

CALENDAR

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- NOV. 7 W.T.R.C. Business meeting, 7:00pm, West Texas Peterbilt, 45th & Ave A.
- NOV. 5 UPWARD SCHOLARSHIPS: 5k Run, 8:15am, Abilene, Family Life Center, 325-675-8144.
- NOV. 5 CONCHO VALLEY STRIDE: 5mi & 1mi San Angelo Recreation Dept 915-675-8144.
- * NOV. 12 BUFFALO WALLOW RACES: Buffalo Springs Lake, Half Marathon & 2 Mile, 9:00am, FMI Call Tom Weis 928-0482
- NOV. 13 SAN ANTONIO MARATHON: (210)246-9652, www.samarathon.org
- * NOV. 24 W.T.R.C. TURKEY TROT: Mackenzie Park, Lubbock, 9am, 12K & 2 Mile, FMI call Ron Lubowicz, 632-4926(d), 748-1855(m)
- * DEC. 10 REDLINE 4 MILE CROSS COUNTRY: MAE SIMMONS PARK, Lubbock, 10a.m. Tom Griffin, RD 698-1503(h) 747-2579(w)
- * JAN. 14 LOOP THE LAKE 5M: BUDDY HOLLY REC. AREA, Lubbock,
- JAN. 29 3M Half Marathon and Relay: 6801 River Place Blvd, Austin, Tx 7:00am, RD Rosa Espiricueta 512-984-RACE, email: solutions.3m.com.
- * FEB. 11 COTTON PATCH RUNS: Frenship High School, Wolfforth, 4M &
- FEB. 19 FREESCALE AUSTIN MARATHON & HALF MARATHON: Austin, Tx,
- FEB. 25 THE COWTOWN: Marathon, Half Marathon, 10K, 5K, Ft Worth,
- * MAR. 11 PRAIRIE DOG TOWN RUN: 4mi. MacKenzie Park, 10:00am, RD John Trompler, 794-1359.

<http://wtrec.tripod.com>

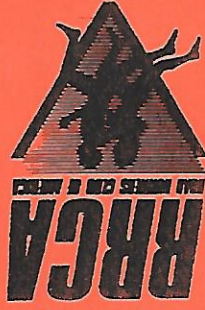
For Membership, Calendar, Race Results, Photos, etc.



David Higgins
3401 Alcove
Lubbock, TX 79407



WTRC Newsletter
5406 86th Street
Lubbock, TX 79424
November 2005



Buffalo Wallow Races
Half Marathon and 2 miles
Saturday, November 12, 2005
Details Inside Back Cover

WEST TEXAS RUNNING CLUB

OFFICERS

President - Ron Lubowicz
(H) 748-1855 (O) 632-4926
E-mail: ronlubo@aol.com

Internal Vice-President - Madame Miner
(H) 797-7383
E-mail: m.miner@ttu.edu

External Vice-President - Randy Holloway
(H) 794-7512 (O) 771-0329
E-mail: randyholloway@sbcglobal.net

Secretary - Tom Weis
(H) 928-0482
E-mail: tweis@unitedtexas.com

Treasurer - David Higgins
(H) 785-8562 (O) 795-5823
E-mail: d_higgins69@hotmail.com

Immediate Past President - Mike Kelley
(H) 765-0441
E-mail: mkelleyrun@yahoo.com

DIRECTORS

Newsletter Director - Bill Felton
(H) 856-9300
E-mail: bicafelton@hotmail.com

External Race Director - Jay Keith
(H) 798-3909 (O) 796-7605
E-mail: jkeithjr@nts-online.net

Equipment Director - Dwayne Oakeley
(H) 799-4473
E-mail: dsdoakeley@nts-online.net

Race Calendar Director - Suzan Caudle
(H) 799-3813
E-mail: suzieq5279407@yahoo.com

Membership Director - Sam Prose
(H) 794-0429
E-mail: sprose@hotmail.com

Internal Race Director - Tom Griffin
(H) 698-1503
E-mail: tongwrp@hotmail.com

Club Historian - James Livermore
(H) 792-5815
E-mail: jlmore@nts-online.net

WTRC Web Address:
<http://wtrc.tripod.com>

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.
The WTRC monthly business meeting is on Monday, November 7, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)
All members are welcome

NOTES FROM THE PRESIDENT

It's Turkey Trot time again and this year I need help ... from every one of you if possible. Not the volunteering kind, I think we are OK in that department ... I need more runners. For one thing, more participation will help justify the cost of additional port-a-potties; and let's face it, bigger crowds just seem to have more fun.

Our continuing goal at this event is to make it more "family friendly" each year. Therefore I urge each of you to get more friends and family (including extended family such as neighbors, co-workers, church friends, cellmates, etc.) to run before they begin feasting ... just for the spirited fun of it. Last year the patriarch of one family unit of 11 told me that anyone who doesn't run doesn't eat (and no one in his group was a Club member).

To further encourage this holiday atmosphere we are expanding our family team competition to include any group of four or more who share a recognizable common union such as school, health club, church, WWI Cavalry Unit, etc. Also, every child 12 and under will get a medal and a whole bunch of hoots and hollers from the crowd. As always there will be great looking shirts, prizes, drawings and excessive doses of my sick humor during the awards presentation.

Try hard to be there, and try even harder to drag your friends and family along, even if they just come along as spectators. Together we can make this into a really fun event for everyone.

