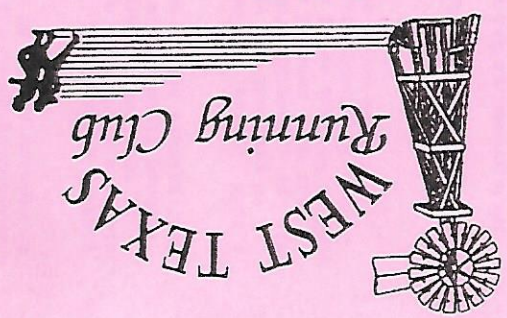


# CALENDAR

\* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- FEB. 3 **3M HALF MARATHON:** Austin, call (512) 984-7223 or [www.3m.com/races](http://www.3m.com/races)
- FEB. 5 W.T.R.C. Business meeting, Tuesday, February 5, 2002 7:00 p.m. at WEST TEXAS PETERBILT, 45th and Ave. "A"
- \* FEB. 9 **COTTON PATCH RUNS:** FRENSHIP HIGH, Wolfforth, 9am, 4 & 8 Miles, David Higgins, Race Director, 795-5823(w), 785-8562(h)
- FEB. 17 **MOTOROLA/AUSTIN MARATHON:** Austin, FMI, Call (512) 505-8304
- FEB. 23 **FORT WORTH COWTOWN MARATHON:** FORT WORTH, Call (817) 735-2033
- \* MAR. 9 **PRAIRIE DOG TOWN RUN:** MacKenzie Park, Lubbock, 4 Miles, 9am John Trompler, Race Director, 794-1359
- MAR. 16 **MARATHON of the GREAT SW:** Abilene, FMI, Call (915) 677-8144
- MAR. 23 **NUTRITION ON THE RUN 5K:** Also 1 mile fun run/walk, Lubbock Dietetic Association, Mae Simmons Park, 9am, FMI, call Gina Jarman, 725-8081(d), 795-1276(n)
- APR. 7 **CAPITOL 10,000:** Austin, FMI, call 1-512-445-3598
- \* APR. 13 **FLIGHT LINE RACES:** Reese Center, Lubbock, 8am, 2 Mi, 10K, Half Marathon, Jim Harris, Race Director, (505) 392-8945
- \* MAY 11 **HORSESHOE BEND SPRING FROLIC:** 8am, N. of Slaton, 11, 6 and 2 Mile Races, Race Director, Ron Hewett, 792-4093
- MAY 25 **LONESTAR PAPER CHASE MARATHON:** Amarillo, Call (806) 345-3451
- \* JUNE 8 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE:** Levelland, 8am 10K and 2 Mile, Race Director Al Gardner, 894-3538
- \* JULY 4 **33rd ANNUAL FIRECRACKER RUN;** Brownfield, 8am; 10 Mile and 3 Mile, kids 1 Mile, Adam Puckett, RD, 799-4745(n), 775-1236(d)
- \* AUG. 10 **HOT DAM 5 MILER:** Canyon Lake 6, Lubbock, (also 1 Mile Children's Run) 8:00 am, Etta Mayer, Race Director, 742-2907

<http://members.tripod.com/wtrc>  
For Membership, Calendar, Race Results, etc.



Newsletter  
5406 86th St.  
Lubbock, Texas 79424



February 2002

February W.T.R.C. Race  
COTTON PATCH RUNS  
9am, Saturday, February 9, 2002  
Frenship HS, Wolfforth, Texas  
Details Inside Back Cover

David Higgins  
3401 Alcove  
Lubbock, TX 79407



# WEST TEXAS RUNNING CLUB

## OFFICERS

President - Ron Lubowicz  
(H) 748-1855 (O) 745-3955  
E-mail: ronlubo@aol.com

Internal Vice-President - Tom Griffin  
(H) 698-1503  
E-mail: tomgrwp@hotmail.com

External Vice-President - Jeff Key  
(H) 799-8740  
E-mail: jkjp@nts-online.net

Secretary - Etta Mayer  
(H) 792-1471 (O) 742-2907  
E-mail: etta.mayer@ttu.edu

Treasurer - David Higgins  
(H) 785-8562 (O) 795-5823  
E-mail: d\_higgins69@hotmail.com

