

WEST TEXAS RUNNING CLUB

APRIL, 2000

FROM THE PRESIDENT

Running in West Texas it's easy to get used to the small, local club race atmosphere - sleep late and leave home at the last minute, visiting with familiar buddies, often during the run itself, and still getting a medal at the end. But sometimes you get the urge for the big city hoopla of the major events. Thus, I traveled to my hometown of Ft. Worth and met up with James Livermore (also a Ft W homeboy) at the starting line of Cowtown (not an easy task in a crowd of 13,500). The Lonestar Runners of Amarillo sent a contingent also; we visited briefly before the start. Mike Flores made a good showing in the 5K. Taking first in that race, however, was Michael Njenga, a 27 year old Kenyan chemistry major at Texas Tech. He set a Cowtown record with his 13:57. Njenga won the 10K in Ft. Worth last year.

James, his wife Cherie, his sister-in-law, Lloyd Senn, and myself represented Lubbock in the 10K. Other WTRC members showed for the 5K and marathon. We started at the back of the pack to avoid getting trampled by the masses and worked our way up through the crowd of walkers and joggers. We chatted and recounted war stories at a leisurely 9:00 minute pace, viewing the front runners as they sped back down Main Street on the opposite side, threading the downtown skyscrapers, serenaded by mariachis, cheered by throngs of fans as we finished strong at the stockyards of Cowtown fame.

But a big city event of this nature and fame isn't over with the finish line. I was intent on getting my entry fee's worth of free food. We followed the crowd, funneled by barriers, into the old cattle barns. These buildings are no stranger to masses of meat pressed together and herded along. But knowing the feed was ahead, we consented to the highly personal contact. Without too much waiting, we fought our way to the first table for yogurt, and then retreated to the sidelines to enjoy. Ah, but more food was waiting. We threw ourselves back into the throng, gaining a few bites of energy bars, fruit, and coke. But the huddled masses were too great, and before I could locate the chilli dogs, we were exited to daylight. Somehow though, in all the fray, Livermore managed to sniff out the beer booth. We strolled back to the finish line in time

to see the marathon winner from Mexico set a Cowtown record, also, of 2:17.35. We said our goodbyes with the long race continuing on through the day.

Major events such as this create their own unique memories. The last time I saw Livermore in Ft. Worth, he was in the hospital recovering from bypass surgery. Its poetic justice to return so well to the scene of the crime, so to speak. When I ran the Cowtown marathon in 1981, I was in the restroom when the gun sounded. I entered the race dead last and had to work my way up to my planned pace. Not to be outdone, however, this year Wade Wilson continued the tradition. Wade and family stayed at a hotel close by and left early to make the start race morning. But a narrow bridge over the Trinity River and the thousands converging on the race left them stuck in traffic at start time. Ten minutes late, Wade jumped out of the car and ran the mile or so to the site. Asking police officers for directions as he ran, he tried to make up time, while getting off course only once. Backtracking and playing catchup, and picking up a police escort in the process, Ironman caught the other runners and went on to finish. He figures he put in about 30 miles in that marathon.

Yes, the big races are fun on occasion, but for myself, I'm glad we have courses through cotton fields and canyons, where you may run the whole race wondering if you'll ever catch the other lone runner in front of you. Without all the hoopla, it brings it all down to the pure fun of running for its own sake.

Mike Kelley

UPCOMING RACE: FLIGHT LINE RACES

APRIL 1ST, 8 AM
2 MI, 10K, HALF MARATHON,
REESE CENTER
JIM HARRIS
505 392-8945

WTRC RACES ARE USUALLY HELD
THE 2ND SATURDAY OF EA MONTH

WTRC WEB ADDRESS:

<http://members.tripod.com.wtrc>

MONTHLY MEETING:

The WTRC monthly business meeting is on Tuesday, April 4th, at 7:00p.m. at 1623 10th Street, Conference Room, Bolinger, Segars, Gilbert & Moss, L.L.P. All members are welcome.

WTRC Training Runs:

Saturdays at 7:00a.m.

Sundays at 6:00a.m.

Meet at the Outdoor Center parking lot in MacKenzie Park. For more information contact Bob Bernero at 794-0929 (n).

