

July 2008

Volume 1, Issue 6

Notes From the President

Up until recently, the 2nd hardest job in this country was being the President of the United States. The #1 slot belonged to the president of the WTRC. Unlike our Commanders-in-Chief who can appoint and command, WTRC presidents have had to beg, tease and shame members into WTRC board positions.

Today that is no longer the case ... serving on our board has become easy, and by some accounts, fun ... and I am currently offering not just one, but **two** such great opportunities.

Due to some personal circumstances we have mid-year vacancies for Equipment Director and External VP. The first position requires only responsible, common sense organizational talents, not any specific skills in equipment maintenance or trailer repair. Plus, you will have plenty of help.

As for the External VP job, it has evolved into responsibility for timing our races. But unlike the situation we had in recent years, you will not be expected to give up running and become a WTRC slave. So if you are a computer-savvy member with just that right blend of nerdiness and desire to help, please go to the WTRC website and read Tom Griffin's more detailed description of the job.

If you are even slightly curious about serving in either of these capacities, or if you know someone who might be approachable, please contact me or any other member of the board. Thanks!

SYOTR, Ron

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Wednesday, Aug. 6, 2008 @ 7:00 p.m. at BSGM, 8215 Nashville (East of the Veteran's War Memorial). All Members are welcome.

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2008 Firecracker Runs
 Friday, July 4, 2008
 Race Starts @ 7:40 a.m.
 Kids 1 Mile Elementary Run
 8:00a.m. Start for 10 & 3 Miles
 At
 Terry County Park
 Brownfield, TX
 Jim Harris
 Race Director
 (505) 392-8945

WTRC Officers

President – Ron Lubowicz
(H) 784-1855 (O) 632-4926
E-mail: ronlubo@aol.com

Internal Vice-President - Eric Ford
(H) 368 - 9989
E-mail: eric.ford@ttu.edu

External Vice-President
(Position Needs a volunteer)

Secretary– Iris Rivero
(H) 722-7026
E-mail: iris_rivero3@hotmail.com

Treasurer - David Higgins
(H) 785-8562 (O) 795-5823
E-mail: d_higgins69@hotmail.com

Past President - Mike Kelley
(H) 765-0441
E-mail: mkelleyrun@yahoo.com

Directors

Newsletter Director - Rose Hoeve
(H) 829-2381, (O) 766-1968
E-mail: rhoeve@lubbockisd.org

Internal Race Director
Randy Holloway
(H) 794-7512, (O) 771-0329
E-mail: randyholloway@sbcglobal.net

Equipment Director
(Position Needs Volunteer)

Race Calendar Director
Suzan Caudle
(H) 799-3813
E-mail: suzieq5279407@yahoo.com

Membership Director -
Debbie Wilson
E-mail: debwilsonmt06@sbcglobal.net

Club Historian – James Livermore
(H) 792-5815
E-mail: jlmore@nts-online.net

IT'S SENIOR OLYMPICS TIME IN LUBBOCK

The Lubbock Senior Games (Olympics) will be held this year from Wednesday, August 13th to Saturday, August 16th. All participating men and women must be 50 years of age or older as of December 31st, 2008 in order to compete in the nine sports offered: bowling, cycling, golf, horseshoes, running road races, swimming, table tennis, tennis and track & field. Medals will be awarded to first, second, and third place finishers in the five year age groups of 50-54, 55-59, 60-64, 65-69, 70-74 etc. for both men and women.

This is the local and beginning level of the Senior Olympics program with the first five finishers in their age group automatically qualifying for the next level, the Texas State Games to be held in Temple, TX Oct. 19th-28th. (See their website at: www.temple-srgames.net). There is a third level, the National Senior Olympics, which is held every two years in the odd numbered years. The next Nationals will be held in San Francisco in August of 2009. Their website is: www.NSGA.org In 2011 the Nationals will be held right here in Texas down in Houston so start getting ready for a short trip and a lot of fun.

Our Club is assisting in the combined 5K and 10K road races at 7:30 AM on Saturday, August 16th at MacKenzie Park. Run one or both races together to qualify for Temple. Runners who want to qualify in shorter distances have track events of 50, 100, 200, 400, 800 and 1500 meters to choose from later that morning and the usual field events of discus, high jump, javelin, pole vault, shot put & long jump Sat. afternoon.

In addition to the two road races, some of our Club members, particularly the tri-athletes, might be interested in the cycling and swimming events being offered. In cycling there are the 5K and 10K time trials plus the 20K and 40K road races. Swimming on Friday offers a total of 14 events from 50-500 yards in the four traditional strokes.

