

# CALENDAR

\* indicates W.T.R.C Monthly Race and CHALLENGE SERIES EVENT

- APR. 3 **COURTNEY NOLEN MEMORIAL 5K:** TTU Frazier Pavilion  
Jesse.williams@brooksracing.com more details next month
- APR. 6 WTRC Business meeting, Tuesday, April 6, 7 pm,  
WEST TEXAS PETERBILT, at 45<sup>th</sup> and Ave. A.
- APR. 10 **FLIGHT LINE RACES:** Reese Center, Lubbock, 8 am, 2 Mi, 10K,  
Half Marathon, Jim Harris, Race Director, (505) 392-8945
- \* MAY 8 **HORSEHOE BEND SPRING FROLIC:** 8 am, N. of Slaton, 1.1, 6, and 2  
mile races, Race Director, Randy Holloway, 794-7512 (h),  
789-1547 (c) e-mail [randyholloway@sbeqlobal.net](mailto:randyholloway@sbeqlobal.net)
- JUNE 5 **GIRLSTOWN GALLOP:** 5K, 10:00 am, Whiteface, Steve Reynolds,  
(806) 229-6361
- \* JUNE 12 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE:** Levelland, 8am  
10K and 2 mile, Race Director Bill Roger, 894-7911
- JUNE 20 **BSL HALF IRONMAN TRIATHLON:** FMI, Marri Greer, 796-8213  
e-mail, [maurigreer@aol.com](mailto:maurigreer@aol.com)
- \* JULY 3 **35<sup>th</sup> ANNUAL FIRECRACKER RUN:** Brownfield, 8 am; 10 mile and 3 mile,  
kids 1 mile, Adam Puckett, RD, 535-1747 (c), 775-1236 (d)
- \* AUG 14 **HOT DAM 5 MILER:** Canyon Lake 6, Lubbock, 8 am -3
- \* SEPT. 11 **SHALLOWATER STAMPDE:** 10k and 2 mile, 8:00 am, Shallowater  
High School, Dwayne Oakeley, Race Director, 799-4473
- \* OCT. 9 **RED RAIDER ROAD RACE:** TTU Campus, Lubbock, 8:00 am, 10k and 5k  
Race Director, Kirk Thomas, 797-7734 (m), 749-1850 (d)
- \* NOV. 13 **BUFFALO WALLOW RACES:** Buffalo Springs Lake, Half Marathon & 2 Mile,  
9:00 am, FMI call George Jury, 792-3291 (d), 792-1237 (m)
- NOV. 14 **SAN ANTONIO MARATHON:** (210) 246-9652, [www.samarathon.org](http://www.samarathon.org).
- \* NOV. 25 **WTRC TURKEY TROT:** Mackenzie Park, Lubbock, 9:00 am,  
12K and 2 Mile, FMI call Ron Luboewicz, 745-3955(d), 748-1855 (m)

<http://wtre.tripod.com>

For Membership, Calendar, Race Results, etc.



John Trompler, Newsletter  
5406 86<sup>th</sup> Street  
Lubbock, TX 79424



FLIGHT LINE RACES  
8am, April 10, 2004  
Half Marathon, 10K, & 2 miles  
Details inside back cover



David Higgins  
3401 Alcove  
Lubbock, TX 79407



# WEST TEXAS RUNNING CLUB

## OFFICERS

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**W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.**  
The WTRC monthly business meeting is on Tuesday, April 6, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)  
All members are welcome.

## NOTES FROM THE PRESIDENT

This month you will have to bear with some views from the sidelines ... being injured has given me way too much time to think ... and often, not too clearly.

A few years ago an alcoholic friend accused me of being addicted to running, claiming that I was as hopelessly hooked as he was but not as socially cursed (everyone knows that running is "good" and drinking is "bad"). I had also been accused by a family member (who has been unsuccessful in several attempts at sticking with our sport) of having a lot of will power to get out there and beat up my body on a regular basis. Well, I have to admit that I have noticed (or at least imagined) addiction-like feelings during layoff periods of several days; and I occasionally do feel smug about my being more disciplined than most of my friends and family. Could it be that running is only an escape from reality or simply the byproduct of our willfulness?

