

WEST TEXAS RUNNING CLUB

OFFICERS

President - Ron Lubowicz
(H) 748-1855 (O) 745-3955
E-mail: ronlubo@aol.com

Internal Vice-President - Madame Miner
(H) 797-7383
E-mail: m.miner@ttu.edu

External Vice-President - Randy Holloway
(H) 794-7512 (O) 771-0329
E-mail: randyholloway@sbcglobal.net

Secretary - Tom Weis
(H) 928-0482
E-mail: tweis@unitedtexas.com

Treasurer - David Higgins
(H) 785-8562 (O) 795-5823
E-mail: d_higgins69@hotmail.com

Immediate Past President - Mike Kelley
(H) 765-0441
E-mail: mkelleyrun@yahoo.com

DIRECTORS

Newsletter Director - Bill Felton
(H) 866-9300
E-mail: bicafelton@hotmail.com

External Race Director - Jay Keith
(H) 798-3909 (O) 796-7605
E-mail: jkeithjr@nts-online.net

Equipment Director - Dwayne Oakley
(H) 799-4473
E-mail: dsackeley@nts-online.net

Race Calendar Director - Suzan Caudle
(H) 799-3813
E-mail: suzieq5279407@yahoo.com

Membership Director - Sam Prose
(H) 794-0429
E-mail: scprose@hotmail.com

Internal Race Director - Tom Griffin
(H) 698-1503
E-mail: tomgrwp@hotmail.com

Club Historian - James Livermore
(H) 792-5815
E-mail: jlmore@nts-online.net

WTRC Web Address:
<http://wtrc.tripod.com>

W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.
The WTRC monthly business meeting is on Monday, June 6, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)
All members are welcome.

NOTES FROM THE PRESIDENT

Today I get to play the role of your mother. I will be telling you what is good for you, and, like any good mother, I will expect you to obey me. My message to you is simple, but I must make it loud in order to get your full attention. Summer is upon us and the sun stays out longer and hangs lower. Please, please, please ...

WEAR SUNBLOCK !!!

Over the past few years I have had almost 40 carcinomas removed either by surgery or by freeze scraping. 17 of them just a couple of weeks ago. Luckily, all of them have tested benign. My doctor simply smiles and says that I had put in too many miles wearing too little protection and skimpy shorts.

So listen to your mother! SYOTR, Ron

WEST TEXAS RUNNING CLUB'S 33rd ANNUAL HORSESHOE BEND CANYON SPRING FROLIC RACES

2 Mile, 6 Mile and 11 Mile Road Races
Slaton, Texas May 14, 2005

11 MILE OVERALL RESULTS

PLACE NAME	TOWN	ST	DIV	PLACE	AG	S	TIME	PACE
* 1 JERRY DWYER	LUBBOCK	TX	1	M4549	45	M	1:11:43	6:32
2 STUART ALLAN	LUBBOCK	TX	1	M2024	24	M	1:28:39	8:04
3 KYLE ASHLEY	LUBBOCK	TX	1	M4044	43	M	1:28:39	8:04
* 4 MARY ERANSOON	LUBBOCK	TX	1	F4549	45	F	1:29:49	8:10
5 PAUL PARE	LUBBOCK	TX	2	M4044	43	M	1:32:05	8:23
6 J. EDSON PINTO	LUBBOCK	TX	3	M4044	43	M	1:32:37	8:26
7 BOB BLAKE	LUBBOCK	TX	4	M4044	40	M	1:35:09	8:39
8 TIM RADKEY	LUBBOCK	TX	1	M3034	31	M	1:37:08	8:50
9 HANK IVEY	SLATON	TX	1	CLYDE	36	M	1:38:04	8:55
10 TYLER GREENFIELD	LUBBOCK	TX	2	M4549	48	M	1:38:26	8:57
11 JUDY LAWLEY	LUBBOCK	TX	1	F4044	40	F	1:39:18	9:02
12 GORDEN JENKINS	AMARILLO	TX	1	M6064	64	M	1:41:51	9:16
13 JEFF WISE	LUBBOCK	TX	2	CLYDE	42	M	1:46:25	9:41
14 MIKE MORRIS	COLUMBIA	MO	3	M4549	49	M	1:50:54	10:05
15 MIKE KELLEY	LUBBOCK	TX	1	M5559	56	M	1:50:57	10:06
16 STACY CONNER	MOLESHOE	TX	6	M4044	42	M	1:52:51	10:16
17 MARGA BENNETT	LUBBOCK	TX	2	F4044	41	F	1:55:52	10:32
18 WENDY GILLEY	LUBBOCK	TX	1	F2529	29	F	2:03:25	11:14
19 LOU ANNA ARTERBURN	LUBBOCK	TX	1	F3539	36	F	2:03:29	11:14
20 ARTIEL ALLERKAMP	LUBBOCK	TX	1	F2024	21	F	2:06:39	11:31
21 MIKE GREER	RANSOM CANYON	TX	1	M6569	66	M	2:08:28	11:41
22 MARTI GREER	RANSOM CANYON	TX	2	F4549	46	F	2:13:33	12:09

