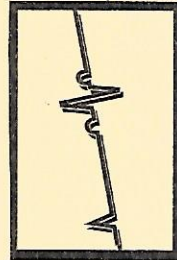


CALENDAR

- * Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT
- NOV 07 W.T.R.C. Business meeting: Wednesday, 7pm,
WEST TEXAS PETERBILT (Tom's Office), 45th and Ave A
- NOV 03 HITTING THE BRICKS: 8:30AM, 5K, Memorial Park,
Amarillo, Tx, Epilepsy Awareness. 806-352-5426
- * NOV 10 BUFFALO WALLOW: 2 MI, Half MARATHON, 9:00am,
Buffalo Lakes, Mike Kelley, RD., 806-765-0441
- * NOV 22 TURKEY TROT: 2MI, 12K, 9:00am, Mackenzie Park
Outdoor Ctr., Ron Lubowicz, RD., 806-632-4926
- * DEC 08 TOYS FOR TOTS-REDLINE CROSS COUNTRY RUN: 4MI,
Mae Simmons Park, Tom Griffin, RD., 806-787-4295
- * JAN 12 LOOP THE LAKE: 5MILE/2MILE, 10:00AM, Buddy
Holly Recreation Area, N. University, Lub,
Jim Beck, RD.
- FEB 09 COTTON PATCH RUNS: 8MI, 4MI, RELAYS, 10:00am
Frenship High School, Wolforth, David
Higgins, RD, 806-785-8562
- FEB 17 AT&T AUSTIN MARATHON: www.attaustinmarathon.com
- FEB 23 Cowtown Marathon: Ft Worth, TX, Marathon,
Half Marathon, 7:30am, www.cowtownmarathon.org
- FEB 27 3M HALF MARATHON AND RELAY: Austin, Texas
www.3mhalfmarathon.com
- APR 06 BIG D TEXAS MARATHON: 7:30am, Marathon, Half Marathon,
And 5K, Fair Park, Dallas, Tx www.texasmarathon.com

<http://wtrc.tripod.com>

Calendar, Photos, Online registration, Membership, etc.



Rose Family Medicine
3709 22nd Place, Suite A
Lubbock, Texas 79410
806-791-3999

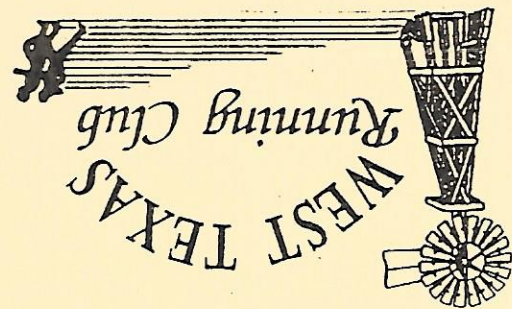
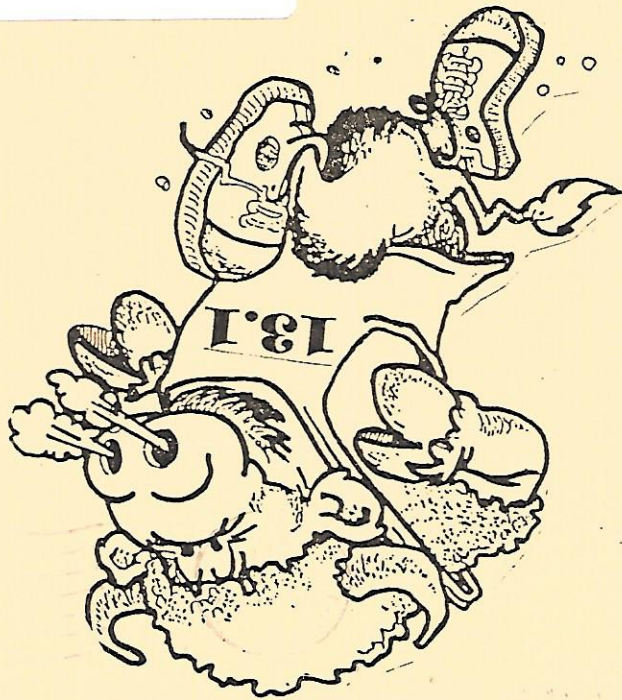


P.J. Mitchell, C.C.T.
Medical Massage Therapist

Pager 806-742-9940



David and Kendall Higgins
3401 Alcove
Lubbock, TX 79407



WTRC Newsletter
9505 Viola Ave.
Lubbock, TX 79424-7518
November 2007



Buffalo Wallow Races
Half Marathon and 2 Miles
Saturday, November 10, 2007
Details inside back cover

WEST TEXAS RUNNING CLUB

OFFICERS

President - Ron Lubowicz
(H) 748-1855
E-mail: ronlubo@aol.com

Internal Vice-President - Eric Ford
(H) 368-9989
E-mail: eric.ford@ttu.edu

External Vice-President - Tom Griffin
(H) 698-1503
E-mail: tomgrwp@hotmail.com

Secretary - Iris Rivero
(H) 722-7026
E-mail: iris_rivero3@hotmail.com

Treasurer - David Higgins
(H) 785-8562 (O) 795-5823
E-mail: d_higgins69@hotmail.com

Past President - Mike Kelley
(H) 765-0441
E-mail: mkkelleyr@yahoo.com

WTRC Web Address:
<http://wtrc.tripod.com>

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.
The WTRC monthly business meeting is on Wednesday, November 7, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)
All members are welcome

NOTES FROM THE PRESIDENT

Is it just my imagination or is the sport of running in West Texas going through some sort of evolutionary "jump"? Within this past year we have experienced major attendance increases at our monthly events, a significantly greater number of hits on our website, a fresh and believable effort to get kids (and their parents) into our sport, the beginnings of city and corporate sponsored initiatives toward fitness, and a very healthy demand for our advice, equipment and services for non-Club events such as triathlons, fundraisers, and other regional runs. We have also noted an increase in non-WTRC marathoners showing up in the stats of out-of-town races across the country.

All of these signs appear to be good... very good. Yet I have some questions, questions that I feel we must ask ourselves on a regular basis. What should our role be in this evolution? How much can a volunteer-based organization do to encourage and support this seeming expansion of runners? What changes (if any) should we be making today to insure that the WTRC continues to carry out its mission statement and be a vital part of running in the tomorrows to come? Can we grow into possibly new roles and still keep our events fun for participants and volunteers as well?

Once again I am turning to you for ideas, to share your thoughts on these and other such questions with me or any other member of your Board. Thanks.

