

CALENDAR

* Indicates W.T.R.C. Monthly Race and CHALLENGE SERIES EVENT

- APR. 3 W.T.R.C. Business meeting, Tuesday, April 3rd, 7:00 p.m. at 1623 10th Street
- * APR. 7 FLIGHT LINE RACES: Reese AFB, 8am, 2 Mi, 10K, Half Marathon, Jim Harris, Race Director, (505) 392-8945
- APR. 7 HARRIGAN'S HALF MARATHON; Odessa, also 5K, 8am, Penny Wasen, (915) 697-6391
- May 1 Meeting*
- MAY 2-6 RRCA NATIONAL CONVENTION; Albuquerque, NM for info, call Mike Kelley 766-0355 or 765-0441, or see website at www.rrca.org
- MAY 5 DEPOT DISTRICT RUN FOR THE ARTS; 10K, 5K run/walk, Kiddie Kilometer, 8am, Buddy Holly Center 19th and Ave. G, Lori Ioppolo, 767-3116
- * MAY 12 HORSESHOE BEND SPRING FROLIC: 8am, N. of Slaton, 11, 6 and 2 Mile Races, Race Director Ron Hewett, 748-6017
- MAY 26 LONESTAR PAPER CHASE MARATHON: Amarillo, Call (806) 345-3454
- * JUNE 9 BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE: Levelland, 8am 10K and 2 Mile, Race Director Jimmy Samarron, 894-0127
- JUNE 16 GIRLSTOWN GALLOP; Whiteface, 5K, Dan Adams, 229-2204
- * JULY 4 31st ANNUAL FIRECRACKER RUN; Brownfield, 8am; 10 Mile and 3 Mile, kids 1 Mile, Jim Leser, RD, 794-2474 (n), 746-6101 (d)
- * AUG. 11 HOT DAM 5 MILER: Canyon Lake 6, Lubbock, (also 1 Mile Children's Run) 8:00 am, Etta Mayer, Race Director, 742-2907
- * SEPT 8 SHALLOWATER STAMPEDE: 10K and 2 Mile, 8:00 am, Shallowater High School, Dwayne Oakeley, Race Director, 799-4473
- Sept 15 & 16 Senior Sports Classic*
- * OCT. 6 RED RAIDER ROAD RACE: TTU Campus, Lubbock, 8:00 am, 10K and 5K Wade Wilson, Race Director, 795-1667, dandwilson@aol.com
- OCT. 28 WALK OF FAME RACE FESTIVAL: Marathon, Half Marathon, 5K, Details Later
- * NOV. 13 BUFFALO WALLOW RACES: BUFFALO SPRINGS LAKE, Half Marathon and 2 Mile, 9 am, George Jurey, Race Director, 792-3291, 792-1237



David Higgins
3401 Alcové
Lubbock, TX 79407



Newsletter
5406 86th St.
Lubbock, Texas 79424

April 2001



March W.T.R.C. RACE
FLIGHT LINE RACES
HALF MARATHON, 10K & 2 MILES
8am, Saturday, April 7, 2001
Details Inside Back Cover

WEST TEXAS RUNNING CLUB

OFFICERS

President - Mike Kelley

(H) 765-0441 (O) 766-0355
(e-mail) mkelley@fr.mhmr.state.tx.us

Internal Vice-President - Ron Lubowicz

(H) 748-1855 (O) 745-3955
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External Vice-President - Debbie Wilson

(H) 795-1667
(e-mail) dandwilson@aol.com

Secretary - Etta Mayer

(H) 792-1471 (O) 742-2907
(e-mail) etta.mayer@tu.edu

Treasurer - David Higgins

(H) 785-8562 (O) 795-5823
(e-mail) d_higgins69@hotmail.com

WTRC Web Address:

<http://members.tripod.com/wtrc>

DIRECTORS

Newsletter Director - John Trompler

(H) 794-1359
(e-mail) trompler@eudoramail.com

External Race Director - Ron Hewett

(H) 748-6017 (O) 742-3329

Equipment Director - Ronnie Prigg

(H) 799-3615 (Page) 723-0139

Race Calendar Director - Dwayne Oakeley

799-4473
(e-mail) oakeley@nms-online.com

Membership Director - Martha Martinez

(H) (915) 728-5984 (O) (915) 728-5294
(e-mail) ptorres33@yahoo.com

Internal Race Director-Pete Torres

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FROM THE PRESIDENT

Did you see in the newspaper recently the article on Leigh Daniel, Tech's All American trackster? The piece discussed her past struggle with Anorexia Nervosa. I was thoroughly impressed with her willingness to discuss this openly and educate others about the nature of eating disorders. Over-achievement and control are core issues that contribute to the problem. Distance runners are especially prone to associated areas. We obsess about our miles and our times; we begin to judge our bodies and create a critical self-image. We find that more exercise and fewer calories can accomplish in one week the weight loss others long for with their latest fad diets. Our positive addiction can begin to take on obsessive and negative turns, so that the watch and the mirror begin to dictate how we feel about ourselves. It is a subtle change, as are all addictions. The best we can do is to remember that we really run just because it is fun. Relax and jog without the watch or run off your regular measured route. Stay off the scale; only occasionally check your pulse. Do everything to keep the routine from becoming routine. Be aware of the judge within yourself. Fire the critic within and hire an advisor. remember with advice you can either take it or leave it.

See you down the road.

Mike Kelley

WTRC LSD Training Runs Saturdays at 7:00 a.m. and Sundays: 6:00 a.m.; meeting at the

Outdoor Center parking lot in MacKenzie Park For more information call Bob Bernero at 748-8418 (N)

WEST TEXAS RUNNING CLUB'S 15th ANNUAL FLIGHT LINE RACES HALF MARATHON, 10K and 2 MILE RACES

EVENT # 4 OF THE W.T.R.C. CHALLENGE SERIES

WHEN: SATURDAY, April 7, 2001

REGISTRATION: 7:00 to 7:45 A.M., On Site

RACE START: 8:00 A.M.