After almost a full month of self-observation I can safely say that I am not an addict; and after analyzing the more serious runners/racers that I know, I do not believe any of them are either. I also have to dismiss the idea that I am superior in the area of self-discipline. My running is a mix of healthy habit and relaxing fun. If we log in the miles, but dislike running, then we should accept the other label.

But you know something, I would rather be running than doing all this deep, analytical thinking.  
SYOTR, Ron

WEST TEXAS RUNNING CLUB'S  
PRAIRIE DOG TOWN 4 MILE RUN  
USA T&F CERTIFIED, #TX97108ETM  
Lubbock, Texas March 13, 2004

PLACE NAME	AG	S	DIV	PLACE	TOWN	ST	TIME	PACE
1 TIM KEY	36	M	1	M3539	LUBBOCK	TX	23:23	5:51
2 QUENT BEARDEN	28	M	1	M2529	LUBBOCK	TX	23:23	5:51
3 KEVIN SWEENEY	34	M	1	M3034	CLOVIS	NM	25:41	6:26
4 FRANK SUMPTER JR.	29	M	2	M2529	LAMESA	TX	27:36	6:54
5 MARIO PINON	42	M	1	M4044	FLOYDADA	TX	27:37	6:55
6 FRANK SUMPTER	50	M	1	M5054	LAMESA	TX	28:25	7:07
7 WADE WILSON	45	M	1	M4549	LUBBOCK	TX	28:32	7:08
8 JACKIE CANNON	48	M	2	M4549	AMARILLO	TX	28:43	7:11
9 EPI AGUIRRE	45	M	3	M4549	LUBBOCK	TX	28:57	7:15
10 CRAIG JACKSON	39	M	2	M3539	RANSOM CANYON	TX	29:03	7:16
11 BECKY SHIRLEY	44	F	1	F4044	CALDWELL	TX	29:08	7:17
12 LAWRENCE SCHOVANEC	51	M	2	M5054	LUBBOCK	TX	29:20	7:20
13 RANDY HOLLOWAY	47	M	4	M4549	LUBBOCK	TX	29:58	7:30
* 14 JIM HARRIS	61	M	1	M6064	HOBBS	NM	29:59	7:30
15 CALBE BECK	20	M	1	M2024	LUBBOCK	TX	30:26	7:37
16 RICK SYPERT	48	M	5	M4549	LUBBOCK	TX	30:41	7:41
17 ROBERT ORTEGA	35	M	3	M3539	PLAINVIEW	TX	31:38	7:55
18 DEBORAH MCGUIRE	32	F	1	F3034	SAN DIEGO	CA	31:47	7:57
19 MADONNE MINER	51	F	1	F5054	LUBBOCK	TX	31:58	8:00
20 CAROL HISE	32	F	2	F3034	SWEETWATER	TX	32:07	8:02
21 MARK ALBUS	47	M	6	M4549	LUBBOCK	TX	32:10	8:03
22 STEVE ODORIZZI	41	M	1	MCLYD	LUBBOCK	TX	32:21	8:06
23 AARON SELF	24	M	2	M2024	LUBBOCK	TX	32:25	8:07
24 IRIS RIVERO	28	F	1	F2529	LUBBOCK	TX	32:29	8:08
25 RONNIE FRIGG	53	M	3	M5054	LUBBOCK	TX	32:44	8:11
26 DAVID HIGGINS	51	M	4	M5054	LUBBOCK	TX	33:34	8:24
27 JENNY BECK	23	F	1	F2024	LUBBOCK	TX	33:43	8:26
28 LANDON WINTON	26	M	3	M2529	LUBBOCK	TX	34:02	8:31
29 STACY CONNER	41	M	3	M4044	MULESHOE	TX	34:17	8:35
30 JOHNNY GONZALES	37	M	4	M3539	WOLFORTH	TX	34:19	8:35
31 AMBER BARHAM	28	F	2	F2529	LUBBOCK	TX	34:27	8:37
32 BILL ROGER	65	M	1	M6569	LEVELLAND	TX	35:10	8:48
33 ALAN PAYNE	44	M	4	M4044	LUBBOCK	TX	35:13	8:49
34 BILL FELTON	69	M	2	M6569	WOLFORTH	TX	35:22	8:51
35 CHARLIE LONGANECKER	48	M	7	M4549	WOLFORTH	TX	35:30	8:53
* 36 DON SANDERSON	74	M	1	M7099	TULLA	TX	35:32	8:53
37 MIKE CAIT	50	M	5	M5054	BORGER	TX	35:33	8:54
38 RANDALL STENNETT	45	M	8	M4549	LUBBOCK	TX	35:39	8:55
39 TOM GRIFFIN	55	M	1	M5559	LUBBOCK	TX	35:52	8:58
40 MARSHA BENNETT	40	F	2	F4044	LUBBOCK	TX	35:56	8:59
41 ANGELA FRANCO	26	F	3	F2529	MIDLAND	TX	36:02	9:01
42 ROBERT FARRIS	24	M	3	M2024	LUBBOCK	TX	36:17	9:05
43 JIM WILHELM	53	M	6	M5054	LUBBOCK	TX	36:26	9:07
44 JEFF WISE	40	M	2	MCLYD	LUBBOCK	TX	36:31	9:08
45 DWAYNE OAKELEY	47	M	9	M4549	LUBBOCK	TX	37:19	9:20
46 JASON HELTON	32	M	4	MCLYD	LUBBOCK	TX	37:42	9:26
47 ANDREW GARCIA	36	M	5	M3539	LUBBOCK	TX	37:55	9:29
48 SANDRA TORRES	36	F	1	F3539	LUBBOCK	TX	37:58	9:30
49 MIKE GREER	65	M	3	M6569	RANSOM CANYON	TX	38:02	9:31