SYOTR, Ron

THE 26th ANNUAL RED RAIDER ROAD RACE
10K ROAD RACE
Benefiting the WTRC Scholarship Fund
*New Age Group Record Lubbock, Texas October 6, 2007

Place	Name	Div	Div	Ag	S	Town	St	10k	Pace
1	QUENT BEARDEN	M3034	32	M	LUBBOCK	TX	37:26	6:02	
2	JERRY DWYER	M4549	48	M	LUBBOCK	TX	39:22	6:21	
3	LEE COHEN	M3539	35	M	LUBBOCK	TX	42:00	6:46	
4	BRADLEY WHITWORTH	M2024	21	M	LUBBOCK	TX	42:14	6:48	
5	JACY ROBERSON	F2529	26	F	LUBBOCK	TX	42:57	6:55	
6	EDDY MORELOCH	M3539	36	M	LUBBOCK	TX	43:01	6:56	
7	ANN CRUCE-ROBERTS	F3034	31	F	LUBBOCK	TX	43:14	6:58	
8	JEFFERY HAAG	M3539	38	M	LUBBOCK	TX	43:29	7:00	
9	JOSH ALVARADO	M1315	15	M	LUBBOCK	TX	43:35	7:01	
10	PAUL PARE'	M4549	45	M	LUBBOCK	TX	44:20	7:09	
11	PAUL OWEN	M5559	55	M	AMARILLO	TX	44:25	7:09	
12	CHUCK SAMMONS	M5054	50	M	LUBBOCK	TX	44:29	7:10	
13	JAMES BAUMANN	M3539	39	M	LUBBOCK	TX	44:44	7:12	
14	CHRIS JONNGREN	M4549	48	M	LUBBOCK	TX	44:50	7:13	
15	ADAM BARRON	M4044	44	M	LUBBOCK	TX	45:21	7:18	
16	SARAH SPILMAN	F2024	24	F	LUBBOCK	TX	45:25	7:19	
17	SCOTT WEAVER	M4044	44	M	AMARILLO	TX	45:33	7:20	
18	BRENT LOWREY	M4549	45	M	LUBBOCK	TX	45:39	7:21	
19	ERIC PUENTE	M1619	17	M	TULIA	TX	45:44	7:22	
20	THOMAS FLORES	M1619	17	M	TULIA	TX	46:21	7:28	
21	RANDY HOLLOWAY	M5054	51	M	LUBBOCK	TX	46:22	7:28	
22	SHAE RILEY	F3034	30	F	AUSTIN	TX	46:32	7:30	
23	IRIS RIVERO	F3034	32	F	LUBBOCK	TX	46:36	7:30	
24	ERIC FORD	M4044	42	M	LUBBOCK	TX	46:37	7:30	
25	DANIEL DOMINY	M4044	42	M	LUBBOCK	TX	46:54	7:33	
26	HELSEY KNIGHT	F1619	18	F	LUBBOCK	TX	47:05	7:35	
27	JOLI SHIPMAN	F2024	23	F	LUBBOCK	TX	47:27	7:39	
28	CHRIS GALLARNEAU	M3034	31	M	LUBBOCK	TX	47:30	7:39	
29	BJ CARBAJAL	M1619	16	M	TULIA	TX	47:42	7:41	
30	NOE' VALLES	M4044	41	M	LUBBOCK	TX	47:46	7:42	
31	BROOKE PITTMAN	F3034	30	F	LUBBOCK	TX	47:55	7:43	
32	TATE CRISWELL	M2024	24	M	TULIA	TX	48:30	7:49	
33	KYLE ASHLEY	M4549	45	M	LUBBOCK	TX	48:39	7:50	
34	DAMON CHASE	M3034	30	M	LEWELAND	TX	48:43	7:51	
35	TARA LOAN	F2024	24	F	LUBBOCK	TX	49:15	7:56	
36	AARON SELF	M2529	28	M	LUBBOCK	TX	49:20	7:57	
37	DEE DURHAM	F3539	35	F	AMARILLO	TX	49:31	7:59	
38	KELLY ROBINSON	F4044	41	F	LUBBOCK	TX	49:34	7:59	
39	BETH BUCKLEY	F4549	48	F	DIMMITT	TX	49:35	7:59	
40	TIMOTHY BARRIENTEZ	M1315	14	M	TULIA	TX	49:35	7:59	
41	PARKER GORE	M1315	15	M	TULIA	TX	49:45	8:01	
42	AUBREY BRIDGES	CLYDE	54	M	LUBBOCK	TX	49:46	8:01	
43	KIPI BUCHANAN	F3539	37	F	LUBBOCK	TX	49:49	8:01	
44	RONNIE PRIGG	M5559	56	M	LUBBOCK	TX	49:58	8:03	
45	VAN JOSSELET	M5054	54	M	DALHART	TX	50:12	8:05	
46	GEOFF LYNN	M2024	23	M	LUBBOCK	TX	50:24	8:07	
47	CODY MILLER	M4044	41	M	LUBBOCK	TX	50:25	8:07	
48	SARAH LIVINGSTON	F2024	24	F	LUBBOCK	TX	50:30	8:08	
49	JOHN TRIPLEER	M6064	60	M	LUBBOCK	TX	50:33	8:09	
50	JOE SCHAUMAMAN	M3034	30	M	LUBBOCK	TX	50:51	8:11	
51	J EDSON PINTO	M4549	46	M	LUBBOCK	TX	50:53	8:12	
52	SARAH SKELTON	F3034	33	F	LUBBOCK	TX	50:57	8:12	
53	ERLAN BARNES	M4044	40	M	DALLASK	TX	51:33	8:18	
54	MARY BRANSCOME	F4549	47	F	LUBBOCK	TX	51:49	8:21	
55	KATIE SKEENS	F2529	25	F	LUBBOCK	TX	51:50	8:21	
56	JASON MILLS	CLYDE	32	M	LUBBOCK	TX	52:07	8:24	
57	BRANDI BOSTWICK	F3034	30	F	LUBBOCK	TX	52:17	8:25	
58	MARIA DELFON	F4549	46	F	LUBBOCK	TX	52:19	8:26	
59	FRED WEBER	M5559	56	M	LUBBOCK	TX	52:21	8:26	
60	CHRIS RILEY	M3034	33	M	AUSTIN	TX	52:39	8:29	
61	TERRI KROMER	F2024	21	F	LUBBOCK	TX	52:47	8:30	