## WTRC Web Address:

<http://members.tripod.com/wtrc>

## DIRECTORS

Newsletter Director - John Trompler  
(H) 794-1359  
E-mail: trompler@eudoramail.com

External Race Director - Kirk Thomas  
~~(H) 799-4093~~ (H) 797-7777 (O) 749-1850  
E-mail: kthomas@statenationalbank.com  
Equipment Director - Dwayne Oakeley  
(H) 799-4473 E-mail: oakeleys@nts-online.net

Race Calendar Director - George Jury  
(H) 799-4473 (O) 792-3291  
E-mail: rungwj@aol.com

Membership Director - Adam Puckett  
(H) 799-4745 (O) 775-1236  
E-mail: ~~apuckett@nts.com~~

Internal Race Director - Sam Prose  
(H) 794-0429 (O) 762-7909  
E-mail: sprose@uspis.gov

**W. T. R. C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.**  
The WTRC monthly business meeting is on Tuesday, February, 5, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)  
All members are welcome.

## NOTES FROM THE PRESIDENT

Without a doubt, one of the best "perks" of this job is that I get to write anything I want on the inside of the front cover of the monthly newsletter. Undoubtedly this among the top reasons all of my predecessors took the position so willingly, which leads me into the first message of my term.

A little over two years ago I was approached to fill an upcoming vacancy on the WTRC Board. I had been an on again/off again member for a couple of decades, but never thought about what the Club was or what made it tick. I simply ran a few races each year, chatted with a small handful of people I had come to know, and looked for my name in the results that appeared in the next newsletter.

Then my view changed-I was able to see the Club from the inside. What a revelation! Races do not "just happen," nor do they run smoothly by coincidence. Our Club's strong membership, excellent equipment, and its sound organization are not accidents. The WTRC was blessed with the wisdom and hard work of its founders, runners whose names most of us have never heard; of their successors and their accumulated contributions to the Club's growth; and of the hundreds of volunteers whose efforts continue to maintain our Club's health.

I guess this is just a "thank you" note.

SYOTR, Ron

**WTRC LSD Training Runs** Saturdays at 7:00 a.m. and Sundays: 6:00 a.m.; meeting at the Out-door Center parking lot in Mackenzie Park For more information call Bob Bernero at 748-8418 (N)

## W. T. R. C. COTTONPATCH RUNS

8 MILE and 4 MILE RUNS  
USA T&F Certified, #'s TX97109ETM and TX97110ETM

**WHEN:** SATURDAY, FEBRUARY 9, 2002  
**REGISTRATION:** 8:00 to 8:45 A.M.  
**RACE START:** 9:00 A.M.

**WHERE:** WOLFFORTH; FRENSHIP HIGH SCHOOL, From Lubbock, take US highway 62/82 to 82nd Street, turn right across RR tracks, west to Highway 179 and turn left

**COURSE:** ASPHALT ROAD, 4 Mile; OUT and BACK, Flat 8 Mile; OUT and BACK, Mostly Flat WATER and SPLITS at 2, 4, and 6 Miles

**ENTRY FEE:** W. T. R. C. MEMBERS \$5.00 OTHERS \$6.00  
**Pre-Registration Available:** Return form in Newsletter or call David Higgins before 7pm, Friday, Feb. 13th.

## AGE DIVISIONS, AWARDS:

Custom Medals;  
3 deep & up to 50 Percent deep in each age division,  
(Maximum of 5 awards)

**MEN,** 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44,  
45-49, 50-54, 55-59, 60-64, & 65+

**WOMEN,** 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44,  
45-49, 50-54, & 55+

(6-12, 13-15 and 16-19 Age Groups in the 4 Mile)

**RACE DIRECTOR:** David Higgins, 795-5823 (d), 785-8562 (n)

We will have access to the High School cafeteria and rest-rooms for registration and the awards ceremony. **Volunteers are needed, please call David at one of the numbers above.**

## MEMBERSHIP RENEWAL

Once again, membership renewal forms are inserted for those who have not yet renewed by January 21st. The March newsletter will be the last unless renewal is made by March 21st.