50	VANESSA REASONER	35 F	2	F3539	LUBBOCK	TX	38:21	9:36
51	JIM BECK	44 M	3	MCLYD	LUBBOCK	TX	38:25	9:37
52	JILL HAKOS	39 F	3	F3539	LUBBOCK	TX	38:40	9:40
53	MIKE MORRIS	48 M	10	M4549	LUBBOCK	TX	38:57	9:45
54	MARTI GREER	45 F	1	F4549	RANSOM CANYON	TX	39:22	9:51
55	BRANDY KEY	31 F	3	F3034	LUBBOCK	TX	39:23	9:51
56	ETTA MAYER	54 F	2	F5054	LUBBOCK	TX	40:00	10:00
57	HANNAH LAYMAN	11 F	1	F0112	HEREFORD	TX	40:18	10:05
58	JAMES LAYMAN	38 M	5	MCLYD	HEREFORD	TX	40:19	10:05
59	WARREN SHIRLEY	45 M	11	M4549	CALDWELL	TX	40:43	10:11
60	JOHN STALCUP	70 M	2	M7099	LUBBOCK	TX	42:27	10:37
61	KAYCEE PETERS	25 F	4	F2529	LUBBOCK	TX	45:10	11:18
62	ARLAN PATTON	49 M	12	M4549	LUBBOCK	TX	45:11	11:18
63	JOSIE ALEMAN	52 F	3	F5054	LUBBOCK	TX	45:53	11:29
64	ESTELA GALVAN	61 F	1	F5599	BROWNFIELD	TX	46:33	11:39
65	JUDY REEVES	56 F	2	F5599	LUBBOCK	TX	47:00	11:45
66	ANN HODGES	46 F	2	F4549	WOLFFORTH	TX	47:03	11:46
67	MANDY CLEAVINGER	25 F	5	F2529	LUBBOCK	TX	47:53	11:59
68	AUTUMN MOORE	23 F	2	F2024	CLOVIS	NM	49:07	12:17
69	SUZAN CAUDLE	51 F	1	Athen	LUBBOCK	TX	58:30	14:38

