



April 2008

Volume 1, Issue 3

PRAIRIE DOG RUN RACE REPORT

It is my feeling after 19 years of race directing that the true success and quality of any race is determined by the volunteers that show up early in the cold (this year anyway) morning and prepare for the support of the racers. In the case of the 2008 Prairie Dog Run there can't be enough said about the efforts that were exhibited by the following volunteers: Randy Holloway (who is every where on the course), George Jury (setting up the course), Tom Griffin (timing and results), Marti Greer (registration), Jon Bruegal (finish line), Mark Garland (aide stations), Tony Aleman (timing), Tommy Farrell, Chris Milford, Edwin Young, David Higgins, Myriam Guardiola. If I have missed any one please let me know. A Special thanks of appreciation is extended to Terry Dalton for masterminding and organizing the first ever Kids Café Run, in conjunction with the annual Prairie Dog run. With over 200 kids coming out early in the cold morning was a tribute to his fine efforts and all of the Food Bank volunteers. Since we all know that the future of running, and the West Texas Running Club rests with our youth, there is no question that events such as this will enhance running and healthy lifestyles for our future generations.

In the 4 mile race there were a total of 69 finishers (41 male and 28 female), and no records were broken on this cold morning. The 2 mile race was a little different with 45 finishers (30 male, 15 female) and 17 new records were set. Overall winner Cory Higgins-10:27, Jacob Thomas, 12 & under-16:12, Lucas Morris, 13-15 age group-11:43, Victor Ramirez, age group 16-19, 13:33, Brett Hart, age group 25-29, 14:13, John Barrientos, Jr., age group 30-34, Glen Poklikuha, age group 35-39, 12:21, Brian Alger, age group 40-44, 16:25, Jim Higgins, age group 45-49, 13:33, Jackie Cannon, age group 50-54, 13:17, Larry Burelsmith, age group 55-59, 16:47, Jim Harris age group 65-69, 19:13, Clydesdale Milt Brownfield, 16:51, Female Overall Winner Lindsey Lewallen, age 13, 15:20, Female age group 20-24, Allison Higgins, 18:28, Deana Martin, female age group 40-44, 21:58, Josie Aleman, female age group 55-59, 23:59.

Congratulations to all and for your support of the West Texas Running Club.

Mike Greer-Race Director

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH. The WTRC monthly business meeting is on Wednesday, April 9, 2008 @ 7:00 p.m. at BSGM, 8215 Nashville (East of the Veteran's War Memorial). All Members are welcome.

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2008 Lubbock Arts Festival
Run For The Arts
(15K & 2 MI)
Race Starts @ 8:00 a.m.
Mac Davis Drive (North of the
Civic Center)
Lubbock, Texas
Tom Wise, RD Weis
(806) 928-0482

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When we show up at a race, we are all equal in our running clothes. Despite age, gender, race, occupation or social status, we are the same, we are runners. So here are a few things about one of those runners that you may not have known.

In the olden days of the first running boom (Dr. Sheehan, Dr. Cooper & aerobics, Jim Fixx, Frank Shorter, Bill Rodgers, Boston having a single qualifying time - 2:50), Runner's World had never even printed its first how-to-train-for-a-marathon article. Two neophyte Lubbock runners, Hugh Haynes & Don Kephart, decided they were going to run one and thought it would be a good idea to go where it was hot. So they went to a Corpus Christi marathon. As they described it, the heat and humidity were ungodly. Later, much later, they were able to laugh at themselves as they told this war story. It took a while, but Hugh, being persistent and ever observant, he decided it could be done and much better and he did 57 more times.

In addition to his Grand Canyon run mentioned elsewhere, with a group of 11 others Hugh ran in the 1982 Great Hawaiian Footrace (313 miles in 18 days).

Hugh loved backpacking in the Weminuche Wilderness in Colorado. Even in his 70's Hugh hiked there yearly with his medical school roommate. Probably Hugh's medical school classmate that had the greatest notoriety was Dr. Red Duke.

His favorite marathon was the Marine Corps marathon. He really liked the first time there was a video to purchase that at key points featured each runner and showed him finishing.

In his medical career, it is estimated he delivered at least 3,500 babies. Why did he retire in 1984? His kids were through college and there was too much government intervention in the practice of medicine.

Hugh loved to read, particularly history. He used the statewide inter-library loan system so frequently that he single-handedly put the Slaton Library on the map. Hugh also read the classic running author, Dr. George Sheehan.

Cutting and pasting some George Sheehan writings: "Although I am seventy something, I still wonder whether I played this game of life well enough to win. It is so difficult to know what really matters. It's as if all my life was spent studying for a final examination, and I am not sure just what was important and what wasn't. Did I win? Does any of us know? Is there anything we have done that assures us we have passed the test? Each one of us is an experiment-of-one. Each is a unique, never-to-be-repeated event.

Our talents vary. Life, like it or not, is a handicap event, and the winner may finish deep in the pack." Hugh was definitely an experiment-of-one and yes, he did win.

Thanks

James Livermore

Long time WTRC member, Dr. Hugh Haynes

Died Wednesday, March 5th, after being found after an apparent bicycle crash Sunday morning March 2, 2008 in front of his house on the road going south toward our HSB Canyon race start/finish area. Neighbor and club member Elizabeth Linder said she had seen him ride by earlier on a loop and that she looked out and saw other bicyclists stopped to render aid, including CPR. He was airlifted to the hospital where he died. A broken neck was reported as the injury. Hugh was a very private person and kept to himself, but was a good friend of many of the old timers. He served as race director at the Horseshoe Bend Races for several years (1988, 1989 and 1990) and had continued to volunteer at subsequent races.

He joined the WTRC in about 1978, near the same time as Jury, Livermore, Wilhelm, Kelley and Post. He was never concerned about speed, just endurance and finishing the race, of which he did many marathons and long distance bike rides. He only practiced about 20 years as an OB/GYN specialist, but he raised his 4 children by himself and when the youngest, Roger, graduated high school, he retired to his country home north of Slaton. He had lived there about 25 years.

