

# CALENDAR

\* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

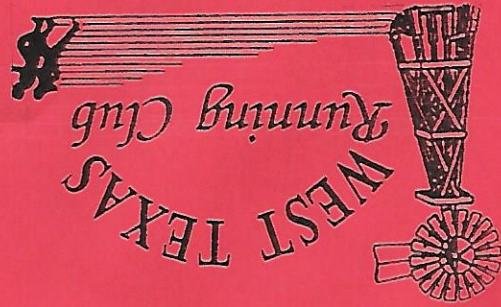
- DEC. 7 **JINGLE BELL RUN:** 5K & 10K, Midland, Lisa Neal, 915-682-4966
- DEC. 10 **W.T.R.C. Business meeting, Tuesday, December 10, 2002**  
7:00 p.m. at WEST TEXAS PETERBILT, 45th and Ave. A
- \* DEC. 14 **REDLINE 4 MILE CROSS COUNTRY:** MAE SIMMONS PARK, Lubbock, 10 am  
FMI, call Tom Griffin, 898-1503 (h)
- DEC. 15 **WHITEROCK MARATHON:** Dallas, (214)526-5318 ([www.runtherock.com](http://www.runtherock.com))
- JAN. 11 **LOOP THE LAKE 5 MILE:** Buddy Holly Park, 10am, Race Director  
Jim Beck, 720-7659 (d), 784-0056 (n)
- JAN. 19 **HP/HOUSTON MARATHON:** (713) 957-3453([www.hphoustonmarathon.com](http://www.hphoustonmarathon.com))
- FEB. 2 **3M HALF MARATHON:** Austin, (512)984-7223 ([www.3M.com/races](http://www.3M.com/races))
- \* FEB. 8 **COTTON PATCH RUNS:** FRESHUP HIGH, Wolfforth, 9am, 4 & 8 Miles,  
David Higgins, Race Director, 795-5823(w), 785-8562(h)
- FEB. 16 **MOTOROLA/AUSTIN MARATHON:** Austin, FMI, Call (877) 601-6686  
e-mail, [info@motorolamarathon.com](mailto:info@motorolamarathon.com)
- FEB. 22 **FORT WORTH COWTOWN MARATHON:** FORT WORTH, Call (817) 735-2033  
e-mail, [cowntownmarathon@hsc.unt.edu](mailto:cowntownmarathon@hsc.unt.edu)
- \* MAR. 8 **PRAIRIE DOG TOWN RUN:** Mackenzie Park, Lubbock, 4 Miles, 9am  
John Trompler, Race Director, 794-1359
- MAR. 15 **MARATHON of the GREAT SW:** Abilene, FMI, Call (915) 677-8144
- MAR. 29 **NUTRITION ON THE RUN 5K:** Also 1 mile fun run/walk,  
Lubbock Dietetic Association, Mae Simmons Park, 9am,  
FMI, call Gina Jarman, 725-8081(d), 795-1276(n)
- MAR. 30 **CAPITOL 10,000:** Austin, FMI, call 1-512-445-3598  
[www.statesman.com/10K](http://www.statesman.com/10K)
- \* APR. 12 **FLIGHT LINE RACES:** Reese Center, Lubbock, 8am, 2 Mi, 10K,  
Half Marathon, Jim Harris, Race Director, (505) 392-8945
- \* MAY 10 **HORSESHOE BEND SPRING FROLIC:** 8am, N. of Slaton, 11, 6 and 2  
Mile Races, Race Director, Ron Hewett, 792-4098
- MAY 24 **LONESTAR PAPER CHASE MARATHON:** Amarillo, Call (806) 345-3451
- \* JUNE 14 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE:** Levelland, 8am  
10K and 2 Mile, Race Director Al Gardner, 894-3538
- \* JULY 4 **33rd ANNUAL FIRECRACKER RUN:** Brownfield, 8am, 10 Mile and 3  
Mile, kids 1 Mile, Adam Puckett, RD, 799-4745(n), 775-1236(d)  
<http://wtnc.tripod.com>

For Membership, Calendar, Race Results, etc.