SYOTR, Ron

THE 24th ANNUAL RED RAIDER ROAD RACE
MACKENZIE PARK ALTERNATE COURSE, Benefiting the WTRC Scholarship Fund
Lubbock, Texas October 15, 2005

10K RESULTS

Place	Name	Div	Ag	S	Town	St	10k	Pace
1	MICHAEL SANG	M2529	27	M	LUBBOCK	TX	34:20	5:32
2	JOHN PRYOR	M2024	23	M	LUBBOCK	TX	39:44	6:24
3	KIRK HESSE	M2024	20	M	BROWNFIELD	TX	39:45	6:24
4	RICHARD LOMBARDINI	M2529	29	M	LUBBOCK	TX	41:30	6:41
5	JON CYPERT	M1619	17	M	ABERNAUTHY	TX	42:15	6:48
6	JARED MASOOD	M2529	26	M	LUBBOCK	TX	42:22	6:49
7	ADAM BARRON	M4044	42	M	LUBBOCK	TX	42:22	6:50
8	JULIE WALL	F2024	23	F	LUBBOCK	TX	42:28	6:50
9	CHRIS LONNGREN	M4549	46	M	LUBBOCK	TX	42:40	6:52
10	RICHARD AKERS	M5054	50	M	LUBBOCK	TX	42:49	6:54
11	EDDY MORELOCK	M3034	34	M	LUBBOCK	TX	43:00	6:56
12	LAWRENCE SCHOVANEC	M5054	52	M	LUBBOCK	TX	43:34	7:01
13	JERRY DWYER	M4549	46	M	LUBBOCK	TX	43:34	7:01
14	JASON MENDOZA	M2024	20	M	LUBBOCK	TX	43:51	7:04
15	MICHAEL SANG	M1315	15	M	AMARILLO	TX	44:02	7:06
16	KELLEY LITTSCH	M4549	45	M	RANSOM CANYON	TX	44:05	7:06
17	ZACH MANNING	M2024	24	M	CORPUS CHRISTI	TX	44:27	7:10
18	JOSH MENDEZ	M1619	16	M	LUBBOCK	TX	44:36	7:11
19	IRIS RIVERO	F3034	30	F	LUBBOCK	TX	44:49	7:13
20	GUS OCHOTORENA	M3539	39	M	ALBUQUERQUE	NM	44:50	7:13
21	EDITH MACIAS	F1619	16	F	LUBBOCK	TX	45:01	7:15
22	BOB BLAKE	M4044	41	M	LUBBOCK	TX	45:38	7:21
23	JOSEPH WILSON	M5054	50	M	LUBBOCK	TX	45:44	7:22
24	RANDY HOLLOWAY	M4549	49	M	LUBBOCK	TX	46:27	7:29
25	RICK LILES	M4549	48	M	BIG SPRING	TX	46:35	7:30
26	JEFFREY HAAG	M3539	36	M	LUBBOCK	TX	46:37	7:31
27	JASON FELLERS	M2529	25	M	LUBBOCK	TX	46:45	7:32
28	ANDY WILSON	M4044	42	M	LUBBOCK	TX	46:52	7:33
29	PAUL HERMANN	M5559	57	M	AMARILLO	TX	47:04	7:35
30	KEVIN HERMANN	M4044	42	M	MIDLAND	TX	47:27	7:39
31	KAYLA MCCUTCHIN	F1619	17	F	LUBBOCK	TX	47:34	7:40
32	TODD CEPICA	M3539	38	M	LUBBOCK	TX	47:47	7:42
33	JASON HODGES	M3034	34	M	LUBBOCK	TX	47:56	7:43
34	PAUL PARE	M4044	43	M	LUBBOCK	TX	47:58	7:44
35	LETITIA KINGSTON	F3539	35	F	NEW ORLEANS	LA	48:01	7:44
36	RUSSEL MARTIN	M4549	47	M	SHALLOWATER	TX	48:13	7:46
37	SARAH SKELTON	F3034	31	F	LUBBOCK	TX	48:19	7:47
38	REBECCA WARMINSKI	F2024	21	F	LUBBOCK	TX	48:55	7:53
39	AMANDA HERMANN	F3539	39	F	MIDLAND	TX	49:00	7:54
40	MARK BELCHER	M3034	32	M	LUBBOCK	TX	49:03	7:54
41	JASON BURLEY	M2529	29	M	BROWNFIELD	TX	49:16	7:56
42	SUZANNE RODRIGUEZ	F3539	35	F	LUBBOCK	TX	49:18	7:56
43	LES HAFCH	M4044	42	M	LUBBOCK	TX	49:41	8:00
44	MARSHALL NELSON	M5054	52	M	LUBBOCK	TX	49:45	8:01
45	TRACY MACK	M4044	40	M	LUBBOCK	TX	49:49	8:01
46	GAGE HERMANN	M1619	16	M	MIDLAND	TX	49:55	8:02
47	FRED WEBER	M5054	54	M	LUBBOCK	TX	50:11	8:05

105	BRYAN BRAZELTON	7	M2529	26	M	LUBBOCK	TX	1:03:01	10:09
106	JIMMY CLARK	9	M5054	54	M	LUBBOCK	TX	1:03:07	10:10
107	SHERRY GILBERT	9	F3539	35	F	LUBBOCK	TX	1:03:47	10:16
108	MICHELE HINER	9	F3034	33	F	LUBBOCK	TX	1:03:48	10:16
109	TERRI KNIGHT	10	F3539	39	F	ABERNATHY	TX	1:05:16	10:31
110	KIM COLLINS	11	F3539	39	F	PORTALES	NM	1:07:11	10:49
111	ROSE HOEVE	12	F3539	38	F	RANSOM CANYON	TX	1:08:10	10:59
112	RICHARD LAMPE	2	M6064	61	M	LUBBOCK	TX	1:08:10	10:59
113	EYTA MAYER	1	F3559	56	F	LUBBOCK	TX	1:14:53	12:04
114	PRESTON SMITH	4	M5559	59	M	LUBBOCK	TX	1:21:55	13:11