His children gave really touching tributes at his memorial service. His youngest son, Roger was the only one who learned to share his love for running. Roger was in high school when he began to run, along with his friend Tim Green. Roger ran the Palo Duro Marathon in January 1981 at 16 years of age in 4:41:20, and in May 1982 he and Tim ran the Funfest Half Marathon together in 1:28:09. Roger told of his always wanting to be with his dad and when Hugh signed up to run the Honolulu Marathon one year, Roger begged to go with him. Hugh's response was that he'd have to pay his own way! Another son, Craig testified of the fiscal lessons Hugh had passed on to them all. Roger reported that he met his wife, Kathi, on that trip to Hawaii, and they now have 4 children.

Besides the loss of his children's mother, Hugh experienced two other tragedies that would break most men. One was when a former nurse of his died in a head on crash after visiting Hugh out in the country. The other was when his son Eric was hit by a car crossing 19th street to go to classes at TTU. Eric recovered but suffered permanent brain damage.

Hugh would have turned 77 on August 31, 2008.

Contributed by George W. Jury

West Texas Running Club
 26th ANNUAL PRAIRIE DOG TOWN RUN
 2 Mile and 4 Mile Road Races
 Lubbock, Texas March 8, 2008

4 MILE LIST OF FINISHERS - BY AGE GROUP ***** MALE OVERALL WINNER *****			
Place Name	Ag Town	St 4	Pace
1 DAVID BOSTON	20 LUBBOCK	TX	22:12 5:33
MALE AGE GROUP: 16 - 19			
Place O'All Name	Ag Town	St 4	Pace
1 4 JOHN KEITH	19 LUBBOCK	TX	24:23 6:06
2 23 JON DAVID BRUEGEL	16 LUBBOCK	TX	30:28 7:37
MALE AGE GROUP: 20 - 24			
Place O'All Name	Ag Town	St 4	Pace
1 2 DON WELLING	23 HOLLYWOOD	FL	22:27 5:37
2 3 PEDRO VARGAS	23 LUBBOCK	TX	23:13 5:49
MALE AGE GROUP: 25 - 29			
Place O'All Name	Ag Town	St 4	Pace
1 5 JERRED HURST	28 RANSOM CANYON	TX	24:32 6:08
2 7 JASON FELLERS	27 LUBBOCK	TX	25:49 6:28
3 8 HEATH RIBOIDDY	29 LUBBOCK	TX	26:10 6:33
4 21 AARON SELF	28 LUBBOCK	TX	30:03 7:31
MALE AGE GROUP: 30 - 34			
Place O'All Name	Ag Town	St 4	Pace
1 12 DAMON CHASE	31 LEVELLAND	TX	27:32 6:53
2 26 CHRIS TOELOE	34 LUBBOCK	TX	31:20 7:50
3 29 CHRIS GALLARNEAU	32 LUBBOCK	TX	32:23 8:06
4 34 JASON BURLEY	32 BROWNFIELD	TX	34:15 8:34
MALE AGE GROUP: 35 - 39			
Place O'All Name	Ag Town	St 4	Pace
1 6 LEE COHEN	35 LUBBOCK	TX	25:21 6:21
2 11 EDDY MORELOCK	36 LUBBOCK	TX	27:28 6:52
3 15 SHANNON ANDERSON	36 LUBBOCK	TX	28:06 7:02
4 54 GREG MILFORD	38 LUBBOCK	TX	38:29 9:38
5 66 KIRK HEARD	36 LUBBOCK	TX	45:02 11:16
MALE AGE GROUP: 40 - 44			
Place O'All Name	Ag Town	St 4	Pace
1 9 MARTIN MONTALVO	43 LUBBOCK	TX	26:57 6:45
2 17 ERIC FORD	42 LUBBOCK	TX	29:02 7:16
3 18 TIBOR RACZ	41 LUBBOCK	TX	29:10 7:18
4 19 TIM KEY	40 LUBBOCK	TX	29:11 7:18
5 33 CLIFF LEWALLEN	44 LUBBOCK	TX	34:05 8:32
MALE AGE GROUP: 45 - 49			
Place O'All Name	Ag Town	St 4	Pace
1 10 BRENT LOWERY	46 LUBBOCK	TX	27:21 6:51
2 13 PAUL PARE	45 LUBBOCK	TX	27:37 6:55
3 22 J EDSON PINTO	46 LUBBOCK	TX	30:27 7:37
4 27 RONNIE TROLLINGER	48 LUBBOCK	TX	31:39 7:55
MALE AGE GROUP: 50 - 54			
Place O'All Name	Ag Town	St 4	Pace
1 38 GONZALO RAMIREZ	52 LUBBOCK	TX	35:38 8:55
2 51 RANDY BUNYARD	50 LUBBOCK	TX	38:05 9:32
3 58 JAMES RIBORDY	54 LUBBOCK	TX	38:43 9:41
4 67 RANDY EGENBACHER	51 LUBBOCK	TX	45:10 11:18
MALE AGE GROUP: 55 - 59			
Place O'All Name	Ag Town	St 4	Pace
1 16 LAWRENCE SCHOVANEC	55 LUBBOCK	TX	28:57 7:15
2 30 RICHARD GALE	58 LUBBOCK	TX	32:39 8:10
MALE AGE GROUP: 65 - 69			
Place O'All Name	Ag Town	St 4	Pace
1 36 GORDEN JENKINS	67 AMARILLO	TX	34:54 8:44
MALE AGE GROUP: 70 - 99			
Place O'All Name	Ag Town	St 4	Pace
1 42 RALPH WOLF	70 LUBBOCK	TX	36:35 9:09
2 48 BILL FELTON	73 LUBBOCK	TX	37:09 9:18
OVERALL CLYDESDALE 4 MILE RESULTS AGEGRADED			
Place Name	Ag Town	St 4	Agegrad
1 FARRELL MARTIN	41 SHALLOWATER	TX	27:41 25:58
2 CRAIG PETERSON	51 LUBBOCK	TX	37:18 32:22
3 ROBERT BLOODWORTH	43 LUBBOCK	TX	36:54 34:06
4 JIM BECK	48 LUBBOCK	TX	42:00 37:20
5 CHADWICK WILCOX	32 LUBBOCK	TX	46:11 45:50
4 MILE LIST OF FINISHERS - BY AGE GROUP ***** FEMALE OVERALL WINNER *****			
Place Name	Ag Town	St 4	Pace
1 IRIS RIVERO	32 LUBBOCK	TX	29:19 7:20
FEMALE AGE GROUP: 20 - 24			
Place O'All Name	Ag Town	St 4	Pace
1 24 AMANDA BOSTON	23 LUBBOCK	TX	30:41 7:41
2 31 KATIE STOKES	21 LUBBOCK	TX	33:35 8:24
3 35 AMY MONTALVO	24 LUBBOCK	TX	34:16 8:34
4 39 EMILY SCHUHMANN	24 LOUISVILLE	KY	35:49 8:58