PRE REGISTRATION: Available, fill out and return entry form or call George Jury at 792-1237 before 7pm, Friday the 6th, then pay fee race day



WHERE: REESE CENTER

Picnic Grounds
West of Lubbock on
19th or 4th Street

COURSE: ASPHALT ROAD ALL THE WAY; Slightly Rolling Terrain,
Out and Back for all distances

AID STATIONS: Every 2 Miles
Splits at 1 Mile

AGE DIVISIONS: Half Marathon

MEN: 0-19; 20-29; 30-34; 35-39; 40-44; 45-49;
50-54; 55-59; 60 Plus

WOMEN: 0-19; 20-29; 30-34; 35-39; 40-44; 45-49, 50 Plus
(Special 0-12, 13-15 & 16-19 age groups in the 2 Mile)
(0-15 and 16 to 19 Age Groups in the 10K)

Clydesdales and Athena Age Graded

AWARDS: Custom Designed "Pilots Wing" Medallions to at least
the first three finishers in THE AGE GROUP DIVISIONS
DESCRIBED ABOVE and up to 50% of each group

ENTRY FEE: W.T.R.C. MEMBERS \$5.00
OTHERS \$6.00

RACE DIRECTOR: Jim Harris, Hobbs, (505) 392-8945(n)

FLIGHT LINE RACES
SINCE 1987
WEST TEXAS RUNNING CLUB'S ANNUAL APRIL RACE
EVENT RECORDS

2 MILE
MEN

| AGE | NAME | TOWN | AGE | TIME | YEAR |
|--------------|--------------------|-----------|-----|-------|--------|
| 0-15 | Chadd Lowe | Lubbock | 15 | 13:32 | 1996 |
| 16-19 | Brian Brashears | Lubbock | 19 | 11:02 | 1989 |
| 20-29 | Quent Beardon | Lubbock | 23 | 10:26 | 1999 * |
| 30-34 | Milt Brownfield | Lubbock | 34 | 10:59 | 1992 |
| 35-39 | Frank Sumpfer, Sr. | Lamesa | 39 | 11:26 | 1993 |
| 40-44 | Jimmy Samarron | Levelland | 40 | 11:25 | 1995 |
| 45-49 | Jim Leser | Lubbock | 47 | 11:45 | 1994 |
| 50-54 | John Harper | Lubbock | 52 | 11:47 | 1999 |
| 55-59 | John Harper | Anton | 56 | 14:44 | 1991 |
| 60 + | John Stalcup | Lubbock | 60 | 15:19 | 1994 |
| WOMEN | | | | | |
| 0-15 | Angela Welsh | Tarzan | 15 | 12:43 | 1995 |
| 16-19 | Mica Hood | Lubbock | 18 | 13:30 | 1990 |
| 20-29 | Ana Basora | Lubbock | 25 | 13:53 | 1999 |
| 30-34 | Geri Russell | Lubbock | 34 | 13:58 | 1987 |
| 35-39 | Josie Aleman | Lubbock | 38 | 14:36 | 1990 |
| 40-44 | Josie Aleman | Lubbock | 44 | 17:12 | 1996 |
| 45-49 | Eva Martinez | Lubbock | 47 | 18:16 | 1992 |
| 50+ | Wynonia Kitchens | Lubbock | 57 | 22:14 | 1995 |

10 K

| AGE | NAME | TOWN | AGE | TIME | YEAR |
|--------------|--------------------|-----------|-----|---------|--------|
| 0-19 | Brad Raven | Lubbock | 23 | 38:14 | 1988 |
| 20-29 | Hafis Banire (LCU) | Lubbock | 23 | 33:39 | 1995 * |
| 30-34 | Tim Green | Lubbock | 30 | 36:49 | 1996 |
| 35-39 | Jimmy Samarron | Levelland | 35 | 38:21 | 1990 |
| 40-44 | Bill Harn | Lubbock | 38 | 38:21 | 1993 |
| 45-49 | Ken Macinnes | Lubbock | 40 | 37:59 | 1996 |
| 50-54 | Jim Leser | Lubbock | 48 | 37:59 | 1995 |
| 55-59 | George Jury | Lubbock | 50 | 38:13 | 1987 |
| 60-64 | George Jury | Lubbock | 58 | 40:25 | 1995 |
| 65-69 | Bill Roger | Levelland | 60 | 52:31 | 1999 |
| 70+ | John Stalcup | Lubbock | 65 | 58:22 | 1999 |
| | Bob Smith | Lubbock | 70 | 1:02:05 | 1990 |
| WOMEN | | | | | |
| 0-19 | Tara Jernigan | Sundown | 14 | 49:06 | 1996 |
| 20-29 | Sue Houle (Spitz) | Lubbock | 25 | 42:05 | 1987 * |
| 30-34 | Cheryl Benoit | Lubbock | 33 | 44:01 | 1987 |
| 35-39 | Melanie McVey | Whiteface | 37 | 49:51 | 1999 |
| 40-44 | Shirley Wigley | Lubbock | 43 | 48:54 | 1997 |
| 45-49 | Shirley Wigley | Lubbock | 45 | 52:48 | 1999 |