Season's Greetings  
from  
The Officers and Directors  
of the  
West Texas Running Club

David Higgins  
3401 Alcove  
Lubbock, TX 79407



Newsletter  
5406 86th St.  
Lubbock, Texas 79424

December 2002



RED LINE CROSS COUNTRY 4 MILE  
10am, Saturday, December 14, 2002  
Mae Simmons Park  
Lubbock, TX  
Details Inside Back Cover

# WEST TEXAS RUNNING CLUB

## OFFICERS

President - Ron Lubowicz  
(H) 748-1855 (O) 745-3955  
E-mail: ronlubo@aol.com

Internal Vice-President - Tom Griffin  
(H) 698-1503  
E-mail: tomgrwtp@hotmail.com

External Vice-President - Jeff Key  
(H) 799-8740  
E-mail: jkcp@nts-online.net

Secretary - Etta Mayer  
(H) 792-1471 (O) 742-2907  
E-mail: etta.mayer@ttu.edu

Treasurer - David Higgins  
(H) 785-8562 (O) 795-5823  
E-mail: d\_higgins69@hotmail.com

Immediate Past President - Mike Kalley  
(H) 765-0441  
E-mail: mkalleyrun@yahoo.com

WTRC Web Address:  
<http://wtrc.tripod.com>

## DIRECTORS

Newsletter Director - John Trompler  
(H) 794-1359  
E-mail: trompler@eudoramail.com

External Race Director - Kirk Thomas  
(H) 797-7732 (O) 749-1850  
E-mail: kthomas@statenationalbank.com

Equipment Director - Wayne Oakeley  
(H) 799-4473  
E-mail: oakeleys@nts-online.net

Race Calendar Director - George Jury  
(H) 792-1237 (O) 792-3291  
E-mail: rurgwj@aol.com

Membership Director - Adam Puckett  
(H) 799-4745 (O) 775-1236  
E-mail: inuntheforeiam@msn.com

Internal Race Director - Sam Prose  
(H) 794-0429 (O) 762-7909  
E-mail: soprose@usps.gov

Club Historian - James Livermore  
(H) 792-5815  
E-mail: jimone@nts-online.net

7817435

## WEST TEXAS RUNNING CLUB'S 17th Annual RED LINE FOUR MILE CROSS COUNTRY RUN

### BENEFITTING LEIGH DANIEL OLYMPIC TRAINING FUND

Donations accepted, T-Shirts available for \$10 extra with mail in entry only, to be assured of getting a shirt.

See Entry Form for Details

**WHEN:** SATURDAY, DECEMBER 14, 2002  
REGISTRATION: 9:00-9:45 A.M.  
RACE START AT 10:00 A.M.

**WHERE:** MAE SIMMONS PARK, East 24th St. & MARTIN LUTHER KING AVE. Register in Mae Simmons Center North of Canyon Lake Drive

**COURSE:** RUGGED, HILLY, FOUR MILE CROSS COUNTRY

**ENTRY FEE:** W.T.R.C. MEMBERS= \$ 5.00  
Non Members = \$ 6.00

\$10 Extra for T-Shirt if entry mailed

Phone PRE REGISTRATION AVAILABLE: WTRC

Members only call George at 792-3291(d) or 792-1237(n) before 7pm, Friday, December 13th

**AWARDS:** Will be given to the first Three or up to 50% of the participants in the Divisions  
Maximum of 5

### AGE DIVISIONS:

**MEN:** 0-12; 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70+

**WOMEN:** 0-12; 13-15; 16-19; 20-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60 and Over

**RACE DIRECTOR:** Tom Griffin, 745-3955 (d)  
748-1855 (n)

\*\*\*\*\*

### 2003 RACE ENTRY BARGAIN

For \$50 pre-paid with membership renewal you may register for all eleven 2003 club races that do not have T-Shirts.

## NOTES FROM THE PRESIDENT

In some of my past writings I commented on the member-friendly nature of the West Texas Running Club. Some of you have jumped on this theme and have come up with several ideas that will make our Club and its events even better in the future. This spirit from within the membership is one of the key ingredients to keeping long distance running vital in West Texas.

A great example of an idea that is a win-win-win for the Club, the individual members, and the administration of our monthly Club races is Jim Wilhelm's recently published suggestion to offer the option to make a \$50 annual pre-payment which will guarantee pre-registration for all the Club's regular events except the RRRR and the Turkey Trot. You are guaranteed a number, do not have to remember to call in your registration or to mail in your check, do not have to bring your wallet, and can show up relatively late, pick up your race packet and still enjoy the event. And because you are automatically in the computer, the race director will not have to delay the start of the race because too many runners-come-lately hadn't been issued numbers yet. Also, there will probably be an increase in race attendance for those (like me) who will reason something like this... "well, I'm going to run sometime today anyway, and since I've already paid, I may as well run in the race."