*The greater the difficulty,
The greater the glory.
Cicero*

WEST TEXAS RUNNING CLUB

OFFICERS

President - Mike Kelley
(H) 765-0441 (O) 766-0355
(E-mail) mkelley@mailbox.lrl.mhmr.state.tx.us

Internal Vice-President - Marti Greer
(O) 796-8213 Fax 829-2407

External Vice-President – Howard Norman
(H) 780-0089 (O) 742-3170 (M) 789-5411

Secretary –Etta Mayer
(W) 742-2907 (e-mail) etta.mayer@ttu.edu

Treasurer - David Higgins
(H) 744-8328 (O) 795-5823

DIRECTORS

Newsletter Director – Debbie Wilson
(H) 795-1667
(e-mail) dandwwilson@aol.com

External Race Director – Ron Hewett
(H) 748-6017 (W) 742-3329

Equipment Director – Ronnie Prigg
(H) 799-3615 (Pager) 723-0139

Race Calendar Director - Dwayne Oakeley
(H) 799-4473

Membership Director - John Trompler
(H) 794-1359
(E-mail) trompler@nts-online.net

Internal Race Director –Ron Lubowicz
(H) 748-1855 (O) 778-9550

CLUB MEMBERS IN THE NEWS:

NEW MEMBER + NEW RUNNER=SUCCESS

Congratulations to Susie Cobos on completing her first Marathon Relay. Susie and PJ Mitchell completed the Austin Marathon Relay with an impressive 2:21 and 1:58.

PJ introduced Susie to the sport of distance running a short time ago. Under the direction of PJ, Susie has excelled in the monthly club races and her first half marathon. The WTRC is extremely proud of both individuals. Job Well Done!!

“Bullet” Bob Bernero
Member

Condolences go out to several club members this month. Ron Lubowicz lost his dad to cancer on March 7th, Shirley Wigley’s dad passed away as did James Livermore’s father. Please let these individuals know you are thinking of them in their time of loss.

WTRC NEWSLETTER

The newsletter editor must receive articles, advertisements, race entries, etc., by the 20th of each month. You can mail information to 7818 Kenosha Av. Lub.Tx 79423 or email dandwwilson@aol.com.

Advertising Rates:

Business Card	\$10 per issue	\$100 annually
Half Page	\$40 per issue	\$400 annually
Full Page	\$80 per issue	\$800 annually
Mailing labels	\$10 per set	
Race entry forms	\$25 (must provide 300 copies)	

ROAD RUNNERS CLUB OF AMERICA

Peachtree City, Georgia will be the Host of the upcoming RRCA National Convention to be held on May 11-14,2000. The convention will be packed full of workshops, luncheons, meetings, runs, as well as an auction, awards banquet, and tradeshow. To register call 703 836-0558 or online registration at www.racegate.com.

The Buddy Holly Center
presents

Depot District RUN FOR THE ARTS Lubbock, Texas



All runners registered will receive a race T-shirt & Depot District "goodie-bag." Medals to 1st, 2nd and 3rd place finishers in each age group in the 5K. Each participant receives • free concert with *Trios Los Classics* • free refreshments • t-shirt • Depot District packet with coupons and information from Depot District businesses.

Prizes and Depot District "goodie-bags" provided by:

- Cactus Theatre • Montgomery Furniture • Hub City Brewery • Bleachers Sports Café • Red Door • Bijou Salon • Lubbock Magazine • Emma's • Clousseau's • Celebration Flowers • Citibus • Einstein's • Millennium Graphics

■ Early registration is \$10 by May 1st ■
 Late registration is \$12 after May 1st ■
 Telephone Registration through May 5, 12 noon @ 767-3116 ■ Or E-mail entries or questions to: Lloppolo@mail.ci.lubbock.tx.us
 ■ Race Day registration from 7:30-8:45 a.m. May 6 in the Buddy Holly Center Courtyard, 19th and Ave. G ■ Make checks payable to Buddy Holly Center

5K Fun Run/Walk in the Depot District • Saturday May 6 • 9:00 a.m.

All proceeds benefit the Education Outreach Programs of the Buddy Holly Center

Mail entry form to:

Lory Ioppolo, c/o Buddy Holly Center, 1801 Ave G, Lubbock, TX 79401

✂

Name _____ Age _____ Sex _____ (M/F)

Address _____ City _____ State _____ Zip _____

Event _____ Phone (day) _____ (night) _____

5K Shirt Size: ___M ___L ___XL All Runners Receive a T-shirt and goodie bag, (while supplies last)

Liability Waiver *In consideration of acceptance of the entry, I the undersigned, my family and heirs do waive and release any and all rights or claims for which I may have against the Buddy Holly Center and the West Texas Running Club and all individuals assisting, arranging, sponsoring and conducting these events and any of their agents, representatives and assignees for any and all injuries, loss or damage suffered by me at or while traveling for the Depot District Run for the Arts 5K Fun Run and Walk. I verify that I am physically fit and capable of running/walking in this race and have sufficiently trained for the competition of this event. I realize that there are risks inherent in the sport of running and walking and I am willing to accept the result of those risks. (This entry is not valid unless signed by the entrant, guardian, conservator, or parent for entrants under 18 years of age.)*

