

Bobby Birdsong Memorial



Levelland Lope

June 2009

Volume 2, Issue 5



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Note from the President

Usually I find myself singing your praises for being the finest collection of runners any running club could ask for ... and you deserve that praise. But today I want to chew on you a bit.

Why is it we can never get you to recommend worthy kids for our Tech scholarship program?

Every year that I have served on the Board, plus the one year that I served on its Scholarship Committee, I have noticed we have had to literally beg for applicants. Come on gang! ... surely you know someone enrolled at Tech who is needy and worthy of consideration for a \$1,000 per year award. Your letter of recommendation does not have to be a literary masterpiece ... a simple sincere expression of some special kid's worth gets the ball rolling. The rest is up to your candidate; and our guidelines are very clear and easy to follow.

So please, look into your family and the families of your friends and try to come up with a name. Then simply get your letter (or e-mail) to one of us so that we can get the process started and, hopefully, the money rolling. Thanks for your help.

SYOTR, Ron

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Tuesday, June 2, 2009 @ 7:00 p.m. at 3309 67th Street, all members are welcome.

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Inserts

- Registration forms

Bobby Birdsong
Memorial Levelland Lope
 June 13, 2009
 10K & 2 Mile Races
 Start at 8:00 am
 South Plains College
 Texan Dome
 Levelland, Texas
 Bill Roger
 Race Director
 806-894-7911

2009 Horseshoe Bend Race Report

I want to thank all the runners for coming out to the Hugh Haynes Memorial Horseshoe Bend Canyon Races. We had a large turnout in all of our races with a combined finish list of 177 runners.

Overall winners were;

2 Mile Male—Donovan Torres 9:40*

2 Mile Female—Maddie Kauffman 12:09*

6 Mile Male—Matthew Rodriguez 38:45

6 Mile Female—Turner Adams 48:16

11 Mile Jerred Hurst 1:11:47

11 Mile Female Brittani Sigle 1:18:59

*We had several apparent records set in the 2 mile but unfortunately the turn cone was 30 yards short of actual turn for the course making the race approximately 60 yards short. The WTRC apologizes to those who thought they set course records in the 2 mile event.

In the 6 mile event Cheryl Weber lowered her own F55-59 record to 1:03:29.

I want to thank all of the volunteers for the HSB race. They were: George Jury, David Higgins, Edwin Young, Larry Byrd, PJ Mitchell, Ginger Hall, Dan Hilario, John Griffin, Todd Smith, Lindsey Smith, Elizabeth Linder, John Bruegel, and Tony Aleman.

Thanks for coming, see you at The Levelland Lope.

RACING TIP

As a very competitive racer in my early running years, I soon learned all the tricks (legal) to help me pursue those PR's. The first of these was that certified courses were measured using the shortest route a runner could take within the confines of the road. This means that where there are curves, you are allowed to cut the tangent on them and by doing so really shortened the distance one traveled as opposed to adhering to the far right side all the time. The only time you have to run a restricted route is if there are cones or barricades set up to compel this. A good example of how one could run a lot farther than the measured distance was our April 11th run at Ransom Canyon with the many curves it had. GWJ

MEMBER NEWS

Eric Ford has taken a faculty position at the University of North Carolina. He, Deborah, Camille and dog, Charlie will be moving in June. They have already sold their house, so are set to go. Eric has served on the WTRC board for a couple of years and will be missed at our races. GWJ

CHALLENGE SERIES RULES

These are briefly discussed on the Challenge Series (CS) data sheets and the entire rules can be found on our website, but I want to clarify what happens when a member changes age during the year. (January to December) Before July 1st if you move to an upper age group, you will be automatically changed in the CS spreadsheet. If your birthday is after July 1st, you would be scored in the new age group on race day, but you will remain in the age group you started the year with in the Challenge Series. GWJ

THANK YOU

I want to thank Brenda Campbell and Elizabeth Linder for helping me score the RANSOM CANYON TRIATHLON on May 3rd. Also to an extremely helpful Wanda LaGrave a resident of Ransom Canyon. As usually the Ransom Canyon resident volunteers did a super job. GWJ

WEST TEXAS RUNNING CLUB's
Horseshoe Bend Canyon Runs
2 Mile, 6 Mile and 11 Mile Road Races
Slaton, Texas May 9, 2009