5 49 CATY WALT	23 LUBBOCK	TX	37:11 9:18
6 55 KELSEY KELSO	23 LUBBOCK	TX	38:31 9:38
7 57 AMY ESPINOSA	23 LUBBOCK	TX	38:40 9:40
8 64 EMILY THOMPSON	20 LUBBOCK	TX	44:47 11:12
9 65 RACHEL CALVERLEY	21 LUBBOCK	TX	44:48 11:12
FEMALE AGE GROUP: 25 - 29			
Place O'All Name	Ag Town	St 4	Pace
1 28 JENNIFER FARRIS	29 LUBBOCK	TX	31:58 8:00
2 43 EMILY WYATT	28 LUBBOCK	TX	36:38 9:10
3 44 AMY MCALEXANDER	27 LUBBOCK	TX	36:50 9:13
4 69 SUSAN WILCOX	29 LUBBOCK	TX	46:11 11:33
FEMALE AGE GROUP: 30 - 34			
Place O'All Name	Ag Town	St 4	Pace
1 25 SARAH SKELTON	33 LUBBOCK	TX	31:17 7:50
2 52 JANICE TREVINO	31 LUBBOCK	TX	38:06 9:32
FEMALE AGE GROUP: 35 - 39			
Place O'All Name	Ag Town	St 4	Pace
1 32 LEE HANDLIN	39 LUBBOCK	TX	34:00 8:30
2 37 MICHELLE ECKZTIN	36 LUBBOCK	TX	34:59 8:45
3 40 KIPPI BUCHANAN	38 LUBBOCK	TX	36:11 9:03
4 41 STEPHANIE WEHMEIER	39 LUBBOCK	TX	36:20 9:05
5 46 DANA GUSTAFSON	38 LUBBOCK	TX	37:02 9:16
6 62 DEBROAH BAHME	36 LUBBOCK	TX	42:31 10:38
7 63 GLORIA QUINTON	37 LUBBOCK	TX	43:06 10:47
FEMALE AGE GROUP: 40 - 44			
Place O'All Name	Ag Town	St 4	Pace
1 47 ANGIE HINES	42 SUNDOWN	TX	37:07 9:17
2 53 KAREN PYLE	40 SLATON	TX	38:11 9:33
3 56 ROSE HOEVE	40 LUBBOCK	TX	38:36 9:39
4 59 MARSHA BENNETT	44 LUBBOCK	TX	40:24 10:06
FEMALE AGE GROUP: 50 - 54			
Place O'All Name	Ag Town	St 4	Pace
1 60 GLENNA BEYER	50 LUBBOCK	TX	41:21 10:21
NO ATHENA			
TWO MILE LIST OF FINISHERS - BY AGE GROUP			
* New Record			
***** MALE OVERALL WINNER *****			
Place Name	Ag Town	St 2	Pace
* 1 CORY HIGGINS	20 LUBBOCK	TX	10:27 5:14
MALE AGE GROUP: 12 & UNDER			
Place O'All Name	Ag Town	St 2	Pace
* 1 13 JACOB THOMAS	10 LUBBOCK	TX	16:12 8:06
2 27 THOMAS PITMAN	9 LUBBOCK	TX	19:03 9:32
MALE AGE GROUP: 13 - 15			
Place O'All Name	Ag Town	St 2	Pace
* 1 3 LUCAS MORRIS	15 LUBBOCK	TX	11:43 5:52
2 8 COOPER CUNNINGHAM	14 LUBBOCK	TX	14:06 7:03
3 14 JORDAN QUINTON	13 LUBBOCK	TX	16:14 8:07
4 31 MIGUEL JOHNSON	14 LUBBOCK	TX	19:37 9:49
5 32 KENDALL HIGGINS	14 LUBBOCK	TX	19:52 9:56
6 36 JON KEY	14 LUBBOCK	TX	21:34 10:47
MALE AGE GROUP: 16 - 19			
Place O'All Name	Ag Town	St 2	Pace
* 1 6 VICTOR RAMIREZ	17 LUBBOCK	TX	13:33 6:47
MALE AGE GROUP: 20 - 24			
Place O'All Name	Ag Town	St 2	Pace
1 2 ZACK QUINOS	21 LUBBOCK	TX	10:47 5:24
2 11 AUGUST FLOERKE	20 LAMPASAS	TX	15:27 7:44
3 26 CLAYTON KELSO	23 LUBBOCK	TX	18:58 9:29
4 33 JEREMEY SIGLE	23 LUBBOCK	TX	19:53 9:57
MALE AGE GROUP: 25 - 29			
Place O'All Name	Ag Town	St 2	Pace
* 1 9 BRETT HART	28 LUBBOCK	TX	14:13 7:07
MALE AGE GROUP: 30 - 34			
Place O'All Name	Ag Town	St 2	Pace
* 1 23 JOHN BARRIENTOS JR	34 LUBBOCK	TX	18:13 9:07
2 35 JAMIE CANTU	31 LUBBOCK	TX	21:00 10:30
MALE AGE GROUP: 35 - 39			
Place O'All Name	Ag Town	St 2	Pace
* 1 4 GLEN POKLIUKHA	36 LUBBOCK	TX	12:21 6:11
2 22 KEVIN ORTIZ	39 LUBBOCK	TX	17:44 8:52
3 43 RICARDO FRAGOSO	35 LUBBOCK	TX	26:03 13:02