Signature _____

(Parent or guardian must sign if under 18.) Date _____ Amount enclosed: _____

1999 YEAR END SUMMARY

INCOME/EXPENSE

INCOME:

ADVERTISING INCOME	\$ 114.40
BUFFALO WALLOW ENTRIES	457.00
CLUB MAILING LISTS-INCOME	23.20
COTTON PATCH ENTRIES	364.00
EQUIP RENTAL INCOME	100.00
EVENT ASSISTANCE FEE	2,207.00
FIRECRACKER RUN ENTRIES	649.00
FLIGHT LINE ENTRIES	341.00
HORSESHOE BEND ENTRIES RECVD	486.15
HOT DAM RUN SPONSORS	475.00
HOT DAM RUN ENTRIES RECVD	1,256.00
INT PD ON SAV ACCT	70.21
LEVELLAND LOPE RCPTS	5.00
LOOP THE LAKE RCPTS	338.00
MEMBERSHIPS INCOME	2,654.00
MEMBERSHIPS/RESERVE	116.00
PRAIRIE DOG RUN ENTRIES	273.00
REDLINE CC ENTRIES	330.00
RRRR ENTRIES	5,461.00
RRRR SPONSORS	4,950.00
SHALLOWATER ENTRIES-CLUB	397.00
STORE SALES-SHIRTS, ETC.	596.00
TURKEY TROT RECEIPTS	2,183.00
WTRC STICKER SALES	1.50
Y2K FUN RUN	298.35

TOTAL INCOME \$ 24,145.81

EXPENSES:

BAD CHECK CHG'D TO ACCT	\$ 13.00
BUFFALO WALLOW EXPENSES	316.31
CHALLENGE SERIES AWARDS	671.35
CHARITY CONTRIBUTIONS PD	100.00
COTTON PATCH EXP	173.60
EQUIP PURCHASE	1,582.21
FIRECRACKER EXP	517.72
FLIGHT LINE EXPENSE	213.75
HORSESHOE BEND EXPENSES	362.30
HOT DAM RUN EXPENSES	1,131.25
LEV LOPE EXPENSES	142.50
LOOP THE LAKE EXP	511.50
MISC EXP	258.91
POSTAGE,NEWSLETTER, ETC.	1,212.60
PRAIRIE DOG RUN EXP	237.65
PRINTING EXP-WTRC	1,355.55
RACE SUPPLIES-EXP	492.97
REDLINE CC EXP	30.00
RENT-PO BOX	64.00
REPAIRS TO EQUIP	71.53
RRRR ENDOWMENT FUND CONT.	591.50
RRRR EXPENSES	4,938.77
RRRR SCHOLARSHIPS PD	1,500.00
SALES TAXES DUE EXP	73.09
SHALLOWATER RUN EXP	341.75
STORAGE RM RENT EXP	438.00
TRAILOR LICENSE	43.24
TURKEY TROT EXP	1,574.69
WTRC SUMMER/WINTER SOCIAL	87.39
Y2K FUN RUN EXP	327.05