2 MILE OVERALL RESULTS

Place Name	Town	St Div Div	Ag S 2	Pace
1 DONOVAN TORRES	LUBBOCK	TX	1 M1619 16 M	9:40 4:50
2 JOHN KEITH	LUBBOCK	TX	1 M2024 20 M	10:52 5:26
3 LUCAS MORRIS	LUBBOCK	TX	2 M1619 17 M	11:08 5:34
4 VENTURA GONZALEZ	LEVELLAND	TX	3 M1619 16 M	11:48 5:54
5 LUKE SAMARRON	LEVELLAND	TX	1 M1315 15 M	12:03 6:02
6 MADDIE KAUFFMAN	LUBBOCK	TX	1 F1315 14 F	12:09 6:05
7 EMANUEL BARRON	LUBBOCK	TX	1 M2529 25 M	12:13 6:07
8 NATHAN CONROY	LUBBOCK	TX	4 M1619 17 M	12:18 6:09
9 COLLEEN ADAMS	WALL	TX	1 F1619 16 F	12:44 6:22
10 JAKE BROWNFIELD	LUBBOCK	TX	1 M0112 11 M	13:01 6:31
11 JIM HIGGINS	LUBBOCK	TX	1 M4549 48 M	13:11 6:36
12 RENE GONZALEZ	LEVELLAND	TX	1 M4044 43 M	13:17 6:39
13 JUAN HERRERA	LEVELLAND	TX	1 M3539 38 M	13:30 6:45
14 WALKER ADAMS	WALL	TX	2 M0112 11 M	13:31 6:46
15 BEN DOYLE	LUBBOCK	TX	2 M2024 22 M	14:00 7:00
16 AUSTIN MORRIS	CROSSBYTON	TX	2 M1315 14 M	14:29 7:15
17 DAVID DOYLE	LUBBOCK	TX	1 M5054 50 M	14:34 7:17
18 LORENZO PADILLA	LUBBOCK	TX	1 M5559 55 M	14:56 7:28
19 NOE VALLES	LUBBOCK	TX	2 M4044 42 M	14:58 7:29
20 FRED WEBER	LUBBOCK	TX	2 M5559 57 M	15:04 7:32
21 SYDNEY MORRIS	CROSSBYTON	TX	1 F3539 38 F	15:34 7:47
22 JOSHUA CASTRO	IDALOU	TX	3 M1315 13 M	15:53 7:57
23 MICHAEL RHOADES	LEVELLAND	TX	3 M0112 7 M	15:56 7:58
24 AMANDA MORRIS	LUBBOCK	TX	2 F1619 17 F	15:57 7:59
25 CAMERON WRIGHT	LUBBOCK	TX	5 M1619 16 M	16:10 8:05
26 AUSTIN MARTIN	SHALLOWATER	TX	4 M1315 14 M	16:16 8:08
27 AMY MARTIN	LUBBOCK	TX	1 F2024 20 F	16:17 8:09
28 MILT BROWNFIELD	LUBBOCK	TX	2 M5054 51 M	16:22 8:11
29 MANDY POKLIKUHA	LUBBOCK	TX	1 F3034 31 F	16:23 8:12
30 ALISON BLALOCK	LUBBOCK	TX	2 F2024 22 F	16:24 8:12
31 ERIN MEDINA	CROSSBYTON	TX	2 F1315 13 F	17:27 8:44
32 JOE MARTIN	LUBBOCK	TX	2 M4549 49 M	17:35 8:48
33 CRAIG PETERSON	HOBBS	NM	3 M5054 52 M	17:45 8:53
34 KC HART	SLATON	TX	4 M0112 11 M	18:06 9:03
35 ZACH SMITH	LUBBOCK	TX	5 M0112 11 M	18:08 9:04
36 RODRIGO GARCIA	LUBBOCK	TX	2 M3539 35 M	18:17 9:09
37 ABRAHAM MONTALVO	PLAINVIEW	TX	6 M0112 11 M	18:28 9:14
38 HANNAH LAYMAN	HEREFORD	TX	3 F1619 16 F	18:30 9:15
39 JIM HARRIS	HOBBS	NM	1 M6569 66 M	18:35 9:18
40 JAMES LAYMAN	HEREFORD	TX	3 M4044 43 M	18:37 9:19
41 MALINDA COLWELL	LUBBOCK	TX	2 F3539 35 F	19:03 9:32
42 RYAN RHOADES	LEVELLAND	TX	4 M4044 41 M	19:10 9:35
43 JOSHUA BROWNFIELD	LUBBOCK	TX	5 M1315 13 M	19:34 9:47
44 TAYLER HUCKABY	LUBBOCK	TX	3 F2024 22 F	19:54 9:57
45 JULIAN HALL	LUBBOCK	TX	7 M0112 9 M	19:59 10:00
46 AMY HANCOCK	LUBBOCK	TX	1 F2529 26 F	20:19 10:10
47 BILL ROGER, SR	LEVELLAND	TX	1 M7099 70 M	20:45 10:23
48 KENDALL HIGGINS	LUBBOCK	TX	6 M1315 15 M	21:03 10:32
49 LAUREN DRINKARD	GARDENDALE	TX	4 F2024 23 F	21:31 10:46
50 CHADWICK WILCOX	LUBBOCK	TX	1 M3034 33 M	21:42 10:51
51 MACKENZIE SMITH	LUBBOCK	TX	1 F0112 10 F	21:52 10:56
52 LAURA LAPPE	LUBBOCK	TX	1 F4044 43 F	21:55 10:58
53 RICK LAMPE	LUBBOCK	TX	1 M6064 64 M	22:25 11:13
54 JEFF HOUGH	LUBBOCK	TX	5 M4044 42 M	22:35 11:18
55 NICKOLAUS HOEVE	RANSOM CANYON	TX	8 M0112 11 M	22:44 11:22
56 TAMI MILLER	LUBBOCK	TX	1 F4549 49 F	22:46 11:23
57 LAUREN GARCIA	LUBBOCK	TX	2 F0112 9 F	22:50 11:25
58 NICKLAS VENHUIZEN	LUBBOCK	TX	9 M0112 6 M	22:55 11:28
59 KATHY BROWNFIELD	LUBBOCK	TX	2 F4549 47 F	23:21 11:41
60 MEGGAN BAILEY	LUBBOCK	TX	3 F3539 35 F	23:59 12:00
61 BRADYN DANIEL	LUBBOCK	TX	10 M0112 6 M	24:05 12:03
62 CHRIS DANIEL	LUBBOCK	TX	3 M3539 38 M	24:07 12:04
63 RICHARD SCHUNKE	LUBBOCK	TX	4 M3539 39 M	24:27 12:14
64 KELLI SMITH	LUBBOCK	TX	5 F2024 22 F	24:30 12:15
65 ALEXIS CORTEZ	RANSOM CANYON	TX	3 F0112 12 F	24:34 12:17
66 CHRISTIE PARE	LUBBOCK	TX	3 F4549 47 F	24:44 12:22
67 JOSIE ALEMAN	LUBBOCK	TX	1 F5559 57 F	25:09 12:35
68 REAGAN WRIGHT	LUBBOCK	TX	6 F2024 20 F	26:52 13:26
69 SUZAN CAUDLE	LUBBOCK	TX	2 F5559 56 F	28:10 14:05
70 BRENDA WRIGHT	LUBBOCK	TX	4 F4549 48 F	28:26 14:13
71 SHERRI PATTERSON	LUBBOCK	TX	2 F4044 41 F	30:49 15:25
72 BARBARA MORALES	LUBBOCK	TX	3 F4044 43 F	38:04 19:02
73 EVA RAMIREZ	LUBBOCK	TX	3 F5559 56 F	38:14 19:07

