

July 2011



Volume 4, Issue 6



4501 71st Street #907  
Lubbock, TX 7924

**WTRC Officers**

President – Ron Lubowicz  
(O) 781-0231  
E-mail: ronlubo@aol.com

Internal Vice-President  
Amanda Boston  
amandaboston@gmail.com

External Vice-President  
Terry Dalton

Secretary– Wendy Anderson  
E-mail: teachwa@yahoo.com

Treasurer - David Higgins  
(H) 785-8562 (O) 795-5823  
E-mail: d\_higgins69@hotmail.com

Past President - Mike Kelley  
(H) 765-0441  
E-mail: mkelleyrun@yahoo.com

**Directors**

Newsletter Director - Rose Hoeve  
(H) 829-2381, (O) 773-1856  
E-mail: rosehoeve@hotmail.com

Internal Race Director  
Randy Holloway  
(H) 794-7512, (O) 771- 0329  
E-mail: randyholloway@sbcglobal.net

Equipment Director - George Jury  
(H) 792-1237, (W) 792-3291  
E-mail: rungwj@aol.com

Race Calendar Director  
Suzan Caudle  
(H) 799-3813  
E-mail: suzieq5279407@yahoo.com

Membership Director  
Amy McAlexander  
(Cell) 806-252-2429  
E-mail: amy.mcalexander@ttuhsc.edu

Club Historian – James Livermore  
(H) 792-5815  
E-mail: jlmore@nts-online.net

**Race Director's Report**

God gave us a beautiful day to run the Levelland Lope in and we give Him praise for it. It was pretty cool and had a nice breeze but the course is not one to give up record times. It was a great race but all great races have great people to put it on and those great people were George Jury, Randy Holloway, Al Gardner, Tony Aleman, Clint Eastwood, Amy Hancock, Damon Provence, Martin Montalvo, Abraham Montalvo, David Higgins, Jay Wyatt, Larry Byrd, John Wayne, Wayne and PJ Sullivan, Myriam Guardiola, Monica Sobolewska, Rod Burgett, Terry Dalton, Marilyn Monroe, Suzan Caudle, and a special thanks to my wife Sally Roger. We thank Dee Dee Odorizzi and her staff for the Fitness Center restrooms. I hope I did not miss anyone and If I did I apologize. See you next year and happy running.

Bill Roger

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Tuesday, August 2, 2011 @ 7:00 p.m. at 3309 67th Street, all members are welcome.

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**42nd Annual Firecracker Runs**

Monday, July 4, 2011

Terry County Park,  
Brownfield, Texas

Children's 1 Mile starts @  
7:40am,

3 & 10 Mile Race Starts @ 8:00  
am

Race Director: Jim Harris,  
(575)392-8945 (O)  
(575) 370-4034 (C)

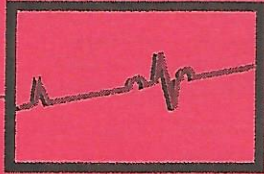
Sponsor: Brownfield Chamber  
of Commerce



The White Buffalo Stampede will be October 8th, starting at 9:00. We have changed the 1K to a 1 mile, because we are doing this as a fundraiser for a local group, "We Care, Cancer Doesn't" and hoping to draw more folks walking for the cause. All money will go toward providing mammograms to all those in need in Scurry County. We still have our 14 age divisions in the 5K, with \$100 to top male and top female. Fees: \$15 early, \$20, late (after October 3rd). T-shirts to all entrants and lots of door prizes as usual. Entry form can be downloaded from [www.whitebuffalostampede.com](http://www.whitebuffalostampede.com) or email: [seasterling@wtc.edu](mailto:seasterling@wtc.edu).

### A message from P.J.Mitchell-Sullivan

**Register early for the Hot Dam Runs, in July you can register at the WTRC store during the Firecracker Run and later through the website. The first 100 runners to register will receive a t-shirt, and once we run out of t-shirts we will be unable to reorder.**



- MEDICAL MASSAGE
- LYPOSSAGE
- SPORT TRAINING

Pj Mitchell, C.C.T. I.M.T.



Pager 806.721.9940



### Lubbock's Running & Comfort Shoe Store

Your Lubbock home for foot Technology.

Our Knowledgeable staff will be capable of offering specialized service to all ages and foot types ranging from diabetics to athletes. Foot Tech features brand name shoes such as Brooks, Saucony, Mizuno they also offer a full range of socks and compression wear, orthotics and other foot health accessories are available. All WTRC members receive a 20% discount, please visit us at 3407 34th St next door to Caprock Cafe, phone # 806-799-1122

Dear Club Members,

Please keep in mind that in order to be eligible to participate in the Challenge Series one must have volunteered at least once and must have run in at least 3 races (relays will not be counted towards these three races) to be eligible for a "Points" award. If you have any questions or concerns please feel free to contact George Jury using the information listed below.

George W. Jury [rungwj@aol.com](mailto:rungwj@aol.com) 792-3291 (d) , 792-1237 (n)

## BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE

2 Mile and 10K Road Races  
Levelland, Texas JUNE 11, 2011

## 10K OVERALL RESULTS

Place	Name	Town	St Div	Div	Ag	S	10k	Pace
1	JULIAN FLOREZ	HOBBS	NM	1	M	16	18 M	33:33 5:24
2	JACOB LOZANZO	HOBBS	NM	1	M	20	20 M	33:50 5:27
3	quent bearden	LUBBOCK	TX	1	M	35	36 M	34:39 5:35
4	BENJAMIN TANUI	LUBBOCK	TX	2	M	35	35 M	36:30 5:53
5	Joseph Flotte	HOBBS	NM	1	M	13	15 M	37:57 6:07
6	Bob Jackson	HOBBS	NM	1	M	50	52 M	39:29 6:22
7	Luke Samarron	LEVELLAND	TX	2	M	16	17 M	40:17 6:30
8	Lee Cohen	LUBBOCK	TX	3	M	35	38 M	42:20 6:49
9	JERRY DWYER	LUBBOCK	TX	2	M	50	51 M	42:22 6:50
10	Paul David Gaschen	LUBBOCK	TX	2	M	13	15 M	44:12 7:07
11	ANDY MALONE	WOLFFORTH	TX	2	M	20	23 M	44:37 7:11
12	abel perez	LEVELLAND	TX	1	M	25	26 M	45:22 7:19
13	Epi Aguirre	LUBBOCK	TX	3	M	50	52 M	45:47 7:23
14	Cody Miller	LUBBOCK	TX	1	M	45	45 M	45:59 7:25
15	Julie Garza	SLATON	TX	1	F	35	39 F	46:01 7:25
16	Farrell Martin	SHALLOWATER	TX	2	M	45	45 M	46:09 7:26
17	Randy Holloway	LUBBOCK	TX	4	M	50	54 M	46:17 7:28
18	Amanda Boston	LUBBOCK	TX	1	F	25	27 F	46:19 7:28
19	ABEL REYNA	LUBBOCK	TX	3	M	45	47 M	46:49 7:33
20	IRIS RIVERO	LUBBOCK	TX	2	F	35	36 F	47:03 7:35
21	Jesus Rodriguez	'DONNELL	TX	3	M	13	15 M	48:09 7:46
22	Drew Myers	FORT WORTH	TX	4	M	35	36 M	48:39 7:50
23	KEITH PODREBARTZ	LUBBOCK	TX	5	M	35	36 M	48:44 7:51
24	Andrew Marshall	LUBBOCK	TX	3	M	20	23 M	49:14 7:56
25	LAURA COPE	LUBBOCK	TX	2	F	25	26 F	49:43 8:01
26	Gary Vaughn	LUBBOCK	TX	1	M	40	40 M	49:59 8:03
27	GARY EVANS	LUBBOCK	TX	1	M	30	31 M	50:02 8:04
28	Isaac Munoz Jr	LUBBOCK	TX	6	M	35	35 M	50:28 8:08
29	Laura Sefcik	LUBBOCK	TX	3	F	25	29 F	50:45 8:11
30	TRACY JENKINS	LEVELLAND	TX	1	F	45	46 F	50:48 8:11
31	Brian Kay	OCEAN SPRINGS	MS	4	M	45	49 M	51:23 8:17
32	Jennifer Snead	LUBBOCK	TX	1	F	40	41 F	51:34 8:19
33	Sarah Stevenson	LUBBOCK	TX	1	F	30	33 F	53:13 8:34
34	DAMON PROVENCE	SUDAN	TX	1	M	60	60 M	53:52 8:41
35	David Weaver	LUBBOCK	TX	1	M	55	59 M	54:01 8:42
36	LEDAH WELCH	WOLFFORTH	TX	4	F	25	28 F	54:01 8:42
37	Carrie Badillo	LUBBOCK	TX	2	F	30	33 F	54:04 8:43
38	Jennifer Haddock	LUBBOCK	TX	3	F	30	30 F	54:11 8:44
39	Kristi Starr	LUBBOCK	TX	1	ATH	40	40 F	54:12 8:44
40	Terry Dalton	LUBBOCK	TX	2	M	55	56 M	54:19 8:45
41	Amy Hardberger	AUSTIN	TX	3	F	35	38 F	55:00 8:52
42	Steve German	LUBBOCK	TX	5	M	50	53 M	55:07 8:53
43	John Marshall	AMARILLO	TX	6	M	50	51 M	55:07 8:53
44	MARY BRANSCOME	LUBBOCK	TX	1	F	50	51 F	55:34 8:57
45	Shaun Fant	LUBBOCK	TX	2	M	40	44 M	55:36 8:58
46	RICHARD GALE	LUBBOCK	TX	2	M	60	62 M	55:50 9:00
47	Vanessa reasoner	LUBBOCK	TX	3	F	40	42 F	55:54 9:00
48	Mandy Poklikuha	LUBBOCK	TX	4	F	30	33 F	56:01 9:02
49	roy gonzalez	LUBBOCK	TX	7	M	35	38 M	56:05 9:02
50	Ronnie Prigg	LUBBOCK	TX	3	M	60	60 M	56:12 9:03
51	BRIAN STARR	LUBBOCK	TX	3	M	40	44 M	56:13 9:04
52	Darla Gleaves	LUBBOCK	TX	4	F	35	39 F	56:27 9:06
53	Amy Lovett	PORTALES	NM	5	F	30	33 F	56:32 9:06
54	Alison Blalock	LUBBOCK	TX	1	F	20	24 F	56:56 9:10
55	Jana Redwine	LUBBOCK	TX	6	F	30	31 F	56:56 9:10
56	Kathleen McGaughey	LUBBOCK	TX	2	F	20	24 F	56:56 9:10
57	Jennifer Foster	LUBBOCK	TX	4	F	40	43 F	57:33 9:16
58	Les Kinman	LUBBOCK	TX	5	M	45	46 M	57:52 9:19
59	Pam Gaschen	LUBBOCK	TX	2	F	45	46 F	59:08 9:32
60	GORDEN JENKINS	AMARILLO	TX	1	M	70	70 M	59:24 9:34
61	JIM WALKER	LEVELLAND	TX	4	M	60	62 M	59:43 9:37
62	Jennifer Farris	LUBBOCK	TX	7	F	30	32 F	1:01:02 9:50
63	Sandra Torres	LUBBOCK	TX	5	F	40	43 F	1:01:31 9:55
64	William Hepburn	LUBBOCK	TX	3	M	55	56 M	1:01:45 9:57
65	AMY McAlexander	LUBBOCK	TX	8	F	30	30 F	1:01:46 9:57
66	Brandi Arnold	LUBBOCK	TX	9	F	30	32 F	1:02:02 10:00
67	MARICARMEN SOLIS	LEVELLAND	TX	5	F	35	38 F	1:02:11 10:01
68	Sharla Kinman	LUBBOCK	TX	6	F	40	43 F	1:02:33 10:05
69	Ashley Williams	LUBBOCK	TX	5	F	25	25 F	1:02:39 10:06
70	LANETTE WINDHAM	LUBBOCK	TX	7	F	40	43 F	1:02:40 10:06

## BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE

2 Mile and 10K Road Races  
Levelland, Texas JUNE 11, 2011

## 10K OVERALL RESULTS

Place	Name	Town	St Div	Div	Ag	S	10k	Pace
70	LANETTE WINDHAM	LUBBOCK	TX	7	F	40	43 F	1:02:40 10:06
71	MIKE STRUM	CARLSBAD	NM	5	M	60	60 M	1:02:52 10:08
72	Laurie Williams	LUBBOCK	TX	8	F	40	42 F	1:03:04 10:10
73	MICHAEL MCDONALD	LUBBOCK	TX	6	M	60	62 M	1:03:37 10:15
74	mars bennett	LUBBOCK	TX	3	F	45	47 F	1:04:04 10:19
75	Johnna Jackson	WOLFFORTH	TX	6	F	35	39 F	1:04:06 10:20
76	Yolanda Mendoza	MULESHOE	TX	2	F	50	52 F	1:04:20 10:22
77	Craig Peterson	HOBBS	NM	7	M	50	54 M	1:04:29 10:23
78	Jennifer adling	LUBBOCK	TX	9	F	40	40 F	1:05:32 10:33
79	Bryan Dotson	LUBBOCK	TX	2	M	25	28 M	1:05:54 10:37
80	Kate Cross	LUBBOCK	TX	6	F	25	25 F	1:05:56 10:37
81	Natalie Mahlberg	LUBBOCK	TX	7	F	25	25 F	1:05:57 10:37
82	JAMES LIVERMORE	LUBBOCK	TX	7	M	60	64 M	1:06:12 10:40
83	mike kelley	LUBBOCK	TX	8	M	60	62 M	1:06:19 10:41
84	katrina cook	LUBBOCK	TX	7	F	35	35 F	1:06:50 10:46
85	Meghan Marnell	LUBBOCK	TX	8	F	25	28 F	1:06:50 10:46
86	Wendy Anderson	LUBBOCK	TX	10	F	40	41 F	1:06:54 10:47
87	Jim Thompson	PLAINVIEW	TX	4	M	55	56 M	1:06:56 10:47
88	ROSE HOEVE	RANSOM	TX	11	F	40	43 F	1:07:27 10:52
89	Brett Jackson	WOLFFORTH	TX	8	M	35	38 M	1:11:49 11:34
90	Carrie Timmons	LEVELLAND	TX	10	F	30	32 F	1:12:53 11:44
91	Katelyn Olsen	Lubbock	TX	2	Ath	26	26 F	1:17:59 12:34
92	etta mayer	LUBBOCK	TX	1	F	60	62 F	1:18:39 12:40

## TWO MILE OVERALL RESULTS

Place	Name	Town	St Div	Div	Ag	S	2	Pace
1	MATTHEW RODRIGUEZ	SLATON	TX	1	M	16	18 M	11:44 5:52
2	AUSTIN PEREZ	HOBBS	NM	2	M	16	18 M	11:48 5:54
3	Jake Brownfield	LUBBOCK	TX	1	M	13	13 M	12:28 6:14
4	HOPE JIMENEZ	LEVELLAND	TX	1	F	25	27 F	12:44 6:22
5	Christopher Lozano	MULESHOE	TX	2	M	13	15 M	13:20 6:40
6	Jim Higgins	LUBBOCK	TX	1	M	50	50 M	13:24 6:42
7	Juan Herrera	LEVELLAND	TX	1	M	40	41 M	13:27 6:44
8	BUDDY HUTTO	LEVELLAND	TX	2	M	50	50 M	14:02 7:01
9	Kenny Powell	LUBBOCK	TX	1	M	35	37 M	14:06 7:03
10	Paul Darden	SUNDOWN	TX	3	M	50	51 M	14:13 7:07
11	David Doyle	LUBBOCK	TX	4	M	50	52 M	14:21 7:11
12	MIKE LAWSON	LEVELLAND	TX	5	M	50	52 M	14:37 7:19
13	HEDGE MARTIN	LUBBOCK	TX	2	M	35	36 M	14:51 7:26
14	John Clements	LUBBOCK	TX	1	M	55	55 M	15:02 7:31
15	Adam Rodriguez	SLATON	TX	1	M	45	46 M	15:07 7:34
16	JOSH STARR	LUBBOCK	TX	3	M	13	13 M	15:23 7:42
17	Alvin Llanas	WOLFFORTH	TX	6	M	50	52 M	15:35 7:48
18	Christopher Gaschen	LUBBOCK	TX	4	M	13	14 M	15:44 7:52
19	Shannon Anderson	LUBBOCK	TX	3	M	35	39 M	15:47 7:54
20	Mont McClendon	LUBBOCK	TX	4	M	35	39 M	15:48 7:54
21	Jerry Morris	LUBBOCK	TX	1	M	60	60 M	15:54 7:57
22	BRITTANY GARZA	SLATON	TX	1	F	16	18 F	16:48 8:24
23	Brandon Berkshire	LUBBOCK	TX	1	M	25	27 M	16:49 8:25
24	Karen Howell	LUBBOCK	TX	1	F	40	41 F	16:50 8:25
25	SCOTT WADE	LEVELLAND	TX	2	M	45	46 M	16:55 8:28
26	amy martin	LUBBOCK	TX	1	F	20	22 F	17:01 8:31
27	joe martin	LUBBOCK	TX	7	M	50	51 M	17:02 8:31
28	NORMA GARCIA	LUBBOCK	TX	2	F	40	41 F	17:07 8:34
29	Troy Pratt	LUBBOCK	TX	3	M	45	45 M	17:08 8:34
30	Ben Boston	LUBBOCK	TX	2	M	25	26 M	17:13 8:37
31	Alexis Hart	SUNDOWN	TX	1	F	11	12 F	17:18 8:39
32	Deana Martin	SHALLOWATER	TX	3	F	40	42 F	17:50 8:55
33	Katie Higgins	LUBBOCK	TX	2	F	20	20 F	18:13 9:07
34	LUIS SAUCEDA	LITTLEFIELD	X	2	M	55	58 M	18:22 9:11
35	Isaac Esqueda	LUBBOCK	TX	1	M	30	30 M	18:47 9:24
36	RALPH WOLF	LUBBOCK	TX	1	M	70	74 M	19:26 9:43
37	Isaac Sr Munoz	LUBBOCK	TX	3	M	55	56 M	19:45 9:53
38	RANDY MULSOW	LUBBOCK	TX	4	M	55	55 M	19:54 9:57
39	Paul Gaschen	LUBBOCK	TX	4	M	45	45 M	20:05 10:03
40	Kimbra Quinn	LEVELLAND	TX	1	F	35	37 F	20:06 10:03
41	JIM HARRIS	HOBBS	NM	1	M	65	68 M	20:41 10:21
42	SPENCER WILLIAMS	LUBBOCK	TX	1	M	01	02 M	21:03 10:32