TOTAL EXPENSES \$ 19,374.18

TOTAL INCOME/EXPENSE \$ 4,771.63

LUBBOCK CHRISTIAN UNIVERSITY
PRESIDENT'S 5K RUN
February 26, 2000

PLACE	NAME	AG	S	DIV	PLACE	TOWN	ST	TIME	PACE
1	HAFFIS BANIRE	28	M	1	M2529	LUBBOCK	TX	17:31	5:39
2	JONATHAN TAYLOR	16	M	1	M0119	LUBBOCK	TX	18:21	5:55
3	SAM BURGESSON	35	M	1	M3539	LAMESA	TX	19:33	6:18
4	JOHN HOWARD	20	M	1	M2024	LUBBOCK	TX	19:56	6:25
5	AL GARDNER	43	M	1	M4044	LEVELLAND	TX	20:16	6:32
6	FARRELL MARTIN	33	M	1	M3034	LUBBOCK	TX	20:48	6:42
7	AARON SELF	20	M	2	M2024	CLOVIS	NM	21:11	6:49
8	ANDY RUSSON	20	M	3	M2024	LUBBOCK	TX	21:18	6:52
9	JOHN GREGORCYK	49	M	1	M4549	LUBBOCK	TX	21:27	6:54
10	JESSE RODRIQUEZ	34	M	2	M3034	BROWNFIELD	TX	21:39	6:58
11	BRIONNE YOSTEN	16	F	1	F0119	HEREFORD	TX	21:50	7:02
12	VICTOR CHAVARRIA	29	M	2	M2529	FLOYDADA	TX	22:07	7:08
13	MARK ALBUS	43	M	2	M4044	WHITEFACE	TX	22:25	7:13
14	DARREL MCMILLIN	53	M	1	M5054	LUBBOCK	TX	22:34	7:16
15	LORENZO PADILLA	45	M	2	M4549	LEVELLAND	TX	22:58	7:24
16	JUNIOR MENDOZA	42	M	3	M4044	LEVELLAND	TX	23:59	7:44
17	TOBY ROGERS	28	M	3	M2529	LUBBOCK	TX	24:02	7:44
18	JANET BLAKELY	18	F	2	F0119	HEREFORD	TX	24:19	7:50
19	ADAM PUCKETT	29	M	4	M2529	LUBBOCK	TX	24:22	7:51
20	DWAYNE OAKELEY	43	M	4	M4044	LUBBOCK	TX	24:37	7:56
21	CALEB BECK	16	M	2	M0119	LUBBOCK	TX	26:15	8:27
22	JOHN STALCUP	66	M	1	M6099	LUBBOCK	TX	26:17	8:28
23	MICHELLE MATTHEWS	18	F	3	F0119	LUBBOCK	TX	26:33	8:33
24	TRINI BARRETO	20	F	1	F2024	LUBBOCK	TX	26:37	8:34
25	JIM BECK	40	M	5	M4044	LUBBOCK	TX	26:41	8:36
26	ROD BLACKWOOD	56	M	1	M5559	LUBBOCK	TX	27:02	8:42
27	MOISES REYES	36	M	2	M3539	FLOYDADA	TX	27:04	8:43
28	NATALIE STEADMAN	32	F	1	F3034	LUBBOCK	TX	27:07	8:44
29	ANGELA GALVAN	22	F	2	F2024	MIDLAND	TX	27:12	8:46
30	DAVID MARTIN	44	M	6	M4044	LUBBOCK	TX	27:13	8:46
31	KENNETH MATTHEWS	45	M	3	M4549	LUBBOCK	TX	27:19	8:48
32	KEN JONES	48	M	4	M4549	LUBBOCK	TX	28:14	9:05
33	RONNIE AGNEW	49	M	5	M4549	LUBBOCK	TX	28:14	9:06
34	MARSHA BENNETT	36	F	1	F3539	LUBBOCK	TX	28:17	9:07
35	RON HILLIS	56	M	2	M5559	LUBBOCK	TX	28:39	9:14
36	TODD DAVIS	34	M	3	M3034	LUBBOCK	TX	28:59	9:20
37	AUSTIN AGNEW	20	M	4	M2024	LUBBOCK	TX	29:16	9:26
38	JIM WALKER	52	M	2	M5054	LUBBOCK	TX	29:23	9:28
39	DAVID ELDER	45	M	6	M4549	LUBBOCK	TX	29:24	9:28
40	JAN RAMBO	44	F	1	F4044	LUBBOCK	TX	30:29	9:49
41	JODI SANDERS	27	F	1	F2529	SPRING	TX	31:01	9:59
42	ALICIA HOLLIGAN	32	F	2	F3034	LUBBOCK	TX	31:29	10:08
43	LINN WALKER	47	F	1	F4549	LUBBOCK	TX	31:50	10:15
44	SARAH ALBUS	20	F	3	F2024	WHITEFACE	TX	32:01	10:19
45	CATHY PADEN	29	F	2	F2529	SLATON	TX	32:42	10:32
46	NATHAN PADEN	31	M	4	M3034	SLATON	TX	32:44	10:32
47	MARK SNEED	39	M	3	M3539	LUBBOCK	TX	33:24	10:45
48	PAM HILLIS	46	F	2	F4549	LUBBOCK	TX	33:26	10:46
49	CATHERINE FULLER	29	F	3	F2529	LUBBOCK	TX	35:38	11:28
50	AMY CARY	25	F	4	F2529	LUBBOCK	TX	35:40	11:29
51	ESTELA GALVAN	56	F	1	F5099	BROWNFIELD	TX	38:10	12:17

