

March 2011



Volume 4, Issue 2



4501 71st Street #907

Lubbock, TX 7924

**WTRC Officers**

President – Ron Lubowicz  
(O) 632- 4926  
E-mail: ronlubo@aol.com

Internal Vice-President - Vacant

External Vice-President  
Terry Dalton

Secretary– Wendy Anderson  
E-mail: teachwa@yahoo.com

Treasurer - David Higgins  
(H) 785-8562 (O) 795-5823  
E-mail: d\_higgins69@hotmail.com

Past President - Mike Kelley  
(H) 765-0441  
E-mail: mkelleyrun@yahoo.com

**Directors**

Newsletter Director - Rose Hoeve  
(H) 829-2381, (O) 773-1856  
E-mail: rosehoeve@hotmail.com

Internal Race Director  
Randy Holloway  
(H) 794-7512, (O) 771- 0329  
E-mail: randyholloway@sbcglobal.net

Equipment Director - George Jury  
(H) 792-1237, (W) 792-3291  
E-mail: rungwj@aol.com

Race Calendar Director  
Suzan Caudle  
(H) 799-3813  
E-mail: suzieq5279407@yahoo.com

Membership Director  
Amy McAlexander  
(Cell) 806-252-2429  
E-mail: amy.mcalexander@ttuhsc.edu

Club Historian – James Livermore  
(H) 792-5815  
E-mail: jlmore@nts-online.net



**Be a volunteer coach for Team Kids Cafe and help solve the epidemic of childhood obesity!**

Team Kids Cafe is a coordinated training program to promote running and fitness to children of the South Plains Food Bank's Kids Café after-school program. The main objective of the Team Kids Café program is to raise awareness of childhood obesity and achieve positive changes in the long term health of children by encouraging active and healthy lifestyles through running. Research shows that running can help children do better in school, manage stress, and reduce childhood obesity.

As a volunteer running coach you will develop a Team Kids Café running team at a Kids Café location. You will instruct the participants in correct running form and technique, safety, and injury prevention. Your running team will meet for one hour, two days a week, at the Kids Café location. Days of the week and meeting times vary for the Kids Café locations, but if you can spare one hour for one or two afternoons a week, I can find a coaching spot for you.

The Team Kids Café training program will begin the week of February 28th, and culminate with the opportunity for the children to participate in the 4th Annual Kids Café Fun Run on Saturday, April 9th, 2011. The Kids Café Fun Run is held in conjunction with the West Texas Running Club's Run for the Arts.

A Train the Trainer meeting for all volunteer coaches will be held on Saturday, February 26th, at the South Plains Food Bank. The training session will be from 1:00 – 3:00 pm. The South Plains Food Bank is located at 4612 Locust Ave. in Lubbock.

**No coaching experience is necessary – just the desire to inspire!**

Please reply by email to [tdalton51@hotmail.com](mailto:tdalton51@hotmail.com) or call me at 777-1456.

**W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.**

The WTRC monthly business meeting is on Tuesday, March 01, 2011 @ 7:00 p.m. at Ron's office, 3309-67th St., All Members are welcome.

*In This Issue*

- Cotton Patch Runs RD Report.....2
- WTRC Member Profiles.....2
- Challenge Series.....3 & 4
- Cotton Patch 4 Mile & 2 Person 4 Mile Relay Results.....5
- Cotton Patch 14 K Run & 4 Person 4 Mile Relay Results.....6
- Prairie Dog Run Event Records.....7 & Race Information
- WTRC Calendar.....8

**Prairie Dog Town Races  
2 and 4 Mile**

**March 12, 2011  
Start at 9:00 AM**

**Mackenzie Park /  
Broadway & Canyon  
Lake Drive**

**Cody Miller,  
Race Director,  
806-773-8905**

**Event:** 3rd Annual Cotton Patch Runs at Texas Boys Ranch, Feb 12<sup>th</sup>

**# of Participants:** 285 (record attendance again!), 199 Finishers, 43 Relay Teams and 6 TBR residents.

**Weather:** Just below freezing at the start....(runners weather)

**Volunteers:** Suzan Caudle (Asst RD), Kammy Philbrick, Scott Burris, Joe Frank Martin, Amy Martin, Fred Constancio, Bill & Debbie Gelber, George Jury, Melody Evans, Marek Potratz, Terry Dalton, Randy Holloway, Tony Aleman, Rick Wannemacher, Ray Major, Dennis Berger, Eric Fisher, James Pratt, Ken Spain, Lubowicz, Amy Hancock, Amanda Boston, Amy McAlexander, PJ and Wayne Sullivan, Larry Byrd, Shannon Anderson, Jim Gregory, Myriam, Brad and Monika....Thank you very much!!

**Relay teams:** 43 total 2 person and 4 person, from Honey Elementary, Shallowater MS, Roosevelt, TxBR, Lone Star Soccer Club, Centennial Elementary, Hobbs and open/mixed age. Overall winning teams were The Oreos from Tx Boys Ranch and Miles Up Club from Hobbs. Amy Hancock, Amanda Boston and Melody Evans did a great job organizing and handling the check-in duties.

**Individual Winners:** Overall 4 mile winners were Nick Cordes and Hope Jimenez. 14K winners were Coby Styles of Wichita Falls and Colleen Adams from Wall.

**Photos:** see our website for a link to 3 slideshows, courtesy of Suzan, Jim Harris and Kyla Graham. Texas Boys Ranch is a very gracious host and has repeatedly expressed their appreciation to the WTRC and their presence at the ranch for this memorable event. We hope you will continue to support it and continue to spread the word to your friends.

David Higgins, Race Director

### WTRC MEMBER PROFILES Wendy and Shannon Anderson

I decided to profile this couple after Shannon was named volunteer of the year at our Challenge Series awards banquet. Shannon has been at every race the past couple of years, hauling out the coolers with water and gatorade and being the "storehouse" for the cups and coolers, which require cleaning and drying out after each race.

I first met Shannon in 1994 when he was a student at LCU and began coming to our races. He grew up in Ridgecrest, CA where he played football, baseball, ran cross country and track. Quite ironic is the fact that our club member, Lee Cohen, also went to a neighboring high school out there and they knew each other casually, meeting at X-C and track meets. Now many years later, they met up again as WTRC members.

After high school he started at Mesa Junior College in San Diego "but had too many distractions", came to Lubbock to be in his cousin's wedding at the end of July 1993, and got talked into visiting LCU "although I had NO interest at the time". He attended a spiritual renewal meeting, reaffirmed his faith and direction for his life, went back to CA, gave his two week notice at Wells Fargo, and moved to Lubbock, took the SAT and enrolled at LCU.

He graduated in May 1995, and the last race he ran in was the FIRECRACKER 10 MILE that summer which he ran in 1:13:14. That fall he took a job with the Slaton ISD where he coached Football, Basketball, Cross country and Track for 5 years before leaving teaching to enter the business world. During this time he continued to run some just to stay fit, then rejoined the WTRC in late 2007 and begun racing again at Shallowater, doing the 2 mile in 15:30. By the Prairie Dog Run 4 mile in March he lowered his pace to 7:02.

