	31:34	10:11/M
161	Allison Fritz	Los Alamos NM	41	28:34	9:13/M	232	Amanda Moore	Lubbock TX	17	31:36	10:12/M
162	Samantha Fulcher	Lubbock TX	35	28:35	9:13/M	233	Archie Moore	Lubbock TX	51	31:36	10:12/M
163	Bryan Abercrombie	Lubbock TX	45	28:43	9:16/M	234	David Barrera	Lubbock TX	35	31:39	10:13/M
164	Gilbert Cavazos	Lubbock TX	30	28:51	9:18/M	235	Bill Felton	Lubbock TX	78	31:43	10:14/M
165	Megan Chadwick	Tulia TX	13	28:52	9:19/M	236	Laura Brown	Tulia TX	11	31:59	10:19/M
166	Sarah Montgomery	Lubbock TX	22	29:07	9:24/M	237	Susanna Haley	Lubbock TX	11	32:04	10:21/M
167	Sandra Torres	Lubbock TX	44	29:08	9:24/M	238	Kristlie Reyna	Lubbock TX	49	32:11	10:23/M
168	Adam Vilchez	Lubbock TX	12	29:11	9:25/M	239	Johnnie Faircloth	Lubbock TX	39	32:17	10:25/M
169	Rosa Hernandez	Lubbock TX	28	29:13	9:25/M	240	Bladen Fuller	Lubbock TX	11	32:25	10:27/M
170	Natasha Mathis	Lubbock TX	32	29:14	9:26/M	241	Owen Sears	Lubbock TX	58	32:27	10:28/M
171	Amy Wilson	Lubbock TX	39	29:16	9:26/M	242	Alison McGuire	Lubbock TX	32	32:28	10:28/M
172	Dale Jones	Lubbock TX	70	29:20	9:28/M	243	Nathan Alaniz	Lubbock TX	30	32:29	10:29/M
173	Tracy Hix	Lubbock TX	50	29:20	9:28/M	244	William Pasewark	Lubbock TX	55	32:32	10:30/M
174	Dillon Rouse	Lubbock TX	20	29:28	9:30/M	245	Brett Harris	Lubbock TX	10	32:41	10:33/M
175	Lee Handlin	Lubbock TX	43	29:30	9:31/M	246	Brooke Rushing	Lubbock TX	36	32:42	10:33/M
176	Erlinda Gomez	Lubbock TX	37	29:31	9:31/M	247	Vanessa Brandiger	Lubbock TX	37	32:47	10:35/M
177	Philip Talley	Midland TX	41	29:33	9:32/M	248	Teresa Aragone	Santa Fe NM	51	32:53	10:36/M
178	Fred Constancio	Lubbock TX	60	29:35	9:33/M	249	Candace Norrod	Lubbock TX	28	32:55	10:37/M
179	Jonney Yau	Lubbock TX	28	29:37	9:33/M	250	Ashley Martin	Snyder TX	29	32:57	10:38/M
180	Leslie Smith	Lubbock TX	29	29:40	9:34/M	251	Sarah Peters	Lubbock TX	21	33:00	10:39/M
181	Mark Gomez	Lubbock TX	39	29:41	9:35/M	252	Isaac Gomez	Lubbock TX	16	33:05	10:40/M
182	Maricarmen Solis	Levelland TX	39	29:44	9:35/M	253	Audrey McCarty	Fort Worth TX	31	33:06	10:41/M
183	Randy Green	Lubbock TX	49	29:46	9:36/M	254	Bryan Wilkerson	Lubbock TX	28	33:06	10:41/M
184	Amanda Herrmann	Lubbock TX	46	29:53	9:38/M	255	Abbie Garcia	Lubbock TX	33	33:12	10:43/M
185	Angelica Saucedo	Lubbock TX	14	29:54	9:39/M	256	Jessica Smith	Lubbock TX	32	33:12	10:43/M
186	Benjamin Midkiff	Lubbock TX	30	30:01	9:41/M	257	Kate Rogers	Amarillo TX	27	33:22	10:46/M
187	Heather Nokes	Lubbock TX	36	30:01	9:41/M	258	Kristi Carson	Wolfforth TX	37	33:24	10:46/M
188	Brandy Reyes	Shallowater TX	15	30:02	9:41/M	259	Ruben Vargas	Midland TX	36	33:27	10:47/M
189	Lauri Lovvorn	Lubbock TX	34	30:09	9:44/M	260	Brittany Hall	Lubbock TX	31	33:32	10:49/M
190	Katelynn Parra	Shallowater TX	15	30:09	9:44/M	261	Rita Pritchett	Lubbock TX	64	33:32	10:49/M
191	Manuel Rios	Lubbock TX	31	30:13	9:45/M	262	John Pitman	Lubbock TX	43	33:32	10:49/M
192	Matt Upchurch	New Deal TX	20	30:13	9:45/M	263	Annabel Dewulf	Lubbock TX	22	33:34	10:50/M
193	Francisco Ortiz	Lubbock TX	39	30:14	9:45/M	264	Val Jordan	Lubbock TX	34	33:40	10:52/M
194	Valarie Berkshire	Lansing MI	31	30:15	9:45/M	265	Emma Wyatt	Lubbock TX	24	33:42	10:52/M
195	Nick Castle	Lubbock TX	28	30:15	9:45/M	266	Chad Okamoto	Dimmitt TX	38	33:47	10:54/M
196	Dallas Stevens III	Lubbock TX	38	30:18	9:46/M	267	Brooke Terrell	Lubbock TX	33	33:48	10:54/M
197	Randy Bunyard	Lubbock TX	54	30:20	9:47/M	268	Keri Moore	Lubbock TX	39	33:49	10:55/M
198	Jessica Berg	Amarillo TX	25	30:21	9:47/M	269	Peri Kaye Padgett	Denver City	32	33:51	10:55/M
199	Josh Lambert	Lockney TX	32	30:22	9:48/M	270	Becca Hemmeline	Denver City TX	30	33:52	10:55/M
200	Joe Martin	Lubbock TX	53	30:24	9:48/M	271	Jason Calvert	Lubbock TX	33	34:05	11:00/M
201	Kristi Flake	Lubbock TX	33	30:24	9:48/M	272	Jimmy Boswell	Amarillo TX	28	34:09	11:01/M
202	Kelly Harkey	Lubbock TX	25	30:27	9:49/M	273	Angela Breuer	Argyle TX	32	34:13	11:02/M
203	Carli Breckel	Shallowater TX	15	30:29	9:50/M	274	Meghan Reid	Lubbock TX	28	34:15	11:03/M
204	Sharon Harkey	Shallowater TX	16	30:31	9:51/M	275	Gage Reynolds	Lubbock TX	11	34:18	11:04/M
205	Jay Vargas	Midland TX	17	30:34	9:52/M	276	Laurie Williams	Lubbock TX	43	34:19	11:04/M
206	Kammy Philbrick	Lubbock TX	51	30:35	9:52/M	277	Jay Flusche	Houston TX	52	34:24	11:06/M
207	Tracy Baugh	Lubbock TX	50	30:38	9:53/M	278	Heather Devore	Lubbock TX	31	34:29	11:07/M
208	Krystal Moyers	Shallowater TX	26	30:41	9:54/M	279	Mark Edwards	Lubbock TX	50	34:32	11:08/M
209	Rocky Upchurch	New Deal TX	51	30:43	9:55/M	280	Jim Harris	Hobbs NM	70	34:35	11:09/M
210	Keith Kohanek	Lubbock TX	24	30:45	9:55/M	281	Michelle Orosco	Earth TX	37	34:43	11:12/M
211	Jamie Burow	Lubbock TX	35	30:45	9:55/M	282	Caleb Salamon	Lubbock TX	10	34:45	11:13/M
212	Tom Weis	Lubbock TX	61	30:46	9:55/M	283	Tom Fletcher	Universal City	52	34:46	11:13/M
213	Spencer Davis	Dallas TX	11	30:47	9:56/M	284	Debbie Roman	Lubbock TX	57	34:46	11:13/M
214	Allyson Martin	Lubbock TX	15	30:47	9:56/M	285	Nikki Leatherwood	Midland TX	27	34:57	11:16/M
215	Nonnie Peters	Lubbock TX	33	30:48	9:56/M	286	Becca Goicoechea	Lubbock TX	39	34:59	11:17/M