LOOP THE LAKE REPORT

It was a great day for a run. The temperature was almost perfect with a slight chill in the air at the beginning, and layers of clothing coming off about half way through. The geese were not too messy on the East side of University and thanks to Ronnie Nugent what damage they had done was cleared up making way for the runners.

My fears of being the first race director to lose someone to traffic were dispelled by the courageous efforts of Don Sanderson and Dwayne Oakley as they braved the traffic of University Avenue in the absence of the police. I figured they were both pretty quick and could get out of the way if they needed to.

Other volunteers who need mention were my two sons Caleb and Nathan who almost acted as co-directors. Tom Griffin, Frank and Casey Sumpter, Tony Aleman, Jim Wilhelm, Julie Cribbs, and Jim and Mary Harris. I also appreciate Rebecca Puckett for her work with the sale of club items and yearly registration. Special thanks go to George Jury and Ron Lubowicz for all their help and encouragement to this first time race director.

Congratulations to all of you runners and especially to Bob Jackson who was the overall male winner in 27:53 and Moira Ridley who was the overall female winner in a time of 38:28. Special recognition is also in order for Madame Miner who broke an existing age group record (F45-49) with a time of 40:55, and for Estella Galvan who established an age group record (F55-59) with a time of 51:42.

Again, thanks for coming out and I hope to see you all next year.

Jim Beck

MEMBER NEWS

DALLAS WHITE ROCK MARATHON

Our report last month on club members who finished the 2001 White Rock Marathon omitted the fine effort of Don Sanderson who completed the course in 3:59:41, and garnered second place in the 70 and older division (Don is 72). Running Don's time through an age adjusted performance calculator shows that this would be the equivalent of a 2:56:14 performance. Good work Don!

WTRC WEBSITE RECOGNIZED

Coolrunning.com regularly recognizes a running club website as site of the week. Our site was featured last October. If you have not visited our website give it a try. The site includes a race calendar, results, photo pages and a host of other information at <http://members.tripod.com/wtrc>. David Higgins and Michael Kregler (a coworker of David's) are responsible for maintaining the site, and deserve our thanks for the great job they are doing.

CHALLENGE SERIES AWARDS

The following members have not yet picked up their awards or 66-mile jerseys. We will have them for you at the Cotton Patch Run or you can call Ron Lubowicz at 794-3955 to make other arrangements. The members are: Marsha Bennett, Jim Wilhelm, Ed Dabrowski, Denise Bray, Frank and Casey Sumpter, Wayne Ivey, Jim and Hawk Harris, Diane Calhoun, Ginger Stanley, Hope Jimenez, Kirk Thomas, Russell Martin, Natalie Steadman, Ron Hewett, Ronnie Prigg, and Al Gardner.

THE 11th ANNUAL LOOP THE LAKE 5 MILE ROAD RACE  
 EVENT NUMBER 1 OF THE 2002 WTRC CHALLENGE SERIES \*\*\*\*\*  
 January 12, 2002