5K RESULTS

Place	Name	Div	Ag	S	Town	St	5k	Pace	
1	STEVEN MORALES	1	M2024	20	M	LUBBOCK	TX	17:23	5:36
2	JOHN KEITH	1	M1619	16	M	LUBBOCK	TX	18:28	5:57
3	JACKIE CANNON	1	M4549	49	M	AMARILLO	TX	19:19	6:13
4	THOMAS CHERRY	2	M1619	17	M	LUBBOCK	TX	19:51	6:24
5	MADISON LEAVERTON	3	M1619	16	M	LUBBOCK	TX	19:54	6:25
6	MARRAY MADDOX	1	M3539	35	M	LUBBOCK	TX	20:18	6:32
7	EPI AGUIRRE	2	M4549	47	M	LUBBOCK	TX	20:20	6:33
8	SCOTT WEBB	2	M2024	22	M	LUBBOCK	TX	20:24	6:34
9	JAY KEITH	3	M4549	47	M	LUBBOCK	TX	20:38	6:39
10	BRETT HART	1	M2529	26	M	LUBBOCK	TX	21:36	6:57
11	NICK RAMIREZ	4	M1619	16	M	ROPEVILLE	TX	21:37	6:58
12	HALEY HAVENS	1	F1315	13	F	ABERNATHY	TX	22:05	7:07
13	ANGIE SYNATZSKE	1	F2024	21	F	LUBBOCK	TX	22:08	7:08
14	CRAIG JACKSON	1	M4044	40	M	LUBBOCK	TX	22:49	7:21
15	JIM HARRIS	1	M6064	63	M	HOBBS	NM	22:50	7:21
16	GORDON HAVENS	2	M4044	40	M	ABERNATHY	TX	23:00	7:25
17	SARAH ROBERTS	2	F2024	22	F	LUBBOCK	TX	23:13	7:29
18	RONNIE PRIGG	1	M5054	54	M	LUBBOCK	TX	23:17	7:30
19	TATE CRISWELL	3	M2024	22	M	TULIA	TX	23:22	7:31
20	MIKE LAWSON	4	M4549	46	M	LEVELLAND	TX	23:31	7:35
21	DAVID WEAVER JR	2	M5054	54	M	LUBBOCK	TX	23:42	7:38
22	DANIEL GONZALES	3	M4044	40	M	LUBBOCK	TX	23:44	7:39
23	ALLI SCHUMANN	3	F2024	23	F	LUBBOCK	TX	23:48	7:40
24	CHRISTOPHER LASCANO	1	M1315	13	M	LUBBOCK	TX	23:55	7:42
25	DEAN DIERSING	4	M2024	24	M	LUBBOCK	TX	23:57	7:43
26	JESSICA WALL	1	F1619	18	F	LUBBOCK	TX	23:58	7:43
27	COURTNEY MANN	2	F1315	13	F	ABERNATHY	TX	24:06	7:46
28	MATTHEW JORDAN	2	M3539	39	M	LUBBOCK	TX	24:08	7:46
29	DAVID HIGGINS	3	M5054	53	M	LUBBOCK	TX	24:13	7:48
30	MAECEE MCCLENNNEY	1	F0112	12	F	ABERNATHY	TX	24:15	7:49
31	CAYLENE CADDELL	1	F5054	53	F	LUBBOCK	TX	24:24	7:51
32	SHELBEY HAVENS	2	F0112	12	F	ABERNATHY	TX	24:26	7:52
33	SHELBY ALMANZA	3	F0112	12	F	ABERNATHY	TX	24:32	7:54
34	CASEY MCGILL	3	F1315	15	F	WOLFFORTH	TX	24:41	7:57
35	DALE JONES	2	M6064	63	M	LUBBOCK	TX	24:48	7:59
36	GORDEN JENKINS	1	M6569	65	M	AMARILLO	TX	24:51	8:00
37	LARRY DELFON	5	M4549	45	M	LUBBOCK	TX	24:54	8:01
38	JOHN DELANEY	4	M4044	41	M	LUBBOCK	TX	24:57	8:02
39	COLIN JACOBS	1	M0112	12	M	LUBBOCK	TX	25:00	8:03
40	MORGAN LUTRICK	4	F0112	12	F	ABERNATHY	TX	25:01	8:03