All WTRC members who are 50 or above have been mailed the 2008 Lubbock Senior Games application form. If you haven't received yours by now please call Paula Brown at: 806-767-2710 or e-mail her at: pjbrown@mail.ci.lubbock.tx.us All entries must be postmarked no later than Friday, August 1st, 2008. Let The Games Begin!

Race Director's Report

Had a great day for the Levelland Lope and had 119 runners show even with \$4.00 gas and hot weather predicted. The race was run under very good volunteers who were Donna Dean, Myriam Guardiola, Jim Leggett, Trevor Dalton, Randy Halloway, George Jury, Al Gardner, Tony Aleman, and Tom Griffin. Thanks to Ron Lubowicz for the groceries and to South Plain College for opening the very clean restrooms for us. A special thanks to my wife, Sally who really helped a lot.

She is my special lady.

See you next year.

Bill Roger

The July 2008 NEW MEXICO MAGAZINE, features an article on the Lea County Museum in Lovington, NM and its curator/director, our own Jim Harris. There is a full page picture of Jim in addition to the article. Makes me want to drive over the 100 or so miles just to visit! Jim took on this job after retiring as an English Professor several years ago. Another project Jim is working on is the history of New Mexico Junior College (Hobbs).

George W. Jury



**LOW COST SUBSCRIPTIONS
FOR RUNNING CLUBS**

Inside Texas Running (ITR) is a publication specifically edited for the Texas runner. It is in its 30th year of serving the Texas running community.

In this regard, we are eager to work with all running clubs in Texas. One of our major thrusts is to make the magazine available to all club members at a substantial discount via their club membership. The magazine subscription is \$15.00; we will sell it to club members for \$8.00 a year. Eight dollars is as low as we can go and still have the subscription certified as a bona fide "paid" subscription for 2nd class circulation permits (Not less than 51% of the regular price)

Basically, there are 2 ways you can offer this to your members:

1. Include the \$8.00 subscription fee in with their membership fee or;
2. Make it optional

In either case, the club submits the names of the subscribers and pays with one club check. The subscriber name should be accompanied with his or her address including zip, phone number and email address.

As an additional benefit, each subscriber will receive a \$10.00 gift certificate which can be redeemed at various participating running/sports stores. Now, this is a deal you can't beat-spend \$8.00 and get back \$10.00.

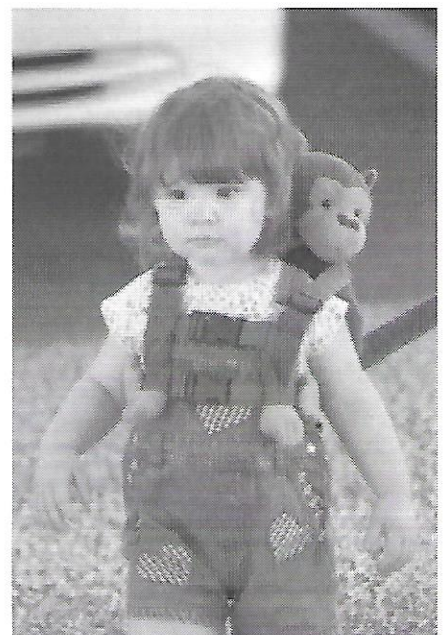
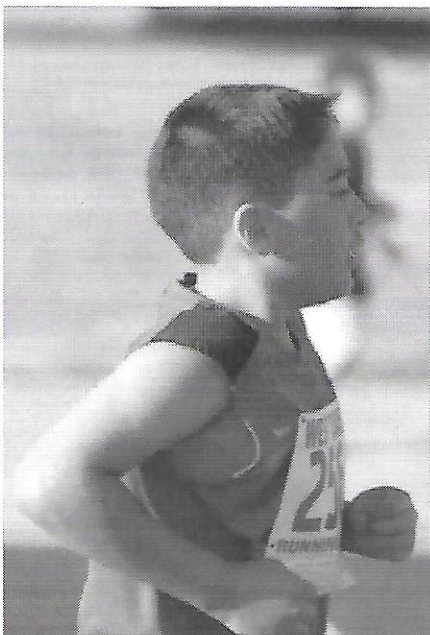
Other ways in which we can support your club is to include a listing of any events you may sponsor in our calendar for free. We also would like to hear about what your club is doing. If you have a newsletter, put us on your mailing list. And don't forget that we want to list the results of any race or event you sponsor on our website. Our website will tell you how to go about submitting these results.