TWO MILE OVERALL RESULTS					
Place Name	Town	St Div	Div	Ag S 2	Pace
43 KEELY WILLIAMS	LUBBOCK	TX	1	F3034 34 F	21:04 10:32
44 Debbie Roman	LUBBOCK	TX	1	F5559 55 F	21:07 10:34
45 JOSH HOEVE	RANSOM	TX	2	M0112 12 M	21:34 10:47
46 Antonio Roman	LUBBOCK	TX	5	M5559 58 M	21:48 10:54
47 Mike sellack	RANSOM CANYON	TX	6	M5559 59 M	22:17 11:09
48 Julie sellack	RANSOM CANYON	TX	1	F6099 60 F	22:27 11:14
49 BRENDA HERNANDEZ	IDALOU	TX	4	F4044 40 F	22:40 11:20
50 Laura Lappe	LUBBOCK	TX	1	F4549 45 F	23:10 11:35
51 rick lampe	LUBBOCK	TX	2	M6569 66 M	23:28 11:44
52 NATALIO HERNANDEZ	IDALOU	TX	2	M4044 41 M	23:35 11:48
53 NICK HOEVE	RANSOM	TX	5	M1315 13 M	24:09 12:05
54 Tami Miller	LUBBOCK	TX	1	F5054 51 F	24:57 12:29
55 Gabriela Saldana	LUBBOCK	TX	2	F4549 47 F	25:00 12:30
56 Ross Cohen	LUBBOCK	TX	3	M0112 7 M	25:59 13:00
57 Josie Aleman	LUBBOCK	TX	2	F6099 60 F	26:07 13:04
58 Elizabeth Alarcon	MULESHOE	TX	2	F2529 29 F	26:13 13:07
59 ALEXIS HOEVE	RANSOM	TX	1	F1315 14 F	26:22 13:11
60 JOSE FIGUEROA	CONROE	TX	6	M1315 14 M	26:23 13:12
61 JOEL FIGUEROA	CONROE	TX	4	M0112 11 M	26:27 13:14
62 sherril patterson	LUBBOCK	TX	5	F4044 43 F	26:41 13:21
63 AGNES SAUCEDA	LITTLEFIELD	TX	2	F5559 55 F	27:22 13:41
64 Veronica Esqueda	LUBBOCK	TX	3	F2529 29 F	28:28 14:14

TEXAS' OLDEST CONTINUOUS ROAD RACE (Since 1970)  
 WTRC's ANNUAL FIRECRACKER RUNS, BROWNFIELD, TEXAS  
 JULY 4th EVENT RECORDS (after 40 years)

10 MILE MEN					
DIV	NAME	TOWN	AGE	TIME	YEAR
13-15	Jared Davis	Bledsoe, Tx	15	1:12:00	2002
16-19	Sam Mwabe	Levelland	18	52:54	2001
20-24	Jorge Pacheco	Levelland	22	52:34	1990
25-29	Josephat Keino	Lubbock	28	52:08	*2009
30-34	Quent Bearden	Lubbock	34	56:00	2009
35-39	Bob Jackson	Hobbs, NM	36	56:56	1995
40-44	Bob Jackson	Hobbs, NM	43	57:05	2002
45-49	Bob Jackson	Hobbs, NM	48	1:00:45	2007
50-54	George Jury	Lubbock	50	1:03:28	1987
55-59	George Jury	Lubbock	55	1:08:54	1992
60-64	Don Sanderson	Tulia	63	1:16:30	1993
65-69	Ralph Wolf	Lubbock	69	1:29:01	2006
70 Plus	Don Sanderson	Tulia	71	1:21:07	2001
Clydes	Farrell Martin	Lubbock	34	1:09:45	2003

WOMEN					
DIV	NAME	TOWN	AGE	TIME	YEAR
13-15	Colleen Adams	Wall, Tx	15	1:15:37	2008
16-19	Stephanie Bigham	Idalou	18	1:15:14	2001
20-24	Idalia Casiano	Lubbock	23	1:07:52	1991
25-29	Carrie Rustad	Iraan, TX	25	1:09:53	1996
30-34	Marjory Stewart	Lubbock	32	1:05:30	*1991
35-39	Becky Rowley	Clovis, NM	39	1:12:10	2003
40-44	Denise Bray	Lubbock	41	1:17:48	2003
45-49	Mary Branscome	Lubbock	45	1:22:10	2005
50-54	Madonne Miner	Lubbock	50	1:22:07	2003
55-59	P.J. Mitchell	Lubbock	55	1:29:55	2001
60 Plus	P.J. Mitchell	Lubbock	60	1:34:49	2006
Athena	---	---	---	---	---

\*\*Note: ages 1-12 are no longer eligible to participate in our longer events. This applies to male or female and any distance over 4 miles.

3 MILE MEN					
DIV	NAME	TOWN	AGE	TIME	YEAR
6-12	---	---	---	---	---
13-15	Carlos Ybarra	Lamesa	15	15:58	1978
16-19	Curtis Conaway	Lubbock	18	14:44	1979
20-24	Abel Kuhnli	(SPC)Levelland	23	15:23	1993
25-29	Dennis Williams	Lubbock	29	14:23	*1975
30-34	Steve Stallings	Stanton	30	15:02	1982
35-39	Quinn Smith	Grants, NM	35	15:56	1995
40-44	Bob Jackson	Hobbs, NM	44	16:31	2003
45-49	George Jury	Lubbock	49	17:47	1986
50-54	George Jury	Lubbock	52	17:45	1989
55-59	Robert Guajardo	Levelland	56	18:49	1999
60-64	Jim Harris	Hobbs, NM	60	21:16	2003
65-69	Don Sanderson	Tulia	66	21:29	1986
70 Plus	Don Sanderson	Tulia	74	24:35	2004
Clydes	Jeromy Casey	Brownfield	24	19:42	1999

WOMEN					
DIV	NAME	TOWN	AGE	TIME	YEAR
6-12	---	---	---	---	---
13-15	Hope Jimenez	Lamesa	13	19:27	1997
16-19	Mary Ann Hernandez	Brownfield	18	18:48	1999
20-24	Isabel Navarro	Brownfield	21	18:21	*1979
25-29	Linda Northrup	26	19:08	2001	
30-34	Isabel Torres	Brownfield	34	21:04	1992
35-39	Melanie McVey	Sundown	39	21:34	2001
40-44	Sherrill Easterling	Hico	44	20:25	1994
45-49	Cheryl Weber	Lubbock	46	22:00	1999
50-54	P.J. Mitchell	Lubbock	53	23:55	1999
55-59	Estela Galvan	Brownfield	58	28:26	2001
60 Plus	Estela Galvan	Brownfield	60	28:52	2003
Athena	Lee Handlin	Lubbock	38	26:38	2007

\* Overall event record

WTRC MEMBER PROFILE

John Clements

Some may wonder why pick this person to feature in these articles. After the 2009 BUFFALO WALLOW races, I decided to compare who was still running 30 years after my first 13 miler. In 1979, a runner named John Clements, age 23, ran the event and I had never seen his name in any of our events until the 2009 half marathon, when a "John Clements" age 53, ran 1:58:03. I never got a chance to talk to him and find out why after all these years he entered one of these events. Turns out, John had made friends with Bill Felton at the Buffalo race and he agreed to join the WTRC. His next race was the PRAIRIE DOG RUN March 2010. The following is what I learned about him.

