

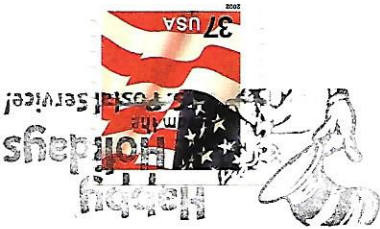
CALENDAR

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

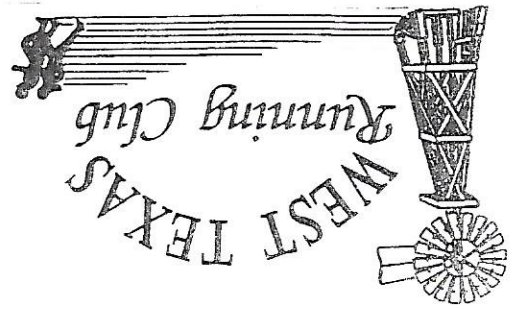
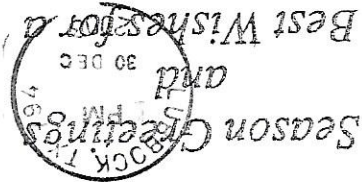
- JAN. 5 W.T.R.C. Business meeting, Monday, January 5, 2004
7pm, WEST TEXAS PETERBILI, 45th and Ave. A
- * JAN. 10 LOOP THE LAKE 5 MILE: Buddy Holly Park, 10am, Race Director
Jim Beck, 720-7659 (d), 784-0056 (n)
- JAN. 18 COMPAQ/HOUSTON MARATHON: FMI, call (713)957-3453
- JAN. 25 3M HALF MARATHON: Austin, (512)984-7223 (www.3M.com/races)
- * FEB. 14 COTTON PATCH RUNS: FRENSHIP HIGH, Wolfforth, 9am, 4 & 8 Miles,
David Higgins, Race Director, 795-5823(w), 785-8562(h)
- FEB. 15 MOTOROLA/AUSTIN MARATHON: Austin, FMI, Call (817) 601-6686
e-mail, info@motorolamarathon.com
- FEB. 28 FORT WORTH COWTOWN MARATHON: FORT WORTH, Call (817) 735-2033
e-mail, cowtownmarathon@fsc.unt.edu
- * MAR. 13 PRAIRIE DOG TOWN RUN: Mackenzie Park, Lubbock, 4 Miles, 9am
John Trompler, Race Director, 794-1359
- MAR. 27 NUTRITION ON THE RUN 5K: Also 1 mile fun run/walk,
Lubbock Dietetic Association, Mackenzie Park, 9am, FMI, call
Chelsea Finch, 775-9198(d), 786-8076(c) cfinch@teamunc.com
- APR. 3 COURTNEY NOLEN MEMORIAL 5K: TTU Frazier Pavilion
Jesse Williams@brooksrunning.com more details next month
- * APR. 10 FLIGHT LINE RACES: Reese Center, Lubbock, 8am, 2 Mi, 10K,
Half Marathon, Jim Harris, Race Director, (505) 392-8945
- * MAY 8 HORSESHOE BEND SPRING FROLIC: 8am, N. of Slaton, 11, 6 and 2
Mile Races, Race Director, Randy Holloway, 794-7512(h),
789-1547(c) e-mail randyholloway@sbcglobal.net
- JUNE 5 GIRLSTOWN GALLOP: 5K, 10:00 AM, Whiteface, Steve Reynolds,
806-229-6361
- * JUNE 12 BOBBY BIRDSONG MEMORIAL: LEVELLAND LOPE: Levelland, 8am
10K and 2 Mile, Race Director Bill Roger, 894-7911
- JUNE 20 BSL HALF IRONMAN TRIATHLON: FMI, Marti Greer, 796-8213
e-mail, martigreer@aol.com
- * JULY 3 35th ANNUAL FIRECRACKER RUN: Brownfield, 8am; 10 Mile and 3
Mile, kids 1 Mile, Adam Puckett, RD, 535-1747(c), 775-1236(d)
- * AUG. 14 HOT DAM 5 MILLER: Canyon Lake 6, Lubbock, 8:00 am,
- * SEPT 11 SHALLOWATER STAMPEDE: 10K and 2 Mile, 8:00 am, Shallowater
High School, Dwayne Oakeley, Race Director, 799-4473

<http://wtrc.tripod.com>

For Membership, Calendar, Race Results, etc.