Now, about Wendy in her own words; I have lived in Lubbock all my life. I was born in the early morning after the Lubbock tornado, May 12, 1970. Thankfully, I was born in Plainview. That is not why my name is Wendy either, although that would make an interesting story! My sister, mom, and dad all live here in Lubbock, so we see each other often. Shannon and I met in Slaton where we both taught school. I was teaching 1st grade and he taught PE. We hit it off as friends first, but within 3 months of dating, we were engaged.

Shannon proposed to me in front of the whole school and parents at a PTA meeting. Lots of little girls were heartbroken that Coach Anderson was soon to be married! We got married 3 months later, April 5, 1996. This year will be our 15th anniversary. We were blessed with one son, Brenden, July 31, 2002. Then Jordan came along, as sort of a surprise, November 30, 2007. The boys and our running keep us busy. Running has had a positive impact on their lives as well. Both boys are very active! So Shannon and I run so we can keep up!

I started exercising for stress relief and weight loss soon after we got married. I tried all of the normal gym things- step aerobics, yoga, pilates, walking, etc. I lost 30 pounds! I found out I really like kickboxing. There was a certain competitive edge to it that I didn't know I had in me! I practiced kick boxing for several years, even up to my ninth month of pregnancy with my youngest son!

Shannon had always told me I should try running. I never wanted to. Then one day I decided I would see how far I could run. Come to find out I could actually run a mile! I was so excited. Shannon was racing then and he talked me into running my first race in May, 2008. I was hooked! I never believed I could enjoy running as much as I do. I used to make fun of him because all he wanted to do was run. No other exercises felt the same to him. Now I agree!

I am a loner runner. I prefer to be by myself on a quiet street so I can think. Running energizes me, relaxes me, and keeps me centered. I believe it has made me a stronger person as I have seen how far I can push myself and still survive. I have confidence because I do something that some people don't like or don't want to do. I have run 4 half marathons and I am training for my first marathon in June--Grandma's Marathon in Minnesota. I may not be fast, but I feel strong.

Shannon is now the owner of Rehab & Wellness Services where they provide Physical and Occupational therapy to home health patients. "Love my job!" Wendy has taught at Southcrest Christian School for 11 years, now 4th and 5th grade language arts.

W.T.R.C. 2011 CHALLENGE SERIES  
STANDINGS AFTER 2 EVENTS  
MALE

YTD TOTALS						YTD TOTALS					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
<b>6 - 12 MALE</b>						<b>45 - 49 MALE</b>					
Abraham Montalvo	12	10	6	2		Martin Montalvo	46	20	13.7	2	
Ross Cohen	7	4	2	1		Les Kinman	45	16	6	2	
Caleb Starr	10	1	2	1		Cody Miller	45	16	13.7	2	
<b>13-15 MALE</b>						<b>50 - 54 MALE</b>					
Walker Adams	13	1	8.7	1		Abel Reyna	47	10	4	1	
Jake Brownfield	13	8	2	1		Joe Kueser	49	9	5	1	
Austin Martin	15	6	2	1		Richard Shaw	49	9	4	1	
<b>16-19 MALE</b>						<b>55 - 59 MALE</b>					
Robert Guinn	17	19	9	2		Rod Burgett	46	8	5	1	
Luke Samarron	17	9	4	1		Paul Pare	48	8	8.7	1	
Timothy Peikert	16	8	5	1		J. Edson Pinto	49	8	4	1	
<b>20-24 MALE</b>						<b>60 - 64 MALE</b>					
John Keith	21	10	5	1		Todd Cabe	46	6	8.7	1	
Matt Ange	22	10	4	1		Kevin Lair	49	0	5	1	
Tanner Vickers	24	7	5	1		Ray Major	49	0	13.7	2	
<b>25-29 MALE</b>						<b>65 - 69 MALE</b>					
Curtis Norrod	26	20	6	2		Epi Aguirre	52	20	13.7	2	
Ben Boston	26	13	13.7	2		Jerry Dwyer	51	17	13.7	2	
Blake Bednarz	26	11	2	1		Mitch Monroe	50	14	13.7	2	
Christopher Ramirez	28	10	5	1		Jim Higgins	50	9	5	1	
Zach Manning	29	9	5	1		John Clements	54	9	2	1	
Marek Potratz	29	5	10.7	2	*	Joe Frank Martin	51	8	10.7	2	
Andrew Huff	29	3	5	1		Alvin Llanas	51	8	4	1	
<b>30-34 MALE</b>						<b>70 - 99 MALE</b>					
Gabriel Olivarez	34	19	10.7	2		James Priest	50	7	2	1	
Isaac Munoz, Jr	34	19	6	2		Randy Bunyard	53	7	4	1	
Gary Evans	30	13	13.7	2		Ronnie Trollinger	51	6	5	1	
Damon Chase	33	8	5	1		Gail Faries	51	6	2	1	
Caleb Phillips	30	8	13.7	2		Duane Jones	50	6	8.7	1	
Matt Lilley	34	8	13.7	2		Ed Price	54	5	5	1	
Jeff Hancock	33	7	5	1		Gene Adams	53	5	8.7	1	
Jonathon Wright	31	6	5	1		David Doyle	52	0	10	1	
Wes Scholz	34	4	5	1		Randy Holloway	54	0	13.7	2	
Chad Elrod	34	3	5	1		Bill Gelber	52	0	8.7	1	
<b>35 - 39 MALE</b>						<b>70 - 99 MALE</b>					
Lee Cohen	38	20	6	2		Dennis Berger	52	0	8.7	1	
Quent Bearden	35	20	13.7	2		Jackie Cannon	55	20	6	2	
Chris Toelle	37	18	13.7	2		Lawrence Schovanec	58	18	13.7	2	
Shannon Anderson	39	16	6	2		Fred Weber	59	14	9	2	
Kenny Powell	36	16	6	2		Joseph Wilson	55	10	5	1	
Mont McClendon	38	15	9	2		Rick Wannamacher	56	9	13.7	2	
Hedge Martin	35	12	6	2		Lorenzo Padilla	56	9	2	1	
Wesley Everett	36	12	13.7	2		Luis Cardenas	58	9	9	2	
Eric Fisher	39	8	13.7	2	*	Fred Constancio	58	8	10.7	2	
Chris Gallarneau	35	6	2	1		Ken Spain	57	7	13.7	2	
David Aguirre	39	6	9	2	*	David Weaver	59	5	5	1	
Corey King	36	5	5	1		Wayne Sullivan	59	0	13.7	2	
Corey King	36	5	5	1		Terry Dalton	55	0	13.7	2	
Russ Horn	36	2	5	1		David Higgins	57	0	22.4	2	
Eddy Morelock	38	1	5	1		<b>60 - 64 MALE</b>					
Chris Milford	37	0	5	1		Mike Kelley	62	18	13.7	2	
<b>40-44 MALE</b>						<b>65 - 69 MALE</b>					
David Guinn	44	20	13.7	2		Rob Lee	63	10	2	1	
Heath Pennell	43	18	13.7	2		Richard Gale	61	10	8.7	1	
Cody Miller	45	16	13.7	2		Michael McDonald	62	9	5	1	
Marin Hernandez	40	10	4	1		Mike Strum	60	9	8.7	1	
Troy Pratt	44	9	2	1		Doug Sanford	62	8	5	1	
Russell Carter	40	8	8.7	1		James Livermore	63	7	5	1	
Scott Burris	41	6	13.7	1	*	Tony Aleman	60	0	13.7	2	
Brett Peikert	43	5	5	1		<b>65 - 69 MALE</b>					
Sean Schwarzentraub	43	4	5	1		Jim Harris	68	20	6	2	
Paul Moats	44	3	5	1		James Pratt	69	9	10.7	2	
Greg Milford	41	1	5	1		Richard Morgan	67	9	4	1	
<b>CLYDESDALE - age graded</b>						<b>70 - 99 MALE</b>					
						Ron Lubowicz	67	0	13.7	2	
						Rick Lampe	66	0	5	1	
						Larry Byrd	69	0	8.7	1	
						<b>70 - 99 MALE</b>					
						Gorden Jenkins	70	20	13.7	2	
** = RACE DIRECTOR						Bill Felton	76	10	9	2	
* = VOLUNTEER						Mike Greer	72	9	5	1	
						Ralph Wolf	73	0	5	1	
						George Jury	74	0	13.7	2	
						<b>CLYDESDALE - age graded</b>					
						Shannon Himango	44	20	13.7	2	
						Farrell Martin	44	18	13.7	2	
						Jerry Adams	35	15	10.7	2	
						Craig Peterson	54	15	9	2	