HALF MARATHON

| AGE | NAME | TOWN | AGE | TIME | YEAR |
|--------------|-------------------|-----------|-----|---------|--------|
| 0-19 | Alfred Hinojosa | Lubbock | 18 | 1:21:58 | 1992 |
| 20-29 | Pedro Ruiz (LCU) | Lubbock | 26 | 1:11:58 | 1995 * |
| 30-34 | Lolo Mercado | Lubbock | 30 | 1:17:55 | 1990 |
| 35-39 | Scott Brickerd | Lubbock | 36 | 1:16:24 | 1989 |
| 40-44 | Joe Post | Lubbock | 40 | 1:31:53 | 1989 |
| 45-49 | Robert Guajardo | Levelland | 48 | 1:27:41 | 1991 |
| 50-54 | Gary Schmidt | Alpine | 53 | 1:25:52 | 1990 |
| 55-59 | Bill Roger, Sr. | Levelland | 55 | 1:40:03 | 1994 |
| 60 + | Don Sanderson | Tulia | 64 | 1:41:24 | 1994 |
| WOMEN | | | | | |
| 0-19 | Leslie Vardy | Wolfforth | 18 | 1:56:14 | 1997 |
| 20-29 | Sue Houle (Spitz) | Lubbock | 28 | 1:34:06 | 1990 |
| 30-34 | Marjory Stewart | Lubbock | 34 | 1:29:13 | 1993 * |
| 35-39 | Marjory Stewart | Lubbock | 36 | 1:29:16 | 1995 |
| 40-44 | Marjory Stewart | Lubbock | 41 | 1:37:16 | 2000 |
| 45-49 | P.J. Mitchell | Lubbock | 48 | 1:55:02 | 1993 |
| 50+ | Faba Mayer | Lubbock | 50 | 2:10:14 | 1999 |

WEST TEXAS RUNNING CLUB'S
PRAIRIE DOG TOWN 4 MILE RUN
USA T&F CERTIFIED, #TX97108ETM
Lubbock, Texas March 10, 2001

| PLACE NAME | AG S DIV | PLACE | TOWN | ST | TIME | PACE |
|-----------------------|----------|-------|---------------------|----|-------|------|
| 1 TIM KEY | 33 M | 1 | M3034 LUBBOCK | TX | 22:59 | 5:45 |
| 2 HAWK HARRIS | 24 M | 1 | M2029 HOBBS | NM | 23:10 | 5:48 |
| 3 AL GARDNER | 44 M | 1 | M4044 LEVELLAND | TX | 25:50 | 6:28 |
| 4 FARRELL MARTIN | 34 M | 2 | M3034 LUBBOCK | TX | 26:16 | 6:34 |
| 5 JAMIE BELGARDE | 26 M | 2 | M2029 ST MICHAELS | ND | 27:40 | 6:55 |
| 6 MARK ALBUS | 44 M | 2 | M4044 WHITEFACE | TX | 28:05 | 7:02 |
| 7 KIRK THOMAS | 42 M | 3 | M4044 LUBBOCK | TX | 28:16 | 7:04 |
| 8 WAYNE IVEY | 31 M | 3 | M3034 SLATON | TX | 28:38 | 7:10 |
| 9 ADAM PUCKETT | 30 M | 4 | M3034 LUBBOCK | TX | 28:53 | 7:14 |
| 10 DENISE BRAY | 39 F | 1 | F3539 LUBBOCK | TX | 28:56 | 7:14 |
| 11 RON HEWETT | 39 M | 1 | M3539 LUBBOCK | TX | 29:02 | 7:16 |
| 12 RON THOMA | 41 M | 4 | M4044 LUBBOCK | TX | 30:01 | 7:31 |
| 13 RUSSEL MARTIN | 42 M | 5 | M4044 SHALLOWATER | TX | 30:28 | 7:37 |
| 14 STEVE GARCIA | 38 M | 2 | M3539 WOLFFORTH | TX | 30:39 | 7:40 |
| 15 LORENZO PADILLA | 46 M | 1 | M4549 LEVELLAND | TX | 30:50 | 7:43 |
| * 16 MARTHA MARTINEZ | 45 F | 1 | F4549 COLORADO CITY | TX | 30:58 | 7:45 |
| 17 TOMMY PARRISH | 44 M | 6 | M4044 LUBBOCK | TX | 31:00 | 7:45 |
| 18 DAVID MANGOLD | 52 M | 1 | M5054 LUBBOCK | TX | 31:01 | 7:46 |
| 19 MELANIE MCVEY | 39 F | 2 | F3539 WHITEFACE | TX | 31:03 | 7:46 |
| * 20 BILL ROGER | 61 M | 1 | M6099 LEVELLAND | TX | 31:11 | 7:48 |
| 21 SANDY PETERS | 41 M | 7 | M4044 SHALLOWATER | TX | 31:18 | 7:50 |
| 22 DANIEL MARKHAM | 20 M | 3 | M2029 LUBBOCK | TX | 31:21 | 7:51 |
| 23 TODD DAVIS | 35 M | 3 | M3539 PLAINS | TX | 31:38 | 7:55 |
| 24 DWAYNE OAKELEY | 44 M | 8 | M4044 LUBBOCK | TX | 31:42 | 7:56 |
| 25 CALEB BECK | 17 M | 1 | M1619 LUBBOCK | TX | 31:53 | 7:59 |
| 26 TOM GRIFFIN | 52 M | 2 | M5054 LUBBOCK | TX | 32:02 | 8:01 |
| 27 DANNY GALEY | 55 M | 1 | M5559 COLORADO CITY | TX | 32:10 | 8:03 |
| 28 JOE MARTINEZ | 55 M | 2 | M5559 LUBBOCK | TX | 32:11 | 8:03 |
| 29 PAUL BROOKS | 34 M | 5 | M3034 WOLFFORTH | TX | 32:31 | 8:08 |
| 30 BRYAN ABERCROMBIE | 34 M | 6 | M3034 LUBBOCK | TX | 33:01 | 8:16 |
| 31 FRANK RHOADES | 30 M | 7 | M3034 LUBBOCK | TX | 33:10 | 8:18 |
| 32 RONNIE NUGENT | 54 M | 3 | M5054 LUBBOCK | TX | 33:19 | 8:20 |
| 33 BOB BERNERO | 58 M | 3 | M5559 LUBBOCK | TX | 33:36 | 8:24 |
| 34 BARBARA SLATON | 42 F | 1 | F4044 MIDLAND | TX | 33:37 | 8:25 |
| 35 SHIRLEY WIGLEY | 47 F | 2 | F4549 LUBBOCK | TX | 34:01 | 8:31 |
| 36 MIKE TREVINO | 31 M | 8 | M3034 LUBBOCK | TX | 34:06 | 8:32 |
| 37 STAN WARREN | 43 M | 9 | M4044 SHALLOWATER | TX | 34:11 | 8:33 |
| 38 CLINTON STEPHENSON | 30 M | 9 | M3034 LUBBOCK | TX | 34:16 | 8:34 |
| 39 RONNIE PRIGG | 50 M | 4 | M5054 LUBBOCK | TX | 34:17 | 8:35 |
| 40 CHRIS WINN | 38 M | 4 | M3539 LUBBOCK | TX | 34:26 | 8:37 |