Happy, Prosperous and fit
New Year.



John Trompler, Newsletter
5406 86th St.
Lubbock, Texas 79424



January 2004

David Higgins
3401 Alcové
Lubbock, TX 79407

January W.T.R.C. Race
LOOP THE LAKE 5 MILE RUN

10am, Saturday, January 10, 2004
Buddy Holly Park
Lubbock, TX
Details Inside Back Cover
79407+4801



WEST TEXAS RUNNING CLUB

OFFICERS

President - Ron Lubowicz
(H) 748-1855
E-mail: ronlubo@aol.com

Internal Vice-President - Tom Griffin
(H) 698-1503
E-mail: tomgrwtp@hotmail.com

External Vice-President - Dick Baker
(H) 794-1230
E-mail: dbaker@arn.net

Secretary - Etta Mayer
(H) 792-1471
E-mail: etta.mayer@ttu.edu

Treasurer - David Higgins
(H) 785-8562
E-mail: d_higgins69@hotmail.com

Immediate Past President - Mike Kelley
(H) 765-0441
E-mail: mkelleyrun@yahoo.com

WTRC Web Address:
<http://wtrc.tripod.com>

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.

The WTRC monthly business meeting is on Monday, January 5, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)
All members are welcome.

NOTES FROM THE PRESIDENT

Well gang, the West Texas Running Club had another great year ... and it wasn't by accident. At the risk of repeating myself, I just have to gush out my feelings for my fellow board members and for all of you volunteers who have given so much of yourselves to make our club operate so smoothly. We have an exceptional base of membership involvement in putting on great events, time after time after time ... and have acquired and polished the management skills and disciplines needed to not only keep the entry fees very affordable, but also to make a significant contribution to scholarships in the West Texas area.

Thanks for being part of this wonderful collection of neat people who like to run. If you are new to our club, please don't be afraid to get involved. If you have fresh ideas or even criticisms, please feel free to put your voice to them. If you know any former club members who are still active runners, see if you can rekindle their interest in WTRC. If you know any runners who should be a part of what we are and what we do, please try to bring them on board.

Have a great holiday season and good luck with your running resolutions for next year.

SYOTR, Ron

DIRECTORS

Newsletter Director - John Trompler
(H) 794-1359
E-mail: trompler@eudoramail.com

External Race Director - Kirk Thomas
(H) 797-7732
E-mail: kthomas@statenationalbank.com

Equipment Director - Dwayne Oakeley
(H) 799-4473
E-mail: dsoakeley@nts-online.net

Race Calendar Director - Adam Puckett
(H) 535-1747
E-mail: irunthereforiam@msn.com

Membership Director - Sam Prose
(H) 794-0429
E-mail: scprose@hotmail.com

Internal Race Director - George Jury
(H) 792-1237
E-mail: rungwj@aol.com

Club Historian - James Livermore
(H) 792-5815
E-mail: jlmore@nts-online.net

WEST TEXAS RUNNING CLUB'S "LOOP THE LAKE" 5 MILE RUN 13th Annual

Initial event of the 2004 W.T.R.C CHALLENGE SERIES

WHEN: SATURDAY, JANUARY 10, 2004
REGISTRATION 9:00-9:45 A.M.
RACE START AT 10:00 A.M.

WHERE: BUDDY HOLLY PARK, Campfire Girls Bldg.
on Canyon Lake Road off University Ave.

COURSE: 5 Miles; 2 plus loops of CANYON LAKE 1 & 2
Paved rolling terrain

ENTRY FEE: W.T.R.C. MEMBERS= \$ 5.00
OTHERS = \$ 6.00 Race Day \$ 10.00 Everyone

AWARDS: Awards to at least the first three and
up to 50% in the following Divisions (Maximum of 5)

AGE DIVISIONS:

MEN 6-12; 13-15; 16-19; 20-24; 25-29; 30-34; 35-39;
40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 & Over

WOMEN 6-12; 13-15; 16-19; 20-24; 25-29; 30-34; 35-39;
40-44; 45-49; 50-54; 55-59; 60 & Over

For More Information: Call Jim Beck, 784-0056 (n)
(Volunteers needed, please call above)

PRE-REGISTRATION: Mail in form with regular fees or call
George to register by phone, then pay race day

792-3291 (d) 792-1237 (n) before 7pm, Fri. Jan 9th

W.T.R.C. CHALLENGE AWARDS & SOCIAL

We will meet Friday, January 16, 2004, 7pm at the Mahon Party House on 29th Street, west of Chicago Ave. to give the 2003 Challenge Series Awards and for a time of fellowship with your club members. This will be a potluck supper. The club will provide brisket, drinks and bread. Each family should bring a vegetable or dessert dish and if preferred an alternate meat choice. Please RSVP to Sam Prose at 794-0429 to predict how much meat to order.