### PRAIRIE DOG TOWN RACE REPORT

This year's Prairie Dog Town Race was an exercise in adaptation. First we had to set up a new course due to a construction company fence which closed the road several hundred feet from our original turn around location. Then, on race day morning, after several days of heavy rain, we discovered the road had been made impassable up the hill to our new turn around spot. A virtual stream was running across the road at the base of that hill. So, utilizing his vehicle's odometer, George Jury measured off a new course heading into Aztlan Park. Was the course accurate? Perhaps a little long? Well, let's just say we are confident that anyone who set an age group record earned it. Congratulations to our overall winners Tim Key and Becky Shirley, and to Jim Harris and Don Sanderson for setting new age group records in their respective age divisions.

Thank you to all the runners who showed up despite threatening weather (fortunately there was no rain during the race), and to the volunteers who helped the event run smoothly. Those volunteers included Sam Prose, John and Jay Keith, Ron Lubowicz, James Livermore, Ralph Wolf, Ida Sumpter, and, of course, George Jury. I hope the race can return to its original course next year, but if heavy rains come again, at least we have a backup plan in place.

John Trompler, Race Director

### W.R.T.C. 2004 CHALLENGE SERIES STANDINGS AFTER 3 EVENTS

MALE									
YTD TOTALS					YTD TOTALS				
AGE	PTS	MILES	EVT	VOL	AGE	PTS	MILES	EVT	VOL
<b>0 - 12 MALE</b>									
Cody Lackey	9	10	5	1					
<b>13 - 15 MALE</b>									
John Keith	15	10	9	2					*
Drew Jones	14	10	4	1					
Tony Rodriguez	13	0	0	0					
John Lackey	0	0	0	0					
Jasper DeVos	14	0	0	0					
<b>16-19 MALE</b>									
Gary Lackey	17	11	5	1					
Ryan Lackey	16	6	5	1					
Aubrey Thomas	17	5	5	1					
Nathan Beck	16	0	0	0					
<b>20 - 24 MALE</b>									
Caleb Beck	20	10	9	2					*
Brian Doss	21	9	4	1					
Jerred Hurst	24	0	0	0					
<b>25 - 29 MALE</b>									
Richard Lombardini	27	0	0	0					
Hawk Harris	26	0	0	0					
Chance Payton	29	0	0	0					
<b>30 - 34 MALE</b>									
Kevin Sweeney	34	20	9	2					
Pete Torres	33	0	0	0					
Mike Trevino	34	0	0	0					
David Steadman	34	0	0	0					
<b>35 - 39 MALE</b>									
Tim Key	36	32	13	3					
Mike Dotson	38	10	8	1					
Craig Jackson	39	10	4	1					
Robert Ortega	35	9	4	1					
Bob Blake	39	8	5	1					
Daniel Gonzales	38	7	5	1					
Cody Scott	37	6	5	1					
Rod Burgett	38	0	0	0					
Andrew Broselow	35	0	0	0					
<b>40 - 44 MALE</b>									
Stacy Conner	41	25	17	3					
Alan Payne	44	8	4	1					
Chris Lomgrien	44	0	0	0					
Paul Pare	40	0	0	0					
Don Hood	40	0	0	0					
Brent Lowrey	41	0	0	0					
Edson Pinto	41	0	0	0					
Ron Hewett	40	0	0	0					