6 MILES OVERALL RESULTS

Place Name	Town	St Div Div	Ag S 6	Pace
1 MATTHEW RODRIGUEZ	SLATON	TX	1 M1619 16 M	38:45 6:28
2 TIM KEY	LUBBOCK	TX	1 M4044 41 M	39:51 6:39
3 ZACH MANNING	LUBBOCK	TX	1 M2529 27 M	41:26 6:55
4 RICKY MARTINEZ	SPUR	TX	2 M4044 41 M	42:24 7:04
5 SHANNON ANDERSON	LUBBOCK	TX	1 M3539 37 M	42:49 7:09
6 JASON KHAMRAN	LUBBOCK	TX	2 M2529 25 M	44:19 7:24
7 JOE LONGORIA	PLAINVIEW	TX	1 M5559 58 M	46:58 7:50
8 ANDREW HUFF	LUBBOCK	TX	3 M2529 27 M	47:38 7:57
9 JON DAVID BRUEGEL	LUBBOCK	TX	2 M1619 17 M	48:12 8:02
10 TURNER ADAMS	WALL	TX	1 F1315 14 F	48:16 8:03
11 TAMMY MORIEARTY	LUBBOCK	TX	1 F3539 35 F	48:24 8:04
12 RICHARD SHAW	PLAINVIEW	TX	1 M4549 47 M	48:41 8:07
13 TRACY MACK	IDALOU	TX	3 M4044 43 M	49:10 8:12
14 BECKY ROGERS	LUBBOCK	TX	1 F1619 18 F	49:19 8:13
15 TAYLOR MAEKER	LUBBOCK	TX	2 F1619 17 F	49:19 8:14
16 KATY WEBB	LUBBOCK	TX	1 F2024 21 F	49:50 8:19
17 TRAVIS KNAPP	LUBBOCK	TX	1 M1315 13 M	50:09 8:22
18 RUSS HORN	LUBBOCK	TX	2 M3539 35 M	51:12 8:32
19 MONT MCLENDON	LUBBOCK	TX	3 M3539 37 M	52:05 8:41
20 JEREMY SIGLE	LUBBOCK	TX	1 M2024 24 M	53:07 8:52
21 DANIEL HALL	LUBBOCK	TX	1 M3034 34 M	53:31 8:56
22 HEDGE MARTIN	LUBBOCK	TX	2 M3034 34 M	53:44 8:58
23 JONATHAN MCGUIRE	LUBBOCK	TX	3 M3034 34 M	53:46 8:58
24 BRADY COOK	LUBBOCK	TX	4 M2529 27 M	54:23 9:04
25 HOLLYE MARTINEZ	SPUR	TX	1 F4044 41 F	54:58 9:10
26 GORDEN JENKINS	AMARILLO	TX	1 M6569 68 M	55:04 9:11
27 AMY McALEXANDER	LUBBOCK	TX	1 F2529 28 F	55:15 9:13
28 BILL FELTON	LUBBOCK	TX	1 M7099 74 M	55:20 9:14
29 HOLLY MILNE	LUBBOCK	TX	2 F2529 28 F	55:21 9:14
30 JAMES WALLACE	LUBBOCK	TX	2 M5559 59 M	55:22 9:14
31 LEE HANDLIN	LUBBOCK	TX	2 F4044 40 F	56:12 9:22
32 RENAE SMITH	LUBBOCK	TX	2 F3539 36 F	57:30 9:35
33 LESLIE SPIKES	LUBBOCK	TX	3 F2529 27 F	57:31 9:36
34 JED MAY	LUBBOCK	TX	4 M3034 30 M	57:39 9:37
35 JILL HAUKOS	LUBBOCK	TX	3 F4044 44 F	58:34 9:46
36 RALPH WOLF	LUBBOCK	TX	2 M7099 72 M	59:36 9:56
37 GENE ADAMS	WALL	TX	1 M5054 51 M	59:45 9:58
38 SHAUNA MAY	TWIN FALLS	ID	1 F5054 51 F	1:00:07 10:02
39 DERICK LEE	LEVELLAND	TX	2 M2024 22 M	1:01:59 10:20
40 MIKE KELLEY	LUBBOCK	TX	1 M6064 60 M	1:02:52 10:29
41 DEE KNAPP	LUBBOCK	TX	4 F4044 42 F	1:03:14 10:33
42 SUSAN WILCOX	LUBBOCK	TX	1 F3034 31 F	1:03:16 10:33
43 CHERYL WEBER	LUBBOCK	TX	1 F5559 56 F	1:03:29 10:35
44 BEN BOSTON	LUBBOCK	TX	3 M2024 24 M	1:04:39 10:47
45 TERI HOGAN	LUBBOCK	TX	2 F5054 52 F	1:06:37 11:07
46 JENNIFER HURST	RANSOM CANYON	TX	4 F2529 29 F	1:06:37 11:07
47 SUSAN EVERETT	LUBBOCK	TX	2 F3034 32 F	1:06:38 11:07
48 CHRISTY HURST	IDALOU	TX	3 F5054 52 F	1:06:45 11:08
49 MADELEINE TAYLOR	RANSOM CANYON	TX	2 F5559 57 F	1:14:34 12:26