In the meantime, lets arrange for your members to get INSIDE TEXAS RUNNING at a substantial discount. I look forward to hearing from you. Call us toll-free at 1 800 441 9837

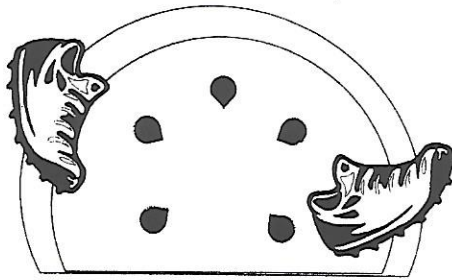
Sincerely,

Marie Sheffer
Runner Triathlete News/Inside Texas Running
2470 Gray Falls, Suite 110
Houston, TX 77077
marie@runningmags.com
1-800-441-9837
281-759-0555

The WTRC Board wanted to share the letter above with all of our club members. If someone is interested in purchasing the ITR subscription please email, Rose Hoeve @ rhoeve@lubbockisd.org



Watermelon Roundup Run



Plains, Texas

- When will you run? Race begins at 8:30 on the morning of August 30, 2008.
Registration begins at 7:45 a.m. beside the OLD COURT HOUSE.
- Where will you run? Race starts beside the OLD COURT HOUSE in the center of Plains, TX.
- Who will run? There will be numerous age brackets for men and women with age divisions for 19 and under, 20 – 29, 30 – 39, 40 – 49, over 50.
(T-shirts will be issued to the first 30 participants)
- How will you run? By sending us your registration form and \$10 entry fee before August 18th. After that (and day of race) registration is \$15.
- Why will you run? Other than a really cool T-shirt, awards, and all the cold watermelon you can eat, only you can answer that question.

(keep the top so you don't forget)

(tear off bottom and send to us)

Name: _____

Address: _____

Phone Number(s): _____

Age (on race day): _____ Sex: M W Race: 5K 10K Shirt Size: M L XL
XXL

Mail Completed form and \$10 fee payable to: Watermelon Roundup Run
c/o: Mark and Veronica Anna
PO BOX 878
Plains, TX 79355

Questions: You may call (806) 456-8087 or (806) 456-6365 or (806) 215-3168

The Small Print – Must Be Signed

In consideration of the acceptance of this entry, I, we, the undersigned, assume full and complete responsibility for any injury or accident which may occur to me during the event, and I, we hereby release and hold harmless the sponsors, promoters, and all other persons and entities associated with the event from liability for injuries and damages sustained by me whether same be caused by negligence of the sponsors, promoter, or other persons or entities associated with the event, or otherwise. Further, I, we hereby grant full permission to the sponsor, promoters, and all other persons and entities associated with the event to use any photographs, videotapes, motion pictures recordings or any other record of this event involving me for any purpose whatsoever.

Signature (parent/guardian signature if participant is under age 18)

Date

WTRC Challenge Series through May 2008

| <u>Male Age Group 1 (12 & Under)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|--|--------------------|---------------------------|
| Walker Adams | 11.2 | 19 |
| David Pyle * | 7 | 7 |
| Zachary Smith | 6 | 18 |
| Joshua Hoeve* | 11.32 | 3 |
| Nick Hoeve | 4 | 7 |
| Thomas Pitman | 4 | 19 |
| Christian De Leon | 13.32 | 26 |
| Tyler Dean | 4 | 17 |
| Carter Tate | 9.32 | 10 |
| Jake Brownfield | 6 | 29 |

| <u>Male Age Group 2 (13-15)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Luke Samarron | 10 | 41 |
| Daniel J. Gonzales# | 4 | 18 |
| Austin Martin | 2 | 8 |
| Kendall Higgins* | 18 | 40 |
| Migue Johnson | 2 | 8 |
| Tyler Schovanec | 9.32 | 0 |
| Jon Key | 2 | 6 |
| Jordon Quinton | 2 | 9 |
| Bobby Cunningham | 2 | 10 |

| <u>Male Age Group 3 (16-19)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Jon D. Bruegel * | 43.52 | 43 |
| Lucas Morris* | 18 | 52 |
| Aaron St. Clair # | 5 | 8 |
| Victor Ramirez | 6 | 25 |
| John Keith | 4 | 10 |
| Anton Gutierrez | 11.2 | 21 |
| Ford Danile | 9.32 | 10 |

| <u>Male Age Group 4 (20-24)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Clayton Kelso* | 10 | 8 |
| Trevor Dalton * | 11.2 | 0 |
| David Boston | 4 | 11 |
| Cory Higgins | 2 | 11 |
| Zach Quinones | 19.32 | 32 |
| Jeremy Single | 4 | 15 |
| Pedro Vargas | 21.32 | 29 |