**RED RAIDER ROAD RACE  
5K OVERALL RESULTS "October 13, 2012"**

**RED RAIDER ROAD RACE  
5K OVERALL RESULTS "October 13, 2012"**

Place	Name	City	Age	TIME	PACE
287	Tommy Herron	New Deal TX	40	35:05	11:19/M
288	Stacie Neffendorf	Lubbock TX	26	35:08	11:20/M
289	Laura Vargas	Midland TX	37	35:16	11:23/M
290	Jordanne Hellman	Lubbock TX	21	35:19	11:24/M
291	Lauren Briskey	Avon IN	15	35:21	11:24/M
292	Paulene Salamon	Lubbock TX	40	35:25	11:25/M
293	Erica Marrs	Lubbock TX	26	35:32	11:28/M
294	Alicia Hinojosa	Hamlin TX	16	35:35	11:29/M
295	Claire Briskey	Lubbock TX	23	35:38	11:30/M
296	Geri Briskey	Avon IN	47	35:42	11:31/M
297	Leigh Anne Brozo	Lubbock TX	39	35:46	11:32/M
298	David Houser	Lubbock TX	53	35:56	11:35/M
299	Toni Gafford	Lubbock TX	45	36:00	11:37/M
300	Lindsey Hayes	Lubbock TX	31	36:11	11:40/M
301	Jennifer Brown	Tulia TX 3	8	36:20	11:43/M
302	Julie Randolph	Lubbock TX	54	36:22	11:44/M
303	Erin Moorman	Amarillo TX	31	36:42	11:50/M
304	Claudia Mattox	Mustang TX	37	36:43	11:51/M
305	Gamer Bradley	Lubbock TX	58	36:44	11:51/M
306	Jim Gutheil	Lubbock TX	37	36:45	11:51/M
307	Lauren Gutheil	Lubbock TX	29	36:45	11:51/M
308	Cathy Hudson	Wolfforth TX	45	36:53	11:54/M
309	Dee Knapp	Lubbock TX	46	36:55	11:55/M
310	Tressa Lawrence	Lubbock TX	21	37:05	11:58/M
311	Christina Gallant	Lubbock TX	25	37:06	11:58/M
312	Les Biffle	Welch TX	52	37:09	11:59/M
313	Darin Rouse	Lubbock TX	46	37:15	12:01/M
314	Jenny Balko	Lubbock TX	19	37:24	12:04/M
315	Jana Joiner	Lubbock TX	36	37:28	12:05/M
316	Henrik Wilms	Ransom Canyon	41	37:33	12:07/M
317	Hannah Fish	Lubbock TX	24	37:36	12:08/M
318	Virginia Bevers	Post TX	52	38:01	12:16/M
319	Flavio Leal	Littlefield TX	32	38:06	12:17/M
320	Jeff Hagins	Lubbock TX	45	38:08	12:18/M
321	Amy Pharr	New Deal TX	42	38:13	12:20/M
322	Mechele Peters	Lubbock TX	49	38:15	12:20/M
323	Elizabet Alarcon	Muleshoe TX	30	38:20	12:22/M
324	Kara Jones	Lubbock TX	32	38:33	12:26/M
325	Mark Aragon	Rio Rancho NM	44	38:40	12:28/M
326	Rick Lampe	Lubbock TX	68	38:44	12:30/M
327	Jessie Thoms	Sundown TX	36	38:58	12:34/M
328	Valerie Salinas	Lubbock TX	31	39:08	12:37/M
329	Jon Gresham	Lubbock TX	50	39:15	12:40/M
330	Thomas Compton	Sudan TX	34	39:17	12:40/M
331	Shawn Reding	Lubbock TX	39	39:20	12:41/M
332	Trish Camarillo	Lubbock TX	42	39:26	12:43/M
333	James Pratt	Lubbock TX	70	39:36	12:46/M
334	Sue Houser	Lubbock TX	60	39:50	12:51/M
335	Emily Benentt	Lubbock TX	32	39:53	12:52/M
336	Shawna Richards	Hobbs NM	29	39:59	12:54/M
337	Holly Handy	Lubbock TX	28	39:59	12:54/M
338	Ida Richards	Lubbock TX	39	40:00	12:54/M
339	Shawna Bryant	Arlington TX	39	40:00	12:54/M
340	Allison Kerin	Lubbock TX	33	40:05	12:56/M
341	Frank Vallie	Denver City TX	59	41:04	13:15/M
342	Amy Crumley	Lubbock TX	27	41:26	13:22/M
343	Jamie Ward	Lubbock TX	42	41:34	13:25/M
344	Scott Salamon	Lubbock TX	44	41:39	13:26/M
345	Linda - DQ	Lubbock TX	56		
346	Josie Aleman	Lubbock TX	61	42:04	13:34/M
347	Gary Eastwood	Tulia TX	37	42:33	13:44/M
348	Lizette Cortez	Lubbock TX	23	42:42	13:46/M
349	Isaiah Vargas	Midland TX	13	42:56	13:51/M
350	Kim Smith	Lubbock TX	50	43:21	13:59/M
351	Mandy Rankin	Lubbock TX	28	43:49	14:08/M
352	Angela Clark	Lubbock TX	27	44:38	14:24/M
353	Libby Payne	Lubbock TX	27	45:49	14:47/M
354	Vicki Faulkner	Lubbock TX	57	47:15	15:15/M
355	Amber Rogers	Earth TX	27	47:30	15:19/M
356	Sheridan Wood	Lubbock TX	11	47:42	15:23/M
357	Tommy Wood	Lubbock TX	45	47:42	15:23/M