MALE AGE GROUP: 40 - 44

Place	O'All Name	Ag Town	St 2	Pace
* 1	15 BRIAN ALGER	41 LUBBOCK	TX	16:25 8:13

MALE AGE GROUP: 45 - 49

Place	O'All Name	Ag Town	St 2	Pace
* 1	7 JIM HIGGINS	47 LUBBOCK	TX	13:33 6:47

MALE AGE GROUP: 50 - 54

Place	O'All Name	Ag Town	St 2	Pace
* 1	5 JACKIE CANNON	52 AMARILLO	TX	13:17 6:39

MALE AGE GROUP: 55 - 59

Place	O'All Name	Ag Town	St 2	Pace
* 1	17 LARRY BURELSMITH	58 LUBBOCK	TX	16:47 8:24

MALE AGE GROUP: 65 - 69

Place	O'All Name	Ag Town	St 2	Pace
* 1	29 JIM HARRIS	65 HOBBS	NM	19:13 9:37

**OVERALL CLYDESDALE 2 MILE RESULTS
AGEGRADED**

Place	Name	Ag Town	St 2	Agegrad
* 1	MILT BROWNFIELD	50 LUBBOCK	TX	16:51 14:59
2	LARRY BLOSKAS	46 ANTON	TX	16:48 15:25
3	NICK MARQUEZ	22 LUBBOCK	TX	17:14 17:14
4	STUART BLALOCK	25 LUBBOCK	TX	17:36 17:36
5	BRENT SMITH	35 LUBBOCK	TX	19:12 19:02

******* FEMALE OVERALL WINNER *******

Place	Name	Ag Town	St 2	Pace
* 1	LINDSEY LEWALLEN	13 LUBBOCK	TX	15:20 7:40

FEMALE AGE GROUP: 13 - 15

Place	O'All Name	Ag Town	St 2	Pace
1	34 VICTORIA ANDERSON	15 LUBBOCK	TX	20:46 10:23
2	37 MARIAH DILLARD	15 LUBBOCK	TX	21:43 10:52
3	44 PRECIOUS FRAGOSO	13 LUBBOCK	TX	26:04 13:02

FEMALE AGE GROUP: 20 - 24

Place	O'All Name	Ag Town	St 2	Pace
* 1	25 ALLISON HIGGINS	21 LUBBOCK	TX	18:28 9:14
2	41 VIVIEN INGRAM	20 LUBBOCK	TX	24:43 12:22

FEMALE AGE GROUP: 30 - 34

Place	O'All Name	Ag Town	St 2	Pace
1	12 TAMMY MORIEARTY	34 LUBBOCK	TX	15:38 7:49
2	16 MANDY POKLIKUHA	30 LUBBOCK	TX	16:41 8:21
3	24 MARLO ETCHISON	34 LUBBOCK	TX	18:26 9:13
4	30 DAWN SMITH	33 LUBBOCK	TX	19:35 9:48
5	45 JOBI MARTINEZ	31 LUBBOCK	TX	26:34 13:17

FEMALE AGE GROUP: 40 - 44

Place	O'All Name	Ag Town	St 2	Pace
* 1	38 DEANA MARTIN	40 SHALLOWATER	TX	21:58 10:59

FEMALE AGE GROUP: 45 - 49

Place	O'All Name	Ag Town	St 2	Pace
1	39 CYNTHIA DILLARD	47 LUBBOCK	TX	22:41 11:21

FEMALE AGE GROUP: 55 - 59

Place	O'All Name	Ag Town	St 2	Pace
* 1	40 JOSIE ALEMAN	56 LUBBOCK	TX	23:59 12:00
2	42 SUZAN CAUDLE	55 LUBBOCK	TX	25:53 12:57

On March 5, Dr. Hugh Haynes, a longtime member of WTRC died from a biking accident. He had been riding the Sunday before and for some still unknown cause crashed near his house in Horseshoe Bend Canyon. He had ridden and run that 11 mile race course countless times, having retired as an OB/GYN doctor and moved to the canyon years ago. That day he had ridden the loop three times. The last time I spoke with Hugh, he said he was riding twice per day, since his knees would not stand to run anymore. I often would run into him on my long rides through the canyon, and we would ride and talk awhile. You would think if his knees gave him problems that he couldn't manage the Spiral Staircase, that long climb out of the canyon that tests your stamina no matter what shape you're in. But he was doing it three times a day!

Hugh directed the WTRC Horseshoe Bend Races for years. And even after giving up that job, you would see him working the aid station at Midway Gin. Several times he hosted a midnight run on New Years Eve; we would run from his house into the dark of the canyon to greet the new year. Then he would follow with a party at his house for all the runners. I haven't entered the new year that way for a long time, but I think of those times fondly. I also remember going with the group to eat breakfast after the Horseshoe races, Hugh suggesting we go to the Dairy Queen in Slaton for a pancake. I took his advice and sure enough, one was plenty. Health conscious as he was, he gave our group a story for months afterwards when he slathered his pancake in butter and syrup to overflowing.

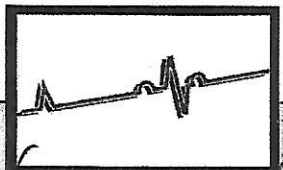
When I took up triathlons at 50 years old, I went to Hugh for advice on biking. He sold me my first bike, an old, steel Motobecane with the shifters on the downtube. He also supplied me with water bottles he had collected in a garbage bag, castoffs from the BSL triathlon five months before, the sticky fluids still sealed within. He never upgraded to clip in pedals that I ever saw but continued to use the leather toe steps of yesteryear. And I swear the shoes he wore to bike in I had seen him run in many years before.