**45 - 49 MALE**  
Randy Holloway  
Epi Aquirre  
Dwayne Oakley  
Rick Sybert  
Russel Martin  
Wade Wilson  
Jay Keith  
Jackie Cannon  
Kirik Thomas  
Mike Morris  
Arlan Patton  
Al Gardher  
Gene Adams  
David Malone  
Jon McMenamy  
Todd Hegstrom  
Tom Cunningham  
John Cagle  
Nate Wilson  
John DeVos  
Richard Thomas

**50 - 54 MALE**  
Lawrence Schovanec  
Ronnie Prigg  
Jim Wilhelm  
Frank Sumpter, Sr.  
David Higgins  
Ken Matthews  
Tony Aleman  
Tom Weis  
Joe Post  
Larry Mills  
Ken Jennigan

**55 - 59 MALE**  
Mike Kelley  
Tom Griffin  
John Trompler  
James Livermore  
Sam Prose  
Dick Baker  
Ron Nugent  
Ron Hillis  
David Mangold  
Darrel McMillen  
Danny Galey

\*\* = RACE DIRECTOR  
\* = VOLUNTEER

W.R.T.C. 2004 CHALLENGE SERIES  
STANDINGS AFTER 3 EVENTS

60 - 64 MALE		MALE (continued)		65 - 69 MALE			
AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Ron Lubowicz	61	20	17	3	3	17	3
Gordon Jenkins	63	18	13	2	2	17	3
Jim Burleson	61	15	13	2	2	13	3
Jim Harris	61	10	4	1	1	9	2
James Bone	64	0	0	0	0	4	1
Larry Byrd	62	0	0	0	0	17	3
Bob Bernero	62	0	0	0	0	0	0
Bob Broselow	63	0	0	0	0	0	0

70 - 99 MALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Don Sanderson	74	10	4	1	1	17	3
John Stalcup	70	9	4	1	1	13	3
Tom Bowser	77	0	0	0	0	22	3
Hugh Haynes	72	0	0	0	0	5	1

FEMALE

0 - 12 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Hanna Layman	11	30	13	3	3	17	3
Colleen Adams	10	0	0	0	0	5	1
Turner Adams	8	0	0	0	0	12	2
Tamra Jernigan	12	0	0	0	0	0	0

13 - 15 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Jessica Tedford	13	0	0	0	0	0	0
Devin DeLoe	14	0	0	0	0	0	0

16 - 19 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Melissa Doss	19	20	9	2	2	13	3
Alyssa McMennamy	18	0	0	0	0	4	1
Heather Cannon	17	0	0	0	0	0	0
Jamie Slaybaugh	16	0	0	0	0	0	0

20 - 24 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Kristen Dill	23	10	8	1	1	30	13
Jenny Beck	23	10	4	1	1	27	13

25 - 29 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Iris Rivero	28	30	17	3	3	13	3
Angela Franco	26	16	9	2	2	5	1
Mandy Cleavinger	25	6	4	1	1	0	0
Carrie Badillo	26	0	0	0	0	0	0

30 - 34 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Brandy Key	31	16	12	2	2	0	0
Heather Szostak	33	10	8	1	1	0	0
Melinda Colwell	30	9	4	1	1	4	1
Cathy Paden	33	8	5	1	1	0	0
Marianne Miller	30	8	4	1	1	0	0
Rebecca Puckett	33	0	5	1	1	0	0
Louanna Arterburn	34	0	0	0	0	12	2

35 - 39 FEMALE

AGE	PTS	MILES	EVT	MILES	EVT	MILES	EVT
Becky Rowley	39	11	5	1	1	0	0
Lourdes Juan	37	10	8	1	1	0	0
Judy Lawley	38	10	5	1	1	0	0
Vanessa Reasoner	35	9	4	1	1	0	0
Lisa Garner-Santa	35	8	5	1	1	0	0
Jill Haukos	39	8	4	1	1	0	0
Natalie Steadman	35	0	0	0	0	0	0

\*\* = RACE DIRECTOR  
\* = VOLUNTEER

Running On Empty  
By Kevin Sweeney

In March, I will celebrate four years of running. To most of my friends and family, I am sure this will come to them as quite a surprise. They have to be surprised-I sure am!