PLACE	NAME	AG	S	DIV	PLACE	TOWN	ST	TIME	PACE
1	BOB JACKSON	43	M		1	M4044 HOBBS	NM	27:53	5:35
2	HAWK HARRIS	25	M		1	M2529 HOBBS	NM	28:37	5:44
3	CODY TURNER	18	M		1	M1619 SHALLOWATER	TX	31:43	6:21
4	HENRY SANTOS	30	M		1	M3034 LUBBOCK	TX	33:20	6:40
5	JACOB KELLY	21	M		1	M2024 LUBBOCK	TX	33:36	6:44
6	BEN WRIGHT	18	M		2	M1619 LUBBOCK	TX	33:48	6:46
7	ALBERT CASTRO	21	M		2	M2024 LUBBOCK	TX	33:55	6:47
8	AL GARDNER	45	M		1	M4549 LEVELLAND	TX	33:56	6:48
9	KEN JERNIGAN	50	M		1	M5054 MILES	TX	34:27	6:54
10	EPI AGUIRRE	43	M		2	M4044 LUBBOCK	TX	34:55	6:59
11	BRENT LOWREY	40	M		3	M4044 LUBBOCK	TX	35:01	7:01
12	NATE WILSON	46	M		3	M4549 LUBBOCK	TX	35:27	7:06
13	CRAIG JACKSON	37	M		1	M3539 RANSOM CANYON	TX	35:53	7:11
14	PAUL PARE	35	M		2	M3539 LUBBOCK	TX	36:31	7:19
15	TOM CUNNINGHAM	45	M		3	M4549 PLAINVIEW	TX	36:32	7:19
16	JOSHUA SALAZAR	22	M		3	M2024 LUBBOCK	TX	37:14	7:27
17	DAVID HIGGINS	49	M		4	M4549 LUBBOCK	TX	37:27	7:30
18	MARK ALBUS	45	M		5	M4549 LEVELLAND	TX	37:33	7:31
19	RON LUBOWICZ	58	M		1	M5559 LUBBOCK	TX	37:45	7:33
20	ROBERT FORTNEY	48	M		6	M4549 LUBBOCK	TX	37:47	7:34
21	DAVID PRESTON	36	M		3	M3539 LUBBOCK	TX	38:22	7:41
22	MOIRA RIDLEY	36	F		1	F3539 LUBBOCK	TX	38:28	7:42
23	JOE POST	53	M		2	M5054 LUBBOCK	TX	38:36	7:44
24	RUSSEL MARTIN	43	M		4	M4044 SHALLOWATER	TX	38:40	7:44
25	JAY KEITH	43	M		5	M4044 LUBBOCK	TX	38:59	7:48
26	JOHN TROMPLER	54	M		3	M5054 LUBBOCK	TX	39:07	7:50
27	DANNY GALEY	56	M		2	M5559 COLORADO CITY	TX	39:33	7:55
28	DARREL PHILLIPS	53	M		4	M5054 LUBBOCK	TX	39:38	7:56
29	KEVIN BURPO	23	M		4	M2024 LUBBOCK	TX	39:44	7:57
30	BRUCE FELLERS	48	M		7	M4549 LUBBOCK	TX	39:52	7:59
31	CLINT STEPHENSON	31	M		2	M3034 LUBBOCK	TX	40:06	8:02
32	ADAM TAYLOR PUCKETT	30	M		3	M3034 LUBBOCK	TX	40:31	8:07
33	ALLYSSA PRESTON	13	F		1	F1315 LUBBOCK	TX	40:44	8:09
34	MADONNE MINER	49	F		1	F4549 LUBBOCK	TX	40:55	8:11
35	MIKE KELLEY	53	M		5	M5054 LUBBOCK	TX	41:36	8:20
36	STEVIE BIGHAM	48	M		8	M4549 LUBBOCK	TX	41:55	8:23
37	SHAE BEARDEN	25	F		1	F2529 LUBBOCK	TX	41:57	8:24
38	SHIRLEY WIGLEY	48	F		2	F4549 LUBBOCK	TX	42:00	8:24
39	MATTHEW JORDAN	36	M		4	M3539 LUBBOCK	TX	42:25	8:29
40	BARBARA SLATON	43	F		1	F4044 MIDLAND	TX	42:41	8:33
41	JAMES WICKERSHAM	41	M		6	M4044 LUBBOCK	TX	43:09	8:38
42	MARK GARLAND	48	M		9	M4549 LUBBOCK	TX	43:31	8:43
43	MIKE MORRIS	46	M		10	M4549 LUBBOCK	TX	43:50	8:46
44	JAMES LIVERMORE	54	M		6	M5054 LUBBOCK	TX	43:56	8:48
45	JUNIOR MENDOZA	44	M		7	M4044 LEVELLAND	TX	44:42	8:57
46	PATRICK COOK	46	M		11	M4549 LUBBOCK	TX	44:43	8:57
47	JESSICA ROA	31	F		1	F3034 SANTA CRUZ	CA	44:44	8:57
48	ETTA MAVER	52	F		1	F5054 LUBBOCK	TX	44:45	8:57
49	DICK BAKER	56	M		3	M5559 LUBBOCK	TX	45:11	9:03
50	DAVID MALONE	44	M		8	M4044 LUBBOCK	TX	45:16	9:04
51	MARITZA GAMBOA	24	F		1	F2024 LUBBOCK	TX	45:22	9:05
52	VANESSA REASONER	33	F		2	F3034 LUBBOCK	TX	45:40	9:08
53	MIKE GREER	63	M		1	M6064 LUBBOCK	TX	45:43	9:09
54	CATHY PADEN	31	F		3	F3034 SLATON	TX	46:24	9:17
55	DAHLIA HOOD	42	F		2	F4044 LUBBOCK	TX	47:12	9:27
56	MARSHA BENNETT	38	F		2	F3539 LUBBOCK	TX	47:25	9:29
57	ANGELA FRANCO	24	F		2	F2024 MIDLAND	TX	47:29	9:30
58	BILL ROGER	62	M		2	M6064 LEVELLAND	TX	47:30	9:30
59	MICKEY DAVIS	44	M		9	M4044 ABERNATHY	TX	48:03	9:37
60	SAM PROSE	53	M		7	M5054 LUBBOCK	TX	49:28	9:54
61	ROBIN THOMAS	41	F		3	F4044 MORTON	TX	51:12	10:15
62	ESTELLA GALVAN	59	F		1	F5559 BROWNFIELD	TX	51:42	10:21
63	MIKE TREVINO	32	M		4	M3034 LUBBOCK	TX	51:54	10:23
64	JOSIE ALEMAN	50	F		2	F5054 LUBBOCK	TX	52:25	10:29
65	MEL OSBURN	63	M		3	M6064 SLATON	TX	53:43	10:45
66	ADAM ANDREWS	47	M		12	M4549 LUBBOCK	TX	57:10	11:26