Some of you may have read the article in the Lubbock Avalanche Journal on Shanna Armstrong's plan to compete in Ultraman Hawaii, a three day event where participants must complete a 6.2 mile open ocean swim, a 261.4 mile bike ride, and 52.4 mile run. It is essentially an event that encompasses 2 times the standard Ironman distances. Well, the race has been completed. Shanna was indeed successful in this unbelievable event! She was the first overall woman and sixth among all competitors with a total aggregate time of a mere 27 hours, 31 minutes and 51 seconds. Shanna set a new women's swim course record, and performed well in each discipline. You can take a look at the results at www.ultramanlive.com.

Dallas Whiterock Marathon

This year's edition of the Whiterock Marathon offered prize money for the first time. That attracted a couple of Kenyan men, and a few Russian Women, but really did little else to change the size and character of the event. It was a cool day with fairly light winds, almost perfect for running. The West Texas Running Club was very well represented with a dozen or more runners competing. Tim Key logged the best club time with a 2:55:23 chip time finishing 31st overall male; Don Sanderson won the 70-99 age division with a time of 4:15:37 (and missed the Texas single age record for 74 year olds by just one minute); John Trompler picked up a second place award in the 55-59 age group with a time of 3:10:53; Boston qualifying times were logged by Denise Bray, 3:43:42, and Judy Lawley, 3:44:29; other fine performances included Richard Lombardini, 3:21:29; David Steadman, 3:26:16; Kyle Lukert, 3:33:50; Jenny Beck, 4:13:10; Caleb Beck, 4:16:37; Mary Branscome, 4:20:35; and Brandy Key, 4:58:24. Some other area runners who have competed recently in WTRC events and made the trip to Dallas included James Baumann, 3:43:30; Sam Burgeson, 3:06:49; Kyle Ashley, 3:50:28; Aaron Self, 4:59:15, and Mark Albus, 3:52:45. In the half marathon, club member Chance Payton placed second in the 25-29 age group with a fine time of 1:24:24. I'm sure I've missed someone's results, but if you can email your times to the editor, I'll try to list them in a future issue. By the way, the overall marathon winners were, as you might have guessed, a Kenyan man and a Russian woman. There were over 3,100 marathon finishers.

The Whiterock Marathon Runners Expo featured Arturo Barrios, Frank Shorter and Bill Rodgers. I was able to attend both the Shorter and Rodgers presentations. It was a bit of a thrill, since these guys were running icons when I began racing back in the late 70's. Both are quite optimistic about the resurgence of road racing in America, and what they see as a rising generation of talented young American men and women runners. I hope they are right. It is about time an American wins at Boston, or New York!

SCHLOTZSKY'S THANKSGIVING DAY TURKEY TROT
WEST TEXAS RUNNING CLUB
12K & 2 MILE RACES
12K USAT&F CERTIFIED, #TX01099ETM
Lubbock, Texas November 27, 2003
12K OVERALL RESULTS