48	DAWN WEIR	1	F2529	27	F	SAN ANGELO	TX	50:25	8:07
49	DAVID MALONE	7	M4549	48	M	LUBBOCK	TX	50:33	8:09
50	STEVEN ODORLIZZI	8	M4044	43	M	LUBBOCK	TX	50:36	8:09
51	OLIVER JACKSON	4	M1619	18	M	ABERNATHY	TX	51:02	8:13
52	STEPHEN YBARRA	4	M3034	30	M	LUBBOCK	TX	51:11	8:15
53	DEBBIE KING	4	F3539	37	F	NAZARETH	TX	51:28	8:17
54	VAN JOSSELET	6	M5054	52	M	DALHART	TX	51:32	8:18
55	MAURA CRAWFORD	5	F3539	38	F	LUBBOCK	TX	51:38	8:19
56	RALPH WOLF	1	M6569	68	M	ABERNATHY	TX	51:38	8:19
57	HAROLD TERRY	8	M4549	46	M	PORTALES	NM	51:45	8:20
58	KEVIN WASS	5	M3034	34	M	LUBBOCK	TX	51:49	8:21
59	MINDY HATCH	1	F4044	44	F	LUBBOCK	TX	52:12	8:25
60	KERRY BLANTON	3	F3034	30	F	WOLFFORTH	TX	52:54	8:31
61	RONNIE NUGENT	2	M5559	58	M	LUBBOCK	TX	52:55	8:31
62	BOYD FINCH	6	M2529	26	M	LUBBOCK	TX	53:29	8:37
63	LACIE FUSTON	3	F2024	21	F	LUBBOCK	TX	53:43	8:39
64	ERIN HICKS	4	F2024	20	F	LUBBOCK	TX	54:13	8:44
65	LYNN HELMSTETTLER	5	F2024	24	F	LUBBOCK	TX	54:29	8:47
66	JAMES HERMANN	9	M4044	44	M	OVERLAND PARK	KS	54:30	8:47
67	PAIGE ALLEN	2	F2529	26	F	LUBBOCK	TX	54:32	8:47
68	COURTNEY FAULK	6	F2024	22	F	LUBBOCK	TX	54:59	8:51
69	JAMES BURLESON	1	M6064	63	M	LUBBOCK	TX	55:25	8:55
70	DIANDRA RUTLEDGE	3	F2529	26	F	LUBBOCK	TX	55:37	8:57
71	DUG MCALPINE	9	M4549	46	M	LUBBOCK	TX	55:45	8:59
72	DIANNE ANDERSON	1	F5099	63	F	LUBBOCK	TX	55:52	9:00
73	MIKE HATLEY	10	M4549	49	M	SWEETWATER	TX	56:14	9:03
74	JOHN CAGLE	11	M4549	49	M	LUBBOCK	TX	56:14	9:03
75	KAENA ROBERTSON	4	F2529	26	F	SAN ANTONIO	TX	56:24	9:05
76	BRANDY KEY	4	F3034	33	F	LUBBOCK	TX	56:25	9:05
77	DAVID MANGOLD	3	M5559	57	M	LUBBOCK	TX	56:33	9:06
78	BILL ROGER SR	2	M6569	66	M	LEVELLAND	TX	57:17	9:14
79	ASHLEY ADAMSON	7	F2024	23	F	LUBBOCK	TX	57:26	9:15
80	MALINDA COLWELL	5	F3034	32	F	LUBBOCK	TX	57:46	9:19
81	DENNIS BOEDEKER	12	M4549	47	M	PEARLAND	TX	57:49	9:19
82	MITCH MONROE	13	M4549	45	M	LUBBOCK	TX	57:59	9:20
83	MARS BENNETT	2	F4044	42	F	LUBBOCK	TX	58:21	9:24
84	SANDY PETERS	14	M4549	45	M	SHALLOWATER	TX	58:28	9:25
85	CHERYL WEBER	1	F5054	52	F	LUBBOCK	TX	58:37	9:26
86	DAHLIA HOOD	1	F4549	46	F	LUBBOCK	TX	58:49	9:28
87	DWAYNE OAKELEY	15	M4549	49	M	LUBBOCK	TX	59:06	9:31
88	SUZIE HARTSFIELD	3	F4044	43	F	LUBBOCK	TX	59:14	9:32
89	MISTY HODSON	6	F3539	36	F	LUBBOCK	TX	59:14	9:32
90	KRISTI LATHAM	8	F2024	22	F	LUBBOCK	TX	59:27	9:35
91	TRACI PAYNE	6	F3034	32	F	LUBBOCK	TX	1:00:11	9:41
92	EDWINA TOWNSEND	4	F4044	43	F	LUBBOCK	TX	1:00:16	9:42
93	MIKE MORRIS	7	M5054	50	M	COLUMBIA	MO	1:00:19	9:43
94	JIM WILHELM	8	M5054	54	M	LUBBOCK	TX	1:00:35	9:45
95	KELTHA HILL	7	F3539	35	F	SEMINOLE	TX	1:00:40	9:46
96	TIM HILL	4	M3539	36	M	SEMINOLE	TX	1:00:40	9:46
97	JENNIFER PAGE	5	F2529	25	F	SEMINOLE	TX	1:00:41	9:46
98	KIM FRICK	7	F3034	31	F	LUBBOCK	TX	1:01:13	9:52
99	LOURDES JUAN	8	F3539	39	F	LUBBOCK	TX	1:01:43	9:56
100	MARIANNE FALLS	9	F2024	21	F	LUBBOCK	TX	1:01:49	9:57
101	CHRISTY GENENBACHER	2	F5099	60	F	LUBBOCK	TX	1:01:49	9:57
102	CHRISTINA TRUITT	6	F2529	25	F	LUBBOCK	TX	1:02:05	10:00
103	KERRY GILBERT	5	M3539	36	M	LUBBOCK	TX	1:02:15	10:01
104	TIFFANY NILES	8	F3034	31	F	PLANO	TX	1:02:48	10:07