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Our main purpose ...

is to promote distance running as an aid to physical fitness and longevity and if need be, an alternative "Positive Addiction". We also wish to unite runners of every level of ability and interest, to exchange good health and training ideas, to train together and participate in races, but most of all to promote friendship and camaraderie among all area runners. Our monthly club races are primarily designed to offer each member a yardstick for measuring personal accomplishments and not necessarily competition against each other. We offer encouragement to all runners, regardless of age and ability. Our club is the only Running Club west of the metroplex and north of Austin which conducts at least one race per month.

11 MILES OVERALL RESULTS

Place Name	Town	St Div	Div	Ag	S 11	Pace
1 JERRED HURST	RANSOM CANYON	TX	1	M2529	29 M	1:11:47 6:32
2 MARTIN MONTALVO	PLAINVIEW	TX	1	M4044	44 M	1:12:54 6:38
3 HEATH PENNELL	LUBBOCK	TX	2	M4044	41 M	1:17:31 7:03
4 BRITTANI SIGLE	LUBBOCK	TX	1	F2024	21 F	1:18:59 7:11
5 CODY MILLER	LUBBOCK	TX	3	M4044	43 M	1:19:23 7:13
6 JERRY DWYER	LUBBOCK	TX	1	M4549	49 M	1:20:59 7:22
7 LEE COHEN	LUBBOCK	TX	1	M3539	36 M	1:21:00 7:22
8 KIRK PITTMAN	LUBBOCK	TX	2	M3539	36 M	1:23:18 7:35
9 FARRELL MARTIN	SHALLOWATER	TX	4	M4044	42 M	1:23:42 7:37
10 ALAN WILLIAMS	LUBBOCK	TX	3	M3539	36 M	1:24:18 7:40
11 BRENT LOWREY	LUBBOCK	TX	2	M4549	47 M	1:24:31 7:41
12 JOSH KNAPP	LUBBOCK	TX	1	M1315	15 M	1:25:04 7:44
13 MICHAEL KNAPP	LUBBOCK	TX	5	M4044	43 M	1:25:05 7:45
14 IGNACIO VASQUEZ	LUBBOCK	TX	6	M4044	41 M	1:25:28 7:47
15 AMANDA BOSTON	LUBBOCK	TX	1	F2529	25 F	1:28:10 8:04
16 ROBERT RODRIGUEZ	LUBBOCK	TX	1	M3034	31 M	1:29:21 8:08
17 GREG HOGAN	LUBBOCK	TX	1	M5054	50 M	1:29:54 8:11
18 JAY WILLIAMS	WOLFFORTH	TX	4	M3539	39 M	1:31:59 8:22
19 ROD BURGETT	SHALLOWATER	TX	7	M4044	44 M	1:32:15 8:24
20 CHRIS TOELLE	LUBBOCK	TX	5	M3539	35 M	1:32:56 8:27
21 JERROD MARDIN	LUBBOCK	TX	2	M3034	33 M	1:34:04 8:34
22 BRYAN DUNCAN	LUBBOCK	TX	3	M3034	31 M	1:34:17 8:35
23 TOM WEIS	LUBBOCK	TX	1	M5559	57 M	1:35:09 8:39
24 KARLA SANCHEZ	LUBBOCK	TX	2	F2529	29 F	1:35:58 8:44
25 JENNIFER HADDOCK	LUBBOCK	TX	3	F2529	28 F	1:36:06 8:45
26 DAVID WEAVER	LUBBOCK	TX	2	M5559	57 M	1:36:26 8:46
27 LESLI SPEARS	LUBBOCK	TX	1	F3034	34 F	1:37:22 8:52
28 RANDI TRAVELLER	TWIN FALLS	ID	2	F2024	23 F	1:38:40 8:59
29 MARY BRANSCOME	LUBBOCK	TX	1	F4549	49 F	1:38:48 8:59
30 MARK SMITH	LUBBOCK	TX	6	M3539	37 M	1:39:06 9:01
31 WESLEY SCHOLZ	RANSOM CANYON	TX	4	M3034	32 M	1:39:30 9:03
32 SUSAN DUNCAN	LUBBOCK	TX	1	F3539	36 F	1:39:34 9:04
33 RICHARD GALE	LUBBOCK	TX	3	M5559	59 M	1:39:40 9:04
34 RON LUBOWICZ	LUBBOCK	TX	1	M6569	66 M	1:39:41 9:04
35 BJ CARLILE	LUBBOCK	TX	4	F2529	27 F	1:39:45 9:05
36 SHAUN FANT	LUBBOCK	TX	8	M4044	41 M	1:40:40 9:10
37 KORI TRUBY	LUBBOCK	TX	5	F2529	28 F	1:43:20 9:24
38 MONTY REXRODE	ANTON	TX	7	M3539	38 M	1:43:32 9:25
39 KELLY THOMPSON	MURPHY	TX	6	F2529	28 F	1:44:02 9:28
40 BILL MAY	TWIN FALLS	ID	2	M5054	52 M	1:44:48 9:32
41 ANGEL GREEN	SLATON	TX	2	F3539	35 F	1:46:15 9:40
42 JILL BARTON	LUBBOCK	TX	7	F2529	27 F	1:47:05 9:44
43 LORI PRETZER	HOUSTON	TX	3	F2024	23 F	1:47:41 9:48
44 KERRI BOYD	PLAINVIEW	TX	2	F3034	32 F	1:47:43 9:48
45 WENDY ANDERSON	LUBBOCK	TX	3	F3539	38 F	1:48:13 9:51
46 BRANDON BERKSHIRE	LUBBOCK	TX	2	M2529	25 M	1:50:16 10:02
47 RANDY BUNYARD	LUBBOCK	TX	3	M5054	51 M	1:51:43 10:10
48 BELISA WALDROP	LUBBOCK	TX	1	F4044	41 F	1:52:27 10:14
49 LAURIE BATEMAN	ANTON	TX	4	F3539	38 F	1:52:35 10:15
50 MARSHA BENNETT	LUBBOCK	TX	2	F4549	45 F	2:01:27 11:03
51 LANETTE WINDHAM	LUBBOCK	TX	2	F4044	41 F	2:05:22 11:24
52 SAM DENNIS	LUBBOCK	TX	3	F4549	46 F	2:05:23 11:24
53 ROSE HOEVE	RANSOM CANYON	TX	3	F4044	41 F	2:07:04 11:34
54 SARAH GAXIOLA	LUBBOCK	TX	1	F5559	56 F	2:08:00 11:39
55 MIKE GREER	RANSOM CANYON	TX	1	M7099	70 M	2:10:18 11:51

