

Mede
Susan



3312 44th Street
Lubbock, TX 79413

July 2010

Volume 3, Issue 6

IT'S SENIOR OLYMPIC TIME IN LUBBOCK

After an absence of our Lubbock Senior Games (Olympics) last year the good news is that our local games will resume shortly, Wed. Aug. 11th to Sunday, Aug. 15th.

2010 is an especially important year since it is the qualifying year for the 2011 National Senior Olympics to be held next summer in Houston. It is unlikely that these National Games will return to Texas in the next 20 years, so now is the time to take advantage of them while they are held within a fairly close distance.

For Texans, to compete nationally, you must first qualify for the Texas state games to be held in Houston this year from Oct. 17th to Oct. 31st. You can easily qualify for the state competition by qualifying first at the local level, namely, Lubbock, since those placing in the first six places of any event automatically qualify "to go to State."

Our W.T.R.C is sponsoring this year's 5K and 10K races which will be combined so a runner can qualify in BOTH distances at the same time. Our Club members will receive a special entry fee of \$15.00 to run one or both races instead of the regular \$25.00 Application Fee required of all other entrants in the Lubbock games, which consist of ten other sports other than road races. A T-shirt will also be included for the \$15.00.

Competition is in the usual five (5) year brackets for both men & women starting at 50-54, 55-59, etc. All entries must be postmarked NLT Aug. 2nd, however, so there is no provision for last minute sign-ups for our Sunday, Aug. 15th 5K-10K combined road races.

WTRC Officers

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Club Historian – James Livermore
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W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Tuesday, August 4, 2009 @ 7:00 p.m. at 3309 67th Street, all members are welcome.

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41th Annual Firecracker Runs

Saturday, July 3rd, 2010

Terry County Park,
Brownfield, Texas

Children's 1 Mile starts @
7:40am,

3 & 10 Mile Race Starts @
8:00 am

Race Director: Jim Harris,
(575)392-8945 (O)
(575) 370-4034 (C)

Sponsor: Brownfield Chamber
of Commerce



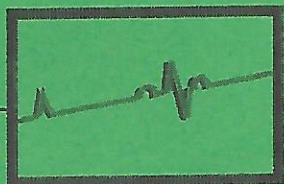
We had a great morning to run temperature wise but the wind was very tough especially on the last part of the 10K but the runners endured and since this was the first race for the certified course records were set for all age groups in both female and male categories. We had a total of 142 runners which was a good turn out. We also had a very good group of helpers and they did an excellent job. I want to thank each and everyone. They include Sally Roger, Randy Holloway, Beth Hadzie, Mike Lemond, David Higgins, George Jury, Susan Caudle, Jim Leggitt, Josie Aleman, Tony Aleman, and Mayela Sanchez. Thanks to PJ Mitchell and Wayne Sullivan for selling shirts and thanks to Susan Bacon for bringing the bagels and bananas. A special thanks to Dee Dee Oorizzi for the bathrooms.

Sorry if I missed anyone.

See you next June at the Levelland Lope Bill Roger

Our main purpose ...

is to promote distance running as an aid to physical fitness and longevity and if need be, an alternative "Positive Addiction". We also wish to unite runners of every level of ability and interest, to exchange good health and training ideas, to train together and participate in races, but most of all to promote friendship and camaraderie among all area runners. Our monthly club races are primarily designed to offer each member a yardstick for measuring personal accomplishments and not necessarily competition against each other. We offer encouragement to all runners, regardless of age and ability. Our club is the only Running Club west of the metroplex and north of Austin which conducts at least one race per month.

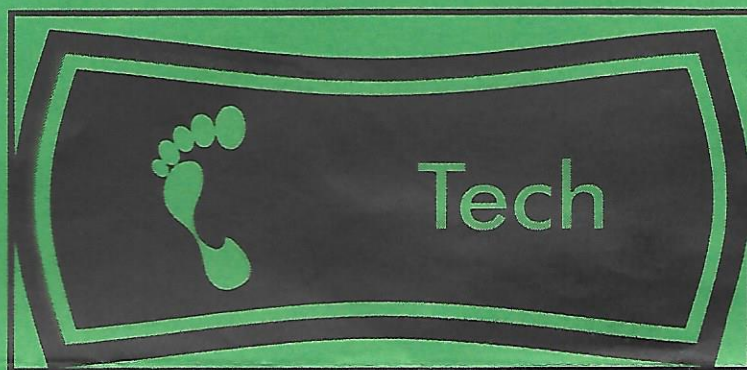


- MEDICAL MASSAGE
- LYPOSSAGE
- SPORT TRAINING

Pj Mitchell, C.C.T., LMT



Pager 806.721.9940



Lubbock's Running & Comfort Shoe Store

Your Lubbock home for foot Technology.

Our Knowledgeable staff will be capable of offering specialized service to all ages and foot types ranging from diabetics to athletes. Foot Tech features brand name shoes such as Brooks, Saucony, Mizuno they also offer a full range of socks and compression wear, orthotics and other foot health accessories are available. All WTRC members receive a 20% discount, please visit us at 3407 34th St next door to Caprock Cafe, phone # 806-799-1122

Dear Club Members,

Please keep in mind that in order to be eligible to participate in the Challenge Series one must have volunteered at least once and must have run in at least 3 races (relays will not be counted towards these three races) to be eligible for a "Points" award. If you have any questions or concerns please feel free to contact George Jury using the information listed below.