| <u>Male Age Group 5 (25-29)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Aaron Self | 24.32 | 42 |
| Brett Hart | 10 | 49 |
| Jon Paul Gonzales | 4 | 9 |
| Andres Pedroza | 9.32 | 9 |
| Jason Fellers | 4 | 9 |
| Caleb Prince | 2 | 8 |
| Jarred Hurst | 4 | 10 |
| Richard Hobbins | 26.52 | 15 |

| <u>Male Age Group 6 (30-34)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| John Barrientos* | 13.32 | 20 |
| Chris Gallarneau* | 38.72 | 43 |
| Jason Burley | 17.2 | 33 |
| Michael Harlien | 5 | 6 |
| Joseph Hernandez | 9.32 | 9 |
| Damon Chase | 17.32 | 30 |
| Chris Toelle | 10.2 | 19 |
| Chris Bautweol | 4 | 20 |

| <u>Male Age Group 7 (35-39)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Lee Cohen* | 43.52 | 50 |
| Chris Milford # * | 48.52 | 42 |
| Greg Milford | 28.52 | 23 |
| Glen Poklikuha | 15.32 | 30 |
| Eddy Morelock * | 34.2 | 35 |
| Ram Iyer * | 13 | 8 |
| Mark Smith | 14.2 | 15 |
| Shannon Anderson* | 43.52 | 44 |
| Jon M. Bruegel* | 9.32 | 0 |
| Tommie Farrell* | 4 | 0 |

| <u>Male Age Group 8 (40-44)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Tim Key | 23.2 | 37 |
| Martin Montalvo | 37.32 | 48 |
| Eric Ford | 32.52 | 31 |
| James Layman | 13 | 32 |
| Sean Schwarzentraub | 13 | 13 |
| Ricky Martinez | 8.2 | 19 |

| <u>Male Age Group 8 (40-44)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Daniel Gonzales | 4 | 20 |
| Brian Alger | 8 | 37 |
| Cliff Lewallen | 11 | 21 |
| Jeffrey Haag * | 8 | 0 |
| Brad Ewing | 20.32 | 17 |
| Craig Dominy | 23.52 | 26 |
| Noe Vales | 8.2 | 18 |

| <u>Male Age Group 9 (45-49)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|---------------------------------|--------------------|---------------------------|
| Ronnie Trollinger | 16.2 | 35 |
| Paul Paré | 43.5 | 51 |
| Brent Lowrey | 28 | 34 |
| Jim Higgins | 28 | 41 |
| Epi Aguirre | 13 | 10 |
| Edson Pinto | 32.52 | 35 |
| Bob Jackson | 8 | 10 |
| Adam Barron * | 34.72 | 38 |
| Jerry Dwyer | 39.52 | 33 |
| Edwin Young # * | 43.52 | 24 |
| Warner Alexander* | 5 | 0 |
| David Doyle | 6 | 29 |
| Chris Lonngren | 11 | 5 |
| Wade Wilson | 17.2 | 13 |

| <u>Male Age Group 10 (50-54)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|----------------------------------|--------------------|---------------------------|
| Jackie Cannon | 10 | 40 |
| Jimmy Samarron | 10 | 38 |
| Lorenzo Padilla | 4 | 8 |
| Randy Bunyard | 17.32 | 23 |
| Terry Dalton * | 26.32 | 0 |
| Randy Holloway * | 26 | 0 |
| Frank Sumpter * | 5 | 0 |
| Randy Egenbacker | 4 | 7 |
| Gonzalo Ramirez | 8 | 27 |
| Russel Martin | 15.52 | 18 |
| Tom Clemmons | 2 | 7 |
| Mark Garland* | 4 | 0 |
| Rick Syper | 9.32 | 8 |
| Rick Liles | 25.2 | 30 |

| <u>Male Age Group 11 (55-59)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|----------------------------------|--------------------|---------------------------|
| Lawrence Schovanec | 43.52 | 49 |
| Fred Weber | 35.52 | 26 |
| Mike Kelley | 33.32 | 31 |
| Tom Wise | 34.32 | 20 |
| David Higgins * | 43.52 | 19 |
| Tom Griffin * | 31.52 | 17 |
| Richard Gale | 29.2 | 36 |
| Tony Aleman * | 39.52 | 7 |
| Jim Wilhelm * | 5 | 0 |
| Jimmy Waechter | 2 | 10 |
| Wayne Sullivan* | 9.32 | 0 |
| Jimmy Clark | 22.4 | 20 |