I hope that many of you, especially the more "regular" runners, see the benefits of this offering and take advantage of it when you send in your membership renewals. And please, keep on thinking of ideas like this that will keep your Club moving forward.

SYOTR, Ron

W.T.R.C. RACES ARE USUALLY HELD THE 2ND SATURDAY OF EACH MONTH.  
The WTRC monthly business meeting is on Tuesday, December 10, 7:00 p.m. at West Texas Peterbilt, 4515 Ave. A, Sales & Leasing Office (closest to Ave A)  
All members are welcome.

**REDLINE CROSS COUNTRY**  
4 MILE  
**EVENT RECORDS (Since 1986)**

**MEN**

AGE	NAME	TOWN	AGE	TIME	YEAR
0-12	Trey Jennigan	Sundown	12	26:08	1990
13-15	Larry Knapp	Lovington	15	24:36	1993
16-19	Ryan Cruz	Shallowater	17	21:53	1998
20-29	Jackson Makene	Levelland	22	21:00	1996 *
30-34	Mark Manley	Whitharal	30	22:50	1990
35-39	Bob Jackson	Hobbs, NM	38	21:52	1996
40-44	Bob Jackson	Hobbs, NM	43	22:50	2001
45-49	Robert Guajardo	Levelland	48	24:04	1990
50-54	George W. Jury	Lubbock	51	25:12	1987
55-59	George W. Jury	Lubbock	55	25:59	1991
60-64	Don Sanderson	Tulia	64	29:47	1993
65-69	Don Sanderson	Tulia	67	31:25	1996
70+	Don Sanderson	Tulia	70	35:53	1999

**WOMEN**

AGE	NAME	TOWN	AGE	TIME	YEAR
0-12	Hope Jimenez	Lamesa	12	30:08	1996
13-15	Christina Vasquez	Lubbock	15	26:47	1989 *
16-19	Mindy Sullivan	Lubbock	16	27:52	2000
20-29	Sue Houle	Lubbock	28	27:17	1989
30-34	April Stein	Lubbock	31	31:10	1989
35-39	Caylene Cadde l l	Lubbock	35	28:12	1986
40-44	Diane Calhoun	Idalou	42	29:44	2000
45-49	P.J. Mitchell	Lubbock	48	34:25	1992
50+	Eva Martinez	Lubbock	50	37:49	1994

**\* OVERALL COURSE RECORDS**

\*\*\*\*\*

**MEMBERSHIP RENEWAL**

Membership renewal forms are inserted in this issue as our new year begins with January. Please fill out the forms completely. The membership fee is \$ 15 Plus \$ 3 for each additional family member at the same address. An increase in the family member cost is because of increased insurance costs.

**The 30th ANNUAL BUFFALO WALLOW RACES**  
NOVEMBER 9, 2002  
HALF MARATHON USAT&F CERTIFIED, #TX93087E1M  
BUFFALO SPRINGS LAKE, LUBBOCK, TEXAS  
**HALF MARATHON OVERALL RESULTS**