George W. Jury rungwj@aol.com 792-3291 (d) , 792-1237 (n)

BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE
JUNE 12, 2010

TWO MILE OVERALL RESULTS

Place Name	Town	St Div Div	Ag S 2	Pace
1 VENTURA GONZALEZ	LEVELLAND	TX 1	M1619 17 M	11:58 5:59
2 Luke Samarron	LEVELLAND	TX 2	M1619 16 M	12:05 6:03
3 KYLE WHEELER	WILSON	TX 3	M1619 17 M	12:11 6:06
4 NATHAN CONROY	LUBBOCK	TX 4	M1619 18 M	12:55 6:28
5 JESSE GONZALEZ	LUBBOCK	TX 5	M1619 16 M	12:56 6:28
6 TIMOTHY PEIKERT	LUBBOCK	TX 6	M1619 16 M	12:57 6:29
7 BEN WHEELER	WILSON	TX 1	M1315 15 M	12:58 6:29
8 Shannon Anderson	LUBBOCK	TX 1	M3539 38 M	13:12 6:36
9 STEPHEN ROMERO	LUBBOCK	TX 1	M2529 29 M	13:24 6:42
10 Jake Brownfield	LUBBOCK	TX 1	M0112 12 M	13:41 6:51
11 JUAN HERRERA	SUNDOWN	TX 1	M4044 40 M	14:03 7:02
12 Mont McClendon	LUBBOCK	TX 2	M3539 38 M	14:16 7:08
13 Ben Boston	LUBBOCK	TX 2	M2529 25 M	14:23 7:12
14 John Clements	LUBBOCK	TX 1	M5054 54 M	14:34 7:17
15 David Doyle	LUBBOCK	TX 2	M5054 51 M	14:40 7:20
16 MIKE LAWSON	LEVELLAND	TX 3	M5054 51 M	14:58 7:29
17 GONZALO RAMIREZ	LUBBOCK	TX 4	M5054 54 M	15:04 7:32
18 CRYSTAL HERRERA	SUNDOWN	TX 1	F1619 17 F	15:50 7:55
19 LUIS CARDENAS	LUBBOCK	TX 1	M5559 58 M	15:52 7:56
20 Brandon Berkshire	LUBBOCK	TX 3	M2529 26 M	16:20 8:10
21 CHRISTOPHER GASCHEN	LUBBOCK	TX 2	M1315 13 M	16:31 8:16
22 RYAN LAWSON	LEVELLAND	TX 1	M2024 20 M	16:36 8:18
23 Austin Preiss	LUBBOCK	TX 3	M1315 14 M	16:39 8:20
24 Joe Frank Martin	LUBBOCK	TX 5	M5054 50 M	16:54 8:27
25 MATTHEW GONZALEZ	LEVELLAND	TX 2	M0112 12 M	17:07 8:34
26 KAMMY PHILBRICK	LUBBOCK	TX 1	F4549 49 F	17:16 8:38
27 PAUL FOWLER	LUBBOCK	TX 1	M3034 33 M	17:22 8:41
28 Amy Martin	LUBBOCK	TX 1	F2024 21 F	17:36 8:48
29 WAYNE SULLIVAN	LUBBOCK	TX 2	M5559 59 M	17:46 8:53
30 Valarie Boston	LUBBOCK	TX 1	F2529 29 F	17:48 8:54
31 Abraham Montalvo	PLAINVIEW	TX 3	M0112 12 M	17:57 8:59
32 FRED CONSTANCIO	LUBBOCK	TX 3	M5559 57 M	18:03 9:02
33 AMY MCALEXANDER	LUBBOCK	TX 2	F2529 29 F	18:35 9:18
34 AMY LOVETT	PORTALES	NM 1	F3034 32 F	18:42 9:21
35 James Preiss	LUBBOCK	TX 1	M4549 49 M	19:01 9:31
36 Julian Hall	LUBBOCK	TX 4	M0112 10 M	19:09 9:35
37 Joshua Brownfield	LUBBOCK	TX 4	M1315 14 M	19:26 9:43
38 Evan Gomez	LEVELLAND	TX 5	M0112 12 M	19:31 9:46
39 Alyssa Bruce	NEW DEAL	TX 1	F1315 14 F	19:35 9:48
40 BILL PASEWARK	LUBBOCK	TX 6	M5054 53 M	19:46 9:53
41 JIM HARRIS	HOBBS	NM 1	M6569 67 M	20:09 10:05
42 MICHELE JONES	SPUR	TX 2	F3034 34 F	20:27 10:14
43 GRAHAM PASEWARK	LUBBOCK	TX 7	M1619 16 M	21:09 10:35
44 BRYTON SCHAFFNER	LUBBOCK	TX 2	F2024 24 F	21:15 10:38
45 ANNA JACKSON	SHALLOWATER	TX 1	F4044 42 F	21:28 10:44
46 RYLEE HORN	LUBBOCK	TX 1	F0112 8 F	21:34 10:47
47 RANDALL NEUMAN	LUBBOCK	TX 2	M4549 48 M	21:54 10:57
48 Troyce Bagley	LUBBOCK	TX 4	M2529 26 M	22:23 11:12
49 BRENDA HERNANDEZ	IDALOU	TX 1	F3539 39 F	23:01 11:31
50 Linda Jama	LUBBOCK	TX 2	F4549 45 F	23:01 11:31
51 BRYAN WILLIAMS	LUBBOCK	TX 2	M3034 33 M	23:11 11:36
52 AVREY HORN	LUBBOCK	TX 2	F0112 6 F	23:33 11:47
53 RUSS HORN	LUBBOCK	TX 3	M3539 36 M	23:35 11:48
54 GABRIELA SALDANA	LUBBOCK	TX 3	F4549 46 F	24:21 12:11
55 SPENCER DAVIS	LUBBOCK	TX 6	M0112 8 M	24:22 12:11
56 TOM WEIS	LUBBOCK	TX 4	M5559 58 M	24:23 12:12
57 AMY PHARR	NEW DEAL	TX 2	F4044 40 F	25:05 12:33
58 Chadwick Wilcox	LUBBOCK	TX 3	M3034 34 M	25:11 12:36
59 NATALIO HERNANDEZ	IDALOU	TX 2	M4044 40 M	25:13 12:37
60 Ginger Hall	LUBBOCK	TX 3	F3034 34 F	25:15 12:38
61 Glen Poklikuha	LUBBOCK	TX 4	M3539 38 M	25:57 12:59
62 DUNCAN PASEWARK	LUBBOCK	TX 5	M1315 14 M	28:07 14:04
63 Melanie Forsberg	ERIE	PA 1	F5054 51 F	28:14 14:07
64 BRANDY RAMOS	LUBBOCK	TX 4	F3034 34 F	28:20 14:10
65 Liz Moreno	LUBBOCK	TX 4	F4549 48 F	29:49 14:55

BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE
2 Mile and 10K Road Races
Levelland, Texas JUNE 12, 2010 8:00 A.M.

10K OVERALL RESULTS

Place Name	Town	St Div Div	Ag S 10k	Pace
1 JOSEPHAT KEINO	LUBBOCK	TX 1	M2529 29 M	34:02 5:29
2 BENJAMEN TANUI	LUBBOCK	TX 1	M3034 34 M	38:21 6:11
3 THOMAS SANG	LUBBOCK	TX 2	M3034 32 M	40:24 6:31
4 MARTIN MONTALVO	PLAINVIEW	TX 1	M4549 45 M	41:10 6:38
5 Aaron Kelly	LUBBOCK	TX 2	M2529 27 M	43:00 6:56
6 JOHN COLLINS	LUBBOCK	TX 3	M2529 28 M	44:37 7:11
7 Lee Cohen	LUBBOCK	TX 1	M3539 37 M	45:47 7:23
8 Randy Holloway	LUBBOCK	TX 1	M5054 53 M	45:48 7:23
9 Joseph Wilson	LUBBOCK	TX 2	M5054 54 M	45:57 7:24
10 Joshua Castro	IDALOU	TX 1	M1315 14 M	46:07 7:26
11 DANIEL TODD	LUBBOCK	TX 4	M2529 29 M	46:15 7:27
12 IRIS RIVERO	LUBBOCK	TX 1	F3539 35 F	46:16 7:27
13 JANNA REDWINE	LUBBOCK	TX 1	F3034 30 F	46:47 7:32
14 BRETT PEIKERT	WOLFFORTH	TX 1	M4044 42 M	47:01 7:35
15 Michael Berry	LUBBOCK	TX 3	M3034 34 M	47:09 7:36
16 Ignacio Vasquez	LUBBOCK	TX 2	M4044 42 M	47:16 7:37
17 SCOTT BURRIS	LUBBOCK	TX 3	M4044 40 M	47:51 7:43
18 Abel Perez	LEVELLAND	TX 5	M2529 25 M	48:28 7:49
19 Trent Early	SNYDER	TX 1	M2024 21 M	48:47 7:52
20 NOE VALLES	LUBBOCK	TX 4	M4044 43 M	50:25 8:07
21 KEAGAN MCDERMOTT	LUBBOCK	TX 4	M3034 32 M	51:07 8:14
22 HEDGE MARTIN	LUBBOCK	TX 2	M3539 35 M	51:11 8:15
23 ROBERT RAMOS	LUBBOCK	TX 5	M4044 40 M	51:55 8:22
24 KELLY ZUBER	LUBBOCK	TX 6	M2529 29 M	52:22 8:26
25 PAUL DAVID GASCHEN	LUBBOCK	TX 2	M1315 14 M	53:14 8:35
26 Allison Nguyen	LUBBOCK	TX 1	F2529 27 F	53:24 8:36
27 SUSAN BACON	LUBBOCK	TX 1	F4549 45 F	53:28 8:37
28 GREG LAYTON	LUBBOCK	TX 5	M3034 32 M	54:04 8:43
29 STEVE GERMAN	LUBBOCK	TX 3	M5054 52 M	54:14 8:44
30 Deborah Gelber	LUBBOCK	TX 1	F4044 41 F	54:38 8:48
31 DAVID REED	LUBBOCK	TX 3	M3539 35 M	54:40 8:49
32 Angie Sonnenberg	LUBBOCK	TX 2	F3034 31 F	54:59 8:52
33 Jacob Mayo	LUBBOCK	TX 7	M2529 25 M	55:06 8:53
34 DAMON PROVENCE	SUDAN	TX 1	M5559 59 M	55:08 8:53
35 Amanda Boston	LUBBOCK	TX 2	F2529 26 F	55:25 8:56
36 JERRY DWYER	LUBBOCK	TX 4	M5054 50 M	55:27 8:56
37 Ken Spain	LUBBOCK	TX 2	M5559 56 M	55:40 8:58