John was born and raised in Lubbock and graduated from Monterey High School in 1974. He then attended TTU, earning a BS in psychology in 1978. Interesting facts about John are that his father owned and managed several properties here and now John is in charge of those properties. A very interesting fact about him is that his grandfather was Sid Carraway who settled in the area in early 1900's and founded the Carraway ranch which was located to the southwest of what is now the 50th and Indiana Avenue intersection. As any of you older people will recall, the landmark for that ranch stood for many years at that location where the original headquarters of the ranch and was remembered by the large ancient mulberry tree and windmill that remained there for many years.

After graduation at TTU he moved to Florida where his brother resided. His brother was working for NASA and still does. While in Tallahassee he worked as a licensed mental health counselor and attended Florida State University, obtaining an MS in Recreational Therapy in 1983.

John married Janine Mendheim in 1985. She was diagnosed with cancer 2 days before their marriage. She battled Hodgkins Lymphoma for 20 years before succumbing to the disease in 2004. They were never able to have children. They had moved back to Lubbock in 2003. John has done volunteer work with "INTERNATIONAL STUDENTS INCORPORATED" since 1989. This is a Christian Ministry to foreign students. He is a member of Melonie Park Church.

When asked about his athletic endeavors, he stated that he was the best tennis player at Monterey at the time and did play some for TTU. He got interested in running the summer of 1979 and entered some races. "I remember running a real hot race in Midland that summer. Men had surrounded a man who had already finished and were visiting with him under a shade tree. He had outrun me (but was older). It was George W. Bush! I guess he was a Senator at the time."

When asked what motivated him to run, he said he always liked the feeling of being in shape, the endorphin (second winds) and the physical fitness running always gives us. He was also encouraged by his brother who had run a 4:58 mile on the FSU track and they ran with friends "who were fast".

He started doing triathlons in the 80's "when they were just \$5-\$10 to enter back then!" His most memorable triathlon was when he completed the REDMAN IRONMAN in Oklahoma in 2008.

John just entered a new age category when he turned 55 on May 30, 2011. He is very appreciative of the efforts of the WTRC officers and volunteers and the friendliness of the members.

**W.T.R.C. 2011 CHALLENGE SERIES  
STANDINGS AFTER 6 EVENTS**

**FEMALE**

YTD TOTALS						YTD TOTALS					
6 - 12 FEMALE	AGE	PTS	MILES	EVT	VOL	30 - 34 FEMALE	AGE	PTS	MILES	EVT	VOL
Jordan Selleck	10	23	6	3		Jill Jaquess	33	5	6	1	
Catherine Cannon	11	13	4	2		Shannon Crawford	31	4	13.7	2	
Kenley Frazier	11	10	2	1		Kristen Wright	30	3	5	1	
Gabby Waldrop	7	9	2	1		Brandi Arnold	32	2	6.2	1	
Rachel Starr	9	7	4	2		Carrie Timmons	32	1	6.2	1	
Julianne Reeves	7	6	2	1		Susan Everett	33	0	5	1	
Katelyn Heise	9	2	4	2		Melody Evans	31	0	8.7	1	*
Jacey Hise	11	0	2	1							
						<b>35 - 39 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
						Iris Rivero	36	49	35.5	5	
<b>13 - 15 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Deborah Bahme	39	33	19	4	
Whitney Thoms	14	10	2	1		Amy Hardberger	38	33	30.2	4	
Alexis Hoeve	14	10	22.3	3	*	Tammy Moriearty	37	29	29	3	
						Becky Gomez	37	16	23	3	
<b>16 - 19 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Jonna Byars	37	15	20.3	2	
Kelsey Higgins	19	10	6	1		Maricarmen Solis	38	14	12.2	2	
						Shannon McClendon	38	10	2	1	
<b>20 - 24 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Sarah Floyd	36	10	18.3	3	
Amy Martin	22	30	14.7	4	*	Sara Miller	35	9	2	1	
Taylor Huckaby	24	28	11	3		Christy Hennigan	37	8	14.3	2	
Elizabeth Williams	23	23	10	3		Rhonda Frazier	38	1	9.3	1	
Venessa Rodriguez	24	19	18	2		Michaela Jansen	37	0	5	1	*
Alison Blalock	24	10	6.2	1		Malinda Colwell	37	0	5	1	
Tamara Vickers	24	8	2	1		Carol Hise	38	0	5	1	
Laura Romero	24	8	2	1		Misty Scott	35	0	5	1	
Alison Blalock	24	7	5	1							
Amanda Weeks	24	7	9.3	1		<b>40 - 44 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Jordan Outlaw	22	7	4	1		Sharia Kinman	43	48	18.2	6	
						Belisa Waldrop	43	41	21.7	5	
<b>25 - 29 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Jennifer Snead	41	39	39.2	5	*
Amanda Boston	27	46	35.2	5		Deana Martin	43	37	8	4	
Catherine Evans	26	35	28	4		Wendy Anderson	41	32	31.9	5	
Briseida Ramos	28	32	25.3	3		Deborah Gelber	42	29	27	4	*
Allison Forsberg	27	28	23	3	*	Karen Howell	41	26	20	3	
Claudia Ramos	25	28	10	3		Lisa Garner-Santa	42	25	12	4	
Amy Hancock	28	20	21.5	4	*	Jorond Gault	40	22	10	4	
Shanna Faries	26	18	6	2		Vanessa Reasoner	42	19	12.2	2	
April Covington	27	17	15	4		Holly Snodgrass	41	16	10	2	
Candice Norrod	26	17	4	2		Dee Knapp	44	14	14.3	2	
Laura Sefcic	29	17	12.2	2		Lanette Windham	43	14	19.9	3	
Veronica Esqueda	29	17	6	3		Lee Handlin	41	9	5	1	
Ashley Williams	25	16	8.2	2		Wendy Guinn	43	9	2	1	
Heather Devore	29	11	14.7	3		Rose Hoeve	43	9	21.5	3	*
Natalie Mahlberg	25	11	12.2	2		Jennifer Foster	43	8	6.2	1	
Valerie Berkshire	29	9	2	1		Jennifer Adling	40	3	6.2	1	
Vanessa Aguirre	27	7	4	1		Janda Jackson	41	0	5	1	*
Jaime Wheeler	25	6	8.7	1							
Leslie Montandon	29	3	4	1		<b>45 - 49 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>
Maggie Thompson	25	0	4	1		Laura Lappe	45	34	13	5	*
Jessica Brockman	27	0	9.3	1	*	Cynthia Sorrenson	47	30	29	3	
						Jill Haukos	46	26	18.7	3	
<b>30 - 34 FEMALE</b>	<b>AGE</b>	<b>PTS</b>	<b>MILES</b>	<b>EVT</b>	<b>VOL</b>	Pam Gaschen	46	19	10.2	2	
Jennifer Farris	32	43	31.9	6		Gwen Lappley	48	18	14.3	2	
Amy Lovett	33	43	16.2	5		Marsha Bennett	47	16	20.5	3	*
Christine Steen	32	37	19.7	4		Laetta Akbar-Ali	48	11	4	2	
Mandy Poklikuha	33	37	44.2	6		Kate Kueser	48	10	5	1	
Amy McAlexander	30	30	31.9	6	*	Judy Fleming	46	10	6	1	
Sarah Stevenson	33	30	19.5	3		Pam Humphreys	47	9	2	1	
Carrie Badillo	33	29	16.2	3		Kelly Robinson	45	9	11	1	
Jennifer Haddock	30	26	26.5	3		Linda Jama	46	8	4	1	
Nonnie Peters	32	19	28.3	5		Andi Giberson	45	7	5	1	
Erin Dulin	32	17	15	4		Tommie Gressett	48	7	2	1	
Sonia Rodriguez	30	16	14.3	2		Patricia Dennis	48	6	9.3	1	
Amy Slayton	33	10	13.3	2		Vicki Fischenich	45	5	9.3	1	
Heather Keister	32	9	2	1							
Rachel Miller	30	7	5	1							
Ann Reeves	32	6	2	1							
Jennifer Payne	32	5	8.7	1							