6 MILES OVERALL RESULTS

PLACE NAME	TOWN	ST	DIV	PLACE	AG	S	TIME	PACE
*# 1 ANTHONY HERR	PLAINVIEW	TX	1	M1619	18	M	33:59	5:40
2 BRANDON JOHNSON	LUBBOCK	TX	2	M1619	17	M	35:27	5:55
3 NICK RODINA	PLAINVIEW	TX	1	M2024	23	M	35:31	5:56
4 CUELT BEARDEN	LUBBOCK	TX	1	M3034	30	M	35:44	5:58
5 DREA SOUCY	LUBBOCK	TX	3	M1619	17	M	40:18	6:43
6 RICHARD LOMARDINI	LUBBOCK	TX	1	M2529	29	M	40:26	6:45
7 JAMES SODER	HALF CENNER	TX	2	M3034	33	M	41:13	6:53
8 DAVID WALKER	LUBBOCK	TX	2	M2529	29	M	42:03	7:01
9 JERRIED HURST	LUBBOCK	TX	3	M2529	25	M	42:104	7:01
10 EPI AGUIRRE	LUBBOCK	TX	1	M4549	46	M	42:23	7:04
11 JARED MASOOD	LUBBOCK	TX	4	M2529	25	M	43:22	7:14
12 NATAHN ABLES	LUBBOCK	TX	5	M2529	25	M	44:02	7:21
13 ERIC ABERCROMBIE	LUBBOCK	TX	2	M2024	23	M	44:13	7:23
14 ADAM BARRON	WOLFFORTH	TX	1	M4044	42	M	44:26	7:25
15 IRIS RIVERO	LUBBOCK	TX	1	F3034	30	F	44:54	7:29
16 WADE WILSON	LUBBOCK	TX	2	M4549	46	M	46:39	7:47
17 GREG LAYTON	LUBBOCK	TX	6	M2529	26	M	47:20	7:54
18 BECCA RAPSTINE	WHIYE DEER	TX	1	F1619	16	F	47:36	7:56
19 REBECCA WARMINSKI	LUBBOCK	TX	1	F2024	20	F	47:37	7:57
20 JOHN TROMPLER	LUBBOCK	TX	1	M5559	58	M	47:46	7:58
21 RICK SPERT	LUBBOCK	TX	3	M4549	49	M	48:19	8:04
22 DUSTY THOMPSON	LUBBOCK	TX	3	M3034	31	M	50:33	8:26
23 DAVID HIGGINS	LUBBOCK	TX	1	M5054	52	M	50:48	8:28
24 DANA PARRISH	LUBBOCK	TX	2	F1619	19	F	50:59	8:30
25 HOLLY WILLEN	LUBBOCK	TX	2	F2024	24	F	51:25	8:35
* 26 RALEPH WOLF	LUBBOCK	TX	1	M6569	68	M	52:45	8:48
* 27 MADONNE MAJNER	LUBBOCK	TX	1	F5054	52	F	53:37	8:57
* 28 DAVID MALONE	LUBBOCK	TX	4	M4549	47	M	53:38	8:57
* 29 BILL FELTON	LUBBOCK	TX	1	M7099	70	M	54:107	9:02
30 PATRICK ROGERS	PLAINVIEW	TX	7	M2529	27	M	54:112	9:02