TX	52:48	8:30	TX	52:48	8:30
62 JASON BURLEY	TX	52:48	8:30	TX	52:48
63 EDWIN YOUNG	TX	53:03	8:33	TX	53:03
64 CORY HALLIBURTON	TX	53:28	8:37	TX	53:28
65 GORDEN JENKINS	TX	53:32	8:37	TX	53:32
66 EJ MITCHELL	TX	53:35	8:38	TX	53:35
67 JARRETT ROSS	TX	53:36	8:38	TX	53:36
68 STEVEN ODORIZZI	TX	53:41	8:39	TX	53:41
69 KAMMY PHILBRICK	TX	53:43	8:39	TX	53:43
70 KEVIN WASS	TX	53:55	8:41	TX	53:55
71 AARON ST. CLAIR	TX	53:57	8:41	TX	53:57
72 BHARAT KAKARALA	TX	54:01	8:42	TX	54:01
73 JEREMY GARCIA	TX	54:10	8:43	TX	54:10
74 CRAIG HANNAH	TX	54:13	8:44	TX	54:13
75 MITCH MONROE	TX	54:20	8:45	TX	54:20
76 SAM HOHBEIN	TX	54:38	8:48	TX	54:38
77 DEB HENDLEY	TX	54:45	8:49	TX	54:45
78 JOE WOELFE	TX	55:13	8:54	TX	55:13
79 LEIGH HASS	TX	55:15	8:54	TX	55:15
80 TERRY DALTON	TX	55:22	8:55	TX	55:22
81 CAROL HISE	TX	55:24	8:55	TX	55:24
82 JENNIFER SNEAD	TX	55:30	8:56	TX	55:30
83 SCOTT BURRIS	TX	55:32	8:57	TX	55:32
84 LACEY GIBSON	TX	55:33	8:57	TX	55:33
85 SARAH MADDOX	TX	55:35	8:57	TX	55:35
86 DENE BRYANT	TX	55:36	8:57	TX	55:36
87 JANA STEPHENSON	TX	55:45	8:59	TX	55:45
88 FREDRICK RAMIREZ	TX	55:45	8:59	TX	55:45
89 MELISSA BELL	TX	55:48	8:59	TX	55:48
90 KESEY KELSO	TX	56:04	9:02	TX	56:04
91 BROOK PRICE	TX	56:28	9:06	TX	56:28
92 RANDY BUNYARD	TX	56:29	9:06	TX	56:29
93 MALINDA COLWELL	TX	56:37	9:07	TX	56:37
94 SHILOH DONKIN	TX	56:40	9:08	TX	56:40
95 MEGAN CRITTENDEN	TX	56:46	9:09	TX	56:46
96 FOLLANNA SAMMONS	TX	56:58	9:11	TX	56:58
97 MICHAEL DIERSING	TX	57:06	9:12	TX	57:06
98 DAVID HUMMEL	TX	57:29	9:15	TX	57:29
99 JESSICA ALVAREZ	TX	57:43	9:18	TX	57:43
100 DIANNE ANDERSON	TX	57:50	9:19	TX	57:50
101 MIKE HATLEY	TX	57:56	9:20	TX	57:56
102 JOHN CAGLE	TX	57:56	9:20	TX	57:56
103 JOHN JACKMAN	TX	58:00	9:20	TX	58:00
104 MICHELE JONES	TX	58:14	9:23	TX	58:14
105 DENNIS BOEDKER	TX	58:19	9:24	TX	58:19
106 MERIDYTH CRAWFORD	TX	58:43	9:27	TX	58:43
107 ERIC YOUNG	TX	58:54	9:29	TX	58:54
108 TRACI BAYNE	TX	59:05	9:31	TX	59:05
109 DENISE ROSE	TX	59:05	9:31	TX	59:05
110 STEPHANIE WEHMEIER	TX	59:06	9:31	TX	59:06
111 GARY HOUSSOYER	TX	59:12	9:32	TX	59:12
112 BLAYKE HATLEY	TX	59:13	9:32	TX	59:13
113 MARK SMITH	TX	59:18	9:33	TX	59:18
114 MISTY HODSON	TX	59:29	9:35	TX	59:29
115 MARGHA BENNETT	TX	59:32	9:35	TX	59:32
116 DEBORAH DAKIN	TX	59:39	9:36	TX	59:39
117 ROSE HOEVE	TX	59:48	9:38	TX	59:48
118 SUZIE HARTSFIELD	TX	59:51	9:38	TX	59:51
119 JIM DEMBOWSKI	TX	59:58	9:39	TX	59:58
120 CYNTHIA SORRENSEN	TX	1:00:22	9:43	TX	1:00:22
121 TINA RAMIREZ	TX	1:00:25	9:44	TX	1:00:25
122 SARAH GAXIOLA	TX	1:00:32	9:45	TX	1:00:32
123 AMY FRANKS	TX	1:01:00	9:49	TX	1:01:00
124 CHRIS MILLFORD	TX	1:01:01	9:50	TX	1:01:01
125 LOUANNA ARTERBURN	TX	1:01:14	9:52	TX	1:01:14
126 WALLY DEAN	TX	1:01:15	9:52	TX	1:01:15
127 HOLLY MORRISON	TX	1:01:29	9:54	TX	1:01:29
128 MICHAEL EPFS	TX	1:01:29	9:54	TX	1:01:29
129 DON SANDERSON	TX	1:01:54	9:58	TX	1:01:54
130 KEGAN KERN	TX	1:01:54	9:58	TX	1:01:54

TX	1:02:00	9:59	TX	1:02:12	10:01
131 PAIGE SARCHET	TX	1:02:12	10:01	TX	1:02:12
132 NIKAH HART	TX	1:02:23	10:03	TX	1:02:23
133 KALLEY HOWELL	TX	1:02:41	10:06	TX	1:02:41
134 KATHY HOWELL	TX	1:03:08	10:10	TX	1:03:08
135 JOE POST	TX	1:03:09	10:10	TX	1:03:09
136 MISTY AUGESSEN	TX	1:03:13	10:11	TX	1:03:13
137 JIM BECK	TX	1:03:15	10:11	TX	1:03:15
138 ROBERT BLOODWORTH	TX	1:03:33	10:14	TX	1:03:33
139 LORRY WEBER	TX	1:03:38	10:15	TX	1:03:38
140 LANETTE WINDHAM	TX	1:03:38	10:15	TX	1:03:38
141 BELISA WALDRUP	TX	1:03:55	10:18	TX	1:03:55
142 BJ CARLISLE	TX	1:04:17	10:21	TX	1:04:17
143 JAMY YOUNG	TX	1:04:51	10:27	TX	1:04:51
144 CONNI KITTEN	TX	1:04:56	10:27	TX	1:04:56
145 AMY KIKER	TX	1:05:27	10:32	TX	1:05:27
146 JIMMY CLARK	TX	1:06:02	10:38	TX	1:06:02
147 JADE RAVLIEF	TX	1:06:03	10:38	TX	1:06:03
148 MICHELE HINER	TX	1:06:15	10:40	TX	1:06:15
149 KIMBERLY FRICK	TX	1:06:17	10:41	TX	1:06:17
150 LAURA RICAUDI	TX	1:06:46	10:45	TX	1:06:46
151 VICKIE FARMER	TX	1:07:02	10:48	TX	1:07:02
152 LARA ADAIR	TX	1:08:15	10:59	TX	1:08:15
153 DEBBIE CRISWELL	TX	1:08:42	11:04	TX	1:08:42
154 CHRISTIE ZINGERMAN	TX	1:09:46	11:14	TX	1:09:46
155 ETTA MAYER	TX	1:11:20	11:29	TX	1:11:20
156 MEGAN AULBRAUGH	TX	1:11:20	11:29	TX	1:11:20
157 RANDY COTTON	TX	1:12:42	11:42	TX	1:12:42
158 KRISTAL COTTON	TX	1:12:45	11:43	TX	1:12:45
159 RENAE SMITH	TX	1:21:29	13:07	TX	1:21:29
160 MICHELE GARZA	TX	1:24:05	13:32	TX	1:24:05
161 DOMINIQUE ABERCROMBIE	TX			TX	
162 PRESTON SMITH	TX			TX	