* = New Age Group Records

WEST TEXAS RUNNING CLUB'S
 PRAIRIE DOG TOWN 4 MILE RUN
 USA T&F CERTIFIED, #TX97108ETM
 Lubbock, Texas March 10, 2001

| PLACE NAME | AG | S | DIV | PLACE | TOWN | ST | TIME | PACE |
|----------------------|----|---|-----|-------|------------|----|-------|-------|
| 41 JIMMIE KEY | 63 | M | 2 | M6099 | LUBBOCK | TX | 34:29 | 8:38 |
| 42 JIM BECK | 41 | M | 10 | M4044 | LUBBOCK | TX | 34:31 | 8:38 |
| 43 TRACY BAUGH | 39 | F | 3 | F3539 | LUBBOCK | TX | 34:48 | 8:42 |
| 44 BOB BROSELOW | 60 | M | 3 | M6099 | LUBBOCK | TX | 34:53 | 8:44 |
| 45 JIM WILHELM | 50 | M | 5 | M5054 | LUBBOCK | TX | 35:20 | 8:50 |
| 46 NATHAN BECK | 14 | M | 1 | M1315 | LUBBOCK | TX | 35:34 | 8:54 |
| 47 JAMES BONE | 62 | M | 4 | M6099 | LUBBOCK | TX | 35:38 | 8:55 |
| 48 MARSHA BENNETT | 37 | F | 4 | F3539 | LUBBOCK | TX | 36:06 | 9:02 |
| 49 SUZY CADDELL | 23 | F | 1 | F2029 | LUBBOCK | TX | 36:50 | 9:13 |
| 50 ETTA MAYER | 51 | F | 1 | F5099 | LUBBOCK | TX | 37:04 | 9:16 |
| 51 GINGER STANLEY | 49 | F | 3 | F4549 | MIDLAND | TX | 37:15 | 9:19 |
| 52 LOUANNA ARTERBURN | 31 | F | 1 | F3034 | LUBBOCK | TX | 38:05 | 9:32 |
| 53 JIMMY CLARK | 49 | M | 2 | M4549 | LUBBOCK | TX | 38:13 | 9:34 |
| 54 ANGELA FRANCO | 23 | F | 2 | F2029 | MIDLAND | TX | 38:16 | 9:34 |
| 55 JAN DANIEL | 44 | F | 2 | F4044 | LUBBOCK | TX | 40:34 | 10:09 |
| 56 ROBIN THOMAS | 40 | F | 3 | F4044 | MORTON | TX | 40:53 | 10:14 |
| 57 RYAN HOLZBERGER | 27 | M | 4 | M2029 | LUBBOCK | TX | 41:18 | 10:20 |
| 58 CINDY PHELPS | 37 | F | 5 | F3539 | LUBBOCK | TX | 41:19 | 10:20 |
| 59 JOSIE ALEMAN | 49 | F | 4 | F4549 | LUBBOCK | TX | 41:49 | 10:28 |
| 60 ESTELLA GALVAN | 58 | F | 2 | F5099 | BROWNFIELD | TX | 43:13 | 10:49 |

OVERALL MALE CLYDESDALE RESULTS

| PLACE NAME | AGE | TOWN | ST | TIME | AGE GRADED |
|----------------------|-----|-------------|----|-------|------------|
| * FARRELL MARTIN | 34 | LUBBOCK | TX | 26:16 | 26:16 |
| * WAYNE IVEY | 31 | SLATON | TX | 28:38 | 28:38 |
| * RONNIE NUGENT | 54 | LUBBOCK | TX | 33:19 | 28:48 |
| * ADAM PUCKETT | 30 | LUBBOCK | TX | 28:53 | 28:53 |
| 1 SANDY PETERS | 41 | SHALLOWATER | TX | 31:18 | 29:55 |
| 2 JIM WILHELM | 50 | LUBBOCK | TX | 35:20 | 31:34 |
| 3 JIM BECK | 41 | LUBBOCK | TX | 34:31 | 32:59 |
| 4 BRYAN ABERCROMBIE | 34 | LUBBOCK | TX | 33:01 | 33:01 |
| 5 CLINTON STEPHENSON | 30 | LUBBOCK | TX | 34:16 | 34:16 |
| 6 JIMMY CLARK | 49 | LUBBOCK | TX | 38:13 | 34:24 |

* = Won Award in Regular Age group

W.R.T.C. 2001 CHALLENGE SERIES
 STANDINGS AFTER 3 EVENTS
 (reflects all paid members as of 03-21-01)