PRAIRIE DOG TOWN 4 MILE RUN
RACE DIRECTOR'S REPORT

Runners enjoyed a cool morning with only moderate winds at this year's Prairie Dog Run. This undoubtedly helped attendance as 67 finished compared to the 49 who endured the 25-30 mph winds and zero degree wind chill of last year's race. Overall winners were Hawk Harris (22:41) and Marjory Stewart (25:58). New age group standards were set by Marjory, and by Shirley Wigley in their respective divisions. Another very noteworthy performance was the effort put in by Kevin Davis of Stillwater, Oklahoma. A little over a year ago Kevin broke his back while preparing to compete in the Special Olympics. During the past year Kevin has undergone 14 brain surgeries, as well as surgery on his back and neck. Doctors questioned whether this young man would ever walk unaided again. Kevin didn't set any course records, but he completed the four miles walking briskly on his own, then jogging the last hundred yards, finishing in 56:17. Runners must often overcome adversity. Kevin's gritty performance sets an excellent example for all of us.

The success of this year's race owes everything to the work of a great group of volunteers. Thanks to Adam Andrews, Larry Byrd, Brad Ewing, George Jury, Mike Kelley, Jim Leser, Bill Roger, and my daughter, Lauren Trompler.

John Trompler

Sorry, I didn't get to attend race so there wont be pictures this month.
Newsletter editor