\* = New Age Group Standards



\*\*\*\* The West Texas Running Club's 2002 Challenge Series \*\*\*\*

The WTRC CHALLENGE SERIES continues for 2002, as a 12 month series of 13 races culminating in year-end awards for performance, endurance and participation by club members in our monthly club races. The schedule of events is listed in the calendar of each newsletter, and each designated race will be detailed in the W.T.R.C. Newsletter prior to that race. Additional categories this year will again recognize non running volunteers.

All members desiring to participate in the 2002 Challenge Series must volunteer to serve as a non-running worker at one Challenge Series event as an entry requirement. (There will be no duplication of awards)

The 2002 Challenge Series features these categories:

1. **66 Mile Club \*\*** All members completing 66 miles in qualifying events will receive an award denoting that achievement. There will be a total of approximately 101 qualifying miles available. Any member serving as RACE DIRECTOR will be credited with double mileage for the most miles in that event. Any member who serves as a volunteer will be credited for the most miles at those races with more than one distance.

2. **MILEAGE AWARD \*\*** An award will be presented to the male and female members who accumulate the most miles for the year in qualifying events. All provisions for Race Directors and volunteers listed above apply to this category.

3. **PARTICIPATION AWARD \*\*\*** An award will be presented to the female and male members who participate in the greatest number of qualifying events. All provisions for Race Directors and volunteers apply to this category.

4. **VOLUNTEER OF THE YEAR \*\*** Up to three awards will be given to those non runners who help the most at club sanctioned events. These selections will be made by the Race Directors.

5. **VICTOR'S RANKINGS \*\*\*\*** Points will be earned at each qualifying event in the following Age and Sex groupings:

A. Divisions will include: **MALE AGE GROUPS:** 0-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

**FEMALE AGE GROUPS:** 0-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54 & 55 Plus

(Those less than 12 must run in the shortest races offered)

B. The 1st place finisher in each division at each distance at each qualifying event will earn 10 points, the 2nd place, 9 points, 3rd place, 8 points, and so on down to 1 point for 10th place finisher. This rewards both performance and participation, i.e., if a runner finishes last in their division, but only 3 other runners in that division attend that race, the last place finisher would still earn 7 points for a 4th place finish. This allows slower runners who attend more races to accumulate additional points over their faster competitors who do not participate as often. For example, a runner who attends 10 events and earns 6 points at each would have more points than a competitor who won each of 5 events he entered, thus rewarding participation and performance. Also, runners may enter any distance available at a qualifying event and still earn points. (Except those under 12 years of age must run in the shortest race)

( Overall winners will be awarded 11 points in their Age Group)

C. Awards will be presented to a minimum of 3 and up to 5 of the top point scorers in each division. Awards will be presented at a year end membership meeting.