Hugh ran over 50 marathons in his time, as well as ultraruns. He told once of being side lined at Cowtown by a guy on a bike colliding with him halfway through the race. He explained this and his resulting broken arm matter-of-factly, without any hint of resentment. He told also of running across the Grand Canyon; I never did ask him how he got across the Colorado River. But what he emphasized was running out of water on his way up out of the canyon and being saved by hikers coming down who were able to give him some fluids.

Hugh always took his dogs in his van with him to races. Meeting him once before a summer race, he had sunscreen whitening his face and the front of his ears. When I asked about the unusual application on his ears, he said his dog Bert, the biggest, shaggiest French poodle you have ever seen, liked the taste of the sunscreen and licked it off his ears from his place in the back.

Hugh is a good, kind friend who will be missed. We can only hope to leave this world as he did, after a full lifetime, quickly, doing what we enjoy most. I know I will see him down the road, someday.

Mike Kelley



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WTRC 2008 Challenge Series Results through February 2208

<u>Male Age Group 1 (12 & Under)</u>	<u>Total Miles</u>	<u>Point Series Total</u>	<u>Male Age Group 11 (55-59)</u>	<u>Total Miles</u>	<u>Point Series Total</u>
Walker Adams	5	10	Lawrence Schovanec	17	29
David Pyle *	5	0	Fred Weber	9	18
Zachary Smith	4	10	Mike Kelley	13	14
<u>Male Age Group 2 (13-15)</u>			Tom Wise	5	10
Luke Samarron	6	21	David Higgins *	22	10
Daniel J. Gonzales#	2	9	Tom Griffin *	14	18
Austin Martin	2	8	Richard Gale	12	9
Kendall Higgins*	12	14	Tony Aleman *	13	7
Migue Johnson	2	9	Jim Wilhelm *	5	0
<u>Male Age Group 3 (16-19)</u>			<u>Male Age Group 12 (60-64)</u>		
Jon D. Bruegel *	21	27	Ronnie Nugent *	5	0
Lucas Morris*	12	21	<u>Male Age Group 13 (65-69)</u>		
Aaron St. Clair #	5	8	Gorden Jenkins	13	30
Victor Ramirez	2	9	Mike Greer *	16	10
<u>Male Age Group 4 (20-24)</u>			Jim Harris	4	20
Clayton Kelso*	10	8	Larry Byrd *	8	0
Trevor Dalton *	5	0	Ron Lubowicz *	8	0
David Boston	4	11	<u>Male Age Group 14 (70+)</u>		
Cory Higgins	2	11	Ralph Wolf	10	29
<u>Male Age Group 5 (25-29)</u>			Bill Felton *	13	19
Aaron Self	13	26	George Jury *	17	0
Brett Hart	4	20	<u>Clydesdale</u>		
Jon Paul Gonzales	4	9	Robert Bloodworth	17	22
<u>Male Age Group 6 (30-34)</u>			Ferrell Martin	9	17
John Barrientos	4	20	Larry Bloskas *	12	19
Chris Gallarneau*	17	16	Jim Beck	12	16
Jason Burley	9	14	Craig Peterson	13	28
Michael Harlien	5	6	Preston Smith	4	9
Chadwick Wilcox	4	6	Steve Odorizzi	5	10
<u>Male Age Group 7 (35-39)</u>			Brent Smith	2	6
Lee Cohen	17	30	<u>Female Age Group 1 (12 & Under)</u>		
Chris Milford # *	21	21	Turner Adams	5	10
Greg Milford	13	12	Peyton Lewallen	2	10
Glen Poklikuha	4	20	Allyson Martin	2	9
Eddy Morelock *	17	18	Camille Ford	2	8
Ram Iyer *	13	8	<u>Female Age Group 2 (13-15)</u>		
Mark Smith	8	8	Hannah Layman	6	19
<u>Male Age Group 8 (40-44)</u>			Colleen Adams	5	11
Tim Key	17	27	Lindsey Lewallen	7	21
Martin Montalvo	17	28	Mariah Dillard	2	9
Eric Ford	17	25	<u>Female Age Group 3 (16-19)</u>		
James Layman	9	15	Kristie Whipple	4	11
Sean Schwarzentraub	13	13	Allison Pyle *	13	10
Daniel Gonzales	2	10	Glenna Beyer	6	20
Brian Alger	4	19	Kayla Hendrix	5	9
Cliff Lewallen	9	12	<u>Female Age Group 4 (20-24)</u>		
Jeffrey Haag *	8	0	Sarah Livingston	13	20
<u>Male Age Group 9 (45-49)</u>			Kelsey Kelso *	12	5
Ronnie Trollinger	10	27	Amanda Boston *	12	10
Paul Paré	17	28	Allison Higgins	2	10
Brent Lowrey	17	25	Amy Montalvo	4	8
Jim Higgins	15	23	<u>Female Age Group 5 (25-29)</u>		
Epi Aguirre	13	10	Emily Wyatt	13	27
Edson Pinto	17	18	Jennifer Farris	6	21
Bob Jackson	8	10	Ginny McMinn	4	10
Adam Barron *	13	9	Susan Wilcox	8	16
Jerry Dwyer	13	9	Amy McAlexander	9	16
Edwin Young # *	17	8	<u>Female Age Group 6 (30-34)</u>		
<u>Male Age Group 10 (50-54)</u>			Iris Rivero	17	31
Jackie Cannon	8	30	Myriam Guardiola	17	0
Jimmy Samarron	6	18	Tammy Moriearty	12	28
Lorenzo Padilla	4	8	Sara Miller	6	17
Randy Bunyard	8	16	Sara Skelton	12	19
Terry Dalton *	13	0	Mandy Satterwhite-Poklikuha #	8	29
Randy Holloway *	17	0	Malinda Colwell	5	8
Frank Sumpter *	5	0	Amy Harlien	5	7
Randy Egenbacker	4	7	Michelle Cohen	2	7
Gonzalo Ramirez	4	10	Amanda Keys	8	6