THE 26th ANNUAL RED RAIDER ROAD RACES 5K
 Benefiting the WTRC Scholarship Fund
 Lubbock, Texas October 6, 2007

race Name	Div	Ag	S	Town	St	5k	Pace
1 ISACC PLACENCIA	1	M1619	16	M	LUBBOCK	TX	18:05
2 BOBBY SAIN	1	M2529	26	M	LUBBOCK	TX	18:27
3 LUCAS MORRIS	1	M1315	15	M	LUBBOCK	TX	18:56
4 ROYCE PEREZ	1	M2024	20	M	HEREFORD	TX	19:16
5 BRANDON GARRETT	2	M1315	14	M	LUBBOCK	TX	19:25
6 BLAKE CAMPBELL	2	M1619	17	M	SHALLOWATER	TX	19:26
7 JACKIE CANNON	1	M5054	51	M	AMARILLO	TX	19:34
8 TYE EDWARDS	3	M1619	16	M	SHALLOWATER	TX	19:34
9 DANIEL IBARRA	2	M2024	21	M	LEVELLAND	TX	19:39
10 RENE GONZALEZ	1	M4044	42	M	LUBBOCK	TX	19:41
11 MAYRA AVILA	1	F1619	18	F	TULIA	TX	19:47
12 PATRICK MORELES	4	M1619	17	M	LUBBOCK	TX	19:47
13 ANDREW SMITH	3	M1315	14	M	SHALLOWATER	TX	19:48
14 ALAN LOPEZ	5	M1619	17	M	LUBBOCK	TX	19:59
15 STEVEN MIRALES	3	M2024	22	M	LUBBOCK	TX	20:03
16 TIM LANE	4	M1315	15	M	LUBBOCK	TX	20:06
17 MANUEL ORDAZ	6	M1619	16	M	LUBBOCK	TX	20:06
18 ABRAHAM ISLAS	5	M1315	15	M	SHALLOWATER	TX	20:14
19 DANIEL HILLARIO	2	M2529	27	M	LUBBOCK	TX	20:15
20 MARRAY MADDOX	1	M3539	37	M	LUBBOCK	TX	20:15
21 JOHN GALLEGOS	6	M1315	14	M	LUBBOCK	TX	20:17
22 JOHNNY VASEK	7	M1619	17	M	SHALLOWATER	TX	20:30
23 ED CRAIGHEAD	1	M6064	64	M	DALHART	TX	20:31
24 BOONE WALDRIP	7	M1315	15	M	LUBBOCK	TX	20:32
25 OLIVIA MARTINEZ	1	F1315	15	F	TULIA	TX	20:43
26 JUNGJAE PARK	8	M1619	16	M	LUBBOCK	TX	20:50
27 NICK MARMADUJO	9	M1619	17	M	LUBBOCK	TX	20:54
28 RYAN ECKLES	8	M1315	14	M	SHALLOWATER	TX	20:55
29 STEPHEN VELEZ	10	M1619	17	M	LUBBOCK	TX	21:03
30 D'QUA QUEENAN	11	M1619	16	M	LUBBOCK	TX	21:07
						TX	21:18