WEST TEXAS RUNNING CLUB'S 33rd ANNUAL HORSESHOE BEND CANYON SPRING FROLIC RACES 6 MILE CONTINUED

Table with columns: PLACE NAME, TOWN, ST, DIV, PLACE, AG, S, TIME, PACE. Lists race results for 6-mile events, including names like Ronnie Nugent, Justin Pruitt, Victor Flores, etc.

2 MILE OVERALL RESULTS

Table with columns: PLACE NAME, TOWN, ST, DIV, PLACE, AG, S, TIME, PACE. Lists overall results for 2-mile events, including names like John Keith, Jackie Cannon, Rene Gonzales, etc.

* = New Age Group Standard # = New overall 6 Mile Record

W.R.T.C. 2005 CHALLENGE SERIES STANDINGS AFTER 5 EVENTS

Main standings table with columns: YTD TOTALS, AGE, PTS, MILES, EVT, VOL, MALE. Lists participants and their cumulative performance across 5 events, categorized by age group (0-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59).

** = RACE DIRECTOR * = VOLUNTEER

W.R.T.C. 2005 CHALLENGE SERIES
STANDINGS AFTER 5 EVENTS

60 - 64 MALE		MALE (continued)		65 - 69 MALE		AGE		PTS		MILES		EVT		VOL			
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Jim Harris	62	50	17	5		Bill Roger	65	46	25	5							
Jim Burleson	62	47	32.3	5		Ralph Wolf	67	30	15	3							
Gorden Jenkins	64	29	24.3	3		Mike Greer	65	18	15	2							
Bob Broselow	64	15	6	2		George Jury	68	0	37.3	5	*						
Ron Lubowicz	61	9	11	3	*	James Bone	66										
Charles Reynolds	61	8	5	1	*	Jimmie Key	66										
Larry Byrd	63	0	37.3	5	*												
						CLYDESDALE - age graded											
						Jeff Wise	41	36	37.3	5	*						
						Farrell Martin	38	30	21.3	3							
						Preston Smith	58	24	17	3							
						Hank Ivey	36	19	20.3	2							
						Richard Lampe	60	17	9	2							
						Jim Beck	44	15	23.3	3	**						
						David Baldwin	45	12	13.3	2							
						Bill Oates	62	10	6	1							
						Ed Dabrowski	46	0	5	1	*						