38 Christine Steen	AUBREY	TX 3	F3034 31 F	55:49 9:00
39 Mary Branscome	LUBBOCK	TX 1	F5054 50 F	56:41 9:08
40 Lee Handlin	LUBBOCK	TX 2	F4044 41 F	56:49 9:09
41 LAUREN FOSSUN	LUBBOCK	TX 1	F2024 22 F	57:24 9:15
42 BRITTANY BENZAIA	LUBBOCK	TX 2	F2024 20 F	57:25 9:15
43 TERRY DALTON	LUBBOCK	TX 3	M5559 55 M	58:15 9:23
44 Dan Branscome	LUBBOCK	TX 5	M5054 53 M	58:47 9:28
45 Albert Burrier	LUBBOCK	TX 1	M7099 76 M	59:43 9:37
46 GORDEN JENKINS	AMARILLO	TX 1	M6569 69 M	1:00:06 9:41
47 Wendy Anderson	LUBBOCK	TX 3	F4044 40 F	1:01:00 9:50
48 JILL HAUKOS	LUBBOCK	TX 2	F4549 45 F	1:01:43 9:57
49 Bill Felton	LUBBOCK	TX 2	M7099 75 M	1:02:22 10:03
50 WILLIAM HEPBURN	LUBBOCK	TX 4	M5559 55 M	1:02:25 10:03
51 LAURA ZUBER	ROSWELL	NM 3	F2529 26 F	1:02:52 10:08
52 Flavio Leal	LITTLEFIELD	TX 6	M3034 30 M	1:03:32 10:14
53 Mike Kelley	LUBBOCK	TX 1	M6064 61 M	1:03:39 10:15
54 Dana Boltz	LUBBOCK	TX 4	F2529 26 F	1:03:48 10:17
55 DEBORAH BAHME	LUBBOCK	TX 2	F3539 38 F	1:04:18 10:21
56 CRAIG PETERSON	HOBBS	NM 6	M5054 53 M	1:04:18 10:22
57 Jerry Adams	LUBBOCK	TX 7	M3034 34 M	1:04:21 10:22
58 Mandy Poklikuha	LUBBOCK	TX 4	F3034 32 F	1:04:42 10:25
59 James Livermore	LUBBOCK	TX 2	M6064 63 M	1:05:10 10:30
60 Michael McDonald	LUBBOCK	TX 3	M6064 61 M	1:05:28 10:33
61 PAM GASCHEN	LUBBOCK	TX 3	F4549 45 F	1:06:06 10:39
62 RALPH WOLF	LUBBOCK	TX 3	M7099 73 M	1:06:56 10:47
63 ERIN DULIN	SHALLOWATER	TX 5	F3034 31 F	1:07:05 10:48
64 JIM THOMPSON	PLAINVIEW	TX 5	M5559 55 M	1:07:06 10:49
65 Christopher Hall	LUBBOCK	TX 3	M1315 13 M	1:07:40 10:54
66 Michael LeMond	LUBBOCK	TX 4	M3539 39 M	1:08:35 11:03
67 SUSAN WILCOX	LUBBOCK	TX 6	F3034 32 F	1:14:12 11:57
68 BRAD PRUITT	LUBBOCK	TX 6	M4044 43 M	1:14:37 12:01
69 Cassie Baker	IDALOU	TX 1	F1315 15 F	1:15:28 12:09
70 JAY DULIN	SHALLOWATER	TX 5	M3539 35 M	1:16:19 12:18
71 ETTA MAYER	LUBBOCK	TX 1	F6099 61 F	1:17:28 12:29
72 KELSEY YARBROUGH	LUBBOCK	TX 3	F2024 23 F	1:18:28 12:38
73 BRANDY RAMOS	LUBBOCK	TX 7	F3034 34 F	1:19:38 12:50
74 KATY BAKER	LUBBOCK	TX 8	F3034 32 F	1:21:20 13:06
75 CODY BAKER	LUBBOCK	TX 8	M3034 32 M	1:21:21 13:06