Place	Name	City	Age	TIME	PACE
358	David Nelson	Lubbock TX	61	48:35	15:40/M
359	M. A. K. Lodhi	Lubbock TX	79	48:39	15:42/M
360	Judith Hanson	Amarillo TX	57	48:45	15:44/M
361	Johanna Payne	Lubbock TX	32	48:46	15:44/M
362	Edson Pinto	Lubbock TX	51	48:47	15:44/M
363	Tristan Masto	Wolfforth TX	28	49:40	16:01/M
364	Lindsey May	Lubbock TX	29	51:10	16:30/M
365	Amanda Baird	Tulia TX	36	52:01	16:47/M
366	Isaac Esqueda	Lubbock TX	31	53:21	17:13/M
367	Veronica Esqueda	Lubbock TX	30	53:22	17:13/M
368	Jan Simmacher	Levelland TX	59	54:25	17:33/M
369	Will Barton	Dallas TX	10	54:30	17:35/M
370	Brian Barton	Dallas TX	49	54:40	17:38/M
371	Miranda Eastwood	Tulia TX	33	57:15	18:28/M
372	Sean McGill	Arlington TX	23	58:30	18:52/M
373	Whitney Weikel	Lubbock TX	20	1:01:15	19:45/M
374	Jamie Goss	Tulia TX	34	1:06:25	21:25/M

**RED RAIDER ROAD RACE 10K OVERALL RESULTS  
"October 13, 2012" OVERALL**

Place	Name	City	Age	TIME	PACE
1	David Preston	Lubbock TX	25	37:24	6:02/M
2	Bradley Whitworth	Lubbock TX	26	37:30	6:03/M
3	Lucas Morris	Lubbock TX	20	38:53	6:16/M
4	David Rogowski	Lubbock TX	45	39:39	6:24/M
5	David Guinn	Idalou TX	46	39:43	6:24/M
6	Chas Knight	Lubbock TX	20	39:48	6:25/M
7	Yidong Chen	Lubbock TX	22	40:19	6:30/M
8	Marcus Tate	Killeen TX	20	40:59	6:37/M
9	Eduardo Espinoza	Lubbock TX	16	41:26	6:41/M
10	Jake Brownfield	Lubbock TX	14	41:33	6:42/M
11	Jason Halladay	Los Alamos NM	38	41:43	6:44/M
12	Heath Pennell	Lubbock TX	44	41:50	6:45/M
13	Ryan Balko	Lubbock TX	23	41:51	6:45/M
14	Lee Cohen	Lubbock TX	40	42:53	6:55/M
15	Jerry Dwyer	Lubbock TX	53	42:58	6:56/M
16	Hugh Cronin	Lubbock TX	45	42:59	6:56/M
17	Jeff Hancock	Lubbock TX	35	43:01	6:56/M
18	Martin Montalvo	Plainview TX	47	43:10	6:58/M
19	Jacy Roberson	Lubbock TX	31	43:28	7:01/M
20	Cody Miller	Lubbock TX	46	43:51	7:04/M
21	Paul Pare	Lubbock TX	50	44:33	7:11/M
22	Mart Guess	Dallas TX	37	45:21	7:19/M
23	Curtis Norrod	Lubbock TX	28	45:25	7:20/M
24	Joseph Rios	Lubbock TX	16	45:30	7:20/M
25	Becky Rogers	Lubbock TX	21	45:36	7:21/M
26	Epi Aguirre	Lubbock TX	54	45:48	7:23/M
27	Rachel Furey	Lubbock TX	28	45:56	7:25/M
28	Victor R. Maldonado	Shallowater	47	46:03	7:26/M
29	Allison Forsberg	Lubbock TX	29	46:07	7:26/M
30	Joshua Leyva	Lubbock TX	33	46:30	7:30/M
31	Mont McClendon	Lubbock TX	40	46:46	7:33/M
32	Cliff Lewallen	Lubbock TX	48	47:06	7:36/M
33	Ruben Lopez-Cardozo	Lubbock TX	48	47:36	7:41/M
34	Ronnie Adams	Lubbock TX	37	47:54	7:44/M
35	Abel Reyna	Lubbock TX	49	47:56	7:44/M
36	Juan Herrera	Sundown TX	42	48:01	7:45/M
37	John Keith	Lubbock TX	23	48:04	7:45/M
38	Phil Peabody	Lubbock TX	32	48:11	7:46/M
39	Angie Sonnenberg	Lubbock TX	33	48:13	7:47/M
40	Andrea Claybrook	Lubbock TX	28	48:22	7:48/M
41	Joseph Wilson	Lubbock TX	57	48:24	7:48/M
42	Omar Limas	Lubbock TX	25	48:57	7:54/M
43	Tiago Jabur	Lubbock TX	24	49:01	7:54/M
44	Dale Bennett	Lubbock TX	50	49:07	7:55/M
45	Geoff Lynn	Lubbock TX	28	49:09	7:56/M
46	Gary Tayag	Lubbock TX	42	49:09	7:56/M
47	Jeff Knowles	Lubbock TX	31	49:32	7:59/M
48	Eric Garcia	Lubbock TX	25	49:37	8:00/M
49	Kendra Brown	Lubbock TX	27	49:38	8:00/M
50	Gary Evans	Lubbock TX	32	49:40	8:01/M