* - New Age Group Record

31	JIM HIGGINS	TX	21:21	6:53	100	DAVID HIGGINS	TX	25:30	8:15
32	ROBERT DURAN	TX	21:21	6:53	101	ASHLEIGH ADCOCK	TX	25:42	8:17
33	BRYAN MASON	TX	21:22	6:53	102	KEVIN CARLISLE	TX	25:47	8:18
34	MILLER VALENTINE	TX	21:23	6:53	103	RALPH WOLF	TX	25:51	8:19
35	GARRETT MILLER	TX	21:25	6:54	104	TARA BEARDEN	TX	25:52	8:20
36	GRANT SPRUELL	TX	21:26	6:54	105	DANIEL GONZALES	TX	25:54	8:21
37	NATE WILSON	TX	21:35	6:57	106	RACHEL MCNEWT	TX	25:59	8:22
38	STEPHEN KITTEN	TX	21:36	6:57	107	DAVID SCHMIDT	TX	26:05	8:24
39	ANTHONY AGUILAR	TX	21:38	6:58	108	JACKIE SELF	TX	26:13	8:27
40	ISAC ANCIOSO	TX	21:41	6:59	109	HUNTER ADAMS	TX	26:17	8:28
41	MALORI MADDOX	TX	21:46	7:01	110	JARED FUDGE	TX	26:19	8:28
42	JESUS CRUIZ	TX	21:49	7:02	111	DAN ADAMS	TX	26:20	8:29
43	MICHELLE BALIYO	TX	21:50	7:02	112	DARRELL HUNT	TX	26:28	8:31
44	COURTNEY MANN	TX	21:51	7:02	113	JON CASEBOLT	TX	26:29	8:32
45	ALEX JOHNSON	TX	21:53	7:03	114	ZACHARY SIERRA	TX	26:31	8:32
46	SAVANNAH JONES	TX	21:55	7:04	115	ISAAC MUNOZ JR	TX	26:38	8:35
47	SARA WARREN	TX	22:01	7:05	116	MANDY SATTERWHITE	TX	26:38	8:35
48	KELLEY LITSCH	TX	22:01	7:06	117	MATT MCKENNA	TX	26:41	8:36
49	HALEY BURTON	TX	22:04	7:07	118	PHILIP SCOLARO	TX	26:42	8:36
50	AL GARDNER	TX	22:07	7:07	119	PAUL OLGUIN	TX	26:46	8:37
51	ALISSA JUAREZ	TX	22:13	7:09	120	LEE HANDLIN	TX	26:50	8:39
52	TYRELL MASSINGILL	TX	22:21	7:12	121	ANGIE HINES	TX	26:51	8:39
53	ZACH MANNING	TX	22:26	7:14	122	DALEY BOYLE	TX	26:55	8:40
54	MIKE MENCHACA	TX	22:32	7:16	123	JAMES DECKER	TX	26:58	8:41
55	BROOKE EDWARDS	TX	22:52	7:23	124	CYNTHIA MEDINA	TX	27:00	8:42
56	SAVANNAH YATES	TX	22:57	7:23	125	TOMMY SHIPMAN	TX	27:01	8:42
57	KEVIN TWEET	TX	23:00	7:25	126	QUAN MCGRUDER	TX	27:01	8:42
58	ROD BURGETT	TX	23:02	7:25	127	NATE HORNE	TX	27:01	8:42
59	BRETT HART	TX	23:04	7:26	128	MICHELLE MONTANEZ	TX	27:10	8:45
60	ASHTON NILSEN	TX	23:09	7:27	129	CRAIG PETERSON	NM	27:10	8:45
61	ANDREW PAULSEN	TX	23:09	7:28	130	DEBBIE AGUIRRE	TX	27:15	8:47
62	RUSSEL MARTIN	TX	23:12	7:28	131	SHELBEY HAVENS	TX	27:23	8:49
63	SAMUEL AYERS	TX	23:19	7:31	132	AMY ESPINOSA	TX	27:27	8:50
64	BRIAN HUDSON	TX	23:23	7:32	133	EASEY CARBAJAL	TX	27:30	8:52
65	CHUCK DELEON	TX	23:23	7:32	134	DEMARCUS MCGANA	TX	27:31	8:52
66	KAREN MATHENY	TX	23:24	7:32	135	MACY TREVINO	TX	27:32	8:52
67	JOSH WILSON	TX	23:35	7:36	136	ISAAC MUNOZ SR	TX	27:41	8:55
68	LACHELLE BUTCHER	TX	23:39	7:37	137	LARRY DELEON	TX	27:42	8:55
69	GAVIN GIVENS	TX	23:40	7:37	138	JUDY FLEMING	TX	27:50	8:58
70	GABRIEL TORRES	TX	23:41	7:38	139	JACK BEARDEN	TX	27:50	8:58
71	TREY EUBANKS	TX	23:46	7:39	140	SAVANNA BRAGG	CO	28:05	9:03
72	OLIVIA KEY	TX	23:57	7:43	141	JENNIFER PENNINGTON	TX	28:07	9:03
73	RENE MARTINEZ	TX	23:58	7:43	142	ASHLEIGH RODRIGUEZ	TX	28:08	9:04
74	ARNOLD SANTELLANO	TX	24:00	7:44	143	JINNA NORMAN	TX	28:12	9:05
75	SHANNON ANDERSON	TX	24:06	7:46	144	ANDY DONKIN	TX	28:14	9:05
76	STORMY HELLER	TX	24:09	7:47	145	ASHLEY DEAN	TX	28:16	9:06
77	LIZZIE ELSTON	TX	24:10	7:47	146	DAVID MANGOLD	TX	28:18	9:07
78	LADARION DANIELS	TX	24:12	7:48	147	KORRYN MCMINN	TX	28:19	9:07
79	ELANE MORAN	TX	24:24	7:51	148	DANIEL POND	TX	28:20	9:07
80	RONNIE TROLLINGER	TX	24:24	7:52	149	TAYLOR ROYAL	TX	28:20	9:08
81	RYAN JOHNSON	TX	24:29	7:53	150	KIM CLEMMONS	TX	28:30	9:11
82	MARGAUX EARWIN	TX	24:30	7:53	151	JOHN GRIFFIN	TX	28:34	9:12
83	JUSTIN OWEN	TX	24:31	7:54	152	SUSAN TOMLINSON	TX	28:45	9:15
84	GUNNY MCMINN	TX	24:32	7:54	153	DESIRE BOWEN	TX	28:50	9:17
85	MARIAH DEARDORFF	TX	24:36	7:55	154	JIM HARRIS	TX	28:50	9:20
86	SUZANNE ALKUL	TX	24:37	7:56	155	LAURIE KESSLO	NM	29:00	9:20
87	TAMMY MORIARTY	TX	24:38	7:56	156	SCOTT IASSO	TX	29:01	9:21
88	SCOTTY ELSTON	TX	24:38	7:56	157	JAMES BONE	TX	29:02	9:21
89	KATIE VASEK	TX	24:39	7:56	158	MIKE LASS	TX	29:03	9:21
90	CHRISTOPHER LASCANO	TX	24:44	7:58	159	BRENDA CAMPBELL	TX	29:04	9:22
91	FELICIA PRICE	TX	24:46	7:59	160	STACY BOBO	TX	29:39	9:33
92	KELLY SHAMI	TX	24:51	8:00	161	KAKA ADAMS	TX	29:45	9:35
93	DAVID DOYLE	TX	25:01	8:03	162	REIS KINMAN	TX	29:55	9:38
94	LORENZO PADILLA	TX	25:02	8:04	163	SAMUEL BYERLY	TX	29:58	9:39
95	GABRIELA HERNADEZ	TX	25:06	8:05	164	JEAN GUTHRIE	TX	29:58	9:39
96	CHRIS ROGERS	TX	25:07	8:05	165	KAYLIN ROBENS	TX	30:02	9:40
97	PAUL AGUILAR	TX	25:07	8:05	166	JENNIFER KIRKMAN	TX	30:16	9:45
98	MALCOM WHITE	TX	25:19	8:09	167	MELINDA BURKHOLDER	TX	30:18	9:46
99	KELLIE GAONA	TX	25:36	8:15	168	GLENN A BEYER	TX	30:21	9:46
								30:26	9:48