PLACE	NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1	BURKE BINNING	LUBBOCK	TX	25	M	1	M2529	1:22:16	6:17
2	QUENT BEARDEN	LUBBOCK	TX	27	M	2	M2529	1:26:01	6:34
3	TIM KEY	LUBBOCK	TX	35	M	1	M3539	1:30:08	6:53
4	DAVID STEADMAN	LUBBOCK	TX	33	M	1	M3034	1:33:49	7:10
5	EPI AGUIRRE	LUBBOCK	TX	44	M	1	M4044	1:36:24	7:22
6	JARED ACKERMAN	MEADE	KS	18	M	1	M1619	1:36:52	7:24
7	BEN WRIGHT	LUBBOCK	TX	18	M	2	M1619	1:38:42	7:32
8	JOHN TROMPLER	LUBBOCK	TX	55	M	1	M5559	1:38:56	7:33
9	FARRELL MARTIN	LUBBOCK	TX	36	M	2	M3539	1:41:38	7:45
10	JAY KEITH	LUBBOCK	TX	44	M	2	M4044	1:42:33	7:50
11	DANIEL KAAZ	LUBBOCK	TX	33	M	2	M3034	1:44:02	7:57
12	BILL MARKUNAS	HASKELL	TX	42	M	3	M4044	1:44:29	7:59
13	DANIEL HERMAN	HOBBS	NM	39	M	3	M3539	1:45:04	8:01
14	STEVE COLLAZO	LUBBOCK	TX	45	M	1	M4549	1:47:58	8:15
15	HANK IVEY	LUBBOCK	TX	33	M	3	M3034	1:48:41	8:18
16	MARK ALBUS	LUBBOCK	TX	46	M	2	M4549	1:48:43	8:18
17	PAUL PAREY	LUBBOCK	TX	40	M	4	M4044	1:49:11	8:20
18	RUSSEL MARTIN	SHALLOWATER	TX	44	M	5	M4044	1:50:49	8:28
19	TOM WEST	LUBBOCK	TX	45	M	3	M4549	1:51:24	8:30
20	BOB BLAKE	LUBBOCK	TX	38	M	4	M3539	1:51:28	8:31
21	BRENT TIDWELL	LUBBOCK	TX	45	M	4	M4549	1:51:32	8:31
22	GLENN MCFALL	MEADE	KS	48	M	5	M4549	1:53:11	8:38
23	RANDY HOLLOWAY	LUBBOCK	TX	46	M	6	M4549	1:54:15	8:43
24	MARY BRANSOME	LUBBOCK	TX	42	F	1	F4044	1:54:48	8:46
25	SHAWNA ROUNTREE	LUBBOCK	TX	21	F	1	F2024	1:54:52	8:46
26	LAURA PATTON	LUBBOCK	TX	34	F	1	F3034	1:55:23	8:49
27	GARY LINDSEY	LUBBOCK	TX	54	M	1	M5054	1:55:40	8:50
28	ROB CRUMPLER	MIDLAND	TX	33	M	4	M3034	1:55:44	8:50
29	MINDY HATCH	LUBBOCK	TX	41	F	2	F4044	1:56:29	8:54
30	BRENT LOWERY	LUBBOCK	TX	41	M	6	M4044	1:56:30	8:54
31	HURMON GRAHAM	LUBBOCK	TX	17	M	3	M1619	1:56:53	8:55
32	SHAE BEARDEN	LUBBOCK	TX	25	F	1	F2529	1:58:23	9:02
33	MADONNE MINER	LUBBOCK	TX	50	F	1	F5054	1:58:33	9:03
34	WAYNE SELF	PORT LAVACA	TX	56	M	2	M5559	1:58:47	9:04
35	STEVE NIEMAN	SHALLOWATER	TX	48	M	7	M4549	1:59:54	9:09
36	CALEB BECK	LUBBOCK	TX	19	M	4	M1619	1:59:56	9:09
37	CHRISTINE WILLIAMS	LUBBOCK	TX	18	F	1	F1619	1:59:59	9:10
38	DARREL PHILLIPS	LUBBOCK	TX	54	M	2	M5054	2:00:04	9:10
39	RANDI CUMMINGS	LUBBOCK	TX	24	F	2	F2024	2:00:25	9:12
40	JERRED HURST	IDALOU	TX	22	M	1	M2024	2:01:19	9:16
41	DINA PHILLIPS	LUBBOCK	TX	36	F	1	F3539	2:01:49	9:18
42	DAWN BURROW	MIDLAND	TX	27	F	2	F2529	2:01:50	9:18
43	JOAN NEAGLE	MIDLAND	TX	44	F	3	F4044	2:01:50	9:18
44	LISA LAMB	MIDLAND	TX	38	F	2	F3539	2:01:51	9:19
45	JENNY COMOLY	LUBBOCK	TX	22	F	3	F2024	2:03:53	9:27
46	NATALIE STEADMAN	LUBBOCK	TX	35	F	3	F3539	2:04:07	9:29
47	ROD BURGETT	SHALLOWATER	TX	37	M	5	M3539	2:04:43	9:31
48	NOE DELLES	LUBBOCK	TX	35	M	6	M3539	2:05:07	9:33
49	JIM WALKER	LEVELLAND	TX	55	M	3	M5559	2:05:34	9:35
50	DANIEL SHEGITZ	DALLAS	TX	46	M	8	M4549	2:06:16	9:38
51	PAM GASCHEN	LUBBOCK	TX	37	F	4	F3539	2:07:42	9:45
52	BRAD EWING	LUBBOCK	TX	38	M	7	M3539	2:09:03	9:51

The 30th ANNUAL BUFFALO WALLOW RACES

NOVEMBER 9, 2002  
HALF MARATHON USAT&F CERTIFIED #TX93087ETM  
HALF MARATHON OVERALL RESULTS (Continued)