RED RAIDER ROAD RACE 10K OVERALL RESULTS  
"October 13, 2012" OVERALL

Place	Name	City	Age	TIME	PACE
51	Peter Dotray	Lubbock TX	49	49:42	8:01/M
52	Craig Cox	Lubbock TX	38	49:44	8:01/M
53	Journee Cotton	Littlefield TX	17	49:44	8:01/M
54	Mike Humphrey	Lubbock TX	46	49:44	8:01/M
55	Zane Boren	Lubbock TX	24	49:46	8:02/M
56	Andrew Allison	Lubbock TX	31	49:51	8:02/M
57	Tashah Overbo	Lubbock TX	22	50:15	8:06/M
58	Connie Waddell	Wolfforth TX	47	50:20	8:07/M
59	Cynthia Sorrensen	Lubbock TX	49	50:40	8:10/M
60	Chris Lonngren	Lubbock TX	53	50:45	8:11/M
61	Kelly Robinson	Lubbock TX	46	50:50	8:12/M
62	Venessa Rodriguez	Lubbock TX	25	51:03	8:14/M
63	Dee Calverley	Boerne TX	52	51:10	8:15/M
64	Julie Sloan	Lubbock TX	28	51:18	8:16/M
65	Jeff Tucker	Lubbock TX	57	51:31	8:19/M
66	Chad Demaray	Lubbock TX	41	51:41	8:20/M
67	Jenny Stumbo	Lubbock TX	40	51:41	8:20/M
68	Ginny McMinn	Lubbock TX	32	51:48	8:21/M
69	Jeremy Dearing	Lubbock TX	34	52:00	8:23/M
70	Joshua Mills	Lubbock TX	22	52:04	8:24/M
71	Cindy Rhoten	Canyon TX	46	52:07	8:24/M
72	Parker Reine	Desoto TX	18	52:12	8:25/M
73	Keith Whitworth	Lubbock TX	55	52:15	8:26/M
74	Justin Dorsey	Fort Worth TX	30	52:16	8:26/M
75	David Weaver	Lubbock TX	61	52:17	8:26/M
76	Suzanne Read	Lubbock TX	27	52:22	8:27/M
77	Jonna Byars	Lubbock TX	38	52:30	8:28/M
78	Mike Pollock	Lubbock TX	57	52:37	8:29/M
79	Claudia Ramos	Lubbock TX	27	52:48	8:31/M
80	Jonathan Varghese	Lubbock TX	14	52:51	8:31/M
81	Thomas Fallgren	Lubbock TX	49	52:55	8:32/M
82	Aubrey Edwards	Lubbock TX	24	53:05	8:34/M
83	Mike Chovonec	Baltimore MD	62	53:15	8:35/M
84	Catrina Mead	Lubbock TX	38	53:17	8:36/M
85	Grayson Akerly	Lubbock TX	21	53:19	8:36/M
86	Ivan Gutierrez	Lubbock TX	23	53:22	8:36/M
87	Tom West	Lubbock TX	54	53:24	8:37/M
88	Scott Cain	Lubbock TX	50	53:40	8:39/M
89	Damon West	Lubbock TX	32	53:48	8:41/M
90	M.c. Carrington	Beaumont TX	55	53:51	8:41/M
91	Norma Garcia	Lubbock TX	43	53:53	8:41/M
92	Jody Dennis	Shallowater TX	35	54:04	8:43/M
93	Holly Duncan	Lubbock TX	42	54:15	8:45/M
94	Rachel Carey	Lubbock TX	34	54:19	8:46/M
95	Darla Gleaves	Lubbock TX	41	54:21	8:46/M
96	Deloras Shubert	Midland TX	44	54:33	8:48/M
97	Tyler Weldon	Lubbock TX	25	54:44	8:50/M
98	Cody Brockman	Lubbock TX	31	54:45	8:50/M
99	Debbie Gelber	Lubbock TX	44	54:46	8:50/M
100	Heather Botello	Lubbock TX	31	54:46	8:50/M
101	James Ward	Lubbock TX	44	54:53	8:51/M
102	Mark McGuire	Plano TX	34	55:05	8:53/M
103	Russell McGuire	Lubbock TX	36	55:05	8:53/M
104	Matt McCarty	Fort Worth TX	33	55:10	8:54/M
105	Ashley Maly Hobgood	Guthrie TX	28	55:18	8:55/M
106	Erica Freeman	Shallowater TX	34	55:22	8:56/M
107	Susan Sparks	Lubbock TX	28	55:24	8:56/M
108	Ben Boston	Lubbock TX	27	55:25	8:56/M
109	March Dailey	Rio Rancho NM	32	55:28	8:57/M
110	Shae Arnett	Lubbock TX	22	55:28	8:57/M
111	Chris Evans	Lubbock TX	44	55:32	8:57/M
112	Heath Halford	Lubbock TX	33	55:44	8:59/M
113	Whitney Brown	Lubbock TX	23	55:45	9:00/M
114	Amy Tapp	Lubbock TX	36	56:09	9:03/M
115	Damon Provence	Sudan TX	61	56:10	9:04/M
116	Brent Adcock	Anton TX	49	56:27	9:06/M
117	Rylan Hickerson	Lubbock TX	15	56:48	9:10/M
118	Brian Lindsey	Lubbock TX	42	56:51	9:10/M
119	Reagan Alexander	Lubbock TX	25	56:56	9:11/M
120	Alex Williams	Lubbock TX	22	56:56	9:11/M
121	Mary Branscome	Lubbock TX	52	57:00	9:12/M
122	Alan Valentine	Rio Rancho NM	41	57:03	9:12/M
123	Deb Hendley	Lubbock TX	63	57:06	9:13/M