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1	ROCKY REYES	LEVELLAND	TX	19	M	1	M1619	44:40	6:00
2	ALAN HARRIS	HAUGHTON	LA	31	M	1	M3034	44:54	6:02
3	HAFFIS BANIRE	LUBBOCK	TX	32	M	2	M3034	45:07	6:04
4	LOLO MERCADO	EL PASO	TX	43	M	1	M4044	48:52	6:34
5	MATTHEW GORDILLO	LUBBOCK	TX	30	M	3	M3034	48:56	6:35
6	KEVIN SWEENEY	CLOVIS	NM	34	M	4	M3034	49:02	6:35
7	FARRELL MARTIN	LUBBOCK	TX	37	M	1	MCLYD	49:26	6:39
8	MARIO PINON	FLOYDADA	TX	41	M	2	M4044	51:25	6:55
9	RICHARD LOMBARDINI	LUBBOCK	TX	27	M	1	M2529	51:41	6:57
10	EPI AGUIRRE	LUBBOCK	TX	45	M	1	M4549	52:19	7:02
11	JERRED HURST	LUBBOCK	TX	24	M	1	M2024	52:35	7:04
12	DAVID STEADMAN	LUBBOCK	TX	34	M	5	M3034	52:57	7:07
13	HENRY SANTOS	LUBBOCK	TX	32	M	6	M3034	54:35	7:20
14	DANNY HERMANDEZ	COLORADO SP	CO	27	M	2	M2529	54:41	7:21
15	RICHARD AKERS	LUBBOCK	TX	48	M	2	M4549	55:09	7:25
16	KYLE ASHLEY	RANSOM CANYON	TX	41	M	3	M4044	55:09	7:25
17	JOHN TROMPLER	LUBBOCK	TX	56	M	1	M5559	55:15	7:25
18	JAY KEITH	LUBBOCK	TX	45	M	3	M4549	55:33	7:28
19	AARON MUTNICK	EL PASO	TX	21	M	2	M2024	55:37	7:28
20	STEPHANIE BIGHAM	LUBBOCK	TX	20	F	1	F2024	55:48	7:30
21	DANIEL KAAZT	LUBBOCK	TX	34	M	7	M3034	56:20	7:34
22	BOB BLAKE	LUBBOCK	TX	39	M	2	M3539	56:49	7:38
23	DANEEN MARSH	ODESSA	TX	36	F	1	F3539	58:06	7:48
24	LAWRENCE SCHOVANEC	LUBBOCK	TX	51	M	1	M5054	58:09	7:49
25	JOANNE FREED	LUBBOCK	TX	29	F	1	F2529	58:31	7:52
26	DANNY SLOAN	CROSBYTON	TX	38	M	3	M3539	58:47	7:54
27	MADONNE MINER	LUBBOCK	TX	51	F	1	F5054	59:34	8:00
28	SIMON MAYER	AUSTIN	TX	27	M	3	M2529	59:37	8:01
29	JASON FISHMAN	DALLAS	TX	28	M	4	M2529	1:00:25	8:07
30	MARY BRANSCOME	LUBBOCK	TX	44	F	1	F4044	1:00:26	8:07
31	JEFF MADDOX	MC KINNEY	TX	31	M	8	M3034	1:00:57	8:11
32	JOE BROWN	SHERMAN	TX	33	M	9	M3034	1:01:43	8:18
33	LARRY DeLEON	LUBBOCK	TX	43	M	4	M4044	1:01:51	8:19
34	CY CRIBBS	WHITEFACE	TX	20	M	2	M2024	1:01:52	8:19
35	MONICA ELIZONDO	TAYLOR	TX	38	F	2	F3539	1:02:01	8:20
36	DENNIS LEE	SPRING	TX	58	M	2	M5559	1:02:22	8:23
37	STEVE ODORIZZI	LUBBOCK	TX	41	M	2	MCLYD	1:02:28	8:24
38	ALAN PAYNE	LUBBOCK	TX	44	M	6	M4044	1:02:41	8:25
39	RANDY HOLLOWAY	LUBBOCK	TX	47	M	4	M4549	1:03:12	8:29
40	MINDY HATCH	LUBBOCK	TX	42	F	2	F4044	1:03:19	8:30
41	LES HATCH	LUBBOCK	TX	40	M	7	M4044	1:03:20	8:31
42	ALLYSSA PRESTON	LUBBOCK	TX	15	F	1	F1315	1:03:38	8:33
43	RALPH WOLF	LUBBOCK	TX	66	M	1	M6569	1:03:59	8:36
44	NOE TELLES	LUBBOCK	TX	36	M	4	M3539	1:04:01	8:36
45	MATTHEW JORDAN	LUBBOCK	TX	38	M	5	M3539	1:04:30	8:40
46	GORDEN JENKINS	AMARILLO	TX	63	M	1	M6064	1:04:32	8:40
47	DAVID MANGOLD	LUBBOCK	TX	55	M	3	M5559	1:04:55	8:43
48	JAMES BURLESON	LUBBOCK	TX	61	M	2	M6064	1:04:59	8:44
49	JOE GOMEZ	LUBBOCK	TX	60	M	3	M6064	1:05:21	8:47
50	RONNIE NUGENT	LUBBOCK	TX	57	M	4	M5559	1:05:38	8:49
51	MICHAEL ESTEP	SPRING	TX	52	M	2	M5054	1:05:56	8:52
52	KASEY HARDIN	POST	TX	23	F	2	F2024	1:06:17	8:54

SCHLOTZSKY'S THANKSGIVING DAY TURKEY TROT
12K OVERALL RESULTS (Continued)

Table with columns: PLACE NAME, TOWN, ST AG S DIV PLACE, TIME, PACE, and various race statistics. Includes names like Don Sanderson, John Cagle, Mike Kelley, etc.