What a strange trip it has been. I have been taken to dizzying highs and terrible, near death lows. I sometimes try and recall my former self, before I became a "runner," usually on those days when I don't feel like running. I remember being heavier, out of shape, flabbier and, well, a bit of a different person. Very different in some ways.

Since that March morning, a day I remember very well, I have run for all sorts of reasons. I have run to get away from "the real world" if only for a few minutes, to forget about a tough day, to enjoy a good day, to figure out a demanding problem or enjoy "alone time," to enjoy running with friends, to enjoy running with family, to celebrate, to forget, to remember, to visit a new place, to make my sister proud, to challenge the elements and to challenge myself.

The weather has always been a part of my running, too. I have run in all types of weather. Rain, snow, sleet, freezing rain, hail, single digit wind chill, 105 plus degree temperatures, 100% humidity, and 10% humidity. Some days I run into the wind, still others, I choose to drive and run back, with the wind at my back. I enjoy those days!

I have learned how to handle dogs, as well. It's a funny thing about dogs. There are big dogs that are fast, but dumb. They sprint out of the box to give chase, then a bird catches their eye and off they go in another direction. And, of course, there are those little yippers who are slow, but steady. They will never catch you, but they refuse to quit. These dogs are like most runners I know.

Even other runners are somehow, someway divided into different groups in my mind. Some I look forward to seeing during a training run or race. I seek them out to see how they are doing and training. Others, I say nothing to, but I look forward to seeing them just the same. They are the ones I think about on days I am feeling lazy. I know they will be out training, just to beat me. When I take a day off, they don't. But I still like to see them. Usually I like

seeing them as I pass them on a tough hill, or right before the finish line. I am sure they feel the same about me.

An odd thing running has taught me is how to treat others. I can't count how many times I have been called names or had my sexuality questioned while running. It is equally amazing what people can yell or throw from a moving vehicle; to say nothing about the obscene gestures they can flash you on a moments notice. My dad will be happy and my mom will be embarrassed to know that I dish it out just as fast.

When I first started out, I would tell people I ran so I could eat pizza and hamburgers and enjoy adult beverages. But, like all runners, I quickly learned that this is not a very good training menu. Despite what Dr. Atkins says (or said) carbs are still a primary part of my training diet. I think runners need the carbs and I am happy to oblige. I have also learned that Mexican cuisine doesn't always work well as a pre-long run food. I usually remember this simple fact about 3 miles into the run!

Don't tell anyone, but I have also done a few things you aren't supposed to do. I must admit I have run more than 10% of the previous weeks mileage. I have run hard on easy days and easy on hard days. I've run a few times while being sick, too many times to remember, have I run with strained muscles and maybe a few times with a mild, happy hangover. Running won't make us healthy, but it will make you fit, and I've learned the difference between the two.

I have really tried to "listen to my body" over the last year or so. This means I can't wimp out just because I am hungry, tired or cold. I even became somewhat of a morning runner, recently. I try not to skip too many days of running, mainly because I miss the freedom to clear everything out of my mind and just enjoy everything around me. I have made friends as a runner and, sadly, lost a few.

Finally, I have found that 4 years ago running saved me in a certain way. To everyone I have ever run with, whether on a training run, as we passed running our separate ways, at a huge race or just one-on-one, thank you- and happy running birthday to me!