RED RAIDER ROAD RACE 10K OVERALL RESULTS  
"October 13, 2012" OVERALL

Place	Name	City	Age	TIME	PACE
124	James Deaver	Lubbock TX	55	57:10	9:13/M
125	Crystal Salazar	Lubbock TX	33	57:13	9:14/M
126	Leslie Fletcher	Houston TX	27	57:16	9:14/M
127	Amy Hoffpauir	Lubbock TX	41	57:21	9:15/M
128	Amy Swan	Lubbock TX	30	57:22	9:15/M
129	Phillip Shelton	Lubbock TX	32	57:26	9:16/M
130	Brian Robertson	Lubbock TX	28	57:33	9:17/M
131	Ryan Schwalk	Lubbock TX	31	57:37	9:18/M
132	Wes Hobgood	Lubbock TX	31	57:41	9:18/M
133	Samantha McMahon	Lubbock TX	23	57:49	9:20/M
134	Van Josselet	Dalhart TX	59	57:54	9:20/M
135	Jerry Adams	Lubbock TX	36	57:54	9:20/M
136	Joshua Haney	Lubbock TX	14	57:57	9:21/M
137	Beth Dallas	Lubbock TX	37	58:00	9:21/M
138	Connie Watson	Lubbock TX	41	58:00	9:21/M
139	Aimee Ayers	Lubbock TX	23	58:04	9:22/M
140	Samuel Ayers	Lubbock TX	50	58:05	9:22/M
141	Carrie Ashley	Lubbock TX	37	58:07	9:22/M
142	Sharla Kinman	Lubbock TX	44	58:11	9:23/M
143	Lacy Rosburg	Lubbock TX	23	58:14	9:24/M
144	Amanda Barnes	Lubbock TX	22	58:19	9:24/M
145	Maritza Gamboa	Lubbock TX	35	58:20	9:25/M
146	Ken Files	Houston TX	46	58:20	9:25/M
147	Valeri Gatlin	Lubbock TX	46	58:28	9:26/M
148	Regan Lemley	Lubbock TX	23	58:30	9:26/M
149	Janie Fryar	Lubbock TX	35	58:33	9:27/M
150	Larissa Teltschik	New Deal TX	23	58:44	9:28/M
151	Les Kinman	Lubbock TX	47	58:49	9:29/M
152	Sean Anzaldua	Lubbock TX	28	58:53	9:30/M
153	Nolan Watson	Lubbock TX	43	59:02	9:31/M
154	Robbie Sanders	Lubbock TX	42	59:15	9:33/M
155	William Cawley	Lubbock TX	19	59:18	9:34/M
156	Nehemiah Gutierrez	Lubbock TX	25	59:29	9:36/M
157	Jeff Wolfe	Wolfforth TX	37	59:31	9:36/M
158	Susan Everett	Lubbock TX	35	59:34	9:36/M
159	Pam Titzell	Lubbock TX	54	59:37	9:37/M
160	Pj Sullivan	Lubbock TX	66	59:48	9:39/M
161	Wayne Sullivan	Lubbock TX	61	59:48	9:39/M
162	Lance Ward	Lubbock TX	44	59:55	9:40/M
163	Elizabeth Castruita	Midland TX	19	1:00:10	9:42/M
164	Scott Mosier	Lubbock TX	43	1:00:22	9:44/M
165	Amy Harlien	Lubbock TX	36	1:00:23	9:44/M
166	Gorden Jenkins	Amarillo TX	72	1:00:25	9:45/M
167	Theresa Daniel	Lubbock TX	45	1:00:28	9:45/M
168	James Oldham	Lubbock TX	27	1:00:36	9:46/M
169	Meghen Oldham	Lubbock TX	27	1:00:37	9:47/M
170	James Dembowski	Lubbock TX	59	1:00:40	9:47/M
171	Glenna Beyer	Lubbock TX	54	1:00:41	9:47/M
172	Alan Cox	Amarillo TX	64	1:00:47	9:48/M
173	Mike Strum	Carlsbad NM	61	1:01:02	9:51/M
174	Dawn Mamawal	Lubbock TX	49	1:01:04	9:51/M
175	James Decker	Lubbock TX	51	1:01:10	9:52/M
176	Teresa Jourden	Whitharral TX	28	1:01:26	9:55/M
177	Christen Stowers	Lubbock TX	29	1:01:38	9:56/M
178	Gwen Lappley	Lubbock TX	50	1:01:39	9:57/M
179	Heather Williams	Lubbock TX	47	1:01:39	9:57/M
180	Brooke Hix	Lubbock TX	32	1:01:43	9:57/M
181	Sarah Harlan	Lubbock TX	35	1:01:55	9:59/M
182	Colleen Berg	Lubbock TX	48	1:01:56	9:59/M
183	Gracie Buchanan	Lubbock TX	38	1:01:56	9:59/M
184	Lorenda Spain	Dumas TX	53	1:01:58	10:00/M
185	Taunya Randolph	Lubbock TX	48	1:02:03	10:00/M
186	Dana Gustafson	Lubbock TX	43	1:02:04	10:01/M
187	Ashley Williams	Lubbock TX	27	1:02:06	10:01/M
188	Jill Smith	Spring TX	42	1:02:14	10:02/M
189	Jeni Nichols	Lubbock TX	34	1:02:19	10:03/M
190	Stella Luera	Olton TX	54	1:02:21	10:03/M
191	Ruben Castillo	Lubbock TX	25	1:02:23	10:04/M
192	Kevin Hermann	Lubbock TX	49	1:02:33	10:05/M
193	Wendy Anderson	Lubbock TX	42	1:02:44	10:07/M
194	Adam Puckett	Lubbock TX	41	1:03:10	10:11/M
195	Alexandrea Moroles	Lubbock TX	22	1:03:18	10:13/M
196	Hilary Halford	Lubbock TX	36	1:03:25	10:14/M

**RED RAIDER ROAD RACE  
5K OVERALL RESULTS "October 13, 2012"**

**RED RAIDER ROAD RACE 10K OVERALL RESULTS  
"October 13, 2012" OVERALL**

Place	Name	City	Age	TIME	PACE
197	Will Rattan	Lubbock TX	47	1:03:25	10:14/M
198	Paul Faulkner	Lubbock TX	58	1:03:34	10:15/M
199	Jill Jaquess	Lubbock TX	35	1:03:45	10:17/M
200	Stan Waddell	Wolfforth TX	47	1:03:51	10:18/M
201	Taylor Griffin	Lubbock TX	26	1:03:53	10:18/M
202	Frankie Vallie	Denver City TX	37	1:04:04	10:20/M
203	Carla Kristinek	Littlefield TX	52	1:04:11	10:21/M
204	Rachel Behrens	Lubbock TX	37	1:04:14	10:22/M
205	Rodney Smith	Lubbock TX	51	1:04:16	10:22/M
206	Kelly Smith	Lorenzo TX	28	1:04:26	10:24/M
207	Charity Leeson	Lubbock TX	34	1:04:32	10:25/M
208	Jennifer Flanagan	Clifton TX	24	1:04:38	10:25/M
209	Mike Tone	Lubbock TX	47	1:04:40	10:26/M
210	Teresa Tone	Lubbock TX	46	1:04:40	10:26/M
211	Jacob Montoya	Lubbock TX	69	1:04:41	10:26/M
212	Stephani Rhoten	Canyon TX	24	1:04:47	10:27/M
213	Erin Cawley	Lubbock TX	26	1:04:52	10:28/M
214	Ronda Russell	Shallowater TX	42	1:05:11	10:31/M
215	Jerry Bell	Lubbock TX	70	1:05:30	10:34/M
216	Cynthia Reimer	Lubbock TX	24	1:05:41	10:36/M
217	Chandler Davis	Lubbock TX	19	1:05:46	10:36/M
218	Amy Hancock	Lubbock TX	30	1:05:55	10:38/M
219	Dennis Carrizales	Lubbock TX	30	1:06:29	10:43/M
220	Beth Waddell	Wolfforth TX	19	1:06:31	10:44/M
221	Justin Faries	Plano TX	30	1:06:32	10:44/M
222	Gail Faries	Lubbock TX	53	1:06:32	10:44/M
223	James Livermore	Lubbock TX	65	1:06:35	10:44/M
224	Kara Ashley	Carlsbad NM	47	1:06:41	10:45/M
225	Haley Rowden	Shallowater TX	26	1:06:41	10:45/M
226	Kami Williamson	Lubbock TX	30	1:06:51	10:47/M
227	Shannon Shuttlesworth	Lubbock TX	29	1:06:51	10:47/M
228	Jason Hancock	Lubbock TX	31	1:07:06	10:49/M
229	Shawna Wilson	Shallowater TX	46	1:07:17	10:51/M
230	Carrizales Delia	Lubbock TX	30	1:07:20	10:52/M
231	Becky Gomez	Lubbock TX	39	1:07:24	10:52/M
232	Kimberly Perry	Lubbock TX	43	1:07:26	10:53/M
233	Michelle Garcia	Lubbock TX	36	1:07:28	10:53/M
234	Sarah Henderson	Lubbock TX	37	1:07:47	10:56/M
235	Amanda Shelton	Lubbock TX	31	1:07:51	10:57/M
236	Marty Adcock	Anton TX	52	1:07:58	10:58/M
237	Jeff Woodham	Lubbock TX	42	1:08:15	11:00/M
238	Tamara Klatt	Shallowater TX	41	1:10:00	11:17/M
239	Shelley Moore	Lubbock TX	44	1:10:00	11:17/M
240	Rachel Crow	Lubbock TX	36	1:10:02	11:18/M
241	Robbie Vittitow	Lubbock TX	29	1:10:02	11:18/M
242	Ann Hodges	Wolfforth TX	55	1:10:13	11:20/M
243	Jennifer Strong	Lubbock TX	29	1:10:17	11:20/M
244	Terri Evans	Lorenzo TX	53	1:10:21	11:21/M
245	Marianne Godinez	Lubbock TX	22	1:10:39	11:24/M
246	Lee Chafin	Lubbock TX	50	1:10:45	11:25/M
247	Sarah Gaxiola	Lubbock TX	60	1:11:31	11:32/M
248	Staci Bearden	Lubbock TX	40	1:12:41	11:43/M
249	Heather Keister	Lubbock TX	34	1:12:45	11:44/M
250	Ainsley Nelson	Lubbock TX	41	1:13:00	11:46/M
251	Ginny Swearingen	Lubbock TX	34	1:13:00	11:46/M
252	Sylvia Miller	Lubbock TX	49	1:13:01	11:47/M
253	Jeremy Winters	Lubbock TX	37	1:13:34	11:52/M
254	Carol Schemp	Lubbock TX	63	1:14:24	12:00/M
255	Rusty Bryan	Lubbock TX	38	1:15:26	12:10/M
256	Shanna Faries	Lubbock TX	28	1:15:36	12:12/M
257	Mindy Valcarcel	Lubbock TX	39	1:15:41	12:12/M
258	Amanda Landress	Lubbock TX	33	1:15:41	12:12/M
259	Jessica Brown	Lubbock TX	26	1:15:59	12:15/M
260	Susan Jones	Lubbock TX	44	1:17:36	12:31/M
261	Julie Beaver	Lubbock TX	36	1:18:07	12:36/M