W.R.T.C. 2003 CHALLENGE SERIES
STANDINGS AFTER 13 EVENTS

Table with columns: AGE PTS, MILES, EVT, VOL, and various race statistics. Includes names like Cody Lackey, John Keith, Tony Rodriguez, etc.

W.R.T.C. 2003 CHALLENGE SERIES
STANDINGS AFTER 13 EVENTS

Table with columns: AGE PTS, MILES, EVT, VOL, and various race statistics. Includes names like Hanna Layman, Jessica Tedford, Devin DeLoe, etc.

QUESTIONS OR COMMENTS?
CONTACT SHIRLEY WIGLEY
shirleywigley@nts-online.net

2003 TOYS FOR TOTS 5K
DECEMBER 6, 2003
LUBBOCK, TEXAS

PLACE NAME	AG S	DIV	PLACE	TOWN	ST	TIME	PACE
1 CRAIG JACKSON	39	M	1	M3539 RANSON CANYON	TX	21:46	7:01
2 BRENT LOWREY	42	M	1	M4044 LUBBOCK	TX	22:19	7:11
3 LAWRENCE SCHOVANEK	51	M	1	M5054 LUBBOCK	TX	22:40	7:18
4 ROBERT ORTEGA JR	34	M	1	M3034 PLAINVIEW	TX	22:55	7:23
5 MATTHEW JORDAN	38	M	2	M3539 LUBBOCK	TX	24:17	7:49
6 JOE LOPEZ	37	M	3	M3539 LUBBOCK	TX	26:02	8:23
7 LORENZO PADILLA	49	M	1	M4549 LUBBOCK	TX	26:45	8:37
8 LARRY BYRD	62	M	1	M6099 SHALLOWATER	TX	28:11	9:05
9 P. J. MITCHELL	58	F	1	F5559 LUBBOCK	TX	28:26	9:10
10 JEFF WISE	40	M	2	M4044 LUBBOCK	TX	28:39	9:14
11 ETTA MAYER	54	F	1	F5054 LUBBOCK	TX	28:57	9:19
12 BOB BERNERO	61	M	2	M6099 LUBBOCK	TX	29:19	9:27
13 LARA E.H. ADAIR	37	F	1	F3539 LUBBOCK	TX	30:52	9:57
14 SAM PROSE	55	M	1	M5559 LUBBOCK	TX	31:37	10:11
15 JOHN STALCUP	70	M	3	M6099 LUBBOCK	TX	32:03	10:19
16 PAULINE KUMLEY	43	F	1	F4044 LUBBOCK	TX	32:56	10:36
17 DICK BAKER	58	M	2	M5559 LUBBOCK	TX	33:50	10:54
18 ANN HODGES	46	F	1	F4549 WOLFFORTH	TX	35:56	11:34
19 DEADRA McDONALD	24	F	1	F2024 LUBBOCK	TX	49:37	15:59
20 MARTIN ARREZOLA	32	M	2	M3034 BROWNFIELD	TX	49:38	15:59
21 YANET VALENTIN	24	F	2	F2024 BROWNFIELD	TX	49:38	15:59
22 LAURIE BIERA	28	F	1	F2529 BROWNFIELD	TX	49:39	15:59
23 RENEE ZELLER	48	F	2	F4549 LUBBOCK	TX	49:39	15:59
24 MARY LOPEZ	41	F	2	F4044 TAHOKA	TX	49:40	15:59
25 BOBETTE McDONALD	51	F	2	F5054 BROWNFIELD	TX	49:56	16:05

LOST AND FOUND

If you forget or lose something at a race site, please notify the Race Director immediately to try to reclaim it. Recently several items have wound up in my possession. From Shallowater, a 1996 COMANCHE WARRIOR TRATHLON T Shirt; BUFFALO WALLOW, a purple, teal, black and white windbreaker, a "M" plain white T Shirt, and a small pair of white cotton gloves; from RED LINE, a single small size blue polypro glove (expensive!) Call George to claim, if not claimed soon, they will be given to Goodwill.