47	WHITNEY FORD	4	F1315	13	F	ABERNATHY	TX	25:46	8:18
48	K'LEA MILLS	5	F1315	13	F	ABERNATHY	TX	25:47	8:18
49	J.R. MORALES	7	M4044	41	M	LUBBOCK	TX	26:01	8:23
50	CARLOS GARCIA	1	M5559	56	M	LUBBOCK	TX	26:05	8:24
51	ANTHONY PEREZ	3	M1315	15	M	LUBBOCK	TX	26:18	8:28
52	MICHAEL JOHNSON	3	M3539	38	M	CROSBYTON	TX	26:19	8:29
53	LISA BYLUND	1	F2529	25	F	LUBBOCK	TX	26:22	8:30
54	KEVIN CARLISLE	3	M0112	10	M	ABERNATHY	TX	26:22	8:30
55	LARRY BURELSMITH	2	M5559	56	M	LUBBOCK	TX	26:28	8:32
56	ARCHIE MOORE	8	M4044	44	M	LUBBOCK	TX	26:32	8:33
57	NOEL CLEVELAND	1	F3039	36	F	LUBBOCK	TX	26:39	8:35
58	MILDRED MCGILL	1	M4044	44	F	WOLFFORTH	TX	26:40	8:35
59	MATTHEW MILLER	3	M2529	26	M	LUBBOCK	TX	26:43	8:36
60	PARKER HUTTO	4	M0112	9	M	LEVELLHILL	TX	27:20	8:48
61	JAMES DECKER	9	M4044	44	M	LUBBOCK	TX	27:23	8:49
62	BUDDY HUTTO	10	M4044	44	M	LEVELLHILL	TX	27:24	8:50
63	MARTIN HIGGINS	11	M4044	40	M	LUBBOCK	TX	27:33	8:52
64	JIM DEMBOWSKI	4	M5054	52	M	LUBBOCK	TX	27:36	8:53
65	WILL STROMBERG	5	M3539	37	M	LUFKIN	TX	27:51	8:58
66	JENNIFER RIOS	6	F1315	15	F	LUBBOCK	TX	28:07	9:03
67	J. EDSON PINTO	12	M4044	43	M	LUBBOCK	TX	28:07	9:03
68	CAROLINE OWEN	5	F0112	10	F	ABERNATHY	TX	28:26	9:10
69	ISAAC MUNOZ	5	M5054	50	M	LUBBOCK	TX	28:33	9:12
70	CLYDE WHITTEN	6	M4549	47	M	PAMPA	TX	28:48	9:17
71	ROBERT HARDWICKE	5	M0112	12	M	LUBBOCK	TX	29:30	9:30
72	BRIAN OWEN	6	M3539	35	M	LUBBOCK	TX	29:40	9:33
73	HANNAH LAYMAN	6	F0112	12	F	HEREFORD	TX	29:57	9:39
74	JAMES LAYMAN	7	M3539	39	M	HEREFORD	TX	29:58	9:39
75	SUSAN RUSSELL	7	F1315	15	F	LUBBOCK	TX	29:59	9:39
76	DALLAS VAUGHN	6	M5054	52	M	ODONELL	TX	30:01	9:40
77	BRIDGET YOUNGBLOOD	2	F1619	16	F	ABERNATHY	TX	30:02	9:40
78	SHAY STEPHENSON	3	F1619	17	F	ABERNATHY	TX	30:03	9:41
79	RACHEL BOUNDS	8	F1315	13	F	ABERNATHY	TX	30:07	9:42
80	SONIA BASORA	1	F2024	22	F	LAWTON	OK	30:07	9:42
81	ANA BASORA	1	F3034	31	F	LAWTON	OK	30:08	9:42
82	ASHLEY LEWIS	9	F1315	14	F	LUBBOCK	TX	30:16	9:45
83	KELLY CARLISLE	8	M3539	39	M	ABERNATHY	TX	30:18	9:46
84	DANIEL TEDESCO	1	M3034	33	M	NEW YORK	NY	30:20	9:46
85	JENNIFER GRAY	2	F2529	25	F	LUBBOCK	TX	30:27	9:49
86	GENTRY SMITH	5	F2024	23	F	LUBBOCK	TX	30:29	9:49
87	THOMAS WORD	2	M6569	68	M	LUBBOCK	TX	30:50	9:56
88	DEBBIE CRISWELL	2	F4044	42	F	TULIA	TX	30:59	9:59
89	CHARLIE NEEDHAM	13	M4044	43	M	LUBBOCK	TX	31:03	10:00
90	LISA GARNER SANTA	1	F3539	37	F	LUBBOCK	TX	31:19	10:05
91	SUSAN WASS	2	F3539	36	F	LUBBOCK	TX	31:20	10:05
92	PHILIP MOORE	6	M0112	12	M	LUBBOCK	TX	31:22	10:06
93	SHYNIIRA BELL	4	F1619	17	F	LUBBOCK	TX	31:38	10:11
94	JAIME CANTU	4	M2529	28	M	LUBBOCK	TX	32:04	10:20
95	TAMMY JOHNSON	3	F4044	41	F	LUBBOCK	TX	32:35	10:30
96	BONNIE WATTS	4	F4044	44	F	LUBBOCK	TX	33:12	10:42
97	FRANK VALLIE	7	M5054	52	M	DENVER CITY	TX	33:45	10:52
98	SUSAN TOMLINSON	1	F4549	48	F	LUBBOCK	TX	33:56	10:55
99	JILL HAUKOS	5	F4044	41	F	LUBBOCK	TX	33:56	10:56
100	BOB BROSELOW	3	M6569	65	M	LUBBOCK	TX	34:04	10:58
101	KYLE MILLS	7	M0112	9	M	ABERNATHY	TX	34:21	11:04
102	ELIZABETH MESKER	6	F2024	24	F	LUBBOCK	TX	34:24	11:05
103	RANDY EGENBACHER	8	M5054	50	M	LUBBOCK	TX	34:34	11:08
104	ELAINE VALLIE	3	F2529	28	F	GARLAND	TX	34:48	11:12
105	JACK HUMPHREY	8	M0112	9	M	LUBBOCK	TX	35:08	11:19