MISCELLANEOUS CLUB MEMBER RESULTS

PLACE NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
53 TOM GRIFFIN	LUBBOCK	TX	53	M	3	M5054	2:09:54	9:55
54 DAVID MALONE	LUBBOCK	TX	45	M	9	M4549	2:11:42	10:03
55 JIM WILHELM	LUBBOCK	TX	52	M	4	M5054	2:12:45	10:08
56 JIM BECK	LUBBOCK	TX	43	M	7	M4044	2:12:52	10:09
57 MIKE KELLEY	LUBBOCK	TX	53	M	5	M5054	2:13:10	10:10
58 MIKE TREVINO	LUBBOCK	TX	33	M	5	M3034	2:14:02	10:14
59 NATHAN BECK	LUBBOCK	TX	16	M	5	M1619	2:14:36	10:17
60 MIKE GREER	RANSOM CANYON	TX	63	M	1	M6064	2:14:43	10:17
61 SHANNA ARMSTRONG	LUBBOCK	TX	28	F	3	F2529	2:14:46	10:17
62 DICK BAKER	LUBBOCK	TX	57	M	4	M5559	2:15:11	10:19
63 KEN MCEACHERN	LUBBOCK	TX	61	M	2	M6064	2:17:28	10:30
64 ARLAN PATTON	LUBBOCK	TX	48	M	10	M4549	2:20:42	10:44
65 ETTA MAYER	LUBBOCK	TX	53	F	2	F5054	2:21:29	10:48
66 AARON SELF	LUBBOCK	TX	23	M	2	M2024	2:22:53	10:54
67 MIKE MORRIS	LUBBOCK	TX	47	M	11	M4549	2:23:17	10:56
68 ALLISON MORRIS	LUBBOCK	TX	29	F	4	F2529	2:23:31	10:57
69 KIM HIRMAS	LUBBOCK	TX	26	F	5	F2529	2:26:43	11:12
70 KELLY DECKER	LUBBOCK	TX	22	F	4	F2024	2:27:56	11:18
71 MALINDA COLWELL	LUBBOCK	TX	29	F	6	F2529	2:28:41	11:21
72 RON KEY	LUBBOCK	TX	59	M	5	M5559	2:28:44	11:21
73 MARTI GREER	RANSOM CANYON	TX	44	F	4	F4044	2:33:39	11:44
74 MARSHA BENNETT	LUBBOCK	TX	39	F	5	F3539	2:34:11	11:46

2 MILE OVERALL RESULTS

PLACE NAME	TOWN	ST	AG	S	DIV	PLACE	TIME	PACE
1 HENRY SANTOS	LUBBOCK	TX	31	M	1	M3034	13:08	6:34
2 TOM CUNNINGHAM	PLAINVIEW	TX	46	M	1	M4549	13:17	6:39
3 JACKIE CANNON	AMARILLO	TX	46	M	2	M4549	13:21	6:41
4 CRAIG JACKSON	RANSOM CANYON	TX	38	M	1	M3539	13:22	6:41
5 ADAM PUCKETT	LUBBOCK	TX	31	M	2	M3034	13:51	6:56
6 AL GARDNER	LEVELLAND	TX	46	M	3	M4549	14:39	7:20
7 JOHN KEITH	LUBBOCK	TX	13	M	1	M1315	14:43	7:22
8 DANIEL GONZALES	LUBBOCK	TX	37	M	2	M3539	15:02	7:31
9 MICHAEL RODRIGUEZ	SLATON	TX	12	M	1	M0112	15:05	7:33
10 CARRIE BADILLO	LUBBOCK	TX	25	F	1	F2529	15:11	7:36
11 MEGAN WRIGHT	LUBBOCK	TX	17	F	1	F1619	15:16	7:38
12 LORENZO PADILLA	LUBBOCK	TX	48	M	4	M4549	15:46	7:53
13 JUNIOR MENDOZO	LEVELLAND	TX	45	M	5	M4549	15:52	7:56
14 DANNY GALEY	COLORADO CITY	TX	57	M	1	M5559	16:20	8:10
15 PETE TORRES	COLORADO CITY	TX	31	M	3	M3034	17:05	8:33
16 DWAYNE OAKLEY	LUBBOCK	TX	46	M	6	M4549	17:11	8:36
17 MARTHA MARTINEZ	COLORADO CITY	TX	47	F	1	F4549	17:34	8:47
18 HANNAH LAYMAN	HEREFORD	TX	9	F	1	F0112	17:59	9:00
19 JIM LAYMAN	HEREFORD	TX	36	M	3	M3539	18:00	9:00
20 JACK SHROPSHIRE	RANSOM CANYON	TX	66	M	1	M6569	18:11	9:06
21 ANGELA FRANCO	MIDLAND	TX	25	F	2	F2529	18:20	9:10
22 BRENDA CAMPBELL	LUBBOCK	TX	43	F	1	F4044	18:23	9:12
23 HEATHER CANNON	AMARILLO	TX	16	F	2	F1619	18:46	9:23
24 ESTELLA GALVAN	BROWNFIELD	TX	60	F	1	F6099	19:34	9:47
25 BRANDY TEMPLE	LUBBOCK	TX	30	F	1	F3034	22:24	11:12
26 JIMMIE KEY	LUBBOCK	TX	65	M	2	M6569	24:00	12:00