169	JAY YOUNGBLOOD	TX	30:27	9:49	3 M3034	32 M BROWNFIELD	TX
170	MICHELE COHEN	TX	30:29	9:49	3 F3034	32 F LUBBOCK	TX
171	HEATHER CASEBOLT	TX	30:38	9:52	4 F3034	30 F LUBBOCK	TX
172	MATTHEW KIRKMAN	TX	30:44	9:54	4 M3034	31 M LUBBOCK	TX
173	BENJAMIN CAMPBELL	TX	30:53	9:57	22 M1619	18 M LITTLEFIELD	TX
174	MICHAEL BENHAM	TX	31:17	10:05	6 M2024	21 M SAN ANGELO	TX
175	ROBERT KELSO	TX	31:27	10:08	6 CLYDE	23 M LUBBOCK	TX
176	SHAWNA HAYNIE	TX	31:27	10:08	3 F3539	37 F LUBBOCK	TX
177	KAITLAN BENHAM	TX	31:28	10:08	15 F1619	16 F SAN ANGELO	TX
178	TRISH CAMARILLO	TX	31:29	10:08	4 F3539	36 F LUBBOCK	TX
179	CHARLES BENHAM	TX	31:33	10:10	13 M4549	46 M SAN ANGELO	TX
180	RHONDA BENHAM	TX	31:35	10:10	4 F4044	44 F SAN ANGELO	TX
181	CYNTHIA BOWEN	TX	31:39	10:11	5 F4044	42 F LITTLEFIELD	TX
182	DAN HILARIO	TX	31:45	10:14	3 M5559	57 M LUBBOCK	TX
183	FRANKIE GARCIA	TX	31:48	10:14	5 M3034	32 M LUBBOCK	TX
184	WILLIE CARPENTER	TX	31:59	10:18	32 M1315	15 M LUBBOCK	TX
185	PAMELA CASEBOLT	TX	32:05	10:20	5 F2529	25 F TEMPLE	TX
186	MAYRA MATHY	TX	32:06	10:20	5 F3539	38 F LUBBOCK	TX
187	KIMBERLY SHUBERT	TX	32:08	10:21	16 F1619	19 F LUBBOCK	TX
188	RANDY EGENBACHER	TX	32:11	10:22	4 CLYDE	52 M LUBBOCK	TX
189	HEATHER KRISTER	TX	32:11	10:22	6 F2529	29 F LUBBOCK	TX
190	SEBASTIAN GARCIA	TX	32:13	10:22	33 M1315	15 M LUBBOCK	TX
191	KASI HOWARD	TX	32:26	10:27	9 F2024	24 F LUBBOCK	TX
192	CHELSEA JONES	TX	32:28	10:27	10 F2024	23 F LUBBOCK	TX
193	JESSICA BENHAM	TX	32:48	10:34	17 F1619	19 F SAN ANGELO	TX
194	ISAAC AGUILAR	TX	32:57	10:37	8 M2024	24 M LUBBOCK	TX
195	CLYDE WHITTEN	TX	32:59	10:37	5 CLYDE	49 M PAMPA	TX
196	HEATHER WAGNER	TX	33:03	10:39	5 F3034	31 F LUBBOCK	TX
197	BRYAN POLLARD	TX	33:06	10:39	5 M4044	42 M LUBBOCK	TX
198	MARTIN HIGGINS	TX	33:06	10:40	6 M4044	42 M LUBBOCK	TX
199	GRACE TARGN	TX	33:19	10:44	11 F2024	24 F LUBBOCK	TX
200	MEGAN YOUNG	TX	33:21	10:44	7 F2529	26 F ABERNATHY	TX
201	PEYTON LEWALLEN	TX	33:43	10:51	4 F0112	10 F LUBBOCK	TX
202	CLIFF LEWALLEN	TX	33:43	10:51	7 M4044	43 M LUBBOCK	TX
203	SHAWN DREDDING	TX	33:47	10:53	6 F3034	34 F SANGER	TX
204	CHADWICK WILCOX	TX	34:04	10:58	6 M3034	32 M LUBBOCK	TX
205	SUSAN WILCOX	TX	34:43	11:11	8 F2529	29 F LUBBOCK	TX
206	DWAYNE OAKLEY	TX	34:56	11:15	10 M5054	51 M LUBBOCK	TX
207	DARBEY HAVENS	TX	35:42	11:30	5 F0112	8 F LUBBOCK	TX
208	GORDON HAVENS	TX	35:42	11:30	8 M4044	42 M LUBBOCK	TX
209	GRANT KIRKMAN	TX	35:54	11:33	5 M6064	62 M LUBBOCK	TX
210	BREANN MCCLESKEY	TX	36:00	11:36	7 F3034	32 F LUBBOCK	TX
211	THOMAS WORD	TX	36:11	11:39	2 M7099	70 M LUBBOCK	TX
212	BRITTANY DENDLE	TX	36:21	11:42	3 ATHEN	26 F LUBBOCK	TX
213	KATIE DAY	TX	36:34	11:47	10 F2529	26 F LUBBOCK	TX
214	CALANDRA BRAZILE	TX	36:52	11:52	11 F2529	27 F LUBBOCK	TX
215	KAY CASEBOLT	TX	37:14	11:59	1 F6099	63 F TEMPLE	TX
216	COLTON CALHOUN	TX	37:15	12:00	5 M0112	10 M COLLEYSVILLE	TX
217	LESLIE KACAL	TX	37:21	12:02	5 ATHEN	26 F LUBBOCK	TX
218	KELLIE MCDONALD	TX	37:27	12:04	5 F4549	45 F LUBBOCK	TX
219	DEEDEE ODORIZZI	TX	37:45	12:09	4 ATHEN	39 F LUBBOCK	TX
220	KATHY BINGHAM	TX	37:47	12:10	2 ATHEN	41 F LUBBOCK	TX
221	ALICIA HOLLIGAN	TX	38:00	12:14	7 F4044	40 F LUBBOCK	TX
222	HOLLY BASCO	TX	38:10	12:17	13 F2529	26 F LUBBOCK	TX
223	ZANE LEWIS	TX	38:30	12:24	9 M4044	41 M ALLEN	TX
224	KENNETH CALHOUN	TX	38:31	12:24	7 CLYDE	44 M COLLEYSVILLE	TX
225	ANNA JACKSON	TX	38:43	12:28	8 F4044	40 F LUBBOCK	TX
226	MICHAEL PEKOWSKI	TX	38:44	12:28	11 M4044	41 M LUBBOCK	TX
227	DRANN YATES	TX	38:44	12:28	9 F4044	43 F LUBBOCK	TX
228	KOLE CARLISLE	TX	38:46	12:29	6 M0112	6 M ABERNATHY	TX
229	KELLY CARLISLE	TX	38:46	12:29	8 CLYDE	41 M ABERNATHY	TX
230	KENDALL HIGGINS	TX	38:59	12:33	34 M1315	13 M LUBBOCK	TX
231	JOSIE ALBMAN	TX	39:04	12:35	1 F5559	56 F LUBBOCK	TX
232	LAUREN COX	TX	39:05	12:35	7 F3539	37 F LUBBOCK	TX
233	CHRISTINA WANJURA	TX	39:09	12:36	8 F3034	34 F LUBBOCK	TX
234	LINDA AGUILERA	TX	40:09	12:56	9 F3034	34 F PLAINVIEW	TX
235	SHERRY ANDERSON	TX	40:29	13:02	6 F4549	46 F LUBBOCK	TX
236	WHITNEY FORD	TX	40:32	13:03	22 F1315	15 F ABERNATHY	TX
237	K'LEA MILLS	TX	41:11	13:16	23 F1315	15 F ABERNATHY	TX

238	SUZAN CAUDLE	TX	41:12	13:16	2 F5054	54 F LUBBOCK	TX
239	ETHAN HINTERGARDT	NM	41:15	13:17	7 M0112	8 M EDGEWOOD	NM
240	AMY MCINNIS	NM	42:15	13:36	14 F2529	28 F EDGEWOOD	NM
241	MARY BAIZA	TX	42:24	13:39	2 F6099	63 F POST	TX
242	ANGIE CARVALE	TX	42:39	13:44	10 F4044	42 F LUBBOCK	TX
243	ANNETTE BOLES	TX	42:40	13:44	10 F3034	42 F LUBBOCK	TX
244	GEORGINA BARRERA	TX	43:00	13:51	11 F4044	42 F LUBBOCK	TX
245	CINDY GURSS	TX	43:03	13:52	3 F5054	50 F LUBBOCK	TX
246	SEAN PASSMORE	TX	43:18	13:57	4 F5054	51 F PAMPA	TX
247	ANN-MARIE SALEH	TX	43:38	14:03	12 F2024	24 F LUBBOCK	TX
248	BRIAN KLEIN	TX	43:45	14:05	4 M3539	37 M NAZARETH	TX
249	SUZIE BOEDEKER	TX	44:22	14:17	5 F5054	53 F PEARLAND	TX
250	ANGELA MOFEIT	TX	45:19	14:36	8 F3539	36 F LUBBOCK	TX
251	RACHEL STREET	TX	45:31	14:39	15 F2529	26 F LUBBOCK	TX
252	LATISHA TOMLINSON	TX	46:42	15:02	16 F2529	25 F LUBBOCK	TX
253	HEIDI DURHAM	TX	47:23	15:15	9 F3539	37 F LUBBOCK	TX
254	MICHELLE PINEDO	TX	47:23	15:15	10 F3539	35 F LUBBOCK	TX
255	ANGELA SCHROEDER	TX	47:43	15:22	11 F3539	39 F LUBBOCK	TX
256	LAGAYLE STEPHENSON	TX	47:35	15:19	6 F5054	53 F LEVELLAND	TX
257	JAMIE MILLS	TX	47:42	15:22	17 F2529	26 F LUBBOCK	TX
258	NIKKI DAVIS	TX	47:43	15:22	18 F2529	28 F LUBBOCK	TX
259	REBECCA BRYAN	TX	47:44	15:22	19 F2529	26 F LUBBOCK	TX
260	TRACY MCALISTER	TX	49:05	15:48	11 F3034	33 F LUBBOCK	TX
261	SHARI HOLLOWAY	TX	49:24	15:54	7 F4549	48 F LUBBOCK	TX
262	KIMBER GURSS	TX	49:24	15:54	18 F1619	18 F LUBBOCK	TX
263	MARTHA BOEDEKER	TX	49:29	15:56	3 F6099	74 F PEARLAND	TX
264	ELIZABETH BALZA	TX	50:01	16:06	12 F3034	34 F POST	TX
265	BARBARA SAWYER	TX	50:10	16:07	7 F5054	53 F LUBBOCK	TX
266	ERICA HENDRIX	TX	50:02	16:07	13 F3034	34 F LUBBOCK	TX
267	JACQUIE CHESTNUTT	TX	50:04	16:07	12 F3539	36 F LUBBOCK	TX
268	RUTH BRIDGES	TX	52:49	17:00	2 F5559	59 F LUBBOCK	TX
269	RONDA INGLE	TX	53:29	17:13	6 ATHEN	39 F LUBBOCK	TX
270	JACLYN CANAS	TX	53:33	17:14	20 F2529	28 F LUBBOCK	TX
271	SHAWNA NATIONS	TX	53:34	17:15	21 F2529	26 F LUBBOCK	TX
272	DEBORAH FORD	TX	55:19	17:49	8 F4549	49 F LUBBOCK	TX
273	ANGELA FORNEY	TX	55:34	17:54	7 ATHEN	28 F LUBBOCK	TX