W.T.R.C. 2011 CHALLENGE SERIES  
STANDINGS AFTER 2 EVENTS  
FEMALE

YTD TOTALS (MEN— continued)					YTD TOTALS						
CLYDESDALE—age graded	AGE	PTS	MILES	EVT	VOL	35 - 39 FEMALE	AGE	PTS	MILES	EVT	VOL
Jay Dulin	36	12	9	2		Deborah Bahme	39	18	9	2	
Larry Boskas	49	9	2	1		Iris Rivero	35	10	5	1	
Shaun Fant	42	8	5	1		Shannon McClendon	38	10	2	1	
Chad Wheeler	26	8	8.7	1		Tammy Moriearty	37	10	8.7	1	
Brad Stanford	41	13	13.7	2		Amy Hardberger	38	9	8.7	1	
James Fannon	41	7	8.7	1		Becky Gomez	37	8	8.7	1	
						Sarah Floyd	36	7	5	1	
						Rebecca Gomez	37	6	5	1	
						Christy Hennigan	37	4	5	1	
<b>6-12 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Michaela Jansen	37	0	5	1	*
Catherine Cannon	11	2	2	1		Malinda Colwell	37	0	5	1	
Jacey Hise	11	0	2	1		Carol Hise	38	0	5	1	
Katelyn Heise	9	0	2	1		Misty Scott	35	0	5	1	
						<b>40 - 44 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
<b>13 - 15 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Sharia Kinman	42	16	6	2	
						Wendy Anderson	40	15	10.7	2	
<b>16 - 19 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Deborah Gelber	42	10	13.7	2	*
						Deana Martin	42	10	2	1	
<b>20 - 24 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Jennifer Snead	41	10	8.7	1	
Amy Martin	21	10	10.7	2	*	Lee Handlin	41	9	5	1	
Taylor Huckaby	24	9	5	1		Lanette Windham	43	9	13.7	2	
Venessa Rodriguez	24	9	8.7	1		Lisa Garner-Santa	42	9	4	1	
Tamara Vickers	24	8	2	1		Belisa Waldrop	43	16	13.7	2	
Alison Blalock	24	7	5	1		Dee Knapp	43	7	5	1	
<b>25 - 29 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Jorond Gault	40	7	4	1	
Allison Nguyen	27	18	13.7	2		Janda Jackson	41	0	5	1	*
Amanda Boston	26	17	13.7	2		Laura Lappe	44	0	5	1	*
April Covington	26	12	9	2		Karen Howell	41	10	8.7	1	
Briseida Ramos	27	10	5	1		<b>45 - 49 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Claudia Ramos	25	10	2	1		Kate Kueser	48	10	5	1	
Candice Norrod	26	9	2	1		Cynthia Sorrenson	47	10	8.7	1	
Catherine Evans	25	9	8.7	1		Gwen Lapple	48	9	5	1	
Amy Hancock	28	8	4	1		Jill Haukos	46	9	8.7	1	
Shanna Faries	26	7	2	1		Andi Giberson	45	7	5	1	
Caroline Bales	25	7	8.7	1		Marsha Bennett	47	0	5	1	*
Jaime Wheeler	25	6	8.7	1		Kammy Philbrick	49	0	8.7	1	*
Ledah Welch	28	4	5	1		<b>50-54 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Heather Devore	29	2	8.7	1		Leesa Price	54	10	5	1	
<b>30 - 34 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Glenna Beyer	52	10	2	1	
Jana Redwine	30	20	13.7	2		Julie Randolph	52	9	5	1	
Amy Lovett	32	19	6	2		<b>55-59 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Christine Steen	31	18	13.7	2		Josie Aleman	59	18	6	2	
Jennifer Farris	32	13	13.7	2		Suzan Caudle	57	0	13.7	2	*
Mandy Poklikuha	32	12	13.7	2		Cheryl Weber	57	10	4	1	
Amy McAlexander	30	11	13.7	2		<b>60-99 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Carrie Badillo	33	10	4	1		Etta Mayer	61	10	8.7	2	
Heather Keister	32	9	2	1		P. J. Sullivan	64	0	13.7	2	*
Erin Dulin	32	9	9	2		<b>ATHENA-age graded</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Sonia Rodriguez	30	8	5	1		Kristi Starr	40	20	13.7	2	
Rachel Miller	30	7	5	1		** = RACE DIRECTOR					
Nonnie Peters	31	7	9	2		* = VOLUNTEER					
Jennifer Payne	32	5	8.7	1							
Shannon Crawford	31	4	13.7	2							
Kristen Wright	30	3	5	1							
Kendra Burris	32	3	8.7	1							
Stacey Lewis	30	1	8.7	1							
Susan Everett	33	0	5	1							
Melody Evans	31	0	8.7	1	*						

Dear Club Members;  
Please keep in mind that in order to be eligible to participate in the Challenge Series one must have volunteered at least once and must have run in at least 3 races (relays will not be counted towards these three races) to be eligible for a "Points" award. If you have any questions or concerns please feel free to contact George Jury using the information listed below.  
George W. Jury rungwj@aol.com  
792-3291 (d) , 792-1237 (n)