Janie Phillips of Odessa wrote to tell us that she ran/walked the San Jose Silicon Valley Marathon on October 27th with her daughter. They finished together in 6:10:24 and had a great time.

Marianne Miller completed her first 13.1 miler at the Dallas White Rock Half Marathon on November 2nd. Marianne finished the course in 2:28:19. There were 3,179 finishers this year. Congratulations, Marianne!

Several members medaled at the Hobbs HOST Run for Recycling on October 5th (sorry this was not included in last month's news). Margarita Jimenez was the overall women's winner in the 5k with a time of 23:37. Jim Harris captured 2nd in the 50-59 age group in 22:06. In the 10K race, Ralph Wolf won the 60-69 division in 53:38.

Clydesdale Division Change (a reminder)

Beginning with the January race, those wishing to compete as a Clydesdale will be excluded from the age group divisions instead of the way it is presently done. So, many of you heavy weights who often win awards in age groups will have to decide beginning at the first of the year, how you want to enter.

A separate Clydesdale division will be set up in the Challenge Series Listing as well. Clydesdales will continue to be scored on the "Age-Graded" system. If anyone has questions, call George Jury.

WEBSITE CHANGES

Take a look at the Club's website (<http://wtrc.tripod.com>). The site has a new look and feel thanks to the work of Adam Puckett. Adam has made the site "cleaner" looking and easier to navigate. Adam has also set up a runner's forum where ideas and information can be shared. The forum just needs some of you members to register and begin posting. A lot of work is still in progress, but the changes will be quite obvious when you visit. Let's all thank Adam and David Higgins for their efforts maintaining the club website and provide our support and input in improving this important component of WTRC activity.

MEMBER NEWS

SAN ANONIO MARATHON

The Club was well represented at this year's edition of the SA Marathon on November, 10<sup>th</sup>. Considering how hard the wind blew for this year's Buffalo Wallow on the 9th, we must at least be envious (if not jealous) of those who decided to head to San Antonio that weekend. Club members who ran the full marathon included Richard Lombardini, 3:38:20; Denise Bray, 4:17:57; Bruce Fellars, 4:36:03; and John McMenemy 4:44:23. There were 1,059 individual finishers. In the team competition, Larry Byrd and Bill Rodger won the Male Senior division, and James Bone and Bob Bernero's team finished second. Ronnie Nugent teamed up with former club member Frank Goodman in the Male Master division finishing 12<sup>th</sup> in the 24 team field. Joe and Eva Martinez ran in the Mixed Master division and finished with a 4:31:54 combined time. Ronnie Nugent emailed a report stating that everyone had a good time, but that is why everyone goes to San Antonio, right?

HIGH SCHOOL CROSS COUNTRY STATE CHAMPIONSHIPS

Defending Texas State 3A cross-country champion Casey Sumpter finished 3<sup>rd</sup> in the regional meet held here in Lubbock. Was he concerned? No, in his words "it's no big deal." The top ten go to State. He was in. That was all that mattered. He had been working through an injury that cost some training time, and Casey was focused on doing what needed to be done to advance to the Championship in Round Rock. At the Championship Meet held on November 9<sup>th</sup>, Casey and some other West Texas area runners did very well indeed. Casey won the 3A race by 11 seconds with a time of 16:21:35 for the 5K course on a very warm day. Led by Josh Hawkins (5<sup>th</sup> in 16:19.85), Chase Snowden (10<sup>th</sup> in 16:33.10), and Trent Gary (12<sup>th</sup> in 16:42:00), Frenship High School captured the 4A team championship. Heath Wing of Ralls High School won the 1A Boys race by 14 seconds with a time of 16:55.95.