W.T.R.C. 2010 CHALLENGE SERIES
STANDINGS AFTER 6 EVENTS
MALE

YTD TOTALS						YTD TOTALS					
6 - 12 MALE						45 - 49 MALE					
AGE	PTS	MILES	EVT	VOL		AGE	PTS	MILES	EVT	VOL	
Jake Brownfield	12	41	8	4		James Priess	49	51	14	6	
Patrick Irish	7	18	6	3		Martin Montalvo	45	51	43.9	6	
Abraham Montalvo	12	11	4	2		Rod Burgett	45	37	28.4	4	
Brandon Vanetta	11	10	2	1		Paul Pare	48	18	17.7	2	
Zayven Constancio	9	7	2	1		Jim Higgins	49	17	14.4	2	
Julian Hall	10	7	2	1		Richard Shaw	48	16	13.3	2	
Beau Miller	8	6	2	1		Mark Woodfin	47	9	6	1	
Rob Littlefield	9	6	2	1		Brent Lowrey	48	8	9.3	1	
Dakota Hernandez	10	5	4	2		Ray Major	49	0	17.3	2	
Arthur Romanus	7	2	2	1		Adam Barron	48	0	9.3	1	
David Pyle	10	0	5	1	*	Bryan Hastings	47	0	9.3	1	
Nick Hoeve	12	0	2	1		50-54 MALE					
Joshua Hoeve	11	0	2	1		David Doyle	51	57	14	6	
Josiah Romanus	6	0	2	1		Jerry Dwyer	50	53	39.5	6	
13-15 MALE						Randy Holloway	50	53	39.5	6	
Joshua Brownfield	14	25	6	3		Epi Aguirre	51	30	27.3	4	
Duncan Pasewark	14	24	6	3		John Clements	53	30	6	3	
Austin Preiss	14	18	4	2		Joe Frank Martin	50	28	8	4	
Koby Lovett	14	10	2	1		Nate Wilson	54	27	26.5	3	
Brandon Sims	15	10	6	1		Ronnie Trollinger	50	26	8	3	
Brandon Hastings	15	0	9.3	1	*	Ed Price	53	20	33.7	4	
16-19 MALE						Bill Pasewark	53	20	6	3	
Lucas Morris	18	53	28.3	5		Randy Bunyard	52	18	11	3	
Timothy Peikert	16	26	11	3		Gonzalo Ramirez	54	18	16.3	3	
Graham Pasewark	16	24	6	3		Bob Jackson	51	10	5	1	
Jon David Bruegel	18	19	24.7	4	*	Greg Hogan	50	10	8.4	1	
K.T. Manis	16	10	5	1		David Allison	53	5	5	1	
Nathan Conroy	18	8	2	1		55-59 MALE					
20 - 24 MALE						Luis Cardenas	58	60	14	6	
John Keith	21	20	13.4	2		Ken Spain	58	60	14	6	
Andrew Husband	24	9	4	1		Fred Constancio	57	34	8	4	
Tyler Livermore	20	0	5	1	*	Antonio Roman	57	32	8	4	
25 - 29 MALE						Tom Weis	58	27	16.4	3	
Ben Boston	25	48	12	5		Dan Hilario	59	22	13	3	
Brandon Berkshire	26	35	23	6	*	Wayne Sullivan	59	20	35.3	6	
Andrew Huff	28	28	33.7	4		David Weaver	58	19	17.3	3	
Stephen Romero	29	26	15.4	3		Bill Hepburn	55	17	12.2	2	
Zack Manning	28	18	9	2		Jimmy Waechter	57	9	2	1	
Andres Pedroza	28	17	13.3	2		Terry Dalton	55	9	38.9	5	
Blake Bednarz	25	10	4	1		David Higgins	57	0	52.3	6	
Marek Potratz	28	0	4	1	*	Jimmy Clark	56	0	31.7	4	
30 - 34 MALE						60-64 MALE					
Jeff Hancock	33	37	33.7	4		Mike Kelley	61	46	39.9	5	
Michael Berry	34	35	27.9	4		Richard Gale	60	40	28.4	4	
Chad Wilcox	34	35	12	4		James Livermore	63	36	29.9	4	
Gary Evans	30	22	32.7	4	*	Michael McDonald	61	32	32.5	4	
Greg Layton	32	14	15.5	2		David Lightner	60	9	4	1	
Petar Grozdanov	32	13	8	2		Tony Aleman	60	0	23.6	4	
David Slayton	31	7	8.4	1		65-69 MALE					
Gabriel Olivarez	33	7	4	1		Jim Harris	67	49	12	5	
35 - 39 MALE						Gorden Jenkins	69	40	18.2	4	
Shannon Anderson	38	46	30.3	6	*	Ron Lubowicz	67	30	37.7	5	
Hedge Martin	35	40	36.6	6		Rick Lampe	65	26	13	4	
Lee Cohen	37	37	26.2	4		70-99 MALE					
Sean Grass	39	34	28.4	5		Bill Felton	75	48	23.2	6	
Matthew Gordillo	36	29	17.4	3		Al Burrier	76	30	23.6	4	
Mont McClendon	38	27	22.3	3		Ralph Wolf	73	18	16.2	3	
Chris Toelle	36	22	20	3		Mike Greer	70	9	5	1	
Russ Horn	36	17	10.4	2		George Jury	73	0	43.9	6	
Marin Hernandez	39	16	4	2		Bill Roger	70	0	12.4	6.2	
Daniel Hall	35	14	12.4	2		CLYDESDALE- AGE GRADED					
Eric Fisher	38	10	11.3	2	*	Damon Provence	59	49	29.5	6	
Eddy Morelock	38	9	9	2	*	Craig Peterson	53	44	31.6	6	
Glen Poklikuha	38	7	2	1		Milt Brownfield	52	43	27.7	5	
Tommie Farrell	39	4	5	1		Farrell Martin	43	38	26.4	4	
Louis Hilliard	35	2	5	1		40 - 44 MALE					
Scott Burris	40	51	33.6	6		Jay Dulin	35	31	34.9	4	
James Layman	44	42	12	5		Shaun Fant	42	25	17	4	
Ignacio Vasquez	42	31	25.5	4		Jerry Adams	34	23	24.6	4	
Brett Peikert	42	28	15.2	3		Dan Branscome	53	17	12.2	2	
Troy Pratt	43	26	8	3		Preston Smith	64	8	4	1	
Heath Pennell	42	25	15	3		Brian Evans	47	8	2	1	
Noe Valles	43	23	17.5	3		Leo Lovett	42	6	2	1	
David Rogowski	42	20	12.4	2		Jason Hancock	28	5	8.4	1	
David Guinn	43	20	14.3	2		Rene Vargas	35	4	8.4	4	
Ricky Martinez	42	16	10	2		**= RACE DIRECTOR					
Cody Miller	44	9	21.4	3	**	*= VOLUNTEER					
Sean Schwarzentraub	42	9	4	1							
Paul Moats	42	4	4	1							