**WEST TEXAS RUNNING CLUB  
FOUR MILE COTTON PATCH RUN  
February 12,2011**

## OVERALL RESULTS

Place Name	Town	St Div	Div	Ag S C 4	Pace
1 Nick Cordes	LUBBOCK	TX	1	M3034 31 M N	20:15 5:04
2 Robert Guinn	IDALOU	TX	1	M1619 17 M N	23:46 5:57
3 MATT ANGE	LUBBOCK	TX	1	M2024 22 M N	24:06 6:02
4 Luke Samarron	LEVELLAND	TX	2	M1619 17 M N	24:18 6:05
5 Victor Martinez	LEVELLAND	TX	3	M1619 18 M N	24:51 6:13
6 Lee Cohen	LUBBOCK	TX	1	M3539 38 M N	24:54 6:14
7 Hope Jimenez	LUBBOCK	TX	1	F2529 26 F N	26:26 6:37
8 Josh Caster	IDALOU	TX	1	M1315 14 M N	26:33 6:39
9 Curtis Norrod	LUBBOCK	TX	1	M2529 26 M N	27:16 6:49
10 JACKIE CANNON	AMARILLO	TX	1	M5559 55 M N	27:26 6:52
11 Mont McClendon	LUBBOCK	TX	2	M3539 39 M N	27:54 6:59
12 Shannon Anderson	LUBBOCK	TX	3	M3539 39 M N	28:11 7:03
13 RIKI SAMPSON	LUBBOCK	TX	1	M0112 8 M N	28:58 7:15
14 Kenny Powell	LUBBOCK	TX	4	M3539 36 M N	29:20 7:20
15 Abel Reyna	LUBBOCK	TX	1	M4549 47 M N	29:28 7:22
16 Buddy Hutto	LEVELLAND	TX	1	M5054 50 M N	30:31 7:38
17 RICHARD SHAW	PLAINVIEW	TX	2	M4549 49 M N	30:46 7:42
18 David Aguirre	LUBBOCK	TX	5	M3539 39 M N	30:49 7:43
19 Luis Cardenas	LUBBOCK	TX	2	M5559 59 M N	30:55 7:44
20 Brian Goad	DALLAS	TX	2	M2024 24 M N	31:08 7:47
21 Isaac Munoz Jr.	LUBBOCK	TX	2	M3034 34 M N	31:12 7:48
22 Mike Lawson	LEVELLAND	TX	2	M5054 52 M N	31:36 7:54
23 MILES UP CLUB -	HOBBS	NM			
24 Magen Styles	WICHITA FALLS	TX	1	F2024 24 F N	32:02 8:01
25 Cole Agnew	LUBBOCK	TX	2	M0112 9 M N	32:11 8:03
26 Road Rippers -HONEY	LUBBOCK	TX			
27 Oreos -TBR	TBR	TX			
28 hedge martin	LUBBOCK	TX	6	M3539 35 M N	32:27 8:07
29 Mustangs -SHAL MS	SHALLOWATER	TX			
30 Alvin Llanas	WOLFFORTH	TX	3	M5054 51 M N	33:01 8:16
31 Carrie Badillo	LUBBOCK	TX	1	F3034 33 F N	33:04 8:16
32 J EDSON PINTO	LUBBOCK	TX	3	M4549 49 M N	33:23 8:21
33 Centennial T1 -ELEM	LUBBOCK	TX			
34 ANGRY SCOTS -FAMILY	LUBBOCK	TX			
35 LADIES MAN -HONEY	LUBBOCK	TX			
36 Chris Tolbert	AUSTIN	TX	2	M2529 29 M N	33:57 8:30
37 Poodle Skirts -LSSC	LUBBOCK	TX			
38 Fred Weber	LUBBOCK	TX	3	M5559 59 M N	34:01 8:31
39 Devin O'Rear	LUBBOCK	TX	1	F1619 19 F N	34:02 8:31
40 morgan meiwees	LUBBOCK	TX	2	F2024 20 F N	34:03 8:31
41 Derek Wade	LUBBOCK	TX	3	M2529 29 M N	34:06 8:32
42 XTREME -HONEY	LUBBOCK	TX			
43 Amy Lovett	PORTALES	TX	2	F3034 32 F N	34:50 8:43
44 Fluffy Monsters -LSSC	LUBBOCK	TX			
45 Chick-A-Dees -LSSC	LUBBOCK	TX			
46 SHORTCAKES -LSSC	LUBBOCK	TX			
47 Deborah Bahme	LUBBOCK	TX	1	F3539 39 F N	35:42 8:56
48 Roy Gonzalez	LUBBOCK	TX	7	M3539 38 M N	36:02 9:01
49 Shawn Lawler	LUBBOCK	TX	8	M3539 37 M N	36:08 9:02
50 Karen Howell	LUBBOCK	TX	1	F4044 41 F N	36:27 9:07
51 Craig Peterson	HOBBS	NM	4	M5054 54 M Y	36:39 9:10
52 Traci Payne	LUBBOCK	TX	2	F3539 38 F N	36:41 9:11
53 Les Kinman	LUBBOCK	TX	4	M4549 45 M N	37:00 9:15
54 Scott Wade	LEVELLAND	TX	5	M4549 46 M N	37:02 9:16
55 Erin Dulin	SHALLOWATER	TX	3	F3034 32 F N	37:23 9:21
56 Coyote Cubs-ROOSEVLT	RANSOM CANYON	TX			
57 Randy Bunyard	LUBBOCK	TX	5	M5054 53 M N	37:32 9:23
58 BLAHLAHLAHLA -HONEY	LUBBOCK	TX			
59 Nonnie Peters	LUBBOCK	TX	4	F3034 31 F N	37:40 9:25
60 MO HERNANDEZ	LUBBOCK	TX	1	M4044 40 M N	37:55 9:29
61 MARICARMEN SOLIS	LEVELLAND	TX	3	F3539 38 F N	37:57 9:30
62 DAVID MOYA	PECOS	TX	9	M3539 37 M N	38:11 9:33
63 Jay McElligott	LUBBOCK	TX	2	M4044 40 M Y	38:12 9:33
64 Pink Sneakers -HONEY	LUBBOCK	TX			
65 Lightng Runrs -HONEY	LUBBOCK	TX			
66 Fantastics -HONEY	LUBBOCK	TX			
67 APRIL COVINGTON	LUBBOCK	TX	2	F2529 26 F N	39:11 9:48