WEST TEXAS RUNNING CLUB'S
 PRAIRIE DOG TOWN 4 MILE RUN
 USA T&F CERTIFIED, #TX97108ETM
 Lubbock, Texas March 11, 2000

PLACE	NAME	AG	S	DIV	PLACE	TOWN	ST	TIME	PACE
1	HAWK HARRIS	23	M	1	M2029	HOBBS	NM	22:41	5:41
2	TIM KEY	32	M	1	M3034	LUBBOCK	TX	22:54	5:44
3	BOBBY SAIN	18	M	1	M1619	LUBBOCK	TX	24:16	6:04
4	GLEN POKLIKUHA	28	M	2	M2029	LUBBOCK	TX	24:35	6:09
5	CLIFF CHAMBERS	34	M	2	M3034	LUBBOCK	TX	24:44	6:11
6	TODD MANN	34	M	3	M3034	LUBBOCK	TX	24:47	6:12
7	RENE GONZALEZ	35	M	1	M3539	LEVELLAND	TX	25:20	6:20
* 8	MARJORY STEWART	41	F	1	F4044	LUBBOCK	TX	25:58	6:30
9	JIMMY SAMARRON	45	M	1	M4549	LEVELLAND	TX	26:13	6:34
10	HOWARD NORMAN	48	M	2	M4549	LUBBOCK	TX	26:40	6:40
11	JOHN HOWARD	20	M	3	M2029	LUBBOCK	TX	26:43	6:41
12	KEVIN LAIR	38	M	2	M3539	LUBBOCK	TX	26:51	6:43
13	AL GARDNER	43	M	1	M4044	LEVELLAND	TX	26:52	6:43
14	FARRELL MARTIN	33	M	4	M3034	LUBBOCK	TX	27:30	6:53
15	JOHN GREGORCYK	49	M	3	M4549	IDALOU	TX	27:51	6:58
16	JIM HARRIS	57	M	1	M5559	HOBBS	NM	27:57	7:00
17	BEN WRIGHT	16	M	2	M1619	LUBBOCK	TX	28:24	7:06
18	SHANNON MOORE	31	M	5	M3034	LUBBOCK	TX	28:35	7:09
19	KIRK THOMAS	41	M	2	M4044	LUBBOCK	TX	28:49	7:13
20	VICTOR CHAVARRIA	29	M	4	M2029	FLOYDADA	TX	29:02	7:16
21	DARREL MCMILLEN	53	M	1	M5054	LUBBOCK	TX	29:23	7:21
22	DENISE BRAY	38	F	1	F3539	LUBBOCK	TX	30:00	7:30
23	WAYNE IVEY	30	M	6	M3034	SLATON	TX	30:50	7:43
24	LORENZO PADILLA	45	M	4	M4549	LEVELLAND	TX	31:04	7:46
25	JUNIOR MENDOZA	42	M	3	M4044	LEVELLAND	TX	31:18	7:50
26	MELANIE MCVEY	38	F	2	F3539	SUNDOWN	TX	31:24	7:51
27	DANNY GALEY	54	M	2	M5054	COLORADO CITY	TX	31:53	7:59
28	KENNETH KINZENBAW	11	M	1	M0112	LUBBOCK	TX	31:57	8:00
29	JOHN PORTER	22	M	5	M2029	CANYON	TX	32:05	8:02
30	DWAYNE OAKELEY	43	M	4	M4044	LUBBOCK	TX	32:06	8:02
31	RONNIE NUGENT	53	M	3	M5054	LUBBOCK	TX	32:11	8:03
32	SARAH SKELTON	25	F	1	F2029	LUBBOCK	TX	32:15	8:04
* 33	SHIRLEY WIGLEY	46	F	1	F4549	LUBBOCK	TX	32:31	8:08
34	ADAM PUCKETT	29	M	6	M2029	LUBBOCK	TX	32:43	8:11
35	JERRY WRIGHT	61	M	1	M6099	LUBBOCK	TX	32:44	8:11
36	BRUCE FELLERS	46	M	5	M4549	LUBBOCK	TX	33:06	8:17
37	JON MCMENAMY	45	M	6	M4549	LUBBOCK	TX	33:15	8:19
38	JOE MARTINEZ	54	M	4	M5054	LUBBOCK	TX	33:33	8:24
39	DAVID HIGGINS	47	M	7	M4549	LUBBOCK	TX	33:44	8:26
40	ALYSSA MCMENAMY	15	F	1	F1315	LUBBOCK	TX	34:03	8:31
41	DINA PHILLIPS	34	F	1	F3034	LUBBOCK	TX	34:12	8:33
42	MOSES REYES	36	M	3	M3539	FLOYDADA	TX	34:14	8:34
43	MEGAN WRIGHT	14	F	2	F1315	LUBBOCK	TX	34:15	8:34
44	MARTHA MARTINEZ	44	F	2	F4044	COLORADO CITY	TX	34:27	8:37
45	CALEB BECK	16	M	3	M1619	LUBBOCK	TX	34:36	8:39
46	TRACY BAUGH	38	F	3	F3539	LUBBOCK	TX	35:00	8:45
47	JIM BECK	40	M	5	M4044	LUBBOCK	TX	35:34	8:54
48	ETTA MAYER	50	F	1	F5099	LUBBOCK	TX	35:56	8:59
49	DAVID MARTIN	44	M	6	M4044	LUBBOCK	TX	36:17	9:05
50	BOB BERNERO	57	M	2	M5559	LUBBOCK	TX	36:20	9:05
51	NATALIE STEADMAN	32	F	2	F3034	LUBBOCK	TX	36:25	9:07
52	MARSHA BENNETT	36	F	4	F3539	LUBBOCK	TX	36:51	9:13
53	ANNETTE BURENHEIDE	34	F	3	F3034	LUBBOCK	TX	37:55	9:29
54	LANDRUM MEDLOCK	55	M	3	M5559	AMARILLO	TX	38:15	9:34
55	TODD DAVIS	34	M	7	M3034	LUBBOCK	TX	38:23	9:36
56	JOHN WOODS	55	M	4	M5559	LUBBOCK	TX	38:31	9:38
57	JEFF HENNER	47	M	8	M4549	MIDLAND	TX	39:36	9:54
58	ALLISON MORRIS	27	F	2	F2029	LUBBOCK	TX	41:00	10:15
59	BRANDY TEMPLE	27	F	3	F2029	LUBBOCK	TX	41:01	10:16
60	JOSIE ALEMAN	48	F	2	F4549	LUBBOCK	TX	41:47	10:27
61	SUSIE COBOS	35	F	5	F3539	LUBBOCK	TX	43:30	10:53
62	KIRK MANN	35	M	4	M3539	LUBBOCK	TX	47:44	11:56
63	SID DAVIS	59	M	5	M5559	STILLWATER	OK	55:28	13:52
64	CAROLYN RICE	59	F	2	F5099	LUBBOCK	TX	55:54	13:59
65	KEVIN DAVIS	23	M	7	M2029	STILLWATER	OK	56:17	14:05
66	TINA MOORHEAD	48	F	3	F4549	LUBBOCK	TX	1:00:26	15:07
67	DELORES KEY	58	F	3	F5099	LUBBOCK	TX	1:00:35	15:09