| <u>Male Age Group 12 (60-64)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|----------------------------------|--------------------|---------------------------|
| Ronnie Nugent * | 5 | 0 |
| James Livermore | 12.4 | 20 |

| <u>Male Age Group 13 (65-69)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|----------------------------------|--------------------|---------------------------|
| Gorden Jenkins | 39.52 | 59 |
| Mike Greer * | 16 | 10 |
| Jim Harris | 8 | 40 |
| Larry Byrd * | 43.52 | 0 |
| Ron Lubowicz * | 25.52 | 20 |
| Bill Roger, Sr. | 12 | 0 |

| <u>Male Age Group 14 (70+)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|--------------------------------|--------------------|---------------------------|
| Ralph Wolf | 21 | 39 |
| Bill Felton* | 17 | 39 |
| George Jury * | 37 | 0 |

WTRC Challenge Series through May 2008

| <u>Male Clydesdale</u> | <u>Total Miles</u> | <u>Point Series Total</u> | <u>Female Age Group 7 (35-39)</u> | <u>Total Miles</u> | <u>Point Series Total</u> |
|--|--------------------|---------------------------|------------------------------------|--------------------|---------------------------|
| Robert Bloodworth | 37.32 | 39 | Lee Handlin | 34.72 | 56 |
| Ferrell Martin | 18.32 | 27 | Michelle Eckstein | 17 | 26 |
| Larry Bloskas * | 21.32 | 29 | Susan Alger | 2 | 10 |
| Jim Beck | 37.52 | 30 | Stephanie Wehmeier | 29.32 | 35 |
| Craig Peterson | 21.2 | 46 | Lou Anna Arterburn | 8 | 8 |
| Preston Smith | 10.2 | 18 | Kippi Buchanan | 19.52 | 27 |
| Steve Odorizzi | 14.32 | 19 | Carol Hise | 17.32 | 15 |
| Brent Smith | 2 | 6 | Gloria Quinton | 13.32 | 10 |
| Chad Wilcox | 19.52 | 18 | | | |
| Rick Lampe | 8.2 | 19 | | | |
| Milt Brownfield | 13.32 | 20 | | | |
| | | | <u>Female Age Group 8 (40-44)</u> | | |
| <u>Female Age Group 1 (12 & Under)</u> | | | Angie Hines | 17 | 50 |
| Turner Adams | 7 | 20 | Cynthia Sorrensen | 8 | 10 |
| Peyton Lewallen | 2 | 10 | Susan Lewallen | 2 | 10 |
| Allyson Martin | 4 | 18 | Karen Pyle * | 32.52 | 34 |
| Camille Ford | 2 | 8 | Jill Haukos | 7 | 16 |
| Alexis Cortez | 11.32 | 6 | Rose Hoeve * | 27.52 | 17 |
| Brittney Dean | 4 | 18 | Deana Martin | 2 | 9 |
| Krista Dean | 4 | 14 | Irma Valles | 4 | 16 |
| Catherine Cannon | 4 | 19 | Laura Lappe | 8.2 | 19 |
| | | | Kimberly Terry | 9 | 18 |
| <u>Female Age Group 2 (13-15)</u> | | | Laura Helmus | 9.32 | 11 |
| Hannah Layman | 10 | 37 | | | |
| Colleen Adams | 11.2 | 22 | <u>Female Age Group 8 (40-44)</u> | | |
| Lindsey Lewallen | 9 | 32 | Deanne Milford | 2 | 9 |
| Mariah Dillard | 4 | 19 | Holley Martinez | 4 | 19 |
| Victoria Anderson | 2 | 10 | Marsha Bennett | 38.52 | 44 |
| Lyndsey Dean | 4 | 16 | | | |
| | | | <u>Female Age Group 9 (45-49)</u> | | |
| <u>Female Age Group 3 (16-19)</u> | | | Kammy Philbrick | 18.32 | 29 |
| Kristie Whipple | 4 | 11 | Brenda Campbell * | 21 | 9 |
| Allison Pyle * | 22.32 | 20 | Debbie Wilson * | 19 | 0 |
| Glenna Beyer | 6 | 20 | Marti Greer | 4 | 0 |
| Kayla Hendrix | 5 | 9 | Cynthia Dillard | 4 | 18 |
| Lindsey Shelton | 5 | 8 | Mary Branscome | 20.32 | 20 |
| | | | Barbara Slaton | 4 | 9 |
| <u>Female Age Group 4 (20-24)</u> | | | Amy Andrus | 2 | 10 |
| Sarah Livingston | 13 | 20 | | | |
| Kelsey Kelso * | 12 | 5 | <u>Female Age Group 10 (50-54)</u> | | |
| Amanda Boston * | 29.2 | 29 | Deborah Ford # | 2 | 10 |
| Allison Higgins | 2 | 10 | Susan Tomlinson | 5 | 8 |
| Amy Montalvo | 4 | 8 | Elizabeth Linder * | 28.32 | 0 |
| Channing Alba | 2 | 10 | Leesa Price | 33.32 | 40 |
| Jamie Wheeler | 20.32 | 16 | Glenna Beyer | 10 | 40 |
| | | | | | |
| <u>Female Age Group 5 (25-29)</u> | | | <u>Female Age Group 11 (55-60)</u> | | |
| Emily Wyatt | 21.2 | 47 | Cheryl Weber # | 30.72 | 40 |
| Jennifer Farris | 6 | 21 | Josie Aleman | 14 | 59 |
| Ginny McMinn | 4 | 10 | Etta Mayer | 39.32 | 47 |
| Susan Wilcox | 29.72 | 45 | Susan Caudle * | 23.32 | 36 |
| Amy McAlexander | 21.4 | 35 | Sara Gaxiola | 15.52 | 16 |
| Renee Prince | 2 | 6 | Sherill Easterling | 9.32 | 10 |
| Angie Sonhenberg | 13 | 20 | Janis Waechter | 2 | 10 |
| Kara Richardson | 4 | 18 | | | |
| | | | <u>Female Age Group 12 (60+)</u> | | |
| <u>Female Age Group 6 (30-34)</u> | | | P. J. Mitchell | 43.52 | 20 |
| Iris Rivero | 28 | 42 | | | |
| Myriam Guardiola | 32.52 | 0 | | | |
| Tammy Moriearty | 18 | 55 | | | |
| Sara Miller | 8 | 26 | | | |
| Sara Skelton | 21.32 | 29 | | | |
| Mandy Poklikuha # | 14 | 57 | | | |
| Malinda Colwell | 11.2 | 18 | | | |
| Amy Harlien | 5 | 7 | | | |
| Michelle Cohen | 2 | 7 | | | |
| Amanda Keys | 8 | 6 | | | |
| Dawn Smith | 2 | 7 | | | |
| Ann Cruce-Roberts* | 8 | 0 | | | |
| Jobi Martinez | 2 | 6 | | | |
| Kelley Weil | 13 | 16 | | | |