W.T.R.C. 2010 CHALLENGE SERIES
STANDINGS AFTER 6 EVENTS
FEMALE

YTD TOTALS						YTD TOTALS					
6 - 12 FEMALE	AGE	PTS	MILES	EVT	VOL	35 - 39 FEMALE	AGE	PTS	MILES	EVT	VOL
Cecilia Fogo	9	20	4	2		Iris Rivero	35	63	34.6	6	
Surayah Constancio	11	19	4	2		Tammy Moriearty	36	46	25.4	5	
Kayelin Fant	12	10	2	1		Michaela Jansen	37	40	28.3	5	*
Rylee Horn	8	10	2	1		Deborah Bahme	38	22	20.6	3	
Lauren Irish	11	9	2	1		Malinda Colwell	36	19	15.3	3	*
Jesslyn Mortensen	7	9	2	1		Jill Fogo	36	17	4	2	
Avrey Horn	6	9	2	1		Jennifer Irish	35	15	4	2	
Grace Drake	8	6	2	1		Sarah Floyd	35	15	20.3	2	
Faith Drake	6	2	2	1		Debbie Vasquez	35	14	4	2	
Rebecca Hastings	12	0	9.3	1	*	Kristin Voorhies	36	10	9.3	1	
13 - 15 FEMALE	AGE	PTS	MILES	EVT	VOL	Jennifer Gray	35	9	11	1	
Alexis Hoeve	13	10	2	1		Bobbye Hrcirik	35	7	2	1	
16 - 19 FEMALE	AGE	PTS	MILES	EVT	VOL	Karen Farrell	37	6	5	1	
Hannah Layman	17	43	12	5		Cathy Paden	39	6	8.4	1	
Amanda Morris	18	40	8	4		40 - 44 FEMALE	AGE	PTS	MILES	EVT	VOL
Becky Rogers	19	10	8.4	1		Lee Handlin	41	59	27.2	6	
Debby Rogers	16	10	4	1		Tandy Layman	42	44	12	5	
Katie Haukos	19	8	2	1		Wendy Anderson	40	41	38.9	6	*
Kristen Evans	19	6	2	1		Deborah Gelber	41	29	27.9	4	*
						Hollye Martinez	42	19	8	2	
20 - 24 FEMALE	AGE	PTS	MILES	EVT	VOL	Stephanie McCutchen	43	17	4	2	
Alison Blalock	23	29	23.7	3		Janda Jackson	40	10	11	1	
Emily Jenkins	22	27	10	3		Holly Snodgrass	40	9	5	1	
Amy Martin	21	20	4	2		Wendy Moats	41	8	4	1	
Taylor Huckaby	23	18	12.4	2		Rose Hoeve	42	8	14.4	2	*
25 - 29 FEMALE	AGE	PTS	MILES	EVT	VOL	Dee Knapp	44	8	11	1	
Amanda Boston	26	53	16.2	5		Robin Romanus	40	8	2	1	
Valarie Berkshire	29	40	21	5		Angie Romans	43	7	5	1	
Amy McAlexander	29	36	21.3	5	*	Laura Lappe	44	7	17.4	3	*
Jennifer Haddock	29	27	23.7	3		Jennifer Snead	40	0	4	1	*
Mikasa Sullivan	28	20	11	3		45 - 49 FEMALE	AGE	PTS	MILES	EVT	VOL
Laura Sefcik	28	18	11	2		Kammy Philbrick	49	29	10	3	
Amy Hancock	27	17	26.4	4	*	Jill Haukos	45	25	14.2	3	
Leslie Montadon	28	17	24.3	3		Judy Fleming	45	20	20.3	2	
Danette Mortensen	29	16	4	2		Susan Bacon	45	20	12.2	2	
Alyx Shultz	27	16	11	2		Irma Valles	46	19	4	2	
Allison Nguyen	27	10	6.2	1		Penne Richards	46	18	11	2	
Ashlee Vanetta	25	9	2	1		Linda Jama	45	17	4	2	
Karen Husband	25	7	9	2		Margaret Woodfin	46	6	6	1	
						Cynthia Sorrenson	46				
30 - 34 FEMALE	AGE	PTS	MILES	EVT	VOL	50 - 54 FEMALE	AGE	PTS	MILES	EVT	VOL
Angie Sonnenberg	31	38	26.5	4		Leesa Price	53	40	33.7	4	
Amy Lovett	32	36	8	4		Debbie Roman	54	26	11	4	*
Erin Dulin	31	34	34.9	4		Mary Branscome	50	19	17.2	2	
Mandy Poklikuha	32	30	21.6	4		Glenna Beyer	51	10	6	2	*
Susan Wilcox	32	27	26.2	4		Tami Miller	50	0	4	1	*
Jana Redwine	30	20	17.2	2		55 - 59 FEMALE	AGE	PTS	MILES	EVT	VOL
Christine Steen	31	17	12.2	2		Josie Aleman	58	39	16.2	5	*
Wendy Drake	34	11	11.3	2		Sarah Gaxiola	57	30	20	3	
Amy Ayre	33	10	8.4	1		Suzan Caudle	57	9	51.2	6	**
Sara Miller	34	10	2	1		Donna Dean	54	0	8.4	1	*
Amy Slayton	32	9	8.4	1		60 - 99 FEMALE	AGE	PTS	MILES	EVT	VOL
Laura Berry	31	9	2	1		Etta Mayer	61	40	31.5	4	
Melinda Olivarez	31	8	2	1		P. J. Mitchell	64	30	33.9	6	*
Jennifer Gray	34	7	8.4	1		Carol Felton	66				
Jill Jaquess	32	7	9.3	1		ATHENA-age graded	AGE	PTS	MILES	EVT	VOL
Kristena Goen	30	5	8.4	1		Gabriela Saldana	46	37	12	4	
Valry Potratz	31	0	4	1	*	Ginger Hall	34	26	14.4	3	

** = RACE DIRECTOR
* = VOLUNTEER

41st Annual Firecracker Runs July 3rd 2010

Kid's 1 Mile Run Starts at 7:40 A.M.