FEMALE

0 - 12 FEMALE		40 - 44 FEMALE		45 - 49 FEMALE		50 - 54 FEMALE		55 - 59 FEMALE		60 - 69 FEMALE		ATHENA					
NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL	NAME	AGE	PTS	MILES	EVT	VOL
Hanna Layman	11	47	17	5		Marsha Bennett	41	46	37.3	5							
Kyra Sloan	12	21	6	2		Kammy Philbrick	44	36	22.3	4							
						Judy Lawley	40	20	20.3	2							
						Becky Rowley	41	11	9.3	1							
						Melanie McVey	42	10	4	1							
						Ida Sumpter	44	0	24.3	3	*						
						16 - 19 FEMALE											
Krystal Hunt	18	10	2	1		Mary Branscome	45	21	20.3	2							
Alyssa Preston	16					Cynthia Pederson	45	20	10	3	*						
Melissa Doss	19					Marti Greer	46	18	15	2							
Meagan Mills	19					Martha Martinez	48	18	6	2							
						Dahlia Hood	46	10	6	1							
						Karen Jackson	47	9	5	1							
						20 - 24 FEMALE											
Rebecca Warminski	20	30	10	2		Shirley Wigley	50	39	17	4							
Nichole Wayland	20	9	4	1		Suzan Caudle	51	35	32.3	5	*						
Autumn Moore	23	8	4	1		Madonne Miner	52	20	20.3	3	*						
						Cheryl Weber	52	19	4	2							
						Josie Aleman	53	9	19	4	*						
						25 - 29 FEMALE											
Wendy Gilley	29	36	33.3	4		Elta Mayer	55	37	26.3	4							
Page Tunison	27	23	11	3		Sheril Easterling	55	20	13	2							
Jenny Beck	25	19	13.3	2		Mary Harris	58										
Deborah Dakin	25	10	4	1													
Carrie Badillo	27	8	4	1		60 - 69 FEMALE											
Amy Hanftien	28	7	4	1		P.J. Mitchell	60	20	37.3	5	*						
Mandy Cleavinger-Helton	26	5	4	1		Estella Galvan	61										
Angela Franco	27																
						30 - 34 FEMALE											
Iris Rivero	30	51	32.3	5													
Malinda Colwell	30	18	13.3	2													
Heather Salinas	30	9	4	1													
Sara Silva	33	7	4	1													
						35 - 39 FEMALE											
Lisa Gamer-Santa	36	37	15	4													
Louanna Arterburn	35	29	24	3													
Ruth Mortenson	36	10	8	1													
Annette Burenheide	39	10	6	1													
Lourdes Juan	37	9	4	1													
Lara Adair	38	8	9.3	1													
Lou Ann Arterburn	35	7	9.3	1													

** = RACE DIRECTOR
* = VOLUNTEER

Horseshoe Bend Canyon Spring Frolic Race Report

The 33rd Annual Horseshoe Bend Canyon race had great weather, a large turnout and several new records. We had 105 finishers—which was the highest since 1992. Horseshoe Bend Canyon is one of the prettiest early morning places in West Texas. Combine that with some of the most challenging hill running in West Texas and this is a 'can't miss' race for anyone in the area.

In the eleven mile event, Jerry Dwyer's 1:11:43 set a new age record in the 45-49 male division and Mary Branscome's 1:29:49 set a new record in the 45-49 female division.

Six mile records were: Anthony Herr, M16-19 and overall record, at 33:59. Ralph Wolf reset his M65-69 record to 52:45. Bill Felton set the 70+ record at 54:07 and Madonne Miner set the F50-54 record at 53:37 while not running hard in preparation for the Prague marathon.

Two mile records were: Cheryl Weber set the F50-54 record of 17:40 and Elizabeth Linder established an Athena record of 27:52.

We had a great group of volunteers and I want to thank them for getting to the Canyon early and doing a superb job: George Jury, Tony Aleman, Larry Byrd, Tom Weis, Tom Griffin, Richard Akers, Hugh Haynes, Lawrence Schovanec, Ida Sumpter, and P.J. Mitchell

Thanks again to everyone and I look forward to seeing you at the race next year.---Randy Holloway

SENIOR OLYMPICS

Are you, or any of your friends or relatives over 50 years old and interested in becoming a "Senior Olympian?" If so, you may be able to start competing right here in Lubbock at the West Texas Senior Sports Classic from Wed. August 24th - Saturday, August 27th and qualify for the Texas State Games in Austin from September 24th to October 2nd.

The way it works is this. Various local sites throughout Texas such as Dallas, Houston, Kerrville, San Antonio, Wichita Falls, etc. offer local competition in 15 sports or so for the first round of qualifying in a two step process to compete on the national level in the National Senior Games - Senior Olympics in 5 year age brackets, 50-54 to 100+.