## OVERALL RESULTS

Place Name	Town	St Div	Div	Ag S C 4	Pace
68 ABRAHAM MONTALVO	PLAINVIEW	TX	3	M0112 12 M N	39:25 9:52
69 Centennial T2 -ELEM	LUBBOCK	TX			
70 ZippinZappers -HONEY	LUBBOCK	TX			
71 Fast&Dangerous -HONEY	LUBBOCK	TX			
72 Bill Felton	LUBBOCK	TX	1	M7099 76 M N	40:07 10:02
73 GREEN BAY -TBR	TBR	TX			
74 JIM HARRIS	HOBBS	NM	1	M6569 68 M N	40:12 10:03
75 NINNIE MUGGINS -HONEY	LUBBOCK	TX			
76 Cheryl Weber	LUBBOCK	TX	1	F5559 57 F N	40:21 10:06
77 Crazy Kids -HONEY	LUBBOCK	TX			
78 Lisa Garner Santa	LUBBOCK	TX	2	F4044 42 F N	40:58 10:15
79 Tim Kennedy	LUBBOCK	TX	3	M2024 23 M N	41:49 10:28
80 Saints -TBR	TBR	TX			
81 Sharla Kinman	LUBBOCK	TX	3	F4044 42 F N	42:04 10:31
82 CATCH ME IF UCAN-HONEY	LUBBOCK	TX			
83 Fast&Furious -HONEY	LUBBOCK	TX			
84 SHORTIES -HONEY	LUBBOCK	TX			
85 Lindsey Kennedy	LUBBOCK	TX	3	F2529 26 F N	42:51 10:43
86 WE WANT SMORE -HONEY	LUBBOCK	TX			
87 Jay Dulin	SHALLOWATER	TX	10	M3539 36 M Y	42:59 10:45
88 Daniel Grason	LUBBOCK	TX	6	M5054 51 M N	43:09 10:48
89 GOLD DIGGERS -HONEY	LUBBOCK	TX			
90 Amy Hancock	LUBBOCK	TX	4	F2529 28 F N	43:34 10:54
91 Lady Raiders -HONEY	LUBBOCK	TX			
92 SPEEDY FIREWRKS-HONEY	LUBBOCK	TX			
93 Robert Varis	LUBBOCK	TX	3	M3034 31 M N	44:20 11:05
94 JOROND GAULT	LUBBOCK	TX	4	F4044 40 F N	44:25 11:07
95 Richard Morgan	LUBBOCK	TX	2	M6569 67 M N	44:36 11:09
96 RED RAIDERS -HONEY	LUBBOCK	TX			
97 RAIDER BEARS -HONEY	LUBBOCK	TX			
98 CORI ROGERS	LUBBOCK	TX	5	F3034 31 F N	45:07 11:17
99 Romans -FAMILY	LUBBOCK	TX			
100 CACTUS CUTIES -HONEY	LUBBOCK	TX			
101 TEAM SELLECK -FAMILY	LUBBOCK	TX			
102 Thing1-Thing2 -HONEY	LUBBOCK	TX			
103 THUNDERbolts -HONEY	LUBBOCK	TX			
104 CHAOTIC -HONEY	LUBBOCK	TX			
105 Lightng Bolts -HONEY	LUBBOCK	TX			
106 Shera Jackson	SLATON	TX	4	F3539 36 F N	49:04 12:16
107 Dare Dudes -HONEY	LUBBOCK	TX			
108 Jeff Mccutchen	LUBBOCK	TX	3	M4044 44 M N	49:26 12:22
109 Josie Aleman	LUBBOCK	TX	2	F5559 59 F N	49:45 12:27
110? MORE LOVE -2P FAM	LUBBOCK	TX			
111 POWER RUNRS -HONEY	LUBBOCK	TX			

## 2 PERSON RELAY RESULTS

Place Name	Ag Town	St 4
1 Oreos - TBR Y	TBR	TX 26:24
2 Mustangs-Shal MS T	SHALLOWATER	TX 26:33
3 BLAH BLAH BLAH-Honey Y	LUBBOCK	TX 31:33
4 Lightng Runners-Honey Y	LUBBOCK	TX 32:30
5 Zippin Zappers-Honey Y	LUBBOCK	TX 33:53
6 Fast&Dangerous-Honey Y	LUBBOCK	TX 34:05
7 GREEN BAY-TBR Y	TBR	TX 34:08
8 NINNIE MUGGINS-Honey Y	LUBBOCK	TX 34:13
9 The Saints- TBR Y	TBR	TX 36:02
10 WE WANT SMORE-Honey Y	LUBBOCK	TX 36:51
11 GOLD DIGGERS A	LUBBOCK	TX 37:31
12 RED RAIDERS-Honey Y	LUBBOCK	TX 38:42
13 The Romans A	LUBBOCK	TX 39:38
14 CACTUS CUTIES-Honey Y	LUBBOCK	TX 40:04
15 TEAM SELLECK Y	LUBBOCK	TX 40:31
16 Thing1-Thing2-Honey Y	LUBBOCK	TX 41:04
17 Lightng Bolts-Honey Y	LUBBOCK	TX 42:15
18 Dare Dudes-Honey Y	LUBBOCK	TX 43:06
19 MORE LOVE Y	LUBBOCK	TX 44:25
20 POWER RUNNERS-Honey Y	LUBBOCK	TX