* Indicates Volunteer

Indicates that there has been an adjustment to race day scoring to place the contestant in their appropriate age group per the WTRC's new Challenge Series policy (see Web-site).

Please Note: "If you have not paid your 2008 membership dues your challenge series points and miles to-date are not listed. If you have been erroneously omitted please contact Eric Ford at eric.ford@ttu.edu and he will seek to rectify the mistake."

EVENT RECORDS (after 38 years)
 Updated 2-26-08

10 MILE

| DIV | NAME | TOWN | AGE | TIME | YEAR |
|---------|-----------------|-----------|-----|---------|--------|
| | MEN | | | | |
| 16-19 | Sam Mwabe | Levelland | 18 | 52:54 | 2001 |
| 20-24 | Jorge Pacheco | Levelland | 22 | 52:34 | * 1990 |
| 25-29 | Quinn Smith | Grants,NM | 29 | 55:07 | 1989 |
| 30-34 | Chris Rodriguez | Plainview | 31 | 58:52 | 2000 |
| 35-39 | Bob Jackson | Hobbs,NM | 36 | 56:56 | 1995 |
| 40-44 | Bob Jackson | Hobbs,NM | 43 | 57:05 | 2002 |
| 45-49 | Bob Jackson | Hobbs,NM | 48 | 1:00:45 | 2007 |
| 50-54 | George Jury | Lubbock | 50 | 1:03:28 | 1987 |
| 55-59 | George Jury | Lubbock | 55 | 1:08:54 | 1992 |
| 60-64 | Don Sanderson | Tulia | 63 | 1:16:30 | 1993 |
| 65-69 | Ralph Wolf | Lubbock | 69 | 1:29:01 | 2006 |
| 70 Plus | Don Sanderson | Tulia | 71 | 1:21:07 | 2001 |
| Clydes | Farrell Martin | Lubbock | 34 | 1:09:45 | 2003 |