Local and state games are held every year but national competition is held every other year in the "odd" years, i.e. 2005, 2007, 2009, etc. To have qualified for the National Games in Pittsburgh from June 3rd - June 18th next month, an athlete had to qualify in his sport(s) at the local and state level competitions in 2004.

will be determined by the younger player, e.g. I am 70 and have a 77 year old partner so we will be in the 70-74 table tennis competition in Pittsburgh.

The Texas delegation to Nationals has always been strong with our most recent showing in Hampton Roads, VA in 2003 being a good example. Of the 443 entries by Texans a total of 144 medals were won (gold, silver & bronze). We were the 9th largest delegation but came in 3rd in the medal count. We have some outstanding local runners in our Club who would do well on the national level. One of them is Ralph Wolf who came in 9th in the 1500 meters and 7th in the 10K road race in his first National Senior Olympic competition.

The first National Senior Olympics competition took place in St. Louis in 1987. There were just 2500 athletes on hand then compared to the record set in Orlando in 1999 with over 12,000 athletes. One reason is that the minimum age to compete is now 50, not 55, otherwise, I and others might have joined the program sooner. This will be my 8th of the 10 Nationals held thus far. But, let me assure you, competition is keen and I am far from winning anything. I have noticed the competition thinning out in some sports so I am hoping that time is on my side and maybe when I'm my mother's age (95) I might win something. In the meantime, I have to content myself with the camaraderie of fellow athletes from all over the country and knowing that the real winners are those who reach the starting line, not the finish line.----Bill Felton

News Items

Former club member Charles Thrasher, 74, died March 9 in Carrollton. Ordained to the ministry at Melwood Church in Brownwood in 1956, he was pastor of Pleasant Valley Church in Jonesboro, Emmanuel Church in Comanche, Calvary Church in Hamilton, Calvary Church in Seagoville, Kessler Park Church in Dallas, Hillcrest Park Church in Arlington, First Church in Borger, First Church in Levelland and First Church in O'Donnell, where he retired in 1995. He is survived by his wife of 52 years, Martha Joe; daughters Judy Thrasher and Ruth Sifford; son Charles; sister Lela Troy; and four granddaughters.

Jon Omdahl, former longtime cross country coach and his wife Becky are in retirement at Flint, TX, a part of Tyler, but are both teaching in a private school there. Jon was in Lubbock to help officiate with the Region 1-5A track and field meet April 29th and 30th. He dropped by to visit with Pat Jury as George was out of town for the weekend.

In addition to Track & Field, Triathlon, 5K & 10K Road Races, which most of our W.T.R.C. members have an active interest in, there are a dozen other sports in which one can compete at most local and all state games as well as the biennial national games. These other 12 sports are: archery, badminton, bowling, cycling, golf, horseshoes, race walk, racquetball, shuffleboard, tennis, swimming, and table tennis.

The Texas State Games are usually held at a centrally located site like Austin or Temple to be fair to those traveling from all parts of this humongous state. Lubbock, however, did host the Texas State Games in both 2001 and 2002 offering all 15 sports to comply with the national organization's standards. It is doubtful if we will ever be chosen again for such an honor due to our out-of-the-way location.

Unfortunately, the past 2 years have seen a huge retrenchment in our local West Texas Games to just 7 individual sports and no team sports. Our club directors are making a serious effort to at least reinstate the 5k & 10K road races. But, as we go to press, it is still not clear if these running events will be returned this year by the officials who run our local games. To make it easier to conduct these two races with man power, logistics, etc. we have suggested a combined 5K & 10K with runners in the 10K getting a split time for their 5K efforts if entered in both races. I recently ran in the Houston Games and this system worked well there so we know it can be done competently.

John Trompler, my Newsletter mentor, did an excellent job conducting both the 5K and 10K road races in 2001, and 2002 for the Lubbock State Games. I was also on the local committee those 2 years and ran the state championship- ships in table tennis. None of us will ever forget the horrendous news during our competition on that fateful day of 9/11/01.