WEST TEXAS RUNNING CLUB  
14K COTTON PATCH RUN  
February 12, 2011

OVERALL RESULTS

OVERALL RESULTS

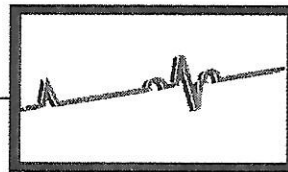
Place Name	Town	St Div Div	Ag S C 14K	Pace
1 Coby Styles	WICHITA FALLS	TX 1 M2529 26 M N	47:27	5:28
2 quent bearden	LUBBOCK	TX 1 M3539 35 M N	49:25	5:41
3 Trent Early	LUBBOCK	TX 1 M2024 22 M N	55:01	6:20
4 David Guinn	IDALOU	TX 1 M4044 44 M N	55:57	6:26
5 MARTIN MONTALVO	PLAINVIEW	TX 1 M4549 46 M N	57:14	6:35
6 John Rushing	PLANO	TX 2 M2024 20 M N	59:58	6:54
7 Andrew Alleman	SEABROOK	TX 3 M2024 20 M N	59:59	6:54
8 HEATH PENNELL	LUBBOCK	TX 2 M4044 43 M N	1:00:17	6:56
9 cody miller	LUBBOCK	TX 2 M4549 45 M N	1:01:39	7:06
10 Chris Toelle	LUBBOCK	TX 2 M3539 37 M N	1:01:55	7:07
11 Epi Aguirre	LUBBOCK	TX 1 M5054 52 M N	1:02:41	7:13
12 Luis Campos	MIDLAND	TX 1 M3034 31 M N	1:03:21	7:17
13 PAUL PARE	LUBBOCK	TX 3 M4549 48 M N	1:06:05	7:36
14 Walker Adams	WALL	TX 1 M1315 13 M N	1:06:21	7:38
15 Colleen Adams	WALL	TX 1 F1619 18 F N	1:06:24	7:38
16 Chad Wheeler	LUBBOCK	TX 2 M2529 26 M Y	1:07:01	7:43
17 abel perez	LEVELLAND	TX 3 M2529 25 M N	1:07:09	7:44
18 Richard Michael Calza	LUBBOCK	TX 4 M2024 20 M N	1:07:29	7:46
19 Chase Morrison	TYLER	TX 5 M2024 24 M N	1:07:33	7:46
20 Allison Nguyen	LUBBOCK	TX 1 F2529 27 F N	1:07:47	7:48
21 Shannon Himango	LEVELLAND	TX 3 M4044 44 M Y	1:07:54	7:49
22 Jana Redwine	LUBBOCK	TX 1 F3034 30 F N	1:08:10	7:51
23 Gabriel Olivarez	LUBBOCK	TX 2 M3034 34 M N	1:08:11	7:51
24 Tammy Moriearty	LUBBOCK	TX 1 F3539 37 F N	1:08:13	7:51
25 CATHERINE EVANS	HOBBS	NM 2 F2529 25 F N	1:09:36	8:00
26 AMANDA BOSTON	LUBBOCK	TX 3 F2529 26 F N	1:10:02	8:03
27 Farrell Martin	LUBBOCK	TX 4 M4044 44 M Y	1:10:27	8:06
28 Wesley Everett	LUBBOCK	TX 3 M3539 36 M N	1:10:37	8:07
29 Cynthia Sorensen	LUBBOCK	TX 1 F4549 47 F N	1:11:06	8:11
30 Victor Maldonado	SHALLOWATER	TX 4 M4549 45 M N	1:11:25	8:13
31 RUSSELL CARTER	LUBBOCK	TX 5 M4044 40 M N	1:12:09	8:18
32 Caroline Bales	LUBBOCK	TX 4 F2529 25 F N	1:12:50	8:23
33 Andrew Marshall	LUBBOCK	TX 6 M2024 22 M N	1:14:29	8:34
34 GARY EVANS	LUBBOCK	TX 3 M3034 30 M N	1:14:43	8:36
35 Ben Boston	LUBBOCK	TX 4 M2529 26 M N	1:14:46	8:36
36 Lauren Dorsey	LUBBOCK	TX 1 F2024 22 F N	1:15:04	8:38
37 Gabriel Sustaita	MIDLAND	TX 7 M2024 23 M N	1:15:05	8:38
38 Aaron Diaz	BROWNWOOD	TX 4 M3539 36 M N	1:15:07	8:39
39 LAWRENCE SCHOVANEK	LUBBOCK	TX 1 M5559 58 M N	1:15:44	8:43
40 JERRY DWYER	LUBBOCK	TX 2 M5054 51 M N	1:15:47	8:43
41 Christine Steen	LUBBOCK	TX 2 F3034 31 F N	1:16:20	8:47
42 RICHARD GALE	LUBBOCK	TX 1 M6064 61 M N	1:16:24	8:47
43 Jennifer Farris	LUBBOCK	TX 3 F3034 32 F N	1:16:41	8:49
44 VENESSA RODRIGUEZ	LUBBOCK	TX 2 F2024 24 F N	1:17:28	8:55
45 Kristi Starr	LUBBOCK	TX 1 F4044 40 F Y	1:17:39	8:56
46 Danny Munoz	LUBBOCK	TX 5 M3539 36 M N	1:17:53	8:58
47 Kathleen McGaughey	LUBBOCK	TX 3 F2024 24 F N	1:18:35	9:02
48 AMY MCALEXANDER	LUBBOCK	TX 4 F3034 30 F N	1:19:07	9:06
49 mandy poklikuha	LUBBOCK	TX 5 F3034 33 F N	1:19:58	9:12
50 Amy Hardberger	LUBBOCK	TX 2 F3539 38 F N	1:19:59	9:12
51 JENNIFER SNEAD	LUBBOCK	TX 2 F4044 41 F N	1:20:11	9:13
52 James Fannon	POST	TX 6 M4044 41 M Y	1:20:21	9:15
53 John Marshall	AMARILLO	TX 3 M5054 50 M N	1:20:47	9:18
54 Craig Cox	LUBBOCK	TX 6 M3539 36 M N	1:21:02	9:19
55 GORDEN JENKINS	AMARILLO	TX 1 M7099 70 M N	1:21:50	9:25
56 Matt Lilley	LUBBOCK	TX 4 M3034 34 M N	1:22:14	9:28
57 Andy Sustaita	MIDLAND	TX 2 M5559 56 M N	1:22:21	9:28
58 Sean Monro	LUBBOCK	TX 8 M2024 21 M N	1:22:27	9:29
59 Jaime Wheeler	LUBBOCK	TX 5 F2529 25 F N	1:22:31	9:29
60 Mitch Monroe	LUBBOCK	TX 4 M5054 50 M N	1:22:31	9:30
61 Brad Stanford	WOLFFORTH	TX 7 M4044 41 M Y	1:22:33	9:30
62 Dana Gustafson	LUBBOCK	TX 3 F4044 41 F N	1:23:14	9:34
63 Ruth Field	LUBBOCK	TX 2 F1619 18 F N	1:24:13	9:41
64 Jill Haukos	LUBBOCK	TX 2 F4549 46 F N	1:24:42	9:45
65 belisa waldrop	LUBBOCK	TX 4 F4044 43 F N	1:25:01	9:47
66 Caleb Phillips	LUBBOCK	TX 5 M3034 30 M N	1:25:04	9:47
67 Laurie Williams	LUBBOCK	TX 5 F4044 41 F N	1:25:28	9:50
68 Wendy Anderson	LUBBOCK	TX 6 F4044 40 F N	1:25:50	9:52

Place Name	Town	St Div Div	Ag S C 14K	Pace
69 Linda Schwertner	LUBBOCK	TX 3 F4549 47 F N	1:25:59	9:53
70 Becky Gomez	LUBBOCK	TX 3 F3539 37 F N	1:27:02	10:01
71 Jennifer Payne	LUBBOCK	TX 6 F3034 32 F N	1:28:00	10:07
72 Lanette Windham	LUBBOCK	TX 7 F4044 43 F N	1:28:14	10:09
73 Duane Jones	LUBBOCK	TX 5 M5054 50 M N	1:28:19	10:09
74 Karla Morrison	TYLER	TX 6 F2529 25 F N	1:30:02	10:21
75 MIKE STRUM	CARLSBAD	NM 2 M6064 60 M N	1:31:42	10:33
76 Jerry Adams	LUBBOCK	TX 7 M3539 35 M Y	1:31:44	10:33
77 Holly Goebel	LUBBOCK	TX 7 F2529 29 F N	1:31:50	10:34
78 Kate Kitchens	RANSOM CANYON	TX 1 F1315 13 F N	1:32:42	10:40
79 Gene Adams	WALL	TX 6 M5054 53 M N	1:33:26	10:45
80 jodee melton	LUBBOCK	TX 8 F2529 27 F N	1:33:50	10:48
81 Mike Kelley	LUBBOCK	TX 3 M6064 62 M N	1:33:57	10:48
82 Shannon Crawford	LUBBOCK	TX 7 F3034 32 F N	1:37:09	11:10
83 HEATHER DEVORE	LUBBOCK	TX 9 F2529 29 F N	1:37:14	11:11
84 Kendra Burris	LUBBOCK	TX 8 F3034 32 F N	1:38:02	11:17
85 todd cobe	LUBBOCK	TX 5 M4549 46 M N	1:38:43	11:21
86 Emily Woodruff	SMYER	TX 9 F3034 34 F N	1:41:17	11:39
87 Stacey Lewis	LUBBOCK	TX 10 F3034 30 F N	1:41:57	11:43
88 Etta Mayer	LUBBOCK	TX 1 F6099 61 F N	1:42:28	11:47

4 PERSON RELAY RESULTS

Place Name	Ag Town	St 4
1 MILES UP CLUB	A HOBBS	NM 25:52
2 Road Rippers-Honey	Y LUBBOCK	TX 26:18
3 Centennial TEAM 1	Y LUBBOCK	TX 27:26
4 ANGRY SCOTS	M LUBBOCK	TX 27:29
5 LADIES MAN-Honey	Y LUBBOCK	TX 27:42
6 Poodle Skirts LSS	Y LUBBOCK	TX 28:00
7 Xtreme-Honey Elem	Y LUBBOCK	TX 28:43
8 Fluffy Monsters LSS	Y LUBBOCK	TX 29:16
9 Chick-A-Dees LSS	Y LUBBOCK	TX 29:18
10 SHORTCAKES LSS	Y LUBBOCK	TX 29:19
11 Coyote Cubs-RSVLT	Y RANSOM CANYON	TX 31:31
12 Pink Sneakers-Honey	Y LUBBOCK	TX 32:26
13 Fantastics-Family	M LUBBOCK	TX 32:58
14 Centennial TEAM 2	Y LUBBOCK	TX 33:40
15 Crazy Kids-Honey	Y LUBBOCK	TX 34:30
16 CATCH ME IFUCAN-Honey	Y LUBBOCK	TX 36:05
17 Fast&Furious-Honey	Y LUBBOCK	TX 36:44
18 SHORTIES - Honey	Y LUBBOCK	TX 36:45
19 Lady Raiders	M LUBBOCK	TX 38:13
20 SPEEDY FIREWORKS-Hny	M LUBBOCK	TX 38:16
21 RAIDER BEARS-Honey	Y LUBBOCK	TX 38:44
22 THUNDERbolts-Honey	Y LUBBOCK	TX 41:28
23 TEAM CHAOTIC-Honey	Y LUBBOCK	TX 41:51