West Texas Running Club

<u>Female Age Group 7 (35-39)</u>	<u>Total Miles</u>	<u>Point Series Total</u>
Lee Handlin	13	30
Michelle Eckstein	17	26
Susan Alger	2	10
Stephanie Wehmeier	9	16
Lou Anna Arterburn	8	8
<u>Female Age Group 8 (40-44)</u>		
Angie Hines	13	30
Cynthia Sorrensen	8	10
Susan Lewallen	2	10
Karen Pyle *	17	17
Jill Haukos	5	8
Rose Hoeve *	12	8
Deana Martin	2	10
<u>Female Age Group 9 (45-49)</u>		
Kammy Philbrick	9	20
Brenda Campbell *	8	0
Debbie Wilson *	8	0
Marti Greer	4	0
Cynthia Dillard	2	10
<u>Female Age Group 10 (50-54)</u>		
Deborah Ford #	2	10
Susan Tomlinson	5	8
Elizabeth Linder *	8	0
<u>Female Age Group 11 (55-60)</u>		
Cheryl Weber #	9	20
Josie Aleman	8	30
Etta Mayer	13	19
Susan Caudle *	12	18

* Indicates Volunteer

Indicates that there has been an adjustment to race day scoring to place the contestant in their appropriate age group per the WTRC's new Challenge Series policy (see Web-site).

Please Note: "If you have not paid your 2008 membership dues your challenge series points and miles to-date are not listed. If you have been erroneously omitted please contact Eric Ford at eric.ford@ttu.edu and he will seek to rectify the mistake."



LUBBOCK ARTS FESTIVAL RUN FOR THE ARTS SINCE

15K EVENT RECORDS (Since 1986) Inactive from 1997 to 2004

WOMEN						
<u>DIV</u>	<u>NAME</u>	<u>TOWN</u>	<u>ST</u>	<u>AGE</u>	<u>TIME</u>	<u>YEAR</u>
13-15	Mandy Malouf	Levelland	TX	13	1:07:58	1987
16-19	Jennifer McGuire	Lubbock	TX	?	1:12:03	1990
20-24	Idalia Casiano	Lubbock	TX	23	1:00:58	1991
25-29	Sue Houle	Lubbock	TX	29	1:01:50	1991
30-34	Marjory Stewart	Lubbock	TX	32	56:24 *	1991
35-39	Marjory Stewart	Lubbock	TX	35	59:37	1994
40-44	Becky Rowley	Clovis	NM	41	1:07:43	2005
45-49	Mary Branscome	Lubbock	TX	46	1:17:26	2006
50-54	Madonne Miner	Lubbock	TX	53	1:17:54	2006
55-59	Etta Mayer	Lubbock	TX	56	1:29:55	2006
60+	P.J. Mitchell	Lubbock	TX	64	1:24:51	2007
	Athena Edith Abel	Lubbock	TX	40	1:25:06	2007
MEN						
<u>DIV</u>	<u>NAME</u>	<u>TOWN</u>	<u>ST</u>	<u>AGE</u>	<u>TIME</u>	<u>YEAR</u>
13-15	Danny Hernandez	Lubbock	TX	14	1:01:38	1991
16-19	Mike Cagle	Lubbock	TX	19	53:34	1986
20-24	Victor Heredia	Lubbock	TX	24	48:11 *	1991
25-29	Tim Green	Lubbock	TX	25	49:32	1991
30-34	Martin Leodgard	Lubbock	TX	31	50:50	1996
35-39	Scott Brickerd	Lubbock	TX	36	48:36	1989
40-44	Ken Macinnes	Lubbock	TX	40	57:49	1996
45-49	Bobby Cunningham	Abernathy	TX	47	57:31	1986
50-54	George Jury	Lubbock	TX	52	56:39	1989
55-59	George Jury	Lubbock	TX	55	1:02:05	1992
60-64	Tom Bowser	Abilene	TX	62	1:10:39	1989
65-69	Gorden Jenkins	Amarillo	TX	65	1:20:25	2006
70+	Don Sanderson	Tulia	TX	75	1:24:29	2005
	Clydes Farrell Martin	Lubbock	TX	38	1:05:19	2005

* Overall Men's and Women's course records

**Note: ages 1-12 are no longer eligible to participate in our longer events. This applies to male or female and any distance over 4 miles.

2 MILE EVENT RECORDS (Since 1982)

WOMEN						
<u>DIV</u>	<u>NAME</u>	<u>TOWN</u>	<u>ST</u>	<u>AGE</u>	<u>TIME</u>	<u>YEAR</u>
6-12	Meghan Bass	Crosbyton	TX	12	14:02	2006
13-15	Mandy Malouf	Levelland	TX	14	12:26	1988
16-19	Maura Braithwaite	Marshfield	MA	19	12:24 *	1983
20-24	Sarah Spillman	Lubbock	TX	24	13:18	2007
25-29	Cindy Mott	Lubbock	TX		13:42	1983
30-34	Jenny Ezell	Lubbock	TX	31	13:35	1988
35-39	Josie Aleman	Lubbock	TX	37	13:50	1989
40-44	Cheryl Weber	Lubbock	TX	43	14:39	1996
45-49	P.J. Mitchell	Lubbock	TX	46	15:26	1991
50-54	Shirley Wigley	Lubbock	TX	51	16:24	2005
55-59	Judy Reeves	Lubbock	TX	58	22:14	2006
60+	Cathy Nathan	Lubbock	TX	63	20:14	2007
	Athena Sarah Nelson	Lubbock	TX	27	16:33	2006
MEN						
<u>DIV</u>	<u>NAME</u>	<u>TOWN</u>	<u>ST</u>	<u>AGE</u>	<u>TIME</u>	<u>YEAR</u>
6-12	Justin Lambert	Lubbock	TX	12	14:12	2006
13-15	Patrick Ponce	Abernathy	TX	15	11:07	1984
16-19	Tim Green	Lubbock	TX	18	10:28	1984
20-24	Glen Morris	Lubbock	TX		9:45 *	1983
25-29	Cliff McCurdy	Canadian	TX	29	10:00	1982
30-34	Brent Tidwell	Lubbock	TX	32	12:21	1989
35-39	Mark Bass	Lubbock	TX	39	11:07	1991
40-44	Ron Lubowicz	Lubbock	TX	41	10:28	1984
45-49	Ron Lubowicz	Lubbock	TX	47	11:26	1990
50-54	George Jury	Lubbock	TX	53	12:01	1990
55-59	John Stalcup	Lubbock	TX	55	14:00	1989
60-64	Jim Harris	Hobbs	NM	63	14:36	2006
65-69	James Bone	Lubbock	TX	67	18:45	2007
70+	Bill Felton	Lubbock	TX	71	15:57	2006
	Clydes Mike Lawson	Levelland	TX	47	13:08	2006