Mail
Registration
Thru June 30th

\$5 WTRC members, \$10 non-members, \$15 Race Day
Make Checks payable to: WTRC
Mail checks & entry forms to: David Higgins
1 Mile Kids Run \$1.00
Ages 6-12 \$5
3401 Alcove Ave
Lubbock, TX 79407

3&10 Mi Races Start 8:00 A.M.
Terry County Park
Brownfield, Texas
Jim Harris, Race Director
(575)-392-8945 Office
(575)-370-4034 Cell

WAIVER OF LIABILITY

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, my own health conditions, whether known or unknown to me, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, **FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE WEST TEXAS RUNNING CLUB AND ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS, FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THE RACE OR THE CLUB'S ACTIVITIES, EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS, IN PART OR WHOLE, OF THE WEST TEXAS RUNNING CLUB OR OTHER SPONSORS REFERENCED ABOVE.**

This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.

Signature of entrant _____ Signature of guardian (minors) _____

Age _____ (on race day) Distance (circle one) 3 mi 10 mi 1 mi Elementary Kids Run

Grade (Fall of 2010) _____ (for kids run)

Male Female (Circle One)

Age Group Race or Clydesdale (190 lbs +) Circle One If Male

Age Group Race or Athena (150 lbs +) Circle One if Female

Name _____

City _____ State _____ Phone Number _____

You must be 15 years or older to enter the 10 mile race.

Emergency Contact: _____ Emergency Contact Number: _____

**1 Mile Kid's Race is for Kindergarten through 6th grade only and starts at 7:40 A.M.
\$1.00 Entry**

TEXAS' OLDEST CONTINUOUS ROAD RACE (Since 1970)
 WTRC's ANNUAL FIRECRACKER RUNS, BROWNFIELD,
 TEXAS
 JULY 4th
 EVENT RECORDS (after 40 years)

10 MILE MEN					
DIV	NAME	TOWN	AGE	TIME	YEAR
13-15	Jared Davis	Bledsoe, Tx	15	1:12:00	2002
16-19	Sam Mwabe	Levelland	18	52:54	2001
20-24	Jorge Pacheco	Levelland	22	52:34	1990
25-29	Josephat Keino	Lubbock	28	52:08	* 2009
30-34	Quent Bearden	Lubbock	34	56:00	2009
35-39	Bob Jackson	Hobbs, NM	36	55:56	1995
40-44	Bob Jackson	Hobbs, NM	43	57:05	2002
45-49	Bob Jackson	Hobbs, NM	48	1:00:45	2007
50-54	George Jury	Lubbock	50	1:03:28	1987
55-59	George Jury	Lubbock	55	1:08:54	1992
60-64	Don Sanderson	Tulia	63	1:16:30	1993
65-69	Ralph Wolf	Lubbock	69	1:29:01	2006
70 Plus	Don Sanderson	Tulia	71	1:21:07	2001
Clydes	Farrell Martin	Lubbock	34	1:09:45	2003

WOMEN					
13-15	Colleen Adams	Wall, Tx	15	1:15:37	2008
16-19	Stephanie Bigham	Idalou	18	1:15:14	2001
20-24	Idalia Casiano	Lubbock	23	1:07:52	1991
25-29	Carrie Rustad	Iraan, TX	25	1:09:53	1996
30-34	Marjory Stewart	Lubbock	32	1:05:30	* 1991
35-39	Becky Rowley	Clovis, NM	39	1:12:10	2003
40-44	Denise Bray	Lubbock	41	1:17:48	2003
45-49	Mary Branscome	Lubbock	45	1:22:10	2005
50-54	Madonne Miner	Lubbock	50	1:22:07	2003
55-59	P.J. Mitchell	Lubbock	55	1:29:55	2001
60 Plus	P.J. Mitchell	Lubbock	60	1:34:49	2006
Athena	---	---	---	---	---

*Note: ages 1-12 are no longer eligible to participate in our longer events. This applies to male or female and any distance over 4 miles.

3 MILE MEN					
DIV	NAME	TOWN	AGE	TIME	YEAR
6-12	---	---	---	---	---
13-15	Carlos Ybarra	Lamesa	15	15:58	1978
16-19	Curtis Conaway	Lubbock	18	14:44	1979
20-24	Abel Kuhuni	(SPC)Levelland	23	15:23	1993
25-29	Dennis Williams	Lubbock	29	14:23	* 1975
30-34	Steve Stallings	Stanton	30	15:02	1982
35-39	Quinn Smith	Grants, NM	35	15:56	1995
40-44	Bob Jackson	Hobbs, NM	44	16:31	2003
45-49	George Jury	Lubbock	49	17:47	1986
50-54	George Jury	Lubbock	52	17:45	1989
55-59	Robert Guajardo	Levelland	56	18:49	1999
60-64	Jim Harris	Hobbs, NM	60	21:16	2003
65-69	Don Sanderson	Tulia	66	21:29	1996
70 Plus	Don Sanderson	Tulia	74	24:35	2004
Clydes	Jeromy Casey	Brownfield	24	19:42	1999