WOMEN

| | | | | | |
|---------|------------------|-----------|----|---------|--------|
| 16-19 | Stephanie Bigham | Idalou | 18 | 1:15:14 | 2001 |
| 20-24 | Idalia Casiano | Lubbock | 23 | 1:07:52 | 1991 |
| 25-29 | Carrie Rustad | Iraan,TX | 25 | 1:09:53 | 1996 |
| 30-34 | Marjory Stewart | Lubbock | 32 | 1:05:30 | * 1991 |
| 35-39 | Becky Rowley | Clovis,NM | 39 | 1:12:10 | 2003 |
| 40-44 | Denise Bray | Lubbock | 41 | 1:17:48 | 2003 |
| 45-49 | Mary Branscome | Lubbock | 45 | 1:22:10 | 2005 |
| 50-54 | Madonne Miner | Lubbock | 50 | 1:22:07 | 2003 |
| 55-59 | P.J. Mitchell | Lubbock | 55 | 1:29:55 | 2001 |
| 60 Plus | P.J. Mitchell | Lubbock | 60 | 1:34:49 | 2006 |
| Athena | --- | | | | |

**Note: ages 1-12 are no longer eligible to participate in our longer events.
 This applies to male or female and any distance over 4 miles.

3 MILE

| DIV | NAME | TOWN | AGE | TIME | YEAR |
|---------|-----------------|----------------|-----|-------|--------|
| | MEN | | | | |
| 6-12 | --- | | | | |
| 13-15 | Carlos Ybarra | Lamesa | 15 | 15:58 | 1978 |
| 16-19 | Curtis Conaway | Lubbock | 18 | 14:44 | 1979 |
| 20-24 | Abel Kuhuni | (SPC)Levelland | 23 | 15:23 | 1993 |
| 25-29 | Dennis Williams | Lubbock | 29 | 14:23 | * 1975 |
| 30-34 | Steve Stallings | Stanton | 30 | 15:02 | 1982 |
| 35-39 | Quinn Smith | Grants,NM | 35 | 15:56 | 1995 |
| 40-44 | Bob Jackson | Hobbs,NM | 44 | 16:31 | 2003 |
| 45-49 | George Jury | Lubbock | 49 | 17:47 | 1986 |
| 50-54 | George Jury | Lubbock | 52 | 17:45 | 1989 |
| 55-59 | Robert Guajardo | Levelland | 56 | 18:49 | 1999 |
| 60-64 | Jim Harris | Hobbs,NM | 60 | 21:16 | 2003 |
| 65-69 | Don Sanderson | Tulia | 66 | 21:29 | 1996 |
| 70 Plus | Don Sanderson | Tulia | 74 | 24:35 | 2004 |
| Clydes | Jeromy Casey | Brownfield | 24 | 19:42 | 1999 |

WOMEN

| | | | | | |
|---------|---------------------|------------|----|-------|--------|
| 6-12 | --- | | | | |
| 13-15 | Hope Jimenez | Lamesa | 13 | 19:27 | 1997 |
| 16-19 | Mary Ann Hernandez | Brownfield | 18 | 18:48 | 1999 |
| 20-24 | Isabel Navarro | Brownfield | 21 | 18:21 | * 1979 |
| 25-29 | Linda Northrup | | 26 | 19:08 | 2001 |
| 30-34 | Isabel Torres | Brownfield | 34 | 21:04 | 1992 |
| 35-39 | Melanie McVey | Sundown | 39 | 21:34 | 2001 |
| 40-44 | Sherrill Easterling | Hico | 44 | 20:25 | 1994 |
| 45-49 | Cheryl Weber | Lubbock | 46 | 22:00 | 1999 |
| 50-54 | P.J. Mitchell | Lubbock | 53 | 23:55 | 1999 |
| 55-59 | Estela Galvan | Brownfield | 58 | 28:26 | 2001 |
| 60 Plus | Estela Galvan | Brownfield | 60 | 28:52 | 2003 |
| Athena | Lee Handlin | Lubbock | 38 | 26:38 | 2007 |

* Overall event record

**WEST TEXAS RUNNING CLUB'S
 39th Annual Firecracker Runs
 (1, 3, & 10 Mile Races)**

EVENT # 7 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: FRIDAY, July 4, 2008
 Race Day Registration: 7:00-7:30 a.m.
 Races start: Children's 1 Mile—7:40 a.m.
 3 & 10 Mile—8:00 a.m.

WHERE: Terry County Park, Brownfield, Texas
 From Lubbock on Hwy. 62, go to the stoplight
 At Buckley St. & Turn left on to Old Lamesa Rd.,
 Turn Right just past the swimming pool.

ENTRY FEE: Children's 1 Mile Run - \$1.00, 3 & 10 Mile runs -
 \$5.00 for WTRC Members and \$10.00 for non-
 Members, Race Day Registration is \$15.00
 (3 & 10) Mile for everyone.