Y=YOUTH  
T=TEEN  
A=ADULT  
M=MIXED



- MEDICAL MASSAGE
- LYPOSSAGE
- SPORT TRAINING

Pj Mitchell, C.C.T., I.M.T



Pager 806.721.9940

WEST TEXAS RUNNING CLUB  
PRAIRIE DOG RUNS-RECORDS  
UPDATED:2010  
4 MILE RECORDS (Since 1983)  
USA T&F Certified #TX97108ETM

**MEN**

DIV	NAME	TOWN	AGE	TIME	YEAR
6-12	Ben Stewart	Lubbock	12	28:55	1999
13-15	Robert Jackson	Lubbock	15	24:01	1983
16-19	Brandon Birdsong	Lubbock	19	20:51*	2007*
20-24	Bob Jackson	Portales,NM	24	20:53	1983
25-29	Morgan McClarty	Lubbock	25	21:13	1994
30-34	Cliff McCurdy	Canadian	30	21:20	1984
35-39	Bob Jackson	Hobbs, NM	38	21:34	1997
40-44	George Chaves	Tucumcari,NM	40	21:27	1984
45-49	Robert Guajardo	Levelland	48	23:55	1991
50-54	Jim Leser	Lubbock	51	24:01	1998
55-59	George Jury	Lubbock	55	24:22	1992
60-64	Jim Harris	Hobbs,NM	61	29:59	2004
65-69	Don Sanderson	Tulla	66	28:47	1996
70+	Bill Felton	Lubbock	71	33:23	2006
	Clydes Kevin Lair	Lubbock	38	26:13	2000

**WOMEN**

DIV	NAME	TOWN	AGE	TIME	YEAR
6-12	Sara Aragon	Tucumcari,NM	12	29:41	1997
13-15	Laci Jackson	Hobbs, NM	15	26:33	1997
16-19	Anne Plachetka	Lubbock	18	32:26	1996
20-24	Lynne Moseley	Lubbock	24	27:29	1998
25-29	Sue Houle	Lubbock	28	26:19	1990
30-34	Marjory Stewart	Lubbock	32	23:58*	1991*
35-39	Marjory Stewart	Lubbock	36	25:24	1995
40-44	Marjory Stewart	Lubbock	40	28:57	1990
45-49	Denise Bray	Lubbock	45	29:40	2007
50-54	Madonne Miner	Lubbock	50	31:26	2003
55-59	P.J. Mitchell	Lubbock	57	36:13	2003
60+	P.J. Mitchell	Lubbock	60	38:15	2005
	Athena Edie Abel	Lubbock	40	34:29	2007

\* OVERALL COURSE RECORDS

TWO MILE EVENT RECORDS (Since 2007)  
\*\*\*\*\* MALE \*\*\*\*\*

\*OVERALL CORY HIGGINS

DIV	NAME	AGE	TOWN	TIME	YEAR
06-12	JAKE BROWNFIELD	12	LUBBOCK	12:43	2010
13-15	LUCAS MORRIS	15	LUBBOCK	11:43	2008
16-19	LUCAS MORRIS	17	LUBBOCK	11:37	2010
20-24	CORY HIGGINS	20	LUBBOCK	10:27*	2008*
25-29	BRETT HART	28	LUBBOCK	14:13	2008
30-34	CHRIS TRUITT	33	LUBBOCK	12:09	2009
35-39	GLEN POKLIKUHA	36	LUBBOCK	12:21	2008
40-44	NOE VALLES	43	LUBBOCK	14:52	2010
45-49	JIM HIGGINS	47	LUBBOCK	13:33	2008
50-54	JACKIE CANNON	52	AMARILLO	13:17	2008
55-59	LUIS CARDENAS	58	LUBBOCK	15:57	2010
60-64	RON LUBOWICZ	64	LUBBOCK	15:33	2007
65-69	JIM HARRIS	65	HOBBS,NM	19:13	2008
70+	BILL FELTON	72	LUBBOCK	16:20	2007

Name	Age	Town	St	TIME	YEAR
JOHN CLEMENTS	53	LUBBOCK	TX	14:31	2010

\*\*\*\*\* FEMALE \*\*\*\*\*

\*OVERALL AMANDA BOSTON

DIV	NAME	AGE	TOWN	TIME	YEAR
06-12	CECILIA FOGO	8	LUBBOCK	16:56	2010
13-15	LINDSEY LEWALLEN	13	LUBBOCK	15:20	2008
16-19	KYRA SLOAN	16	CROSBYTON	13:50	2009
20-24	LARISSA TRUE	24	LUBBOCK	13:34	2009
25-29	AMANDA BOSTON	26	LUBBOCK	12:58	2010*
30-34	IRIS RIVERO	34	LUBBOCK	13:18	2010
35-39	TAMMY MORIEARTY	35	WOLFFORTH	15:00	2009
40-44	LEE HANDLIN	40	LUBBOCK	15:32	2009
45-49	LAURIE KELSO	45	RANSOM CANYON	18:05	2007
50-54	SISSY KEELING	51	ABILENE	16:43	2010
55-59	JOSIE ALEMAN	56	LUBBOCK	23:59	2008
60+	P.J MITCHELL	62	LUBBOCK	17:34	2007

ATHENA 2 MILE

Name	Age	Town	St	TIME	YEAR
STEPHANIE BRINKMAN	38	AUSTIN	TX	23:52	2007

WEST TEXAS RUNNING CLUB'S ANNUAL  
PRAIRIE DOG TOWN RACES  
4 MILE & 2 MILE

EVENT # 3 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, MARCH 12, 2011

Register online at <http://wtrunning.com>

See Enclosed Mail in Form for Information

On Site Registration: 8:00 to 8:45 A.M

Prairie Dog Town Races 2 & 4 Miles Start at 9:00 A.M.

WHERE: Broadway & Canyon Lake Road

AID STATIONS: Approximately Every Two Miles

WTRC Rules Do Not Permit Pets, Skates, Strollers, or Bicycles

AGE DIVISIONS:

**MEN:** 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49;  
50-54; 55-59; 60-64; 65-69; 70 Plus

**WOMEN:** 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59;  
60 Plus

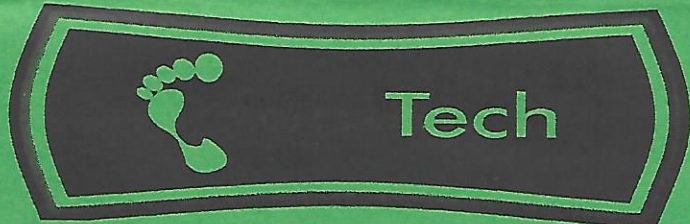
Clydesdale and Athena group in both races.