* Overall Men's and Women's course records

Too Late

2008 Move with the Mayor 5K – Run, Walk or Crawl!

And 1 Mile Fun Run

April 5, 2008 / Registration Begins 8 am; Race Begins 9:30 am

Name _____ Address _____

_____ Email Address _____

Phone _____ Cell Phone _____

Gender Male _____ Female _____ Date of Birth Month _____ Day _____ Year _____

For Slaton students-name of your school _____ Grade _____

Teacher's Name _____

Name of Parent or Guardian if under age 18 _____

****Note to Parents:** We would prefer you accompanied your child during the event. If you do not attend the event with your child, you must pick up your child at the High School track no later than 11:30.

T-Shirt Size Adult - S M L XL XXL Child - S M L

(Circle one) (Circle one)

Emergency Contact Information

Name _____

Relationship _____

Phone _____

Entry Fee \$20 for adults, \$15 for children not enrolled in a Slaton School. All students attending Slaton ISD or St. Joseph School participate at no charge.

Entry Fee paid by: Check _____ Cash _____

Waiver

All participants in the Move with the Mayor 5K and 1 Mile Fun Run herein referred to as Event(s), are required to assume all risk of participation in the Events by signing this general release agreement. I the undersigned am aware that participating in the Events is a potentially hazardous activity and that I (or my child, if I am signing as parent or guardian) should not so participate unless physically able. I verify that I am (or my child is) medically fit to participate, and will have sufficiently trained for the Event prior to participation. I (and my child if I am signing as a parent or guardian) agree to abide by the rules and decisions of any Event officials relating to participation, and assume all risks associated with participation in the Event and any associated event or activities, including but not limited to falls, contact with other participants, effects of the weather such as cold, high heat and/or humidity, rain, traffic, road conditions, all such risks being known and appreciated. In consideration of acceptance of this entry form and fee (if applicable and intending to be legally bound, I (and my child, if I am signing as parent or guardian) and any one entitled to act on my (or our) behalf(s), assume all risks associated with participation, and waive any and all claims whatsoever against, and fully release The City of Slaton, Slaton Independent School District, and St. Joseph Catholic School, race day volunteers, and all event promoters, and sponsors, and their officers, directors, employees, agents, representatives and successors, from all claims, damages, or liability of any kind arising from my (or my child's) participation in this Event. I grant full permission to any and all of the foregoing to use my (and my child's) name, or photographs, videotapes, timing information or other recordings or participation in this Event, without obligation or liability to me (and my child). I also understand that entry fees are not refundable. I have read the foregoing and intentionally and voluntarily sign this release and a waiver or liability agreement.

All Slaton students must wear a timing chip supplied at registration. If you do not wear a chip, you will not be timed and will not be included in any results or awards. All chips must be surrendered at the finish line. You will be responsible for any lost chips at a cost of \$97.

Signature of participant or Parent/Guardian

Date

The Magic of the Finish Line

Saturday, March 8th, started out a very cold morning for the running of the Team Kids Café 1 Mile Fun Run and Prairie Dog Town Races. The kids had started arriving that morning around 8:00 AM, and although it was still very cold, the kids were warming up very quickly to the antics of Quackals the Duck (Quick Quack Car Wash), putting on brand new running shoes and a bright green Race Day t-shirt complete with the artwork of a prairie dog running on the front and a muscle flexing "I am a Champion" prairie dog on the back. Getting all the kids ready for the 8:30 start time was a huge accomplishment for the parents, coaches and volunteers.

Just before the start of the Fun Run, the Honor Guard from Boy Scout Troop 575 presented the Colors followed by a heart-felt rendition of the national anthem by the Anthem Trio, composed of the three trumpet players of father, James Wickersham, and sons, Preston and Carson. Drew Dougherty from Fox 34 Sports was introduced and brought forward to serve as the Grand Marshall of the ensuing parade of kids and the microphone was handed off to Race Director Mike Greer. Mike was not long on ceremony and after a last minute "are-your-shoes-tied" check, the Team Kids Café 1 Mile Fun Run was under way. Drew led the charge out of the parking lot and his lead ended shortly thereafter as the first pack of faster kids zoomed by on their way to Joyland.

Although the Team Kids Café 1 Mile Fun Run was a quick out and back, over in 20 minutes event, 173 kids received big shiny Finisher Medals that morning as they crossed the Finish Line, and based on their ensuing action over the next couple of days, many kids stayed (mentally) at the Finish Line well after the 20 minute event ended. On Tuesday, I was told by one Kids Café director that the kids from her location had worn their Race Day t-shirt, new running shoes and Finisher's Medal to church on Sunday morning and to school on Monday. Most of the kids had slept in their Finish Line wardrobe. They didn't want to leave the magic of the Finish Line - a place where possibly for the first time the word "impossible" simply doesn't exist. I believe that for many of these kids the Finish Line experience was a life changing event causing them to pursue a healthy lifestyle and continue crossing Finish Lines in running and in life forever.

Thank you West Texas Running Club for making the dream of the Team Kids Café 1 Mile Fun Run a reality and helping to forever change the lives of many West Texas kids.

WEST TEXAS RUNNING CLUB'S ANNUAL 2008 Lubbock Arts Festival Run For The Arts (15K and 2 Mile)

EVENT # 4 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, April 19, 2008
Race Day Registration: 6:30-7:40 a.m.
Gather at the Lubbock Civic Center Parking Lot

WHERE: Both races start at 8 a.m. on Mac Davis Drive
North of the Civic Center

COURSE: 15K runs over slightly hilly terrain through Mackenzie and Mae Simmons Parks. 2 Mile is flat. Races begin on sixth Street, north of the Civic Center and are out and back courses.