106	MICHAEL HUMPHREY	9	M3539	39	M	LUBBOCK	TX	35:34	11:27
107	SUZAN CAUDLE	2	F5054	52	F	LUBBOCK	TX	35:35	11:27
108	PETER BURW	2	M3034	30	M	LUBBOCK	TX	35:51	11:33
109	JAMIE SIMS	4	F2529	28	F	DALLAS	TX	35:57	11:35
110	SEAN PASMORE	2	F4549	49	F	PAMPA	TX	36:19	11:42
111	KEVIN PICKRELL	7	M4549	46	M	LUBBOCK	TX	37:22	12:02
112	JOSIE ALEMAN	3	F5054	54	F	LUBBOCK	TX	37:25	12:03
113	KENNETH CALHOUN	14	M4044	43	M	LUBBOCK	TX	38:51	12:30
114	ANDREW HA	5	M2529	27	M	LUBBOCK	TX	38:52	12:31
115	ANNA FARGASON	2	F3034	32	F	LUBBOCK	TX	38:53	12:31
116	CINDY TAYLOR	3	F3034	33	F	LUBBOCK	TX	39:11	12:37
117	STEPHANIE GRAY	3	F3539	37	F	LUBBOCK	TX	39:12	12:38
118	TRISH MORRISON	4	F3034	33	F	LUBBOCK	TX	39:44	12:48
119	ALYSSA NATAL	7	F0112	12	F	ABERNATHY	TX	39:45	12:48
120	ELIZABETH LINDER	4	F5054	51	F	SLATON	TX	39:48	12:49
121	CAMERON WOOD	9	M0112	10	M	LUBBOCK	TX	40:50	13:09
122	ABRIELLE FLORES	10	F1315	14	F	LUBBOCK	TX	44:44	14:24
123	KENNA CHRISTOPHER	5	F1619	17	F	ABERNATHY	TX	55:55	18:00
124	STACEY KINAST	6	F1619	17	F	ABERNATHY	TX	55:55	18:00
125	ASHLEE FORD	7	F1619	16	F	ABERNATHY	TX	55:59	18:02

RED RAIDER ROAD RACE DIRECTOR'S REPORT

The 24th Annual Red Raider Road Race was held at Mackenzie Park on homecoming day, October 15 instead of the campus because of the early kickoff for the Kansas State football game. The weather was gorgeous there was a light wind and mild temperatures. Participation was outstanding considering that the race was held at Mackenzie Park and the kickoff was scheduled for 11 in the morning. The overall 10K winners were Julie Wall (42:28), it should be noted that she was also last years winner, and Michael Song (34:20). The 10K masters winners were Diane Anderson (55:52) and Richard Ackers (42:49). The overall 5K winners were Steven Morales (17:23) and Haley Havens (22:05). Haley is only 13 years old. The 5K masters winners were Caylene Caddell (24:22). Caylene was also last years 5K masters winner and Jackie Cannon (19:19).

As all of you probably know, the RRRR is our club's annual fundraiser held for the special purpose of supporting our scholarship fund. Thanks to our sponsors, we have been able to award four scholarships this year to deserving students attending Texas Tech. We wish to extend our sincere appreciation to the sponsors that have been such a wonderful help. These include the Texas Tech Alumni Association, The Southwest Regional Wound Care Center (Dr. Randall Wolcott), Cardinal's Sports Center, Nate Wilson and the Center for Orthopedic Surgery, Brunson Brick & Stone, Pan Tex Plywood and Lumber Co., Stock Building Supply, P. J. Mitchell, and State National Bank.

A hearty "thank you" is extended to Mike Trevino and his staff at Run Tech who once again his doors and pitched in the week of the race to facilitate registration and packet pickup. Special thanks go out as always to all the volunteers that worked so diligently and well to pull this event off. Both Susan Caudle and Tom Griffin deserve particular recognition as they both gave up a day of vacation and both were invaluable in making the race a success. Thank you Susan and Tom! Susan Caudle handled the race registration. Tom Griffin and David Higgins handled the scoring duties. George Jury and Dwayne Oakley handled the course setup. Mike Morris supplied the water and Tom Weis supplied the post-race food. Tom's efforts were above and beyond the call of duty, since he not only provided the post-race food but he also had to host an affair for his company that same morning. Ron Lubowicz worked tirelessly helping with a number of details prior to race day. A special thank you goes out to Mike Kelly, Madone Winner, Tony Alemon, Dick Baker, P. J. Mitchell, Larry Byrd, Debbie and Wade Wilson.

Our thanks go out to the National Student Speech and Hearing Association of Texas Tech. These student volunteers manned the water stations and served as course marshals. Moreover, the stipend their club receives from us provides for indigent care at the speech and hearing clinic; a worthy cause indeed. A special thanks for Jake Schwam of Broadway Bikes who led the way. Finally, we appreciate the participation of the scholarship recipients who helped with directing roadway runners to Mackenzie Park. We heard plenty of positive comments about the race. It wouldn't have been possible without the help of the volunteers and without everyone's participation in the race. So, make plans to attend next year's Red Raider Road Race.

Sam Prose, Race Director

W.R.T.C. 2005 CHALLENGE SERIES
STANDINGS AFTER 10 EVENTS

MALE

YTD TOTALS				YTD TOTALS			
AGE	PTS	MILES	EVT	AGE	PTS	MILES	EVT
0 - 12 MALE							
Luke Samarron	11	29	10	49	78	27.1	8
Jack Humphrey	9	13	7.1	46	67	30.5	7
D. Joseph Gonzales	10	10	2	49	66	81.9	10
16-19 MALE							
John Keith	16	60	24.3	45	58	45.5	6
Ed Roup	19	9	4	46	42	19.3	5
20 - 24 MALE							
Caleb Beck	20	37	21.3	48	27	42.7	6
Jeff Williams	20	36	17.2	46	22	26.5	4
Nick Rodina	23	21	11	48	22	64.9	10
Eric Abercrombie	23	18	11	46	20	15	3
25 - 29 MALE							
Jared Masood	25	44	26.2	48	15	9	2
Richard Lombardini	29	39	28.4	48	13	16.3	2
Greg Layton	25	32	27.3	47	2	5	1
Aaron Self	26	29	19.2				
Matthew Jordon	25	20	27.3				
Jerred Hurst	25	18	11				
30 - 34 MALE							
Tim Radkey	31	65	61.9	60	69	51.6	8
Chance Payton	30	31	13.2	63	68	63.8	10
Glen Pokikuhua	33	20	13	52	66	61.6	7
Jeff Baker	30	10	4	60	48	18	6
Pete Torres	33	10	2	53	41	26.4	6
Jason Helton	32	9	9	50	34	64.7	9
David Moya	31	7	9	50	26	10	3
35 - 39 MALE							
James Layman	38	62	34.1	53	24	64	8
Michael Humphrey	39	41	22.3	52	12	5	2
Jeffrey Haag	36	19	11.2	51	8	2	1
Greg Hicks	35	16	7	50	7	5	1
40 - 44 MALE							
Adam Barron	42	88	65.9	55	71	64.7	9
Paul Pare	42	60	59.7	58	64	45.7	8
Daniel Gonzales	40	46	16.1	57	43	25.3	6
J. Edison Pinto	43	45	53.5	55	40	60.9	9
Bob Blake	40	33	31.4	57	40	52.5	7
Craig Jackson	40	27	21.1	56	15	22.4	3
Brad Ewing	41	23	15.2	58	10	2	1
Rudy Ramirez	40	19	9	55	0	70.9	10
Danny Sloan	40	18	4	56	0	61.6	9
Stacy Conner	41	17	20				