**BUFFALO WALLOW RACES SINCE 1982  
WEST TEXAS RUNNING CLUB'S ANNUAL NOVEMBER RACE  
EVENT RECORDS \*overall category record\***

**HALF MARATHON ALL-TIME RECORDS: MALE  
USA T-F CERTIFIED COURSE, TX09107ETM**

DIV	RUNNER	CITY	AGE	TIME	YEAR
13-15	Danny Hernandez	Lubbock	15	1:34:59	1991
16-19	Ricardo Gonzalez	Plainview	19	1:17:34	1997
20-24	John Ruiz	Lubbock	21	*1:11:06*	1985
25-29	Quent Bearden	Lubbock	28	1:18:06	2003
30-34	Nick Cordes	Lubbock	31	1:12:16	2010
35-39	Corky Fritch	Amarillo	36	1:17:59	1982
40-44	Bobby Cunningham	Abernathy	42	1:16:55	1982
45-49	Bobby Cunningham	Abernathy	46	1:23:19	1986
50-54	George Jury	Lubbock	50	1:23:58	1986
55-59	David Lard	Amarillo	57	1:34:39	1994
60-64	Ed Craighead	Dalhart	60	1:34:43	2003
65-69	Don Sanderson	Tulia	66	1:44:34	1996
70-99	Don Sanderson	Tulia	71	1:48:15	2001
Clydes	Farrell Martin	Lubbock	37	1:29:51	2003

**HALF MARATHON ALL-TIME RECORDS: FEMALE**

DIV	RUNNER	CITY	AGE	TIME	YEAR
13-15	Jessica Alvarez	Lubbock	14	2:19:33	2007
16-19	Donna Pruitt	Levelland	16	1:41:52	1983
20-24	Bridget Tidwell	Lubbock	23	1:25:19	2005
25-29	Breseida Ramos	Lubbock	28	1:26:52	2011
	Old: Sue Houle/Spitz-	Lubb Tx-	27	1:34:55	1988
30-34	Marjory Stewart	Lubbock	34	*1:24:14*	1993
35-39	Iris Rivero	Lubbock	35	1:36:34	2010
40-44	Aja James	Dallas	41	1:38:47	2000
45-49	Denise Bray	Lubbock	45	1:39:16	2006
50-54	Madonne Miner	Lubbock	51	1:43:49	2003
55-59	P.J. Mitchell	Lubbock	59	2:08:21	2003
60-99	Deb Hendley	Lubbock	61	2:05:31	2010
Athens	Kristi Starr	Lubbock	40	1:56:11	2010

\*\*Note: ages 6-12 are no longer eligible to participate in our longer events.  
This applies to male or female and any distance over 4 miles.

**BUFFALO WALLOW RACES  
SINCE 1973 Overall category record\*  
TWO-MILE ALL-TIME RECORDS: MALE**

DIV	RUNNER	CITY	AGE	TIME	YEAR
06-12	Jake Brownfield	Lubbock	11	12:47	2009
13-15	Jacob Lozano	Hobbs,NM	15	10:46	2006
16-19	Marc Johnson	Lubbock	19	09:52	1975
20-24	Simon Lei	Lubbock	22	*09:28*	1995
25-29	Chris Truitt	Lubbock	25	10:25	2000
30-34	Martin Leodgard	Lubbock	31	09:41	1995
35-39	Brent Tidwell	Lubbock	38	11:22	1995
40-44	Bobby Cunningham	Abernathy	43	11:02	1983
45-49	Jim Leser	Lubbock	48	11:17	1994
50-54	George Jury	Lubbock	53	11:33	1989
55-59	Ed Craighead	Dalhart	55	12:04	1998
60-64	Jim Harris	Hobbs, NM	61	13:33	2003
65-69	David Lard	Amarillo	66	13:44	2003
70-99	David Lard	Amarillo	72	15:20	2008
CLYDES	Milt Brownfield	Lubbock	48	13:15	2006

**TWO-MILE ALL-TIME RECORDS: FEMALE**

DIV	RUNNER	CITY	AGE	TIME	YEAR
06-12	Hope Jimenez	Lamesa	10	13:43	1994
13-15	Angela Welsh	Tarzan	15	13:04	1994
16-19	Isabel Navarro	Brownfield	17	*12:06*	1975
20-24	Rebecca Graf	Lubbock	20	12:22	1996
25-29	Katie Skeens	Lubbock	28	13:31	2010
30-34	Sherril Easterling	Coahoma	32	12:27	1982
35-39	Sandra Grice	Lubbock	38	13:53	1990
40-44	Ann Gordhammer	Lubbock	40	14:03	1984
45-49	Cheryl Weber	Lubbock	45	14:44	1998
50-54	Beth Gerken	Amarillo	54	15:42	2008
55-59	Cheryl Weber	Lubbock	55	16:43	2008
60-99	Estella Galvan	Brownfield	60	19:35	2002
ATHENA	Anna Plagman	Lubbock	25	18:02	2008