\*\* = RACE DIRECTOR

\* = VOLUNTEER

**W.T.R.C. 2011 CHALLENGE SERIES  
STANDINGS AFTER 6 EVENTS  
Continued FEMALE & MALE**

YTD TOTALS						YTD TOTALS					
50 - 54 FEMALE						30 - 34 MALE					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Kammy Philbrick	50	30	16.7	4	*	Gary Evans	31	45	44.2	6	
Julie Randolph	52	26	20.3	3		Gabriel Olivarez	34	36	16.7	4	
Leesa Price	54	20	11	2		Isaac Esqueda	30	22	8	3	
Tami Miller	51	19	8	3	*	Justin Selleck	34	20	4	2	
Glenna Beyer	52	10	2	1		Jonathon Wright	32	12	9	2	
Barbara Phipps	53	10	9.3	1		Keagan McDermett	33	10	6	1	
Mary Branscome	51	10	6.2	1		Phillip Guengerish	34	9	4	1	
Young Moore	54	8	4	1		Damon Chase	33	8	5	1	
55 - 59 FEMALE						35 - 39 MALE					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Debbie Roman	55	40	8	4		Caleb Phillips	30	8	13.7	2	
Cheryl Weber	58	20	8	2		Matt Lilley	34	8	13.7	2	
Sarah Gaxiola	58	17	4	2		Nicholas Reeves	32	8	2	1	
Suzan Caudle	58	0	53.5	6	**	Jeff Hancock	33	7	5	1	
60 - 99 FEMALE						40 - 44 MALE					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Etta Mayer	62	48	39.2	5		David Slayton	32	4	4	1	
Josie Aleman	60	45	12	5		Chad Elrod	34	3	5	1	
Julie Selleck	60	20	4	2		Quent Bearden	36	63	44.2	6	
P. J. Sullivan	65	10	44.2	6	*	Lee Cohen	38	58	31.5	6	
Carol Schempp	62	8	9.3	1		Mont McClendon	39	47	21	6	
Athena-age graded	AGE	PTS	MILES	EVT	VOL	Kenny Powell	37	45	21.3	6	*
Kristi Starr	40	61	36.9	6		Isaac Munoz, Jr.	35	40	27.5	5	
Gabriela Saldana	47	17	4	2		Shannon Anderson	39	37	18	5	
Stacey Lewis	30	14	23	3		Hedge Martin	36	33	32.3	6	*
Maria Ramos	48	9	2	1		David Aguirre	39	21	24.3	4	*
Katelyn Olsen	26	9	6.2	1		Wesley Everett	36	20	23	3	
Sherri Paterson	43	8	2	1		Chris Toelle	37	18	13.7	2	
6 - 12 MALE						45 - 49 MALE					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Cole Agnew	9	25	10	3		Russ Horn	37	12	16	2	
Joshua Hoeve	12	14	6	3		Roy Gonzalez	38	9	25.5	4	*
Ross Cohen	7	12	8	4		Eric Fisher	39	8	13.7	2	*
Austin Thoms	11	10	2	1		Ron Adams	36	8	24.3	3	*
Bo Thoms	12	9	2	1		Jeff Shelton	39	8	2	1	
Nick Selleck	7	7	6	3		Earnest Cavazos	39	8	11	1	
Caleb Starr	11	5	4	2		Chris Gallarneau	35	6	2	1	
Kamren Shelton	10	5	2	1		Corey King	36	5	5	1	
Dakota Hernandez	11	2	2	1		Shawn Lawler	37	5	28.3	5	*
Beau Miller	10	0	2	1		Eddy Morelock	38	1	5	1	
Carson Heise	6	0	2	1		Chris Milford	37	0	5	1	
Zane Gray	8	0	2	1		Glen Poklikuha	38				
13-15 MALE						40 - 44 MALE					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Abraham Montalvo	13	25	16.2	5	*	David Guinn	44	40	25	4	
Josh Starr	13	19	6	3		Heath Pennell	43	27	38	5	*
Paul David Gaschen	15	18	8.2	2		Brian Starr	44	27	16.2	3	
Christopher Gaschen	14	13	4	2		Sean Schwarzentraub	43	13	11	2	
Walker Adams	13	10	8.7	1		Marin Hernandez	40	10	4	1	
Nick Hoeve	13	6	2	1		Gary Vaughn	40	10	6.2	1	
16-19 MALE						45 - 49 MALE					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Robert Guinn	17	39	13	4		Russell Carter	40	8	8.7	1	
Lucas Morris	19	31	19.3	3		Scott Burris	41	6	13.7	1	*
Luke Samarron	17	30	12.2	3		Brett Peikert	43	5	5	1	
Austin Martin	16	20	6	3		Greg Milford	41	1	5	1	
Timothy Peikert	16	8	5	1		45 - 49 MALE					
20 - 24 MALE						NAME	AGE	PTS	MILES	EVT	VOL
NAME	AGE	PTS	MILES	EVT	VOL	Martin Montalvo	46	40	40.2	5	*
Matt Ange	23	20	13.3	2		Les Kinman	46	38	31.5	6	*
John Keith	21	10	5	1		Cody Miller	45	35	33.9	5	**
Tanner Vickers	24	7	5	1		Abel Reyna	47	29	12.2	3	
25 - 29 MALE						Paul Pare	49	27	24	3	
NAME	AGE	PTS	MILES	EVT	VOL	Rod Burgett	46	24	26.2	4	*
Curtis Norrod	27	40	21.3	5	*	Troy Pratt	45	23	10	3	
Ben Boston	26	38	24	5		J. Edson Pinto	49	22	19.3	3	
Marek Potratz	29	19	14.7	4	*	Richard Shaw	49	16	13.3	2	
Brandon Berkshire	27	19	4	2		Brent Lowrey	49	16	20.3	2	
John Griffin	29	9	2	1		Joe Kueser	49	9	5	1	
Arturo Olivarez	29	9	2	1		Paul Gaschen	45	8	2	1	
Jason Hancock	29	8	2	1		Kevin Lair	49	0	9	2	*
Andrew Huff	29	3	5	1							
Cody Brockman	29	0	9.3	1	*						