New York City Marathon

Two Club members finished this year's edition of the New York City Marathon. Dick Baker (4:59:40), and PJ Mitchell (5:51:01) joined over 30,000 runners touring the five boroughs of New York City. Occasional competitor in WTRC races, Sam Burgeson, also ran and finished in 3:14:45. While the Kenyans won this race again, there were two Americans running very positive debut marathons: Marla Runyan, 2:27:10; and Meb Keflezighi, 2:12:35.

BUFFALO WALLOW RACE DIRECTOR REPORT

I have only missed two BW races (1983 and 2000) since 1979. Usually we can expect it to be cold and in 1979 we had a blizzard which began right at race start. Never have we had the warmth and the winds that we had on November 9th, 2002! We had some pretty tough runners and a record number of Half Marathoners at that! This was the second highest attendance on record, with 26 two milers and 74 Half Marathoners. In addition to the dirt kicking up and the cattail blossoms sticking to everything, the odor from the feedlots was wafting our way as well! In spite of the wind and heat, we had one age group record revised, by Madame Miner, who has entered a new bracket. She bested the previous women's 50 plus standard by nearly 18 minutes!

Below are weather stats for the morning.

TIME	TEMP	WIND	GUSTS
9am	63	24mph	30mph
10am	70	28mph	37mph
11am	73	30mph	40mph

I had a great group of volunteers. Arriving early to help set up were; Joe Post, Jim Burleson and Ron Lubowicz. Jim did a big job in hauling out the course signs and setting up the course with the assistance of Mike Kelley, then he ran a water stop. Mike Morris took care of providing coolers of water and the Gatorade, then ran the race. Ron Lubowicz also procured the bananas and bage's. My other capable assistants were; Shirley Wigley, Josie and Tony Aleman, Ralph Wolf, Marianne Miller, Ronnie Prigg and Ron Hillis. A race this long requires a lot of time from the volunteers and for some, as long as 5 1/2 hours.

We had runners from quite a way off in addition to a bunch from Midland and 2 from Amarillo. Represented were; Port Lavaca, Dallas, Haskell, San Angelo, Hobbs, NM and Meade, KS.

Thanks for everyone's participation and patience with the weather. We had 3 shirts left over, so if anyone would like a memento of this 30th year, you can have one by calling me. (\$10) George W. Jury, Race Director

MARINE CORPS TOYS FOR TOTS 5K

NOVEMBER 2, 2002

PLACE	NAME	AG	S	DIV	PLACE	TOWN	ST	TIME	PACE
1	ZAC HOLLY	18	M	1	M1619	LUBBOCK	TX	18:49	6:04
2	CRAIG JACKSON	38	M	1	M3539	RANSOM CANYON	TX	21:02	6:47
3	CHRISTINE WILLIAMS	18	F	1	F1619	LUBBOCK	TX	22:01	7:06
4	JOSE MEJIA	22	M	1	M2024	LUBBOCK	TX	22:17	7:11
5	ROD BURGETT	37	M	2	M3539	SHALLOWATER	TX	23:43	7:38
6	MELANIE MCVEY	41	F	1	F4044	SUNDOWN	TX	23:53	7:42
7	MICHAEL FRENCH	36	M	3	M3539	LUBBOCK	TX	24:40	7:57
8	RALPH WOLF	65	M	1	M6569	ABERNATHY	TX	25:07	8:06
9	MIKE MORRIS	47	M	1	M4549	LUBBOCK	TX	28:02	9:02
10	PETE TORRES	31	M	1	M3034	COLORADO CITY	TX	28:15	9:06
11	MARTHA MARTINEZ	47	F	1	F4549	COLORADO CITY	TX	28:21	9:08
12	ETTA MAYER	53	F	1	F5054	LUBBOCK	TX	28:42	9:15
13	EDWIN STOW	42	M	1	M4044	LUBBOCK	TX	28:57	9:20
14	SCOTTY ELSTON	41	M	2	M4044	SHALLOWATER	TX	30:55	9:57
15	MARTIN NOWLIN	42	M	3	M4044	SHALLOWATER	TX	30:55	9:57
16	CAMERON COWAN	33	M	2	M3034	LUBBOCK	TX	32:22	10:25
17	FARRAH MARTOS	26	F	1	F2529	LUBBOCK	TX	32:23	10:26
18	BILL SOWDER	43	M	4	M4044	LUBBOCK	TX	32:44	10:33
19	LUBBOCK MARINES					LUBBOCK	TX	37:51	12:11