REGISTRATION & ENTRY FEES: BY MAIL: by April 16 (15K & 2 Mile) Club Members \$15.00
Non Members \$20.00

ON-LINE REGISTRATION DEADLINE: Noon, Wednesday, April 16, 2008 at <http://wtrc.tripod.com>

LATE REGISTRATION & PACKET PICK-UP: Friday, April 18 at the Civic Center, Noon—8:00 p.m., All Participants \$20.00

RACE DAY REGISTRATION AND PACKET PICK-UP: Saturday, April 19, Civic Center Parking Lot, 6:30 a.m. - 7:40 a.m., All Participants \$25.00

AGE DIVISIONS:

Awards

MEN: 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 Plus

WOMEN: 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 Plus

Clydesdale and Athena group in both races.

* 2Mile will also include 12 and under divisions

Entry Fee: W.T.R.C. Members \$15.00, Non Members \$20.00,
Race day \$25.00 All Participants

RACE DIRECTOR: Tom Wise, 806-928-0482

WTRC RACE DIRECTOR: Randy Holloway 806-789-1547

2008 Lubbock Arts Festival RUN FOR THE ARTS

2 Mile and 15K Races Saturday, April 19, 2008 8:00 a.m.

Commemorative T-shirts to all who register and all volunteers (call Tom Weis @ 806-928-0482 to volunteer).
Both races start at 8 a.m. on Mac Davis Drive (north of the Civic Center)

Name _____ Age (on race day) _____ Sex: M _____ F _____
Address: _____ City: _____ State: _____ Zip: _____
Home Phone (____) _____ Work Phone (____) _____
Event Entered (check one): _____ 2 mile _____ 15K _____ T-Shirt S M L XL
Clydesdale (Men 190 lbs +) _____ Athena (Women 150lbs +) _____

Make checks payable to West Texas Running Club.

Mail completed application to: WTRC, 3401 Alcove, Lubbock, TX 79407

WAIVER OF LIABILITY

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, my own health conditions, whether known or unknown to me, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, **FOR MYSELF AND ANYONE ENTITLED TO ACT ON MY BEHALF, WAIVE AND RELEASE THE WEST TEXAS RUNNING CLUB AND ALL SPONSORS, THEIR REPRESENTATIVES AND SUCCESSORS, FROM ALL CLAIMS OR LIABILITIES OF ANY KIND ARISING OUT OF MY PARTICIPATION IN THE RACE OR THE CLUB'S ACTIVITIES, EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS, IN PART OR WHOLE, OF THE WEST TEXAS RUNNING CLUB OR OTHER SPONSORS REFERENCED ABOVE.** This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old. Club races prohibit participants with strollers, skates, bicycles or animals.

Signature (Parent or guardian if under 18)

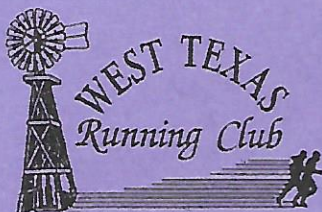
West Texas Running Club Event Calendar

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- APR 05 CASA 5K: 5K, Kid's 1MI, 9:00am, TTU Frazier Alumni Pavilion, Rose Carkeet, 806-763-2272, rosec@casa.com, www.Lubbockcasa.org
- APR 05 MOVE WITH THE MAYOR 5K, 1M, 9:30am, Slaton, TX, Laura Lynn Wilson, RD, 806-828-6854.
- APR 06 BIG D TEXAS MARATHON: 7:30am, Marathon, Half Marathon, And 5K, Fair Park, Dallas, TX
www.texasmarathon.com
- APR 09 W.T.R.C Business Meeting: Wednesday, 7pm, BSGM Building 8215 Nashville (Just East of the Veteran's War Memorial)
- APR 12 VICTORY OVER VIOLENCE: 5K, 1K, 8:00 am, Trinity Park Duck Pond, Fort Worth, TX, 817-927-4006, www.womencenter.info
- * APR 19 RUN FOR THE ARTS: 15K, 2MI, 8:00, Lubbock Memorial Civic Center, Tom Weis, RD, 806-928-0482
- * MAY 10 HORSESHOE BEND SPRING FROLIC: 1 1Mi, 6Mi, 2Mi, 8:00am, Horseshoe Bend Canyon-Slaton, TX, Randy Holloway, RD, 806-789-1547
- MAY 17 LUBBOCK ARTHRITIS WALK: 3MI, 1MI, 9:00am, Recreational Sports Main Office, Hartford and Main, www.lubbockarthritiswalk.org
- * JUN 14 LEVELLAND LOPE: 10k, 2Mile, 8:00am, South Plains College, Levelland (Texan Dome), Bill Roger, RD, 806-894-7911
- JUN 14 BILLY THE KID TOMBSTONE RACE: 10K, 5K, 6:00pm, Fort Sumner School Fottball Field, Fort Sumner, NM, 575-355-7705, ftsumnercoc@plateaukel.net
- JUN 21 GIRLSTOWN GALLOP: 5k, 9:00am, Cal Farley's Girlstown, USA, Jesse Pape, RD, 806-229-6361
- * JUL 4 39TH ANNUAL FIRECRACKER RUNS: Brownfield-Terry Co Park, 8:00am, 10 Mile/3 Mile, Jim Harris RD,
- * AUG 9 HOT DAM RUNS: 5MI, 2MI, 8:00am, Canyon Lakes #6, 22nd And MILK JR, Etta Mayer, RD.
- * SEP 13 SHALLOWATER STAMPEDE: 10K, 2MI, 8:00am, Shallowater High School, Race Director Needed.

Calendar, Photos, Online registration, Membership, etc.

WTRC Web Address: <http://wtrc.tripod.com>



5 W. Lakeshore Drive
Ransom Canyon, TX 79366



David and Kendall Higgins
3401 Alcove
Lubbock, TX 79407