* = New Age Group Records

7993615
Ronnie
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CALENDAR

*Indicates W.T.R.C. Monthly Race and Challenge Series Event

- * Apr. 1 **FLIGHT LINE RACES:** Reese Center, 8am, 2 mi, 10K, Half Marathon, Jim Harris Race Director, 505 392-8945
- Apr. 2 **CAPITOL 10,000:** Austin, FMI Call 1-512-44-3598
- Apr. 2 **MARATHON MARATHON:** Marathon, Tx, Call 915 386-9011
- May 6 **DEPOT DISTRICT RUN FOR THE ARTS:** Lubbock, 9am, 5K Fun Run/Walk, Call Lory Loppolo 767-3116
- * May 13 **HORSESHOE BEND SPRING FROLIC:** N of Slaton, 8am, 11, 6, and 2-mile races, Co-Directors Ron Hewett and Shannon Moore, Call Ron at 748-6017
- May 27 **LONESTAR PAPER CHASE MARATHON:** Amarillo, Call 806 345-3451
- * June 10 **BOBBY BIRDSONG MEMORIAL LEVELLAND LOPE:** Levelland, 8am, 10K and 2 mi, Race Director Jimmy Samaron, Call 894-0127
- Jun 17 **GIRLSTOWN GALLOP:** Whiteface, 10am, 5K, Call Dan Adams 229-2204
- June 24 **TRI RAIDER SPRINT TRIATHLON:** Buffalo Springs Lake, 8am, Race Directors Mike and Marti Greer, Call 806 796-8213, Fax 806 829-2407
- June 25 **BUFFALO SPRINGS LAKE TRIATHLON:** Buffalo Springs Lake, 6:30am, Race Directors Mike and Marti Greer, Call 806 796-8213, Fax 806 829-2407
- * July 4 **31ST ANNUAL FIRECRACKER RUN:** Brownfield, 8am, 10 mi & 3 mi, kids 1 mile, Race Director Jim Leser, Call (N) 794-2474, (D) 746-6101
- * Aug 12 **HOT DAM 5 MILER:** Canyon Lake, Lubbock, (also childrens 1 mile run) 8:00am, Race Director Etta Mayer, Call 742-2907(w).
- * Sept 9 **SHALLOWATER STAMPEDE:** Shallowater High School, 8:00am, 10k and 2 mile, Race Director Dwayne Oakeley, Call 799-4473
- * Oct 7 **RED RAIDER ROAD RACE:** T.T.U., Lubbock, 8:00am, 5k and 10k, Race Director Needed!!!
- * Nov 11 **BUFFALO WALLOW RACES:** Buffalo Springs Lake, Half Marathon and 2 mile races, 9:00am, Race Director Needed!!!
- * Nov 25 **W.T.R.C. TURKEY TROT:** Mackenzie Park, Lubbock, 9:00am, 12K and 2 mile races, Race Director Needed!!!
- Dec 3 **WHITEROCK MARATHON:** Dallas, 214 526-5318
- * Dec 9 **REDLINE 4 MILE CROSS COUNTRY:** MaeSimmons Park, Lubbock, 10:00am, Ron Lubowicz, Race Director, 740-6809 (d), 748-1855 (n)

WTRC HOTLINE: 806 792-3293, LOCAL RUNNING EVENTS UPDATE

W.T.R.C. FLIGHT LINE RACES

HALF MARATHON, 10K AND 2 MI RACES

WHEN: SATURDAY, APRIL 1, 2000
REGISTRATION: 7:00 to 7:45 A.M.
RACE START: 8:00 A.M.

WHERE: REESE CENTER (FORMALLY REESE AFB)
PICNIC GROUNDS
West of Lubbock on 19th or 4th Streets

COURSE: Asphalt road all the way. Slightly rolling terrain,
Out and Back for all distances

ENTRY FEE:
W.T.R.C. MEMBERS \$5.00 OTHERS \$6.00
Pre-Registration Available: Return form in Newsletter
or call George Jury before 7pm, Friday, March 31st

AGE DIVISIONS, AWARDS:
Custom Awards: Military-looking jet airplane trophies for male and female
Winners of each race, other winners will receive traditional medals.

MEN: 0-19, 20-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, & 60+

WOMEN: 0-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50+

(Special 0-12, 13-15, & 16-19 age groups in the 2 mile)
(0-15 and 16-19 age groups in the 10K)
Clydesdale and Athena

RACE DIRECTOR:
Jim Harris, 505 392-8945 in Hobbs New Mexico

Volunteers are needed: please call Jim at the number above.