** = RACE DIRECTOR
* = VOLUNTEER

W.R.T.C. 2005 CHALLENGE SERIES
STANDINGS AFTER 10 EVENTS

MALE (continued)

60 - 64 MALE				65 - 69 MALE			
AGE	PTS	MILES	EVT	AGE	PTS	MILES	EVT
Jim Burleson	63	95	65.9	66	71	64.8	9
Jim Harris	62	90	49.1	68	60	32.4	6
Ron Lubowicz	61	19	37.6	65	57	38.6	6
Bob Broselow	64	15	6	65	18	15	2
Charles Reynolds	61	8	5	66	8	6.2	1
Larry Byrd	63	0	58.5	69	0	70.9	10
70 - 99 MALE							
Bill Felton	70	60	24.1	CLYDESDALE - age graded			
Don Sanderson	74	10	9.3	42	72	57.7	9
John Stalcup	71	10	5	39	50	33.7	5
Hugh Haynes	72	11	1	59	32	23.2	4
0 - 12 FEMALE							
Hanna Layman	12	79	32.1	44	25	33.3	4
Kyra Sloan	12	32	8	36	19	20.3	2
16 - 19 FEMALE							
Alyssa Preston	17	10	5	45	18	18.3	3
Krystal Hurt	18	10	2	60	17	9	2
20 - 24 FEMALE							
Rebecca Warminski	21	50	28.6	46	18	15	2
Meagan Mills	21	10	3	47	9	5	1
Nichole Wayland	20	9	4	49	0	40.5	5
Autumn Moore	23	8	4				
25 - 29 FEMALE							
Wendy Gilley	29	42	38.3	45	51	41.5	5
Page Tumlinson	27	31	17.2	45	30	13	4
Jenny Beck	25	29	16.3	48	27	8	3
Amy Harifen	28	17	6	46	20	12.2	2
Mandy Cleavinger-Helton	26	12	9	46	18	15	2
Deborah Dakin	25	10	4	47	9	5	1
Carrie Badillo	27	8	4	48	0	40.5	5
30 - 34 FEMALE							
Iris Rivero	30	72	44.7	52	81	55.8	10
Mallinda Colwell	32	32	35.7	52	50	44.7	7
Heather Selmas	30	9	4	51	48	23.2	5
Sara Silva	33	7	4	52	37	21.4	5
35 - 39 FEMALE							
Lisa Garner-Santa	37	67	39.3	53	26	45.3	9
LouAnna Arterburn	35	44	38.3	55	66	58.7	8
Lara Adair	38	18	15.5	56	40	25.4	4
Lourdes Juan	37	12	10.2	59	0	16.2	2
Ruth Mortenson	36	10	8				
Annette Burenheide	39	10	6				

** = RACE DIRECTOR
* = VOLUNTEER

WTRC #2

A Runner's Notes
October, 2005
By Jim Harris

When I first heard that the 24th Annual Red Raider Road Race would be moved from the Texas Tech campus, I was deeply disappointed. This is my favorite race of the year, I said to myself, and they are not going to have it on the course I have run every year for over a decade? For weeks I had been planning what my times would be at several points on the familiar campus course. I was wanting to win the Master's trophy, and this just couldn't be happening to me.

Well, the alternate course 2005 RRRR turned out to be a fine race after all, with the West Texas Running Club crew doing their usual excellent job, this time under some trying circumstances. Driving away from Mackenzie Park Saturday morning, I started thinking about running in different places and about the importance for me of taking new routes. Although consistently running a familiar track might be the best way to increase speed and improve times, I enjoy running along different roads. In fact, if I could figure out a way to do it, I would take a different path each time I run.

Looking back over the years (I have been running since 1975, although I did not start racing until 13 years ago when I joined the WTRC) my most memorable runs and races have been those in unique settings. I have run in at least 20 states, including Alaska and Hawaii, 5 Canadian provinces, two Mexican states, and several South Pacific islands, Tahiti and Bora Bora to name just two.

Running always puts me in a receptive mood. During and after a run, particularly after a vigorous one, I tend to notice more. I'm much more conscious of the world I'm traveling through. I'm sure physiologists and psychologists have explanations for how this can happen, but it does happen regularly. And when it does, when I am in one of those euphoric states, I am inclined to celebrate. Now, "celebration" is one of my favorite words. I associate it with words such as "festivity" and "merrymaking" and "ceremony" and "rejoicing." And I think of the word as being connected to family, neighbors, colleagues, and friends.