The Horseshoe Bend Race was renamed for Dr. Hugh Haynes this year. Hugh, who lived along the road north of the tree lined canopy, was race director from 1988-1991. Hugh died of a broken neck following a bike accident in front of his house March 5, 2008. Hugh rode his bike often on that 11 mile loop and after leaving his post as race director continued to serve at the midway gin corner for the HSB races until the year before his death.

This race began in 1973 and was a 12 mile event with a 2 mile. Both races went east with a slight downhill the first mile, then a gradual uphill return for the 2 milers. The 12 mile made the same loop as our 11 mile now, except they had to go past the finish to a turnaround at approximately .6 mile down the road and return uphill (west) to the same finish we now use. We changed to 11 miles in 1985 to eliminate confusion about the out and back loop past the finish line. The 6 mile was added in 1989. I have missed only one race in the 31 years I've been a member. There have been some memorable weather conditions, but the most horrific was the 1981 event when a black norther/dust storm came in and the effort required on the east 3 mile stretch was unbelievable—going west the 1 1/2 miles was about as bad as the wind was slightly out of the northwest. The very best condition I can remember was 1989 when I ran my best time and the overall best times were run. Rodney Hendrix and Tim Green ran together for most of the 11 miles but Rodney pulled ahead, going through the tree canopy and won in 1:00:49 to Tim's 1:01:03 (14 seconds). You may wonder why the M13-15 and both 16-19 2 mile records have stood since 1979 & 1980. Soon after 1980, the UIL established the second Saturday in May as the date for the State High School Track & Field Meet. The regionals were held the week before, so naturally, the really fast high school runners were gone for our HSB race until this year. The flu scare caused the UIL to cancel the regional meets and thus the state meet. (In my opinion this was a "knee jerk" decision that was unwarranted)—the regional meets were rescheduled to the 3rd or 4th week end and state meet will be in June. So that is why we had the honor of having Donovan Torres and Maddie Kauffman, both Coronado high school students in the two mile race with which at first appeared to be record setting times of 9:40 and 12:09. It was determined after the race that a misplacement of the turn around cone caused the course to be 60 yards short. These two are probably the best long distance runners in our area since the days of Mindee Mayfield and Leigh Daniel of Monterey, Mindy and Wendy Sullivan of Colorado City, then Coronado, and Carlos Ybarra and Frank Sumpter, Jr. of Lamesa, Brandon Birdsong of Monterey, Ryan Cruz of Shallowater, Trey and Tara Jernigan of Sundown and Chris and Jay Truitt of Lovington.