TURKEY TROT RACE DIRECTOR REPORT

Although the morning had a little bite, it was not enough to chill our crowd of 220 hungry runners. As always, this event was made memorable thanks to a wonderful bunch of volunteers and an awesome gaggle of runners. Once again some age group records were gobbled up...Ralph Wolf, 65-69 males; Madonne Miner, 50-54 females; Farrell Martin, Clydesdale; Rocky Reyes, 16-19 males; and Allyssa Preston, 13-15 females. Our overall male and female winners in both events received not only their engraved first place medals but also the ceremonial turkeys from United Supermarkets plus gift coupons to Schlotzky's, the race's sponsor. Savings bonds, compliments of State National Bank, were again awarded to the top boy and girl finishers in the under 15 category. This year a special trophy went to the Oakeley family for posting the best combined times of a family foursome.

My sincerest thanks go to the many volunteers without whom this event would sputter and fail. Please join me in giving a big thank you to George & Pat Jury for all their preregistration efforts, to Jim Sorley, Darrell Robertson, Vicki Bunting, and my wife and kids for helping get your registration packets and refreshments to you, to Ron Hillis for setting up the course and to Larry Byrd for handling the turnarounds, to Mike Morris, Ralph Shelton and Tom Weiss for providing out water & Gatorade, and to David Higgins, George Jury, Tony Aleman, Quent Bearden, and Frank Sumpter's family for their excellent services on the computer and at the finish line.

Let's get together again next Thanksgiving...and bring even more family members with you.

Ron Lubowicz

SCHLOTZSKY'S THANKSGIVING DAY TURKEY TROT
WEST TEXAS RUNNING CLUB
12K & 2 MILE RACES
12K USAT&F CERTIFIED, #TX01099ETM
Lubbock, Texas November 27, 2003
TWO MILE OVERALL RESULTS