Active West Texas Running Club Members' Birthdays - November

Frank McAndrew	71	on 11/1
Darrel Phillips	59	on 11/4
Christian Nansen	38	on 11/7
Frank Sumpter	54	on 11/10
Sammy Pineda	46	on 11/12
Jarryn Prowell	24	on 11/14
Hannah Layman	15	on 11/18
Hollye Martinez	40	on 11/19*
Don Sanderson	78	on 11/21
Katy Mock	25	on 11/24*
Jon D. Bruegel	16	on 11/28*
David Enriquez	43	on 11/30
* = New Age Group		
Brent Lowrey	46	on 11/2
Jamey Aulbaugh	26	on 11/6
Emily Wyatt	28	on 11/7
Andrew Broselow	40	on 11/11*
Lawrence Schovanec	55	on 11/14*
Mary Branscome	48	on 11/17
Ronnie Trollinger	48	on 11/18
Jason Burley	32	on 11/20
Jim Higgins	47	on 11/23
Darrel McMillen	61	on 11/25
Isaiah Munoz	13	on 11/28*
Darcy Jones	18	on 11/30

Membership Renewal for 2008

A copy of next year's membership form is enclosed in this November Newsletter. Annual Dues are \$15.00 or \$10.00 per student and is on a calendar year basis only. Additional family members at the same address may be added for \$3.00 each. This form will also be enclosed the next couple of months so feel free to pass it on to prospective members who would like to join our growing running club.

Upcoming W.T.R.C. Annual Election

This is the time to step forward if you are interested in being more involved in our Club. There will be at least one vacancy on our Board of Officers & Directors and it is not too late to get on the 2008 ballot. These positions are not political and are rarely opposed so no campaigning is required. For more information, please contact our President, Ron Lubowicz at: 632-4926, or E-mail him at: ronlube@aol.com

WEST TEXAS RUNNING CLUB'S ANNUAL THANKSGIVING TURKEY TROT Begun 1993

12K

EVENT RECORDS

Since 1999

USA T&F CERTIFIED, #TX01099ETM

MEN

AGE	NAME	TOWN	AGE	TIME	YEAR
13-15	Jacob Lozano	Hobbs, NM	15	42:18	2006
16-19	Brandon Johnson	Lubbock	18	42:03	2006
20-24	Chris Layman	Lamesa	22	42:08	2006
25-29	Michael Sang	Lubbock	27	41:51	2005
30-34	Dave Smith	Lubbock	31	40:20	2000 *
35-39	Larry Millard	Spring Branch	39	42:19	2006
40-44	Bob Jackson	Hobbs	43	41:48	2001
45-49	Bob Jackson	Hobbs	48	44:06	2006
50-54	James Leser	Lubbock	54	50:30	2000
55-59	John Trompler	Lubbock	55	53:48	2002
60-64	Dennis Lee	Spring	60	1:01:45	2005
65-69	Ralph Wolf	Lubbock	68	1:03:21	2005
70+	Don Sanderson	Tulia	72	1:01:46	2001
	Clyde Farrell Martin	Lubbock	37	49:26	2003

WOMEN

AGE	NAME	TOWN	AGE	TIME	YEAR
13-15	Allyssa Preston	Lubbock	15	1:03:38	2003
16-19	Addison Lemaster	Tulia	18	52:45	2006
20-24	Leigh Daniel	Lubbock	21	44:35	1999 *
25-29	Linda Northrup	Lubbock	26	52:53	2000
30-34	Janda Ibbetson	Lubbock	32	53:00	2001
35-39	Nedra Bray	Austin	35	54:44	2006
40-44	Marjory Stewart	Lubbock	40	53:18	1999
45-49	Mary Branscome	Lubbock	45	59:32	2002
50-54	Madonne Miner	Lubbock	51	59:34	2003
55-59	Sherill Easterling	Snyder	56	1:07:18	2006
60+	P.J. Mitchell	Lubbock	61	1:08:36	2006
	Athena Edie Abel	Lubbock	40	1:06:38	2006

* OVERALL COURSE RECORDS

We set an all time attendance record with 162 10K finishers & 272 5K finishers for a total of 434. There were 505 paid entries so 71 of these did not finish (DNF).

This was the 6th time in the past 19 years that I have served as full time race director and have learned to really appreciate what those who volunteer contribute. Jill Haukos (pronounced Hocus) has only been active in the club for a couple of years, but is a fast learner and organizer who will serve the Club well as Race Director in the future.

Epi Aguirre worked hard in the planning stages, then did a lot of work on race day. Of course the hardest job of all was that of Tom Griffin in getting all those people registered, then scored on race day. Helping him on the Friday late registration/packet pick up were: Barbara Murphy, John Trompler, Louanna Arterburn, John Griffin, Eric Ford, Ron Lubowicz, Jill Haukos, Suzan Caudle, Trevor Dalton and David & Kendall Higgins. Helping Tom at the computers on race day were his daughter, Tara Madrigal, and Trevor Dalton, Terry's son.

Helping set out the course markers early in the morning were Dwayne Oakeley and Epi Aguirre. Getting the equipment & materials on site and helping set up the finish area were Randy Holloway, Tony Aleman, Jon & Jon David Bruegel. Working the packet pick up, then later helping at the finish were: Leesa Price, Mike Kelley, Laura Lappe, David & Katie Haukos, Brian & Jeanette Hastings and their kids, Brandon & Rebekah. Larry Byrd worked at selling Club items then helped take care of leftover packets and shirts afterward.