## COWTOWN MARATHON

This year's Cowtown Marathon, 10K, 5K and relay races all featured new courses with start and finish lines in Sudance Square in the heart of downtown Fort Worth. Most of those runners interviewed after the race were positive about the new courses, although some expressed a nostalgic longing for the old finish in the Stockyards. Over 12,000 runners participated in the day's events on February 28<sup>th</sup>. Temperatures stayed in the 40's and conditions would have been good except for stiff winds. Several club members were participants in the various races. Jeff Key was the lone marathon finisher we located with a time of 5:19:49. In the 10k, Colton Pittman captured first place in the 1-10 age group with a fine time of 50:52; brother Austin Pittman finished in 1:00:51; their parents Jennifer Trevino (1:21:46), and Mike Trevino (1:20:15) ran at a more leisurely pace; Connie Berlinger also finished the 10K with a time of 56:50. In the 5K we only found one club member in Mandy Cleavinger with a time of 37:12. Special congrats go to Colton—I'll bet he has a nice trophy to show for his effort!

## AUSTIN AMERICAN STATESMAN 10K, March 28, 2004

Nearly 15,000 runners participated in the largest 10K race in Texas. As you might expect, several club members were in attendance. Leading the way for the WTRC was Bob Jackson who finished second in the 45-49 age group and 18<sup>th</sup> overall with a time of 36:17; Hawk Harris (now living and working in Elgin, TX) finished in 39:05 (72<sup>nd</sup> overall) and dad Jim Harris clocked 49:13; John Keith (43:21) showed his heels to dad Jay Keith (44:41); other club finishers in the race included Bob Bernero, 1:05:09; Mandy Cleavinger, 1:14:25; and Jason Helton, 1:02:52. While this race is currently the biggest 10K in Texas, keep an eye on the turnout for the Texas Roundup 10K to be held on April 17<sup>th</sup> in Austin. It has hopes of topping the Austin American 10K and has set a goal of 50,000 participants!

## THE BIG D TEXAS MARATHON

Does Dallas need another marathon? Organizers of the March 28<sup>th</sup> Big D Texas Marathon think so, and they managed to draw 688 marathon finishers to their inaugural event. Yes, some of our folks were there to participate in this new event which featured a start/finish in Fair Park next to the Cotton Bowl. Club and area finishers included Jerred Hurst, 3:43:45; Mike Greer, 5:01:25 (3d, 65-69 age group); Marti Greer, 5:46:27; Greg Layton, 4:51:00; Lynn Lee, 4:35:40; Greg Hogan, 3:49:13; and Kyle Ashley, 4:16:29. The races also include relay team events and a 5K with nearly 200 finishers. It will be interesting to hear what everyone thinks about the course and the organization of this new Texas marathon. By the way the overall winners were Martina Salomonsson (3:03:03) and Niklas Kroehn (2:39:43).

FLIGHT LINE RACES  
SINCE 1987  
WEST TEXAS RUNNING CLUB'S ANNUAL APRIL RACE  
EVENT RECORDS

2 MILE  
MEN

NAME	TOWN	AGE	TIME	YEAR
0-15	Ryan Lackey	13	12:19	2003
16-19	Gary Lackey	16	10:13	* 2003
20-29	Chris Truitt	25	10:15	2001
30-34	Milt Brownfield	34	10:59	1992
35-39	Frank Sumpter, Sr.	39	11:26	1993
40-44	Jimmy Samarron	40	11:25	1995
45-49	Jim Leser	47	11:45	1994
50-54	Jim Leser	52	11:47	1999
55-59	John Harper	56	14:44	1991
60 +	John Stalcup	60	15:19	1994
Clydes	Alonzo Mendoza	42	14:27	2000
0-15	Angela Welsh	15	12:43	* 1995
16-19	Mica Hood	18	13:30	1990
20-29	Brooke Smith	21	13:10	2002
30-34	Geri Russell	34	13:58	1987
35-39	Josie Aleman	38	14:36	1990
40-44	Josie Aleman	44	17:12	1996
45-49	Martha Martinez	45	15:05	2001
50+	Estella Galvan	60	17:41	2003