D. To win a "Points" award a member must have run in at least 3 events and volunteered for at least one other.

E. Monthly Challenge Series Statistical Updates will appear in the Newsletter.

**RUNNING SAFETY**

On December 3, 2001, a 52 year old male runner was struck by a car while taking his early morning run along north Frankford Avenue, near Erskine street in northwest Lubbock. This runner's body hit the windshield of the car and smashed it in causing injuries to the car's occupants. He was severely injured with many fractures and head damage and died approximately 2 days later.

Not to be disrespectful of his grieving family there are several lessons we runners can learn from this tragedy.

There are several things this person was doing which contributed to his vulnerability. First of all, he was running in the pitch dark at 5:30 in the morning along an area that is under construction and very poorly lighted. Secondly, he was wearing headphones. Thirdly it was reported that his clothing was a dark color, and fourth he was running on the right side of the road. Had he been able to hear, in spite of the other risks he took, he might have been able to jump out of the way of the vehicle. Although the RRCA has relaxed it's rules regarding the wearing of headphones in races in regards to insurance issues, the following is still their policy in regards to safety.

"The Road Runners Club of America recommends against the wearing of HEADPHONES in races. The RRCA also urges extreme caution in any use of HEADPHONES in training or routine running, particularly in isolated areas."

"HEADPHONES can prevent a runner from hearing approaching vehicles. HEADPHONES, particularly on a woman runner, may aid a potential attacker, intent on assaulting a runner due to the inability of the runner to hear."

**SAFETY TIPS**

- 1) Do not wear headphones
- 2) After dark, run in a well lighted area, preferably wearing light colored clothing and even better, a reflective vest.
- 3) Run on sidewalks or grass and avoid narrow streets and roads.
- 4) Always run facing oncoming traffic, preferably where there is a wide shoulder.
- 5) Always carry an ID (I would wear a "dog tag" on a chain around my neck or a plastic pet ID tag in a shoe lace)
- 6) Avoid streets or roads when there is snow and ice, you may have good footing, but an automobile may slide into you!

George W. Jury

**WORDS THAT INSPIRE**

From RUNNER'S WORLD online

"I love the competition. I love pushing myself to the limit. But what I really love is the freedom of running. I love the release. I love the almost purifying effect of a good run. You can have a frustrating, shoddy day at school, and then you go out for a nice run and you appreciate nature, you let everything slow down a little, and you get yourself back in balance." -Amber Trotter, the fastest girl cross-country runner in U.S. high school history.

(We reported in last months newsletter that Amber finished 40 seconds ahead of the 2nd place girl at the FOOTLOCKER national meet in 16:24.7 for 5K.)

# Cotton Patch Runs

February 9, 2002

**Mail  
Registration  
thru Feb 7th**  
Telephone registration  
by 7:00 P.M. on February 8th  
792-3291(d) , 792-1237 (n)

**\$5.00 WTRC members, \$6.00 non members**  
**Make checks payable to the West Texas Running Club**  
**Mail checks & entry forms to:** George W. Jury  
5212 44 th Street  
Lubbock, Texas 79414

**Race starts at 9:00 A.M.**  
**at Frenship HS, Wolfforth**  
David Higgins, Race Director  
795-5823 (o), 785-8562 (h)

**Waiver - all entrants must read and sign**

The West Texas Running Club, agents, or representatives of the same, or any volunteers shall not be responsible for, and shall be saved and held harmless by myself, from and against any and all claims and damages of every kind, for injury to or death of any person or persons and for damages to or loss of property arising out of or attributed to indirectly, to participant in the 2002 Cotton Patch Runs. This indemnity shall extend to and shall be binding on their heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death, and that proper physical training is necessary prior to such participation. Roller blades, skates, skateboards, strollers, and pets are not permitted on the race course and earphones are strongly discouraged because of the probability of increased injuries.

**This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.**

Signature of entrant \_\_\_\_\_ Signature of guardian(minors) \_\_\_\_\_

Age \_\_\_\_\_ (on race day) Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_\_\_\_\_ Clydesdale (190 lbs or more)

Name \_\_\_\_\_ Female \_\_\_\_\_ Athena (150 lbs or more)

Street Address \_\_\_\_\_ Race Distance \_\_\_\_ 4 miles \_\_\_\_ 8 miles

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone Number \_\_\_\_\_