MALE

| YTD TOTALS | | | | YTD TOTALS | | | |
|---------------------|-----|-------|-----|------------|-----|-------|-----|
| AGE | PTS | MILES | EVT | AGE | PTS | MILES | EVT |
| 0 - 12 MALE | | | | | | | |
| Drew Soucy | 12 | 10 | 5 | 1 | | | |
| Kenneth Kinzenbaw | 12 | 9 | 5 | 1 | | | |
| 13 - 15 MALE | | | | | | | |
| Nathan Beck | 14 | 29 | 17 | 3 | | | |
| 16-19 MALE | | | | | | | |
| Caleb Beck | 17 | 26 | 17 | 3 | | | |
| Casey Sumpter | 16 | 20 | 9 | 2 | | | |
| Bobby Sam | 19 | 9 | 4 | 1 | | | |
| Ben Wright | 17 | 9 | 5 | 1 | | | |
| 20 - 29 MALE | | | | | | | |
| Hawk Harris | 24 | 20 | 8 | 2 | | | |
| Frank Rhoades | 29 | 18 | 9 | 2 | | | |
| Glen Pokliuha | 29 | 9 | 8 | 1 | | | |
| 30 - 34 MALE | | | | | | | |
| Tim Key | 33 | 30 | 17 | 3 | | | |
| Adam Puckett | 30 | 25 | 17 | 3 | | | |
| Frank Rhoades | 30 | 22 | 13 | 3 | | | |
| Wayne Ivey | 31 | 15 | 17 | 3 | * | | |
| Bryan Abercrombie | 34 | 15 | 8 | 2 | | | |
| Clint Stephenson | 30 | 9 | 9 | 2 | | | |
| 35 - 39 MALE | | | | | | | |
| Ron Hewett | 39 | 18 | 12 | 2 | | | |
| Dana Soucy | 39 | 9 | 5 | 1 | | | |
| Brent Lowrey | 39 | 9 | 8 | 1 | | | |
| Todd Davis | 35 | 8 | 4 | 1 | | | |
| 40 - 44 MALE | | | | | | | |
| Kurt Thomas | 42 | 25 | 17 | 3 | | | |
| Dwayne Oakeley | 44 | 20 | 13 | 3 | | | |
| Al Gardner | 44 | 20 | 9 | 2 | | | |
| Mark Albus | 44 | 19 | 12 | 2 | | | |
| Jim Beck | 41 | 13 | 17 | 3 | | | |
| David Malone | 43 | 12 | 9 | 2 | * | | |
| Ed Dabrowski | 43 | 9 | 9 | 2 | | | |
| Dan Adams | 43 | 9 | 13 | 2 | * | | |
| David Baldner | 41 | 8 | 13 | 2 | | | |
| Mike Malone | 43 | 7 | 9 | 2 | | | |
| Ron Thoma | 41 | 7 | 4 | 1 | | | |
| Russell Martin | 42 | 6 | 4 | 1 | | | |
| Sandy Peters | 41 | 4 | 4 | 1 | | | |
| Mickey Davis | 40 | 3 | 5 | 1 | | | |
| 45 - 49 MALE | | | | | | | |
| Lorenzo Padilla | 46 | 25 | 13 | 3 | | | |
| Frank Sumpter | 47 | 20 | 9 | 2 | | | |
| Jimmy Clark | 49 | 18 | 17 | 3 | * | | |
| Ken Jernigan | 49 | 17 | 13 | 2 | | | |
| Rick Syper | 45 | 16 | 9 | 2 | | | |
| Nate Wilson | 45 | 9 | 5 | 1 | | | |
| Fred Weber | 49 | 5 | 5 | 1 | | | |
| David Higgins | 48 | 4 | 25 | 3 | ** | | |
| Jon McMenamy | 46 | 3 | 5 | 1 | | | |
| 50 - 54 MALE | | | | | | | |
| Tom Griffin | 52 | 18 | 17 | 3 | * | | |
| James Livermore | 53 | 16 | 17 | 3 | * | | |
| Jim Wilhelm | 50 | 16 | 17 | 3 | * | | |
| Sam Prose | 52 | 14 | 17 | 3 | * | | |
| Mike Kelley | 52 | 10 | 13 | 2 | * | | |
| David Mangold | 52 | 10 | 4 | 1 | | | |
| Ronnie Nugent | 54 | 8 | 4 | 1 | | | |
| Ronnie Prigg | 50 | 7 | 4 | 1 | | | |
| Tony Aleman | 51 | 0 | 17 | 3 | * | | |
| John Tromprier | 52 | 0 | 8 | 1 | ** | | |
| Jim Leser | 54 | 0 | 4 | 1 | * | | |
| 55 - 59 MALE | | | | | | | |
| Danny Galey | 55 | 30 | 17 | 3 | | | |
| Joe Martinez | 55 | 18 | 8 | 2 | | | |
| Bob Bernero | 58 | 17 | 22 | 3 | ** | | |
| Jim Harris | 58 | 10 | 4 | 1 | | | |
| Landrum Medlock | 56 | 8 | 4 | 1 | | | |
| Ron Lubowicz | 57 | 0 | 17 | 3 | * | | |
| Ron Key | 56 | 0 | 5 | 1 | * | | |
| Roger Turner | 58 | 0 | 5 | 1 | * | | |
| Larry Byrd | 59 | 0 | 8 | 1 | * | | |
| 60 - 99 MALE | | | | | | | |
| Don Sanderson | 71 | 20 | 13 | 2 | | | |
| Bill Roger | 61 | 19 | 17 | 3 | * | | |
| James Bone | 62 | 16 | 13 | 3 | * | | |
| Bill Felton | 66 | 10 | 4 | 1 | | | |
| James Bone | 61 | 9 | 9 | 2 | * | | |
| Jimmy Key | 63 | 9 | 17 | 3 | * | | |
| Bob Broselow | 60 | 8 | 4 | 1 | | | |
| Mike Greer | 62 | 8 | 5 | 1 | * | | |
| Jerry Wright | 62 | 0 | 5 | 1 | * | | |
| George Jury | 64 | 0 | 13 | 2 | * | | |