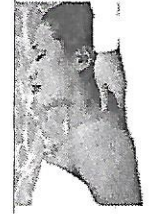
The corner monitors and water stop workers are members of the National Student Speech Hearing and Language Association (NSSHLA) at the TTU Med School led by Jessica Estrada who pitched in to help at the finish by collecting select times. Scholarship winner and Club member, Glen Pokitkua, rode the bike three times around the course to lead both races then sweep up the rear.

It is customary for recipients of Club scholarships to volunteer at this race but due to a misunderstanding, the other four TTU current students were unable to be there. It must be pointed out that the sole beneficiary of the profits on this race is the WTRC/TTU Alumni scholarship fund. The current scholarships are usually paid out of the race, then the excess is applied to the endowment fund which now has around \$50,000 in it.

Our Club president, Ron Lubowicz, performed several duties, obtaining the fruit and bagels, donated by United Supermarkets, bringing out the scaffolding and then serving as race announcer with the help of David and Katie Haukos. In the absence of scholarship recipients, Eric Ford, with Laura Lappe pitched in to help with the awards ceremony.

Next year's race will be on October 11, 2008, so mark your calendars! Let me point out to our Club members to always register early, as it not only saves you money, but it greatly reduces the work of the registrars. This is just another of our volunteer positions, but one of the hardest.

We have many unclaimed medals, so if you see you won an award and did not pick it up, they will be held at my office, 4808 50th Street till Nov. 15th, when any left will be recycled for use next year. George W. Jury - Race Director



The Massage Garage Messages by Bob Blake, LMT SPECIALIZING IN SPORTS MASSAGE 806-239-8871

WEST TEXAS RUNNING CLUB'S ANNUAL NOVEMBER RACE
 BUFFALO WALLOW RACES, SINCE 1973
 COURSE RECORDS 2 MILE
 MEN

AGE	NAME	TOWN	AGE	TIME	YEAR
< 15	Jacob Lozano	Hobbs, NM	15	10:46	2006
16-19	Marc Johnson	Lubbock	19	9:52	1975
20-29	Simon Lei	Lubbock	22	9:28	1995 *
30-34	Martin Leodgard	Lubbock	31	9:41	1995
35-39	Brent Tidwell	Lubbock	38	11:22	1995
40-44	Bobby Cunningham	Abernathy	43	11:02	1983
45-49	Jim Leser	Lubbock	48	11:17	1994
50-54	George Jury	Lubbock	53	11:33	1989
55-59	Ed Craighead	Dalhart	55	12:04	1998
60-64	Jim Harris	Hobbs, NM	61	13:33	2003
65-69	David Lard	Amarillo	66	13:44	2003
70+	Don Sanderson	Tulia	73	16:03	2003
Clydes	Milt Brownfield	Lubbock	43	13:15	2006

AGE	NAME	TOWN	AGE	TIME	YEAR
< 15	Angela Welsh	Tarzan	15	13:04	1994
16-19	Isabel Navarro	Brownfield	17	12:06	1975 *
20-29	Rebecca Graf	Lubbock	20	12:22	1996
30-34	Sherril Easterling	Coahoma	32	12:27	1982
35-39	Sandra Grace	Lubbock	38	13:53	1990
40-44	Ann Gordhaimer	Lubbock	40	14:03	1984
45-49	Cheryl Weber	Lubbock	45	14:44	1998
50+	Beth Gerken	Amarillo	51	16:22	2005
Athena	Suzan Caudle	Lubbock	51	21:22	2004

HALF MARATHON (SINCE 1982)

AGE	NAME	TOWN	AGE	TIME	YEAR
0-19	Ricardo Gonzalez	Plainview	19	1:17:34	1997
20-29	John Ruiz	Lubbock	21	1:11:06	1985
30-34	Tim Key	Lubbock	30	1:20:13	1997
35-39	Corky Fritch	Amarillo	36	1:17:59	1982
40-44	Bobby Cunningham	Abernathy	42	1:16:55	1982
45-49	Bobby Cunningham	Abernathy	46	1:23:19	1986
50-54	George Jury	Lubbock	50	1:23:58	1986
55-59	David Lard	Amarillo	57	1:34:39	1994
60-64	Ed Craighead	Dalhart	60	1:34:43	2003
65-69	Don Sanderson	Tulia	66	1:44:34	1996
70 +	Don Sanderson	Tulia	71	1:48:15	2001
Clydes	Farrell Martin	Lubbock	37	1:29:51	2003
WOMEN					
<19	Donna Pruitt	Levelland	16	1:41:52	1983
20-24	Bridget Tidwell	Lubbock	23	1:25:19	2005
25-29	Sue Houle-Spitz	Lubbock	27	1:34:55	1988
30-34	Marjory Stewart	Lubbock	34	1:24:14	1993 *
35-39	Marjory Stewart	Lubbock	38	1:37:15	1997
40-44	Aja James	Dallas	41	1:38:47	2000
45-49	Denise Bray	Lubbock	45	1:39:16	2006
50-54	Madonne Miner	Lubbock	51	1:43:49	2003
55-59	P.J. Mitchell	Lubbock	59	2:08:21	2003
60+	P.J. Mitchell	Lubbock	61	2:05:46	2006
Athena	Amy Kiker	Lubbock	39	2:23:50	2006

WEST TEXAS RUNNING CLUB'S 35th ANNUAL
 BUFFALO WALLOW
 HALF MARATHON and 2 MILE RACES

THE MOST CHALLENGING HALF-MARATHON COURSE IN TEXAS
 USA TRACK & FIELD Certified, #TX93078ETM

EVENT # 11 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, NOVEMBER 10, 2007

Register online at <http://wtrc.tripod.com>

See Enclosed Mail in Form for Information

On Site Registration: 8:00 to 8:45 A.M.

Races Start at 9:00 A.M.

Volunteers needed, please call Mike Kelley 765-0441

WHERE: BUFFALO SPRINGS LAKE

A GATE ENTRY FEE of \$3.00 per runner is required to enter
 BUFFALO SPRINGS LAKE PARK-- Volunteers are free

COURSE: ASPHALT ROAD--TWO MILE COURSE IS
 OUT and BACK, FLAT

THE HALF MARATHON IS A DOUBLE LOOP OF THE LAKE
 WITH 3 CHALLENGING HILLS

AID STATIONS: At 2.5, 5, 7, 9.3 and 11.5 MILES
 Splits at 1 and 5 Miles

AGE DIVISIONS:

MEN: 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49;
 50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49;
 50-54; 55-59; 60 Plus

(Special 6-12, 13-15 & 16-19 age groups in the 2 Mile)

Clydesdale and Athena group in both races

AWARDS: A Unique "Buffalo" Medal Will Be Awarded to at
 least the first three finishers in The Age Group
 Divisions and up to 50% of each group

ENTRY FEE: W.T.R.C. Members \$ 5.00

Non Members \$ 10.00, Race Day \$15 Everyone

RACE DIRECTOR: Mike Kelley, 765-0441(h)