ON-LINE REGISTRATION DEADLINE: Please check Web-
 site at <http://wtrc.tripod.com>

Special and unique commemorative medallions. Awards given
 to the first 3 in each age group and up to 5 of the contestants in
 each age group and up to 5 of the contestants in each age
 group as listed below.

Awards will be presented at 8:05am (Kids Run), 8:35am (3 mi.),
 and 10 am (10 mi.).

AGE DIVISIONS:

10 Mile Run Awards

MEN: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,
 50-54, 55-59, 60-64, 65-69, 70 Plus

WOMEN: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-
 54,
 55-59, 60 Plus

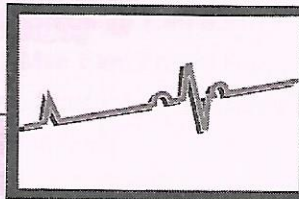
3 Mile Run Awards

MALE: 7-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44,
 45-49

50-54, 55-59, 60-64, 65-69, 70+

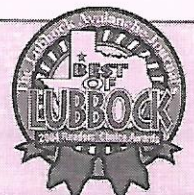
FEMALE: 7-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-
 44, 45-49

50-54, 55-59, 60



P.J. Mitchell, C.C.T.
 Medical Massage Therapist

Rose Family Medicine
 3709 22nd Place, Suite A
 Lubbock, Texas 79410
 806-791-3999



Pager 806-742-9940

West Texas Running Club Event Calendar

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- JUL W. T. R. C. Business Meeting: No July Meeting!!!
- *JUL 4 39TH ANNUAL FIRECRACKER RUNS: Brownfield-Terry Co Park, 8:00am, 10 Mile/3 Mile, Jim Harris RD
- JUL 12 GIRLSTOWN'S TOUR DE NOWHERE: Bike Tours 20/40/60, 8:00am, Levelland City Park, Jesse Pape, RD, 806-229-6361
- JUL 19 TTU-Fit4Fun Kids Triathlon: TTU Rec Ctr, 7:30am www.depts.ttu.edu/recsports/fitwell/kidstriathlon.php
- JUL 19 BRANDING TOGETHER 5K: 5K run/walk, 8:00am, Alpine, Tx. www.sulross.edu/pages/6548.asp
- JUL 26 14th ANNUAL PAUL & MIKE'S EXCELLENT MILE: 1MI, 1MI Kids Fun Run, 8:00am, Thompson Park, Amarillo, Tx., Mike, RD, 806-467-9194.
- AUG 03 PRUDE RANCH RACES: ½ Marathon, 10K/5K, 7:30am, Fort Davis, Tx. www.fitnesscamp.org/ranchrace.html
- * AUG 09 HOT DAM RUNS: 5MI, 2MI, 8:00am, Canyon Lakes #6, 22nd and MLK JR BLVD, Etta Mayer, RD. 806-792-1471
- AUG 16 LUBBOCK SENIOR GAMES ROAD RACE(AGES 50 & OVER):10K/5K, 7:30am, MacKenzie Park, contact, Bill Felton, 806-866-9300

- AUG 30 BOYS RANCH-RODEO RUN: 5K/1MI, 8:00am, Cal Farley's Boy Ranch, Amarillo, Tx., Paul Jones, RD, 806-534-2270 see WTRC website calendar for flyer
- AUG 30 WATERMELON ROUND-UP RUN: 10K/5K, 8:30am, Plains, Tx., Mark or Veronica Anna, 806-456-6365 or 806-456-8087.
- *SEP 13 SHALLOWATER STAMPEDE: 10K, 2MI, 8:00am, Shallowater High School, Race Dir: Russel Martin, 806-832-5615
- SEP 27 ST ANN'S "5K TO THE FAIR": 10K/5K, 8:00am, St Ann's School, Midland, Tx.
- OCT 04 RACE FOR THE CURE: 5K/1M, 9:00am, Lubbock Memorial Civic Center
- OCT 04 4TH ANNUAL WHITE BUFFALO STAMPEDE: 5K, 8:30am, 1K, 8:15am, Courthouse Square(Bus. 180 & Hwy 350) www.whitebuffalostampede.com or Sherrill Easterling, seasterling@wtc.edu
- * OCT 11 RED RAIDER ROAD RACE: 10k/5k, TTU campus, Jill Haukos, RD., haukos@aol.com

Calendar, Photos, Online registration, Membership, etc.

WTRC Web Address:
<http://wtcr.tripod.com>



2008

David & Kendall Higgins
 3401 Alcaave
 Lubbock TX 79407