** = RACE DIRECTOR
 * = VOLUNTEER

CORRECTIONS, QUESTIONS, PROBLEMS??? CALL SHIRLEY WIGLEY 797-4201

W.R.T.C. 2001 CHALLENGE SERIES
STANDINGS AFTER 3 EVENTS
(reflects all paid members as of 03-21-01)

FEMALE

| YTD TOTALS | | YTD TOTALS | | YTD TOTALS | | | | | | | |
|-----------------------|-----|------------|-------|------------|-----|-----------------------|-----|-----|-------|-----|-----|
| 0 - 12 FEMALE | AGE | PTS | MILES | EVT | VOL | 40 - 44 FEMALE | AGE | PTS | MILES | EVT | VOL |
| Hope Jimenez | 16 | 10 | 8 | 1 | | Robin Thomas | 40 | 24 | 13 | 3 | |
| | | | | | | Julie Cribbs | 42 | 19 | 9 | 2 | |
| | | | | | | Jan Daniel | 44 | 19 | 8 | 2 | |
| | | | | | | Barbara Slaton | 42 | 10 | 4 | 1 | |
| | | | | | | Marti Greer | 42 | 9 | 5 | 1 | |
| 16 - 19 FEMALE | | | | | | 45 - 49 FEMALE | | | | | |
| Mindy Sullivan | 17 | 10 | 4 | 1 | | Shirley Wigley | 47 | 29 | 17 | 3 | |
| Alyssa McMenamy | 16 | 10 | 5 | 1 | | Ginger Stanley | 49 | 26 | 13 | 3 | |
| | | | | | | Josie Aleman | 49 | 20 | 13 | 3 | |
| 20 - 29 FEMALE | | | | | | Martha Martinez | 45 | 20 | 8 | 2 | |
| Brandy Temple | 28 | 15 | 13 | 2 | | Madonne Miner | 48 | 16 | 9 | 2 | |
| Linda Gutierrez | 26 | 10 | 4 | 1 | | Connie Berlingen | 46 | 7 | 5 | 1 | |
| Shanna Armstrong | 26 | 10 | 5 | 1 | | | | | | | |
| | | | | | | 50 - 59 FEMALE | | | | | |
| 30 - 34 FEMALE | | | | | | Elta Mayer | 51 | 30 | 17 | 3 | |
| Louanna Arterburn | 31 | 30 | 13 | 3 | | Janie Phillips | 51 | 8 | 5 | 1 | |
| Janda Ibbetson | 31 | 10 | 8 | 1 | | P J Mitchell | 53 | 0 | 9 | 2 | * |
| | | | | | | Delores Key | 59 | 0 | 13 | 2 | * |
| 35 - 39 FEMALE | | | | | | Carolyn Rice | 59 | 0 | 13 | 2 | * |
| Denise Bray | 39 | 30 | 17 | 3 | | | | | | | |
| Marsha Bennett | 37 | 24 | 17 | 3 | | ** = RACE DIRECTOR | | | | | |
| Linda Wickersham | 38 | 10 | 4 | 1 | | * = VOLUNTEER | | | | | |
| Melanie McVey | 39 | 9 | 4 | 1 | | | | | | | |
| Cindy Phelps | 37 | 6 | 4 | 1 | | | | | | | |

CORRECTIONS, QUESTIONS, PROBLEMS??? CALL SHIRLEY WIGLEY 797-4201

PRARIE DOG TOWN 4 MILE RUN
RACE DIRECTOR'S REPORT

Joking with fellow runners before the beginning of this year's Prairie Dog, Tim Key quipped that his goal this year was to finish second at all the club races. After all, Tim had a second at Loop the Lake, and a second at the eight mile Cotton Patch Run. Tim had also noticed Hawk Harris warming up, and Hawk had taken Tim by eleven seconds at last March's Prairie Dog. Well, it now looks like Tim will have the happy task of forming some new goals because this year he turned the table on Hawk, and claimed a win by that same margin of eleven seconds. This could set up some interesting racing between these two in the future.

This year's race featured relatively mild temperatures and gentle wind conditions for an early March day in West Texas. Denise Bray enjoyed the conditions as she notched her second win of the year. So did Martha Martinez and Bill Roger as they set new age group standards in their respective divisions.

Many thanks to a great group of volunteers who made this event possible. Helping out were Tony Aleman, Jim Leser, Ron Lubowicz, PJ Mitchell, James Livermore, Sam Prose, Rebecca Puckett, and my daughter Lauren. John Trompler

MEMBER NEWS
COWTOWN MARATHON

Several members completed the Cowtown Marathon this year in Fort Worth under warm, windy conditions. Finishers included Richard Lombardini (4:09), Mike Kelley (4:18), Brad Ewing (4:33), Sam Prose (5:09), Caleb Beck (5:25), and Jim Beck (5:25). I was not able to find all the times for club members participating in the 5K and 10K races, but did discover that Martha Martinez won the 5K 45-49 age group with a time of 23:18.

MOTOROLA MARATHON REVISITED

My apologies to Richard Thomas for missing his result at last month's Motorola. Richard was pleased to report he had completed the course in 4 hours and 30 minutes. Please help me (as Richard did) by sending your accomplishments by email, mail, or telephone.

ABILENE MARATHON OF THE GREAT SOUTHWEST

Kirk Thomas sent an email to report that he had completed the Abilene marathon in 3:35:03. Kirk said that there were 101 runners, the course was flat, well marked, and provided ample aid stations to runners. I believe I read some criticism of last year's event with regard to course marking, so it sounds like the event organizers have taken steps to improve the race.