Ever since I ran there for the first time in 1979, I have always enjoyed the remoteness and the solitude this venue has offered. Even though I am unable to run the event anymore, it is fun for me just to be there in a voluntary capacity. Since I am a birdwatcher and native plant/wildflower enthusiast, both those hobbies are enabled in the canyon. Did any of you who ran this year get to see the wild turkey crossing the road? I still like to think of the event as the "HORSESHOE BEND CANYON SPRING FROLIC", as it was known in the early years. GWJ

RUNNING TEXAS FOR OVER 31 YEARS



CLUB SUBSCRIPTION FORM

CLUB INFO:
 Club Name _____
 Authorized Club Representative Signature _____

SUBSCRIBER INFO:
 Name _____
 Address _____
 City/State/Zip _____
 Email _____ Phone _____
(Website password will be e-mailed to this address)

TERM: 1 year - \$8.00
PAYMENT: Check/Money Order
 Credit Card (fill in credit card information below)
CREDIT CARD PAYMENT:
 AMEX VISA MASTERCARD DISCOVER
 Card # _____ Expiration Date _____
 Print Name _____
 Signature _____

**W.T.R.C. 2009 Challenge Series
Standings After 5 Events (Male)**

YTD TOTALS						YTD TOTALS					
0 - 12 MALE	AGE	PTS	MILES	EVT	VOL	40-44 MEN	AGE	PTS	MILES	EVT	VOL
Walker Adams	11	39	10	4		Ricky Martinez	41	17	12.2	2	
Jake Brownfield	11	29	6	3		Todd Smith	44	16	29.9	4	*
Evan Gallarneau	9	15	6	3		Ignacio Vasquez	41	13	10.2	2	
Dakota Hernandez	9	7	4	2		Daniel Gonzales	43	10	2	1	
Julian Hall	9	4	2	1		Troy Pratt	42	10	2	1	
Nick Hoeve	11	3	8.2	2	*	David Pyle	43	9	9	2	*
William Pyle	7	0	5	1	*	Noe Valles	42	9	2	1	
David Pyle	9	0	5	1	*	James Layman	42	8	2	1	
Joshua Hoeve	10	0	6.2	1	*						
13-15 MEN						45-49 MEN					
Lucas Samarron	15	29	8	3		Joe Frank Martin	49	38	8	4	
Kendall Higgins	15	26	16.7	5	*	Jim Higgins	48	36	17.2	4	
Austin Martin	14	13	4	2		Jerry Dwyer	49	30	24.7	3	
K.T. Manis	15	10	5	1		Paul Pare	47	27	18.9	3	
Joshua Brownfield	12	10	4	2		Brent Lowery	47	26	22.2	3	
Edgar Martinez	13	9	2	1		Richard Shaw	47	25	16.2	3	
						J. Edson Pinto	47	22	18.9	3	
16-19 MEN						Ray Major	48	19	9	2	
Lucas Morris	17	54	12	5		Ronald Trollinger	49	17	6	2	
Jon David Bruegel	17	49	29.9	5		Gabriel Martinez	47	9	2	1	
Nathan Conroy	17	18	6	2		Adam Barron	46	8	8.7	1	
Matthew Rodriguez	16	11	6	1		Duane Jones	48	5	6.2	1	
						Edwin Young	45	0	20	3	*
20-24 MEN						50 - 54 MEN					
Jon Keith	20	29	13.2	3		Jackie Cannon	53	30	8	3	
Ben Boston	24	22	16.2	3		Epi Aguirre	50	30	17.7	3	
						Randy Bunyard	51	30	26.2	4	
25-29 MEN						Gene Adams	51	30	25.9	4	
Andres Pedroza	27	27	17.7	3		Nate Wilson	53	28	15.2	3	
Andrew Huff	27	28	23.7	4		David Doyle	50	28	8	3	
Brandon Berkshire	25	22	26.2	4	*	Randy Holloway	52	25	42.9	5	*
Stephen Romero	28	19	8.2	2		Gonzalo Ramirez	52	15	10.7	2	
Jared Hurst	29	11	11	1		Terry Dalton	54	12	17.7	3	*
Jason Fellers	29	10	6.2	1		Greg Hogan	50	10	11	1	
John Griffin	27	8	20	3	*	Wade Wilson	50	9	8.7	1	
Aaron Self	28	8	4	1		Jimmy Samarron	53	8	4	1	
David Fraga	29	7	6.2	1							
Tony Moreno	29	6	6.2	1		55 -59 MEN					
Jason Hancock	27	0	8.7	1	*	Lawrence Schovanec	56	40	19.7	4	
Brett Hart	29					James Wallace	59	37	25.2	5	
						David Weaver	57	35	34.9	5	*
30-34 MEN						Richard Gale	59	34	30.9	4	
Chad Wilcox	33	37	13	4		Fred Weber	57	27	8	3	
Joey Hernandez	32	30	17.7	3		Ken Spain	55	25	15.2	3	
Bryan Duncan	31	26	25.9	3		Lorenzo Padilla	55	25	6	3	
Chris Gallarneau	33	25	15.2	3		Dan Hilario	58	21	25.2	4	*
Wesley Scholz	32	23	25.9	3		Antonio Roman	56	17	4	2	
Chris Truitt	33	20	4	2		Larry Burelsmith	59	10	2	1	
Daniel Hall	33	13	12.2	2		Tom Weis	57	10	11	1	
						Jimmy Clark	56	0	10	1	**
35-39 MEN						David Higgins	55	0	43.6	5	**
Jay Williams	39	42	32.9	5		Tony Aleman	59	0	34.9	5	*
Lee Cohen	36	41	30.7	5	*	Jim Wilhelm	57	0	5	1	*
Shannon Anderson	37	39	25.2	5	*	Jerry Morris	58	0	8.7	1	*
Marin Hernandez	38	34	12	4		Wayne Sullivan	58	0	23.9	4	*
Eddy Morelock	37	29	17.7	3							
Mont McClendon	37	29	20.2	4		60-64 MEN					
Kirk Pittman	36	17	15	2		Mike Kelley	60	41	29.9	5	
Greg Milford	39	11	9	2		Rick Lampe	64	38	15	4	
Alan Williams	36	8	11	1		Douglass Sanford	60	19	9	2	
Tyge Payne	37	6	8.7	1		Ron Nugent	62	10	7	2	*
Chirs Toelle	35	6	11	1		James Livermore	61	8	5	1	
Chris Milford	35	0	9	2	*	Michael McDonald	60	8	6.2	1	
Jon Bruegel	38	0	19.9	3	*						
						65-69 MEN					
40-44 MEN						Gorden Jenkins	68	39	21.2	4	
Martin Montalvo	44	37	30.9	4		Jim Harris	66	30	6	3	
David Rogowski	41	29	19.9	3		Ron Lubowicz	65	20	26.2	4	*
Rod Burgett	44	24	34.9	5	*	Larry Byrd	65	0	34.9	5	*
Cody Miller	43	24	26.2	4	*						
Heath Pennell	41	23	26.2	4	*						
Tim Key	41	19	11	2							