To celebrate the 20<sup>th</sup> Anniversary of the West Texas Running Club's Turkey Trot, here are the:

## Top 20 Reasons to Run the 2012 Turkey Trot

### Run the Turkey Trot...

1. because a reporter and camera crew from every T.V. station will be covering the event and when you appear on the evening news; your Hollywood acting career will be launched.
2. in celebration of 20 Years Running of the WTRC Turkey Trot.
3. to see the new American Museum of Agriculture - the venue for the 2012 Turkey Trot.
4. because your race entry fee helps support the tremendous humanitarian effort of the South Plains Food Bank and Kids Café – the Turkey Trot's Community Champions each year.
5. to gain the power and stamina you need to survive and conquer the perils of Black Friday.
6. to start or continue the family tradition of running the Turkey Trot every Thanksgiving.
7. to do something fun and healthy with the entire family.
8. and wake up early to celebrate an early morning kick off to the Thanksgiving holiday and enjoy more of your Thanksgiving Day.
9. to celebrate Thanksgiving with friends and co-workers... or make new friends along the way.
10. for your next fitness goal. Put the date on your calendar now and it will help get you out the door to run every morning or evening.
11. so you can enjoy your gluttonous Thanksgiving feast, guilt-free!
12. to make it the first race of your life. Warning – it won't be the last!
13. with over 700 participants for a chance to be a part of something much bigger than a run with a couple of friends.
14. and enjoy the post-race party with free food and drinks.
15. and feel like a Rock Star when you tell everyone you ran 2 Miles or 12K.
16. to be a part of the Winning Team. Team categories include School, Family, and Open.
17. to earn points and miles for the WTRC Challenge Series.
18. if you're a kid 7 to 12 years old and receive a Finisher's Medal when you cross the finish line of the 2 Mile race.
19. to win Overall Male or Female Awards, an Age Group Medal, or set a new course or age group record.
20. **Run the Turkey Trot** because everyone who finishes the 2012 Turkey Trot is a WINNER!

Dear Club Members,

Please keep in mind that in order to be eligible to participate in the Challenge Series one must have volunteered at least once and must have run in at least 3 races (relays will not be counted towards these three races) to be eligible for a "Points" award. If you have any questions or concerns please feel free to contact Amanda Boston by emailing [amanda.boston@gmail.com](mailto:amanda.boston@gmail.com)

Our main purpose ...

is to promote distance running as an aid to physical fitness and longevity and if need be, an alternative "Positive Addiction". We also wish to unite runners of every level of ability and interest, to exchange good health and training ideas, to train together and participate in races, but most of all to promote friendship and camaraderie among all area runners. Our monthly club races are primarily designed to offer each member a yardstick for measuring personal accomplishments and not necessarily competition against each other. We offer encouragement to all runners, regardless of age and ability. Our club is the only Running Club west of the metroplex and north of Austin which conducts at least one race per month.

**2012 West Texas Running Club**  
**20<sup>th</sup> Annual Turkey Trot**  
**12 Kilometer (7.456 miles) and 2 Mile Races**  
USA T&F Certified, #TX12147ETM (12K)  
**Sponsored by SCHLOTZSKY'S DELI**

Date: Thanksgiving Day, November 22, 2012 Race Start: 9:00 a.m.  
Location: American Museum of Agriculture, Broadway & Canyon Lake Drive  
Awards: Special Medals/Awards for Overall Male and Female winners in both races  
1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Place Medals for both races in each age group  
Finisher's Medal for all kids 7 – 12 in the 2 Mile race

\*Race Divisions: Male 16-19 20-24 25-29 30-34 Female 16-19 20-24 25-29 30-34  
35-39 40-44 45-49 50-54 35-39 40-44 45-49 50-54  
55-59 60-64 65-69 70+ 55-59 60+  
Clydesdale (> 190 lbs.) Athena (> 150 lbs.)

\*NOTE: 2 Mile Race will also have 7-8, 9-10, 11-12, & 13-15, for male & female. Refer to WTRC Children's Running Policy (No one under 7 should be allowed to run more than 1 mile. Must be at least 16 to run any race over 10K)  
Also, special TEAM categories in the 2 Mile Race: Family (F), Open (O), School (S) - Minimum 4 per team. Teams must be pre-registered together before Sunday, November 18, 2012.

**Registration: No Race Day Registration!**

Register ON-LINE by 6 p.m. on Monday, 11/19/12.....Entry Fee: \$15 WTRC Members + All Kids 7 - 12.  
\$25 Non-Members. Includes: Long-Sleeved Technical Shirt – Adult Sizes. Short-Sleeved T-Shirt – Kid Sizes  
• Register on-line: WTRC Web address – <http://wtrunning.com/>. See also Course Map & Race Results.  
• Register by mail (received by 11/19/12): to: David Higgins, 3404 Alcove Avenue, Lubbock, Texas 79407.  
Make checks payable to: WTRC.

**Packet Pick-Up and Late Registration** - \$30: 11/20 & 11/21, 11 a.m. – 6 p.m. at Schlotzsky's, 3715 19<sup>th</sup> St.  
**Race Day Packet Pick-Up:** Thursday, 11/22/12, 7:30 a.m. – 8:30 a.m. **No Race Day Registration!**  
For more information, contact Race Director Terry Dalton, 806-777-1456, email: [tdalton51@hotmail.com](mailto:tdalton51@hotmail.com).

**No Skates, Strollers, Bicycles, or Pets will be allowed on the course**

**WAIVER OF LIABILITY**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, my own health conditions, whether known or unknown to me, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, **FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE WEST TEXAS RUNNING CLUB AND ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS, FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THE RACE OR THE CLUB'S ACTIVITIES, EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS, IN PART OR WHOLE, OF THE WEST TEXAS RUNNING CLUB OR OTHER SPONSORS REFERENCED ABOVE.**

**This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.**

Signature of entrant \_\_\_\_\_ Guardian signature (<18) \_\_\_\_\_

**Event:** (Circle one) 12K 2 mile **Sex:** (Circle one) Male Female **Age** (on race day) \_\_\_\_\_

Adult T-Shirt Sizes: (Circle one) S M L XL XXL Clydesdale/Athena \_\_\_\_\_ (Men >190#, Women >150#)

Child T-Shirt Sizes: (Circle one) S M L Team Name \_\_\_\_\_ Team category \_\_\_\_\_ ("F", "O", "S")

Name: \_\_\_\_\_ Mailing Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone No. \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Phone No. \_\_\_\_\_