MINNDY AND WENDY SULLIVAN

Members Mindy and Wendy Sullivan are having great track seasons in the early going this year. Mindy runs at Lubbock Coronado and was listed recently (March 27, 2001) at www.usrunning.com as 5th in the state of Texas at 400 meters, 1st at 800m, and 8th at 1600m. Mindy also runs on the Coronado 4x400 relay team ranked 3rd in state. Older sister Wendy runs for the University of Chicago where she hopes to graduate in a total of 3 1/2 years. Wendy finished 4th in the NCAA Division III XC Championship, and recently qualified for the National Division III Indoor event at 1500 meters. Wendy is coached by former Olympian and world-class runner Jim Spivey. Nancy Sullivan is justifiably proud of the great job her daughters are doing.

CHALLENGE SERIES AWARDS

Debbie Wilson has been trying to contact individuals who have not yet received their awards for last year. If you are one of those folks, you can help us by contacting Debbie at 795-1667.

WTRC PANCAKE BUNCH CELEBRATE

Rounding the dam midway through the customary Saturday morning six mile run, members of the WTRC Pancake Bunch paused to celebrate fellow runner Larry Byrd's 60th birthday. Stashed in the weeds was a bottle of juice and eleven glasses. Toastmaster Ronnie Nugent offered the following toast:

"A toast to Larry whose birthday has come
To my surprise the boy can still run
No need to call you up on the phone
But I spoke the to the run master and he says its OK
May your running be joyful and always carefree
You pick the place we eat at today
Runners are equal, this we all know
All joking aside you're truly our friend
Even if you are CEO
So when 70 arrives we'll do it again."

Contributed by Bob "Bullett" Bernero

| Category Description | 2000 |
|---------------------------|-----------|
| INCOME/EXPENSE | |
| INCOME | |
| BUFFALO WALLOW ENTRIES | 510.00 |
| CLUB MAILING LISTS-INCOME | 13.00 |
| COTTON PATCH ENTRIES | 454.00 |
| EQUP RENTAL INCOME | 275.00 |
| EVENT ASSISTANCE INCOME | 1,945.00 |
| FIRECRACKER RUN ENTRIES | 1,027.00 |
| FLIGHT LINE ENTRIES | 257.00 |
| HORSESHOE BEND ENTRIES | 433.00 |
| HOT DAM RUN ENTRIES | 622.00 |
| INT PD ON SAV ACCT | 112.54 |
| LEVELLAND LOPE ENTRIES | 297.00 |
| LOOP THE LAKE ENTRIES | 357.00 |
| MEMBERSHIPS INCOME | 2,818.00 |
| PRAIRIE DOG RUN ENTRIES | 341.00 |
| RED RAIDER RR ENTRIES | 5,323.00 |
| REDLINE CC ENTRIES | 231.00 |
| RRRR SPONSORS | 2,750.00 |
| SHALLOWWATER STAMPEDE | 541.00 |
| STORE SALES-SHIRTS, ETC | 889.50 |
| TURKEY TROT ENTRIES | 2,861.00 |
| TURKEY TROT SPONSOR | 500.00 |
| TOTAL INCOME | 22,618.04 |

| | |
|---------------------------|-----------|
| EXPENSES | |
| 2001 POLICE GAMES | 10.00 |
| BAD CK CHG'D TO ACCT | 0.00 |
| BUFFALO WALLOW EXPENSES | 239.50 |
| CHALLENGE SERIES AWARDS | 1,213.64 |
| COST OF GOODS SOLD | 324.00 |
| COTTON PATCH EXPENSES | 213.75 |
| FIRECRACKER EXPENSES | 99.04 |
| FLIGHT LINE EXPENSES | 312.36 |
| HORSESHOE BEND EXPENSES | 393.73 |
| HOT DAM RUN EXPENSES | 478.13 |
| HOT DAM-CHARITY PROCEEDS | 600.00 |
| LEV LOPE EXPENSES | 50.62 |
| LIABILITY INS.-RRCA | 1,216.50 |
| LOOP THE LAKE EXPENSES | 800.86 |
| MISC EXPENSES | 102.98 |
| NEWSLETTER EXP/SUPPLIES | 30.13 |
| POSTAGE-NEWSLETTER,ETC | 894.85 |
| PRAIRIE DOG RUN EXP | 241.17 |
| PRINTING EXP-WTRC | 1,191.72 |
| RACE SUPPLIES EXP | 595.31 |
| RED RAIDER EXPENSES | 4,588.73 |
| REDLINE CC EXPENSES | 256.00 |
| RENT -P.O.BOX 2921 | 64.00 |
| RRRR ENDOWMENT FUND CONT. | 2,900.00 |
| RRRR SCHOLARSHIPS PD | 1,500.00 |
| SALES TAXES PD | 41.07 |
| SHALLOWWATER RUN EXPENSES | 293.90 |
| STORAGE PM RENTAL EXP | 438.00 |
| TRAILER LICENSE | 46.73 |
| TURKEY TROT EXPENSE | 2,347.06 |
| WALK OF FAME MARATHON | 10.00 |
| TOTAL EXPENSES | 21,503.78 |
| TOTAL INCOME/EXPENSE | 1,114.26 |