WOMEN					
6-12	---	---	---	---	---
13-15	Hope Jimenez	Lamesa	13	19:27	1997
16-19	Mary Ann Hernandez	Brownfield	18	18:48	1999
20-24	Isabel Navarro	Brownfield	21	18:21	* 1979
25-29	Linda Northrup	---	26	19:08	2001
30-34	Isabel Torres	Brownfield	34	21:04	1992
35-39	Melanie McVey	Sundown	39	21:34	2001
40-44	Sherrill Easterling	Hico	44	20:25	1994
45-49	Cheryl Weber	Lubbock	46	22:00	1999
50-54	P.J. Mitchell	Lubbock	53	23:55	1999
55-59	Estela Galvan	Brownfield	58	28:26	2001
60 Plus	Estela Galvan	Brownfield	60	28:52	2003
Athena	Lee Handlin	Lubbock	38	26:38	2007

* Overall event record

WEST TEXAS RUNNING CLUB'S ANNUAL
 41th Annual Firecracker Runs
 Children's 1 Mile, 3 & 10 Mile Races

EVENT # 7 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, July 03, 2010
 Register online at <http://wtrc.tripod.com> See Enclosed Mail in Form for Information On Site Registration: 7:00 to 7:40am Children's 1 Mile Starts at 7:40 A.M. 3 & 10 Mile Starts at 8:00am

WHERE: Terry Country Park, Brownfield, Texas, from Lubbock on Hwy. 62, go to the stoplight at Buckley St. & turn left on to Old Lamesa Rd., turn right just past the swimming pool.

COURSE: flat, both races out and back on city streets.

AID STATIONS at least every 2 miles, splits at one mile.

WTRC Rules Do Not Permit Pets, Skates, Strollers, or Bicycles

AGE DIVISIONS, 10 Mile

MEN: 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus

MEN: 7-12, 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 7-12, 13-15, 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus

Clydesdale and Athena group in both races.

Children's 1 Mile run: grades pre-school through 6th, special commemorative medals for first place boy and girl overall. Finish ribbons for the remainder. Grade as of Fall, 2009.

AWARDS: Special and unique commemorative medallions. Awards given to the first 3 in each age group and up to 5 of the contestants in each age group as listed below. Awards will be presented at 8:05am (Kids Run), 8:35am (3 Mile), and 10am (10 Mile).

Entry Fee: W.T.R.C. Members \$10.00, Non Members \$15.00
 Race day \$25.00 Everyone

RACE DIRECTOR: Jim Harris 575-392-8945 (O), 575-370-4034 (C)
 E-mail: randyholloway@sbcglobal.net

PJ Mitchell and Greg Milford will be sponsoring a promotion to sign up people early for the Hot Dam Race. At the Firecracker Race PJ will be giving away free caps to the 1st 100 paid registered runners for the Hot Dam Race. This promotion is sponsored by PJ Mitchell, Medical Massage Therapist and Greg Milford, Oxy Home Health.

West Texas Running Club Event Calendar

*July 6 -
new
home
17th
sun*

Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- JUN 27 BSL Half Ironman Triathlon. Buffalo Springs Lake, Volunteers needed, www.buffalospingslaketriathlon.com
- * JUL 03 41ST ANNUAL FIRECRACKER RUNS: 10M/3M/1M, 7:40am, Terry Co. Park, Brownfield, TX, Jim Harris, RD, 575-370-4034
- JUL 10 Girlstown's Tour de Nowhere. Bike Tour, Levelland, TX, <http://www.tourdenowhere.org>
- JUL 10 Old Settler's Day Fun Run. 5K, 8:00am, SPC track, Levelland, TX, Spencer McCombs, RD, 806-897-0540
- JUL 17 Fit 4 Fun Kids Triathlon: 7:30am, TTU Rec Sports, 7-14 yrs. Old, www.depts.ttu.edu/special_events
- JUL 17 4th Annual Branding Together 5K: 8:00am, 5K, Kokernot Lodge, Alpine, TX, Sul Ross, sgarza@sulross.edu <http://www.sulross.edu/pages/6634.asp>
- * AUG 14 HOT DAM RUNS: 5M/2M., 8:00am, Canyon Lake #6, Etta Mayer RD, 806-792-1471
- AUG 15 Lubbock Senior Games: 5K/10K, Mackenzie Park. Outdoor Center, Bill Felton, 806-866-9300
- * SEP 11 SHALLOWATER STAMPEDE: 10K/2M, 8:00am, Shallowater, TX, Rod Burgett, RD, 806-548-1796
- SEP 25 Pioneer Road Race: 8:00am, 5K, Wayland University, Plainview, TX, Brian Whitlock, whitlockb@wbu.edu
- OCT 02 Race for the Cure: 5K, <http://www.komenlubbock.org>
- OCT 02 West Texas Crossroads Marathon (Boston Qualifying): Marathon/Half Marathon/5K, 7:00am, 6901 E Hwy 191, Crossroad Fellowship, Odessa, TX, 432-368-2500, www.crossroadsmarathon.com
- * OCT 16 29TH ANNUAL RED RAIDER ROAD RACE: 10K/5K, 8:00am, TTU Rec Ctr, Jill Haukos, RD, haukos@aol.com
- OCT 17 Rock-n-Roll Marathon: Marathon/Half Marathon, <http://denver.competitor.com>

<http://wtrc.tripod.com>

Calendar, Photos, Online registration, Membership, etc.

WTRC Web Address:
<http://wtrc.tripod.com>



3312 44th Street
Lubbock, TX 79413



PJ MITCHELL
3519 39TH ST
LUBBOCK, TX 79413