10 K  
MEN

0-19	Brad Raven	26	38:14	1988
20-29	Jessie Williams	26	33:07	* 2003
30-34	Tim Green	30	36:49	1996
35-39	Tim Key	35	37:50	2003
40-44	Ken Macinnes	40	37:59	1996
45-49	Jim Leser	48	37:59	1995
50-54	George Jury	50	38:13	1987
55-59	George Jury	58	40:25	1995
60-64	Ron Lubowicz	60	44:48	2003
65-69	Ralph Wolf	65	52:31	2003
70+	Don Sanderson	71	49:46	2001
Clydes	Greg Larson	43	42:11	2002
0-19	Tara Jernigan	14	49:06	1996
20-29	Sue Houle (Spitz)	25	42:05	* 1987
30-34	Cheryl Benoit	33	44:01	1987
35-39	Moiria Ridley	35	49:05	2001
40-44	Shirley Wigley	43	48:54	1997
45-49	Shirley Wigley	45	52:48	1999
50-54	Madonne Miner	50	49:24	2003
55-59	P.J. Mitchell	55	54:49	2001

HALE MARATHON  
MEN

0-19	Alfred Hinojosa	18	1:21:58	1992
20-29	Pedro Ruiz (LCU)	26	1:11:58	* 1995
30-34	Lolo Mercado	30	1:17:55	1990
35-39	Scott Brickerd	36	1:16:24	1989
40-44	Joe Post	40	1:31:53	1989
45-49	Robert Guajardo	48	1:27:41	1991
50-54	Gary Schmidt	53	1:25:52	1990
55-59	John Tromplier	55	1:35:36	2003
60 +	Don Sanderson	64	1:41:24	1994
Clydes	Farrell Martin	36	1:32:09	2003
0-19	Leslie Vardy	18	1:56:14	1997
20-29	Sue Houle (Spitz)	28	1:34:06	1990
30-34	Marjory Stewart	34	1:29:13	* 1993
35-39	Marjory Stewart	36	1:29:16	1995
40-44	Marjory Stewart	41	1:37:16	2000
45-49	Madonne Miner	49	1:53:54	2002
50-54	Etta Mayer	50	2:10:14	1999
55+	P.J. Mitchell	57	2:02:20	2003

WEST TEXAS RUNNING CLUB'S  
18th ANNUAL FLIGHT LINE RACES  
HALF MARATHON, USA T&F Certified, #TX02008ETM  
10K, USA T&F Certified, #TX02007ETM  
and 2 MILE

EVENT # 4 OF THE W.T.R.C. CHALLENGE SERIES

WHEN:

SATURDAY, April 10, 2004

REGISTRATION: 7:00 to 7:45 A.M., On Site

RACE START: 8:00 A.M.

PRE REGISTRATION: Available, fill out and return entry form or call George Jury at 792-1237 before 7pm, Friday the 9th, then pay fee race day

WHERE:

REESE CENTER

On S. Gilbert Ave. North of TTU research bldg. West of Lubbock on 19th or 4th Street to Research Blvd

COURSE: ASPHALT ROAD ALL THE WAY; Slightly Rolling Terrain,

Out and Back for all distances

AID STATIONS: Every 2 Miles

Splits at 1 Mile, 5K and 10 Mile

AGE DIVISIONS: Half Marathon

MEN: 0-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 Plus

WOMEN: 0-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 Plus

(Special 6-12, 13-15 & 16-19 age groups in the 2 Mile) (13-15 and 16 to 19 Age Groups in the 10K)

Clydesdales and Athena Age Graded, up to 3 awards

AWARDS: Custom Designed "Pilots Wing" Medallions to at least the first three finishers in THE AGE GROUP DIVISIONS and up to 5 of each group, Special engraved "Flight Line" trophies to the Overall winners in each race

ENTRY FEE: W.T.R.C. MEMBERS \$5.00

OTHERS \$6.00 Race Day, \$10.00 Everyone

RACE DIRECTOR: Tom Griffin, 698-1503 (n), 745-3955 (d)