W.T.R.C. 2012 CHALLENGE SERIES  
STANDINGS AFTER 10 EVENTS

MALE

YTD TOTALS						YTD TOTALS						YTD TOTALS					
7 - 9 MALE						35 - 39 MALE						55 - 59 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
7	50	110	1	1		35	110	241	10			55	78	171	5		
8	50	110	1	1		36	90	221	10			56	60	148	6		
9	50	110	1	1		37	60	204	10			57	40	141	6		
10	50	110	1	1		38	60	191	10			58	24	6	5		
11	50	110	1	1		39	40	171	10			59	21	7	5		
12	50	110	1	1		40	30	148	10			60	20	7	5		
13	50	110	1	1		41	30	131	10			61	20	10	5		
14	50	110	1	1		42	10	104	10			62	17	10	5		
15	50	110	1	1		43	10	87	10			63	9	4	5		
16	50	110	1	1		44	14	70	10			64	9	13	5		
17	50	110	1	1		45	10	53	10			65	8	13	5		
18	50	110	1	1		46	9	36	10			66	4	2	5		
19	50	110	1	1		47	8	19	10			67	0	2	5		
20	50	110	1	1		48	8	2	10			68	0	2	5		
21	50	110	1	1		49	8	0	10			69	0	2	5		
22	50	110	1	1		50	8	0	10			70	0	2	5		
23	50	110	1	1		51	8	0	10			71	0	2	5		
24	50	110	1	1		52	8	0	10			72	0	2	5		
25	50	110	1	1		53	8	0	10			73	0	2	5		
26	50	110	1	1		54	8	0	10			74	0	2	5		
27	50	110	1	1		55	8	0	10			75	0	2	5		
28	50	110	1	1		56	8	0	10			76	0	2	5		
29	50	110	1	1		57	8	0	10			77	0	2	5		
30	50	110	1	1		58	8	0	10			78	0	2	5		
31	50	110	1	1		59	8	0	10			79	0	2	5		
32	50	110	1	1		60	8	0	10			80	0	2	5		
33	50	110	1	1		61	8	0	10			81	0	2	5		
34	50	110	1	1		62	8	0	10			82	0	2	5		
35	50	110	1	1		63	8	0	10			83	0	2	5		
36	50	110	1	1		64	8	0	10			84	0	2	5		
37	50	110	1	1		65	8	0	10			85	0	2	5		
38	50	110	1	1		66	8	0	10			86	0	2	5		
39	50	110	1	1		67	8	0	10			87	0	2	5		
40	50	110	1	1		68	8	0	10			88	0	2	5		
41	50	110	1	1		69	8	0	10			89	0	2	5		
42	50	110	1	1		70	8	0	10			90	0	2	5		
43	50	110	1	1		71	8	0	10			91	0	2	5		
44	50	110	1	1		72	8	0	10			92	0	2	5		
45	50	110	1	1		73	8	0	10			93	0	2	5		
46	50	110	1	1		74	8	0	10			94	0	2	5		
47	50	110	1	1		75	8	0	10			95	0	2	5		
48	50	110	1	1		76	8	0	10			96	0	2	5		
49	50	110	1	1		77	8	0	10			97	0	2	5		
50	50	110	1	1		78	8	0	10			98	0	2	5		
51	50	110	1	1		79	8	0	10			99	0	2	5		
52	50	110	1	1		80	8	0	10			100	0	2	5		

W = RACE DIRECTOR  
V = VOLUNTEER



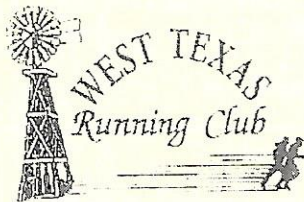
## WTRC Calendar

\*Indicates WTRC Monthly Race & CHALLENGE SERIES EVENT

- NOV 03 USAF&T West Texas Association Jr Olympic Cross Country, 10:00am, Plainview, TX, <http://www.lonestarrunnersclub.net/2012USAFTEntry.pdf>
- NOV 06 **WTRC Board meeting:** Tuesday, 7:00pm  
Ron's office, 3309-67<sup>th</sup> St, 806-781-0231
- \* NOV 10 **BUFFALO WALLOW RACES:** 9:00am, Half Marathon/2M, Buffalo Springs Lake-inside gate. Mike Kelley, RD, 806-765-0441
- NOV 10 LCU Turkey Trot: 5K, 9:30am, LCU Campus, michelle.culpepper@lcu.edu
- NOV 17 Jingle Bell Rock and Roll: 5K/1M, Canyon, TX  
<http://www.lonestarrunnersclub.net/2012JingleBellEntry.pdf>
- NOV 17 NJCAA Half Marathon Championships: Levelland Half Marathon, 10K/2M/1M, Contact-Joe Walker, [awalker@southplainscollege.edu](mailto:awalker@southplainscollege.edu) 806-716-2209
- NOV 17 Hope for Avery Turkey Trot 5K, 9:00am, Snyder, TX, Tammy Tyrrell, [tammytyrrell@hotmail.com](mailto:tammytyrrell@hotmail.com) 325-933-0280 or 325-573-9826
- NOV 18 Holiday Half Marathon: Galveston, TX, <http://www.halfmarathonmoodvgardens.com/>
- \*NOV 22 **WTRC TURKEY TROT:** 9:00am, 12K/2M, Broadway & Canyon Lakes RD. Terry Dalton, RD, [tdalton51@hotmail.com](mailto:tdalton51@hotmail.com)
- \* DEC 08 **WTRC TOYS FOR TOTS CROSS COUNTRY RUN:** 4MI/1MI Kids Fun Run, 10:00 am, Mae Simmons Park, Lee Cohen, RD,806-786-3793. Please bring A toy
- DEC 09 BCS Marathon: Full and Half Marathon, Bryan/College Station, TX  
<http://bcsmarathon.com/>
- DEC 09 RunGirl 13.1: Houston, TX, <http://www.trigirlsports.com/>
- \* JAN 12 **LOOP THE LAKE RUNS:** 5M/2M, 10:00am, Buddy Holley Rec. area, N> University, Lubbock, TX, David Doyle, RD, 806-535-5914
- JAN 20 Cocoa Women's Half: San Antonio, TX, [www.cocoahalf.com](http://www.cocoahalf.com)
- JAN 27 Miracle Match Marathon: Waco, TX <http://miraclematchmarathon.net/>
- JAN 27 Galveston Marathon: Galveston, TX <http://www.galvestonmarathon.com/>
- MAY 18 Beach to Bay Marathon Relay: Padre Island, TX, this is for 2013....  
<http://www.beachtobayrelay.com>

WTRC Website: <http://wtrunning.com>

Monthly Newsletter, Calendar, Photos, Online signup & Membership



4509 71st Street #907  
Lubbock, TX 79424  
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