\*\* = RACE DIRECTOR  
\* = VOLUNTEER

# West Texas Running Club

45-49 MALE						70-99 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Martin Montalvo	46	40	40.2	5	*	Gorden Jenkins	70	60	39.2	6	
Les Kinman	46	38	31.5	6	*	Bill Felton	76	29	15	4 *	
Cody Miller	45	35	33.9	5	**	Ralph Wolf	74	10	7	2 *	
Abel Reyna	47	29	12.2	3		Mike Greer	72	9	5	1	
Paul Pare	49	27	24	3		Bob Broselow	70	9	6	1	
Rod Burgett	46	24	26.2	4	*	George Jury	74	0	44.2	6	
Troy Pratt	45	23	10	3		Larry Byrd	70	0	29.9	4 *	
J. Edson Pinto	49	22	19.3	3		Bill Roger	71	0	12.4	1 **	
Richard Shaw	49	16	13.3	2		<b>CLYDESDALE - age graded</b>					
Brent Lowrey	49	16	20.3	2		Farrell Martin	45	58	39.2	6	
Joe Kueser	49	9	5	1		Shaun Fant	43	43	35.5	5	
Paul Gaschen	45	8	2	1		Craig Peterson	54	36	28.5	5	
Kevin Lair	49	0	9	2	*	Jay Dulin	36	29	33.3	5	
50-54 MALE						70-99 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Jerry Dwyer	51	46	33.2	5		Jerry Adams	35	26	24	4	
Epi Aguirre	52	41	33.2	5		Shannon Himango	44	20	13.7	2	
Jim Higgins	50	37	20.3	4		Brad Stanford	41	13	13.7	2	
Joe Frank Martin	51	29	27.7	6	*	Larry Boskas	49	9	2	1	
Alvin Llanas	52	29	12	4		Chad Wheeler	26	8	8.7	1	
David Doyle	52	26	16	4	**	James Fannon	41	7	8.7	1	
Randy Holloway	54	23	55.2	6	**	Brad Pruitt	43	4	4	1	
Randy Bunyard	53	16	17.3	3							
Ronnie Trolinger	51	16	11	2							
Mitch Monroe	50	14	13.7	2							
James Pries	50	13	4	2							
Gail Faries	51	13	4	2							
Duane Jones	50	12	18	2							
Bob Jackson	52	10	6.2	1							
Paul Darden	51	9	2	1							
Bill Gellber	52	7	10.7	2	*						
Ed Price	54	5	5	1							
Gene Adams	53	5	8.7	1							
Dennis Berger	52	0	8.7	1	*						
Gonzalo Ramirez	54	0	13.3	2	*						
Ray Major	50	0	23	3	*						
55-59 MALE						70-99 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Jackie Cannon	55	50	12	5							
John Clements	55	48	10	5							
Fred Weber	59	33	28.3	5	*						
Luis Cardenas	59	27	13	4	*						
Michael Selleck	59	27	8	4							
Antonio Roman	58	26	8	4							
Fred Constancio	58	24	14.7	4	*						
Joseph Wilson	55	20	9	2							
Lawrence Schovane	58	18	13.7	2							
William Hepburn	56	17	12.2	2							
Terry Dalton	56	17	44.2	6	*						
David Weaver	59	15	20.5	3	*						
Jeff Tucker	56	10	9.3	1							
Rick Wannamacher	56	9	13.7	2	*						
Lorenzo Padilla	56	9	2	1							
Jimmy Samaron	56	9	2	1							
Ken Spain	57	7	23	3	*						
Randy Egenbacher	55	6	2	1							
David Higgins	58	0	52.9	6	**						
60-64 MALE						70-99 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Michael McDonald	62	41	35.5	5							
Richard Gale	62	39	29.9	4							
Mike Strum	60	31	35.2	4							
Damon Provence	60	29	23.5	4	*						
James Livermore	64	27	30.5	5	*						
Mike Kelley	62	21	19.9	3							
Jerry Morris	60	20	4	2							
Rob Lee	63	10	2	1							
Gary Gressett	64	10	2	1							
Wayne Sullivan	60	9	44.2	6	*						
Doug Sanford	62	8	5	1							
Tony Aleman	60	0	34.9	5	*						
65-69 MALE						70-99 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Jim Harris	68	59	14	6							
Rick Lampe	66	32	13	5	*						
James Pratt	69	28	14.7	4	*						
Richard Morgan	67	9	4	1							
Ron Lubowicz	68	0	34	4	*						

**WEST TEXAS RUNNING CLUB'S ANNUAL**  
**42nd Annual Firecracker Runs**  
**Children's 1 Mile, 3 & 10 Mile Races**

**EVENT # 7 OF THE W.T.R.C. CHALLENGE SERIES**

**WHEN:** SATURDAY, July 04, 2011  
 Register online at <http://wtrunning.com> See Enclosed Mail in Form for Information On Site Registration: 7:00 to 7:30am Children's 1 Mile Starts at 7:40 A.M. 3 & 10 Mile Starts at 8:00am

**WHERE:** Terry Country Park, Brownfield, Texas, from Lubbock on Hwy. 62, go to the stoplight at Buckley St. & turn left on to Old Lamesa Rd., turn right just past the swimming pool.