PLACE NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1 CRAIG JACKSON	RANSON CANYON	TX	39	M	1	M3539	13:04	6:32
2 CHRIS REYES	FLOYDADA	TX	15	M	1	M1315	13:10	6:35
3 HOPE JIMENEZ	LAMESA	TX	19	F	1	F1619	13:19	6:40
4 FRANK SUMPTER, SR.	LUBBOCK	TX	50	M	1	M5054	13:42	6:51
5 RUDY RAMIREZ	LUBBOCK	TX	39	M	2	M3539	13:50	6:55
6 ROBERT ORTEGA	PLAINVIEW	TX	34	M	1	M3034	13:57	6:59
7 JOHN KEITH	LUBBOCK	TX	14	M	2	M1315	14:00	7:00
8 JIM HARRIS	HOBBS	NM	61	M	1	M6064	14:02	7:01
9 PAUL LISTON	LUBBOCK	TX	35	M	3	M3539	14:10	7:05
10 KYRA SLOAN	CROSBYTON	TX	11	F	1	F0112	14:10	7:05
11 ARRON PRESTON	LUBBOCK	TX	30	M	2	M3034	14:22	7:11
12 JEFF FREED	LUBBOCK	TX	33	M	3	M3034	14:30	7:15
13 BRIAN OAKELEY	ABILENE	TX	39	M	4	M3539	15:12	7:36
14 NOE VALLES	LUBBOCK	TX	37	M	5	M3539	15:15	7:38
15 WYATT KELLY	COLLEEVILLE	TX	19	M	1	M1619	15:32	7:46
16 JORDAN PINON	FLOYDADA	TX	11	M	1	M0112	15:38	7:49
17 BRITTON LEWIS	LUBBOCK	TX	18	M	2	M1619	15:44	7:52
18 LAURA WOLKEN	LUBBOCK	TX	15	F	1	F1315	15:47	7:54
19 JOHN WELLS	LUBBOCK	TX	40	M	1	M4044	15:51	7:56
20 KATY MURPHY-LUBOWICZ	LUBBOCK	TX	19	F	2	F1619	16:24	8:12
21 DEB HENDLEY	FRIONA	TX	54	F	1	F5054	16:26	8:13
22 TOM GRIFFIN	LUBBOCK	TX	54	M	2	M5054	16:29	8:15
23 DWAYNE OAKELEY	LUBBOCK	TX	47	M	1	M4549	16:45	8:23
24 JIM WILHELM	LUBBOCK	TX	53	M	3	M5054	16:48	8:24
25 RICK MADRIGAL	LEVELLAND	TX	27	M	1	M2529	17:03	8:32
26 JENNY MURPHY-LUBOWICZ	LUBBOCK	TX	17	F	3	F1619	17:06	8:33
27 STEPHANIE OAKELEY	ABILENE	TX	15	F	2	F1315	17:08	8:34
28 GORY SCHOVANEK	LUBBOCK	TX	8	M	2	M0112	17:08	8:34
29 JOE WOLKEN	LUBBOCK	TX	40	M	2	M4044	17:10	8:35
30 GODY SCOTT	LUBBOCK	TX	37	M	2	MCLVD	17:11	8:36
31 BILL FELTON	WOLFFORTH	TX	69	M	1	M6569	17:20	8:40
32 CHRIS DANIEL	LUBBOCK	TX	32	M	4	M3034	17:21	8:41
33 JOEY CRIADO	LUBBOCK	TX	42	M	1	MCLVD	17:22	8:41
34 TYLER SCHOVANEK	LUBBOCK	TX	9	M	3	M0112	17:29	8:45
35 KIRK THOMAS	LUBBOCK	TX	45	M	2	M4549	17:30	8:45
36 EDDIE TREVINO	LUBBOCK	TX	45	M	3	M4549	17:32	8:46
37 AUBREY THOMAS	LUBBOCK	TX	17	M	3	M1619	17:38	8:50
38 AVERY NUNEZ	ALICE	TX	8	M	4	M0112	17:48	8:54
39 JILL HAUOKS	LUBBOCK	TX	39	F	1	F3539	17:52	8:56
40 DIANE DANIEL	LUBBOCK	TX	23	F	1	F2024	17:55	8:58
41 PETE TORRES	COLORADO CITY	TX	32	M	5	M3034	17:58	8:59
42 MARTHA MARTINEZ	COLORADO CITY	TX	48	F	1	F4549	18:14	9:07
43 NORM COLE	SLATON	TX	30	M	6	M3034	18:18	9:09
44 LAYLA WOLKEN	LUBBOCK	TX	27	F	1	F2529	18:23	9:12
45 DAVID STEPHENSON	SAN ANTONIO	TX	28	M	3	MCLVD	18:39	9:20
46 ANGELA FRANCO	MIDLAND	TX	26	F	2	F2529	19:01	9:31
47 LARA ADAIR	LUBBOCK	TX	37	F	2	F3539	19:06	9:33
48 SEAN BENTLEY	LUBBOCK	TX	10	M	5	M0112	19:32	9:46
49 HANNAH LAYMAN	HEREFORD	TX	11	F	2	F0112	19:34	9:47
50 JAMES LAYMAN	HEREFORD	TX	37	M	7	M3539	19:36	9:48
51 PAULINE KUMLEY	LUBBOCK	TX	43	F	1	FATHE	19:41	9:51
52 JOHN GRIFFIN	LUBBOCK	TX	21	M	1	M2024	19:44	9:52
53 MATT SANTA	LUBBOCK	TX	33	M	7	M3034	19:54	9:57

SCHLOTZSKY'S THANKSGIVING DAY TURKEY TROT
TWO MILE OVERALL RESULTS (Continued)

Table with columns: PLACE NAME, TOWN, ST, AG, S, DIV, PLACE, TIME, PACE. Lists race results for Thanksgiving Day Turkey Trot, including names like John Stalcup, Anna Mayer, and Al Isha Weaver.

WEST TEXAS RUNNING CLUB'S
RED LINE 4 MILE CROSS COUNTRY RUN
BENEFITTING LEIGH DANIEL OLYMPIC FUND
Lubbock, Texas December 13, 2003

Table with columns: PLACE NAME, AG, S, DIV, PLACE, TOWN, ST, TIME, PACE. Lists race results for West Texas Running Club's Red Line 4 Mile Cross Country Run, including names like Kevin Sweeney, Rene Gonzales, and Jeff Freed.