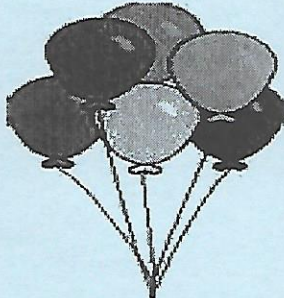
**W.T.R.C. 2009 Challenge Series
Standings After 5 Events (Women)**

Continue Males						YTD TOTALS					
70-99 MEN	AGE	PTS	MILES	EVT	VOL	30-34 FEMALE	AGE	PTS	MILES	EVT	VOL
Bill Felton	74	50	22.2	5		Mandy Poklikuha	31	30	6	3	
Bill Roger	70	38	18.7	5	*	Susan Wilcox	30	22	21.2	4	*
Ralph Wolf	71	28	19.2	4	*	Iris Rivero	33	10	5	1	
George Jury	72	0	34.9	5	*	Brooke Pittman	31	10	4	1	
Mike Greer	69	10	19	2	**	Lela Hughes	33	10	8.7	1	
						Courtney Fakhreddine	32	8	8.7	1	
						Erica Weitman	30	5	6.2	1	
CLYDESDALE - Age Graded						35-39 FEMALE					
Craig Peterson	52	43	21.2	5		Tammy Moriearty	35	40	12	4	
Milt Brownfield	51	40	16.7	5	*	Malinda Colwell	35	37	10	4	
Shaun Fant	41	33	26.2	4		Meggan Bailey	35	31	10	4	
Ferrell Martin	42	30	21.2	3		Susan Duncan	36	28	25.9	3	
Larry Boskas	47	27	6	3		Wendy Anderson	38	26	21.2	3	
Brandon Hughes	35	15	10.2	2		Traci Payne	36	15	13.7	2	
Anthony Catherall	24	12	9	2		Michaela Jansen	36	10	5	1	
Isacc Munoz, Sr.	53	9	4	1		Mindy Harlien	35	7	2	1	
Troy Pratt	42	7	2	1		LouAnna Arterburn	39	6	5	1	
Jim Beck	48	5	4	1	*						
Warner Alexander	48	0	5	1	*	40-44 FEMALE					
						Jill Haukos	44	46	29.9	5	
						Angie Hines	43	40	12	4	
						Lee Handlin	40	28	10	3	
						Laura Lappe	43	19	6	2	
						Hollye Martinez	41	18	8	2	
						Laura Adams	41	9	2	1	
						Rose Hoeve	41	8	23.4	2	**
						Karen Pyle	40	0	5	1	*
						45-49 FEMALE					
						Marsha Bennett	45	46	30.7	5	
						Kammy Philbrick	48	30	10	3	
						Tami Miller	49	20	4	2	
						Kathy Brownfield	46	16	4	2	
						Melanie McVey	47	10	5	1	
						Mary Branscome	49	10	11	1	
						Penne Richards	45	9	2	1	
						Lorenda Spain	49	9	4	1	
						Brenda Campbell	49	8	2	1	
						Debbie Wilson	49	0	19.9	3	*
						50-54 FEMALE					
						Glenna Beyer	50	20	4	2	
						Debbie Roman	53	19	4	2	
						Christy Hurst	52	18	10	2	*
						Barbara Slaton	50	10	5	1	
						Leesa Price	52	0	4	1	*
						Marti Greer	50	0	4	1	*
						55-59 FEMALE					
						Josie Aleman	57	38	17	5	*
						Sara Gaxiola	56	37	29.9	4	
						Cheryl Weber	56	30	12	3	
						Susan Caudle	56	28	20.9	5	*
						Madeleine Taylor	57	27	16.7	3	
						60-99 FEMALE					
						P. J. Mitchell	63	40	34.9	5	*
						Etta Mayer	60	29	15.2	3	
						ATHENA - Age Graded					
						Amy Hancock	26	40	25.9	5	*
						Nikki Roa	24	10	2	1	
						Ginger Hall	32	10	17.2	2	*
						Andi Gibberson	43	9	2	1	
						Donna Dean	52	0	8.7	1	*
						Elizabeth Linder	52	0	16	2	*