In addition to the 15 individual sports there are also 3 team sports: basketball (3 on 3, half court), softball, and volleyball in age groups of 50+, 55+, 60+, 65+, 70+, and 75+. Only at the national level may an athlete compete in just two individual sports as well as two different team sports (not the same sport in two age groups). At the other two levels there is no limit. There is also doubles competition in badminton, bowling, racquetball, shuffleboard, table tennis and tennis with only racquetball & shuffleboard not offering mixed doubles along with men's and women's doubles.

In team sports the youngest player determines the age bracket for the team so if some 60-64 year olds form a team and find a 50 year old hotshot to play with them they must play in the 50+ age bracket - a high price to pay for a "young" player. In doubles competition a partner may also "play down" but the age group

WEST TEXAS RUNNING CLUB'S

26th Annual BOBEY BIRDSONG MEMORIAL LEVELLAND LOPE
10K and 2 MILE RACES

EVENT # 6 OF THE W.T.R.C. CHALLENGE SERIES

WHEN:

SATURDAY, June 11, 2005

REGISTRATION: 7:00 to 7:45 A.M., On Site

RACE START: 8:00 A.M.

PRE REGISTRATION: Available, fill out and return entry form or call George Jury 792-3291(d) or 792-1237 by 6pm, Friday the 11th, then pay fee race day
e-mail entries must be before 3pm, Friday (rungwj@aol.com)

WHERE: TEXAN DOME, South Plains College, Levelland Texas

From Lubbock, take Highway 114 West, turn left (South) on Sherman, drive two blocks south of the College Track

COURSE: Flat, both Races out and back on City Streets

AID STATIONS: At least, every 2 Miles

Splits at 1 Mile

AGE DIVISIONS: 10K

MEN: 13-15; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44;
45-49; 50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 13-15; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44;
45-49, 50-54; 55-59; 60 Plus

(Special 6-12, 13-15 & 16-19 age groups in the 2 Mile)

Clydesdales and Athena Age Graded

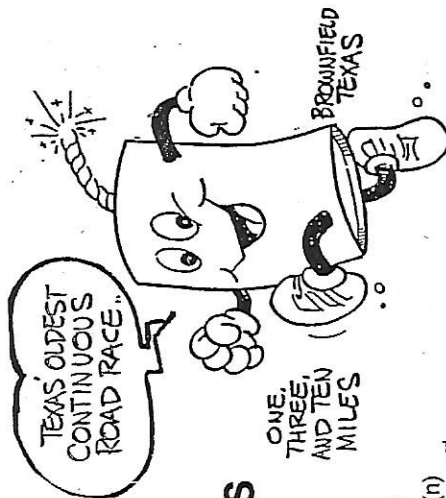
AWARDS: Medallions to at least the first three finishers in THE AGE GROUP DIVISIONS DESCRIBED ABOVE and up to 50% of each group (Maximum of 5)

ENTRY FEE: W.T.R.C. MEMBERS \$5.00

OTHERS \$6.00

Volunteers needed, call Race Day entry \$10 for all

RACE DIRECTOR: Bill Roger, 894-7911 (h),



FIRECRACKER RUN!

10

West Texas Running Club

proudly presents

36th ANNUAL FIRECRACKER RUNS

Monday, July 4th, 2005

Late registration: 7:00-7:45 am

Races Start: Children's 1 mile - 7:40 am
3 & 10 mile - 8:00 am

Please Pre-Register

Send in form or call before 6 pm, July 3rd
George W. Jury, 792-3291(d), 792-1237(n)
e-mail, rungwj@aol.com before 3pm on the 3rd

Terry County Park, Brownfield, Texas

From Lubbock on Hwy. 62, go to the stoplight at Buckley St. & turn left on to Old Lamesa Rd., turn right just past the swimming pool.