LUBBOCK CHRISTIAN UNIVERSITY
PRESIDENT'S 5K RUN
February 24, 2001

| PLACE NAME | AG S | DIV | PLACE TOWN | ST | TIME | PACE |
|---------------------|------|-----|-----------------------|----|-------|-------|
| 1 BOBBY SAIN | 19 | M | 1 M0119 LUBBOCK | TX | 19:24 | 6:15 |
| 2 RENE GONZALEZ | 36 | M | 1 M3539 LEVELLAND | TX | 20:09 | 6:30 |
| 3 AARON HOUGH | 16 | M | 2 M0119 LUBBOCK | TX | 21:01 | 6:46 |
| 4 MARK ALBUS | 44 | M | 1 M4044 WHITEFACE | TX | 21:03 | 6:47 |
| 5 LINDA NORTHROP | 26 | F | 1 F2529 LUBBOCK | TX | 21:05 | 6:48 |
| 6 AARON SELF | 21 | M | 1 M2024 ALAMOGORDO | NM | 21:48 | 7:01 |
| 7 LORENZO PADILLA | 46 | M | 1 M4549 LEVELLAND | TX | 21:49 | 7:02 |
| 8 KIRK HESSE | 15 | M | 3 M0119 LEVELLAND | TX | 22:32 | 7:16 |
| 9 DANNY GALEY | 55 | M | 1 M5559 COLORADO CITY | TX | 22:35 | 7:17 |
| 10 KEVIN ELMORE | 36 | M | 2 M3539 LUBBOCK | TX | 23:20 | 7:31 |
| 11 DWAYNE OAKLEY | 44 | M | 2 M4044 LUBBOCK | TX | 23:57 | 7:43 |
| 12 DONNIE WALDRIP | 10 | M | 4 M0119 LUBBOCK | TX | 24:25 | 7:52 |
| 13 BRENT HAWKINS | 19 | M | 5 M0119 LUBBOCK | TX | 24:44 | 7:58 |
| 14 JODY WALTERS | 22 | F | 1 F2024 LUBBOCK | TX | 25:02 | 8:04 |
| 15 PAUL BROOKS | 34 | M | 1 M3034 WOLFFORTH | TX | 25:19 | 8:09 |
| 16 MICHELLE MATHEWS | 19 | F | 1 F0119 LUBBOCK | TX | 26:02 | 8:23 |
| 17 NATHAN BECK | 15 | M | 6 M0119 LUBBOCK | TX | 26:38 | 8:35 |
| 18 ROD BLACKWOOD | 58 | M | 2 M5559 LUBBOCK | TX | 28:03 | 9:02 |
| 19 JOHN STALCUP | 67 | M | 1 M6099 LUBBOCK | TX | 28:09 | 9:04 |
| 20 JAMES WICKASHAM | 41 | M | 3 M4044 LUBBOCK | TX | 28:31 | 9:11 |
| 21 BRYAN P IRWIN | 28 | M | 1 M2529 CANTON | TX | 29:01 | 9:21 |
| 22 TRINI BARRETO | 21 | F | 2 F2024 LUBBOCK | TX | 29:33 | 9:31 |
| 23 KEN JONES | 49 | M | 2 M4549 LUBBOCK | TX | 29:50 | 9:37 |
| 24 LINDA WICKASHAM | 38 | F | 1 F3539 LUBBOCK | TX | 30:34 | 9:51 |
| 25 TIM BYARS | 30 | M | 2 M3034 LUBBOCK | TX | 31:36 | 10:11 |
| 26 MARK SNEED | 40 | M | 4 M4044 LUBBOCK | TX | 32:39 | 10:31 |
| 27 CATHERINE LEWIS | 32 | F | 1 F3034 AUSTIN | TX | 33:43 | 10:52 |
| 28 CATHERINE FULLER | 30 | F | 2 F3034 LUBBOCK | TX | 36:46 | 11:51 |
| 29 NADINE JAHN | 17 | F | 2 F0119 LUBBOCK | TX | 38:41 | 12:28 |
| 30 KERN STUTLER | 66 | M | 2 M6099 LUBBOCK | TX | 38:59 | 12:33 |
| 31 BILL D HOFFMAN | 69 | M | 3 M6099 LUBBOCK | TX | 39:51 | 12:50 |
| 32 DENISE CROSS | 28 | F | 2 F2529 AMARILLO | TX | 48:00 | 15:27 |

RACE DIRECTOR'S REPORT

The 2nd annual LCU Presidents 5K Fun Run went well this year. However, our numbers were slightly down, 40 runners and walkers compared to 55 last year (Covenant Hospital had a race the same day... I knew nothing about that until race day) but all seemed to have a good time. The weather was like last year, cold and windy, but the 40 runners and walkers braved the elements and completed the course. I think almost everyone received an award that finished in the running category.

I would like to thank the West Texas Running club for their support of the race. I would especially like to thank David Higgins and Etta Mayer for their help at the race. For David this is the second year he has volunteered and I couldn't have pulled either year off without his help. I would also like to thank my LCU students for their help with the race in different capacities.

Jeff Key

Flight Line Races

April 7, 2001

Mail
Registration
thru Apr 4

Telephone registration
by 7 p.m. Apr 6
792-1237 (n) 792-3291 (d)

\$5.00 WTRC members, \$6.00 non members
Make checks payable to the West Texas Running Club
Mail checks & entry forms to: George Jury
5212 44th Street
Lubbock, Texas 79414

Race starts at 8:00 a.m.
at the Reese Center
Race Director, Jim Harris
505-392-8945

Waiver - all entrants must read and sign

The West Texas Running Club, agents, or representatives of the same, or any volunteers, and all sponsors including the Lubbock Reese Redevelopment Authority shall not be held responsible for, and shall be saved and held harmless by myself, from and against any and all claims and damages of every kind, for injury to, or death of any person or persons and for damages to or loss of property arising out of or attributed to indirectly, to participant in the 2001 Flight Line Races even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. This indemnity shall extend to and shall be binding on their heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death, and that proper physical training is necessary prior to such participation. Roller blades, skates, skateboards, strollers, and pets are not permitted on the race course and earphones are strongly discouraged because of the probability of increased injuries.

This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years old.

Signature of entrant _____ Signature of guardian(minors) _____

Age _____ (on race day) Select Event: 2 mile _____ 10K _____ ½ Marathon _____ Male _____ Clydesdale (190 lbs or more)
_____ Female _____ Athena (150 lbs or more)

Name _____

Street Address _____ Phone Number _____

City _____ State _____ Zip _____