Following our RRRR in Mackenzie Park, I concluded that running is not just a prelude to a celebration but is a celebration itself. No matter if the run is for a trophy in a Las Vegas televised race or just to get the joints limber on a sleepy Sunday morning in New Mexico, running is a celebration. It's a party, a festival, a gala, a ceremony, a commemoration, and there ought to be trumpets and drums at each race the WTRC puts on.

The 2005 RRRR, held on October 15, was a good party, and I want to thank Sam and all the WTRC workers who helped make it a gala to remember. They made it the greatest RRRR ever. And I would also like to thank my wife Mary for being there with me while I ran Saturday morning. This was an especially fine time for us. October 15, 2005, was our 40th wedding anniversary, and I was in one of my post-run highs even before the race started. We were already celebrating.

If I had won the Master's plaque (instead of that spoilsport Jackie Cannon) I would have taken the microphone from Sam (well, Sam didn't have a microphone)...anyway, I would have taken it from him and told the hundreds of visitors in Mackenzie Park that even after 40 years Mary is still the most beautiful person I have ever seen.

WEST TEXAS RUNNING CLUB'S 33rd ANNUAL

BUFFALO WALLOWHALF MARATHON and 2 MILE RACES

THE MOST CHALLENGING HALF-MARATHON COURSE IN TEXAS
USA TRACK & FIELD Certified, #TX93078ETM

EVENT # 11 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, NOVEMBER 12, 2005
PRE-REGISTRATION by mail, e-mail or phone prior to 6pm, Friday, November 11th,
REGISTRATION: 8:00 to 8:45 A.M., On Site
RACE START: 9:00 A.M.

Please park in the church parking lot
for registration

WHERE: BUFFALO SPRINGS LAKE

East of Lubbock on FM 835 (50th Street) then South on FM 835 to entry gate.

An entry fee of \$2.00 per person is required to enter BUFFALO SPRINGS LAKE PARK (65 years and up is \$1.00) This is \$1.00 off the regular gate fee

COURSE: ASPHALT ROAD ALL THE WAY; THE TWO MILE COURSE IS OUT and BACK, FLAT
THE HALF MARATHON IS A DOUBLE LOOP OF THE LAKE WITH 3 CHALLENGING HILLS

AID STATIONS: At 2.5, 5, 7, 9.3 and 11.5 MILES
Splits at 1 and 5 Miles

AGE DIVISIONS:

MEN: 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49;
50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49;
50-54; 55-59; 60 Plus

(Special 6-12, 13-15 & 16-19 age groups in the 2 Mile)

AWARDS: A UNIQUE "Buffalo" MEDAL WILL BE AWARDED to at least the first three finishers in THE AGE GROUP DIVISIONS DESCRIBED ABOVE and up to 50% of each group

ENTRY FEE: W.T.R.C. MEMBERS \$ 5.00

OTHERS \$ 6.00

Race Day, \$ 10 everyone

e-mail twreis@unitedtexas.com

RACE DIRECTOR: Tom Weis, 928-0482(h)

2005 West Texas Running Club 13th Annual Turkey Trot

12 Kilometer (7.456 miles) and 2 Mile Races USA T&F Certified, #TX01099ETM Sponsored by SCHLOTZSKY'S DELI

Date: Thanksgiving Day, November 24, 2005 **Race Time:** 9:00 A.M.

Location: Outdoor Center at Broadway (in MacKenzie Park)

Awards: 1st, 2nd, & 3rd place for both races in each age group
Special Awards for Overall Male and Female winners in both races

Race Divisions: Male 13-15 Female 13-15
 16-19 20-24 25-29 30-34 16-19 20-24 25-29 30-34
 35-39 40-44 45-49 35-39 40-44 45-49
 50-54 55-59 60-64 65-69 70+ 50-54 55-59 60+

NOTE: 2 mile race will also have 10 & under, 11-12, 13-15, & 16-19 for male & female.

Also, special team categories in the 2 Mile, family, business, school, etc.

Pre-Registration: \$15 for either race (\$12 for WTRC members)-before November 23rd

Race Day Registration: Beginning at 7:45 A.M until 8:40 A.M. only

\$ 20 registration on day of race for everyone

T-shirts guaranteed for 1st 300 entrants

For more information call **Ron Lubowicz (H) 748-1855 (O) 632-4926**

Entry information E-mail, rungwj@aol.com

Send entries to: George Jury/ WTRC, 4808 50th St., Lubbock, TX 79414

Make checks payable to the West Texas Running Club.

Please register early! Complete addresses are needed as we must supply an entry list to RUNNER'S WORLD MAGAZINE .

Packets and T-Shirts will be available for pick up Monday - Wednesday Nov.21-23 at 4808 50th St

Cut off and return form below

Waiver Statement must be signed by all entrants

Waiver Statement: The sponsors of this race, including the West Texas Running Club, Best Bunz, Inc. dba Schlotzsky's Deli, all corporate sponsors, the employees, agents, or representatives of the same, or any volunteers shall not be responsible for, and shall be saved and held harmless by myself from and against any and all claims and damages of every kind, for injury to or death, of any person or persons and for damage to or loss of property, arising out of or attributed, directly or indirectly, to participate in the WTRC Turkey Trot. This indemnity shall extend to and shall be binding on my heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death and that proper physical training is necessary prior to such participation. This entry not valid unless signed by the entrant, Parent or guardian if runner is under 18 years old. RRCA rules prohibit skates, strollers, bicycles and pets on the course.

Signature of entrant _____ **Guardian signature** _____

Event: (Circle one) 12K 2 mile Sex: (Circle one) Male Female Age (on race day) _____

Adult T Shirt Size (Circle one) S M L XL Clydesdale/Athena _____ (Men >190#, Women >150#)
Child sizes S (6-8) M (10-12)

Name: _____ **Street Address:** _____

City: _____ **State:** _____ **Zip:** _____ **Phone No.** _____