Entry Fees: Children's 1 mile run - \$1.00, 3 & 10 mile runs - \$5.00 for WTRC

Members and \$6.00 for non-members, Pre-Registration
Race Day Registration \$10.00 (3 & 10 Mile) for everyone

Special and unique commemorative medallions. Awards given to the first 3 in each age group and up to 5 of the contestants in each age group as listed below.
Awards will be presented at 8:05 am (Kids Run), 8:35 am (3 mi.), and 10 am (10 mi.).

Age Groups 10 Mile Run

Male; 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Female; 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

3 Mile Run

Male; 7-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Female; 7-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

Clydesdale and Athena divisions age graded as above in both running events.

Children's 1 mile run: grades pre-school through 6th, special commemorative medals for first place boy and girl Overall. Finish ribbons for the remainder.
Grade as of Fall, 2005.

Contact: Race Director Jim Harris, (505) 392-8945

CALENDAR

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- JUNE 6 W.T.R.C. Business meeting, Monday, JUNE 6, 2005
7pm, WEST TEXAS PETERBILT, 45th and Ave. "A"
- JUNE 4 GIRLSTOWN GALLOP: 5K, 9AM, Whiteface, Steve
Reynolds, 806-229-6361
- * JUNE 11 BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE: Levelland, 8am
10K and 2 Mile, Race Director Bill Roger, 894-7911
- JUNE 26 BSL HALF IRONMAN TRIATHLON: Greers, 796-8213, 829-2153
www.buffalospingslaketriathlon.com
- * JULY 4 36th ANNUAL FIRECRACKER RUN; Brownfield, 8am; 10 Mile and
3 Mile, kids 1 Mile, Jim Harris, Race Director, (505)
392-8945
- * AUG. 13 HOT DAM 5 MILLER: Canyon Lake 6, Lubbock, 8:00 am,
Etta Mayer, Race Director, 742-2907
- * SEPT 10 SHALLOWATER STAMPEDE: 10K and 2 Mile, 8:00 am, Shallowater
High School, Dwayne Oakeley, Race Director, 799-4473
- SEPT 24 RUN FOR THE MUSEUM: Lea County Museum, Lovington, NM
10K, 2MI, & 1MI walk/run 9:00 AM(MST) Jim Harris 505-396-
4805.
- OCT. 8 RACE FOR THE CURE: 5K, TTU Campus, Lubbock, 8am, FMI
698-1900 www.komen-lubbock.org
- * OCT. 15 RED RAIDER ROAD RACE: TTU Campus, Lubbock, 8am, 10K/5K
- OCT. 22 RED RIBBON RUN: 5K, Buddy Holly Rec Area, Lubbock, Rose
Hoeve, Race Director, 806-766-1968.
- * NOV. 12 BUFFALO WALLOW RACES: Buffalo Springs Lake, Half Marathon
& 2 Mile, 9:00 am, FMI call Mike Morris, 787-6837
- NOV. 13 SAN ANTONIO MARATHON: (210)246-9652, www.samarathon.org
- * NOV. 24 W.T.R.C. TURKEY TROT: Mackenzie Park, Lubbock, 9am, 12K
& 2 Mile, FMI call Ron Lubowicz, 745-3955(d), 748-1855(n)
- * DEC. 10 REDLINE 4 MILE CROSS COUNTRY: MAE SIMMONS PARK, Lubbock,
10a.m. FMI, call Tom Griffin, 698-1503 (h) 747-2579 (w)

<http://wtrc.tripod.com>

For Membership, Calendar, Race Results, etc.



John Trompler, Newsletter
5406 86th Street
Lubbock, TX 79424



Levelland Lope 10K & 2 Miles
South Plains College, Levelland
8am, Saturday, June 11, 2005
Details inside back cover



David Higgins
3401 Alcove
Lubbock, TX 79407