FLIGHT LINE RACES

Race Starts at 8:00 a.m. at Reese Center (formally Reese AFB)

\$5.00 WTRC Members, \$6.00 Non Members

Make checks payable to the West Texas Running Club. Mail Checks and entry forms to:
George Jury

5212 44th St. Lubbock, Tx 79414

Mail registration thru March 29th, Telephone registration by 7:00 p.m. on March 31st 792-1237

Waiver-all entrants must read and sign:

The West Texas Running Club, agents, or representatives of the same, or any volunteers shall not be responsible for, and shall be saved and held harmless by myself, from and against any and all claims and damages of every kind, for injury to for death of any person or persons and for damages to or loss of property arising out of or attributed to indirectly, to participant in the 2000 Flight Line Races. This indemnity shall extend to and shall be binding on their heirs, legatees, administrators and assigns. My signature hereto verifies that participation in this event is inherently dangerous and could result in bodily injury or death, and that proper physical training is necessary prior to such participation. Roller blades, skates, skateboards, strollers, and pets are not permitted on the racecourse and earphones are strongly discouraged because of the probability of increased injuries.

THIS ENTRY IS NOT VALID UNLESS SIGNED BY THE ENTRANT, GUARDIAN, CONSERVATOR, OR PARENT FOR ENTRANTS UNDER 18 YEARS OF AGE.

Signature of entrant _____ Signature of guardian (minors) _____

Age _____ (on race day) Date of Birth ____/____/____ Male _____ Clydesdale (190 lbs or more)

Name _____ Female _____ Athena (150 lbs or more)

Street Address _____ Race Distance ____ 2 mi ____ 10K ____ Half Mthn

City _____ State _____ Zip _____ Phone Number _____

WEST TEXAS RUNNING CLUB MEMBERSHIP APPLICATION
PLEASE PRINT ALL INFORMATION

NAME _____ SEX M ___ F ___ BIRTHDATE _____
Last FIRST MI

ADDRESS _____
STREET CITY STATE ZIP

PHONE H _____ W _____ E-MAIL _____

ANNUAL RATE IS \$15.00 FOR THE FIRST MEMBER, \$2.00 EACH ADDITIONAL FAMILY MEMBER AT THE SAME ADDRESS:

INDIVIDUAL _____ ADDITIONAL MEMBER _____ RENEWAL? Y ___ N ___
IF ADDITIONAL FAMILY MEMBER LIST NAME(S), BIRTHDATE AND GENDER:

MAIL MEMBERSHIP APPLICATION FORM WITH CHECK PAYABLE TO: WEST TX RUNNING CLUB
PO BOX 2921
LUBBOCK, TX 79408

JANUARY IS THE START OF A NEW W.T.R.C. YEAR; ALL MEMBERSHIPS EXPIRE AND PAYMENT OF DUES IS REQUIRED TO CONTINUE RECEIVING THE NEWSLETTER AND HAVE REDUCED CLUB RACE FEES. NEW MEMBERS JOINING AFTER JULY 1ST MAY PAY \$8.00 PLUS \$2.00 FOR EACH ADDITIONAL FAMILY MEMBER. W.T.R.C. IS A VOLUNTEER NON-PROFIT ORGANIZATION. IF YOU WOULD LIKE TO BE A PART OF SUSTAINING THE PRINCIPLES OF THE CLUB PLEASE CHECK WHICH COMMITTEE YOU MAY BE ABLE TO SERVE:

RACE VOLUNTEER _____ RACE DIRECTOR _____ CLUB OFFICER _____ OTHER _____
MEMBERSHIP APPLICATION WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for my-self and anyone entitled to act on my behalf, waive and release the WEST TEXAS RUNNING CLUB and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also understand that RRCA rules prohibit head phones, baby strollers or joggers, skates or blades and animals in our races.

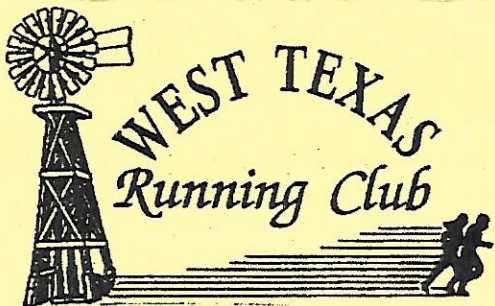
PRINT NAME _____

SIGNATURE _____

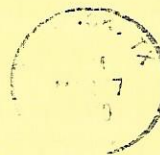
DATE _____

PARENT'S SIGNATURE IF UNDER 18 YEARS OF AGE: _____ DATE: _____

I GRANT PERMISSION TO ALL OF THE FOREGOING TO USE ANY PHOTO'S, VIDEO TAPES, RECORDINGS, OR ANY OTHER RECORD OF CLUB EVENTS FOR ANY LEGITIMATE PURPOSE.



NEWSLETTER EDITOR
7818 Kenosha Ave.
Lubbock, Tx 79423



David Higgins
1916 27th, Rear
Lubbock, TX 79411