**AWARDS:** A Unique Prairie Dog Medal will be awarded To at least the first three finishers in each age group in the 2 and 4 mile and up to 50% of each group.

Entry Fee: W.T.R.C. Members \$5.00, Non Members \$10.00  
\$5.00 for children 12 and under, Race day \$15.00 Everyone

RACE DIRECTOR: Cody Miller, 806-773-8905

WTRC RACE DIRECTOR: Randy Holloway 806-789-1547



**Lubbock's Running & Comfort Shoe Store**

Your Lubbock home for foot Technology.

Our Knowledgeable staff will be capable of offering specialized service to all ages and foot types ranging from diabetics to athletes. Foot Tech features brand name shoes such as Brooks, Saucony, Mizuno they also offer a full range of socks and compression wear, orthotics and other foot health accessories are available. All WTRC members receive a 20% discount, please visit us at 3407 34th St next door to Caprock Cafe, phone # 806-799-1122

**New Members,**

**Welcome to the West Texas Running Club!**

"The newsletter is now available online at <http://wtrunning.com>, we are phasing out the process of emailing newsletters to members. You can find the monthly newsletter link on the main page bottom left corner". For questions, ideas, or concerns please email [rosehoeve@hotmail.com](mailto:rosehoeve@hotmail.com)

## West Texas Running Club Event Calendar

\* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT  
WTRC CALENDAR - 2011

- MAR 01 WTRC Board meeting: Tuesday, 7:00pm  
Ron's office, 3309-67<sup>th</sup> St, 806-781-0231
- MAR 05 Trooper McDonald Memorial Race: 5K/1M, 8:30am,  
Post, TX, <https://runsignup.com/Race/Register/?raceid=500>  
RD, Alison Blalock, 806-781-3828,  
[alison.blalock@gmail.com](mailto:alison.blalock@gmail.com)
- MAR 05 Honor Conner 5K & 1M Fun Run: 5K/1M, 8:30am,  
Bonham Middle School, Amarillo, TX.
- \* MAR 12 PRAIRIE DOG TOWN RUNS: 9:00am, 4M/2M, MacKenzie  
Park, E Broadway & Cesar Chavez Dr, Cody Miller,  
RD, 806-773-8905
- MAR 19 Wayland Wellness 5K Run: 5K, 9:30am, Hilliard  
Field, Plainview, TX, RD, Ron Appling, 806  
291-3451, 291-3447, [applingr@wbu.edu](mailto:applingr@wbu.edu)
- MAR 26 The Great H.O.G.G. Race: Race Canceled for 2011
- MAR 26 9<sup>th</sup> Annual Bloodgusher: ½ Marathon/10k/5k/1k, 9:00AM,  
Midland TX, <http://pbrrunningclub.tripod.com>
- MAR 26 Bivins Bulldog 5K: 5K, Amarillo, TX, Contact Beth  
Petty, 806-433-4143
- MAR 27 Capital 10,000: 10K, 8:00am, Austin, TX,  
<http://www.statesman.com/cap10k>
- APR 02 Festival of Voices(CASA) 5K, 7:30am, San Antonio, TX,  
<http://www.casa-satx.org>
- \* APR 09 RUN FOR THE ARTS: 8:00am, 15K/2M/1M Kid's Café Fun  
Run, Lubbock Memorial Civic Cntr, Mac Davis Lane,  
Suzan Caudle, RD, 806-799-3813
- APR 10 Big "D" Texas Marathon: Dallas, TX,  
<http://www.texasmarathon.com>
- APR 16 Speak Up For Kids Casa 5K: contact Rose Carkeet,  
806-763-2272, <http://www.lubbockcasa.org>
- APR 23 New Mexico/Texas "Club Challenge": 7:00am,  
Marathon/Half Marathon/10K/5K, Hobbs NM, Jim  
Harris, RD, [www.leacountymuseum.org](http://www.leacountymuseum.org)
- APR 30 Meadow Mile: 1M/5K/ 5K Kids, 9:00am, Meadow TX,  
Monica Caswell-RD, [www.meadowisd.net](http://www.meadowisd.net)
- \* MAY 14 HUGH HAYNES MEMORIAL HSB CANYON RUNS: 11M/6M/2M,  
8:00am, Horseshoe Bend Canyon, N. of Slaton,  
Randy Holloway, RD, 806-789-1547
- \* JUN 11 BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE: 10K/2M,  
8:00am, Texas Dome, South Plains College, Levelland,  
TX, Bill Rogers, RD, 806-894-7911

WTRC Website: <http://wtrunning.com>  
Calendar, Photos, Online registration, Membership, etc.



4501 71st Street #907  
Lubbock, TX 7924  
March 2011





# The West Texas Running Club Prairie Dog Town Races March 12th, 2011

Mail  
Registration  
Thru March 7<sup>th</sup>

\$5.00 WTRC members, \$10.00 non-members, \$15 Race Day  
Make Checks payable to: WTRC  
Mail checks & entry forms to: David Higgins  
3401 Alcove Ave  
Lubbock, TX 79407

Races start at 9:00 A.M.  
at MacKenzie Park  
Broadway & Canyon Lake Road  
Cody Miller, Race Director  
(806) 773-8905

**Waiver - all entrants must read and sign**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, my own health conditions, whether known or unknown to me, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, **FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE WEST TEXAS RUNNING CLUB AND ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS, INCLUDING THE LUBBOCK COUNTY WATER CONTROL AND IMPROVEMENT DISTRICT NO.1, FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THE RACE OR THE CLUB'S ACTIVITIES, EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS, IN PART OR WHOLE, OF THE WEST TEXAS RUNNING CLUB OR OTHER SPONSORS REFERENCED ABOVE.**

This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.

Signature of entrant \_\_\_\_\_ Signature of guardian (minors) \_\_\_\_\_

Age \_\_\_\_\_ (on race day) Distance \_\_\_\_\_ 2 miles \_\_\_\_\_ 4 miles \_\_\_\_\_ Male \_\_\_\_\_ Clydesdale (190 lbs or more)

Name \_\_\_\_\_ Female \_\_\_\_\_ Athena (150 lbs or more)

City \_\_\_\_\_ State \_\_\_\_\_ Phone Number \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Contact Phone Number: \_\_\_\_\_

After 170 Years Texas Invades New Mexico AGAIN!  
**BATTLE OF NEW MEXICO  
AND TEXAS RUNNING CLUBS**

NEW MEXICO  
TEXAS  
CHALLENGE  
MARATHON  
HALF MARATHON/10K/5K



SATURDAY, APRIL 23, 2011 • HOBBS/LOVINGTON, NM



**SPONSORED BY**

- Lea County Museum
- West Texas Running Club
- Western Heritage Museum

**FOR MORE INFORMATION**

- Jim Harris (575) 396-4805
- leacomuseum@leaco.net
- www.leacountymuseum.org