**COURSE:** Mostly flat, out and back on paved streets and rural county Roads.

**AID STATIONS** at least every 2 miles.

WTRC Rules Do Not Permit Pets, Skates, Strollers, or Bicycles

**AGE DIVISIONS, 10 Mile**

**MEN:** 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 Plus

**WOMEN:** 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus

**Age Divisions, 3 Mile**

**MEN:** 7-12, 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 Plus

**WOMEN:** 7-12, 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus

Clydesdale and Athena group in both races.

Children's 1 Mile run: grades pre-school through 6th, special commemorative medals for first place boy and girl overall. Finish ribbons for the remainder. Grade as of Fall, 2011.

**AWARDS:** Special and unique commemorative medallions Awards given to the first 3 in each age group and up to 5 of the contestants in each age group Awards will be presented at 8:05am (Kids Run), 8:35am (3 Mile), and 10am (10 Mile).

Entry Fee: W.T.R.C. Members \$5.00, Non Members \$10.00  
 Race day \$15.00 Everyone  
 RACE DIRECTOR: Jim Harris 575-392-8945 (O), 575-370-4034 (C)  
 E-mail: [randyholloway@sbcglobal.net](mailto:randyholloway@sbcglobal.net)



## West Texas Running Club Event Calendar

Indicates WTRC Monthly Race & CHALLENGE SERIES EVENT

- JUL 05 WTRC Board meeting: NO MEETING!
- \* JUL 04 **42nd ANNUAL FIRECRACKER RUN**: 10M/3M/1M Elem Run, 8:00am(7:40am 1Mi), Terry County Park, Brownfield, Jim Harris, RD, 575-370-4074.
- JUL 09 Early Settler's Day 5K Run: 8:00am, SPC Track, Levelland, TX, Spencer McGombs, 806-897-0540.
- JUL 16 Fit 4 Fun Kids Triathlon: 7:30am, TTU Leisure Pool, <http://www.depts.ttu.edu/recsports/>
- JUL 23 New Home Freak Out! 5K/1M, New Home, TX Stina Nieman, [snienan@esc17.net](mailto:snienan@esc17.net) 806-891-5446 [www.newhomeisd.org](http://www.newhomeisd.org)
- JUL 30 Epilepsy Foundation West Texas 5K Fun Run: 5K/1M, 8:30am, TTU Football Facility, **featuring** Coach Tommy Tuberville and Texas Rangers of Company C, (Coach Tuberville will start the race)[www.efrx.org](http://www.efrx.org) Lana Snyder 806-559-3518
- AUG 06 Sundown Roughneck Roadrace: 5K/1M, 8:00am, Sundown Tx, Emily Terry, 806-229-3163
- Aug 07 Prude Ranch Races: 10K/5K, Duathlon, Ft Davis TX <http://www.fitnesscamp.org/ranchrace.html>
- \* AUG 13 **HOT DAM RUNS**: 5M/2M, 8:00am, Canyon Lake#6, 22nd & MLK, PJ Sullivan, RD, 806-785-5748.
- \* SEP 10 **SHALLOWATER STAMPEDE**: 10K/2M, 8:00am, Shallowater High School, RD: Rod Burgett, 806-548-1796
- SEP 17 Hale on Feet 5K(& Bike): 8:45am, Plainview TX, <http://site.haleonwheelsbikeride.com/> Ron Appling, [rappling2000@yahoo.com](mailto:rappling2000@yahoo.com) 806-291-3451
- SEP 17 Shortgrass Scamper: 10K/5K/1M, 8am, Archer City, TX, <http://acshortgrassscampercom.webstarts.com/>
- \* OCT 08 **RED RAIDER ROAD RACE**: 10K/5K, 8:00am, TTU Rec Center, RD'S: Amy McAlexander 806-252-2429 & Tammy Monearty 806-438-5483
- Oct 29 Habitat Trick or Treat Trot 20K/10K/5K, 7:30am, Dress up in costumes encouraged, Renae Ludrick 432/686-8877

WTRC Website: <http://wtrunning.com>  
Monthly Newsletter, Calendar, Photos, Online signup & Membership



4501 71st Street #907  
Lubbock, TX 7924  
July 2011





# 42nd Annual Firecracker Runs July 4th 2011

Race day signup is from 7:00am to 7:30am ONLY!

Kid's 1 Mile Run Starts at 7:40 A.M.

Mail	\$5 WTRC members, \$10 non-members, \$15 Race Day	3&10 Mi Races Start 8:00 A.M.
Registration	Make Checks payable to: WTRC	Terry County Park
Thru June 30th	Mail checks & entry forms to: David Higgins	Brownfield, Texas
1 Mile Kids Run \$1.00	3401 Alcove Ave	Jim Harris, Race Director
3M, Ages 10-15 \$5	Lubbock, TX 79407	(575)-392-8945 Office
		(575)-370-4034 Cell

## WAIVER OF LIABILITY

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, my own health conditions, whether known or unknown to me, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, **FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE WEST TEXAS RUNNING CLUB AND ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS, FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THE RACE OR THE CLUB'S ACTIVITIES, EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS, IN PART OR WHOLE, OF THE WEST TEXAS RUNNING CLUB OR OTHER SPONSORS REFERENCED ABOVE.**

This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.

Our insurance prohibits the use of strollers, skates/roller blades, pets or bicycles on the race course!

Signature of entrant \_\_\_\_\_ Signature of guardian (minors) \_\_\_\_\_

Age \_\_\_\_ (on race day) Distance: (circle one) 3 Mi 10 Mi 1 Mi Elementary Kids Run

Grade (Fall of 2011) \_\_\_\_\_ (for kids run)

Male Female (Circle One) Are you a WTRC member? Y / N

MALE: Age Group Category \_\_\_\_ or Clydesdale (190 lbs +)... Circle One

FEMALE: Age Group Category \_\_\_\_ or Athena (150 lbs +)... Circle One

Name \_\_\_\_\_ Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Phone Number \_\_\_\_\_

Emergency Contact (Name) \_\_\_\_\_ Emer Contact Ph# \_\_\_\_\_

You must be 16 years or older to enter the 10 mile race, and 10 yrs or older to enter the 3 Mile race. 3 Mile is \$5.00 for ages 10 to 15 (members and non-members of the WTRC).

1 Mile Kid's Run is for Kindergarten thru 6<sup>th</sup> grade only and starts at 7:40am

Race day signup is from 7:00am to 7:30am ONLY!