* = New Age Group Record

RACE DIRECTOR REPORT

With the "winter" races you never know what to expect, weather-wise, until race time. Actually, we were very lucky with this year's Redline race (just in case you missed some of the "wonderful" calm, sunny days in the week before!). Although it was a bit cool early Saturday morning (like below 20 degrees!), it did warm up some by race time, and the unusual "for West Texas" lack of wind allowed for excellent race conditions for the 40-something hardy souls who showed up to run. This was the 18th year for this run, which was again a fund raising event for Lubbock's Leigh Daniel in her 2004 Olympic quest. Overall winner was Kevin Sweeney from Clovis who ran a 26:14 on the 4 mile Cross Country course. First Overall female was Joanne Freed with a strong run at 31:21. Madonne Miner continued her march through our race record books with another age group record of 32:36 in the female 50-54 grouping.

As always, we need to thank our volunteer workers; without whom we just would not be able to run these races. Many thanks to George Jury, Craig Jackson, Paul Pare, Tony Aleman, Josie Aleman, James Bone, Ronnie Prigg, John Stalcup, James Layman, Hanna Layman, Farrell Martin, Gary Lackey, Ryan Lackey, Cody Lackey, Jessica Muhstein, and Rebecca Puckett for their help. And thanks to all of the runners who came out to support Leigh Daniel's Olympic training effort! We still have a few long and short sleeve T-shirts available @ \$10.00 for those who missed the race. Tom Griffin

Date
 MM DD YY

WEST TEXAS RUNNING CLUB

\$15⁰⁰ First member, \$3⁰⁰ each additional Family member at the same address (\$10⁰⁰ Students)

Make Check Payable and mail to:
 WEST TEXAS RUNNING CLUB
 P.O Box 2921
 Lubbock, Texas 79408

January is the start of a new W.T.R.C year; all Memberships expire and payment of dues is required to continue receiving the Newsletter and have reduced club race fees. New members joining after July 1st may pay \$8⁰⁰ plus \$3⁰⁰ for each additional family member.

(Please Print)

FAMILY ADDRESS (NEWSLETTER WILL BE MAILED TO THIS ADDRESS)			
ADDRESS	CITY	STATE	ZIP

BENEFITS

Annual dues for the West Texa Running Club are \$15. \$1.25 of this amount is for a subscription to the Road Runner Club of America's quarterly magazine, "Footnotes" for one year. Portions of the remainder fund insurance through RRCA, the monthly club newsletter, race expenses, and other costs.

FIRST NAME	MI	LAST NAME	sex	DOB (MMDDYY)	HOME PH# (###-###-####)	WORK PH# (###-###-####)	E-MAIL	volunteer*

*W.T.R.C is a volunteer non-profit organization. If you would like to be a part of sustaining the principles of the club put the following corresponding letter in the above column labeled volunteer:

[A]Membership; [B]Race Result/Computer; [C]Club Socials; [D]Club Races; [E]Non-Club Races; [F]Club Equipment; [G]Newsletter; [H]Scholarship; [I]Historical; [J]Race and Course Standards

(PLEASE ALL MEMBERS READ AND SIGN THE WAIVER ON THE REVERSE SIDE.)

Loop The Lake 5 Mile Run

January 10, 2004

Mail \$5.00 WTRC members, \$6.00 non members, \$10.00 Race Day

Registration Make checks payable to the West Texas Running Club

thru Jan 8 Mail checks & entry forms to:

George W. Jury
 5212 44th ST
 Lubbock, Texas 79414

Race Starts at 10:00 A.M.

at Buddy Holly Park

Race Director, Jim Beck
 784-0056 (night)

Telephone registration
 by 7:00 P.M. on January 9th
 792-1237 (night) 792-3291 (day)

Waiver - all entrants must read and sign

The West Texas Running Club, agents, or representatives of the same, or any volunteers shall not be responsible for, and shall be saved and held harmless by myself, from and against any and all claims and damages of every kind, for injury to or death of any person or persons and for damages to or loss of property arising out of or attributed to indirectly, to participant in the Loop the Lake 5 Mile Race. This indemnity shall extend to and shall be binding on their heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death, and that proper physical training is necessary prior to such participation. Roller blades, skates, skateboards, and strollers are not allowed and earphones are strongly discouraged because of the probability of increased injuries.

Entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years of age.

Signature of entrant _____ Signature of guardian(minors) _____

Age _____ (on race day) e-mail _____ Male _____ Clydesdale(190+)

Name _____ Female _____ Athena(150+)

Address _____ Phone Number _____

City _____ State _____ Zip _____