** = Race Director
* = Volunteer

Happy Birthday

Taylor Maeker	18	on (06-03)
Josie Aleman	58	on (06-04)
Ray Major	49	on (06-07)
Ginger Hall	33	on (06-10)
James Livermore	62	on (06-11)
Erica Valles	20	on (06-12)
Antonio Roman	57	on (06-13)
Tony Aleman	60	on (06-13)
Laura Adair	42	on (06-15)
Mike Morris	54	on (06-17)
Kim Clemmons	41	on (06-18)
Melanie Littlefield	45	on (06-19)
BJ Carlile	28	on (06-19)
Taylor Reasoner	14	on (06-19)
Kim Sansom	40	on (06-19)
Lela Hughes	34	on (06-20)
Ofelia Martinez	49	on (06-22)
Larry Burelsmith	60	on (06-22)
Christine Strange	46	on (06-23)
Evan Gallarneau	10	on (06-23)
Ashley Keffler	24	on (06-24)
Sara Bruegel	14	on (06-25)
Fred Weber	58	on (06-25)
Jill Haukos	45	on (06-26)
Noe Valles	43	on (06-27)
Frank Gaxiola	68	on (06-28)
Shawna Hardaway	40	on (06-28)
Rick Lampe	65	on (06-28)
Edwin Young	46	on (06-28)



This year P.J. Mitchell worked on getting sponsors for t-shirts for the Hot Dam run in August. The first 100 runners that register for the Hot Dam Races during the Firecracker Run in July will receive a t-shirt with their paid registration.

WEST TEXAS RUNNING CLUB'S ANNUAL
2009 Bobby Birdsong Memorial Levelland Lope
2 Mile & 10K Races

EVENT # 6 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, June 13, 2009
Register online at <http://wtrc.tripod.com> See Enclosed Mail in Form for Information On Site Registration: 7:00 to 7:45 A.M Race Start at 8:00 A.M.

WHERE: South Plains College Texan Dome, Levelland, Texas
From Lubbock, take Highway 114 West, turn left (South) on Sherman, drive Two blocks South of the college track.

COURSE: flat, both races out and back on city streets.

AID STATIONS at least every 2 miles, splits at one mile.

WTRC Rules Do Not Permit Pets, Skates, Strollers, or Bicycles

AGE DIVISIONS:

MEN: 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49;
50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus
Clydesdale and Athena group in both races.

AWARDS: Medals will be awarded to at least the first three finishers in each age group in the 2 mile and 10K up to 50% of each group.

Entry Fee: W.T.R.C. Members \$5.00, Non Members \$10.00

Race day \$15.00 Everyone

RACE DIRECTOR: Bill Roger 806-894-7911

E-mail: randyholloway@sbcglobal.net

Dear Club Members,

Please keep in mind that in order to be eligible to participate in the Challenge Series one must have volunteered at least once and must have run in at least 3 races (relays will not be counted towards these three races) to be eligible for a "Points" award. If you have any questions or concerns please feel free to contact George Jury using the information listed below.

George W. Jury rungwj@aol.com 792-3291 (d) , 792-1237 (n)

West Texas Running Club Event Calendar

- Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT
- JUN 2 W.T.R.C. Board meeting: Tuesday, 7:00pm
Ron's office, 3309-67th St
- JUN 6 National Trails Day Run: <http://nmrailstotrails.org>
- JUN 7 Lunar Lope: 5K, 10pm, Contact, Betty Blanton,
806-742-3828, www.recports.ttu.edu
- JUN 13 Boomtown Days Half Marathon: Half Marathon/5K, Prize
Money! Joplin, Mo. www.boomtownrun.com
- * JUN 13 LEVELLAND LOPE: 10K/2MI, 8:00am, SPCollege-Texan
Dome, Levelland, TX, Bill Roger, RD, 806-894-7911
- JUN 20 Girlstown Gallop: 5K, 9am, Whiteface, TX., Contact
Jesse Pape, 806-229-6361.
- JUN 28 BSLT Half-Ironman: www.buffalospringslaketriathlon.com
- * JUL 4 40th ANNUAL FIRECRACKER RUN: 10MI/3MI/ELEM.1MI,
7:40am, Terry County Pk, Brownfield, Jim Harris, 575-370-4034
- JUL 25 Fit4Fun Triathon: www.recports.ttu.edu Betty Blanton,
806-742-3828.
- * AUG 8 HOT DAM RUNS: 5MI/2MI, 8am, Canyon Lakes #6, 22nd
and MLK, Jr. Blvd. Etta Mayer, RD, 806-792-1471.
- * SEP 12 SHALLOWATER STAMPEDE: 10K/2MI, 8am,
Shallowater High School, RD: Russel Martin, 832-5615
- * OCT 10 RED RAIDER ROAD RACE: 10K/5K, 8am, Texas Tech
Rec Ctr, RD: Jill Haukos, haukos@aol.com
- * NOV 14 BUFFALO WALLOW RUNS: Half Marathon/2Mi, 9am,
Buffalo Springs Lake, RD: Mike Kelley, 765-0441
- * NOV 26 TURKEY TROT: 12K/2Mi, 9am, MacKenzie Park-Lubb,
Contact: Ron Lubowicz
- * DEC 12 REDLINE/TOYS4TOTS CC: 4Mi, 10:00am, Mae
Simmons Park, 2302 Oak Ave, Lubbock, RD: Irma
Sanchez

<http://wtrc.tripod.com>

Calendar, Photos, Online registration, Membership, etc.

WTRC Web Address:

<http://wtrc.tripod.com>



5 W. Lakeshore Drive
Ransom Canyon, TX 79366