Date     
MM DD YY

# WEST TEXAS RUNNING CLUB

\$15<sup>00</sup> First member, \$3<sup>00</sup> each additional Family member at the same address (\$10<sup>00</sup> Students)

Make Check Payable and mail to:  
**WEST TEXAS RUNNING CLUB**  
P.O Box 2921  
Lubbock, Texas 79408

January is the start of a new W.T.R.C year; all Memberships expire and payment of dues is required to continue receiving the Newsletter and have reduced club race fees. New members joining after July 1<sup>st</sup> may pay \$8<sup>00</sup> plus \$3<sup>00</sup> for each additional family member.

(Please Print)

FAMILY ADDRESS (NEWSLETTER WILL BE MAILED TO THIS ADDRESS)			
ADDRESS	CITY	STATE	ZIP

### BENEFITS

Annual dues for the West Texa Running Club are \$15. \$1.25 of this amount is for a subscription to the Road Runner Club of America's quarterly magazine, "Footnotes" for one year. Portions of the remainder fund insurance through RRCA, the monthly club newsletter, race expenses, and other costs.

FIRST NAME	MI	LAST NAME	sex	DOB (MMDDYY)	HOME PH# (###-###-####)	WORK PH# (###-###-####)	E-MAIL	volunteer*

\*W.T.R.C is a volunteer non-profit organization. If you would like to be a part of sustaining the principles of the club put the following corresponding letter in the above column labeled volunteer:

[A]Membership; [B]Race Result/Computer; [C]Club Socials; [D]Club Races; [E]Non-Club Races; [F]Club Equipment; [G]Newsletter; [H]Scholarship; [I]Historical; [J]Race and Course Standards

(PLEASE ALL MEMBERS READ AND SIGN THE WAIVER ON THE REVERSE SIDE.)

**MEMBERSHIP APPLICATION WAIVER**

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by the decision of the race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the WEST TEXAS RUNNING CLUB, Lubbock County Water Control District #1, The Lubbock Reese Redevelopment Authority and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I also understand that RRCA rules prohibit baby strollers or joggers, skates or blades and animals in our races. Headphones are strongly discouraged.

Print Name

Signature

(Parent's signature if under 18 years of age)

(Date)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

I grant permission to all of the foregoing to use any photographs, video tapes, recordings or any other record of club event for any legitimate purpose.



# REDLINE 4 MILE CROSS COUNTRY Run

December 14, 2002

Mail  
Registration  
thru Dec. 12

\$5.00 WTRC members, \$6.00 non members  
Make checks payable to the West Texas Running Club  
Mail checks & entry forms to:

Race starts at 10:00 a.m.  
in Mae Simmons Park,  
Race Director, Tom Griffin  
698-1503 (n) 747-2579 (d)

Telephone registration

by 7 p.m. Dec. 13<sup>th</sup>  
792-3291 (d) 792-1237 (n)

Benefiting Leigh Daniel Olympic Fund

George W. Jury  
5212 44<sup>th</sup> St.  
Lubbock, Texas 79414

Limited number of T-Shirts at \$10 Extra Circle size M L XL XXL

**Waiver - all entrants must read and sign**

The West Texas Running Club, agents, or representatives of the same, or any volunteers shall not be responsible for, and shall be saved and held harmless by myself, from and against any and all claims and damages of every kind, for injury to or death of any person or persons and for damages to or loss of property arising out of or attributed to indirectly, to participant in the 2002 Redline Run. This indemnity shall extend to and shall be binding on their heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death, and that proper physical training is necessary prior to such participation. Roller blades, skates, skateboards, strollers, and pets are not permitted on the race course and earphones are strongly discouraged because of the probability of increased injuries.

**This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.**

Signature of entrant \_\_\_\_\_ Signature of guardian(minors) \_\_\_\_\_

Age \_\_\_\_\_ (on race day) Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_\_\_\_\_ Clydesdale (190 lbs or more)  
Female \_\_\_\_\_ Athena (150 lbs or more)

Name \_\_\_\_\_

Street Address \_\_\_\_\_ Phone Number \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_